

Can Am Challenge - 12/3/2011

Newell Field House

Results

Event 2 Men 60 Meter Dash

Meet Record: 7.04 * 12/4/2010 Stephen Dunlop

Field House: 7.04 ^ 12/4/2010 Stephen Dunlop

SLU Record: 7.03 s 2/21/2009 Jarell Roberts

7.10 ECAC

7.13 NYSA

Name	Yr	School	Prelims
Preliminaries			
1 Makinde, Oluwasegun	-1	Uottawa	^ 7.04QECAC
2 Tesfaye, Gabriel	-1	Uottawa	7.20Q
3 Martineau, Brandyn	-1	Uottawa	7.21Q
4 Makinde, Toluwalope	-1	Uottawa	7.29Q
5 Frenke, Gordon	-1	On-Ottawa Lions	7.17q
6 Greml, Desean	-1	On-Ottawa Lions	7.21q
7 Roberts, Jarell	JR	St. Lawrence	7.25q
8 Gauthier-Kwan, Olivier	-1	On-Ottawa Lions	7.26q
9 Wilson, Adrian	SO	St. Lawrence	7.30q
10 Kabia, Omaru	SO	St. Lawrence	7.33q
11 Fisher, Andy	JR	St. Lawrence	7.34q
12 Cory, Josh	FR	St. Lawrence	7.42q
13 Dumont, Teddy	-1	On-Ottawa Lions	7.48q
14 Kaba, Sekou	-1	Uottawa	7.53q
15 May, James	SO	St. Lawrence	7.55q
16 Hunter, Kristoff	-1	Uottawa	7.64q
17 Moore, Liam	-1	On-Ottawa Lions	7.65
18 Burchill, Corey	-1	On-Ottawa Lions	7.67
19 Murray, Tyler	-1	Uottawa	7.77
20 Farnsworth, Mark	-1	Uottawa	7.79
21 Ryan, Sean	-1	Uottawa	7.97
22 Al-Slaq, Ahmed	-1	Uottawa	8.00
23 Barnabe, Konor	-1	On-Ottawa Lions	8.04
24 Banville, Alexandre	-1	On-Ottawa Lions	8.08
25 Eng, Zachary		Unat	8.32
26 Radojewski, Christopher	-1	Uottawa	8.41

Event 3 Women 60 Meter Hurdles

Meet Record: 8.85 * 12/4/2010 Ashlea Maddex

Field House: 8.85 ^ 12/4/2010 Ashlea Maddex

SLU Record: 9.40 s 2/1/2003 Alissa Bibb

9.45 ECAC

9.78 NYSA

Name	Yr	School	Prelims
Preliminaries			
1 Terrell, Emery	-1	Uottawa	9.60QNYSA
2 LaPorte, Kiersten	SR	St. Lawrence	10.20Q
3 Stolle, Anna	-1	Uottawa	10.25q
4 Stine, Carly	FR	St. Lawrence	10.38q
5 Edwards, Tracey	-1	On-Ottawa Lions	10.57q
6 Hameline, Cassia	FR	St. Lawrence	10.62q
7 Yee, Samantha	FR	St. Lawrence	10.64q
8 Palmer, Emily	SR	St. Lawrence	10.92q
9 Gardner, Charlotte	-1	On-Ottawa Lions	10.98
10 Chiarelli, Alexandra	-1	On-Ottawa Lions	11.88

Event 3 Women 60 Meter Dash

Meet Record: 7.89 * 12/4/2010 Ashlea Maddex

Field House: 7.89 ^ 12/4/2010 Ashlea Maddex

SLU Record: 8.00 s 2/24/2003 Kara Simpson

8.10 ECAC

8.27 NYSA

Name	Yr	School	Prelims
Preliminaries			
1 Fernando, Shelani	-1	On-Ottawa Lions	7.93QECAC
2 McIntyre, Victoria	-1	On-Ottawa Lions	8.11QNYSA
3 Lela, Christiane	-1	Uottawa	8.15QNYSA
4 Pond, Anna	FR	St. Lawrence	8.73Q
5 Jacques, Farah	-1	On-Ottawa Lions	^ 7.81qECAC
6 Telford, Alexandra	-1	On-Ottawa Lions	8.14qNYSA
7 Spoerri, Lindsay	-1	On-Ottawa Lions	8.17qNYSA
8 Kinsey, Hannah	SO	St. Lawrence	8.32q
9 Jean, Kathleen	-1	Uottawa	8.37q
10 Thompson, Jessica	-1	On-Ottawa Lions	8.39q
11 Biswal, Devyani	-1	Uottawa	8.45q
12 Beatson, Gillian	-1	On-Ottawa Lions	8.46q
13 Phillips, Clara	-1	On-Ottawa Lions	8.59q
14 Dillon, Krista	-1	Uottawa	8.61q
15 Hayes, Bridget	-1	On-Ottawa Lions	8.64q
16 Malcolm, Chantel	-1	Uottawa	8.65q
17 Sipprell, Krista	-1	Uottawa	8.76q
18 Bell, Natasha	FR	St. Lawrence	8.77q
19 Coulas, Cheryl	-1	Uottawa	8.79q
20 Yacob, Marina	-1	Uottawa	8.80q
21 LaPorte, Kiersten	SR	St. Lawrence	8.88q
22 Narine, Priya	-1	On-Ottawa Lions	8.91q
23 Carroll, Kaela	-1	Uottawa	9.06q
24 Oddy, Carolyn	-1	On-Ottawa Lions	9.10q
25 Moise, Stephanie	-1	Uottawa	9.13
26 Whitley, Tayler	-1	Uottawa	9.18
27 Pathak, Laura	-1	Uottawa	9.20
28 Baynahm, Hillary	FR	St. Lawrence	9.22
29 Palmer, Emily	SR	St. Lawrence	9.22
30 El Hares, Joanna	-1	Uottawa	9.27
31 Bien-Aime, Willianne	-1	Uottawa	9.71

