



**Athletics - Athlétisme**

Excellence since / depuis 1973

# Ottawa Lions Track & Field Club Annual Award Winners

## “The Gilbert Awards”

In 1997 the Club award for the most outstanding male and female athletes in the Club for both track and field events were renamed the “The Gilbert Awards”. Named after the seven time winner of the award, Glenroy came to exemplify the true spirit of a champion. This award now honours his achievements.

Glenroy’s international team career spanned from 1986 to 2001. He represented Canada in four consecutive Summer Olympiads from 1988 to 2000 (Seoul - Long Jump, Barcelona - 4 x 100m Relay, Atlanta - 100m & 4 x100m Relay, Sydney - 4 x 100m Relay) and in the 1994 Lillehammer Winter Olympics Games in the 4 man and 2 man Bobsleigh. The 1996 Atlanta Men’s 4 x 100m Relay Gold Medal achievement relied heavily on his selfless character and team leadership skills. Glenroy was inducted to the Canadian Hall of Fame in November, 2008. From 1993 to 1998 the Canadian Men’s 4 x 100m Relay Team dominated the world athletics scene with one consistent factor ... Glenroy.

## Most Outstanding Male Athletes

	<b>Track Athlete</b>	<b>Field Athlete</b>
2018	Saj Al-haddad	Tim Nedow
2017	Sekou Kaba	Tim Nedow
2016	Oluwasegun Makinde	Tim Nedow
2015	Sekou Kaba	Tim Nedow
2014	Oluwasegun Makinde & Michael Robertson	Patrick Arbour
2013	Oluwasegun Makinde	Patrick Arbour
2012	Oluseyi Smith	Patrick Arbour
2011	Oluwasegun Makinde	Patrick Arbour
2010	Michael Robertson	Patrick Arbour
2009	Oluseyi Smith	Patrick Arbour
2008	Richard Adu-Bobie	<i>Not Awarded</i>
2007	Richard Adu-Bobie	<i>Not Awarded</i>
2006	Charles Allen	Derek Watkins
2005	Michael Woods	Oluseyi Smith
2004	Richard Adu-Bobie	Oluseyi Smith
2003	Sean Kaley	Derek Watkins

2002	Sean Kaley	Kevin Grant
2001	Lawrence Ringwald	<i>Not Awarded</i>
2000	Sean Kaley	<i>Not Awarded</i>
1999	Sean Kaley	<i>Not Awarded</i>
1998	Michael Nicolini	<i>Not Awarded</i>
1997	Lyndon George	<i>Not Awarded</i>
1996	Glenroy Gilbert	Cory Siermachesky
1995	Glenroy Gilbert	James Fahie
1994	Glenroy Gilbert	James Fahie
1993	Glenroy Gilbert	Cory Siermachesky
1992	Glenroy Gilbert	Cory Siermachesky
1991	Glenroy Gilbert	
1990	Craig Hutton / Glenroy Gilbert	
1989	Craig Hutton	
1988	Craig Hutton	
1987	Phillip Hughes	
1986	Phillip Hughes	
1985	Phillip Hughes	
1984	Kent Thexton	
1983	Brian Marshall	
1982	Brian Marshall	
1981	Dave Stewart	
1980	Rob Millard	
1979	John Yorga	
1978	Rob Loomer	
1977	Steve Lambros	
1976	Rob Livingston / Stud Fulford	
1975	Don Charron / John Graham	

\*1992 saw the first year for separated awards in both track & field athletes

## Most Outstanding Female Athletes

	<b>Track Athlete</b>	<b>Field Athlete</b>
2018	Farah Jacques	Sultana Frizell
2017	Melissa Bishop	Divya Biswal
2016	Melissa Bishop	Sultana Frizell
2015	Melissa Bishop	Sultana Frizell
2014	Melissa Bishop	Sultana Frizell
2013	Melissa Bishop	Sultana Frizell
2012	Melissa Bishop	Sultana Frizell
2011	Esther Akinsulie	Sultana Frizell
2010	Esther Akinsulie	Sultana Frizell
2009	Esther Akinsulie	Sultana Frizell

