

**SAINTS INDOOR INVITATIONAL**  
**ST. LAWRENCE UNIVERSITY**  
**NEWELL FIELD HOUSE - 1/19/2013**

**Results**

**Event 1 Men 5000 Meter Run**

Newell FH: 14:35.05 ^ 12/13/2008 Seth Dubois

SLU Team: 14:20.3h s 1986 Jukka Tammissuo

Meet Record: 14:44.17 \* 1/14/2006 Ted Turner

Name	Yr	School	Finals
<b>Finals</b>			
1 Ramsey, Daniel		Unattached	X15:04.03
2 Smolensky, Scott	SO	St. Lawrence	15:36.86
3 Bibb, Trevor	SO	St. Lawrence	16:20.26
4 Courneene, Brendan	JR	St. Lawrence	16:48.66
5 Arcuri, Thomas	SO	Mohawk Valley	16:50.46
6 Montesano, Nick	SO	Oswego State	16:53.23
7 Moses, Jack	FR	Hamilton	17:15.48
8 Gilyard, Kyle	JR	Oswego State	17:36.11
9 Oetinger, Nick	JR	Oswego State	18:17.64

**Event 2 Women 5000 Meter Run**

Newell FH: 16:47.36 ^ 3/1/2003 Melissa White

SLU Team: 16:51.78 s 3/11/2011 Wendy Pavlus

Meet Record: 17:09.10 \* 1/22/2011 Jodie Schoppmann

Name	Yr	School	Finals
<b>Finals</b>			
1 Cackett, Rachel	SR	Hamilton	19:25.60
2 Kloeckner, Hannah	JR	Hamilton	19:41.90
3 Sakowski, Christina	JR	Oswego State	20:25.57
4 Crocetti, Noelle	FR	Oswego State	21:36.46
5 Englert, Brittany	FR	Mohawk Valley	21:57.60

**Event 3 Women 60 Meter Hurdles**

Newell FH: 8.85 ^ 12/4/2010 Ashlea Maddex

SLU Team: 9.40 s 2/1/2003 Alissa Bibb

Meet Record: 9.27 \* 1/21/2012 Michele Krech

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Biswal, Devyani	-1	U of Ottawa	^ 8.78q
2 Krech, Michele	-1	Ottawa Lions	X9.28q
3 Shepard-Schleski, Karla	-1	Ottawa Lions	X9.39q
4 Phillips, Clara	-1	Ottawa Lions	X9.67q
5 Pageau, Kristie	SR	Plattsburgh	9.78q
6 Scarf, Allison	FR	St. Lawrence	10.32q
7 Hameline, Cassia	SO	St. Lawrence	10.52q
8 Disotelle, Kylee	FR	St. Lawrence	10.56q
9 Ryan, Lauren	FR	Oswego State	10.75
10 Schwind, Audrey	FR	Utica	11.11
11 Sealy, Patricia	-1	U of Ottawa	11.51
12 Appel, Amelia	SR	Hamilton	12.02
13 Fredericks, Janelle	FR	St. Lawrence	13.06

**Event 4 Men 60 Meter Hurdles**

Newell FH: 8.11 ^ 1/21/2012 Sekou Kaba

SLU Team: 8.51 s 1/12/2013 Jacob Fredericks

Meet Record: 8.11 \* 1/21/2012 Sekou Kaba

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Makinde, Oluwasegun	-1	U of Ottawa	8.26q
2 Fredericks, Jacob	JR	St. Lawrence	8.55q
3 Hoover, Andrew	SO	Utica	8.75q
4 Ruffing, Shane	SO	Utica	8.79q
5 Volino, Frank	FR	Utica	9.08q
6 Crawford, Nicholas	FR	St. Lawrence	9.23q
7 Choi, Alex	JR	Plattsburgh	9.47q
8 Quevillon, Zachary	-1	Ottawa Lions	X9.80q
9 Yesalonis, Eric	JR	Utica	10.17
10 London, Jake	JR	Hamilton	10.21
11 Cameron, Brian	SO	Hamilton	10.76

**Event 5 Men 60 Meter Dash**

Newell FH: 6.82 ^ 1/21/2012 Mousssa Sissoko

SLU Team: 7.03 s 2/21/2009 Jarell Roberts

Meet Record: 6.82 \* 1/21/2012 Moussa Sissoko

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Makinde, Oluwasegun	-1	U of Ottawa	6.97q
2 Robertson, Michael	-1	U of Ottawa	7.05q
3 Kabia, Omaru	JR	St. Lawrence	7.19q
4 Owusu, Sylvester	SR	Utica	7.19q
5 Menninger, Nathaniel	FR	Hamilton	7.24q
6 Cordeau, Felix-Olivier		Royal Military	7.26q
7 Isaac, Mbuotidem	SO	Hamilton	7.26q
8 Borsellino, Cree	-1	U of Ottawa	7.27q
8 Jenson, Joseph	SO	Hamilton	7.27q
10 Miron-Morin, Maxime		Royal Military	7.33q
11 Pirie, Tyler	-1	Ottawa Lions	X7.33q
12 Rudolphe, Brandon	SO	Utica	7.33q
13 Garren, Josh	JR	Plattsburgh	7.35q
14 Fisher, Andy	SR	St. Lawrence	7.40q
15 Quevillon, Zachary	-1	Ottawa Lions	X7.42q
16 Lillie, Shawn	SO	St. Lawrence	7.43q
17 Hunter, Kristoff	-1	U of Ottawa	7.51
18 Elbarhmi, Youssef	-1	U of Ottawa	7.58
19 Perrior, Riley		Royal Military	7.60
20 Comden, Brandon	FR	Oswego State	7.62
21 Lalonde, Justin	-1	Ottawa Lions	X7.62
22 Murray, Tyler	-1	U of Ottawa	7.63
23 Adams, Eric	FR	Plattsburgh	7.64
24 Thiel, Alex	JR	Cirrus	X7.67
25 Kabia, Alimamy	FR	St. Lawrence	7.70
26 Rolle, Devonte	FR	Oswego State	7.70
27 Cecereu, Nelson	-1	U of Ottawa	7.70
28 Zaft, Jacob	JR	Oswego State	7.76
29 Lawrence, Raheem	FR	Utica	7.77
30 Messina, Angelo	FR	Oswego State	7.79

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**Preliminaries ... (Event 5 Men 60 Meter Dash)**

Name	Yr	School	Prelims
31 Leger, Gabriel	JR	Cirrus	X7.84
32 Erstling, Micah	SO	Hamilton	7.84
33 Newman, Max	FR	Hamilton	7.85
34 Johnson, Matthew	-1	U of Ottawa	7.86
35 Rakotoarivelo, Lova	SR	Cirrus	X7.90
36 Kang, Julien		U of Ottawa	8.09
37 Wiedeman, Spencer		Royal Military	8.16