Event 4 Men 1 Mile Run

Meet Record: 4:36.30 * 12/4/2010 Corey Hahl

Field House: 4:10.54 ^ 3/1/2008 Peter Kosgei

SLU Record: 4:12.02 s 3/8/2008 Erik Donohoe

4:22.00 ECAC

4:23.24 NYSA

Name	Yr	School	Finals
Finals			
1 Fleming, Noah	-1	Uottawa	4:30.14* 10
2 Binns, Remy	-1	Uottawa	4:32.04* 8
3 Eng, Jonathan	SO	St. Lawrence	4:33.48* 6
4 Jakeman, Justin	-1	Uottawa	4:34.48* 4
5 Nelson, Zachary	SO	St. Lawrence	4:40.20 2
6 Driscoll, Daniel	FR	St. Lawrence	4:41.95 1
7 Sargrad, Andrew	JR	St. Lawrence	4:59.68

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Results

Event 5 Women 1 Mile Run

Meet Record: 5:35.69 * 12/4/2010 Kate MacNaughton

Field House: 5:02.57 ^ 2/24/2007 Meagan Nolan

SLU Record: 5:05.39 s 3/5/2010 Wendy Pavlus

5:16.50 ECAC

5:24.24 NYSA

Name	Yr	School	Finals
Finals			
1 Rashid, Zeena	-1	Uottawa	5:34.81* 10
2 Beccia, Ariel	SO	St. Lawrence	5:42.50 8
3 Murawsky, Jennifer	-1	Uottawa	5:50.08 6
4 Beller, Deidra	FR	St. Lawrence	5:56.94 4
5 Payne, Andrea	-1	Uottawa	5:58.97 2
6 Sneden, Kate	SO	St. Lawrence	6:08.24 1
7 Sultzter, Kendra	SO	St. Lawrence	6:13.53
8 Von Loesecke, Emily	FR	St. Lawrence	6:39.88

Event 6 Men 60 Meter Hurdles

Meet Record: 8.80 * 12/4/2010 Justin Spalik

Field House: 8.80 ^ 12/4/2010 Justin Spalik

SLU Record: 8.63 s 1/31/2002 Rob Ames/Justin Spalik '09

8.52 NYSA

8.55 ECAC

Name	Yr	School	Finals
Finals			
1 Kaba, Sekou	-1	Uottawa	8.31^ NYSA
2 Tesfaye, Gabriel	-1	Uottawa	8.90 8
3 Spalik, Justin	SR	St. Lawrence	9.27 6

Event 7 Women 60 Meter Hurdles

Meet Record: 8.85 * 12/4/2010 Ashlea Maddex

Field House: 8.85 ^ 12/4/2010 Ashlea Maddex

SLU Record: 9.40 s 2/1/2003 Alissa Bibb

9.45 ECAC

9.78 NYSA

Name	Yr	School	Finals
Finals			
1 Terrell, Emery	-1	Uottawa	9.49 NYSA
2 LaPorte, Kiersten	SR	St. Lawrence	10.16 8
3 Stine, Carly	FR	St. Lawrence	10.44 6
4 Stolle, Anna	-1	Uottawa	10.45 4
5 Hameline, Cassia	FR	St. Lawrence	10.46 2
6 Yee, Samantha	FR	St. Lawrence	10.74 1
7 Edwards, Tracey	-1	On-Ottawa Lions	10.79
8 Palmer, Emily	SR	St. Lawrence	10.82