2008	Esther Akinsulie	Sultana Frizell
2007	Esther Akinsulie	Sultana Frizell
2006	Esther Akinsulie	Sultana Frizell
2005	Esther Akinsulie	Sultana Frizell
2004	Esther Akinsulie	Caroline Larose
2003	Dana Buchanan	Caroline Larose
2002	Ashley Purnell	Caroline Larose
2001	Sarah Dillabaugh	<i>Not Awarded</i>
2000	Lesley Tashlin	<i>Not Awarded</i>
1999	Lesley Tashlin	Caroline Larose
1998	Nathalie Cote	Caroline Larose
1997	Tania Jones	Sandy Taylor
1996	Lesley Tashlin	Leslie Estwick
1995	Lesley Tashlin	Leslie Estwick
1994	Lesley Tashlin	Leslie Estwick
1993	Lesley Tashlin	Cathy Griffin
1992	Chantale Dejaridin	Cathy Griffin
1991	Leslie Estwick	
1990	Cheryl Coker / Melody Torcolacci	
1989	Leslie Estwick	
1988	Grace Verbeek	
1987	Ann Peel	
1986	Ann Peel	
1985	Ann Peel	
1984	Ann Peel	
1983	Ann Peel	
1982	Ann Peel	
1981	Ann Peel	
1980	Ann Peel	
1979	Ann Peel	
1978	Hollie Denny	
1977	Hollie Denny / Sue Gibson	
1976	Sue Gibson	
1975	Corinne Cote	
1974	Hollie Saygon / Corinne Cote	

\*\* 1992 was the first year for separated awards to both a track & field athletes. In the Club's beginning (1974), the Lions awarded the "Most Outstanding Athlete" Award by selecting the best from among both male and female athletes. The initial co-winners were Hollie Saygon (Denny) & Corinne Cote. In 1975 the Award was separated by gender and then again further separated in 1992 by both track & field athlete categories.

## **The Denis Landry Memorial Award**

**MOST OUTSTANDING ATHLETE: uOttawa X-Country / Track & Field**

Named to honour the Ottawa's three-time National University Cross Country Coach of the Year – Denis Landry (86, 87, 90), this award was initiated in 2008 with Denis's death at that age of 60 years from cancer. Coach Landry was a leader, a teacher and an administrative sport pioneer at both Athletics Ontario and Athletics Canada. The award is presented to the University of Ottawa's most outstanding male and female athletes, and considers performance achievement in both the sports of Cross Country and Track as well as the qualities of team leadership and sportsmanship.

	<b>Male</b>	<b>Female</b>
2018	Stephen Evans	Keira Christie-Galloway
2017	Stephen Evans	Devyani Biswal
2016	Not awarded	Devyani Biswal
2015	Not awarded	Devyani Biswal
2014	Sekou Kaba	Charlotte Gardner
2013	Devin Biocchi	Emma Galbraith
2012	Sekou Kaba / Michael Robertson	Jennifer Perrault
2011	Christopher Greenaway	Michele Krech
2010	Christopher Greenaway	Julia Malleck
2009	Tyler Fawcett	Julia Tousaw
2008	Brian Cummings	Christianne Lela

### **Most Outstanding Athlete: Carleton University**

	<b>Male</b>	<b>Female</b>
2018	Sebastian Saville	Alexandra Telford
2017	Telvin Tavernier	Amelia Brohman
2016	Telvin Tavernier	Not awarded

### **Most Outstanding Junior Athlete: Junior (Under 20)**

	<b>Male</b>	<b>Female</b>
2018	Brandon Ovington	Keira Christie-Galloway
2017	Thomas Nedow	Keira Christie-Galloway
2016	Austin White	Shona McCulloch
2015	Steve Nkusi/Matt Bedard	Erinn Stenman-Fahey
2014	Farah Abdul-Karim	Alexia Lamothe
2013	Adam Palamar	Ashley Connell
2012	Adam Palamar / Yves Sikubwabo	Emma Galbraith
2011	Devin Biocchi	Ashlea Maddex
2010	Oluwasegun Makinde	Ashlea Maddex
2009	Oluwasegun Makinde	Emilie Halle
2008	Michael Robertson	Karelle Edwards
2007	Tyler Fawcett	Danelle Woods
2006	Oluseyi Smith	Jennie Biewald
2005	Brian Cummings	Samantha Piquette
2004	Michael Woods / Richard Adu-Bobie	Bailey Lewis

