**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M30 50 Meter Dash Sat 11:15am

| Name | Age Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|
| Finals | | | | | | |
| 1 Mark Tiburcio | M31 Unattached - | 6.64 | 6.65 83.43% | 8 | 7 | |
| 2 Milton Ashmeade | M31 Jamaica Masters | 6.94 | 6.95 79.83% | 8 | 5 | |
| 3 Steven Blau | M33 UTTC | 7.82 | 7.83 70.84% | 8 | 4 | |

### M35 50 Meter Dash Sat 11:15am

| Name | Age Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|
| 1 Alex Gbaguidi | M35 Voleo Athletics | 6.12 | 6.06 91.50% | 8 | 7 | |
| 2 Michael James | M36 Brampton Eli | 6.12 | 6.06 91.50% | 8 | 5 | |
| 3 Dree Ryan | M38 Jamaica Masters | 6.18 | 6.12 90.61% | 8 | 4 | |
| 4 Chris Wrobel | M35 Unattached - | 7.02 | 6.95 79.77% | 8 | 3 | |

### W35 50 Meter Dash Sat 11:15am

| Name | Age Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|
| 1 Sheree Mullings | W35 Jamaica Masters | 7.31 | 7.32 81.53% | 2 | 7 | |

### M40 50 Meter Dash Sat 11:15am

| Name | Age Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|
| 1 Nigel John | M44 Jamaica Masters | 6.39 | 6.09 91.08% | 7 | 7 | |

### W40 50 Meter Dash Sat 11:15am

| Name | Age Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|
| 1 Violeta Garfunkel | W43 UTTC | 7.41 | 7.15 83.40% | 2 | 7 | |
| 2 Debbie King | W41 Jamaica Masters | 7.71 | 7.44 80.16% | 2 | 5 | |

### M45 50 Meter Dash M45

| Name | Age Team | Prelims | Age-Grading | H# | Alternate |
|---|---|---|---|---|---|
| Preliminaries | | | | | |
| 1 Mark Warren | M49 United State | 7.13q | 6.54 84.71% | 1 | |
| 2 Kevin Farr | M46 University of Wi | 7.14q | 6.55 84.59% | 1 | |
| 3 Paul Dowhos | M49 Unattached - | 7.18q | 6.59 84.12% | 1 | |
| 4 Pho Lam | M45 Jamaica Masters | 7.19q | 6.60 84.01% | 2 | |
| 5 Stéphane Gagnon | M45 Indépendant | 7.23q | 6.64 83.54% | 2 | |
| 6 Matt Beechey | M46 Jamaica Masters | 7.45q | 6.84 81.07% | 1 | |
| 7 Lawrence Williams | M46 Ottawa Lions | 7.78q | 7.14 77.63% | 2 | |

### M45 50 Meter Dash M45

| Name | Age Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|
| Finals | | | | | |
| 1 Lawrence Williams | M46 Ottawa Lions | 6.76 | 6.21 89.35% | 7 | |
| 2 Mark Warren | M49 United State | 7.00 | 6.43 86.29% | 5 | |
| 3 Paul Dowhos | M49 Unattached - | 7.12 | 6.54 84.83% | 4 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### ....M45 50 Meter Dash M45

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 4 | Pho Lam | M45 | Jamaica Masters | 7.17 | 6.58 | 84.24% | 3 |
| 5 | Kevin Farr | M46 | University of Wi | 7.21 | 6.62 | 83.77% | 2 |
| 6 | Stéphane Gagnon | M45 | Indépendant | 7.24 | 6.65 | 83.43% | 1 |
| 7 | Matt Beechey | M46 | Jamaica Masters | 7.46 | 6.85 | 80.97% | |

### W45 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Charmaine Warwick | W46 | Mississaugua Oly | 8.07 | 7.36 81.04% | 2 | 7 | |
| 2 | Denise Gordon-Mohamud | W46 | Mississaugua Oly | 8.65 | 7.89 75.61% | 2 | 5 | |

### W50 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Theresa Rozario | W52 | Nemean Lions | 8.33 | 7.21 82.71% | 7 | |

### M50 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Chris Lemassif | M50 | UTTC | 6.65 | 5.89 94.14% | 7 | 7 | |
| 2 | Rick Reynolds | M50 | Unattached - | 7.01 | 6.21 89.30% | 7 | 5 | |
| 3 | John Wong | M50 | Unattached - | 7.34 | 6.50 85.29% | 7 | 4 | |
| 4 | Willie A. Price | M54 | United State | 7.99 | 7.08 78.35% | 7 | 3 | |

### W55 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Faith Lee | W57 | Unattached - | 9.60 | 7.90 75.52% | 7 | |

### M55 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Robert Nasato | M56 | Jamaica Masters | 6.75 | 5.78 96.00% | 6 | 7 | |
| 2 | Les Neufeld | M56 | Unattached - | 7.05 | 6.03 91.91% | 6 | 5 | |
| 3 | Mark Schaber | M58 | Unattached - | 7.84 | 6.71 82.65% | 6 | 4 | |
| 4 | Paul Lee | M57 | Unattached - | 8.06 | 6.90 80.40% | 6 | 3 | |
| 5 | Bryan Baldsing | M59 | Jamaica Masters | 8.08 | 6.91 80.20% | 6 | 2 | |

### W60 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Wendy Alexis | W61 | Ottawa Lions | 7.61 | 5.97100.00% | 2 | 7 | |

### M60 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Doug Hayes | M63 | Unattached - | 7.99 | 6.60 83.98% | 5 | 7 | |
| 2 | Ralph Cilevitz | M63 | Jamaica Masters | 8.25 | 6.82 81.33% | 5 | 5 | |
| 3 | Andrew Graham | M62 | Unattached - | 8.31 | 6.87 80.75% | 5 | 4 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### ....M60 50 Meter Dash Sat 11:15am

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 4 | Tom Black | M61 | Unattached | 8.80 | 7.27 | 76.25% | 5 | 3 |

