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HY-TEK's Meet Manager

Championnat d'athlétisme de SIC 2011 - 3/10/2011 to 3/12/2011

2011 CIS Track & Field Championships

Université de Sherbrooke

Results

Women 60 Meter Dash

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Sponsor: Mondo

Sponsor : Ville de Sherbrooke

Record SIC: @ 7.31 2009 Genevieve Thibault, Laval

Name	Year	School	Prelims	H#
Preliminaries				
1 Hyacinthe, Kimberly		Quebec Montreal	7.51Q	2
2 Jean-Baptiste, Audrey		Quebec Montreal	7.68Q	1
3 Sassine, Nicole		Windsor	7.69Q	2
4 Khan, Janelle		Alberta	7.73Q	1 7.772
5 Montcalm, Noelle		Windsor	7.73Q	1 7.728
6 Margetts, Merissa		Regina	7.75Q	2
7 Beaudet, Laurence		Montreal	7.77q	1
8 Wong, Lisa		Manitoba	7.78q	1
9 Rintoul, Jenny		Alberta	7.82	1
10 Lela, Christiane		Ottawa	7.83	2
11 Ruller, Amanda		Regina	7.84	2
12 Simulik, Mila		Western	7.86	1
13 Blanchard, Genevieve		McGill	7.92	2
14 Goode, Jeannette		Guelph	7.95	2

Women 60 Meter Dash

Sponsor: Mondo

Sponsor : Ville de Sherbrooke

Record SIC: @ 7.31 2009 Genevieve Thibault, Laval

Name	Year	School	Finals	Points
Finals				
1 Hyacinthe, Kimberly		Quebec Montreal	7.43	10
2 Montcalm, Noelle		Windsor	7.61	8
3 Jean-Baptiste, Audrey		Quebec Montreal	7.62	6
4 Khan, Janelle		Alberta	7.67	5
5 Sassine, Nicole		Windsor	7.69	4
6 Margetts, Merissa		Regina	7.73	3
7 Wong, Lisa		Manitoba	7.78	2
8 Beaudet, Laurence		Montreal	7.79	1

Women 300 Meter Dash

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Mondo

3 Turn Stagger

Record SIC: @ 37.35 2005 Adrienne Power, Dalhousie

Name	Year	School	Prelims	H#
Preliminaries				
1 Nelson, Amonn		Calgary	39.40Q	1
2 Montcalm, Noelle		Windsor	40.02Q	2
3 Margetts, Merissa		Regina	40.54Q	3

4	McCaig, Cassandra	Western	40.04q	2	
5	Lela, Christiane	Ottawa	40.19q	1	
6	Zimmer, Jenn	Calgary	40.65q	2	
7	Sassine, Nicole	Windsor	40.78	1	
8	Jean-Baptiste, Audrey	Quebec Montreal	40.86	2	
9	Kendall, Danielle	Calgary	41.12	3	
10	Thomson, Brenna	Western	41.23	3	
--	Lotwin, Kelsey	Calgary	FS	3	article 162.7

Women 300 Meter Dash

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Sponsor: Mondo
3 Turn Stagger
Record SIC: @ 37.35 2005 Adrienne Power, Dalhousie

Name	Year	School	Finals	Points
=====				
Finals				
1	Nelson, Amonn	Calgary	39.02	10
2	Montcalm, Noelle	Windsor	39.07	8
3	Margetts, Merissa	Regina	39.87	6
4	McCaig, Cassandra	Western	39.95	5
5	Lela, Christiane	Ottawa	40.55	4
6	Zimmer, Jenn	Calgary	41.12	3

Women 600 Meter Run

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6 Advance: Top 1 Each Heat plus Next 4 Best Times
Sponsor: Mondo
2 Turn Stagger
Record SIC: @ 1:27.63 1984 Camille Cato, York

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Hunter, Raeleen	Windsor	1:32.36Q	2
2	Bishop, Melissa	Windsor	1:33.32Q	1
3	Soderberg, Nicole	Alberta	1:33.04q	2
4	Aubry, Rachel	Guelph	1:33.13q	2
5	Tousaw, Julia	Ottawa	1:33.92q	1
6	Kanters, Amanda	Windsor	1:34.21q	1
7	Serafini, Rosa	Toronto	1:34.34	1
8	Slegers, Andrina	Windsor	1:34.68	2
9	Kurpe, Heather	Windsor	1:34.83	1
10	Kendall, Danielle	Calgary	1:35.74	2
11	Pomfret, Kendra	Victoria	1:36.12	1
12	Momoh, Nana	Sherbrooke	1:36.18	2

Women 600 Meter Run

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Sponsor: Mondo
2 Turn Stagger
Record SIC: @ 1:27.63 1984 Camille Cato, York

Name	Year	School	Finals	Points
=====				
Finals				
1	Bishop, Melissa	Windsor	1:31.54	10
2	Hunter, Raeleen	Windsor	1:32.35	8
3	Aubry, Rachel	Guelph	1:32.50	6
4	Soderberg, Nicole	Alberta	1:32.86	5
5	Kanters, Amanda	Windsor	1:33.80	4
6	Tousaw, Julia	Ottawa	1:33.82	3

Women 1000 Meter Run

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Sponsor: Mondo
2 Turn Stagger / 2 Alleys
Record SIC: @ 2:42.81 1988 Paula Schnurr, McMaster
Name Year School Finals Points
=====
1 Hunter, Raeleen Windsor 2:49.09 10
2 Bishop, Melissa Windsor 2:49.29 8
3 Aubry, Rachel Guelph 2:50.40 6
4 Soderberg, Nicole Alberta 2:51.82 5
5 Frost, Lydia Guelph 2:52.37 4
6 Frost, Nadine Guelph 2:52.42 3
7 MacDonald, Madeline Calgary 2:52.58 2
8 Biewald, Jennie Guelph 2:54.64 1
9 Bays, Jennifer Western 2:55.07
10 Degaust, Hayley Alberta 2:55.52
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Women 1500 Meter Run

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Sponsor: Mondo
Waterfall Start
Record SIC: @ 4:16.41 1988 Paula Schnurr, McMaster
Name Year School Finals Points
=====
1 Cliff, Rachel Guelph 4:28.98 10
2 Biewald, Jennie Guelph 4:31.70 8
3 Frost, Lydia Guelph 4:32.37 6
4 Bays, Jennifer Western 4:32.69 5
5 McCuaig, Sarah McGill 4:34.15 4
6 MacDonald, Madeline Calgary 4:34.52 3
7 Ryer, Ashley Dalhousie 4:34.83 2
8 Schlosser, Caroline Dalhousie 4:35.69 1
9 Laurie, Courtney Guelph 4:37.25
10 Frost, Nadine Guelph 4:39.36
11 Richards, Marcia Saskatchewan 4:39.98
12 Haliburton, Sarah McMaster 4:42.45
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Women 3000 Meter Run

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Sponsor: Mondo
2 Turn Stagger / 2 Alleys
Record SIC: @ 9:04.88 1988 Brenda Shackleton, Victoria
Name Year School Finals Points
=====
1 Cliff, Rachel Guelph 9:38.52 10
2 Coates, Victoria McMaster 9:48.46 8
3 Laurie, Courtney Guelph 9:49.86 6
4 Furtado, Lindsay Guelph 9:53.68 5
5 Thompson, Carise Guelph 9:55.62 4
6 Giovannetti, Sara McMaster 9:56.83 3
7 Roske, Alicia Victoria 10:03.96 2
8 Larocque, Leah Queen's 10:04.55 1
9 Bergeron-Larouche, Sarah Alberta 10:05.32
10 Stewart, Gina Dalhousie 10:17.63
11 Kannerberg, Natalie StFrancis Xavier 10:18.02
12 Lobigs, Louisa McGill 10:18.63
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Women 60 Meter Hurdles Bleu 33 po.

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Sponsor: Mondo

Sponsor : East-Side Mario's

Record SIC: @ 8.23 1997 Sonia Paquette, Sherbrooke

Name	Year	School	Prelims	H#
Preliminaries				
1 Montcalm, Noelle		Windsor	8.61Q	1 8.604
2 Maddex, Ashlea		Ottawa	8.61Q	2 8.606
3 Beaudet, Laurence		Montreal	8.78Q	2
4 Wilkes, Courtney		Alberta	8.88Q	1
5 Cap, Tamara		Montreal	8.84Q	2
6 McCaffrey, Kathryn		Alberta	8.90Q	1
7 Anobile, Charelle		Windsor	8.92q	2
8 Machin, Rachel		Calgary	8.94q	1
9 Mayne, Kelsi		Windsor	8.96	1
10 Coxhead, Emily		Western	8.98	2
11 Di Chiara, Amilia		Windsor	9.21	2
12 Breland, Melissa		Calgary	9.26	1

Women 60 Meter Hurdles Bleu 33 po.