Event 8 Men 500 Meter Dash

Meet Record: 1:09.09 * 12/4/2010 Nicholas Mello

Field House: 1:04.76 ^ 3/1/2003 Jim Ravener

SLU Record: 1:05.0h s 1985 Kirk Dixon

1:08.00 ECAC

1:08.24 NYSA

Name	Yr	School	Finals
Finals			
1 Robertson, Michael	-1	Uottawa	1:04.98* ECAC

2 Alhaddad, Saj	-1	Uottawa	1:07.09* ECAC
3 Moses, Isaiah	-1	On-Ottawa Lions	1:07.21* ECAC
4 Smithers, Cameron	-1	On-Ottawa Lions	1:07.86* ECAC
5 Macci, Taylor	SO	St. Lawrence	1:08.92* 6
6 Sissoko, Moussa	-1	On-Ottawa Lions	1:08.97*
7 Primeau, Codie	-1	Uottawa	1:09.38 4
8 Fouzie, Matt	-1	Uottawa	1:09.58 2
9 McNichol, Adam	FR	St. Lawrence	1:09.59 1
10 Chevrette Belisle, Hubert	-1	Uottawa	1:09.60
11 Payton, Christopher	FR	St. Lawrence	1:09.99
12 Bedard, Matthew	-1	On-Ottawa Lions	1:10.32
13 Sanger, Tarek	-1	On-Ottawa Lions	1:13.39
14 Scardera, Albert	FR	St. Lawrence	1:14.25
15 Smallwood, Nicholas	-1	On-Ottawa Lions	1:16.32

Event 9 Women 500 Meter Dash

Meet Record: 1:20.05 * 12/4/2010 Rosyln Cummings

Field House: 1:14.74 ^ 1/15/2005 Bailey Lewis

SLU Record: 1:18.30 s 2/2/2002 Angela Nortz

1:22.00 ECAC

1:23.24 NYSA

Name	Yr	School	Finals
Finals			
1 Perrault, Jennifer	-1	Uottawa	1:14.84* ECAC
2 Hayes, Bridget	-1	On-Ottawa Lions	1:20.88 ECAC
3 Gaudet, Cierra	-1	Uottawa	1:21.12 ECAC
4 Timbrell, Reba	-1	Uottawa	1:25.64 6
5 Narine, Priya	-1	On-Ottawa Lions	1:26.82
6 Nuffer, Megan	SO	St. Lawrence	1:29.68 4
7 Vodacek, Kayla	SO	St. Lawrence	1:31.15 2
8 Christensen, Kathryn	SO	St. Lawrence	1:33.58 1

Event 10 Men 60 Meter Dash

Meet Record: 7.04 * 12/4/2010 Stephen Dunlop

Field House: 7.04 ^ 12/4/2010 Stephen Dunlop

SLU Record: 7.03 s 2/21/2009 Jarell Roberts

7.10 ECAC

7.13 NYSA

Name	Yr	School	Finals
Finals			
1 Makinde, Oluwasegun	-1	Uottawa	6.88^ ECAC
2 Tesfaye, Gabriel	-1	Uottawa	7.11 NYSA
3 Frenke, Gordon	-1	On-Ottawa Lions	7.12 NYSA
4 Roberts, Jarell	JR	St. Lawrence	7.16 6
5 Makinde, Toluwalope	-1	Uottawa	7.18 4
6 Gremli, Desean	-1	On-Ottawa Lions	7.20
7 Martineau, Brandyn	-1	Uottawa	7.20 2
8 Gauthier-Kwan, Olivier	-1	On-Ottawa Lions	7.26
9 Wilson, Adrian	SO	St. Lawrence	7.26 1
10 Fisher, Andy	JR	St. Lawrence	7.29
11 Kabia, Omaru	SO	St. Lawrence	7.32
12 Kaba, Sekou	-1	Uottawa	7.38
13 Dumont, Teddy	-1	On-Ottawa Lions	7.39
14 Cory, Josh	FR	St. Lawrence	7.41
15 May, James	SO	St. Lawrence	7.51
16 Hunter, Kristoff	-1	Uottawa	7.61

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Results

Event 11 Women 60 Meter Dash

Meet Record: 7.89 * 12/4/2010 Ashlea Maddex

Field House: 7.89 ^ 12/4/2010 Ashlea Maddex

SLU Record: 8.00 s 2/24/2003 Kara Simpson

8.10 ECAC

8.27 NYSA

Name	Yr	School	Finals
Finals			
1 Fernando, Shelani	-1	On-Ottawa Lions	7.78^ ECAC
2 Jacques, Farah	-1	On-Ottawa Lions	7.89^ ECAC
3 Lela, Christiane	-1	Uottawa	8.00 ECAC
4 McIntyre, Victoria	-1	On-Ottawa Lions	8.13 NYSA
5 Telford, Alexandra	-1	On-Ottawa Lions	8.18 NYSA
6 Spoerri, Lindsay	-1	On-Ottawa Lions	8.19 NYSA
7 Kinsey, Hannah	SO	St. Lawrence	8.24 NYSA
8 Jean, Kathleen	-1	Uottawa	8.33 6
9 Biswal, Devyani	-1	Uottawa	8.35 4
10 Thompson, Jessica	-1	On-Ottawa Lions	8.39
11 Beatson, Gillian	-1	On-Ottawa Lions	8.43
12 Phillips, Clara	-1	On-Ottawa Lions	8.47
13 Malcolm, Chantel	-1	Uottawa	8.53 2
14 Dillon, Krista	-1	Uottawa	8.58 1
15 Sipprell, Krista	-1	Uottawa	8.64
16 Hayes, Bridget	-1	On-Ottawa Lions	8.65
17 Pond, Anna	FR	St. Lawrence	8.78
18 Yacob, Marina	-1	Uottawa	8.79
19 LaPorte, Kiersten	SR	St. Lawrence	8.88
20 Bell, Natasha	FR	St. Lawrence	8.92
21 Oddy, Carolyn	-1	On-Ottawa Lions	9.00
22 Narine, Priya	-1	On-Ottawa Lions	9.02