**Event 6 Women 60 Meter Dash**

**Newell FH:** 7.49 ^ 1/21/2012 **Delphine Atangana**

**SLU Team:** 8.00 s 2/24/2003 **Kara Simpson**

**Meet Record:** 7.49 \* 1/21/2012 **Delphine Atangana**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 McIntyre, Victoria	-1	Ottawa Lions	X7.81q
2 Biswal, Devyani	-1	U of Ottawa	8.01q
3 Fernando, Shelani		Ottawa Lions	X8.11q
4 Jean, Kathleen	-1	U of Ottawa	8.17q
5 Verreault, Emily	-1	Ottawa Lions	X8.24q
6 Kinsey, Hannah	JR	St. Lawrence	8.25q
7 DeLude, Lauren	SO	Utica	8.28q
8 Laframboise, Alyssa	JR	Cirrus	X8.41q
9 Pier, Jaleigh	FR	St. Lawrence	8.42q
10 Asanya, Chinelo	FR	St. Lawrence	8.46q
11 Biswal, Divya	SO	St. Lawrence	8.54q
12 Isom, Anea	JR	Utica	8.54q
13 Ajayi, Deborah	FR	Oswego State	8.55q
14 Lucien, Nafthalia	-1	Ottawa Lions	X8.57q
15 Johnson, Nicole	JR	Utica	8.63q
16 Sealy, Patricia	-1	U of Ottawa	8.73q
17 McKechnie, Hailey	-1	Ottawa Lions	X8.78
18 Sipprell, Krista	-1	U of Ottawa	8.82
19 Grolley, Roxanne	FR	Plattsburgh	8.83
20 Brundige, Carly	JR	Oswego State	8.84
21 Armstrong, Jordan	JR	Utica	8.91
22 Carlino, Lauren	FR	Plattsburgh	9.00
23 Carter, Kheiyasa	SO	Oswego State	9.02
24 Disotelle, Kylee	FR	St. Lawrence	9.13
25 Lang, Georgina	SO	Hamilton	9.24
26 Kokron, Felicite	-1	U of Ottawa	9.37
27 Fiedler, Alyssa	-1	U of Ottawa	9.69
28 Hills, Tasheonia	FR	Utica	10.18

**Event 7 Men 1 Mile Run**

**Newell FH:** 4:10.54 ^ 3/1/2008 **Peter Kosgei**

**SLU Team:** 4:12.02 s 3/8/2008 **Erik Donohoe**

**Meet Record:** 4:16.99 \* 1/23/2010 **Dan Ramsey**

Name	Yr	School	Finals
<b>Finals</b>			
1 Patterson, Spencer	FR	St. Lawrence	4:28.23
2 Richardson, Adam	-1	Ottawa Lions	X4:29.56
3 Eng, Jonathan	JR	St. Lawrence	4:32.35
4 Sweet, Ben	SR	Oswego State	4:35.78

5 Kirui, Wesley	FR	St. Lawrence	4:36.87
6 Nelson, Zachary	JR	St. Lawrence	4:39.30
7 Padgett, Hunter	SR	Utica	4:39.52
8 Harrigan, Shane		Ottawa Lions	X4:40.31
9 McNamara, Jamie	SO	Utica	4:42.84
10 Cairns, Kyle	FR	Utica	4:42.86
11 Bryan, James	FR	Hamilton	4:45.46
12 Byamungu, Muzungu	JR	Cirrus	X4:46.09
13 Payne, Morgan	JR	Utica	4:46.87
14 Zlatniski, Corey	FR	Utica	4:48.46
15 Hitchcox, Scott	-1	U of Ottawa	4:48.91
16 Stevens, Eric	JR	Utica	4:49.07
17 Eng, Joshua	FR	St. Lawrence	4:51.61
18 Rose, Zach	FR	Plattsburgh	4:51.90
19 Flach, Jason	FR	Plattsburgh	4:52.01
20 Meritt, Alex	FR	Oswego State	4:53.10
21 Shannon, Colin		Royal Military	4:53.73
22 Kane, Thorin	JR	Oswego State	4:55.08
23 Hayes, Tyler	SR	Utica	4:56.26
24 Abelson, Evan	FR	Hamilton	4:59.77
25 Lewis, David	SR	Utica	5:02.71
26 Lafreniere-Abel, Olivier		Royal Military	5:08.78
27 Johnson, Jeremiah	FR	Utica	6:01.71

**Event 8 Women 1 Mile Run**

**Newell FH:** 5:02.57 ^ 2/24/2007 **Meagan Nolan**

**SLU Team:** 5:05.39 s 3/5/2010 **Wendy Pavlus**

**Meet Record:** 5:04.34 \* 1/27/2007 **Amy Farrell**

Name	Yr	School	Finals
<b>Finals</b>			
1 Schermerhorn, Amanda	SR	Plattsburgh	5:15.48
2 Kanz, Isabelle	-1	U of Ottawa	5:25.38
3 Britton, Julia	-1	U of Ottawa	5:31.00
4 Houde Pearce, Erika	-1	U of Ottawa	5:31.27
5 Balloni, Jaimee	JR	Utica	5:32.48
6 Laris, Katie	FR	Oswego State	5:35.06
7 O'Reilly, Elizabeth	-1	U of Ottawa	5:35.75
8 Ehmman, Katie	SO	Plattsburgh	5:42.09
9 Smith, Lainie	FR	Hamilton	5:42.14
10 Boncore, Jasmine	JR	Plattsburgh	5:42.62
11 Villeneuve, Ashton	FR	Utica	5:43.63
12 Scheibel, Barb	SO	Oswego State	5:44.75
13 Prendergast, Samantha	JR	Utica	5:47.97
14 Popovitch, Sarah	FR	Oswego State	5:48.09
15 Bowler, Julie	SO	Utica	5:51.98
16 DePalma, Sarah	FR	Utica	6:00.71
17 Sheehan, Meaghan	SR	Plattsburgh	6:01.23
18 Szewczyk, Andrea	FR	Mohawk Valley	6:05.40
19 Ozols, Erika	SR	Plattsburgh	6:09.33
20 Slattery, Samantha	JR	Utica	6:21.54
21 Holmer, Alexis	FR	Utica	6:25.41
22 Bernardin, Savannah	SO	Utica	6:26.20
23 Feggulis, Vasiliki (Vikki)	SR	Utica	6:35.38
24 Randall, Joanna	SR	Utica	6:48.28
25 Palazzo, Nicole	FR	Oswego State	6:51.75

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**Event 9 Men 60 Meter Hurdles**

**Newell FH:** 8.11 ^ 1/21/2012 Sekou Kaba  
**SLU Team:** 8.51 s 1/12/2013 Jacob Fredericks  
**Meet Record:** 8.11 \* 1/21/2012 Sekou Kaba

Name	Yr	School	Finals
<b>Finals</b>			
1 Makinde, Oluwasegun	-1	U of Ottawa	8.15
2 Fredericks, Jacob	JR	St. Lawrence	8.42s
3 Ruffing, Shane	SO	Utica	8.69
4 Hoover, Andrew	SO	Utica	8.76
5 Volino, Frank	FR	Utica	9.10
6 Crawford, Nicholas	FR	St. Lawrence	9.34
7 Quevillon, Zachary	-1	Ottawa Lions	X9.47

**Event 10 Women 60 Meter Hurdles**

**Newell FH:** 8.85 ^ 12/4/2010 Ashlea Maddex  
**SLU Team:** 9.40 s 2/1/2003 Alissa Bibb  
**Meet Record:** 9.27 \* 1/21/2012 Michele Krech

Name	Yr	School	Finals
<b>Finals</b>			
1 Biswal, Devyani	-1	U of Ottawa	8.77^
2 Krech, Michele	-1	Ottawa Lions	X9.34
3 Shepard-Schleski, Karla	-1	Ottawa Lions	X9.36
4 Phillips, Clara	-1	Ottawa Lions	X9.42
5 Pageau, Kristie	SR	Plattsburgh	10.00
6 Scarf, Allison	FR	St. Lawrence	10.39
7 Disotelle, Kylee	FR	St. Lawrence	10.47
8 Hameline, Cassia	SO	St. Lawrence	10.75

**Event 11 Men 400 Meter Dash**

**Newell FH:** 48.62 ^ 2/28/2004 Eric Theiss  
**SLU Team:** 48.32 s 1987 Tim McCrossen  
**Meet Record:** 49.69 \* 1/22/2011 Devin Biocchi