Sponsor: Mondo

Sponsor : East-Side Mario's

Record SIC: @ 8.23 1997 Sonia Paquette, Sherbrooke

Name	Year	School	Finals	Points
Finals				
1 Montcalm, Noelle		Windsor	8.45	10
2 Beaudet, Laurence		Montreal	8.61	8
3 Maddex, Ashlea		Ottawa	8.65	6
4 Anobile, Charelle		Windsor	8.87	5 8.864
5 Wilkes, Courtney		Alberta	8.87	4 8.870
6 Cap, Tamara		Montreal	8.89	3
7 McCaffrey, Kathryn		Alberta	8.92	2
8 Machin, Rachel		Calgary	8.94	1

Women 4x200 Meter Relay

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Mondo

3 Turn Stagger

Record SIC: @ 1:37.11 1993 , Windsor
Clarke, Grant, Laughton, Dinsmore

School	Prelims	H#
Preliminaries		
1 University of Western Ontario	1:40.63Q	1
1) Thomson, Brenna	2) McCaig, Cassandra	
3) Olson, Jenessa	4) Clancy, Sarah	
2 University of Alberta	1:42.17Q	3
1) Khan, Janelle	2) Rintoul, Jenny	
3) Smith, Courtney	4) Bushie, Christine	
3 University of Ottawa	1:43.66Q	2
1) Lela, Christiane	2) Tousaw, Julia	
3) Merrill, Tory	4) Johnson, Nadine	
4 University of Calgary	1:40.81q	1
1) Nelson, Amonn	2) Lotwin, Kelsey	
3) Webster, Robyn	4) Zimmer, Jenn	

5	University of Windsor	1:43.16q	3
	1) Wallace, Camille		
	3) Anobile, Charelle		
6	University of Guelph	1:44.02q	3
	1) Cornwall, Karry-Ann		
	3) Rayner, Heather		
7	University of Regina	1:45.37	2
	1) Ruller, Amanda		
	3) Bohachewski, Kelsey		
8	University of Toronto	1:45.38	2
	1) Cadogan, Ashara		
	3) Caterini, Jessica		
9	University of Manitoba	1:45.96	1
	1) Harpelle, Leah		
	3) Huebert, Sarah		
10	University of Saskatchewan	1:45.96	3
	1) Yuzik, Carrie		
	3) Ritchie, Katrin		
11	York University	1:46.01	2
	1) Mooney, Ali		
	3) Villalta, Danielle		

Women 4x200 Meter Relay

Sponsor: Mondo

3 Turn Stagger

Record SIC: @ 1:37.11 1993 , Windsor
Clarke, Grant, Laughton, Dinsmore

School	Finals	Points
1 University of Calgary	1:38.62	10
1) Nelson, Amonn		
3) Webster, Robyn		
2) Lotwin, Kelsey		
4) Zimmer, Jenn		
2 University of Windsor	1:39.98	8
1) Montcalm, Noelle		
3) Wallace, Camille		
2) Sassine, Nicole		
4) Anobile, Charelle		
3 University of Alberta	1:40.53	6
1) Khan, Janelle		
3) Maclise, Kirklin		
2) Rintoul, Jenny		
4) Bushie, Christine		
4 University of Western Ontario	1:41.50	5
1) Thomson, Brenna		
3) Olson, Jenessa		
2) McCaig, Cassandra		
4) Clancy, Sarah		
5 University of Ottawa	1:42.48	4
1) Lela, Christiane		
3) Johnson, Nadine		
2) Maddex, Ashlea		
4) Krech, Michele		
6 University of Guelph	1:43.93	3
1) Cornwall, Karry-Ann		
3) Rayner, Heather		
2) Malek, Shauna		
4) Jespersen, Lauren		

Women 4x400 Meter Relay

Sponsor: Mondo

2 Turn Stagger

Record SIC: @ 3:45.83 1998 , Toronto
Pinnock, Mallon, Fletcher, Williams

School	Finals	H#	Points
1 University of Calgary	3:48.04	2	10
1) Lotwin, Kelsey			
2) Kendall, Danielle			

3) Hunter, Jackie	4) Nelson, Amonn		
2 University of Windsor	3:48.33	2	8
1) Kanters, Amanda	2) Hunter, Raeleen		
3) Montcalm, Noelle	4) Bishop, Melissa		
3 University of Ottawa	3:52.09	2	6
1) Krech, Michele	2) Maddex, Ashlea		
3) Tousaw, Julia	4) Lela, Christiane		
4 University of Alberta	3:53.30	2	5
1) Maclise, Kirklin	2) Soderberg, Nicole		
3) Gerstmar, Ashley	4) Degaust, Hayley		
5 University of Guelph	3:54.32	2	4
1) Malek, Shauna	2) Aubry, Rachel		
3) Frost, Nadine	4) Frost, Lydia		
6 University of Toronto	3:55.37	1	3
1) Caterini, Jessica	2) Kennedy, Shannon		
3) Callender, Fiona	4) Serafini, Rosa		
7 Universite de Sherbrooke	3:56.29	1	2
8 University of Western Ontario	3:56.73	2	1
9 University of Manitoba	3:58.12	1	
1) Woo, Meaghan	2) Huebert, Sarah		
3) Lavoie, Michelle	4) Harpelle, Leah		
10 University of Regina	3:59.62	1	
1) Valois, Chelsea	2) Propp, Adrea		
3) Hart, Julia	4) Margetts, Merissa		
11 University of Saskatchewan	3:59.91	1	
1) Banks, Amanda	2) Ritchie, Katrin		
3) Charles, Electra	4) Hanbidge, Helen		
12 McGill University	4:01.33	1	

Women 4x800 Meter Relay

Sponsor: Mondo

2 Turn Stagger / 2 Alleys

Record SIC: @ 8:41.66 1988 , Victoria

Jones, Meagher, Shackleton, Wellman

School		Finals	Points
1 University of Windsor	8:49.48		10
1) Kanters, Amanda	2) Kurpe, Heather		
3) Hunter, Raeleen	4) Bishop, Melissa		
2 University of Guelph	8:49.67		8
1) Biewald, Jennie	2) Frost, Nadine		
3) Frost, Lydia	4) Aubry, Rachel		
3 McGill University	8:54.21		6
1) Drouin-Audet, Catherine	2) Castro, Aimee		
3) Puel, Charlene	4) McCuaig, Sarah		
4 University of Victoria	8:56.98		5
1) Pomfret, Kendra	2) Trenholm, Stephanie		
3) Currie, Katelyn	4) Van Vliet, Jenna		
5 University of Alberta	9:05.00		4
1) Soderberg, Nicole	2) Stenger, Joelle		
3) Soderberg, Alana	4) Degaust, Hayley		
6 McMaster University	9:05.92		3
1) Haliburton, Sarah	2) Giles, Lisa		
3) Giovannetti, Sara	4) Volterman, Kim		
7 Dalhousie University	9:13.87		2
1) Schlosser, Caroline	2) MacArthur, Britany		
3) Stewart, Gina	4) Ryer, Ashley		
8 University of Toronto	9:15.54		1
1) Kennedy, Shannon	2) Hennessy, Colleen		

3) Serafini, Rosa	4) Maher, Paulina	9:20.31
9 University of Saskatchewan	2) Banks, Amanda	
1) Schellenberg, Leanne	4) Charles, Electra	9:31.41
3) Ritchie, Katrin	2) Woo, Meaghan	
10 University of Manitoba	4) Harpelle, Leah	
1) Huebert, Sarah		
3) Lavoie, Michelle		

