

2012 CIS Track & Field Championships - 3/8/2012 to 3/10/2012

Championnats d'Athletisme du SIC 2012

University of Manitoba

Results

Women 60 Meter Dash

Name	School	Prelims
Preliminaries		
1 Kimberly Hyacinthe	U de Quebec	7.59Q
2 Sarah Pierce	Guelph	7.62Q
3 Nicole Sassine	Windsor	7.64Q
4 Brenna Thomson	Western	7.77Q
5 Lisa Wong	Manitoba	7.70Q
6 Lacey Miller	Calgary	7.78Q
7 Jeannette Goode	Guelph	7.74q
8 Sade Ogungbemi	Manitoba	7.79q
9 Camille Wallace	Windsor	7.83
10 Janelle Khan	Alberta	7.85
11 Emma Pink	St Mary's	7.98
--- Leah Walkeden	Alberta	DQ

Women 60 Meter Dash

Name	School	Finals
Finals		
1 Kimberly Hyacinthe	U de Quebec	7.45
2 Sarah Pierce	Guelph	7.58
3 Nicole Sassine	Windsor	7.62
4 Brenna Thomson	Western	7.68
5 Lisa Wong	Manitoba	7.71
6 Lacey Miller	Calgary	7.72
7 Jeannette Goode	Guelph	7.73
8 Sade Ogungbemi	Manitoba	7.73

Women 300 Meter Dash

Name	School	Prelims
Preliminaries		
1 Kimberly Hyacinthe	U de Quebec	38.77Q
2 Morgan Sawatzky	Saskatchewan	39.07Q
3 Sharai Siemens	Saskatchewan	39.13Q
4 Nicole Sassine	Windsor	39.24q
5 Alicia Brown	Toronto	39.59q
6 Katrin Ritchie	Saskatchewan	39.66q
7 Leah Walkeden	Alberta	39.88
8 Jenn Zimmer	Calgary	39.97
9 Brenna Thomson	Western	40.16
10 Fiona Callender	Toronto	40.23
11 Nana Momoh	Sherbrooke	40.89
12 Lesley D'Apollonia	Dalhousie	42.49

Women 300 Meter Dash

Name	School	Finals
Finals		
1 Kimberly Hyacinthe	U de Quebec	38.30
2 Sharai Siemens	Saskatchewan	38.62
3 Nicole Sassine	Windsor	38.72
4 Morgan Sawatzky	Saskatchewan	38.73
5 Alicia Brown	Toronto	39.83
6 Katrin Ritchie	Saskatchewan	40.15

Women 600 Meter Run

Name	School	Prelims
Preliminaries		
1 Rachel Francois	Victoria	1:31.48Q
2 Jennifer Perrault	Ottawa	1:31.54Q
3 Sharai Siemens	Saskatchewan	1:31.66q
4 Nicole Soderberg	Alberta	1:31.70q
5 Julia Tousaw	Ottawa	1:31.83q
6 Rachel Aubry	Guelph	1:31.88q
7 Sarah Wells	Toronto	1:32.63
8 Danielle Kendall	Calgary	1:32.76
9 Kendra Pomfret	Victoria	1:32.91
10 Charlene Puel	McGill	1:33.05
11 Grace Annear	Victoria	1:35.06
12 Nana Momoh	Sherbrooke	1:35.50

Women 600 Meter Run

Name	School	Finals
Finals		
1 Rachel Francois	Victoria	1:30.19
2 Rachel Aubry	Guelph	1:30.35
3 Jennifer Perrault	Ottawa	1:30.68
4 Nicole Soderberg	Alberta	1:31.27
5 Julia Tousaw	Ottawa	1:31.80
6 Sharai Siemens	Saskatchewan	1:33.35

Women 1000 Meter Run

Name	School	Finals
Finals		
1 Jennifer Perrault	Ottawa	2:48.98
2 Katie Anderson	McMaster	2:49.00
3 Charlene Puel	McGill	2:49.08
4 Ashley Ryer	Dalhousie	2:49.34
5 Lydia Frost	Guelph	2:49.35
6 Rachel Aubry	Guelph	2:49.78
7 Melissa Caruso	Western	2:52.67
8 Laurence Côté	Laval	2:52.82
9 Nadine Frost	Guelph	2:53.15
10 Julia Tousaw	Ottawa	2:55.86

Women 1500 Meter Run

Name	School	Finals
Finals		
1 Tamara Jewett	Toronto	4:25.97
2 Katie Anderson	McMaster	4:29.24
3 Fiona Benson	Trinity Western	4:29.35
4 Genevieve Lalonde	Guelph	4:32.54
5 Nadine Frost	Guelph	4:32.62
6 Ashley Ryer	Dalhousie	4:32.74
7 Andrea Seccaffin	Guelph	4:33.27
8 Lindsay Carson	McMaster	4:33.82
9 Lydia Frost	Guelph	4:35.07
10 Brittany Therrien	Victoria	4:35.60
11 Colleen Hennessy	Toronto	4:36.13

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Finals ... (Women 1500 Meter Run)

Name	School	Finals
12 Becky Pieteron	Western	4:37.60
13 Jodi Souter	Saskatchewan	4:38.22
14 Sarah McCuaig	McGill	4:38.51
15 Carise Thompson	Guelph	4:43.72

Women 3000 Meter Run

Name	School	Finals
Finals		
1 Lindsay Carson	McMaster	9:34.37
2 Andrea Seccafien	Guelph	9:34.37
3 Jodi Souter	Saskatchewan	9:39.31
4 Victoria Coates	McMaster	9:46.14
5 Carise Thompson	Guelph	9:51.49
6 Becky Pieteron	Western	9:52.12
7 Azeline Martino	Calgary	9:56.75
8 Kelly MacDonald	St. FX	9:59.44
9 Sarah Haliburton	McMaster	10:05.62
10 Jen Bays	Western	10:21.10
11 Alicia Roske	Victoria	10:23.82
--- Tamara Jewett	Toronto	DNF