Name	Yr	School	Finals
<b>Finals</b>			
1 Makinde, Tolu	-1	U of Ottawa	51.06
2 Potash, Luke	FR	Plattsburgh	51.57
3 Wagenhauser, Matthew	SO	Oswego State	51.81
4 Trapeau, Lucas	-1	Ottawa Lions	X52.31
5 Greenberg, Evan	FR	Plattsburgh	52.39
6 Maniscalco, Vincent	FR	St. Lawrence	52.42
7 Friis, Joseph	-1	U of Ottawa	52.70
8 Lesperance, Christian	FR	Utica	52.86
9 Bedard, Matthew	-1	Ottawa Lions	X52.88
10 Williams, Lawrence		Ottawa Lions	X53.58
11 Rudolphe, Brandon	SO	Utica	53.96
12 Baldwin, Andy	JR	Oswego State	54.09
13 Somes, Nathaniel	FR	Hamilton	55.23
14 Gibson, Trevor	JR	Utica	55.51
15 Hill, Bradley	-1	U of Ottawa	56.18
16 Payton, Christopher	SO	St. Lawrence	57.42
17 Moe, Ben	SO	Utica	57.45
18 Lara, Xander	FR	Oswego State	59.03
19 Washington, Terrances	FR	Utica	59.45

**Event 12 Women 400 Meter Dash**

**Newell FH:** 56.95 ^ 1/22/2005 Bailey Lewis  
**SLU Team:** 58.31 s 3/7/1998 Bridget Reichhart  
**Meet Record:** 57.31 \* 1/29/2005 Bailey Lewis

Name	Yr	School	Finals
<b>Finals</b>			
1 Gardner, Charlotte	-1	U of Ottawa	59.37
2 Stenman-Fahey, Erinn	-1	Ottawa Lions	X59.82
3 Marini, Jessica	JR	St. Lawrence	60.49
4 Cummings, Rosi	SR	Plattsburgh	61.18
5 Telford, Alexandra	-1	Ottawa Lions	X61.59
6 Jones, Reilly	-1	Ottawa Lions	X61.95
7 Lamothe, Alexia	-1	Ottawa Lions	X62.07
8 Bowden, Anastasia	JR	Utica	62.65
9 Gillies, Chelsea	-1	U of Ottawa	63.29
10 Desgagné, Corinne	SR	Cirrus	X63.92
11 Hogue, Sayyidah	FR	Utica	64.27
12 Carroll, Kaela	-1	U of Ottawa	64.89
13 Comeau, Elizabeth	-1	Ottawa Lions	X65.44
14 Caron, Jenna	-1	U of Ottawa	65.54
15 Hameline, Cassia	SO	St. Lawrence	65.64
16 David, Kathryn		Renfrew TC	X66.11
17 Hall, Molly	JR	Utica	66.49
18 Rodriguez, Katherine	SO	Oswego State	66.91
19 Yee, Samantha	SO	St. Lawrence	66.92
20 Allain, Isabelle		Royal Military	67.53
21 Alvarado, Savannah	SO	Hamilton	67.57
22 Romo Martinez, Estefania	-1	U of Ottawa	69.65
23 Mustapich, Bryanna	JR	Plattsburgh	70.77

**Event 13 Men 500 Meter Dash**

**Newell FH:** 64.76 ^ 3/1/2003 Jim Ravener  
**SLU Team:** 65.0h s 1985 Kirk Dixon  
**Meet Record:** 65.92 \* 1/14/2006 Paul Chauvin

Name	Yr	School	Finals
<b>Finals</b>			
1 Biocchi, Devin	-1	U of Ottawa	64.46^
2 Frymire, Leif	JR	St. Lawrence	68.92
3 Hoover, Andrew	SO	Utica	69.44
4 Brennan, Ryan	JR	Oswego State	70.60
5 Mandelbaum, Andrew	FR	Hamilton	70.74
6 Kilekwang, Leonard	FR	Hamilton	70.94
7 Buscaglia, Kyle	SR	Oswego State	71.44
8 Lalonde, Justin	-1	Ottawa Lions	X71.68
9 Hamilton, John	SO	Plattsburgh	71.76
10 Martell, Joshua	SO	St. Lawrence	74.40
11 Adickes, Richard	SR	Plattsburgh	74.77
12 Sheffer, Matthew	SO	Oswego State	77.53
13 Ireland, James	SO	Mohawk Valley	79.01

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**Event 14 Women 500 Meter Dash**

**Newell FH:** 74.74 ^ 1/15/2005 Bailey Lewis

**SLU Team:** 78.30 s 2/2/2002 Angela Nortz

**Meet Record:** 74.74 \* 1/15/2005 Bailey Lewis

Name	Yr	School	Finals
<b>Finals</b>			
1 Stine, Carly	SO	St. Lawrence	1:20.10
2 Gaudet, Cierra	-1	U of Ottawa	1:21.34
3 Mahlig, Alexia	JR	Cirrus	X1:24.79
4 McGarry, Jessye	FR	Hamilton	1:25.69
5 Siry, Kelly	FR	Plattsburgh	1:27.42
6 Rescott, Marissa	JR	St. Lawrence	1:31.16
7 Schwind, Audrey	FR	Utica	1:32.92
8 Perri, Amanda	FR	Mohawk Valley	1:33.51
9 Ratelle, Constance-Aurelie		Royal Military	1:36.45

**Event 15 Men 60 Meter Dash**

**Newell FH:** 6.82 ^ 1/21/2012 Moussa Sissoko

**SLU Team:** 7.03 s 2/21/2009 Jarell Roberts

**Meet Record:** 6.82 \* 1/21/2012 Moussa Sissoko

Name	Yr	School	Finals
<b>Finals</b>			
1 Makinde, Oluwasegun	-1	U of Ottawa	6.90
2 Robertson, Michael	-1	U of Ottawa	7.03
3 Owusu, Sylvester	SR	Utica	7.06
4 Isaac, Mbuotidem	SO	Hamilton	7.16
5 Kabia, Omaru	JR	St. Lawrence	7.19
6 Cordeau, Felix-Olivier		Royal Military	7.22
7 Garren, Josh	JR	Plattsburgh	7.25
8 Menninger, Nathaniel	FR	Hamilton	7.27
9 Borsellino, Cree	-1	U of Ottawa	7.27
10 Jenson, Joseph	SO	Hamilton	7.28
11 Pirie, Tyler	-1	Ottawa Lions	X7.32
12 Miron-Morin, Maxime		Royal Military	7.33
13 Fisher, Andy	SR	St. Lawrence	7.37
14 Rudolphe, Brandon	SO	Utica	7.42
15 Lillie, Shawn	SO	St. Lawrence	7.47
16 Quevillon, Zachary	-1	Ottawa Lions	X7.52

**Event 16 Women 60 Meter Dash**

**Newell FH:** 7.49 ^ 1/21/2012 Delphine Atangana

**SLU Team:** 8.00 s 2/24/2003 Kara Simpson

**Meet Record:** 7.49 \* 1/21/2012 Delphine Atangana

Name	Yr	School	Finals
<b>Finals</b>			
1 McIntyre, Victoria	-1	Ottawa Lions	X7.77
2 Fernando, Shelani		Ottawa Lions	X8.03
3 Jean, Kathleen	-1	U of Ottawa	8.16
4 Verreault, Emily	-1	Ottawa Lions	X8.20
5 DeLude, Lauren	SO	Utica	8.23
6 Kinsey, Hannah	JR	St. Lawrence	8.26
7 Asanya, Chinelo	FR	St. Lawrence	8.37
8 Laframboise, Alyssa	JR	Cirrus	X8.39
9 Pier, Jaleigh	FR	St. Lawrence	8.41