2003	Michael Woods	Sultana Frizell
2002	Ryan Therrien	Sultana Frizell
2001	Ryan Therrien	Ashley Purnell
2000	Derek Watkins / Brian MacPhee	Susie Egar
1999	Brian MacPhee	Katie Jeffrey
1998	Stuart McGregor	Hilary Burn
1997	Jeffrey Keays / Michael Nicolini	Caroline Larose
1996	Murray Link / Greg Heubner	Isabelle Gervais
1995	David McQuinn	Tracy Robertson
1994	Sean Kaley	Mary Jane Richards
1993	Sean Kaley	Kristin Marvin
1992	Scott MacDonald	Leanne Wall
1991	Sean Burges	Charmaine Wilson
1990	Ricardo Greenidge	Sylvie Laroque
1989	Mike Reichert	Sylvie Laroque
1988	Trevor Payne	Lynn Parrington
1987	Jeff Gilan	Louise Perreault
1986	Rick Brant	Louise Perreault
1985	Phillip Hughes	<i>Not Awarded</i>
1984	Brian Marshall	<i>Not Awarded</i>
1983	Brian Marshall	<i>Not Awarded</i>
1982	Kent Thexton	<i>Not Awarded</i>
1981	Kent Thexton	<i>Not Awarded</i>
1980	<i>Not Awarded</i>	Ann Peel
1979	Chris Dickson	Ann Peel
1978	<i>Not Awarded</i>	Ann Peel

## Most Outstanding Athlete: Youth (Under 18)

	<b>Male</b>	<b>Female</b>
2018	Joe Fast	Erin Sweeney
2017	Brandon Ovington	Sharelle Samuel
2016	Wariso Dullo	Keira Christie-Galloway
2015	Austin White	Shona McCulloch/Keira Christie-Galloway
2014	Austin White	Erinn Stenman-Fahey
2013	Matt Bedard	Erinn Stenman-Fahey
2012	Zach Kerr	Charifa Labarang
2011	Adam Palamar	Emma Galbraith
2010	David Nsabua	Julia Stille
2009	Brian Okeny	Ashlea Maddex
2008	Oluwasegun Makinde	Fiona Callender / Ashlea Maddex
2007	Tim Nedow	Karelle Edwards
2006	Michael Robertson	Danelle Woods

2005	Allan Brett	Jennie Biewald
2004	Allan Brett	Melissa Bishop
2003	Oluseyi Smith	Bailey Lewis / Katie Engel
2002	Michael Woods	Julia Hicks
2001	Richard Adu-Bobie	Julia Hicks
2000	Ryan Therrien	Ashley Purnell
1999	Curtis Fraser	Susie Egar
1998	Christopher Donoghue	Catherine Fortin-Major
1997	Quinton Carew	Katie Jeffrey
1996	Charles (Chuck) Ross	Anne Lebel
1995	Jeffrey Keays	Sharon Spear
1994	Murray Link	Lianne Brown
1993	David McQuinn	Mary Jane Richards
1992	Sean Kaley	Kristin Marvin
1991	Lewis Theobald	Robyn Jeffrey
1990	Matyt Lamourie	Nathalie Cote
1989	<i>Not Awarded</i>	Lesley Shaffer
1988	Mike Reichert	Stephanie Plamondon
1987	Trevor Payne	<i>Not Awarded</i>
1986	James Fahie	<i>Not Awarded</i>
1985	Rob Muir / Ken Leblanc	<i>Not Awarded</i>
1984	Sean Fitzgerald	<i>Not Awarded</i>
1983	Bruce Deacon	<i>Not Awarded</i>
1982	Brian Marshall	<i>Not Awarded</i>
1981	Kevin Waller	<i>Not Awarded</i>
1980	George Chiappa	<i>Not Awarded</i>
1979	Mark Saikaley	Laura Wardlaw
1978	<i>Not Awarded</i>	Lisa Jacobs