Women 60 Meter Hurdles 1.067m

Name	School	Prelims
Preliminaries		
1 Amilia Di Chiara	Windsor	8.61Q
2 Pascale Delisle	Sherbrooke	8.68Q
3 Kathryn McCaffrey	Alberta	8.62Q
4 Merissa Margetts	Regina	8.72Q
5 Sarah Swain	Windsor	8.72Q
6 Kelsi Mayne	Windsor	8.82Q
7 Courtney Wilkes	Alberta	8.79q
8 Shaylyn Kowalchuk	Western	8.84q
9 Hazel Ross	Trinity Western	8.94q
10 Veronika Smits	Saskatchewan	8.98q
11 Rachel Machin	Calgary	9.03
12 Tamara Cap	Montreal	9.21
--- Laurence Beaudet	Montreal	DNF

Women 60 Meter Hurdles 1.067m

Name	School	Finals
Finals		
1 Amilia Di Chiara	Windsor	8.57
2 Kathryn McCaffrey	Alberta	8.67
3 Kelsi Mayne	Windsor	8.73
4 Merissa Margetts	Regina	8.77
5 Pascale Delisle	Sherbrooke	8.80
6 Shaylyn Kowalchuk	Western	8.81
7 Sarah Swain	Windsor	8.83
8 Courtney Wilkes	Alberta	8.92

Women 4x200 Meter Relay

Team	Relay	Prelims
Preliminaries		
1 U of Saskatchewan		1:39.40Q
1) Morgan Sawatzky	2) Sharai Siemens	
3) Katrin Ritchie	4) Carrie Yuzik	
2 U of Windsor		1:40.03Q
1) Nicole Sassine	2) Emilie Halle	
3) Camille Wallace	4) Nathana Griffiths	
3 U of Calgary		1:40.35Q
1) Jenn Zimmer	2) Kelsey Lotwin	
3) Lacey Miller	4) Mariah Hensel	
4 Western University		1:40.51q
1) Brenna Thomson	2) Cassandra McCaig	
3) Sarah Clancy	4) Vanessa Brathwaite	
5 U of Manitoba		1:40.56q
1) Sade Ogungbemi	2) Lisa Wong	
3) Leah Harpelle	4) Kimberly-Ann Bordun	
6 U of Guelph		1:42.05q
1) Karry-Ann Cornwall	2) Heather Rayner	
3) Lauren Jespersen	4) Sarah Pierce	
7 U of Alberta		1:42.44
1) Janelle Khan	2) Leah Walkeden	
3) Kirclin Maclise	4) Debbie Trang	
8 York University		1:43.04
1) Monique Rodney	2) Sheereen Harris	
3) Kelsey Desjarlais	4) Diandra Forde	
9 U of Regina		1:43.13
1) Kelsey Bohachewski	2) Merissa Margetts	
3) Adrea Propp	4) Sarah Bauck	
10 Dalhousie University		1:43.90
1) Lesley D'Apollonia	2) Dere Ikomi	
3) Emma Roung	4) Sascha Hamilton-Miller	
11 U Sherbrooke		1:44.79
1) Amélie Gélinas-Lafrenière	2) Justine Bernier	
3) Sabrina Néron	4) Laurie Deaudelin-Gauthier	
12 McGill		1:49.85
1) Majenta Whyte Potter-Mal	2) Alexandra Morin-Boucher	
3) Kamila RogicMcLean	4) Evelyn Anderson	

Women 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 U of Calgary		1:39.55
1) Jenn Zimmer	2) Kelsey Lotwin	
3) Lacey Miller	4) Mariah Hensel	
2 Western University		1:39.61
1) Brenna Thomson	2) Cassandra McCaig	
3) Sarah Clancy	4) Vanessa Brathwaite	
3 U of Manitoba		1:41.59
1) Sade Ogungbemi	2) Lisa Wong	
3) Leah Harpelle	4) Kimberly-Ann Bordun	
4 U of Guelph		1:42.04

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Team	Relay	Finals
5 U of Windsor		1:52.45
1) Nicole Sassine	2) Emilie Halle	
3) Camille Wallace	4) Nathana Griffiths	
--- U of Saskatchewan		DQ
1) Morgan Sawatzky	2) Sharai Siemens	
3) Katrin Ritchie	4) Veronika Smits	

Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 U of Toronto		3:41.47
1) Alicia Brown	2) Rachel Jewett	
3) Fiona Callender	4) Sarah Wells	
2 U of Saskatchewan		3:44.93
1) Morgan Sawatzky	2) Sharai Siemens	
3) Amanda Banks	4) Katrin Ritchie	
3 U of Windsor		3:46.29
1) Nicole Sassine	2) Emilie Halle	
3) Andrina Slegers	4) Heather Kurpe	
4 U of Victoria		3:49.62
1) Kendra Pomfret	2) Grace Annear	
3) Maureen McCulligh	4) Rachel Francois	
5 U of Manitoba		3:50.15
1) Kimberly-Ann Bordun	2) Michelle Lavoie	
3) Sarah Huebert	4) Leah Harpelle	
6 U of Alberta		3:50.64
1) Kirklin Maclise	2) Leah Walkeden	
3) Daniella Clonfero	4) Nicole Soderberg	
7 U Sherbrooke		3:51.10
1) Pascale Delisle	2) Sabrina Néron	
3) Nana Momoh	4) Amélie Gélinas-Lafrenière	
8 U of Guelph		3:51.23
1) Corinne Smith	2) Heather Rayner	
3) Shauna Malek	4) Rachel Aubry	
9 Western University		3:52.59
1) Brenna Thomson	2) Cassandra McCaig	
3) Jennifer Pitman	4) Rachael Muma	
10 U. of Ottawa		3:53.06
1) Jennifer Perrault	2) Julia Tousaw	
3) Andrea Dubuc	4) Cierra Gaudet	
11 Dalhousie University		3:55.94
1) Lesley D'Apollonia	2) Chantelle Robbertse	
3) Ashley Ryer	4) Sascha Hamilton-Miller	
12 McMaster University		3:56.44
1) Jessica Tat	2) Laura Morrison	
3) Sarah Wilson	4) Chelsea Mackinnon	
13 McGill		3:58.87
1) Alexandra Morin-Boucher	2) Charlene Puel	
3) Aimee Castro	4) Kamila RogicMcLean	