10 Isom, Anea	JR	Utica	8.48
11 Ajayi, Deborah	FR	Oswego State	8.51
12 Lucien, Nafthalia	-1	Ottawa Lions	X8.58
13 Johnson, Nicole	JR	Utica	8.84

**Event 17 Men 800 Meter Run**

**Newell FH:** 1:53.21 ^ 3/1/2008 Justin Wager

**SLU Team:** 1:53.20 s 3/1/2002 Kris Enwright

**Meet Record:** 1:54.80 \* 1/31/2004 Jon Kent

Name	Yr	School	Finals
<b>Finals</b>			
1 Binns, Remy	-1	U of Ottawa	1:59.31
2 Eng, Jonathan	JR	St. Lawrence	2:03.14
3 Patterson, Spencer	FR	St. Lawrence	2:03.42
4 Richardson, Adam	-1	Ottawa Lions	X2:05.08
5 Hahnl, Corey	JR	St. Lawrence	2:05.47
6 Kent, Trevor	JR	Plattsburgh	2:05.67
7 Pinsonneault, Julien	-1	U of Ottawa	2:05.99
8 Whalen, Christian	FR	Plattsburgh	2:09.33
9 Lyons, Sean	FR	Oswego State	2:09.90
10 Bonvouloir, Olivier		Royal Military	2:10.69
11 Hedderman, Dylan	JR	Plattsburgh	2:10.86
12 Austin, Praise	JR	Utica	2:11.54
13 Zlatniski, Corey	FR	Utica	2:12.22
14 Herholtz, Michael	FR	Oswego State	2:12.54
15 Padgett, Hunter	SR	Utica	2:12.97
16 Corbine, Matt	SO	Plattsburgh	2:15.24
17 Moe, Ben	SO	Utica	2:18.71
18 Washington, Terrances	FR	Utica	2:27.17
19 Yung, Matthew	FR	Hamilton	2:29.35
20 Newman, Justin	SO	Mohawk Valley	2:41.65

**Event 18 Women 800 Meter Run**

**Newell FH:** 2:15.15 ^ 3/1/2003 Lynn Janovich

**SLU Team:** 2:18.32 s 3/2/1996 Deb Danehy

**Meet Record:** 2:15.50 \* 1/29/2005 Katie Engel

Name	Yr	School	Finals
<b>Finals</b>			
1 Stenman-Fahey, Erinn	-1	Ottawa Lions	X2:22.81
2 Moore, Clara	-1	U of Ottawa	2:25.81
3 Murawsky, Jennifer	-1	U of Ottawa	2:28.86
4 Moran, Keirstyn	-1	U of Ottawa	2:29.84
5 Balloni, Jaimee	JR	Utica	2:31.38
6 Pageau, Kristie	SR	Plattsburgh	2:31.45
7 Cziranka-Cooks, Danika	-1	U of Ottawa	2:32.60
8 Averill, Christen	FR	Plattsburgh	2:34.91
9 Oglevee, Catherine	SO	Hamilton	2:35.32
10 Bielli, Sammy	JR	Oswego State	2:36.04
11 Villeneuve, Ashton	FR	Utica	2:38.73
12 Bennett, Samantha	FR	Utica	2:39.49
13 Sadqi, Lina		U of Ottawa	2:39.71
14 Grigg, Teresa	FR	St. Lawrence	2:50.66
15 Hunsinger, Claire	SR	Hamilton	2:53.65
16 McNally, Kelsey	FR	Plattsburgh	2:54.35
17 Tsutsui, Kristen	FR	Hamilton	2:57.90

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**Finals ... (Event 18 Women 800 Meter Run)**

Name	Yr	School	Finals
18 Scarf, Allison	FR	St. Lawrence	3:00.65
19 Hudson, Emily	SO	Utica	3:06.82

**Event 19 Men 1000 Meter Run**

**Newell FH:** 2:27.82 ^ 3/1/2008 Peter Kosgei

**SLU Team:** 2:28.04 s 1984 Dave Elster

**Meet Record:** 2:31.67 \* 1/28/2006 Nick Stenuf

Name	Yr	School	Finals
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**Finals**

1 Bankert, Adam	FR	St. Lawrence	2:41.86
2 Kirui, Wesley	FR	St. Lawrence	2:44.52
3 Polson, Matt	-1	U of Ottawa	2:45.36
4 Harrigan, Shane		Ottawa Lions	X2:46.23
5 Vadala, Jordan		Royal Military	2:46.57
6 Reid, Trevor		Royal Military	2:48.93
7 Elliott-Knaggs, Landen	JR	St. Lawrence	2:50.53
8 Reinsdorf, Nicholas	SO	Oswego State	2:50.93
9 Stevens, Eric	JR	Utica	2:51.33
10 DenBleyker, Steven	FR	Oswego State	2:51.82
11 Rozelle, Brooks	FR	Hamilton	2:52.06
12 Clayton, Robert	SO	Hamilton	2:53.89
13 Cairns, Kyle	FR	Utica	2:54.37
14 Tsang, Adrian	-1	U of Ottawa	2:54.40
15 Payne, Morgan	JR	Utica	2:56.78
16 Sullivan, Harrison	FR	Hamilton	2:57.12
17 Walsh, Matthew		Royal Military	2:58.54
18 Hayes, Tyler	SR	Utica	2:58.59
19 Nevius, Jacob	JR	Hamilton	3:01.38
20 Lafreniere-Abel, Olivier		Royal Military	3:02.19
21 Trudel, Eric	-1	U of Ottawa	3:02.51
22 Kourakis, Adam	-1	U of Ottawa	3:03.28
23 Lewis, David	SR	Utica	3:05.35
24 Johnson, Jeremiah	FR	Utica	3:36.34

**Event 20 Women 1000 Meter Run**

**Newell FH:** 2:52.34 ^ 1/24/2004 Jennifer Patruno

**SLU Team:** 2:58.47 s 2/19/2011 Wendy Pavlus

**Meet Record:** 3:01.24 \* 1/14/2006 Nicole Christoforo

Name	Yr	School	Finals
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**Finals**

1 Bott, Katie	JR	Oswego State	3:13.03
2 Choinski, Krystina	SO	Hamilton	3:16.25
3 Banzer, Emily	SO	Hamilton	3:22.18
4 Trepanier, Veronique		Royal Military	3:27.94
5 Reilly, Kerry	JR	Hamilton	3:29.18
6 Hannahan, Amy	FR	Oswego State	3:31.41
7 Bowler, Julie	SO	Utica	3:33.26
8 Rifendifer, Sara	SO	Mohawk Valley	3:36.77
9 Huyck, Chelsea	FR	Mohawk Valley	3:36.83
10 Findlater, Paula		Royal Military	3:43.14
11 Holmer, Alexis	FR	Utica	3:49.77
12 Bernardin, Savannah	SO	Utica	3:54.24
13 Feggulis, Vasiliki (Vikki)	SR	Utica	3:59.68

14 Slattery, Samantha JR Utica 4:09.23

**Event 21 Men 200 Meter Dash**

**Newell FH:** 21.96 ^ 3/5/2005 Sherron Bullock

**SLU Team:** 22.44 s 2/28/2004 Seyamack Afzali

**Meet Record:** 22.20 \* 1/23/2010 Oluwasegun Makinde

Name	Yr	School	Finals
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**Finals**