Event 12 Men 1000 Meter Run

Meet Record: 2:35.45 * 12/4/2010 Cody Boast

Field House: 2:27.82 ^ 3/1/2008 Peter Kosgei

SLU Record: 2:28.04 s 1984 Dave Elster

2:34.24 NYSA

2:34.50 ECAC

Name	Yr	School	Finals
Finals			
1 Horvath, Chase	-1	Uottawa	2:39.70 10
2 Fausel, Spencer	SO	St. Lawrence	2:41.19 8
3 Biocchi, Devin	-1	Uottawa	2:42.88 6
4 Dionne, Andrew	-1	Uottawa	2:45.86 4
5 Smith, Brett	FR	St. Lawrence	2:52.12 2
6 Polson, Matt	-1	Uottawa	2:54.41 1
7 London, Jake	SO	Hamilton	3:02.19

Event 13 Women 1000 Meter Run

Meet Record: 3:13.05 * 12/4/2010 Mia St-Aubin

Field House: 2:52.34 ^ 1/24/2004 Jennifer Patruno

SLU Record: 2:58.47 s 2/19/2011 Wendy Pavlus

3:07.24 NYSA

3:08.00 ECAC

Name	Yr	School	Finals
Finals			
1 Tousaw, Julia	-1	On-Ottawa Lions	2:53.55* NYSA
2 Moore, Clara	-1	Uottawa	3:15.13 10
3 O'Reilly, Elizabeth	-1	Uottawa	3:21.47 8
4 Macbeth, Abigail	SO	St. Lawrence	3:22.26 6

Event 14 Men 300 Meter Dash

Meet Record: 36.48 * 12/4/2010 Nate Williams

Field House: 36.48 ^ 12/4/2010 Nate Williams

SLU Record: 34.5h s 1986 Tim McCrossen

Name	Yr	School	Finals
Finals			
1 Frenke, Gordon	-1	On-Ottawa Lions	34.63^
2 Makinde, Oluwasegun	-1	Uottawa	34.88^ 10
3 Makinde, Toluwalope	-1	Uottawa	36.06^ 8
4 Greml, Desean	-1	On-Ottawa Lions	36.34^
5 Fisher, Andy	JR	St. Lawrence	36.68 6
6 Roberts, Jarell	JR	St. Lawrence	37.52 4
7 Burchill, Corey	-1	On-Ottawa Lions	37.57
8 Martineau, Brandyn	-1	Uottawa	37.68 2
9 Wilson, Adrian	SO	St. Lawrence	37.70 1
10 Bedard, Matthew	-1	On-Ottawa Lions	37.74
11 Murray, Tyler	-1	Uottawa	38.02
12 Sanger, Tarek	-1	On-Ottawa Lions	39.18
13 Dumont, Teddy	-1	On-Ottawa Lions	39.28
14 Hunter, Kristoff	-1	Uottawa	39.74
15 Ryan, Sean	-1	Uottawa	39.96
16 Cory, Josh	FR	St. Lawrence	40.18
17 Moore, Liam	-1	On-Ottawa Lions	40.43
18 Barnabe, Konor	-1	On-Ottawa Lions	40.48
19 Radojewski, Christopher	-1	Uottawa	41.56
20 Smallwood, Nicholas	-1	On-Ottawa Lions	41.67
21 Scott, Mike	JR	St. Lawrence	41.71
22 Kabia, Omaru	SO	St. Lawrence	42.05
23 Banville, Alexandre	-1	On-Ottawa Lions	42.26

Event 15 Women 300 Meter Dash

Meet Record: 43.00 * 12/4/2010 Nadine Johnson

Field House: 43.00 ^ 12/4/2010 Nadine Johnson

SLU Record: 42.95 s 1/20/2001 Angela Nortz

Name	Yr	School	Finals
Finals			
1 Jacques, Farah	-1	On-Ottawa Lions	41.30^
2 Fernando, Shelani	-1	On-Ottawa Lions	41.62^
3 Lela, Christiane	-1	Uottawa	42.12^ 10
4 McIntyre, Victoria	-1	On-Ottawa Lions	42.58^
5 Gardner, Charlotte	-1	On-Ottawa Lions	43.59
6 Kinsey, Hannah	SO	St. Lawrence	43.61 8

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Results

Finals ... (Event 15 Women 300 Meter Dash)