### M65 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Roy Turkington | M65 | Greyhounds T | 7.54 | 6.03 | 91.91% | 4 | 7 | |
| 2 | Robert Beyea | M69 | Jamaica Masters | 8.36 | 6.69 | 82.89% | 4 | 5 | |

### W70 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Carol LaFayette-Boyd | W74 | Saskatchewan | 8.10 | 5.81 | 102.72% | 7 |

### M70 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Ross Belyea | M70 | Unattached-N | 7.89 | 6.12 | 90.62% | 4 | 7 | |
| 2 | Bruce Mintz | M70 | Edmonton Masters | 8.00 | 6.20 | 89.38% | 4 | 5 | |
| 3 | Jean-Louis Perez | M72 | Indépendant | 8.17 | 6.34 | 87.52% | 4 | 4 | |
| 4 | Peter Evans | M74 | Unattached - | 8.30 | 6.44 | 86.14% | 4 | 3 | |

### M75 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Mike Morris | M76 | Unattached | 8.07 | 6.04 | 91.82% | 3 | 7 | |
| 2 | Peter Tams | M77 | Unattached - | 9.02 | 6.75 | 82.15% | 3 | 5 | |
| 3 | Patrick Groulx | M75 | UTTC | 10.57 | 7.91 | 70.10% | 3 | 4 | |

### W80 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Christa Bortignon | W80 | Greyhounds T | 9.03 | 5.69 | 104.87% | 7 |

### M80 50 Meter Dash Sat 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Dev Sharma | M81 | Unattached - | 10.34 | 7.35 | 75.44% | 3 | 7 | |
| 2 | Steffen Kampe | M80 | Unattached - | 12.43 | 8.83 | 62.75% | 3 | 5 | |

### W30 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Julia Carew | W31 | UTTC | 8.64 | 8.65 | 80.09% | 3 | 7 | |

### M30 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Mark Tiburcio | M31 | Unattached - | 7.80 | 7.81 | 81.92% | 8 | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### ....M30 60 Meter Dash Sun 11:15am

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 2 | Milton Ashmeade | M31 | Jamaica Masters | 8.03 | 8.04 | 79.58% | 8 | 5 |

### M35 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Michael James | M36 | Brampton Eli | 7.06 | 6.97 | 91.78% | 9 | 7 | |
| 2 | Alex Gbaguidi | M35 | Voleo Athletics | 7.30 | 7.20 | 88.77% | 9 | 5 | |
| 3 | Dave Kervin | M39 | Unattached - | 7.81 | 7.70 | 82.97% | 9 | 4 | |

### W35 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Sonia Lévesque | W39 | Vaudreuil-Dorion | 8.91 | 8.82 | 78.56% | 3 | 7 | |
| 2 | Marie-Eve Boudreau | W36 | Saint-Jean O | 9.72 | 9.62 | 72.02% | 3 | 5 | |
| 3 | Monique Shah | W36 | Jamaica Masters | 9.82 | 9.72 | 71.28% | 3 | 4 | |

### W40 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Violeta Garfunkel | W43 | UTTC | 8.76 | 8.36 | 82.88% | 3 | 7 | |
| 2 | Debbie King | W41 | Jamaica Masters | 8.94 | 8.53 | 81.21% | 3 | 5 | |
| 3 | Sandi Arnason | W44 | Saskatchewan | 10.10 | 9.64 | 71.88% | 3 | 4 | |

### M40 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Nigel John | M44 | Jamaica Masters | 7.54 | 7.22 | 88.59% | 8 | 7 | |
| 2 | Doug McLaren | M41 | Saskatchewan | 7.92 | 7.58 | 84.34% | 8 | 5 | |
| 3 | Michal Kapral | M44 | UTTC | 8.57 | 8.20 | 77.95% | 8 | 4 | |

### M45 60 Meter Dash M45

| | Name | Age | Team | Prelims | Age-Grading | | Alternate |
|---|---|---|---|---|---|---|---|
| Preliminaries | | | | | | | |
| 1 | Tit (jonathan) Hui | M46 | Guelph Track Club | 7.79q | 7.23 | 88.45% | |
| 2 | Mark Warren | M49 | United State | 8.06q | 7.48 | 85.48% | |
| 3 | Kevin Farr | M46 | University of Wi | 8.33q | 7.73 | 82.71% | |
| 4 | Paul Dowhos | M49 | Unattached - | 8.38q | 7.78 | 82.22% | |
| 5 | Stéphane Gagnon | M45 | Indépendant | 8.58q | 7.96 | 80.30% | |
| 6 | Alejandro Rangel | M46 | Lachine | 8.59q | 7.97 | 80.21% | |
| 7 | Matt Beechey | M46 | Jamaica Masters | 8.71q | 8.09 | 79.10% | |

### W45 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| Finals | | | | | | | | | |
| 1 | Agnieszka Kuczalska | W49 | Jamaica Masters | 9.01 | 8.28 | 83.57% | 2 | 7 | |
| 2 | Louise Bonneau | W47 | Lachine | 9.16 | 8.42 | 82.21% | 2 | 5 | |
| 3 | Charmaine Warwick | W46 | Mississaugua Oly | 9.60 | 8.82 | 78.44% | 2 | 4 | |
| 4 | Sonia Santarossa | W45 | UTTC | 9.81 | 9.02 | 76.76% | 2 | 3 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### W50 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Theresa Rozario | W52 | Nemean Lions | 9.88 | 8.73 | 79.25% | 2 | 7 | |

### M50 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Karnell Vickers | M50 | United State | 7.27 | 6.54 | 97.80% | 7 | 7 | |
| 2 | Chris Lemassif | M50 | UTTC | 7.70 | 6.92 | 92.34% | 7 | 5 | |
| 3 | Philippe Ollivier | M50 | Saint-Lauren | 8.16 | 7.34 | 87.13% | 7 | 4 | |
| 4 | John Wong | M50 | Unattached - | 8.74 | 7.86 | 81.35% | 7 | 3 | |
| 5 | Marco De Chellis | M52 | Unattached - | 8.77 | 7.89 | 81.07% | 7 | 2 | |