Women High Jump

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Sponsor: Mondo						
1.53 by 5's to 1.63 then by 3's						
Record SIC: @ 1.87m 1986 Tami Lutz, UBC						
Name	Year	School	Finals	Points		
=====						
1 Boyle, Sarah		Toronto	1.80m	10		
1.69 1.73 1.77 1.80 1.84						
0 0 0 XO XXX						
2 Machin, Rachel		Calgary	1.77m	8		
1.60 1.65 1.69 1.73 1.77 1.80						
0 0 0 0 XXO XXX						
3 Maessen, Laura		Toronto	1.73m	6		
1.65 1.69 1.73 1.77						
0 XXO 0 XXX						
4 Bergevin, Lindsey		Alberta	J1.73m	5		
1.60 1.65 1.69 1.73 1.77						
0 0 0 XO XXX						
5 Pierce, Michelle		Windsor	1.69m	4		
1.55 1.60 1.65 1.69 1.73						
0 0 XXO XXO XXX						
6 Pitman, Jennifer		Western	1.65m	2.50		
1.55 1.60 1.65 1.69						
0 0 0 XXX						
6 Dugas, Katerine		Montreal	1.65m	2.50		
1.55 1.60 1.65 1.69						
0 0 0 XXX						
8 Olah, Courtney		Western	J1.65m	0.50		
1.60 1.65 1.69						
0 XO XXX						
8 McIntosh, Rachael		Calgary	J1.65m	0.50		
1.65 1.69						
XO XXX						
10 Haworth, Rebecca		Dalhousie	J1.65m			
1.55 1.60 1.65 1.69						
0 0 XXO XXX						
11 Haselhan, Shalane		Regina	J1.65m			
1.55 1.60 1.65 1.69						
0 XO XXO XXX						
12 Massicotte, Jessica		Laval	1.60m			
1.55 1.60 1.65						
0 XO XXX						
13 Wallace, Julia		Guelph	J1.60m			
1.55 1.60 1.65						
0 XXO XXX						

Women Pole Vault

=====						
Sponsor: Mondo						
3.32 by 10's to 3.52 then by 5's						
Record SIC: @ 4.23m 2010 Heather Hamilton, York						

Name	Year	School	Finals	Points
1 Blouin, Mélanie		Laval	3.95m	10
3.65 3.85 3.95 4.05				
O XXO XO XXX				
2 Reiser, Erika		Windsor	3.85m	8
3.35 3.50 3.65 3.75 3.85 3.95				
O O O O O XXX				
3 Fiedler, Erika		Guelph	J3.85m	6
3.35 3.50 3.65 3.75 3.85 3.95				
O O XO O XO XXX				
4 Webster, Robyn		Calgary	J3.85m	5
3.50 3.65 3.75 3.85 3.95				
O O XO XXO XXX				
5 Bergevin, Lindsey		Alberta	3.75m	4
3.20 3.35 3.50 3.65 3.75 3.85				
O O O O XO XXX				
6 Allen, Alex		Manitoba	3.65m	2.50
3.35 3.50 3.65 3.75				
O O XO XXX				
6 Tomayer, Jenn		Windsor	3.65m	2.50
3.35 3.50 3.65 3.75				
O O XO XXX				
8 Hill, Teresa		Saskatchewan	J3.65m	1
3.35 3.50 3.65 3.75				
XO O XXO XXX				
9 Ridout, Paige		Calgary	3.50m	
3.35 3.50 3.65				
O O XXX				
9 Siu, Carmen		Western	3.50m	
3.35 3.50 3.65				
O O XXX				
11 Brosseau, Mylene		Sherbrooke	J3.50m	
3.20 3.35 3.50 3.65				
XXO O XO XXX				
12 Bray, Christy		Toronto	3.35m	
3.35 3.50				
XO XXX				
13 Richey, Meghan		Saskatchewan	J3.35m	
3.35 3.50				
XXO XXX				

Women Long Jump

Name	Year	School	Finals	Points
Sponsor: Mondo				
Record SIC: @ 6.24m 2001 Jocelyn Adu-Gyamfi, Toronto				
1 Delisle, Pascale		Sherbrooke	6.01m	10
5.30m 5.66m 5.69m 5.48m		FOUL 6.01m		
2 Beaudet, Laurence		Montreal	5.99m	8
FOUL 5.45m 5.56m 5.73m		5.90m 5.99m		
3 Hyacinthe, Kimberly		Quebec Montreal	5.87m	6
5.80m 5.74m 5.87m 5.82m		5.71m FOUL		
4 Ehrhardt, Caroline		Western	5.81m	5
5.61m 5.68m 5.63m 5.66m		5.81m 5.42m		
5 Hall, Morgan		Western	5.66m	4
5.54m 5.56m 5.41m 5.38m		FOUL 5.66m		
6 Renaud, Esther		Sherbrooke	J5.66m	3
FOUL 5.66m FOUL 5.49m		FOUL FOUL		

7	Simulik, Mila				Western	5.52m	2
	FOUL	5.52m	FOUL	FOUL	FOUL	5.29m	
8	Zachariah, Neb				Windsor	5.44m	1
	5.03m	4.64m	5.38m	5.04m	5.44m	5.09m	
9	Maddex, Ashlea				Ottawa	5.33m	
	5.22m	5.33m	5.22m				
10	Machin, Rachel				Calgary	5.32m	
	5.13m	FOUL	5.32m				
11	Valois, Chelsea				Regina	5.27m	
	5.18m	4.93m	5.27m	FOUL	FOUL	FOUL	

Women Triple Jump

=====							
Sponsor: Mondo							
Record SIC: @ 13.01m 1993 Kelly Dinsmore, Windsor							
	Name		Year	School		Finals	Points
=====							
1	Zachariah, Neb			Windsor		12.49m	10
	FOUL	12.20m	12.24m	12.49m	FOUL	12.37m	
2	Kodo, Valérie			Sherbrooke		J12.49m	8
	12.30m	12.04m	12.32m	12.49m	12.26m	12.33m	
3	Lowe, Jaideene			Windsor		12.40m	6
	11.57m	FOUL	12.40m	FOUL	11.78m	12.13m	
4	Ehrhardt, Caroline			Western		12.38m	5
	11.98m	12.22m	12.12m	12.13m	12.22m	12.38m	
5	Smith, Alicia			Western		12.36m	4
	11.57m	11.86m	12.14m	FOUL	12.26m	12.36m	
6	Wallace, Julia			Guelph		12.12m	3
	12.01m	12.02m	12.12m	FOUL	FOUL	11.45m	
7	Wilkes, Courtney			Alberta		12.07m	2
	11.85m	11.34m	12.07m	11.91m	11.71m	11.87m	
8	Simulik, Mila			Western		11.98m	1
	11.81m	FOUL	11.98m	11.92m	11.96m	FOUL	
9	Sarazin, Josée-Anne			Sherbrooke		11.94m	
	11.69m	FOUL	11.94m				
10	Richardson, Kim			Guelph		11.82m	
	11.82m	11.57m	11.69m				
11	Breker, Nicole			Regina		11.55m	
	11.55m	10.96m	11.25m				
12	Dillon, Krista			Ottawa		11.42m	
	FOUL	FOUL	11.42m				

Women Shot Put 4 kg

=====							
Sponsor: Mondo							
Record SIC: @ 15.32m 2010 Taryn Suttie, Saskatchewan							
	Name		Year	School		Finals	Points
=====							
1	Suttie, Taryn			Saskatchewan		15.72m@	10
	14.68m	15.04m	14.93m	14.66m	14.78m	15.72m	
2	Stephenson, Steffi			Windsor		14.18m	8
	12.78m	14.18m	13.56m	FOUL	12.28m	13.34m	
3	Freeman-Gibb, Celine			Windsor		14.06m	6
	FOUL	13.03m	13.68m	13.79m	FOUL	14.06m	
4	Appiah, Cynthia			York		13.66m	5
	13.46m	13.20m	13.66m	13.41m	13.58m	13.27m	
5	Rak, Breanna			Saskatchewan		13.27m	4
	FOUL	11.97m	FOUL	13.27m	FOUL	FOUL	
6	Dumont-Breton, Myriam			Sherbrooke		13.03m	3
	12.20m	13.03m	12.00m	FOUL	FOUL	FOUL	

7	McLaughlin, Shealyn	Windsor	12.74m	2
	12.04m FOUL 12.48m 12.49m FOUL 12.74m			
8	Kucharchuk, Chelcie	Alberta	11.37m	1
	9.18m 9.93m 11.37m 10.79m 10.79m 11.04m			
9	Loyst, Allison	Windsor	11.08m	
	FOUL 11.05m 11.08m			
10	Labrecque, Chantelle	Regina	10.85m	
	10.85m 10.78m 10.65m			
11	Kublik, Kristi	Calgary	10.81m	
	9.64m 10.81m 10.52m			
--	Waine, Jamie	Calgary	FOUL	
	FOUL FOUL FOUL			