Name	Yr	School	Finals	
7 Stolle, Anna	-1	Uottawa	44.11	6
8 Spoerri, Lindsay	-1	On-Ottawa Lions	44.32	
9 Thompson, Jessica	-1	On-Ottawa Lions	45.05	
10 Beatson, Gillian	-1	On-Ottawa Lions	45.47	
11 Chiarelli, Alexandra	-1	On-Ottawa Lions	45.51	
12 Phillips, Clara	-1	On-Ottawa Lions	45.60	
13 Telford, Alexandra	-1	On-Ottawa Lions	45.61	
14 Jean, Kathleen	-1	Uottawa	45.68	4
15 Malcolm, Chantel	-1	Uottawa	45.95	2
16 Pathak, Laura	-1	Uottawa	45.96	1
17 Hameline, Cassia	FR	St. Lawrence	46.76	
18 Carroll, Kaela	-1	Uottawa	48.04	
19 Racicot-Biocchi,	-1	On-Ottawa Lions	48.15	
20 Baynahm, Hillary	FR	St. Lawrence	48.21	
21 Bell, Natasha	FR	St. Lawrence	48.26	
22 Oddy, Carolyn	-1	On-Ottawa Lions	48.26	
23 Edwards, Tracey	-1	On-Ottawa Lions	48.70	
24 Washington, Taylor	SO	St. Lawrence	48.96	
25 Moise, Stephanie	-1	Uottawa	50.09	
26 Bien-Aime, Willianne	-1	Uottawa	53.26	

Event 16 Men 3000 Meter Run**Meet Record:** 9:17.11 * 12/4/2010 **Tim Liponis****Field House:** 8:29.49 ^ 3/1/2008 **Seth Dubois****SLU Record:** 8:14.6h s 1984 **Jukka Tammissuo**

8:50.00 ECAC

8:50.24 NYSA

Name	Yr	School	Finals	
Finals				
1 Harrigan, Shane	-1	On-Ottawa Lions	9:08.76*	
2 de Jong, Garrett	-1	On-Ottawa Lions	9:09.02*	
3 Bibb, Trevor	FR	St. Lawrence	9:15.14*	10
4 Hahnl, Corey	SO	St. Lawrence	9:22.82	8
5 Liponis, Timothy	JR	St. Lawrence	9:23.03	6
6 Tompkins, Aaron	FR	St. Lawrence	9:24.11	4
7 Baldino, Tyler	FR	St. Lawrence	9:54.87	2
8 Clayer, Francois	-1	Uottawa	10:20.96	1

Event 17 Women 3000 Meter Run**Meet Record:** 11:18.30 * 12/4/2010 **Caroline Raue****Field House:** 9:55.82 ^ 3/1/2003 **Melissa White****SLU Record:** 10:09.11 s 2/21/2009 **Wendy Pavlus**

10:45.00 ECAC

10:55.24 NYSA

Name	Yr	School	Finals	
Finals				
1 Kanz, Isabelle	-1	Uottawa	10:42.72*	ECAC
2 Raue, Caroline	JR	St. Lawrence	10:42.77*	ECAC
3 Edwards, Elizabeth	JR	St. Lawrence	11:00.52*	6
4 Britton, Julia	-1	Uottawa	11:18.50	4
5 Mannix, Katie	SO	St. Lawrence	11:33.00	2

Event 18 Men 4x400 Meter Relay**Meet Record:** 3:34.10 * 12/4/2010 **St. Lawrence****N Mello, L Frymire, J Mellinger, J Spalik****Field House:** 3:22.19 ^ 3/5/2005**R Hussey, A Miles, J Taylor, A Campbell****SLU Record:** 3:20.17 s 1985**T Plimpton, J Disotelle, A Silver, T McCrossen**

3:26.50 ECAC

Team	Relay	Finals
Finals		
1 On-Ottawa Lions	A	3:29.39*
1) Smithers, Cameron -1	2) Frenke, Gordon -1	
3) Moses, Isaiah -1	4) Smallwood, Nicholas -1	
2 U. of Ottawa	B	x3:30.71*
1) Alhaddad, Saj -1	2) Primeau, Codie -1	
3) Chevrette Belisle, Hubert -1	4) Fleming, Noah -1	
3 U. of Ottawa	A	3:31.36* 10
1) Makinde, Oluwasegun -1	2) Robertson, Michael -1	
3) Horvath, Chase -1	4) Jakeman, Justin -1	
4 U. of Ottawa	C	x3:35.57
1) Biocchi, Devin -1	2) Fouzie, Matt -1	
3) Binns, Remy -1	4) Dionne, Andrew -1	
5 St. Lawrence	A	3:42.20 8
1) Macci, Taylor SO	2) McNichol, Adam FR	
3) Payton, Christopher FR	4) Spalik, Justin SR	
6 St. Lawrence	B	x3:46.58
1) Cory, Josh FR	2) Fausel, Spencer SO	
3) Nelson, Zachary SO	4) Eng, Jonathan SO	
7 St. Lawrence	C	x3:55.48
	2) Driscoll, Daniel FR	
	3) Smith, Brett FR	
	4) Sargrad, Andrew JR	