### W55 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Janet Trude | W59 | Unattached - | 11.77 | 9.99 | 69.33% | 7 | |

### M55 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Robert Nasato | M56 | Jamaica Masters | 7.94 | 6.91 | 92.57% | 6 | 7 | |
| 2 | Les Neufeld | M56 | Unattached - | 8.16 | 7.10 | 90.07% | 6 | 5 | |
| 3 | Grantley Blenman | M59 | The Gazelles | 8.23 | 7.16 | 89.31% | 6 | 4 | |
| 4 | John Varone | M58 | Jamaica Masters | 8.61 | 7.49 | 85.37% | 6 | 3 | |
| 5 | Mark Schaber | M58 | Unattached - | 9.15 | 7.96 | 80.33% | 6 | 2 | |

### M60 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | David Dickey | M63 | Greyhounds T | 9.58 | 8.06 | 79.33% | 6 | 7 | |
| 2 | Andrew Graham | M62 | Unattached - | 9.64 | 8.11 | 78.84% | 6 | 5 | |
| 3 | Ralph Cilevitz | M63 | Jamaica Masters | 9.92 | 8.34 | 76.61% | 6 | 4 | |

### W60 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Karla Del Grande | W63 | Nemean Lions | 8.85 | 7.20 | 96.16% | 7 | |
| 2 | Wendy Alexis | W61 | Ottawa Lions | 8.86 | 7.21 | 96.05% | 5 | |
| 3 | Leandra Funk | W61 | United State | 10.04 | 8.17 | 84.76% | 4 | |
| 4 | Jo Welch | W60 | Unattached N | 10.46 | 8.51 | 81.36% | 3 | |

### M65 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Roy Turkington | M65 | Greyhounds T | 8.87 | 7.19 | 88.95% | 5 | 7 | |
| 2 | Robert Beyea | M69 | Jamaica Masters | 9.70 | 7.86 | 81.34% | 5 | 5 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### W70 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Carol LaFayette-Boyd | W74 | Saskatchewan | 9.50 | 7.02 98.63% | | 7 |

### M70 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Bruce Mintz | M70 | Edmonton Masters | 9.47 | 7.37 86.80% | 5 | | 7 |
| 2 | Jean-Louis Perez | M72 | Indépendant | 9.63 | 7.49 85.36% | 5 | | 5 |
| 3 | Peter Evans | M74 | Unattached - | 9.79 | 7.61 83.96% | 5 | | 4 |

### M75 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Mike Morris | M76 | Unattached | 9.62 | 7.12 89.81% | 4 | | 7 |
| 2 | Patrick Groulx | M75 | UTTC | 13.02 | 9.64 66.36% | 4 | | 5 |

### W80 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Christa Bortignon | W80 | Greyhounds T | 10.54 | 6.76102.47% | | 7 |

### M80 60 Meter Dash Sun 11:15am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Dev Sharma | M81 | Unattached - | 11.64 | 8.10 78.87% | 4 | | 7 |

### M30 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Steven Blau | M33 | UTTC | 28.74 | 28.75 67.22% | 17 | | 7 |

### M35 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Alex Gbaguidi | M35 | Voleo Athletics | 23.89 | 23.51 82.21% | 17 | | 7 |
| 2 | Dave Kervin | M39 | Unattached - | 25.23 | 24.82 77.84% | 17 | | 5 |

### W35 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Sheree Mullings | W35 | Jamaica Masters | 28.98 | 28.12 75.91% | 4 | | 7 |
| 2 | Sonia Lévesque | W39 | Vaudreuil-Dorion | 29.74 | 28.86 73.97% | 4 | | 5 |
| 3 | Marie-Eve Boudreau | W36 | Saint-Jean O | 32.66 | 31.69 67.36% | 4 | | 4 |
| 4 | Monique Shah | W36 | Jamaica Masters | 33.34 | 32.35 65.99% | 4 | | 3 |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M40 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Nigel John | M44 | Jamaica Masters | 23.95 | 22.84 | 84.59% | 17 | 7 | |

### W40 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Violeta Garfunkel | W43 | UTTC | 28.50 | 26.63 | 80.14% | 3 | 7 | |
| 2 | Eve La Rivière | W44 | Saint-Jean O | 34.80 | 32.52 | 65.63% | 3 | 5 | |

### M45 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Lawrence Williams | M46 | Ottawa Lions | 24.88 | 22.98 | 84.08% | 15 | 7 | |
| 2 | Richard Reid | M48 | Jamaica Masters | 25.61 | 23.66 | 81.69% | 15 | 5 | |
| 3 | Tit (jonathan) Hui | M46 | Guelph Track Club | 26.03 | 24.04 | 80.37% | 14 | 4 | |
| 4 | Mirco Graenert | M48 | Newmarket HU | 26.05 | 24.06 | 80.31% | 14 | 3 | |
| 5 | Kevin Farr | M46 | University of Wi | 26.46 | 24.44 | 79.06% | 15 | 2 | |
| 6 | Matthew Dechellis | M48 | Unattached - | 27.81 | 25.69 | 75.22% | 14 | 1 | |
| 7 | Toufic Sleiman | M49 | Enduromax | 28.36 | 26.20 | 73.77% | 13 | | |
| 8 | Stéphane Gagnon | M45 | Indépendant | 28.54 | 26.36 | 73.30% | 13 | | |
| 9 | Paul Dowhos | M49 | Unattached - | 28.58 | 26.40 | 73.20% | 14 | | |
| 10 | Shawn Folkes | M48 | Jamaica Masters | 29.94 | 27.65 | 69.87% | 13 | | |
| 11 | Matt Beechey | M46 | Jamaica Masters | 30.14 | 27.84 | 69.41% | 13 | | |