Women Weight Throw 20 lbs

=====				
Sponsor: Mondo				
Record SIC: @ 19.66m 2005 Kate Forbes, Lethbridge				
Name	Year	School	Finals	Points
=====				
1	Suttie, Taryn	Saskatchewan	19.55m	10
	18.94m 19.55m FOUL 19.20m 19.34m FOUL			
2	Steady, Heather	Lethbridge	19.08m	8
	19.08m FOUL FOUL FOUL FOUL FOUL			
3	Larose, Annie	Sherbrooke	17.61m	6
	17.15m FOUL 17.61m FOUL FOUL FOUL			
4	Appiah, Cynthia	York	16.49m	5
	15.95m 16.49m 16.01m 16.29m FOUL 15.70m			
5	Mackie, Kristen	Saskatchewan	16.41m	4
	16.41m 14.96m 15.84m FOUL 15.07m 14.19m			
6	Herd, Brittany	Guelph	16.09m	3
	FOUL FOUL 15.90m 16.09m FOUL 15.95m			
7	Schimanski, Ami	Windsor	16.00m	2
	15.16m 15.61m 15.42m FOUL 16.00m FOUL			
8	McLaughlin, Shealyn	Windsor	14.87m	1
	14.52m 14.87m 13.89m FOUL FOUL FOUL			
9	MacDonald, Elizabeth	Dalhousie	14.76m	
	13.94m 14.59m 14.76m			
10	McCutcheon, Jenine	Western	14.57m	
	14.57m FOUL FOUL			
11	Klodnicki, Katie	York	14.35m	
	14.10m 14.35m 13.54m			
12	Kucharchuk, Chelcie	Alberta	13.69m	
	13.69m 13.54m 13.62m			

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

=====				
Name	Year	School	Finals	Points
=====				
1	McIntosh, Rachael	Calgary	2:18.94	838
2	Merrill, Tory	Ottawa	2:20.12	822
3	Schneck, Amanda	Alberta	2:20.20	821
4	Krech, Michele	Ottawa	2:20.58	816
5	Delisle, Pascale	Sherbrooke	2:25.74	747
6	Bergin, Juliana	Toronto	2:29.36	701
7	Dobransky, Johanna	Ottawa	2:29.70	697
8	Kublik, Kristi	Calgary	2:30.30	689
9	Valois, Chelsea	Regina	2:30.55	686
10	Machin, Rachel	Calgary	2:31.90	669
11	Villalta, Danielle	York	2:31.98	668
12	Smits, Veronika	Saskatchewan	2:44.68	520

Indoor Pentathlon: #1 Women 60 Meter Hurdles Bleu 33 po. Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1 Machin, Rachel		Calgary	8.86	2	939
2 Valois, Chelsea		Regina	8.91	2	929
3 Delisle, Pascale		Sherbrooke	8.96	2	918
4 Merrill, Tory		Ottawa	8.98	2	914
5 Schneck, Amanda		Alberta	9.06	1	897
6 Kublik, Kristi		Calgary	9.13	1	883
7 Smits, Veronika		Saskatchewan	9.18	2	873
8 McIntosh, Rachael		Calgary	9.26	1	856
9 Villalta, Danielle		York	9.38	1	832
10 Krech, Michele		Ottawa	9.38	2	832
11 Bergin, Juliana		Toronto	9.65	1	779
12 Dobransky, Johanna		Ottawa	9.71	1	767

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1 Machin, Rachel		Calgary	1.75m	916
1.60 1.66 1.69 1.72 1.75 1.78				
0 0 0 0 0 XXX				
2 Krech, Michele		Ottawa	1.66m	806
1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69				
0 0 XXO 0 0 XO XXO XXX				
2 Valois, Chelsea		Regina	1.66m	806
1.54 1.60 1.63 1.66 1.69				
0 0 0 0 XXX				
2 Schneck, Amanda		Alberta	1.66m	806
1.51 1.54 1.57 1.60 1.63 1.66 1.69				
0 0 0 XO 0 0 XXX				
2 McIntosh, Rachael		Calgary	1.66m	806
1.60 1.63 1.66 1.69				
0 0 0 XXX				
6 Villalta, Danielle		York	1.63m	771
1.48 1.51 1.54 1.57 1.60 1.63 1.66				
0 0 XO XXO XXO XXO XXX				
7 Dobransky, Johanna		Ottawa	1.60m	736
1.48 1.51 1.54 1.57 1.60 1.63				
0 0 0 XO 0 XXX				
7 Kublik, Kristi		Calgary	1.60m	736
1.45 1.51 1.57 1.60 1.63				
0 0 0 XO XXX				
9 Merrill, Tory		Ottawa	1.57m	701
1.48 1.51 1.54 1.57 1.60				
XO 0 0 XO XXX				
9 Smits, Veronika		Saskatchewan	1.57m	701
1.48 1.51 1.54 1.57 1.60				
0 0 0 XO XXX				
11 Delisle, Pascale		Sherbrooke	1.54m	666
1.48 1.51 1.54 1.57				
XXO 0 XO XXX				
12 Bergin, Juliana		Toronto	1.45m	566
1.36 1.39 1.42 1.45 1.48				
0 0 0 XXO XXX				

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1 Delisle, Pascale		Sherbrooke	5.42m	677
			5.42m FOUL FOUL	
2 Valois, Chelsea		Regina	5.40m	671
			5.24m 5.33m 5.40m	
3 Machin, Rachel		Calgary	5.35m	657
			5.30m 5.35m 5.34m	
4 McIntosh, Rachael		Calgary	5.27m	634
			5.19m 5.25m 5.27m	
4 Schneck, Amanda		Alberta	5.27m	634
			5.27m 4.98m 5.11m	
6 Dobransky, Johanna		Ottawa	5.21m	617
			FOUL FOUL 5.21m	
7 Kublik, Kristi		Calgary	5.20m	614
			5.14m 5.16m 5.20m	
8 Merrill, Tory		Ottawa	5.17m	606
			5.17m 5.07m FOUL	
9 Krech, Michele		Ottawa	5.03m	567
			5.02m 5.03m 4.92m	
10 Smits, Veronika		Saskatchewan	4.94m	543
			FOUL FOUL 4.94m	
11 Bergin, Juliana		Toronto	4.91m	535
			4.85m 4.91m PASS	
11 Villalta, Danielle		York	4.91m	535
			FOUL 4.91m 4.79m	

Indoor Pentathlon: #3 Women Shot Put 4 kg Indoor Pentathlon

Name	Year	School	Finals	Points
1 Valois, Chelsea		Regina	12.38m	686
			11.34m 12.38m 11.44m	
2 Bergin, Juliana		Toronto	12.17m	672
			11.71m 12.17m 11.96m	
3 McIntosh, Rachael		Calgary	11.47m	626
			11.47m 10.64m FOUL	
4 Kublik, Kristi		Calgary	11.17m	606
			10.08m 9.65m 11.17m	
5 Delisle, Pascale		Sherbrooke	10.65m	572
			10.52m 10.57m 10.65m	
6 Merrill, Tory		Ottawa	10.39m	555
			10.27m 9.45m 10.39m	
7 Krech, Michele		Ottawa	10.07m	534
			10.05m 10.07m 9.66m	
8 Smits, Veronika		Saskatchewan	9.90m	523
			9.90m 9.41m 9.49m	
9 Schneck, Amanda		Alberta	9.85m	520
			8.45m 8.52m 9.85m	
10 Dobransky, Johanna		Ottawa	9.84m	519
			9.84m FOUL 8.49m	
11 Machin, Rachel		Calgary	9.18m	476
			8.67m 9.06m 9.18m	
12 Villalta, Danielle		York	8.97m	462
			8.97m 8.88m 8.81m	

Women Indoor Pentathlon

Sponsor: Mondo

Record SIC: @ 4380 2007 Jessica Zelinka, Calgary

Name	Year School	Finals	Points
1 Valois, Chelsea	Regina	3778	10
2 McIntosh, Rachael	Calgary	3760	8
3 Schneck, Amanda	Alberta	3678	6
4 Machin, Rachel	Calgary	3657	5
5 Merrill, Tory	Ottawa	3598	4
6 Delisle, Pascale	Sherbrooke	3580	3
7 Krech, Michele	Ottawa	3555	2
8 Kublik, Kristi	Calgary	3528	1
9 Dobransky, Johanna	Ottawa	3336	
10 Villalta, Danielle	York	3268	
11 Bergin, Juliana	Toronto	3253	
12 Smits, Veronika	Saskatchewan	3160	