Event 19 Women 4x400 Meter Relay**Meet Record:** 4:15.96 * 12/4/2010 **Plattsburgh St.****B Mailander, M Black, H Black, M Ewers****Field House:** 3:58.32 ^ 3/5/2005**B Boyd, A Tecco, E Huggler, J Bonelli****SLU Record:** 4:02.11 s 3/7/1998**S Smith, M Pease, R Liiva, B Reichhart**

4:09.00 ECAC

Team	Relay	Finals
Finals		
1 On-Ottawa Lions	A	4:13.11*
1) Hayes, Bridget -1	2) McIntyre, Victoria -1	
3) Tousaw, Julia -1	4) Racicot-Biocchi,	
2 U. of Ottawa	A	4:16.08 10
1) Perrault, Jennifer -1	2) Terrell, Emery -1	
3) Pathak, Laura -1	4) Payne, Andrea -1	
3 U. of Ottawa	B	x4:25.41
1) Stolle, Anna -1	2) Rashid, Zeena -1	
3) Gaudet, Cierra -1	4) O'Reilly, Elizabeth -1	
4 St. Lawrence	A	4:30.57 8
5 U. of Ottawa	C	x4:34.49
1) Timbrell, Reba -1	2) Moore, Clara -1	
3) Murawsky, Jennifer -1	4) Kanz, Isabelle -1	

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Results

Event 20 Men 4x200 Meter Relay

Meet Record: 1:32.39 * 12/4/2010 Queen's University

M Stiva-Balla, G Frenke, S Kelly, S Dunlop

Field House: 1:28.49 ^ 3/4/2005

S Bullock, A Campbell, A Miles, R Hussey

SLU Record: 1:30.42 s 2/27/2009 22.6, 22.6, 23.0, 22.22

J. Thornhill, K. Burrall, S. Heiss, J. Roberts

1:34.00 ECAC

Team	Relay	Finals
Finals		
1 St. Lawrence	A	1:33.64 ECAC
1) Wilson, Adrian SO	2) Fisher, Andy JR	
3) May, James SO	4) Roberts, Jarell JR	
2 On-Ottawa Lions	A	1:35.87
1) Moore, Liam -1	2) Greml, Desean -1	
3) Vukasovic, Jeffrey -1	4) Gauthier-Kwan, Olivier -1	
3 U. of Ottawa	A	1:36.07 8
1) Makinde, Toluwalope -1	2) Tesfaye, Gabriel -1	
3) Hunter, Kristoff -1	4) Murray, Tyler -1	
4 On-Ottawa Lions	C	x1:37.25
1) Sanger, Tarek -1	2) Burchill, Corey -1	
3) Banville, Alexandre -1	4) Sissoko, Moussa -1	
5 U. of Ottawa	B	x1:38.73
1) Martineau, Brandyn -1	2) Kaba, Sekou -1	
3) Ryan, Sean -1	4) Al-Slaq, Ahmed -1	
6 On-Ottawa Lions	B	x1:39.30
1) Bedard, Matthew -1	2) Dumont, Teddy -1	
3) Barnabe, Konor -1	4) Tavernier, Telvin -1	

Event 21 Women 4x200 Meter Relay

Meet Record: 1:49.83 * 12/4/2010 University of Ottawa

A Maddex, N Johnson, C Gaudet, K Dillon

Field House: 1:45.23 ^ 2/29/2008

L Edwards, K Marin, T Hollingsworth, A Niles

SLU Record: 1:45.85 s 2/28/2003

A Nortz, K DePuy, A Bibb, K Simpson

1:50.50 ECAC

Team	Relay	Finals
Finals		
1 On-Ottawa Lions	A	1:48.31* ECAC
1) Chiarelli, Alexandra -1	2) Fernando, Shelani -1	
3) Beatson, Gillian -1	4) Jacques, Farah -1	
2 St. Lawrence	A	1:53.22 10
3 On-Ottawa Lions	C	x1:53.46
1) Telford, Alexandra -1	2) Phillips, Clara -1	
3) Gardner, Charlotte -1	4) Vuong, Kim-Quyen -1	
4 U. of Ottawa	A	1:55.13 8
1) Lela, Christiane -1	2) Bien-Aime, Willianne -1	
3) Coulas, Cheryl -1	4) Sipprell, Krista -1	
5 U. of Ottawa	B	x1:55.99
1) Jean, Kathleen -1	2) Biswal, Devyani -1	
3) Dillon, Krista -1	4) Yacob, Marina -1	
6 On-Ottawa Lions	B	x1:56.03
1) Edwards, Tracey -1	2) McIntyre, Victoria -1	
3) Thompson, Jessica -1	4) Oddy, Carolyn -1	

7 U. of Ottawa	C	x1:59.84
1) Malcolm, Chantel -1	2) Carroll, Kaela -1	
3) El Hares, Joanna -1	4) Whitley, Tayler -1	
8 St. Lawrence	B	x2:00.76