### W45 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Louise Bonneau | W47 | Lachine | 30.16 | 27.09 | 78.78% | 3 | 7 | |
| 2 | Jodi Rice | W47 | Invictus Ath | 30.73 | 27.61 | 77.32% | 3 | 5 | |
| 3 | Judith Métivier | W46 | Saint-Jean O | 32.35 | 29.06 | 73.45% | 3 | 4 | |

### M50 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Karnell Vickers | M50 | United State | 23.97 | 21.42 | 90.24% | 12 | 7 | |
| 2 | Chris Lemassif | M50 | UTTC | 24.45 | 21.85 | 88.47% | 12 | 5 | |
| 3 | Serge Faucher | M52 | Ottawa Lions | 25.30 | 22.61 | 85.49% | 12 | 4 | |
| 4 | Philippe Ollivier | M50 | Saint-Lauren | 26.24 | 23.45 | 82.43% | 12 | 3 | |
| 5 | David Turkstra | M51 | Jamaica Masters | 26.49 | 23.67 | 81.65% | 11 | 2 | |
| 6 | John Wong | M50 | Unattached - | 29.69 | 26.53 | 72.85% | 11 | 1 | |

### W55 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Sandy Archibald | W57 | Bytown Walkers | 41.97 | 34.68 | 61.54% | 2 | 7 | |
| 2 | Faith Lee | W57 | Unattached - | 43.11 | 35.62 | 59.92% | 2 | 5 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M55 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Andrew Bass | M55 | Jamaica Masters | 27.03 | 23.34 | 82.80% | 10 | 7 | |
| 2 | Grantley Blenman | M59 | The Gazelles | 27.34 | 23.61 | 81.86% | 10 | 5 | |
| 3 | Les Neufeld | M56 | Unattached - | 28.31 | 24.45 | 79.05% | 10 | 4 | |
| 4 | Paul Lee | M57 | Unattached - | 35.08 | 30.29 | 63.80% | 10 | 3 | |

### W60 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Wendy Alexis | W61 | Ottawa Lions | 30.51 | 24.11 | 88.53% | 2 | 7 | |
| 2 | Leandra Funk | W61 | United State | 32.35 | 25.57 | 83.49% | 2 | 5 | |
| 3 | Jo Welch | W60 | Unattached N | 35.91 | 28.38 | 75.22% | 2 | 4 | |

### M60 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Wayne Gagne | M62 | Invictus Ath | 29.49 | 24.58 | 78.64% | 9 | 7 | |
| 2 | Andrew Graham | M62 | Unattached - | 32.85 | 27.38 | 70.59% | 9 | 5 | |

### M65 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Bernard Lachance | M66 | Saint-Jean O | 32.51 | 26.04 | 74.22% | 8 | 7 | |
| 2 | Robert Beyea | M69 | Jamaica Masters | 34.35 | 27.51 | 70.25% | 8 | 5 | |

### M70 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Bruce Mintz | M70 | Edmonton Masters | 31.90 | 24.38 | 79.25% | 7 | 7 | |
| 2 | Jean-Louis Perez | M72 | Indépendant | 32.92 | 25.16 | 76.79% | 7 | 5 | |
| 3 | John Powell | M72 | EtobicokeTC | 57.86 | 44.22 | 43.69% | 7 | 4 | |

### W70 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Carol LaFayette-Boyd | W74 | Saskatchewan | 33.66 | 23.80 | 89.69% | 7 | |

### M75 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Mike Morris | M76 | Unattached | 34.02 | 24.55 | 78.72% | 6 | 7 | |
| 2 | Peter Tams | M77 | Unattached - | 38.53 | 27.80 | 69.50% | 6 | 5 | |
| 3 | Gary McColeman | M75 | UTTC | 44.81 | 32.34 | 59.76% | 6 | 4 | |
| 4 | Patrick Groulx | M75 | UTTC | 54.09 | 39.03 | 49.51% | 6 | 3 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M80 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Dev Sharma | M81 | Unattached - | 40.55 | 27.16 | 71.15% | 5 | 7 | |
| 2 | Steffen Kampe | M80 | Unattached - | 54.58 | 36.56 | 52.86% | 5 | 5 | |

### W80 200 Meter Dash Sat 1:15pm

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Christa Bortignon | W80 | Greyhounds T | 38.16 | 22.36 | 95.49% | 7 | |
| 2 | Alice Cole | W83 | Sherbrooke | 44.35 | 25.98 | 82.16% | 5 | |

### M30 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Greg Hetherington | M33 | Jamaica Masters | 54.74 | 54.75 | 78.88% | 12 | 7 | |

### M35 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Shawn Beaton | M39 | Unattached N | 58.42 | 56.40 | 76.57% | 12 | 7 | |

### M40 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Nigel John | M44 | Jamaica Masters | 55.68 | 52.09 | 82.90% | 11 | 7 | |
| 2 | Otis Morgan | M41 | Jamaica Masters | 55.76 | 52.16 | 82.78% | 11 | 5 | |
| 3 | Michal Kapral | M44 | UTTC | 61.21 | 57.26 | 75.41% | 11 | 4 | |

### W40 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Eve La Rivière | W44 | Saint-Jean O | 78.31 | 73.55 | 64.73% | 3 | 7 | |

### M45 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Lawrence Williams | M46 | Ottawa Lions | 54.10 | 48.99 | 88.15% | 10 | 7 | |
| 2 | Mirco Graenert | M48 | Newmarket HU | 55.98 | 50.69 | 85.19% | 10 | 5 | |
| 3 | Richard Reid | M48 | Jamaica Masters | 56.22 | 50.91 | 84.83% | 10 | 4 | |
| 4 | Marcus Skeete | M49 | UTTC | 58.77 | 53.22 | 81.15% | 10 | 3 | |
| 5 | Kevin Farr | M46 | University of Wi | 58.91 | 53.34 | 80.95% | 9 | 2 | |
| 6 | Lenroy Munro | M46 | Unattached - | 58.92 | 53.35 | 80.94% | 10 | 1 | |
| 7 | Pat McLean | M46 | Newmarket HU | 63.52 | 57.52 | 75.08% | 9 | | |
| 8 | Stéphane Gagnon | M45 | Indépendant | 66.20 | 59.94 | 72.04% | 9 | | |