Men 60 Meter Dash

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Sponsor: Mondo

Sponsor : Boutique Le Coureur

Record SIC: @ 6.57 2010 Sam Effah, Calgary

Name	Year School	Prelims	H#
Preliminaries			
1 Meité, Ben Youssef	Sherbrooke	6.65Q	2
2 Bowman, Aaron	Windsor	6.81Q	1
3 Richards-Kwok, Dontae	York	6.78Q	2
4 Ogunde, Olu	York	6.86Q	1
5 Vulgaire, Harold	Sherbrooke	6.88Q	1
6 Keating, Justin	Windsor	6.92Q	2
7 Foote, Mason	Regina	6.89q	1
8 Risling, Tony	Ottawa	6.93q	1
9 Effah, Sam	Calgary	6.96	1
10 Kwarko-Fosu, Kofi	Waterloo	6.99	2
11 Govia, Luke	Waterloo	7.03	2
12 Sevigny, Sebastien	Sherbrooke	7.03	1
13 Dunyo, Shlomo	Waterloo	7.07	2

Men 60 Meter Dash

Sponsor: Mondo

Sponsor : Boutique Le Coureur

Record SIC: @ 6.57 2010 Sam Effah, Calgary

Name	Year School	Finals	Points
Finals			
1 Meité, Ben Youssef	Sherbrooke	6.61	10
2 Richards-Kwok, Dontae	York	6.76	8
3 Bowman, Aaron	Windsor	6.81	6
4 Foote, Mason	Regina	6.86	5
5 Ogunde, Olu	York	6.92	4
6 Keating, Justin	Windsor	6.94	3
7 Vulgaire, Harold	Sherbrooke	6.95	2
8 Risling, Tony	Ottawa	6.97	1

Men 300 Meter Dash

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Mondo

3 Turn Stagger

Record SIC: @ 33.40 1999 Alex Marchand, Sherbrooke

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Richards-Kwok, Dontae		York	34.58Q	2
2 Dills, Brendan		Windsor	34.66Q	3
3 MacLeod, Tyler		Windsor	34.79Q	1 34.785
4 Meité, Ben Youssef		Sherbrooke	34.67q	3
5 Reid, Chris		Windsor	34.75q	2
6 Biocchi, Devin		Ottawa	34.79q	1 34.790
7 Trnkus, Michael		Toronto	34.81	2
8 Frenke, Gord		Queen's	34.96	3
9 Murray, Kyle		Lethbridge	35.14	3
10 Ellemo, Eric		McGill	36.64	1
-- Nystuen, Tait		Regina	FS	2 article 162.7

Men 300 Meter Dash

Sponsor: Mondo

3 Turn Stagger

Record SIC: @ 33.40 1999 Alex Marchand, Sherbrooke

Name	Year	School	Finals	Points
=====				
Finals				
1 Richards-Kwok, Dontae		York	33.70	10
2 Dills, Brendan		Windsor	34.06	8
3 Meité, Ben Youssef		Sherbrooke	34.65	6
4 Biocchi, Devin		Ottawa	34.98	5
5 Reid, Chris		Windsor	35.18	4
6 MacLeod, Tyler		Windsor	35.24	3

Men 600 Meter Run

6 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: Mondo

2 Turn Stagger

Record SIC: @ 1:16.10 1995 Bryon Goodwin, Manitoba

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Ostapowich, Jaden		Alberta	1:19.94Q	1
2 Leitch, Scott		Western	1:20.68Q	2
3 Trnkus, Michael		Toronto	1:20.09q	1
4 Nystuen, Tait		Regina	1:20.21q	1
5 Tome, Mitch		Windsor	1:20.71q	1
6 Eldridge, Dustin		Windsor	1:20.85q	2
7 Blades, Justin		Dalhousie	1:21.18	2
8 Nicol, Scott		Calgary	1:21.28	1
9 Raymond, Mathieu		Laval	1:21.68	1
10 Langridge, Jordan		Windsor	1:21.87	2
11 Durand, Zach		Manitoba	1:22.33	2
12 Nishiyama, Michael		Queen's	1:22.64	2

Men 600 Meter Run

Sponsor: Mondo

2 Turn Stagger

Record SIC: @ 1:16.10 1995 Bryon Goodwin, Manitoba

Name	Year	School	Finals	Points
=====				

=====
 Finals

1	Leitch, Scott	Western	1:18.93	10
2	Trnkus, Michael	Toronto	1:19.37	8
3	Eldridge, Dustin	Windsor	1:19.68	6
4	Nystuen, Tait	Regina	1:19.71	5
5	Tome, Mitch	Windsor	1:21.57	4
6	Ostapowich, Jaden	Alberta	1:24.87	3

Men 1000 Meter Run
 =====

Sponsor: Mondo

2 Turn Stagger / 2 Alleys

Record SIC: @ 2:23.08 1999 Sébastien Ouellette, Sherbrooke

Name	Year	School	Finals	Points
1	Ostapowich, Jaden	Alberta	2:25.82	10
2	Brown, Alastair	LakeHead	2:27.06	8
3	Lapointe, Jean-Samuel	Laval	2:27.24	6
4	Nicol, Scott	Calgary	2:27.49	5
5	Berkis, Anthony	Windsor	2:27.50	4
6	Gorman, Dan	Dalhousie	2:27.76	3
7	Kellar, Adam	Windsor	2:28.56	2
8	Boulay, Benoit	Guelph	2:28.79	1
9	Raymond, Mathieu	Laval	2:29.47	
10	Tome, Mitch	Windsor	2:30.49	

Men 1500 Meter Run
 =====

Sponsor: Mondo

Waterfall Start

Record SIC: @ 3:46.85 1990 Allan Klassen, UBC

Name	Year	School	Finals	Points
1	Boorsma, Kyle	Guelph	3:47.57	10
2	Walters, Matt	Windsor	3:49.08	8
3	Proudfoot, Ross	Guelph	3:49.68	6
4	Berkis, Anthony	Windsor	3:49.70	5
5	Aguanno, Andrew	Windsor	3:50.96	4
6	Hulse, Matt	Queen's	3:51.51	3
7	Genest, Alex	Guelph	3:52.02	2
8	Lavoie, Olivier	Sherbrooke	3:53.86	1
9	Brown, Alastair	LakeHead	3:54.65	
10	Childs, Cliff	Victoria	3:57.07	
11	Robertson, Karl	Victoria	3:58.31	

Men 3000 Meter Run
 =====

Sponsor: Mondo

2 Turn Stagger / 2 Alleys

Record SIC: @ 7:59.29 1996 Jeff Schiebler, UBC

Name	Year	School	Finals	Points
1	Boorsma, Kyle	Guelph	8:11.10	10
2	Genest, Alex	Guelph	8:11.84	8
3	Lavoie, Olivier	Sherbrooke	8:12.70	6
4	Janikowski, Paul	Windsor	8:18.36	5
5	Proudfoot, Ross	Guelph	8:19.48	4
6	Walters, Matt	Windsor	8:19.73	3
7	Nixon, Andrew	Guelph	8:20.39	2

8 Weston, Dave	Windsor	8:20.71	1
9 LeBoeuf, Maxime	Alberta	8:27.31	
10 Philibert-Thiboutot, Cha	Laval	8:31.54	
11 Childs, Cliff	Victoria	8:40.23	

Men 60 Meter Hurdles Rouge 42 po.

=====
 8 Advance: Top 3 Each Heat plus Next 2 Best Times

Sponsor: Mondo

Sponsor : Buffet des continents

Record SIC: @ 7.83 1984 Mark McKoy, York

Name	Year School	Prelims	H#	
=====				
Preliminaries				
1 Moseley, Ingvar	York	8.22Q	1	
2 Brisson, Matt	Western	8.28Q	2	
3 Fanning, Connor	Windsor	8.45Q	2	
4 Dandie, Anthony	Windsor	8.56Q	1	
5 Morden, Matt	Western	8.58Q	2	
6 Moolchan, Kieran	Manitoba	8.62Q	1	
7 Roth, Austin	Windsor	8.67q	1	
8 Guénette, Jason	Laval	8.70q	1	
9 Samking, Wilfred	Manitoba	8.95	1	
10 Arbour, Patrick	Ottawa	9.01	1	
11 Rodin, TJ	Windsor	9.22	2	
-- Tesfaye, Gabriel	Ottawa	DQ	2	article 168.7c
-- Sin, Jeremy	Toronto	DQ	2	article 168.7c

Men 60 Meter Hurdles Rouge 42 po.

