



ATHLETICS / ATHLÉTISME

**TRACK & FIELD  
2018 YOUTH PROGRAM  
FOR AGES 6 THROUGH 11**

**FALL XC PROGRAM**

SEPTEMBER 8<sup>TH</sup> – OCTOBER 20<sup>TH</sup>

NO SESSION ON SATURDAY (OCTOBER 13<sup>TH</sup>) DUE  
TO CAPITAL XC CHALLENGE

**REGISTRATION INFORMATION**

The Fall XC program is offered five times per week at the Terry Fox Athletic Facility in Mooney’s Bay Park (2960 Riverside Drive) and once a week at Russell High School (982 N Russell Road).

During registration, please indicate the day and time slot (if multiple are offered) in which your child will be attending.

TERRY FOX ATHLETIC FACILITY		RUSSELL HIGH SCHOOL	
TUESDAY	6:00PM-7:30PM	TUESDAY	5:30PM-7:00PM
THURSDAY	6:00PM-7:30PM	THURSDAY	5:30PM-7:00PM
SATURDAY	9:00AM-10:30AM		

**Fees:**

**1 practice / week: \$135**

**2 practices / week: \$250**

- Payment of fees due upon registration on trackiereg.ca
- Cheque, cash, e-transfer or credit cards (Visa & MC only) accepted
- T.I.P. cards & scholarships must be presented at a practice to redeem.

**REFUNDS ARE GRANTED WITHIN 3 DAYS OF REGISTRATION, SUBJECT TO A \$50 ADMIN FEE.**

**For more information:**

Telephone: 613-247-4886

Email: [info@ottawalions.com](mailto:info@ottawalions.com)

Website: [www.ottawalions.com](http://www.ottawalions.com)