### W45 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Jodi Rice | W47 | Invictus Ath | 68.69 | 61.71 | 77.14% | 3 | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### ....W45 400 Meter Dash Sun 11:45am

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 2 | Claudia Wagner | W47 | Indépendant | 74.10 | 66.57 | 71.51% | 3 | 5 |
| 3 | Kathy Mantel | W49 | Brantford T.F.C. | 1:22.72 | 74.31 | 64.06% | 3 | 4 |
| 4 | Julie Grenier | W45 | Saint-Jean O | 1:24.03 | 75.49 | 63.06% | 3 | 3 |

### M50 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Landen Summay | M51 | United State | 55.69 | 48.76 | 88.58% | 8 | 7 | |
| 2 | Paul Osland | M53 | UTTC | 56.14 | 49.15 | 87.87% | 8 | 5 | |
| 3 | Serge Faucher | M52 | Ottawa Lions | 56.22 | 49.22 | 87.74% | 8 | 4 | |
| 4 | Philippe Ollivier | M50 | Saint-Lauren | 56.61 | 49.56 | 87.14% | 8 | 3 | |
| -- | Marco De Chellis | M52 | Unattached - | DNF | | | 8 | | |

### W50 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Donna Dixon | W54 | Calgary Phoe | 72.88 | 62.50 | 76.17% | 2 | 7 | |

### M55 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Andrew Bass | M55 | Jamaica Masters | 61.72 | 52.18 | 82.76% | 7 | 7 | |
| 2 | Mark Duff | M55 | Boardwalk RC | 70.61 | 59.70 | 72.34% | 7 | 5 | |

### W55 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Heather O'Hagan | W55 | UTTC | 71.92 | 58.74 | 81.03% | 2 | 7 | |
| 2 | Sandy Archibald | W57 | Bytown Walkers | 1:34.98 | 77.58 | 61.36% | 2 | 5 | |

### M60 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Wayne Gagne | M62 | Invictus Ath | 65.66 | 53.54 | 80.66% | 6 | 7 | |
| 2 | Steven Millward | M61 | Niagara Olym | 66.32 | 54.08 | 79.86% | 6 | 5 | |
| 3 | Brent Hutchinson | M60 | Brantford T.F.C. | 70.20 | 57.25 | 75.44% | 6 | 4 | |
| 4 | Andrew Graham | M62 | Unattached - | 75.83 | 61.84 | 69.84% | 6 | 3 | |

### W60 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Karla Del Grande | W63 | Nemean Lions | 69.20 | 53.39 | 89.16% | 7 | |
| 2 | Leandra Funk | W61 | United State | 72.51 | 55.95 | 85.09% | 5 | |
| 3 | Clara Northcott | W62 | UTTC | 1:27.40 | 67.43 | 70.59% | 4 | |

### M65 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Neil Fowler | M65 | Australia | 70.93 | 55.59 | 77.68% | 5 | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### ....M65 400 Meter Dash Sun 11:45am

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 2 | Norman Creen | M66 | UTTC | 73.95 | 57.95 | 74.51% | 5 | 5 |
| 3 | Bernard Lachance | M66 | Saint-Jean O | 74.03 | 58.01 | 74.43% | 5 | 4 |

### M70 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Bruce Mintz | M70 | Edmonton Masters | 75.02 | 55.97 | 77.15% | 4 | 7 | |
| 2 | Jean-Louis Perez | M72 | Indépendant | 75.07 | 56.01 | 77.10% | 4 | 5 | |

### M75 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Doug Renwick | M75 | Saskatchewan | 76.53 | 53.45 | 80.79% | 4 | 7 | |
| 2 | Chris Mackie | M76 | Unattached - | 79.34 | 55.42 | 77.93% | 4 | 5 | |
| 3 | Patrick Groulx | M75 | UTTC | 2:28.81 | 1:43.93 | 41.55% | 4 | 4 | |

### W80 400 Meter Dash Sun 11:45am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Alice Cole | W83 | Sherbrooke | 1:46.85 | 53.71 | 88.64% | 7 | |

### M30 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Steven Blau | M33 | UTTC | 2:22.17 | 2:22.18 | 71.12% | 7 | 7 | |

### M35 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Shawn Beaton | M39 | Unattached N | 2:14.38 | 2:13.27 | 75.87% | 7 | 7 | |
| 2 | Jimmy Semes | M38 | Boardwalk RC | 2:19.97 | 2:18.81 | 72.84% | 7 | 5 | |
| 3 | Jonathan Colford | M39 | Unattached - | 3:00.78 | 2:59.28 | 56.40% | 7 | 4 | |

### W40 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Michelle Clarke | W42 | Longboat Roa | 2:33.13 | 2:26.05 | 77.57% | 2 | 7 | |
| 2 | Isabelle Auger | W44 | Les Godasses | 2:57.44 | 2:49.23 | 66.94% | 2 | 5 | |
| 3 | Hazel Harding | W43 | Unattached - | 3:12.47 | 3:03.56 | 61.71% | 2 | 4 | |