=====
 Sponsor: Mondo

Sponsor : Buffet des continents

Record SIC: @ 7.83 1984 Mark McKoy, York

Name	Year School	Finals	Points	
=====				
Finals				
1 Brisson, Matt	Western	8.18	10	8.177
2 Moseley, Ingvar	York	8.18	8	8.180
3 Dandie, Anthony	Windsor	8.39	6	
4 Moolchan, Kieran	Manitoba	8.42	5	
5 Fanning, Connor	Windsor	8.56	4	
6 Morden, Matt	Western	8.58	3	
7 Guénette, Jason	Laval	8.61	2	
8 Roth, Austin	Windsor	9.21	1	

Men 4x200 Meter Relay

=====
 6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Mondo

3 Turn Stagger

Record SIC: @ 1:26.01 2007 , Sherbrooke

Youssef-Meite, Jean-Marie, Paris, Jean-Pois

School	Prelims	H#	
=====			
Preliminaries			
1 University of Windsor	1:27.44Q	1	
1) MacLeod, Tyler			2) Dills, Brendan
3) Reid, Chris			4) Keating, Justin
2 York University	1:28.86Q	2	
1) Richards-Kwok, Dontae			2) Moseley, Ingvar

3) Ogunde, Olu	4) Mayer, David		
3 University of Regina		1:29.45Q	3
1) Foote, Mason	2) Gardner, Ethan		
3) Nystuen, Tait	4) Walford, David		
4 University of Manitoba		1:29.51q	2
1) Ostberg, Dylan	2) Durand, Zach		
3) McMaster, Jamie	4) Twerdun, Tanner		
5 University of Alberta		1:29.83q	2
1) Fernuik, Taylor	2) Nel, Wynand		
3) Home, Mitchell	4) McPhee, Stephen		
6 Queen's University		1:30.86q	2
1) Dunlop, Stephen	2) Stiver-Balla, Mat		
3) Frenke, Gord	4) Kelly, Shane		
7 University of Calgary		1:31.29	3
1) Sumani, Hafeez	2) Kimick, Evan		
3) Mayer, Bastian	4) Johnston, Trent		
8 McMaster University		1:31.45	3
1) Tat, Jimmy	2) Pawelke, Matt		
3) Hutchinson, Scott	4) Baronette, Rudy		
9 University of Western Ontario		1:32.37	1
1) Davis, Thomas	2) Bates, Brent		
3) Mackay-Timmermans, Drew	4) Granillo, Elias		
10 University of Waterloo		1:38.45	1
1) Kwarko-Fosu, Kofi	2) Govia, Luke		
3) Muirhead, Jacob	4) Terejko, Ben		
11 University of Ottawa		1:48.76	3
1) Biocchi, Devin	2) Risling, Tony		
3) Gauthier-Kwan, Olivier	4) Gregoire, Chase		

Men 4x200 Meter Relay

Sponsor: Mondo

3 Turn Stagger

Record SIC: @ 1:26.01 2007 , Sherbrooke

Youssef-Meite, Jean-Marie, Paris, Jean-Pois

School

Finals Points

Finals

1 University of Windsor		1:26.98	10
1) MacLeod, Tyler	2) Dills, Brendan		
3) Reid, Chris	4) Keating, Justin		
2 York University		1:27.74	8
1) Richards-Kwok, Dontae	2) Moseley, Ingvar		
3) Ogunde, Olu	4) Mayer, David		
3 University of Regina		1:30.48	6
1) Foote, Mason	2) Gardner, Ethan		
3) Walford, David	4) MacDonald, Connor		
4 University of Manitoba		1:31.27	5
1) Ostberg, Dylan	2) Durand, Zach		
3) McMaster, Jamie	4) Twerdun, Tanner		
5 University of Alberta		1:31.47	4
1) Fernuik, Taylor	2) Nel, Wynand		
3) Home, Mitchell	4) McPhee, Stephen		
6 Queen's University		1:36.95	3
1) Dunlop, Stephen	2) Stiver-Balla, Mat		
3) Frenke, Gord	4) Kelly, Shane		

Men 4x400 Meter Relay

Sponsor: Mondo

2 Turn Stagger

Record SIC: @ 3:14.12 2008 , Calgary
 Effah, Kimick, Saizew, Ratzlaff

School	Finals	H#	Points
1 University of Windsor	3:19.46	2	10
1) Reid, Chris	2) Dills, Brendan		
3) Nightingale, Travis	4) Eldridge, Dustin		
2 University of Manitoba	3:19.76	2	8
1) Durand, Zach	2) Vankoughnet, Joel		
3) Ostberg, Dylan	4) McMaster, Jamie		
3 University of Alberta	3:19.82	2	6
1) Home, Mitchell	2) Nel, Wynand		
3) Miletic, Goran	4) Ostapowich, Jaden		
4 University of Victoria	3:20.35	2	5
1) Gaudes, Adam	2) Riva, Thomas		
3) Schiavone, Trevor	4) Pratt, John		
5 McMaster University	3:20.87	1	4
1) Baronette, Rudy	2) Tat, Jimmy		
3) Noronha, Denis	4) Hutchinson, Scott		
6 Queen's University	3:21.09	2	3
1) Kelly, Shane	2) Nishiyama, Michael		
3) Stiver-Balla, Mat	4) Frenke, Gord		
7 York University	3:21.49	2	2
1) Montinat, Birko	2) Mayer, David		
3) Norman, Dwayne	4) Richards-Kwok, Dontae		
8 University of Western Ontario	3:21.55	1	1
1) Davis, Thomas	2) Leitch, Scott		
3) Bates, Brent	4) Porter, Evan		
9 Dalhousie University	3:22.02	1	
1) Blades, Justin	2) McCabe, Kahmall		
3) Sandeson, William	4) Falkenham, Andrew		
10 University of Calgary	3:22.99	1	
1) Sumani, Hafeez	2) Theriault, Madison		
3) Mayer, Bastian	4) Nicol, Scott		
11 University of Waterloo	3:24.67	1	
1) Muirhead, Jacob	2) Govia, Luke		
3) Terejko, Ben	4) Grant, Oliver		

Men 4x800 Meter Relay

Sponsor: Mondo

2 Turn Stagger / 2 Alleys

Record SIC: @ 7:29.23 1995 , Manitoba
 Fillion, Bima, Trepel, Goodwin

School	Finals	Points
1 University of Windsor	7:37.65	10
1) Lane, Ben	2) Langridge, Jordan	
3) Eldridge, Dustin	4) Berkis, Anthony	
2 University of Calgary	7:37.90	8
1) Russell, Ryan	2) Wasylyshyn, Adam	
3) Theriault, Madison	4) Nicol, Scott	
3 University of Victoria	7:39.10	6
1) Mazzei, Darren	2) Riva, Thomas	
3) Robertson, Karl	4) Pratt, John	
4 Dalhousie University	7:40.38	5
5 University of Guelph	7:45.22	4
1) Holmes, Stephen	2) Mosher, Tommy	
3) Jackson, Robert	4) Boulay, Benoit	

6	Université Laval	7:46.33	3
	1) Bouchard, Frédéric		
	3) Lapointe, Jean-Samuel		
7	University of Manitoba	7:46.46	2
	1)		
	3) Ostberg, Dylan		
8	University of Toronto	7:47.34	1
	1) Pettes, Tyler		
	3) Davenport, Dennis		
9	Queen's University	7:49.59	
	1) Kelly, Shane		
	3) Stiver-Balla, Mat		
--	University of Western Ontario	DNF	
	1) Muldoon, Matt		
	3) Leitch, Scott		
	2) Philibert-Thiboutot, Charles		
	4) Raymond, Mathieu		
	2) Vankoughnet, Joel		
	4) McMaster, Jamie		
	2) Denault, Alex		
	4) Cruickshank, Andrew		
	2) Frenke, Gord		
	4) Nishiyama, Michael		
	2) Hayward, Nathan		
	4) Armstrong, Ryan		