1 Cordeau, Felix-Olivier		Royal Military	23.10
2 Miron-Morin, Maxime		Royal Military	23.36
3 Jenson, Joseph	SO	Hamilton	23.51
4 Kabia, Omaru	JR	St. Lawrence	23.63
5 Fisher, Andy	SR	St. Lawrence	23.66
5 Garren, Josh	JR	Plattsburgh	23.66
7 Crawford, Nicholas	FR	St. Lawrence	23.76
8 Pirie, Tyler	-1	Ottawa Lions	X23.90
9 Bedard, Matthew	-1	Ottawa Lions	X24.02
10 Drollette, Brian	SR	Plattsburgh	24.05
11 Friis, Joseph	-1	U of Ottawa	24.07
12 Lesperance, Christian	FR	Utica	24.18
13 Williams, Lawrence		Ottawa Lions	X24.22
13 Reider, Sampson	SO	Hamilton	24.22
15 Fredericks, Jacob	JR	St. Lawrence	24.29
16 Borsellino, Cree	-1	U of Ottawa	24.38
17 Frymire, Leif	JR	St. Lawrence	24.48
18 Adams, Eric	FR	Plattsburgh	24.57
19 Kabia, Alimamy	FR	St. Lawrence	24.61
20 Volino, Frank	FR	Utica	24.80
21 Elbarhmi, Youssef	-1	U of Ottawa	25.13
22 Johnson, Matthew	-1	U of Ottawa	25.17
23 Comden, Brandon	FR	Oswego State	25.23
24 Hill, Bradley	-1	U of Ottawa	25.26
25 Zaft, Jacob	JR	Oswego State	25.32
26 Lawrence, Raheem	FR	Utica	25.34
27 Scott, Mike	SR	St. Lawrence	25.35
28 Hyde, Shaun	JR	Oswego State	25.44
29 Leger, Gabriel	JR	Cirrus	X25.48
30 Rolle, Devonte	FR	Oswego State	25.56
31 Thiel, Alex	JR	Cirrus	X25.62
32 Rakotoarivelo, Lova	SR	Cirrus	X25.78
33 Messina, Angelo	FR	Oswego State	25.96
34 Wiedeman, Spencer		Royal Military	26.14
35 Kang, Julien		U of Ottawa	26.68
36 Ireland, James	SO	Mohawk Valley	28.16

**Event 22 Women 200 Meter Dash**

**Newell FH:** 24.83 ^ 1/17/2004 Michelle Burgher

**SLU Team:** 26.41 s 2/16/2002 Kara Simpson

**Meet Record:** 25.50 \* 1/29/2005 Esther Akinsulie

Name	Yr	School	Finals
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**Finals**

1 McIntyre, Victoria	-1	Ottawa Lions	X25.06*
2 Phillips, Clara	-1	Ottawa Lions	X26.42
3 Gardner, Charlotte	-1	U of Ottawa	26.68
4 Fernando, Shelani		Ottawa Lions	X26.92

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**Finals ... (Event 22 Women 200 Meter Dash)**

Name	Yr	School	Finals
5 Kinsey, Hannah	JR	St. Lawrence	27.16
6 Telford, Alexandra	-1	Ottawa Lions	X27.27
7 Jones, Reilly	-1	Ottawa Lions	X27.67
8 Laframboise, Alyssa	JR	Cirrus	X27.76
9 Lamothe, Alexia	-1	Ottawa Lions	X27.86
10 Jean, Kathleen	-1	U of Ottawa	27.91
11 Wiatr, Sarah	FR	Utica	27.98
12 Verreault, Emily	-1	Ottawa Lions	X28.18
13 Gillies, Chelsea	-1	U of Ottawa	28.29
14 Pier, Jaleigh	FR	St. Lawrence	28.30
15 Desgagné, Corinne	SR	Cirrus	X28.40
16 Pariseau, Marissa	SO	Oswego State	28.48
17 Pond, Anna	SO	St. Lawrence	28.53
18 Asanya, Chinelo	FR	St. Lawrence	28.60
19 Gaudet, Cierra	-1	U of Ottawa	28.61
20 Sealy, Patricia	-1	U of Ottawa	28.68
21 Lucien, Nafthalia	-1	Ottawa Lions	X28.68
22 McKechnie, Hailey	-1	Ottawa Lions	X28.84
23 Caron, Jenna	-1	U of Ottawa	28.90
24 David, Kathryn		Renfrew TC	X28.94
25 Isom, Anea	JR	Utica	29.06
26 Rodriguez, Katherine	SO	Oswego State	29.07
27 Mahlig, Alexia	JR	Cirrus	X29.14
28 Comeau, Elizabeth	-1	Ottawa Lions	X29.21
29 Smith, Hannah-Kelsey	-1	Ottawa Lions	X29.46
30 Johnson, Nicole	JR	Utica	29.47
31 Carroll, Kaela	-1	U of Ottawa	29.52
32 Carter, Kheiyasa	SO	Oswego State	29.61
33 Romo Martinez, Estefania	-1	U of Ottawa	30.06
34 Wall, Kathryn	FR	Hamilton	30.40
35 Allain, Isabelle		Royal Military	30.52
36 Ryan, Lauren	FR	Oswego State	30.74
37 Appel, Amelia	SR	Hamilton	30.76
38 O'Grady, Clare	JR	Hamilton	30.85
39 Mogaji, Kemi	SO	Oswego State	32.17
40 Fleming, Lauren	JR	Oswego State	33.83
41 Ratelle, Constance-Aurelie		Royal Military	33.95
42 Hills, Tasheonia	FR	Utica	36.66

**Event 23 Men 3000 Meter Run**

**Newell FH: 8:29.49 ^ 3/1/2008 Seth Dubois**

**SLU Team: 8:14.6h s 1984 Jukka Tammissuo**

**Meet Record: 8:30.44 \* 1/17/2003 Mike Woods**

Name	Yr	School	Finals
<b>Finals</b>			
1 Millar, Ryan	SR	Plattsburgh	8:54.09
2 Schram, Mike	SR	Plattsburgh	8:59.01
3 Martin, Chris	SR	Plattsburgh	9:10.20
4 Byamungu, Muzungu	JR	Cirrus	X9:20.23
5 Gendreau-Filion, David	JR	Cirrus	X9:27.02
6 MacDonald, Daniel	-1	U of Ottawa	9:27.49
7 Freeman, David	FR	Hamilton	9:30.13
8 Arcuri, Thomas	SO	Mohawk Valley	9:33.39

9 Archie, Damian	JR	Oswego State	9:33.67
10 Pfander, Charles	FR	Hamilton	9:39.76
11 Agnew, Sam		Renfrew TC	X9:40.17
12 Shannon, Colin		Royal Military	9:46.52
13 Fillion, Jean-Francois	SR	Cirrus	X10:13.58
14 Bennet, Connor		Renfrew TC	X10:28.90

**Event 24 Women 3000 Meter Run**

**Newell FH: 9:55.82 ^ 3/1/2003 Melissa White**

**SLU Team: 10:09.11 s 2/21/2009 Wendy Pavlus**

**Meet Record: 10:03.07 \* 1/29/2005 Sarah Dillabaugh**

Name	Yr	School	Finals
<b>Finals</b>			
1 Martin, Ella	FR	St. Lawrence	10:06.25s
2 Raue, Caroline	SR	St. Lawrence	10:27.08
3 Edwards, Elizabeth	SR	St. Lawrence	10:27.15
4 Beccia, Ariel	JR	St. Lawrence	10:31.86
5 Coon, Colleen	SR	Plattsburgh	10:32.18
6 Templeton, Lauren	FR	Plattsburgh	11:29.11
7 Lyons, Hannah	JR	Hamilton	11:37.70
8 Riley, Katie	JR	Oswego State	13:03.89
9 Lamie, Brittany	SO	Oswego State	13:05.35