### M40 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Patrice Doucet | M44 | Energie | 2:03.57 | 1:58.14 | 85.59% | 6 | 7 | |
| 2 | Bill Wells | M42 | UTTC | 2:08.23 | 2:02.59 | 82.48% | 6 | 5 | |
| 3 | Sheldon Mirco | M40 | Unattached - | 2:09.22 | 2:03.54 | 81.84% | 6 | 4 | |
| 4 | Jay Brecher | M43 | UTTC | 2:10.15 | 2:04.43 | 81.26% | 6 | 3 | |
| 5 | Rob McKechney | M44 | Unattached - | 2:20.75 | 2:14.56 | 75.14% | 6 | 2 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M45 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Mirco Graenert | M48 | Newmarket HU | 2:09.45 | 1:59.14 | 84.87% | 6 | 7 | |
| 2 | Stéphane Gagné | M49 | Coureur Nordique | 2:10.99 | 2:00.56 | 83.88% | 6 | 5 | |
| 3 | Pat Menzies | M46 | Unattached - | 2:11.31 | 2:00.85 | 83.67% | 6 | 4 | |
| 4 | Pat McLean | M46 | Newmarket HU | 2:33.14 | 2:20.94 | 71.74% | 6 | 3 | |

### W45 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Claudia Wagner | W47 | Indépendant | 2:46.22 | 2:31.65 | 74.70% | 2 | 7 | |
| 2 | Joanna Kotsopoulos | W46 | Boardwalk RC | 3:09.76 | 2:53.12 | 65.44% | 2 | 5 | |
| 3 | Julie Grenier | W45 | Saint-Jean O | 3:14.23 | 2:57.20 | 63.93% | 2 | 4 | |
| 4 | Cathy Vandergeest | W46 | Unattached - | 3:36.72 | 3:17.72 | 57.30% | 2 | 3 | |

### W50 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Liz Maguire | W50 | Ottawa Lions | 2:32.13 | 2:12.50 | 85.50% | 7 | |
| 2 | Donna Dixon | W54 | Calgary Phoe | 2:41.41 | 2:20.58 | 80.58% | 5 | |
| 3 | Aura Reynoso | W50 | Newmarket HU | 3:11.14 | 2:46.47 | 68.05% | 4 | |

### M50 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Landen Summay | M51 | United State | 2:04.02 | 1:49.73 | 92.15% | 5 | 7 | |
| 2 | Paul Osland | M53 | UTTC | 2:05.83 | 1:51.33 | 90.83% | 5 | 5 | |
| 3 | Jim Dyck | M51 | MB Performance | 2:08.63 | 1:53.80 | 88.85% | 5 | 4 | |
| 4 | Ziad El-Hajj | M51 | Enduromax | 2:26.70 | 2:09.79 | 77.91% | 5 | 3 | |
| 5 | Robert Blair | M53 | Newmarket HU | 2:31.79 | 2:14.29 | 75.29% | 5 | 2 | |

### M55 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Mark Pinckard | M56 | Kajaks Track | 2:16.94 | 1:56.27 | 86.97% | 5 | 7 | |
| 2 | Dave Kary | M57 | Ottawa Lions | 2:22.87 | 2:01.30 | 83.36% | 5 | 5 | |
| 3 | Mark Duff | M55 | Boardwalk RC | 2:33.52 | 2:10.34 | 77.57% | 5 | 4 | |
| 4 | Réjean Bourgouin | M59 | Les Godasses | 2:47.80 | 2:22.47 | 70.97% | 5 | 3 | |
| 5 | Paul Lee | M57 | Unattached - | 3:39.86 | 3:06.67 | 54.17% | 5 | 2 | |

### W55 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Heather O'Hagan | W55 | UTTC | 2:44.15 | 2:16.17 | 83.19% | 7 | |
| 2 | Thérèse Hérard | W59 | Lanaudière-O | 2:56.89 | 2:26.74 | 77.20% | 5 | |
| 3 | Faith Lee | W57 | Unattached - | 3:32.00 | 2:55.86 | 64.42% | 4 | |
| -- | Joy Kramarich | W56 | UTTC | DNF | | | | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M60 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Anthony Farr | M62 | UTTC | 3:01.42 | 2:27.55 | 68.53% | 4 | 7 | |

### W60 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Clara Northcott | W62 | UTTC | 3:07.89 | 2:27.46 | 76.82% | 7 | |

### M65 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | John Helliker | M65 | UTTC | 2:34.48 | 2:00.13 | 84.17% | 4 | 7 | |
| 2 | Neil Fowler | M65 | Australia | 2:43.03 | 2:06.78 | 79.76% | 4 | 5 | |
| 3 | Ian Perowne | M65 | Les Godasses | 2:58.14 | 2:18.53 | 72.99% | 4 | 4 | |
| 4 | Tim Payne | M66 | Newmarket HU | 3:07.00 | 2:25.42 | 69.53% | 4 | 3 | |

### M70 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Jean-Louis Perez | M72 | Indépendant | 2:57.51 | 2:11.72 | 76.77% | 3 | 7 | |
| 2 | Hugh Connolly | M71 | Longboat Roa | 3:02.04 | 2:15.08 | 74.86% | 3 | 5 | |
| 3 | Bert De Vries | M70 | Longboat Roa | 3:22.05 | 2:29.93 | 67.44% | 3 | 4 | |

### M75 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Chris Mackie | M76 | Unattached - | 2:54.33 | 2:00.71 | 83.77% | 3 | 7 | |
| 2 | Vern Christensen | M76 | UTTC | 3:24.89 | 2:21.87 | 71.27% | 3 | 5 | |
| 3 | Robert Moore | M76 | Toronto Olym | 3:39.55 | 2:32.02 | 66.51% | 3 | 4 | |
| 4 | Frank Esson | M77 | Unattached - | 3:54.56 | 2:42.41 | 62.26% | 3 | 3 | |

### W80 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Alice Cole | W83 | Sherbrooke | 3:55.19 | 2:02.77 | 92.27% | 7 | |

### M80 800 Meter Run Sat 11:40am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Steffen Kampe | M80 | Unattached - | 4:40.00 | 2:55.87 | 57.49% | 3 | 7 | |

### W30 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Kelly Fitzsimmons | W31 | Unattached - | 5:05.84 | 5:05.85 | 76.01% | 2 | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### W35 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Chantelle Bourdages | W36 | Newmarket HU | 6:18.91 | 6:14.06 | 62.15% | | 7 | |