Men High Jump

Sponsor: Mondo

1.80 by 5's to 1.95 then by 3's

Record SIC: @ 2.24m 1993 Alex Zaliaskas, Toronto

Name	Year	School	Finals	Points
1 Witmer, Alex		Toronto	2.16m	10
	2.03 2.07 2.10 2.13 2.16 2.19			
	O O O O XO XXX			
2 Watts, Simon		Dalhousie	2.10m	8
	1.95 1.99 2.03 2.07 2.10 2.13			
	O O O XXO O XXX			
3 MacDonald, Connor		Regina	2.07m	6
	1.95 1.99 2.03 2.07 2.10			
	O O O XXO XXX			
4 Eckert, Jeremy		Regina	1.99m	5
	1.99 2.03			
	O XXX			
5 Dandie, Andrew		Windsor	J1.99m	4
	1.85 1.90 1.95 1.99 2.03			
	O O XO XXO XXX			
6 Welchinski, Tyrone		Manitoba	1.95m	3
	1.85 1.90 1.95 1.99			
	O XXO O XXX			
7 Gillis, James		Dalhousie	J1.95m	2
	1.80 1.85 1.90 1.95 1.99			
	O O O XXO XXX			
8 Dow, Levi		York	J1.95m	1
	1.80 1.85 1.90 1.95 1.99			
	O O XXO XXO XXX			
9 Crooks, Lincoln		Saskatchewan	1.90m	
	1.80 1.85 1.90 1.95			
	O O O XXX			
10 Honig, Kevin		Guelph	1.85m	
	1.80 1.85 1.90			
	O XO XXX			
--	Allison Abaunza, Alexand	Laval	NH	
	1.80			
	XXX			

Men Pole Vault

Sponsor: Mondo

4.16 by 10's to 4.46 then by 5's

Record SIC: @ 5.65m 1992 Doug Wood, York

Name	Year	School	Finals	Points
1 Britnell, Lane		Saskatchewan	5.15m	10
4.65 4.75 4.85 4.95 5.05 5.15 5.20				
O O XO O O O XXX				
2 Petrucha, Taylor		Saskatchewan	5.05m	8
4.85 5.05 5.20				
XXO XXO XXX				
3 Beaumont-Courteau, Maxim		McGill	4.85m	6
4.55 4.65 4.75 4.85 4.95				
O XO O XO XXX				
4 Erle, Chris		Western	4.75m	5
4.55 4.65 4.75 4.85				
O O XXO XXX				
5 Pfaff, Jake		Windsor	4.65m	4
4.40 4.55 4.65 4.75				
XO O XXO XXX				
6 Durward, Luke		York	4.55m	3
4.25 4.40 4.55 4.65				
XO O XO XXX				
7 Clark, Lane		Guelph	4.40m	2
4.25 4.40 4.55				
XO O XXX				
8 Janssen, Matthew		Alberta	J4.40m	1
4.25 4.40 4.55				
O XXO XXX				
9 Normandin, David		Montreal	J4.40m	
4.10 4.25 4.40 4.55				
XO O XXO XXX				
10 Worndl, Paul		Guelph	4.25m	
4.25 4.40				
O XXX				
11 Selzer, Paul		Saskatchewan	4.10m	
4.10 4.25				
O XXX				
-- Benard, Townsend		Toronto	NH	
4.40				
XXX				

Men Long Jump

Name	Year	School	Finals	Points
Sponsor: Mondo				
Record SIC: @ 7.88m 2010 Christopher Greenway, Ottawa				
1 Greenaway, Christopher		Ottawa	7.64m	10
7.05m FOUL 7.16m 7.19m 7.55m 7.64m				
2 Kuruneri, Guyson		Guelph	7.30m	8
6.80m 6.46m 7.22m 7.18m 6.23m 7.30m				
3 Collette, Sean		Guelph	7.29m	6
6.69m 6.88m 7.07m 7.07m 7.17m 7.29m				
4 Watts, Simon		Dalhousie	7.13m	5
6.82m 6.85m 6.91m 6.91m FOUL 7.13m				
5 MacDonald, Connor		Regina	7.05m	4
6.72m 6.49m 7.03m FOUL 7.05m 6.99m				
6 McPhee, Stephen		Alberta	6.87m	3
6.51m 6.76m 6.87m 6.42m 6.55m FOUL				
7 Patten, Brayon		Windsor	6.80m	2

	FOUL	6.71m	6.80m	6.61m	FOUL	6.71m		
8	Dandie, Anthony				Windsor		6.68m	1
	FOUL	6.59m	FOUL	6.68m	FOUL	6.57m		
9	Eckert, Jeremy				Regina		6.53m	
	6.53m	PASS	PASS					
10	Honig, Kevin				Guelph		6.52m	
	FOUL	6.52m	FOUL					
11	Guénette, Jason				Laval		6.49m	
	FOUL	5.95m	6.49m					
12	Johnston, Trent				Calgary		6.28m	
	FOUL	6.24m	6.28m					

Men Triple Jump

=====								
Sponsor: Mondo								
Record SIC: @ 15.80m 2002 Patrick Banim-Massock, Montréal								
	Name		Year	School			Finals	Points
=====								
1	Harriott, Dwayne			Windsor			14.55m	10
	FOUL	13.71m	14.26m	14.55m	13.41m	14.17m		
2	Walford, David			Regina			14.49m	8
	13.86m	14.49m	13.76m	13.96m	PASS	14.21m		
3	Honig, Kevin			Guelph			14.24m	6
	14.09m	FOUL	14.11m	14.17m	13.80m	14.24m		
4	Shen, Carl			Western			13.97m	5
	13.76m	13.97m	13.89m	13.77m	FOUL	FOUL		
5	Belfast-Kum, Jose			Western			13.91m	4
	13.83m	13.91m	13.73m	13.88m	FOUL	13.58m		
6	Nachilobe, Cossy			Saskatchewan			13.68m	3
	FOUL	13.68m	FOUL	13.04m	13.53m	FOUL		
7	Booth, Riley			Calgary			13.60m	2
	13.59m	13.52m	13.32m	13.05m	13.60m	FOUL		
8	Potter, Brandon			Waterloo			13.52m	1
	13.08m	13.52m	12.97m	12.96m	12.93m	12.63m		
9	Greenaway, Christopher			Ottawa			13.45m	
	13.45m	13.43m	13.40m					
10	Dufresne, Pat			Guelph			13.33m	
	FOUL	13.33m	FOUL					
11	Yetman, Dan			Dalhousie			13.25m	
	13.25m	FOUL	12.96m					
12	Allison Abaunza, Alexand			Laval			12.68m	
	12.27m	12.60m	12.68m					

Men Shot Put 7,26 kg

=====								
Sponsor: Mondo								
Record SIC: @ 18.46m 2004 Chris Meisner, Lethbridge								
	Name		Year	School			Finals	Points
=====								
1	Smith, Andrew			Saskatchewan			18.48m@	10
	15.93m	18.39m	FOUL	18.48m	FOUL	FOUL		
2	Hendry, Tim			Guelph			17.23m	8
	16.89m	16.78m	FOUL	17.23m	16.78m	17.18m		
3	Ysebaert, Andrew			Windsor			16.88m	6
	16.35m	16.67m	FOUL	16.19m	16.88m	16.55m		
4	Welch, Drew			Western			16.83m	5
	FOUL	FOUL	15.19m	16.52m	FOUL	16.83m		
5	Pickering, Chris			Regina			16.50m	4
	15.08m	16.50m	15.99m	16.25m	15.77m	15.99m		
6	Machiskinic, Nolan			Saskatchewan			16.01m	3

	14.61m	15.40m	15.98m	15.18m	15.64m	16.01m		
7	Roubos, Brent			Guelph			15.60m	2
	14.40m	15.02m	15.60m	FOUL	FOUL	FOUL		
8	Khan, Umar			York			15.39m	1
	15.20m	14.65m	14.72m	15.39m	14.58m	14.55m		
9	Bloxam, Cole			Windsor			14.50m	
	FOUL	14.50m	FOUL					
10	Ramey, Garrett			Saint Mary's			14.33m	
	13.78m	14.05m	14.33m					
11	London, Seth			Dalhousie			13.92m	
	13.92m	FOUL	FOUL					
12	Jean, Philippe			Laval			12.84m	
	12.61m	12.84m	11.65m					