**Event 25 Men Distance Medley**

**Newell FH: 10:05.30 ^ 2/28/2003**

**B Cocca, J Ravener, B Mallette, G Wagner**

**SLU Team: 9:57.87 s 3/4/2011 3:01.4 50.1 1:54.1 4:12.1**

**S Kiplagat, C Funch, A Goodwin, J LeBlanc**

**Meet Record: 10:19.43 \* 1/28/2006 Plattsburgh**

**J Cloke, T Santaniello, S Guthrie, M Deshane**

Team	Relay	Finals	
<b>Finals</b>			
1 Oswego State	A	10:47.88	
1) Lyons, Sean	FR	2) Kane, Thorin	JR
3) Sweet, Ben	SR	4) Carroll, Noah	SO
2 St. Lawrence	A	11:12.55	
1) Hahnl, Corey	JR	2) Martell, Joshua	SO
3) Bankert, Adam	FR	4) Nelson, Zachary	JR
3 U. of Ottawa	A	11:18.92	
1) Binns, Remy	-1	2) Friis, Joseph	-1
3) Hitchcox, Scott	-1	4) Polson, Matt	-1
4 U. of Ottawa	B	x11:56.59	
1) Pinsonneault, Julien	-1	2) Hill, Bradley	-1
3) Kourakis, Adam	-1	4) Tsang, Adrian	-1

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**Event 26 Women Distance Medley**

Newell FH: 11:51.09 ^ 2/28/2003

**K Cravatta, L Janovich, E Maston, A Laytham**

SLU Team: 12:16.36 s 2/26/2010 3:45.5, 60.4, 2:25.4, 5:05.3

**J Hulton, L Schwennker, J Lemme, W Pavlus**

Meet Record: 12:09.44 \* 1/29/2005 Ottawa Lions

**K Engel, M Bishop, T Acton, D Woods**

Team	Relay	Finals
<b>Finals</b>		
1 U. of Ottawa	B	x13:15.09
1) Britton, Julia -1	2) Moran, Keirstyn -1	
3) O'Reilly, Elizabeth -1	4) Houde Pearce, Erika -1	
2 U. of Ottawa	A	13:37.06
1) Kanz, Isabelle -1	2) Moore, Clara -1	
3) Gillies, Chelsea -1	4) Murawsky, Jennifer -1	
3 Oswego State	A	14:04.82
1) Scheibel, Barb SO	2) Laris, Katie FR	
3) Popovitch, Sarah FR	4) Bielli, Sammy JR	
4 Hamilton	A	14:08.98
1) Banzer, Emily SO	2) Oglevee, Catherine SO	
3) McGarry, Jessye FR	4) Choinski, Krystina SO	
5 U. of Ottawa	C	x14:38.69
1) Sadqi, Lina	2) Carroll, Kaela -1	
3) Gaudet, Cierra -1	4) Cziranka-Cooks, Danika -1	
6 Utica	A	14:43.21
1) Bennett, Samantha FR	2) Hogue, Sayyidah FR	
3) DePalma, Sarah FR	4) Holmer, Alexis FR	

**Event 27 Men 4x200 Meter Relay**

Newell FH: 1:28.49 ^ 3/4/2005

**S Bullock, A Campbell, A Miles, R Hussey**

SLU Team: 1:30.42 s 2/27/2009 22.6, 22.6, 23.0, 22.22

**J Thornhill, K. Burrall, S. Heiss, J. Roberts**

Meet Record: 1:32.48 \* 1/29/2005 Rochester

**M Tierney, K Bristol, J Myszka, M Ehrmann**

Team	Relay	Finals
<b>Finals</b>		
1 U. of Ottawa	A	1:27.88^
2 Utica	A	1:34.64
1) Lesperance, Christian FR	2) Rudolphe, Brandon SO	
3) Hoover, Andrew SO	4) Owusu, Sylvester SR	
3 St. Lawrence	A	1:35.60
1) Kabia, Alimamy FR	2) Fisher, Andy SR	
3) Kabia, Omaru JR	4) Lillie, Shawn SO	
4 Hamilton	A	1:36.26
1) Isaac, Mbuotidem SO	2) Jenson, Joseph SO	
3) Newman, Max FR	4) Reider, Sampson SO	
5 U. of Ottawa	B	x1:37.99
6 Royal Military	A	1:45.28
1) Cordeau, Felix-Olivier	2) Miron-Morin, Maxime	
3) Perrior, Riley	4) Waters, Jay	

**Event 28 Women 4x200 Meter Relay**

Newell FH: 1:45.23 ^ 2/29/2008

**L Edwards, K Marin, T Hollingsworth, A Niles**

SLU Team: 1:45.85 s 2/28/2003

**A Nortz, K DePuy, A Bibb, K Simpson**

Meet Record: 1:47.63 \* 1/14/2006 Queen's

**S Colangelo, J Tam, F Hall, J Stanisz**

Team	Relay	Finals
<b>Finals</b>		
1 Utica	A	1:48.86
1) Bowden, Anastasia JR	2) Prendergast, Brianna JR	
3) Wiatr, Sarah FR	4) DeLude, Lauren SO	
2 St. Lawrence	A	1:50.90
1) Asanya, Chinelo FR	2) Pond, Anna SO	
3) Pier, Jaleigh FR	4) Kinsey, Hannah JR	
3 U. of Ottawa	A	1:51.84
4 Utica	B	x1:53.88
1) Isom, Anea JR	2) Diamente, Catalena FR	
3) Bogino, Chelsea JR	4) Walters, Jaimee FR	
5 Plattsburgh St.	A	1:58.58
1) Grolley, Roxanne FR	2) Mustapich, Bryanna JR	
3) Carlino, Lauren FR	4) Siry, Kelly FR	
6 Hamilton	A	1:59.48
1) Wall, Kathryn FR	2) Aulita, Sky SO	
3) O'Grady, Clare JR	4) Appel, Amelia SR	
7 U. of Ottawa	B	x2:04.43

**Event 29 Men 4x400 Meter Relay**

Newell FH: 3:22.19 ^ 3/5/2005

**R Hussey, A Miles, J Taylor, A Campbell**

SLU Team: 3:20.17 s 1985

**T Plimpton, J Disotelle, A Silver, T McCrossen**

Meet Record: 3:23.24 \* 1/31/2004 University of Rochester

**M Tierney, B Strandberg, G Dusek, C Clark**

Team	Relay	Finals
<b>Finals</b>		
1 St. Lawrence	A	3:30.34
1) Frymire, Leif JR	2) Fredericks, Jacob JR	
3) Crawford, Nicholas FR	4) Maniscalco, Vincent FR	
2 Oswego State	A	3:32.40
3 Plattsburgh St.	A	3:34.84
1) Depo, Ben SR	2) Potash, Luke FR	
3) Kent, Trevor JR	4) Greenberg, Evan FR	
4 Hamilton	A	3:43.72
1) Bryan, James FR	2) Kilekwang, Leonard FR	
3) Mandelbaum, Andrew FR	4) Reider, Sampson SO	
5 Plattsburgh St.	B	x3:44.52
1) Hamilton, John SO	2) Corbine, Matt SO	
3) Hedderman, Dylan JR	4) Millar, Ryan SR	
6 Oswego State	B	x3:46.64
7 Utica	A	3:55.11
1) Austin, Praise JR	2) Moe, Ben SO	
3) Payne, Morgan JR	4) Cairns, Kyle FR	

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**Finals ... (Event 29 Men 4x400 Meter Relay)**