### M35 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Shawn Beaton | M39 | Unattached N | 4:48.53 | 4:46.02 | 72.02% | 5 | 7 | |
| 2 | Jimmy Semes | M38 | Boardwalk RC | 4:55.58 | 4:53.01 | 70.31% | 5 | 5 | |

### M40 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Patrice Doucet | M44 | Energie | 4:20.86 | 4:08.32 | 82.96% | 5 | 7 | |
| 2 | Jay Brecher | M43 | UTTC | 4:27.49 | 4:14.63 | 80.90% | 5 | 5 | |
| 3 | Ian Reid | M43 | UTTC | 4:36.72 | 4:23.41 | 78.21% | 5 | 4 | |
| 4 | Michal Kapral | M44 | UTTC | 4:57.21 | 4:42.92 | 72.81% | 5 | 3 | |
| -- | Bill Wells | M42 | UTTC | DNF | | | 5 | | |

### W40 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Michelle Clarke | W42 | Longboat Roa | 5:06.99 | 4:50.33 | 80.07% | 2 | 7 | |
| 2 | Isabelle Auger | W44 | Les Godasses | 5:52.56 | 5:33.42 | 69.72% | 2 | 5 | |

### M45 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Stéphane Gagné | M49 | Coureur Nordique | 4:30.64 | 4:06.96 | 83.41% | 5 | 7 | |
| 2 | Pat Menzies | M46 | Unattached - | 4:39.19 | 4:14.77 | 80.86% | 5 | 5 | |
| 3 | Gary G Cassel | M49 | Jamaica Masters | 5:01.60 | 4:35.22 | 74.85% | 5 | 4 | |

### W45 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Maria Zambrano | W46 | Calgary Phoe | 4:45.82 | 4:18.44 | 89.95% | 2 | 7 | |
| 2 | Leanne Shafir | W47 | MB Performance | 5:03.53 | 4:34.46 | 84.70% | 2 | 5 | |
| 3 | Amy Ballon | W45 | UTTC | 5:23.85 | 4:52.83 | 79.39% | 2 | 4 | |
| 4 | Kathy Mantel | W49 | Brantford T.F.C. | 5:54.77 | 5:20.79 | 72.47% | 2 | 3 | |
| 5 | Joanna Kotsopoulos | W46 | Boardwalk RC | 6:18.15 | 5:41.93 | 67.99% | 2 | 2 | |

### W50 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Liz Maguire | W50 | Ottawa Lions | 5:05.00 | 4:23.13 | 88.35% | 2 | 7 | |
| 2 | Donna Dixon | W54 | Calgary Phoe | 5:33.92 | 4:48.08 | 80.70% | 2 | 5 | |
| 3 | Elaine Mota | W51 | Newmarket HU | 5:37.72 | 4:51.36 | 79.79% | 2 | 4 | |
| 4 | Anke Graenert | W50 | Newmarket HU | 6:02.19 | 5:12.47 | 74.40% | 2 | 3 | |
| 5 | Aura Reynoso | W50 | Newmarket HU | 6:29.21 | 5:35.78 | 69.24% | 2 | 2 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M50 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Ziad El-Hajj | M51 | Enduromax | 5:02.77 | 4:24.35 | 77.93% | 4 | 7 | |
| 2 | Robert Blair | M53 | Newmarket HU | 5:12.49 | 4:32.84 | 75.50% | 4 | 5 | |

### W55 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Thérèse Hérard | W59 | Lanaudière-O | 6:00.55 | 4:56.09 | 78.52% | 7 | |

### M55 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Mark Pinckard | M56 | Kajaks Track | 4:53.03 | 4:04.30 | 84.32% | 4 | 7 | |
| 2 | Dave Kary | M57 | Ottawa Lions | 4:58.62 | 4:08.96 | 82.74% | 4 | 5 | |
| 3 | Mark Duff | M55 | Boardwalk RC | 5:24.58 | 4:30.61 | 76.13% | 4 | 4 | |
| 4 | Réjean Bourgouin | M59 | Les Godasses | 5:45.50 | 4:48.05 | 71.52% | 4 | 3 | |
| 5 | Daniel Bourdeau | M58 | Unattached - | 6:29.66 | 5:24.86 | 63.41% | 4 | 2 | |

### W60 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Clara Northcott | W62 | UTTC | 6:17.24 | 4:52.71 | 79.42% | 7 | |

### M60 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Malcolm Balk | M62 | Athlétisme V | 5:03.75 | 4:01.15 | 85.43% | 4 | 7 | |
| 2 | Brent Hutchinson | M60 | Brantford T.F.C. | 5:32.97 | 4:24.35 | 77.93% | 4 | 5 | |
| 3 | Dave Olsen | M61 | Saskatchewan | 6:00.72 | 4:46.38 | 71.93% | 4 | 4 | |

### M65 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | John Helliker | M65 | UTTC | 5:09.08 | 3:52.71 | 88.52% | 3 | 7 | |
| 2 | John Clarke | M65 | Unattached - | 5:39.08 | 4:15.30 | 80.69% | 3 | 5 | |
| 3 | Ian Perowne | M65 | Les Godasses | 5:49.93 | 4:23.47 | 78.19% | 3 | 4 | |
| 4 | Alphonse Bernard | M67 | Unattached-Manitoba | 5:49.96 | 4:23.49 | 78.18% | 3 | 3 | |
| 5 | Tim Payne | M66 | Newmarket HU | 6:32.20 | 4:55.29 | 69.76% | 3 | 2 | |

### M70 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Michel Gingras | M72 | Saint-Jean O | 7:31.20 | 5:19.41 | 64.49% | 3 | 7 | |

### M75 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Chris Mackie | M76 | Unattached - | 5:51.21 | 3:50.26 | 89.47% | 3 | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### ....M75 1500 Meter Run Sun 10:00am