Women 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 U of Guelph		8:45.13
1) Lydia Frost	2) Nadine Frost	
3) Genevieve Lalonde	4) Rachel Aubry	
2 U of Victoria		8:49.75
1) Grace Annear	2) Kendra Pomfret	
3) Shauna McInnis	4) Rachel Francois	
3 McGill		8:58.93
1) Aimee Castro	2) Sarah McCuaig	
3) Alexandra Morin-Boucher	4) Charlene Puel	
4 U of Windsor		9:03.25
1) Andrina Slegers	2) Meaghan Marton	
3) Samantha Kellam	4) Heather Kurpe	
5 U of Manitoba		9:05.22
1) Sarah Huebert	2) Alex Bell	
3) Michelle Lavoie	4) Jacky Phalen	
6 U of Saskatchewan		9:05.91
1) Amanda Banks	2) Elecktra Charles	
3) Julene Friesen	4) Helen Hanbidge	
7 U of Toronto		9:09.48
1) Rosa Serafini	2) Charlotte Marcotte-Toale	
3) Colleen Hennessy	4) Tamara Jewett	
8 McMaster University		9:09.90
1) Chelsea Mackinnon	2) Jill Wyman	
3) Lindsay Carson	4) Katie Anderson	
9 Western University		9:11.50
1) Courtney Long	2) Melissa Caruso	
3) Becky Pieteron	4) Katie Bell	
10 U Sherbrooke		9:29.82
1) Alexandre Desmarais-gagnon	2) Gabrielle Lebel	
3) Gabrielle Jeannotte Maranda	4) Catherine Gauthier	

Women High Jump

Name	School	Finals
Finals		
1 Emma Nuttall	Trinity Western	1.82m
2 Rachel Machin	Calgary	1.79m
3 Lindsey Bergevin	Alberta	1.70m
4 Laura Maessen	Toronto	1.65m
4 Shaneista Haye	Toronto	1.65m
4 Kelly Morrison	Windsor	1.65m
4 Katerine Dugas	Montreal	1.65m
4 Rachel Jewett	Toronto	1.65m
9 Courtney Olah	Western	J1.65m
10 Rebecca Haworth	Dalhousie	J1.65m
11 Shalane Haselhan	Regina	J1.65m
12 Megan Rumpel	Regina	1.60m
13 Jennifer Pitman	Western	J1.60m
13 Julia Wallace	Guelph	J1.60m
--- Flo Peters	Toronto	NH

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Women Pole Vault

Name	School	Finals
Finals		
1 Mélanie Blouin	Laval	4.05m
2 Erika Fiedler	Guelph	3.95m
3 Lindsey Bergevin	Alberta	3.90m
4 Teresa Hill	Saskatchewan	3.75m
5 Kimberly Stephenson	Calgary	3.70m
6 Melissa Richards	Manitoba	3.70m
7 Courtney Erickson	Saskatchewan	3.60m
8 Mignon le Roux	Saskatchewan	3.50m
9 Sarah Swain	Windsor	3.40m
9 Alex Allen	Manitoba	3.40m
11 Sharon Michalak	Western	3.40m
--- Carmen Siu	Western	NH

Women Long Jump

Name	School	Finals
Finals		
1 Alicia Smith	Western	5.85m
2 Caroline Ehrhardt	Western	5.83m
3 Rachel Machin	Calgary	5.74m
4 Shalane Haselhan	Regina	5.73m
5 Pascale Delisle	Sherbrooke	5.71m
6 Rachael McIntosh	Calgary	5.67m
7 Julia Wallace	Guelph	5.60m
8 Morgan Hall	Western	5.50m
9 Mila Simulik	Western	5.48m
10 Katie Flemington	Western	5.47m
11 Jaideene Lowe	Windsor	5.37m
12 Anissa Owen	St Mary's	5.28m

Women Triple Jump

Name	School	Finals
Finals		
1 Caroline Ehrhardt	Western	12.56m
2 Julia Wallace	Guelph	12.48m
3 Jaideene Lowe	Windsor	12.15m
4 Alicia Smith	Western	12.09m
5 Courtney Wilkes	Alberta	11.99m
6 Alanna Stewart	Toronto	11.79m
7 Mila Simulik	Western	11.71m
8 Audrey Morin-Lemay	Sherbrooke	11.59m
9 Laurie Harder	Saskatchewan	11.42m
10 Emily Goad	Western	11.35m
11 Katie Kaiser	Western	11.33m
12 Josée-Anne Sarazin-coté	Sherbrooke	11.21m

Women Shot Put 4kg

Name	School	Finals
Finals		
1 Celine Freeman-Gibb	Windsor	14.60m
2 Cynthia Appiah	York	14.34m
3 Elizabeth Petrov	York	14.10m