## Most Outstanding Athlete: Midget (Under 16)

	<b>Male</b>	<b>Female</b>
2018	Sam Frankowski	Vienna Courteau
2017	Joe Fast	Doyin Ogunremi
2016	Joe Fast	Katie Newlove
2015	Ford Cashman	Lauren Gale
2014	Finn Perrault	Shona McCulloch
2013	Owen Day	Olivia Gaudet
2012	Geoff Lawson	Hannah-Kelsey Smith

2011	Matthew Bedard	Maggie Scheunert
2010	Darby Charkavi	Charifa Labarang
2009	Thomas Fraser / Dieuleveut Mufuta	Eilish MacDonald
2008	Toluwalope Makinde	Devyani Biswal / Emma Norman
2007	Ramaar Hall	Fiona Callender
2006	Oluwasegun Makinde	Lindsay Anderson
2005	Ian Donald	Josephine Sindani
2004	Trevor Doucette	Danelle Woods / Leah Larocque
2003	Doug O'Hearn / Allan Brett	Melissa Bishop
2002	Oluseyi Smith	Katie Engel
2001	Christopher Edwards	Bailey Lewis
2000	Allan Saucier	Shanta Thompson
1999	Bojan Radojevic	Julia Hicks
1998	Bryce Pittico	Glenis Nyaamine
1997	<i>Not Awarded</i>	Vanessa Piazza
1996	<i>Not Awarded</i>	Alison Cross
1995	Charles Ross	Anne Lebel
1994	Matt Stenson	Anne Lebel
1993	Murray Link	Renee Embree
1992	Murray Link	Amanda Zappa
1991	Greg Jack	Chantale Dejardin
1990	Sean Woodward	Chantale Dejardin
1989	Matt Bundle	Meeka Haller
1988	Matt Bundle	Lesley Shaffer
1987	Rob Cunningham	Stephanie Plamondon
1986	Trevor Payne	Nikki Callender
1985	Mike Patton	
1984	Rob Muir	
1983	Sean Fitzgerald	
1982	Bruce Deacon	
1981	Brian Marshall	
1980	Kevin Waller / Brian Marshall	
1979	Kevin Waller	
1978	Andy Bethune	
1977	Brigitte Belanger	
1976	Peter Thomson	
1975	Sam Hill	
1974	Francois Couillard	

