



Terry Fox Athletic Facility Records

(as of December 12, 2018)

Women

100m	Crystal Emmanuel	Flying Angels	11.20	0.8	07.07.2017
	** Angella Issajenko	Mazda Optimists	11.01	0.8	08.06.1988
200m	Crystal Emmanuel	Flying Angels	22.74	1.7	07.08.2018
	** Angella Taylor	Scarborough Optimists	22.37	1.4	08.01.1982
300m	Christian Brennan	Hamilton Olympic	37.17		08.07.2010
400m	Amy Mbacke Thiam	Senegal	50.92		07.21.2001
600m	Charlotte Gardner	Ottawa Lions	1:29.87		06.24.2015
800m	Melissa Bishop	Ottawa Lions	2:00.26		07.08.2017
1000m	Anna Gunasekera	Ottawa Lions	2:45.28		07.10.1996
1500m	Lynn Williams	BC – Kajaks	4:05.54		08.07.1988
2000m	Nathalie Cote	Ottawa Lions	6:09.36		06.05.1996
3000m	Lynn Williams	BC – Kajaks	8:51.33		07.31.1987
5000m	Andrea Seccafien	University of Toronto	15:39.66		07.06.2017
10000m	Nancy Tinari	Ontario	32:15.82		07.31.1987
5000m Walk	Ann Peel	Ottawa Lions	22:11.01		08.01.1987
10000m Walk	Norica Cimpean	Romania	44:32.0		07.21.2001
20000m Walk	Marina Crivello	Montreal Olympic	1:44:44.2		08.06.2006
100m Hurdles	Perdita Felicien	Nike	12.64	0.7	08.05.2006
300m Hurdles	Rosey Edeh	Quebec - Lasalle	40.81		06.26.1991
400m Hurdles	Bidouane Nouzha	Morocco	54.85		07.22.2001
2000m Steeplechase	Danelle Woods	Ottawa Lions	6:38.47		06.29.2007
3000m Steeplechase	Genevieve Lalonde	Speed River TFC	9:37.45		07.06.2017
4x100m Relay		Canada	43.73		07.23.2001
4x400m Relay		Poland	3:28.97		07.23.2001
High Jump	Jeannie Cockroft	UBC Thunderbirds	1.94m		08.04.1985
Pole Vault	Alysha Newman	Bolton Pole Vault	4.65m		07.08.2017
Long Jump	Donna Smellie	Mississauga TFC	6.61m	0.1	08.04.1985
	*wa Donna Smellie	Mississauga TFC	6.72m	2.3	08.04.1985
Triple Jump	Cristina Nicolau	Romania	14.62m	1.3	07.22.2001
Shot Put	Sui Xin Mei	China	20.14m		07.18.1990
Discus	Nicoleta Grasu	Romania	64.53m		07.21.2001
Hammer Throw	Sultana Frizell	Ottawa Lions	69.85m		06.21.2008
Javelin	Liz Gleadle	AB – Chinook TFC	60.62		07.07.2017
Heptathlon	Yorgelis Rodriguez	Cuba	6068pts		06.19-20.2015

Men

100m	Andre De Grasse	Speed Academy	10.11	0.8	07.07.2017
	** Ben Johnson	Mazda Optimists	9.98	1.6	08.01.1987
200m	Aaron Brown	Phoenix Athletics	20.17	1.7	07.08.2018
300m	Michael Robertson	Ottawa Lions	33.20		07.16.2014
400m	Shane Niemi	Canada	44.86		07.21.2001
600m	Sean Surerus	Ottawa Lions	1:20.03		08.13.1997
800m	Brandon McBride	Windsor Legion	1:45.23		07.08.2017
1000m	Michael Woods	Ottawa Lions	2:23.64		07.26.2006
1500m	John Bowden	Ottawa Lions	3:39.48		07.17.1991
3000m	Michael Woods	Ottawa Lions	7:58.04		06.29.2005
5000m	Amyr Mohamed	Morocco	13:37.14		07.21.2001
10000m	Ahmed Baday	Morocco	28:13.54		07.20.2001
20000m Walk	Hatem Ghoula	Tunisia	1:22:56.0		07.21.2001
110m Hurdles	Mark McKoy	Scarborough Optimists	13.27	1.6	08.03.1985
	** Mark McKoy	Mazda Optimists	13.25	1.2	08.05.1988
300m Hurdles	Craig Hutton	Ottawa Lions	37.45		08.15.1990
400m Hurdles	Pawel Januszewski	Poland	49.24		07.23.2001
2000m Steeplechase	Matt Hughes	Toronto Olympic Club	5:47.93		06.13.2007
3000m Steeplechase	Elarbi Khattabi	Morocco	8:16.63		07.19.2001
4x100m Relay	G. Smellie, A. De Grasse, B. Rodney, A. Brown	Canada	38.33		07.15.2015
4x400m Relay		Poland	3:04.91		07.23.2001
High Jump	Milt Ottey	Scarborough Optimists	2.33m		06.21.1986
Pole Vault	Shawnacy Barber	Project Athletics	5.75m		07.07.2018
Long Jump	Edrick Floreal	Quebec	8.02m	0.2	08.05.1989
	*wa Glenroy Gilbert	Ottawa Lions	8.10m	2.2	08.06.1988
Triple Jump	Arius Filet	France	17.15m	1.6	07.23.2001
Shot Put	Tim Nedow	Ottawa Lions	20.94m		07.06.2018
Discus	Jason Tunks	Canada	65.10m		07.22.2001
Hammer Throw	Szymon Ziolkowski	Poland	79.89m		07.20.2001
Javelin	Scott Russell	Windsor Legion	84.41m		07.20.2005
Decathlon	Dave Steen	University of Toronto TC	8288pts		06.21-22.1986

** Athletes admitted to using performance enhancing drugs.