4 Steffi Stephenson	Windsor	13.93m
5 Shealyn McLaughlin	Windsor	13.83m
6 Karla Gabruch	Saskatchewan	13.31m
7 Kristin Obrochta	York	12.95m
8 Rachael McIntosh	Calgary	12.91m
9 Allison Loyst	Windsor	12.77m
10 Jacinta Cowan	Windsor	12.66m
11 Chantelle Labrecque	Regina	12.33m
12 Jamie Waine	Calgary	12.32m
13 Samme Groenveld	Calgary	11.97m
14 Alex Black	New Brunswick	11.66m

Women Weight Throw 20 lbs

Name	School	Finals
Finals		
1 Kristin Obrochta	York	17.83m
2 Cynthia Appiah	York	17.71m
3 Annie Larose	Sherbrooke	17.60m
4 Ami Schimanski	Windsor	17.22m
5 Steffi Stephenson	Windsor	17.12m
6 Karla Gabruch	Saskatchewan	16.70m
7 Jenine McCutcheon	Western	16.61m
8 Kristen Mackie	Saskatchewan	16.51m
9 Elizabeth MacDonald	Dalhousie	16.11m
10 Elizabeth Petrov	York	15.58m
11 Shealyn McLaughlin	Windsor	15.41m
12 Ciera Heshka-Wolf	Alberta	14.80m
13 Cara Marcantonio	Western	13.56m

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	School	Finals
Finals		
1 Rachel Jewett	Toronto	2:13.51 914
2 Rachael McIntosh	Calgary	2:15.23 890
3 Chantelle Robbertse	Dalhousie	2:23.90 771
4 Juliana Bergin	Toronto	2:23.90 771
5 Pascale Delisle	Sherbrooke	2:24.02 770
6 Jennifer Pitman	Western	2:25.50 750
7 Flo Peters	Toronto	2:28.32 714
8 Kelly Morrison	Windsor	2:32.41 663
9 Jessica May	Guelph	2:41.99 550
10 Megan Rumpel	Regina	2:43.05 538
11 Veronika Smits	Saskatchewan	2:43.73 531
12 Emery Terrell	Ottawa	2:46.05 505
--- Katerine Dugas	Montreal	DNF

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	School	Finals
Finals		
1 Pascale Delisle	Sherbrooke	8.64 987
2 Rachael McIntosh	Calgary	8.86 939
3 Veronika Smits	Saskatchewan	8.99 912
4 Rachel Jewett	Toronto	9.09 891
5 Kelly Morrison	Windsor	9.26 856
6 Juliana Bergin	Toronto	9.29 850

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Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Penta			
Name	School	Finals	
7 Flo Peters	Toronto	9.31	846
8 Katerine Dugas	Montreal	9.33	842
9 Megan Rumpel	Regina	9.36	836
10 Jennifer Pitman	Western	9.43	822
11 Jessica May	Guelph	9.59	791
12 Emery Terrell	Ottawa	9.69	771
13 Chantelle Robbertse	Dalhousie	10.59	606

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	School	Finals	
1 Katerine Dugas	Montreal	1.72m	879
2 Kelly Morrison	Windsor	1.69m	842
2 Jennifer Pitman	Western	1.69m	842
4 Rachel Jewett	Toronto	1.63m	771
4 Flo Peters	Toronto	1.63m	771
4 Megan Rumpel	Regina	1.63m	771
7 Pascale Delisle	Sherbrooke	1.60m	736
8 Jessica May	Guelph	1.57m	701
8 Rachael McIntosh	Calgary	1.57m	701
10 Chantelle Robbertse	Dalhousie	1.54m	666
10 Emery Terrell	Ottawa	1.54m	666
12 Veronika Smits	Saskatchewan	1.51m	632
12 Juliana Bergin	Toronto	1.51m	632

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	School	Finals	
1 Pascale Delisle	Sherbrooke	5.81m	792
2 Rachael McIntosh	Calgary	5.69m	756
3 Kelly Morrison	Windsor	5.51m	703
4 Juliana Bergin	Toronto	5.22m	620
5 Megan Rumpel	Regina	5.14m	598
6 Chantelle Robbertse	Dalhousie	5.13m	595
7 Flo Peters	Toronto	5.10m	587
8 Katerine Dugas	Montreal	5.08m	581
9 Rachel Jewett	Toronto	5.06m	576
10 Emery Terrell	Ottawa	4.99m	557
11 Veronika Smits	Saskatchewan	4.94m	543
12 Jessica May	Guelph	4.82m	511
13 Jennifer Pitman	Western	4.61m	456

Indoor Pentathlon: #3 Women Shot Put 4 kg Indoor Pentathlon

Name	School	Finals	
1 Rachael McIntosh	Calgary	13.04m	730
2 Juliana Bergin	Toronto	11.69m	641
3 Veronika Smits	Saskatchewan	11.02m	596
4 Emery Terrell	Ottawa	10.59m	568
5 Megan Rumpel	Regina	10.19m	542
6 Pascale Delisle	Sherbrooke	9.89m	522
7 Katerine Dugas	Montreal	9.76m	514
8 Rachel Jewett	Toronto	9.67m	508

9 Kelly Morrison	Windsor	9.21m	478
10 Jessica May	Guelph	9.08m	469
11 Flo Peters	Toronto	8.72m	446
12 Jennifer Pitman	Western	8.01m	400
13 Chantelle Robbertse	Dalhousie	7.79m	386