## Most Outstanding Athlete: Bantam (Under 14)

<b>Male</b>	<b>Female</b>
2018 Logan Ladurantaye	<i>Not Awarded</i>

2017	Peter Bertels	<i>Not Awarded</i>
2016	Ben Walrond	<i>Not Awarded</i>
2015	Joe Fast	Katie Newlove
2014	<i>Not Awarded</i>	<i>Not Awarded</i>
2013	Samuel Cheff	Lauren Gale
2012	<i>Not Awarded</i>	Lauren Gale
2011	Eric Mitchell	Colle Thompson
2010	Cameron Slupeiks	Emily Whalen
2009	Cameron Slupeiks	Alexandria Tierney
2008	Darby Charkavi	Clara Phillips
2007	Marcus Giannini	Emma Galbraith
2006	Evan Loh	<i>Not Awarded</i>
2005	<i>Not Awarded</i>	<i>Not Awarded</i>
2004	Ian Donald	Lindsay Anderson
2003	<i>Not Awarded</i>	<i>Not Awarded</i>
2002	Stuart Pearson	Leah Larocque
2001	Stuart Pearson	Tess Acton
2000	Oluseyi Smith	Katie Engel
1999	Obie Fritsch	Hilary Egan
1998	Kyle Braden	Julia Hicks
1997	Bojan Radojevic	Glenis Nyaamine
1996	Bojan Radojevic	Colette Jones
1995	Aaron Glantz	Alison Cross
1994	<i>Not Awarded</i>	Esther Coalter
1993	Matt Stenson	Anne Lebel
1992	Matt Stenson	<i>Not Awarded</i>
1991	<i>Not Awarded</i>	<i>Not Awarded</i>
1990	Tom Greenberg	Rosyln McGilvery
1989	Chris McGregor	Chantale Dejardin
1988	Jason Todd	Meeka Haller
1987	Martin Cyr-Hicks	Charmaine Wilson
1986	Scott MacDonald	<i>Not Awarded</i>
1985	<i>Not Awarded</i>	Laura Sacco
1984	<i>Not Awarded</i>	Ruth Priddle
1983	Greg Major	<i>Not Awarded</i>
1982	Mike Waller	<i>Not Awarded</i>
1981	<i>Not Awarded</i>	Lesley Manion
1980	Bruce Deacon	<i>Not Awarded</i>
1979	Brian Marshall	<i>Not Awarded</i>
1978	<i>Not Awarded</i>	Pam Steen
1977	<i>Not Awarded</i>	Lisa Jacobs / Laura Wardlaw
1976	<i>Not Awarded</i>	Lisa Jacobs



## **MOST OUTSTANDING PARA ATHLETE: “THE SAM ESTWICK MEMORIAL AWARD”**

Sam Estwick was a Community volunteer who joined the East-Ottawa Lions Service Club in the early 1970's and through his involvement with their sports committee, became the driving force for the creation of the East Ottawa Lions Track & Field Club. When he served as Club President, he introduced management principles to the Club and built an administrative organization, with parents and other volunteers doing the business-type functions so the coaches could devote their time to coaching. He is one of the few lifetime members of the club. After stepping down as President, he continued to officiate at meets and promote participation in the club. Throughout his life, Sam struggled with and surmounted adversity. In 1982 an award was created in his honour presented each year to the outstanding athlete with a disability.

2018	Joshua Cassidy
2017	Jason Dunkerley
2016	Jason Dunkerley
2015	Jason Dunkerley
2014	Joshua Cassidy
2013	Curtis Thom
2012	Jason Dunkerley
2011	Jason Dunkerley
2010	Jason Dunkerley
2009	Noella Klawitter
2008	Jason Dunkerley / Noella Klawitter
2007	Jason Dunkerley
2006	Jason Dunkerley
2005	Jason Dunkerley
2004	Jason Dunkerley / Chelsea Lariviere
2003	Joe Radmore / Chelsea Lariviere
2002	Caitlin Renneson
2001	Joe Radmore / Caitlin Renneson
2000	Jason Lachance / Caitlin Renneson
1999	Joe Radmore / Caitlin Renneson
1998	Jason Lachance / Chantal Fowler
1997	Joe Radmore / Chantal Fowler
1996	Stuart McGregor
1995	Herve Lord
1994	Herve Lord
1993	Herve Lord
1992	James Baker / Judy Zelman
1991	James Baker / Judy Zelman
1990	<i>Not Awarded</i>
1989	<i>Not Awarded</i>
1988	<i>Not Awarded</i>
1987	<i>Not Awarded</i>

1986 Patrick York  
 1985 Dave Smith  
 1984 Norah Good  
 1983 Jacques Pilon  
 1982 Jacques Pilon

## Most Outstanding Athlete: Cross Country

### Male

2018 Jonathan Rioux  
 2017 Mike Mather  
 2016 Jonathan Rioux  
 2015 *Not Awarded*  
 2014 Farah Abdul-Karim  
 2013 Mickey Day  
 2012 Mickey Day  
 2011 Yves Sikubwabo  
 2010 Alain Boucher  
 2009 Alain Boucher  
  