Event 22 Women Shot Put

Meet Record: 11.63m * 12/4/2010 Lisa Baron

Field House: 15.22m ^ 1/18/2003 Caroline Larose

SLU Record: 14.69m s 2/20/2010 Alyssa Pirinelli

11.58m ECAC

11.00m NYSA

Name	Yr	School	Finals
Finals			
1 Linder, Kristen	SO	St. Lawrence	10.53m 10
2 Ingalls, Jessica	SR	St. Lawrence	10.04m 8
3 Tyree, Jessica	FR	St. Lawrence	9.54m 6
4 Costa, Olivia	SO	St. Lawrence	8.92m 4

Event 23 Women Long Jump

Meet Record: 4.83m * 12/4/2010 Krista Dillon

Field House: 5.84m ^ 2/28/2003 Kate De Puy

SLU Record: 5.87m s 2/22/2003 Kate DePuy

5.15m ECAC

5.05m NYSA

Name	Yr	School	Finals
Finals			
1 Dillon, Krista	-1	Uottawa	5.25m* ECAC
2 Sipprell, Krista	-1	Uottawa	4.97m* 8
3 Stine, Carly	FR	St. Lawrence	4.80m 6
4 Rebehn, Emily	SO	St. Lawrence	4.62m 4
5 El Hares, Joanna	-1	Uottawa	4.52m 2
6 Aulita, Sky	FR	Hamilton	4.35m 1
7 O'Brien, Meghan	FR	St. Lawrence	4.34m
7 Czaja, Staci	FR	St. Lawrence	4.34m
9 Yee, Samantha	FR	St. Lawrence	4.29m
10 Richardson, Ashley	FR	St. Lawrence	3.72m
--- Yacob, Marina	-1	Uottawa	FOUL

Event 24 Women Pole Vault

Meet Record: 2.90m * 12/4/2010 Caitlin Boreyko

Field House: 3.46m ^ 2/28/2004 Allison Benson

SLU Record: 3.25m s 2/21/2004 Greta Elliott

3.20m ECAC

3.05m NYSA

Name	Yr	School	Finals
Finals			
1 Rock, Melinda	-1	Uottawa	3.20m* ECAC
2 Boreyko, Caitlin	SO	St. Lawrence	2.90m* 8
3 Washington, Taylor	SO	St. Lawrence	2.75m 6
4 Vuong, Kim-Quyen	-1	On-Ottawa Lions	2.60m
5 Czaja, Staci	FR	St. Lawrence	2.45m 4
6 Leich, Emily	FR	St. Lawrence	2.15m 2
--- Oren, Kristine	SO	Hamilton	NH
--- Rescott, Marissa	SO	St. Lawrence	NH

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Results

Event 25 Men High Jump

Meet Record: 1.93m * 12/4/2010 Dustin Scott
 Field House: 2.10m ^ 1/27/2007 Nick Stanisavljevic
 SLU Record: 2.04m s 1996 Pete Basta
 1.93m ECAC
 1.88m NYSA

Name	Yr	School	Finals
Finals			
1 Kane, Brian	SO	St. Lawrence	1.93m* ECAC
2 Scott, Mike	JR	St. Lawrence	1.83m 8
3 London, Jake	SO	Hamilton	1.78m 6

Event 26 Men Shot Put

Meet Record: 11.79m * 12/4/2010 Edbiko Elyse
 Field House: 16.63m ^ 3/5/2005 Matt Kuenzel
 SLU Record: 16.54m s 3/14/2008 Geoff Grambo
 14.35m ECAC
 13.40m NYSA

Name	Yr	School	Finals
Finals			
1 Elyse, Edbiko	SO	St. Lawrence	12.69m* 10
2 Quevillon, Zachary	-1	Uottawa	11.95m* 8
3 Spalik, Justin	SR	St. Lawrence	9.92m 6
4 Eng, Dan		Unat	9.67m

Event 27 Men Long Jump

Meet Record: 6.40m * 12/4/2010 Sean Scott
 Field House: 7.07m ^ 1/26/2002 Ohene Cornelius
 SLU Record: 7.32m s 1997 Chris Burgess
 6.70m ECAC
 6.40m NYSA

Name	Yr	School	Finals
Finals			
1 Wilson, Adrian	SO	St. Lawrence	6.12m 10
2 Spalik, Justin	SR	St. Lawrence	6.03m 8
3 Al-Slaq, Ahmed	-1	Uottawa	5.93m 6
4 Kane, Brian	SO	St. Lawrence	5.88m 4
5 Payton, Christopher	FR	St. Lawrence	5.87m 2
6 Tesfaye, Gabriel	-1	Uottawa	5.83m 1
7 Blackburn, Jeffrey	JR	Hamilton	5.53m

Event 28 Men Pole Vault

Meet Record: 3.80m * 12/4/2010 James May
 Field House: 4.85m ^ 12/13/2008 Mike Dempsey / Richard
 SLU Record: 4.89m s 1989 Alexander Grelland
 4.55m ECAC
 4.10m NYSA