Women Indoor Pentathlon

Name	School	Finals	
1 Rachael McIntosh	Calgary	4016	
2 Pascale Delisle	Sherbrooke	3807	
3 Rachel Jewett	Toronto	3660	
4 Kelly Morrison	Windsor	3542	
5 Juliana Bergin	Toronto	3514	
6 Flo Peters	Toronto	3364	
7 Megan Rumpel	Regina	3285	
8 Jennifer Pitman	Western	3270	
9 Veronika Smits	Saskatchewan	3214	
10 Emery Terrell	Ottawa	3067	
11 Chantelle Robbertse	Dalhousie	3024	
12 Jessica May	Guelph	3022	
13 Katerine Dugas	Montreal	2816	

Men 60 Meter Dash

Name	School	Prelims	
1 Dontae Richards-Kwok	York	6.80Q	
2 Aaron Bowman	Windsor	6.82Q	
3 Harold Vulgaire	Sherbrooke	6.83Q	
4 Tyrone Halstead	York	6.87Q	
5 Oluwasegun Makinde	Ottawa	6.91Q	
6 Tevaughn Campbell	Regina	6.91Q	
7 Elias Granillo	Western	6.93q	
8 Kofi Kwarko-Fosu	Waterloo	6.94q	
9 Michael Bawol	Dalhousie	6.94	
10 Olu Ogunde	York	6.95	
11 Sébastien Sévigny	Sherbrooke	6.96	
12 Benjamin Williams	Alberta	6.98	
13 Dominic Allard	Laval	6.99	
14 Miguel Wason	Western	7.57	

Men 60 Meter Dash

Name	School	Finals	
1 Dontae Richards-Kwok	York	6.73	
2 Aaron Bowman	Windsor	6.74	
3 Harold Vulgaire	Sherbrooke	6.76	
4 Tyrone Halstead	York	6.84	
5 Oluwasegun Makinde	Ottawa	6.89	
6 Elias Granillo	Western	6.90	
7 Tevaughn Campbell	Regina	6.91	
8 Kofi Kwarko-Fosu	Waterloo	6.95	

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Name	School	Prelims
Preliminaries		
1 Dontae Richards-Kwok	York	34.11Q
2 Michael Robertson	Ottawa	34.17Q
3 Tait Nystuen	Regina	34.27Q
4 Kyle Murray	Lethbridge	34.13q
5 Chris Reid	Windsor	34.25q
6 Oluwasegun Makinde	Ottawa	34.33q
7 Elias Granillo	Western	34.40
8 Devin Biocchi	Ottawa	34.62
9 Sébastien Sévigny	Sherbrooke	35.25
10 Robin Delepine	Sherbrooke	35.81
--- Harold Vulgaire	Sherbrooke	DNF
--- Tyrone Halstead	York	DNF

Men 300 Meter Dash

Name	School	Finals
Finals		
1 Dontae Richards-Kwok	York	33.74
2 Michael Robertson	Ottawa	33.86
3 Tait Nystuen	Regina	34.17
4 Kyle Murray	Lethbridge	34.34
5 Oluwasegun Makinde	Ottawa	34.45
6 Chris Reid	Windsor	35.04

Men 600 Meter Run

Name	School	Prelims
Preliminaries		
1 Adam Gaudes	Victoria	1:19.58Q
2 Scott Leitch	Western	1:19.60Q
3 Michael Trnkus	Toronto	1:19.70q
4 Charles-Olivier Laporte	Laval	1:19.74q
5 John Pratt	Victoria	1:19.76q
6 Justin Blades	Dalhousie	1:19.87q
7 Ryan Charlton	York	1:20.34
8 Frédéric Bouchard	Laval	1:20.55
9 Zach Durand	Manitoba	1:20.56
10 Matt MacDonald	Guelph	1:21.43
11 Michael Robertson	Ottawa	1:21.51
12 Mitch Tome	Windsor	1:21.92
--- Kahmall McCabe	Dalhousie	DNF

Men 600 Meter Run

Name	School	Finals
Finals		
1 Scott Leitch	Western	1:18.57
2 Adam Gaudes	Victoria	1:19.05
3 Michael Trnkus	Toronto	1:19.15
4 Charles-Olivier Laporte	Laval	1:19.26
5 John Pratt	Victoria	1:19.34
6 Justin Blades	Dalhousie	1:22.42

Men 1000 Meter Run

Name	School	Finals
Finals		
1 Tommy Lecours	Guelph	2:22.09
2 Jean-Samuel Lapointe	Laval	2:22.68
3 Charles Philibert-Thiboutot	Laval	2:22.74
4 Ryan Armstrong	Western	2:24.45
5 Alastair Brown	Lakhead	2:24.57
6 Michael Nishiyama	Queen's	2:26.86
7 Mathieu Raymond	Laval	2:26.99
8 Rob Jackson	Guelph	2:27.16
9 Thomas Riva	Victoria	2:27.43
10 Paul LaMarra	Windsor	2:28.33

Men 1500 Meter Run

Name	School	Finals
Finals		
1 Matt Walters	Windsor	3:47.58
2 Charles Philibert-Thiboutot	Laval	3:48.07
3 Allan Brett	Guelph	3:50.59
4 Cliff Childs	Victoria	3:51.14
5 Alastair Brown	Lakhead	3:51.44
6 Karl Robertson	Victoria	3:51.70
7 Tommy Lecours	Guelph	3:52.28
8 Ross Proudfoot	Guelph	3:52.66
9 Paul Janikowski	Windsor	3:53.77
10 Andrew Nixon	Guelph	3:54.75
11 Alex Genest	Guelph	3:55.10
12 Kyle Irvine	Victoria	4:02.16