 2008 Allan Brett  
 2007 *Not Awarded*  
 2006 *\*Not Awarded*  
 2005 Allan Brett  
 2004 Allan Brett  
 2003 Joshua Karanja  
 2002 *Not Awarded*  
 2001 Jean-Paul Niyonsaba  
 2000 *Not Awarded*  
 1999 *Not Awarded*  
 1998 Christian Webber  
 1997 *Not Awarded*  
 1996 *Not Awarded*  
 1995 Murray Link  
 1994 John Halvorsen  
 1993 Richard Charette  
 1992 Richard Charette  
 1991 Richard Charette  
 1990 Chris McGregor  
 1989 Matt Lamourie

### Female

Shona McCulloch  
 Shona McCulloch  
 Jordan Weston  
 Claire Smith  
 Claire Smith  
*Not Awarded*  
*Not Awarded*  
*Not Awarded*  
*Not Awarded*  
 Dana Buchanan / 2008 Canadian XC Team  
 Champions  
Dana Buchanan, Julia Hicks, Robyn Erickson, Kristin Marvin, Lisa Benz  
 Danelle Woods  
 Danelle Woods  
*\*Not Awarded*  
 Danelle Woods  
 Danelle Woods / Katie Engel  
*Not Awarded*  
 Sarah Dillabaugh  
*Not Awarded*  
 Nathalie Cote  
 Sarah Dillabaugh  
 Susie Egar  
 Robin McRobbie  
 Tracy Robertson  
 Anna Gunasekera  
 Mary Jane Richards  
 Mary Jane Richards  
 Nathalie Cote  
 Nathalie Cote  
 Nathalie Cote  
 Nathalie Cote

\* Change made in the award period cycle to representing the previous year's season so as to include both the NACAC and World XC from September 1 to August 31

## **Most Outstanding Athlete: Masters (35 and over)**

2018 Kim Ethier  
2017 Wendy Alexis  
2016 Kim Ethier  
2015 Wendy Alexis  
2014 Wendy Alexis  
2013 Wendy Alexis / Joe Boland  
2012 Wendy Alexis / Lawrence Williams  
2011 Wendy Alexis / Kevin Lake  
2010 Wendy Alexis / Lawrence Williams  
2009 Wendy Alexis  
2008 Wendy Alexis / Alain Boucher  
2007 Boris Zaitchouk  
2006 Lawrence Williams  
2005 Bob Staveley  
2004 Leslie Estwick / Boris Zaitchouk  
2003 Leslie Estwick  
2002 Leslie Estwick  
2001 Leslie Estwick  
2000 Leslie Estwick  
1999 *Not Awarded*  
1998 *Not Awarded*  
1997 Leslie Estwick  
1996 Leslie Estwick  
1995 Boris Zaitchouk / Maureen De St. Croix  
1994 Maureen De St. Croix  
1993 Derek Boosey / Maureen De St. Croix  
1992 Debi Heit  
1991 Gean Hemming  
1990 Gean Hemming  
1989 Bob Staveley  
1988 Mary Smith / Wally Gordon  
1987 Ray Cardinal / Marta Piresferriera  
1986 Cecil Paul / Marta Piresferriera  
1985 Cecil Paul  
1984 Wim Van Gennip  
1983 Wim Van Gennip  
1982 Don Bethune  
1981 Henry Glyde  
1980 Henry Glyde

## Most Outstanding Athlete: Road Racing

2018	Tommy Des Brisay
2017	Tommy Des Brisay
2016	Tommy Des Brisay
2015	Tommy Des Brisay
2014	Tommy Des Brisay
2013	Joshua Cassidy
2012	Joshua Cassidy
2011	Dave Kary
2010	Sherry Carson
2009	<i>Not Awarded</i>
2008	Alain Boucher
2007	Alain Boucher
2006	<i>Not Awarded</i>
2005	Suzanne Egar / Andre Okenge
2004	Stephen Drew
2003	Joseph Nsengiyumva
2002	Joseph Nsengiyumva
2001	Sean Kaley
2000	Stephane Gamache
1999	Christian Weber
1998	Tania Jones
1997	Sarah Dillabaugh
1996	Alain Boucher / Maureen De St. Croix
1995	Alain Boucher / Tania Jones
1994	Alain Boucher / Maureen De St. Croix
1993	Mohammed Hussein / Lisa Presedo
1992	Andy Jones
1991	Andy Jones / Maureen De St. Croix
1990	Theresa Brideau
1989	Maureen De St. Croix
1988	L' Eggs Running Team Theresa Brideau, Joanna Irvine, Deborah Hine, Jackie Harkes, Annette Ebbinghaus
1987	Paul Leroux / Jackie Harkes
1986	Bob Slipp / Kris O'Shea
1985	Adrian "Punky" Baird
1984	Bob Slipp
1983	Larry McCloskey
1982	Jacqueline Pelot
1981	Doug Scorrar
1980	Helen Cooper