Men Weight Throw 35 lbs

=====								
Sponsor: Mondo								
Record SIC: @ 24.08m 2009 Jim Steacy, Lethbridge								
Name	Year	School	Finals	Points				
=====								
1	Hendry, Tim		Guelph	17.98m	10			
	17.89m	17.44m	17.98m	17.87m	FOUL	FOUL		
2	McCrank, Dustin		Guelph	16.95m	8			
	15.96m	FOUL	FOUL	FOUL	16.68m	16.95m		
3	London, Seth		Dalhousie	16.64m	6			
	16.64m	FOUL	FOUL	15.75m	FOUL	16.42m		
4	Brathwaite, Eric		York	16.57m	5			
	16.15m	16.57m	15.37m	16.40m	15.98m	16.23m		
5	Pilar, Alex		Western	15.92m	4			
	FOUL	15.92m	FOUL	FOUL	FOUL	FOUL		
6	Machiskinic, Nolan		Saskatchewan	15.91m	3			
	15.91m	FOUL	15.46m	15.13m	15.40m	FOUL		
7	Archer, Josh		Western	15.68m	2			
	15.37m	FOUL	14.92m	15.48m	15.68m	FOUL		
8	Pilon, Seb		Western	15.07m	1			
	FOUL	14.33m	15.07m	14.79m	14.75m	14.91m		
9	Roubos, Brent		Guelph	15.01m				
	FOUL	14.08m	15.01m					
10	Brajic, Andrej		Calgary	14.42m				
	13.87m	FOUL	14.42m					
11	Khan, Umar		York	14.36m				
	FOUL	FOUL	14.36m					
12	Jean, Philippe		Laval	12.31m				
	FOUL	12.31m	11.39m					

Indoor Pentathlon: #5 Men 1000 Meter Run Indoor Pentathlon

=====				
Name	Year	School	Finals	Points
=====				
1	Nel, Wynand		Alberta	2:41.53 856
2	Buchanan, Arthur		Manitoba	2:42.39 847
3	Barber, Michael		Regina	2:45.40 814
4	McCulloch, Robert		Dalhousie	2:47.57 791
5	Rodin, TJ		Windsor	2:48.20 784
6	Eckert, Jeremy		Regina	2:52.66 738
7	McPhee, Stephen		Alberta	2:54.58 718
8	Allison Abaunza, Alexand		Laval	2:55.07 713
9	Dow, Levi		York	2:56.27 701
10	Guénette, Jason		Laval	2:58.22 682
11	Arbour, Patrick		Ottawa	3:05.26 614

Indoor Pentathlon: #1 Men 60 Meter Hurdles Rouge 42 po. Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Guénette, Jason	Laval	8.50	2	860
2 Thomas, Craig	Calgary	8.75	2	802
3 Allison Abaunza, Alexand	Laval	8.81	2	788
4 Arbour, Patrick	Ottawa	8.85	2	779
5 McPhee, Stephen	Alberta	9.02	2	741
6 Nel, Wynand	Alberta	9.03	1	739
7 Eckert, Jeremy	Regina	9.05	1	735
8 Barber, Michael	Regina	9.25	1	692
9 Buchanan, Arthur	Manitoba	9.31	1	679
10 Dow, Levi	York	9.45	1	650
11 Rodin, TJ	Windsor	9.48	2	644
12 McCulloch, Robert	Dalhousie	9.49	1	642

Indoor Pentathlon: #4 Men High Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Eckert, Jeremy	Regina	2.05m	850
1.96 2.05 2.11			
0 XO XXX			
2 McCulloch, Robert	Dalhousie	2.02m	822
1.81 1.87 1.93 1.96 1.99 2.02 2.05			
0 0 0 XXO XO XXO XXX			
3 Arbour, Patrick	Ottawa	1.90m	714
1.75 1.78 1.81 1.84 1.87 1.90 1.93			
0 0 0 0 XO XXO XXX			
3 Buchanan, Arthur	Manitoba	1.90m	714
1.78 1.81 1.87 1.90 1.93			
0 0 0 0 XXX			
5 McPhee, Stephen	Alberta	1.87m	687
1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90			
0 0 0 0 0 XO XO XXX			
5 Rodin, TJ	Windsor	1.87m	687
1.75 1.78 1.81 1.84 1.87 1.90			
XO XO 0 XXO XO XXX			
7 Dow, Levi	York	1.84m	661
1.78 1.81 1.84 1.87			
0 XO 0 XXX			
8 Allison Abaunza, Alexand	Laval	1.81m	636
1.69 1.75 1.78 1.81 1.84			
XO 0 0 XXO XXX			
9 Thomas, Craig	Calgary	1.75m	585
1.69 1.72 1.75 1.78			
XXO XO 0 XXX			
10 Barber, Michael	Regina	1.72m	560
1.66 1.69 1.72 1.75			
0 0 XO XXX			
10 Nel, Wynand	Alberta	1.72m	560
1.63 1.66 1.69 1.72 1.75			
0 0 XO XO XXX			
12 Guénette, Jason	Laval	1.60m	464
1.60 1.66			
XO XXX			

Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1 McPhee, Stephen		Alberta	7.01m	816
	7.01m	6.84m	6.27m	
2 Eckert, Jeremy		Regina	6.84m	776
	6.84m	6.64m	PASS	
3 Gu�nette, Jason		Laval	6.54m	707
	6.03m	6.54m	FOUL	
4 McCulloch, Robert		Dalhousie	6.41m	677
	6.23m	6.21m	6.41m	
5 Arbour, Patrick		Ottawa	6.34m	661
	6.04m	6.32m	6.34m	
6 Rodin, TJ		Windsor	6.32m	657
	6.32m	6.05m	FOUL	
7 Nel, Wynand		Alberta	6.30m	652
	6.25m	6.30m	FOUL	
8 Dow, Levi		York	6.28m	648
	FOUL	FOUL	6.28m	
9 Allison Abaunza, Alexand		Laval	6.22m	635
	5.97m	6.22m	6.15m	
10 Thomas, Craig		Calgary	6.17m	624
	FOUL	FOUL	6.17m	
11 Barber, Michael		Regina	6.00m	587
	5.80m	5.90m	6.00m	
12 Buchanan, Arthur		Manitoba	5.55m	492
	5.49m	4.64m	5.55m	

Indoor Pentathlon: #3 Men Shot Put 7,26 kg Indoor Pentathlon

Name	Year	School	Finals	Points
1 Arbour, Patrick		Ottawa	14.63m	767
	13.51m	13.79m	14.63m	
2 McPhee, Stephen		Alberta	13.52m	699
	12.68m	13.07m	13.52m	
3 Barber, Michael		Regina	12.93m	663
	12.50m	12.93m	12.36m	
4 Thomas, Craig		Calgary	12.44m	633
	12.18m	12.44m	FOUL	
5 McCulloch, Robert		Dalhousie	11.90m	600
	11.73m	11.90m	11.28m	
6 Rodin, TJ		Windsor	11.18m	557
	FOUL	FOUL	11.18m	
7 Buchanan, Arthur		Manitoba	10.61m	522
	10.36m	FOUL	10.61m	
8 Eckert, Jeremy		Regina	10.56m	519
	9.61m	FOUL	10.56m	
8 Allison Abaunza, Alexand		Laval	10.56m	519
	10.54m	9.98m	10.56m	
10 Nel, Wynand		Alberta	10.38m	508
	10.30m	9.82m	10.38m	
11 Gu�nette, Jason		Laval	8.97m	424
	8.97m	8.90m	8.85m	
12 Dow, Levi		York	8.96m	423
	8.68m	8.96m	FOUL	

Men Indoor Pentathlon

Sponsor: Mondo

Record SIC: @ 4126 2010

Chris Crossley, Saskatchewan

Name	Year	School	Finals	Points
1 McPhee, Stephen		Alberta	3661	10
2 Eckert, Jeremy		Regina	3618	8
3 Arbour, Patrick		Ottawa	3535	6
4 McCulloch, Robert		Dalhousie	3532	5
5 Rodin, TJ		Windsor	3329	4
6 Barber, Michael		Regina	3316	3
7 Nel, Wynand		Alberta	3315	2
8 Allison Abaunza, Alexand		Laval	3291	1
9 Buchanan, Arthur		Manitoba	3254	
10 Gu�nette, Jason		Laval	3137	
11 Dow, Levi		York	3083	