Men 3000 Meter Run

Name	School	Finals
Finals		
1 Matt Walters	Windsor	8:10.22
2 Ross Proudfoot	Guelph	8:10.80
3 Paul Janikowski	Windsor	8:10.86
4 Andrew Nixon	Guelph	8:12.57
5 Alex Genest	Guelph	8:14.17
6 Allan Brett	Guelph	8:15.55
7 Graham Bowes	McMaster	8:22.93
8 Cliff Childs	Victoria	8:23.38
9 Emmanuel Boisvert	Laval	8:27.53
10 Connor McGuire	St. FX	8:32.09
11 Anthony Larouche	Laval	8:42.65
12 Curtis Merry	Calgary	8:45.80

Men 60 Meter Hurdles 0.84m

Name	School	Prelims
Preliminaries		
1 Simon Léveillé	Sherbrooke	8.05Q
2 Sekou Kaba	Ottawa	8.09Q
3 Matt Brisson	Western	8.09Q
4 Calum Innes	Trinity Western	8.20Q
5 Justin Baker	Regina	8.29Q

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Preliminaries ... (Men 60 Meter Hurdles 0.84m)

Name	School	Prelims
6 Gabriel Tesfaye	Ottawa	8.38Q
7 Mark Chenery	Ottawa	8.45q
8 Kevin O'Neill	St Mary's	8.47q
9 Austin Roth	Windsor	8.54q
10 Craig Thomas	Calgary	8.56q
11 Keegan Sharp	Saskatchewan	8.67
--- Isoken Ogieva	Western	DQ

Men 60 Meter Hurdles 0.84m

Name	School	Finals
1 Sekou Kaba	Ottawa	7.92
2 Matt Brisson	Western	7.98
3 Simon Léveillé	Sherbrooke	8.10
4 Calum Innes	Trinty Western	8.19
5 Justin Baker	Regina	8.26
6 Gabriel Tesfaye	Ottawa	8.39
7 Mark Chenery	Ottawa	8.46
8 Kevin O'Neill	St Mary's	8.52

Men 4x200 Meter Relay

Team	Relay	Prelims
Preliminaries		
1 U. of Ottawa		1:26.55Q
1) Oluwasegun Makinde	2) Michael Robertson	
3) Devin Biocchi	4) Toluwalope Makinde	
2 U of Windsor		1:26.82Q
1) Tyler MacLeod	2) Chris Reid	
3) Brendan Dills	4) Shane Kelly	
3 York University		1:27.25Q
1) Dontae Richards-Kwok	2) Tyrone Halstead	
3) Olu Ogunde	4) David Mayer	
4 Western University		1:27.68q
1) Elias Granillo	2) Brayden Bullen	
3) Dan Goddard	4) Brent Bates	
5 U of Regina		1:28.01q
1) Tait Nystuen	2) Ethan Gardner	
3) Ian McLellan	4) Tevaughn Campbell	
6 U Sherbrooke		1:28.28q
1) Robin Delepine	2) Harold Vulgaire	
3) Sébastien Sévigny	4) Simon Léveillé	
7 U of Calgary		1:28.83
1) Adam Clark	2) Garrett King	
3) Stewart Bury-Jones	4) Josh Breski	
8 U of Alberta		1:29.27
1) Benjamin Williams	2) Taylor Fernuik	
3) Mitchell Home	4) Stephen McPhee	
9 U of Manitoba		1:29.59
1) Wilfred Samking	2) Terrence Sampson	
3) Dylan Ostberg	4) Zach Durand	
10 U Laval		1:30.23
1) Dominic Allard	2) Charles-Olivier Laporte	
3) Pierre-Luc Bouillon	4) Mathieu Boudreau	

11 U of Toronto		1:30.54
1) Nathan Goodfellow	2) Jermaine Davis-Wilson	
3) Chris Johnson	4) Jermaine Felix	
12 McGill		1:30.70
1) Jordon Masys	2) Steven Murray	
3) Eric Ellemo	4) Alexander Steinbrenner	

Men 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 U. of Ottawa		1:25.65
1) Oluwasegun Makinde	2) Michael Robertson	
3) Devin Biocchi	4) Toluwalope Makinde	
2 York University		1:26.74
1) Dontae Richards-Kwok	2) Tyrone Halstead	
3) Olu Ogunde	4) David Mayer	
3 Western University		1:27.90
1) Elias Granillo	2) Brayden Bullen	
3) Dan Goddard	4) Brent Bates	
4 U of Regina		1:28.41
1) Tait Nystuen	2) Ethan Gardner	
3) Ian McLellan	4) Tevaughn Campbell	
5 U Sherbrooke		1:29.57
1) Harold Vulgaire	2) Sébastien Sévigny	
3) Robin Delepine	4) Simon Léveillé	
6 U of Windsor		1:30.04
1) Tyler MacLeod	2) Chris Reid	
3) Brendan Dills	4) Shane Kelly	

Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 U. of Ottawa		3:15.32
1) Toluwalope Makinde	2) Devin Biocchi	
3) Oluwasegun Makinde	4) Michael Robertson	
2 Western University		3:16.05
1) Elias Granillo	2) Brent Bates	
3) Scott Leitch	4) Drew Mackay-Timmermans	
3 U of Manitoba		3:16.57
1) Matthew Fitkowsky	2) Joel Vankoughnet	
3) Dylan Ostberg	4) Zach Durand	
4 York University		3:17.84
1) David Mayer	2) Ryan Charlton	
3) Dontae Richards-Kwok	4) Andrew Heaney	
5 U of Regina		3:19.29
1) Ethan Gardner	2) Tait Nystuen	
3) Cale Brown	4) Ian McLellan	
6 U of Windsor		3:19.52
1) Brendan Dills	2) Chris Reid	
3) Mitch Tome	4) Dustin Eldridge	
7 U Laval		3:19.66
1) Mathieu Boudreau	2) Charles Philibert-Thiboutot	
3) Mathieu Raymond	4) Charles-Olivier Laporte	

