2018 - 2019 UNIVERSITY OF OTTAWA & OTTAWA LIONS VARSITY COMPETITIVE PROGRAM

for student athletes attending the University of Ottawa





OTHER INFORMATION

Every athlete must complete an athlete registration form online. www.ottawalions.com – go to Varsity Programs – go to uOttawa Logo – go online registration. Payment can also be made online. Fees can also be paid by cheque or credit card or e-transfers. Fee installments may be accepted for membership as arranged in agreement with the Head Coach using a credit card or post-dated cheques. All Academic Year Memberships must be fully paid by December 1st each year. Use of a credit card for multiple membership payments will be assessed a \$5 fee per charge. Refunds will only be granted within 14 days of registration and will be assessed a \$50 administration fee.

Training from mid-April to October is generally conducted at the Terry Fox Athletics Facility. Training from November to April is generally conducted INDOORS at the DOME@Louis-Riel Facility. The facility fees assessed for the use of either facility are included in the fees. Training times are restricted to specific hours in the Dome and training outside of these hours at the Dome will be subject to extra fees. Training at the Terry Fox Athletics Facility are generally very flexible in training times throughout the day.

Here Is What You Get For a uOttawa Competitive Varsity Membership

All Varsity Members receive:

- Coaching & technical leadership from qualified coaches.
- Access to excellent outdoor and indoor facilities and equipment.
- All Facility training fees are included during designated training hours.
- uOttawa uniform (singlet & shorts) see below for further uniform requirements.
- Travel supplemented to designated team competitions (ground transportation, accommodations, entry fees) in excess of assessed athlete competition travel fees.

- Team and competitive administration and coordination.
- Free entry into all local home competitions.
- Annual members also receive Athletics Canada registration and Ottawa Lions uniform
- Varsity Academic Athletes can at any time after March maintain training from April to August via a Spring / Summer Casual Membership Fee or move to "Club Competitive" for April to August.

Some Varsity Team Members will receive:

- The ability to receive added athlete support will be based on an athlete's performance abilities to reach certain track and field performance standard minimums, ranking, achievement and commitment to preparation (training & academics) as determined by the Head Coach
- Medical support and therapy
- Training access to the uOttawa Varsity High Performance Centre (HPC) at Montpetit Hall
- Regular Season Away Competition Travel support up to up to 4 or 5 meets
- Any athlete selected to the Indoor Track & Field Conference or to the Indoor Track & Field National Championships team will receive full travel support
- Any athlete selected to the Indoor Track & Field Conference Championships will be awarded a \$190.00 credit to their team account from team fees paid. This credit can be applied to many other team opportunities or taken as cash.
- Some athletes (new incoming undergrad / grad) will receive athletic financial bursaries / scholarships based on performance abilities and academic grade point average as interpreted by uO Admissions.
- Some athletes (returning) will receive athletic financial bursaries based on athletic and academic achievement minimums from the previous season / academic year.

Conditions Of Team Registration

- To receive all benefits, athletes must be a paid member in good standing. This includes payment of the \$200 Team Donation Fees.
- Athletes must make every effort to attend all "At Home" Competitions as a competitor or as a technical support person. Any athlete absence must have pre-approval by the Head Coach.
- Athletes traveling by ground to designated meets are responsible for payment of the travel fee assessed to each meet before the trip departure. Payment of these fees are generally conducted by e-transfer.
- When entered in a competition, each athlete is expected to compete and to wear the complete and current team uniform NO Exceptions are permitted.
- A Scratched or "no-show" entry fee expense must be reimbursed by an athlete to the Club.
- Any travel cancellation by an athlete will result in the payment of the full trip cost or partial travel fees and accommodation fees regardless of attendance to the meet.
- Athletes must adhere to entry deadlines for meets and relevant technical / travel deadlines.
- Athletes must agree and adhere to the Team (uOttawa) & Club (Ottawa Lions) policies and procedures. These policies and procedures are available at <u>www.ottawalions.com</u>.

Additional uOttawa Team Uniform Requirements

All team members will be required to purchase a "one-time team uniform package". In addition to the team competitive uniform, a team uniform package must be purchased consisting of:

Team Back-Pack / Spike Bag / Team T-Shirt(s) / Team Warm-Up Jacket and Pants = \$190

The "competitive uniform" (top/bottom) must be maintained for 2 years or replaced at cost to the athlete. The team package must be maintained over the course of time while representing uOttawa. Components of the "package" must be replaced annually if the member loses an item or wishes to purchase or add items. The cost for these items will negotiated for the best price.