Name	Yr	School	Finals
Finals			
1 Vukasovic, Jeffrey	-1	On-Ottawa Lions	4.40m* NYSA
2 Macci, Taylor	SO	St. Lawrence	3.95m* 10
3 Tavernier, Telvin	-1	On-Ottawa Lions	J3.95m*
4 May, James	SO	St. Lawrence	3.80m* 7
4 Farnsworth, Mark	-1	Uottawa	3.80m* 7
6 Gauthier-Kwan, Olivier	-1	On-Ottawa Lions	3.65m

Event 29 Women High Jump

Meet Record: 1.53m * 12/4/2010 Lyndsey Tolman
 Field House: 1.78m ^ 1/17/2004 Kristy Kerin
 SLU Record: 1.58m s 2/21/2010 Kylie Morris
 1.58m ECAC
 1.53m NYSA

Name	Yr	School	Finals
Finals			
1 Bell, Eliza	FR	St. Lawrence	1.58m* ECAC
2 Whitley, Tayler	-1	Uottawa	1.53m* NYSA
2 Terrell, Emery	-1	Uottawa	1.53m* NYSA
2 Coulas, Cheryl	-1	Uottawa	1.53m* NYSA
5 Chainey, Marie-Eve	-1	Uottawa	1.48m 2
6 Nuffer, Megan	SO	St. Lawrence	J1.48m 1
7 Christensen, Kathryn	SO	St. Lawrence	J1.48m
8 Stine, Carly	FR	St. Lawrence	1.43m
9 Steates, Katherine	FR	Hamilton	1.38m

Event 30 Women Weight Throw

Meet Record: 11.35m * 12/4/2010 Lisa Baron
 Field House: 18.65m ^ 3/4/2005 Kelly Godsey
 SLU Record: 17.65m s 2/27/2009 Alyssa Pirinelli
 14.05m ECAC
 13.00m NYSA

Name	Yr	School	Finals
Finals			
1 Rock, Melinda	-1	Uottawa	12.64m* 10
2 Cutler, Heather	SR	St. Lawrence	12.18m* 8
3 Ingalls, Jessica	SR	St. Lawrence	11.70m* 6
4 Linder, Kristen	SO	St. Lawrence	11.36m* 4
5 Tyree, Jessica	FR	St. Lawrence	9.35m 2
6 Weber, Samantha	FR	St. Lawrence	8.58m 1
7 Costa, Olivia	SO	St. Lawrence	7.67m

Event 31 Women Triple Jump

Meet Record: 11.53m * 12/4/2010 Krista Dillon
 Field House: 11.69m ^ 3/5/2005 Diamond Jones
 SLU Record: 11.56m s 3/8/2008 Jessica Venezia
 10.85m ECAC
 10.50m NYSA

Name	Yr	School	Finals
Finals			
1 Dillon, Krista	-1	Uottawa	11.38m ECAC
2 Sipprell, Krista	-1	Uottawa	11.05m ECAC
3 Stine, Carly	FR	St. Lawrence	10.31m 6
4 Bell, Eliza	FR	St. Lawrence	9.96m 4
5 El Hares, Joanna	-1	Uottawa	9.87m 2
6 Rebehn, Emily	SO	St. Lawrence	9.85m 1
7 Steates, Katherine	FR	Hamilton	9.39m
8 Aulita, Sky	FR	Hamilton	9.32m
9 O'Brien, Meghan	FR	St. Lawrence	9.17m

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Event 32 Men Weight Throw**Meet Record:** 13.47m * 12/4/2010 A.J. Blaisdell**Field House:** 21.69m ^ 12/9/2006 Jesse Doty**SLU Record:** 19.31m s 3/5/2010 Eric Jones

15.35m ECAC

14.40m NYSA

Name	Yr	School	Finals
Finals			
1 Blaisdell, A.J.	JR	St. Lawrence	13.43m 10
2 Elyse, Edbiko	SO	St. Lawrence	12.12m 8

Event 33 Men Triple Jump**Meet Record:** 13.39m * 12/4/2010 Thomas Lehmann**Field House:** 14.99m ^ 3/1/2003 Allen Simms**SLU Record:** 14.18m s 1985 Mike O'Neil

13.50m ECAC

12.80m NYSA

Name	Yr	School	Finals
Finals			
1 Al-Slaq, Ahmed	-1	Uottawa	13.08m NYSA
2 Kane, Brian	SO	St. Lawrence	13.03m NYSA
3 Blackburn, Jeffrey	JR	Hamilton	11.80m 6
4 Payton, Christopher	FR	St. Lawrence	11.59m 4

Women - Team Rankings - 15 Events Scored

1) U. of Ottawa	232
2) St. Lawrence	194
3) Hamilton College	1

Men - Team Rankings - 15 Events Scored

1) St. Lawrence	203
2) U. of Ottawa	180
3) Hamilton College	12