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Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals
8 U Sherbrooke		3:19.79
1) Sébastien Sévigny	2) Mathieu Landry-coté	
3) Robin Delepine	4) Marc-André Raiche	
9 U of Calgary		3:19.84
1) Josh Breski	2) Bastian Mayer	
3) Garrett King	4) Evan Kimick	
10 McMaster University		3:24.32
1) Rudy Baronette	2) George DiCenzo	
3) Denis Noronha	4) Jimmy Tat	
11 Dalhousie University		3:24.39
1) Justin Blades	2) Andrew Falkenham	
3) Jacob Moore	4) Anthony Bernard	
12 U of Toronto		3:40.91
1) Nathan Goodfellow	2) Andrew Cruickshank	
3) Michael Trnkus	4) Dennis Davenport	

Men 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Western University		7:31.88
1) Matt Muldoon	2) Ryan Armstrong	
3) Trent Sayers	4) Scott Leitch	
2 U of Victoria		7:32.58
1) Adam Gaudes	2) Kyle Irvine	
3) Thomas Riva	4) John Pratt	
3 U of Guelph		7:33.22
1) Matt MacDonald	2) Steve-o Holmes	
3) Benoit Boulay	4) Tommy Lecours	
4 U of Windsor		7:35.14
1) Ben Procter	2) Paul LaMarra	
3) Fraser Kegel	4) Dustin Eldridge	
5 U Laval		7:35.82
1) Mathieu Boudreau	2) Charles Philibert-Thiboutot	
3) Mathieu Raymond	4) Charles-Olivier Laporte	
6 York University		7:39.53
1) Ethan Henry	2) Jordan Miller	
3) Ryan Charlton	4) Andrew Heaney	
7 U of Toronto		7:40.99
1) Connor Outhit	2) Michael Trnkus	
3) Andrew Cruickshank	4) Dennis Davenport	
8 U of Manitoba		7:44.10
1) Cody Mages	2) Kyle Berg	
3) Eric Thacher	4) Travis Toet	
9 Queen's University		7:46.55
1) Josh Potvin	2) Alex Hutton	
3) Jeff Mountjoy	4) Michael Nishiyama	
10 U of Calgary		7:46.80
1) Adam Wasylyshyn	2) Evan Kimick	
3) Adam Elford	4) Brad Bickley	
11 Dalhousie University		8:21.40
1) Andrew Falkenham	2) Kahmall McCabe	
3) Jacob Moore	4) Justin Blades	

Men High Jump

Name	School	Finals
Finals		
1 Lincoln Crooks	Saskatchewan	2.04m
2 Alex Witmer	Toronto	J2.04m
3 Robert McCulloch	Dalhousie	J2.04m
4 Simon Watts	Dalhousie	2.01m
5 Andrew Dandie	Windsor	1.93m
5 Arthur Buchanan	Manitoba	1.93m
7 Jean-Gabriel Ferragne	Sherbrooke	J1.93m
8 Mat West	Windsor	1.88m
9 Chris Cauley	Western	1.83m
9 Kyle Killiam	York	1.83m
9 Andrew Good	Waterloo	1.83m
--- Branden Wilhelm	Windsor	NH

Men Pole Vault

Name	School	Finals
Finals		
1 Lane Britnell	Saskatchewan	4.95m
2 Matt Diston	Western	4.90m
3 Townsend Benard	Toronto	4.75m
4 Jake Pfaff	Windsor	4.65m
5 Doug Creighton	Toronto	J4.65m
6 Chris Erle	Western	J4.65m
7 David McKay	York	4.55m
8 Vince Di Bacco	York	J4.55m
9 Paul Worndl	Guelph	J4.55m
10 Mark Baerg	Saskatchewan	4.45m
11 Luke Durward	York	J4.45m
12 Craig Thomas	Calgary	4.30m
13 Nicholas Busque	McGill	4.15m
--- Lane Clark	Guelph	NH

Men Long Jump

Name	School	Finals
Finals		
1 Stephen McPhee	Alberta	7.05m
2 Andrew Dandie	Windsor	6.98m
3 Jose Belfast-Kum	Western	J6.98m
4 Ahmed Alkabary	Regina	6.88m
5 Simon Watts	Dalhousie	J6.88m
6 Mark Chenery	Ottawa	6.82m
7 Trent Johnston	Calgary	6.66m
8 Branden Wilhelm	Windsor	6.47m
9 Adam Baptie	Alberta	6.41m
10 Jason Guénette	Laval	6.24m
11 Teodor Kostelnik	Alberta	6.01m
--- Arren Young	Windsor	FOUL

Men Triple Jump

Name	School	Finals
Finals		
1 Simon Watts	Dalhousie	14.50m

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Name	School	Finals
2 Patrick Dufresne	Guelph	14.48m
3 Cossy Nachilobe	Saskatchewan	14.33m
4 Jose Belfast-Kum	Western	14.31m
5 Carl Shen	Western	14.15m
6 Richard Jansen	York	14.07m
7 Vinh Le	York	13.88m
8 Chris Lo	Guelph	13.52m
9 Rodney Fajardo	York	13.42m
10 Riley Booth	Calgary	13.31m
11 Anthony Bernard	Dalhousie	13.29m
12 Arthur Ward	Regina	13.27m
13 Jason Guénette	Laval	13.13m
--- Daniel Yetman	Dalhousie	FOUL