Team	Relay	Finals
8 Royal Military	A	3:56.23
1) Bonvouloir, Olivier	2) Walsh, Matthew	
3) Wiedeman, Spencer	4) Vadala, Jordan	
9 Hamilton	B	x3:59.34
1) Abelson, Evan FR	2) Clayton, Robert SO	
3) Dupuis, Sam SR	4) Moses, Jack FR	
10 Utica	B	x4:04.03
1) Washington, Terrances FR	2) Lewis, David SR	
3) Hayes, Tyler SR	4) Stevens, Eric JR	

**Event 30 Women 4x400 Meter Relay**

Newell FH: 3:58.32 ^ 3/5/2005

**B Boyd, A Tecco, E Hugler, J Bonelli**

SLU Team: 4:02.11 s 3/7/1998

**S Smith, M Pease, R Liiva, B Reichhart**

Meet Record: 3:59.55 \* 1/22/2011 University of Ottawa

**M Krech, C Lela, T Merrill, J Tousaw**

Team	Relay	Finals
1 St. Lawrence	A	4:09.80
1) Stine, Carly SO	2) Hameline, Cassia SO	
3) Turner, Marisa FR	4) Marini, Jessica JR	
2 Oswego State	A	4:10.48
3 Plattsburgh St.	A	4:35.20
1) Schermerhorn, Amanda SR	2) Averill, Christen FR	
3) Ehmann, Katie SO	4) Ozols, Erika SR	
4 Utica	A	4:40.42

**Event 31 Women Shot Put**

Newell FH: 15.22m ^ 1/18/2003 **Caroline Larose**

SLU Team: 14.69m s 2/20/2010 **Alyssa Pirinelli**

Meet Record: 14.39m \* 1/31/2004 **Carolyne Larose**

Name	Yr	School	Finals
1 Linder, Kristen	JR	St. Lawrence	11.22m
2 Garcia, Leanna		Elite Athletics	X10.74m
3 Gadway, Amanda	SO	Plattsburgh	10.50m
4 Bliss, Nichole	FR	Mohawk Valley	10.24m
5 Tyree, Jessica	SO	St. Lawrence	10.09m
6 Gadway, Ashley	SO	Plattsburgh	10.05m
7 Mack, Imani	FR	Utica	9.49m
8 Smith, Hannah-Kelsey	-1	Ottawa Lions	XJ9.49m
9 Clark, Abbey	FR	Mohawk Valley	9.41m
10 Hunsinger, Claire	SR	Hamilton	9.02m
11 Chruscicki, Carlin	SO	Mohawk Valley	8.77m
12 Guerrer, Darnelle	FR	Plattsburgh	7.98m
13 Dudley, Katrina	SO	Utica	6.69m

**Event 32 Men High Jump**

Newell FH: 2.14m ^ 12/8/2012 **Kerrin Payne**

SLU Team: 2.04m s 1996 **Pete Basta**

Meet Record: 2.10m \* 1/27/2007 **Nick Stanisavljevic**

Name	Yr	School	Finals
<b>Finals</b>			
1 Scott, Mike	SR	St. Lawrence	1.93m
2 Kane, Brian	JR	St. Lawrence	1.88m
3 Depo, Ben	SR	Plattsburgh	1.83m
4 London, Jake	JR	Hamilton	J1.83m
5 Auresicich, Fedor	FR	Mohawk Valley	J1.83m
6 Rockhill, Connor	FR	St. Lawrence	J1.83m
7 Crawford, Nicholas	FR	St. Lawrence	1.78m
8 Choi, Alex	JR	Plattsburgh	1.73m
9 Jones, Chris	SO	Utica	J1.73m
10 Martell, Joshua	SO	St. Lawrence	1.63m
--- Payne, Kerrin		Unattached	XNH

**Event 33 Women Long Jump**

Newell FH: 5.84m ^ 2/28/2003 **Kate De Puy**

SLU Team: 5.87m s 2/22/2003 **Kate DePuy**

Meet Record: 5.48m \* 1/22/2011 **Ashlea Maddex**

Name	Yr	School	Finals
<b>Finals</b>			
1 DeLude, Lauren	SO	Utica	5.23m
2 Biswal, Divya	SO	St. Lawrence	5.04m
3 Wiatr, Sarah	FR	Utica	4.95m
4 Pageau, Kristie	SR	Plattsburgh	4.85m
5 Diamente, Catalena	FR	Utica	4.74m
6 Bogino, Chelsea	JR	Utica	4.72m
7 Sipprell, Krista	-1	U of Ottawa	4.62m
8 Scarf, Allison	FR	St. Lawrence	4.57m
9 Harrigan, Kristen	SO	Oswego State	4.40m
10 Armstrong, Jordan	JR	Utica	4.26m
11 Aulita, Sky	SO	Hamilton	4.17m

**Event 34 Women Pole Vault**

Newell FH: 3.46m ^ 2/28/2004 **Allison Benson**

SLU Team: 3.25m s 2/21/2004 **Greta Elliott**

Meet Record: 3.35m \* 1/22/2011 **Olivia Dallongeville/Melinda R**

Name	Yr	School	Finals
<b>Finals</b>			
1 Rock, Melinda	-1	Ottawa Lions	X3.30m
2 DalCais, Brittany	SO	Oswego State	J3.30m
3 Vuong, Kim-Quyen	-1	Ottawa Lions	X3.00m
4 Kokron, Felicite	-1	U of Ottawa	2.85m
5 Rescott, Marissa	JR	St. Lawrence	2.70m
6 Fiedler, Alyssa	-1	U of Ottawa	2.55m
7 Lewis, Sara	FR	Hamilton	2.40m
--- Walters, Jaimee	FR	Utica	NH



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**Event 35 Men Shot Put**

**Newell FH:** 16.63m ^ 3/5/2005 **Matt Kuenzel**

**SLU Team:** 16.54m s 3/14/2008 **Geoff Grambo**

**Meet Record:** 15.98m \* 1/28/2006 **Josh Dupuis**

Name	Yr	School	Finals
<b>Finals</b>			
1 Duval, Corey	FR	Plattsburgh	13.34m
2 Kasson, Scott	FR	St. Lawrence	13.22m
3 Lillie, Shawn	SO	St. Lawrence	12.39m
4 Leedom, Nick	FR	Plattsburgh	12.34m
5 Temple, Jamal	FR	Mohawk Valley	11.83m
6 Depo, Ben	SR	Plattsburgh	11.50m
7 Devries, Donald	JR	Utica	10.59m
8 Kerner, Ryan	FR	Plattsburgh	10.24m
9 DeBoer, Bryce	FR	St. Lawrence	8.62m

**Event 36 Women High Jump**

**Newell FH:** 1.78m ^ 1/17/2004 **Kristy Kerin**

**SLU Team:** 1.68m s 12/8/2012 **Marisa Turner**

**Meet Record:** 1.68m \* 1/14/2006 **Imola Major**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bell, Eliza	SO	St. Lawrence	1.63m
2 Turner, Marisa	FR	St. Lawrence	1.58m
2 Shepard-Schleski, Karla	-1	Ottawa Lions	X1.58m
4 Krech, Michele	-1	Ottawa Lions	XJ1.58m
5 Jakubauskaite, Agne	SR	Hamilton	1.48m
5 Morris, Kylie	SR	St. Lawrence	1.48m
5 Wild, Emily	JR	Oswego State	1.48m
8 Smith, Hannah-Kelsey	-1	Ottawa Lions	XJ1.48m
9 Diamante, Catalena	FR	Utica	1.43m
9 Pageau, Kristie	SR	Plattsburgh	1.43m
11 Pearce, Kate	SO	Utica	J1.43m
12 Steates, Katherine	SO	Hamilton	1.38m
--- Walters, Jaimee	FR	Utica	NH
--- Homer, Abigail	FR	Hamilton	NH