## Most Outstanding Athlete: Combined Events

2018 John Claude Van Biljon  
2017 *Not Awarded*  
2016 Patrick Arbour  
2015 Patrick Arbour  
2014 Patrick Arbour  
2013 Patrick Arbour  
2012 Mark Chenery  
2011 Mark Chenery  
2010 Patrick Arbour / Johanna Dobransky  
2009 Taylor Corney  
2008 *Not Awarded*  
2007 James Holder  
2006 Evan Williams  
2005 *Not Awarded*  
2004 Courtney Connor  
2003 Patricia Gauthier  
2002 Stuart Pearson / Patricia Gauthier  
2001 Dayna Barrett  
2000 Dayna Barrett  
1999 Dayna Barrett  
1998 Michelle Romance  
1997 Anne Lebel  
1996 Sharon Spear  
1995 *Not Awarded*  
1994 Chantale Dejardin  
1993 Shawn Wilcox  
1992 Kim Rapley  
1991 *Not Awarded*  
1990 *Not Awarded*  
1989 *Not Awarded*  
1988 Leslie Estwick  
1987 Leslie Estwick  
1986 Alison Armstrong  
1985 Alison Armstrong  
1984 Alison Armstrong  
1983 Richard Bergman  
1982 Alison Armstrong  
1981 Alison Armstrong  
1980 Alison Armstrong

## **DEDICATION TO CLUB SERVICE**

### **“SEAN COLE MEMORIAL AWARD”**

**Sean Cole (1956 to 1978)** – This award is presented to a Club member whose qualities of volunteer presence go far beyond the boundaries of expectation and service. This award is in the memory of Sean Cole who died in March of 1978. At only 21 years of age, he was one of the Lion’s top distance running prospects. Sean was also a scholar at Carleton University. This award commemorates the fine qualities and dedication to life, to all-round achievement and to good citizenship.

- 2018 Rick Watkins, Cecilia Branch, and Mark Hayes
- 2017 Melinda Tebrake
- 2016 Marla McInnis
- 2015 Ken Porter
- 2014 Noah Houlton
- 2013 Ryan Rowat / Michael McIntyre
- 2012 Karen & Paul Bedard
- 2011 Reba Timbrell
- 2010 Lise Racicot / Julie Steele
- 2009 Rick Watkins
- 2008 Julie Steele
- 2007 Marla McInnis / Andrew Page
- 2006 Mike Stenson
- 2005 Andrew Page
- 2004 Nancy Engel
- 2003 Ann Perry / Nancy Engel
- 2002 Constance Campbell
- 2001 *Not Awarded*
- 2000 Vince Fay
- 1999 Marc Lebel
- 1998 Srboljub Radojevic
- 1997 Srboljub Radojevic
- 1996 Sheryl Cross
- 1995 James Harvey
- 1994 Aviva Furman
- 1993 Leslie Estwick
- 1992 Sam Estwick
- 1991 Sean Burges / James Harvey
- 1990 Colin Timm
- 1989 Colin Timm/ Theresa Brideau
- 1988 Debra Hine
- 1987 Francis Kawam
- 1986 Francis Kawam / Wendy St. Germain
- 1985 Wendy St. Germain
- 1984 Kevin Waller
- 1983 Kevin Waller

1982 Martin Tooke  
1981 Anne Wardlaw  
1980 Gord Moat  
1979 Anne Wardlaw  
1978 Anne Wardlaw