Men Shot Put 7.26 kg

Name	School	Finals
1 Tim Hendry	Guelph	18.31m
2 Drew Welch	Western	17.36m
3 Chris Pickering	Regina	17.32m
4 Umar Khan	York	17.24m
5 Andrew Ysebaert	Windsor	17.19m
6 Brent Roubos	Guelph	16.96m
7 Daniel Novia	York	15.99m
8 Nolan Machiskinic	Saskatchewan	15.63m
9 Eric Brathwaite	York	14.95m
10 Cole Bloxam	Windsor	14.74m
11 Garrett Ramey	St Mary's	14.72m
12 Alex Kopacz	Western	14.62m
13 Alexandre Gagné	Sherbrooke	14.49m
14 Smith Wright	Alberta	13.99m

Men Weight Throw 35 lbs

Name	School	Finals
1 Daniel Novia	York	20.31m
2 Tim Hendry	Guelph	19.44m
3 Seth London	Dalhousie	18.16m
4 Alexandre Gagné	Sherbrooke	17.87m
5 Eric Brathwaite	York	17.58m
6 Josh Archer	Western	16.81m
7 Philippe Jean	Laval	16.78m
8 Brent Roubos	Guelph	16.22m
9 Andrew McDermott	Guelph	16.13m
10 Chris Preece	York	16.01m
11 Chris Pickering	Regina	15.87m
12 Smith Wright	Alberta	15.63m
13 Steven Link	Calgary	15.38m
14 Andrej Brajic	Calgary	14.14m

Indoor Pentathlon: #5 Men 1000 Meter Run Indoor Pentathlon

Name	School	Finals
1 Michael Barber	Regina	2:41.78 854
2 Jacob Powrie	Trinity Western	2:42.21 849
3 Keegan Sharp	Saskatchewan	2:42.60 845
4 Jesse Drennan	Windsor	2:47.72 790
5 Mark Chenery	Ottawa	2:48.34 783
6 TJ Rodin	Windsor	2:48.62 780
7 Craig Thomas	Calgary	2:49.24 774
8 Robert McCulloch	Dalhousie	2:50.98 755
9 Chris Robertson	Western	2:56.02 704
10 Adam Baptie	Alberta	2:59.91 665
11 Paul Rydberg	Manitoba	3:00.13 663

Indoor Pentathlon: #1 Men 60 Meter Hurdles Indoor Pentathlon

Name	School	Finals
1 TJ Rodin	Windsor	8.35 896
2 Mark Chenery	Ottawa	8.36 893
3 Keegan Sharp	Saskatchewan	8.42 879
4 Craig Thomas	Calgary	8.45 872
5 Paul Rydberg	Manitoba	8.46 869
6 Chris Robertson	Western	8.70 813
7 Mat West	Windsor	8.74 804
8 Jesse Drennan	Windsor	9.00 746
9 Jacob Powrie	Trinity Western	9.02 741
10 Michael Barber	Regina	9.02 741
11 Adam Baptie	Alberta	9.21 700
12 Robert McCulloch	Dalhousie	9.47 646

Indoor Pentathlon: #4 Men High Jump Indoor Pentathlon

Name	School	Finals
1 Robert McCulloch	Dalhousie	2.04m 840
2 Jacob Powrie	Trinity Western	1.95m 758
3 Chris Robertson	Western	1.92m 731
3 Mark Chenery	Ottawa	1.92m 731
3 Keegan Sharp	Saskatchewan	1.92m 731
6 TJ Rodin	Windsor	1.89m 705
7 Craig Thomas	Calgary	1.80m 627
7 Adam Baptie	Alberta	1.80m 627
7 Jesse Drennan	Windsor	1.80m 627
10 Paul Rydberg	Manitoba	1.77m 602
11 Michael Barber	Regina	1.74m 577
--- Mat West	Windsor	NH

Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon

Name	School	Finals
1 Mark Chenery	Ottawa	6.94m 799
2 Robert McCulloch	Dalhousie	6.80m 767
3 Keegan Sharp	Saskatchewan	6.72m 748
4 Craig Thomas	Calgary	6.67m 736

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Name	School	Finals
5 Jacob Powrie	Trinty Western	6.57m 713
6 TJ Rodin	Windsor	6.52m 702
7 Adam Baptie	Alberta	6.36m 666
8 Chris Robertson	Western	6.32m 657
9 Mat West	Windsor	6.24m 639
10 Paul Rydberg	Manitoba	6.20m 630
11 Michael Barber	Regina	6.12m 613
12 Jesse Drennan	Windsor	6.02m 591

Indoor Pentathlon: #3 Men Shot Put 7,26 kg Indoor Pentathlon

Name	School	Finals
Finals		
1 Michael Barber	Regina	14.20m 741
2 Robert McCulloch	Dalhousie	12.87m 659
3 Keegan Sharp	Saskatchewan	12.61m 643
4 Craig Thomas	Calgary	12.57m 641
5 Paul Rydberg	Manitoba	12.32m 626
6 Jesse Drennan	Windsor	12.03m 608
7 Mark Chenery	Ottawa	11.98m 605
8 Jacob Powrie	Trinty Western	11.72m 589
9 Chris Robertson	Western	11.68m 587
10 Adam Baptie	Alberta	11.48m 575
11 Mat West	Windsor	11.46m 574
12 TJ Rodin	Windsor	11.25m 561

Men Indoor Pentathlon

Name	School	Finals
Finals		
1 Keegan Sharp	Saskatchewan	3846
2 Mark Chenery	Ottawa	3811
3 Robert McCulloch	Dalhousie	3667
4 Craig Thomas	Calgary	3650
5 Jacob Powrie	Trinty Western	3650
6 TJ Rodin	Windsor	3644
7 Michael Barber	Regina	3526
8 Chris Robertson	Western	3492
9 Paul Rydberg	Manitoba	3390
10 Jesse Drennan	Windsor	3362
11 Adam Baptie	Alberta	3233