

Dome High School Track & Field Development Series

Meet #5 - April 25 (Thursday)

Track Events 1:00 pm Start (running order)

1500m Steeple	Open Girls then Open Boys
Hurdles	110mH - Sr. Boys followed by 100mH Jr. Boys then Mdg. Boys 100mH - Sr. Girls followed by 80mH - Jr. Girls then Mdg. Girls
100m	Girls then Boys
400m	Girls then Boys
1500m	Girls then Boys
4 x 100m Relay	Girls then Boys
Medley Relay	(400, 200, 200, 800) - Girls then Boys

Field Events 1:30 pm Start

Shot Put	Girls then Boys
High Jump	Girls then Boys
Triple Jump	Boys then Girls
Discus	Follows the Shot Put - Boys then Girls