**Event 37 Men Long Jump**

**Newell FH:** 7.07m ^ 1/26/2002 **Ohene Cornelius**

**SLU Team:** 7.32m s 1997 **Chris Burgess**

**Meet Record:** 6.90m \* 1/14/2006 **Jon Martin**

Name	Yr	School	Finals
<b>Finals</b>			
1 Garren, Josh	JR	Plattsburgh	6.41m
2 Payton, Christopher	SO	St. Lawrence	6.29m
3 Kane, Brian	JR	St. Lawrence	6.21m
4 Maiolo, Josh	SO	Oswego State	6.14m
5 Maniscalco, Vincent	FR	St. Lawrence	6.13m
6 Ruffing, Shane	SO	Utica	6.04m
7 Bridgewater, Christopher	SO	Oswego State	6.02m
8 Choi, Alex	JR	Plattsburgh	5.98m
9 Scott, Mike	SR	St. Lawrence	5.67m
9 Scheffer, Matt		Oswego State	5.67m
11 Martell, Joshua	SO	St. Lawrence	5.66m

12 Blackburn, Jeffrey	SR	Hamilton	5.64m
13 London, Jake	JR	Hamilton	5.58m
14 Elbarhmi, Youssef	-1	U of Ottawa	5.45m
15 Kabia, Alimamy	FR	St. Lawrence	5.30m
16 Rockhill, Connor	FR	St. Lawrence	5.24m
17 Hunter, Kristoff	-1	U of Ottawa	5.19m
18 Auresicich, Fedor	FR	Mohawk Valley	5.11m
--- Jones, Chris	SO	Utica	FOUL

**Event 38 Men Pole Vault**

**Newell FH:** 4.95m ^ 12/10/2011 **Ryan Pericozzi**

**SLU Team:** 4.89m s 1989 **Alexander Grelland**

**Meet Record:** 4.85m \* 1/22/2011 **Mike Dempsey**

Name	Yr	School	Finals
<b>Finals</b>			
1 Cecereu, Nelson	-1	U of Ottawa	4.10m
2 Sikes, Kyle	SO	Utica	3.95m
2 Tavernier, Telvin	-1	Ottawa Lions	X3.95m
4 Johnson, Matthew	-1	U of Ottawa	3.80m
5 Murray, Tyler	-1	U of Ottawa	J3.80m
6 Quevillon, Zachary	-1	Ottawa Lions	X3.65m
7 Depo, Ben	SR	Plattsburgh	3.50m
--- Rockhill, Connor	FR	St. Lawrence	NH
--- Choi, Alex	JR	Plattsburgh	NH
--- Jones, Chris	SO	Utica	NH
--- Yesalonis, Eric	JR	Utica	NH
--- Gauthier-Kwan, Olivier	-1	Ottawa Lions	XNH

**Event 39 Women Weight Throw**

**Newell FH:** 18.65m ^ 3/4/2005 **Kelly Godsey**

**SLU Team:** 17.65m s 2/27/2009 **Alyssa Pirinelli**

**Meet Record:** 17.25m \* 1/23/2010 **Alyssa Pirinelli**

Name	Yr	School	Finals
<b>Finals</b>			
1 Chruscicki, Carlin	SO	Mohawk Valley	14.12m
2 Gadway, Amanda	SO	Plattsburgh	13.84m
3 Linder, Kristen	JR	St. Lawrence	13.08m
4 Tyree, Jessica	SO	St. Lawrence	12.94m
5 Bliss, Nichole	FR	Mohawk Valley	12.92m
6 Gadway, Ashley	SO	Plattsburgh	12.40m
7 Garcia, Leanna		Elite Athletics	X10.57m
8 Mack, Imani	FR	Utica	10.56m
9 Catalioto, Stephanie	FR	Plattsburgh	10.31m
10 Clark, Abbey	FR	Mohawk Valley	9.89m
11 Dudley, Katrina	SO	Utica	9.40m
12 Doolin, Margaret	JR	Hamilton	7.43m
13 Guerrer, Darnelle	FR	Plattsburgh	7.42m

**Event 40 Women Triple Jump**

**Newell FH:** 11.69m ^ 3/5/2005 **Diamond Jones**

**SLU Team:** 11.56m s 3/8/2008 **Jessica Venezia**

**Meet Record:** 11.43m \* 1/24/2009 **Shannon O'Keeffe**

Name	Yr	School	Finals
<b>Finals</b>			
1 Biswal, Divya	SO	St. Lawrence	11.31m

**SAINTS INDOOR INVITATIONAL**  
**ST. LAWRENCE UNIVERSITY**  
**NEWELL FIELD HOUSE - 1/19/2013**

**Results**

**Finals ... (Event 40 Women Triple Jump)**

Name	Yr	School	Finals
2 Sipprell, Krista	-1	U of Ottawa	10.55m
3 Bell, Eliza	SO	St. Lawrence	10.48m
4 Aulita, Sky	SO	Hamilton	9.81m
5 Steates, Katherine	SO	Hamilton	9.62m
6 Scarf, Allison	FR	St. Lawrence	9.58m

**Event 41 Men Weight Throw**

**Newell FH: 21.69m ^ 12/9/2006 Jesse Doty**

**SLU Team: 19.31m s 3/5/2010 Eric Jones**

**Meet Record: 20.79m \* 1/28/2006 Jesse Doty**

Name	Yr	School	Finals
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**Finals**

1 Basher, Jake		Unattached	X18.39m
2 Blaisdell, A.J.	SR	St. Lawrence	14.25m
3 Lillie, Shawn	SO	St. Lawrence	13.19m
4 Tift, William	JR	Hamilton	13.03m
5 Bailey, William	JR	Utica	12.66m
6 Risole, Frank	SR	Oswego State	12.37m
7 Peterfreund, Matthew	JR	Hamilton	12.10m
8 Kasson, Scott	FR	St. Lawrence	11.99m
9 Duval, Corey	FR	Plattsburgh	11.64m
10 Shoults, Matt	FR	Mohawk Valley	10.94m
11 Devries, Donald	JR	Utica	10.83m
12 Flower, Tobias	JR	Utica	10.22m
13 Leedom, Nick	FR	Plattsburgh	10.00m
14 DeBoer, Bryce	FR	St. Lawrence	8.83m

**Event 42 Men Triple Jump**

**Newell FH: 14.99m ^ 3/1/2003 Allen Simms**

**SLU Team: 14.32m s 3/3/2012 Jamal Samaroo**

**Meet Record: 14.99m \* 1/22/2011 Allen Simms**

Name	Yr	School	Finals
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**Finals**

1 Kilekwang, Leornard	FR	Hamilton	13.07m
2 Bridgewater, Christopher	SO	Oswego State	12.89m
3 Maiolo, Josh	SO	Oswego State	12.80m
4 Maniscalco, Vincent	FR	St. Lawrence	12.62m
5 Kane, Brian	JR	St. Lawrence	12.61m
6 Payton, Christopher	SO	St. Lawrence	12.48m
7 Blackburn, Jeffrey	SR	Hamilton	11.79m

**Women - Team Rankings - 19 Events Scored**

1) St. Lawrence	176
2) U. of Ottawa	137
3) Plattsburgh St.	66.5
4) Utica	63.5
5) Hamilton	60
6) Oswego State	52
7) Mohawk Valley CC	20
8) Royal Military College	4

**Men - Team Rankings - 19 Events Scored**

1) St. Lawrence	209.5
2) U. of Ottawa	106
3) Plattsburgh St.	78.5
4) Oswego State	56
5) Utica	48
6) Hamilton	45
7) Royal Military College	28
8) Mohawk Valley CC	9