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 2 | Vern Christensen | M76 | UTTC | 6:46.40 | 4:26.44 | 77.32% | 3 | 5 |
| 3 | Jack Geddes | M79 | Unattached - | 7:04.52 | 4:38.32 | 74.02% | 3 | 4 |
| 4 | Robert Moore | M76 | Toronto Olym | 7:06.31 | 4:39.49 | 73.71% | 3 | 3 |
| 5 | Frank Esson | M77 | Unattached - | 8:03.95 | 5:17.28 | 64.93% | 3 | 2 |

### W80 1500 Meter Run Sun 10:00am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Alice Cole | W83 | Sherbrooke | 8:14.68 | 4:09.67 | 93.11% | 7 |

### M30 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Steven Blau | M33 | UTTC | 12:09.78 | 12:09.79 | 60.29% | 2 | 7 |

### W35 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Chantelle Bourdages | W36 | Newmarket HU | 13:34.44 | 13:23.12 | 62.43% | 7 |

### W40 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Isabelle Auger | W44 | Les Godasses | 12:36.18 | 12:02.38 | 69.41% | 7 |

### W45 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Maria Zambrano | W46 | Calgary Phoe | 9:54.78 | 8:59.53 | 92.94% | 2 | 7 |
| 2 | Amy Ballon | W45 | UTTC | 11:27.70 | 10:23.82 | 80.38% | 2 | 5 |

### M45 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Pedro Lopez-Bravo | M46 | Newmarket HU | 9:58.78 | 9:17.11 | 78.98% | 2 | 7 |
| 2 | Pat Menzies | M46 | Unattached - | 10:06.33 | 9:24.13 | 78.00% | 2 | 5 |

### M50 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Dan Fiorini | M54 | Newmarket HU | 9:52.43 | 8:50.59 | 82.93% | 2 | 7 |

### W50 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Anke Graenert | W50 | Newmarket HU | 12:52.06 | 10:58.34 | 76.17% | 7 |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M55 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Steven Blostein | M55 | Physi-Kult Kingston | 10:30.18 | 9:02.46 | 81.11% | 2 | 7 | |
| 2 | Réjean Bourgouin | M59 | Les Godasses | 11:29.97 | 9:53.93 | 74.08% | 2 | 5 | |
| 3 | Walter Faion | M56 | UTTC | 11:53.24 | 10:13.96 | 71.67% | 2 | 4 | |
| 4 | Daniel Bourdeau | M58 | Unattached - | 13:34.87 | 11:41.45 | 62.73% | 2 | 3 | |

### W55 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Thérèse Hérard | W59 | Lanaudière-O | 12:58.65 | 10:21.68 | 80.66% | 7 | |

### M60 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Dave Olsen | M61 | Saskatchewan | 12:00.30 | 9:54.97 | 73.95% | 2 | 7 | |
| 2 | Anthony Farr | M62 | UTTC | 12:27.95 | 10:17.81 | 71.22% | 2 | 5 | |

### W60 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Lynn Kobayashi | W61 | UTTC | 13:04.68 | 9:43.81 | 85.89% | 7 | |
| 2 | Clara Northcott | W62 | UTTC | 13:21.13 | 9:56.05 | 84.12% | 5 | |

### M65 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | John Clarke | M65 | Unattached - | 11:34.55 | 9:08.56 | 80.21% | 2 | 7 | |
| 2 | Ian Perowne | M65 | Les Godasses | 12:22.71 | 9:46.60 | 75.01% | 2 | 5 | |

### M70 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Michel Gingras | M72 | Saint-Jean O | 14:13.42 | 10:38.96 | 68.86% | 7 | |

### M75 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Chris Mackie | M76 | Unattached - | 12:49.41 | 8:57.51 | 81.86% | 7 | |
| 2 | Robert Moore | M76 | Toronto Olym | 15:08.25 | 10:34.51 | 69.35% | 5 | |

### M80 3000 Meter Run Sat 1:45pm

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Steffen Kampe | M80 | Unattached - | 19:58.27 | 12:40.55 | 57.85% | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### W35 50 Meter Hurdles Sun 10:45am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Sonia Lévesque | W39 | Vaudreuil-Dorion | 9.51 | 9.52 69.19% | 7 | |
| 2 | Marie-Eve Boudreau | W36 | Saint-Jean O | 10.09 | 10.10 65.21% | 5 | |

### M40 50 Meter Hurdles Sun 10:45am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Doug McLaren | M41 | Saskatchewan | 7.87 | 7.33 85.26% | 3 | 7 | |

### W40 50 Meter Hurdles Sun 10:45am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Nicole Luke | W44 | Jamaica Masters | 9.08 | 8.32 79.19% | 7 | |

### M45 50 Meter Hurdles Sun 10:45am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Yannick Le Mouël | M49 | Saint-Jean O | 7.57 | 6.77 92.34% | 3 | 7 | |
| 2 | Ovidiu Negoita | M45 | Jamaica Masters | 9.24 | 8.26 75.65% | 3 | 5 | |

### W45 50 Meter Hurdles Sun 10:45am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Judith Métivier | W46 | Saint-Jean O | 9.70 | 8.40 78.45% | 7 | |

### W55 50 Meter Hurdles Sun 10:45am

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Muriel Gieni | W58 | Saskatchewan | 8.84 | 6.99 94.23% | 7 | |

### M55 50 Meter Hurdles Sun 10:45am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Dale Lawrence | M59 | Saskatchewan | 10.36 | 8.77 71.33% | 3 | 7 | |

### M60 50 Meter Hurdles Sun 10:45am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Ralph Cilevitz | M63 | Jamaica Masters | 11.23 | 9.47 65.98% | 2 | 7 | |
| -- | David Dickey | M63 | Greyhounds T | DQ | | 2 | | Rule 168.7 |

### M65 50 Meter Hurdles Sun 10:45am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Bernard Lachance | M66 | Saint-Jean O | 11.63 | 8.85 70.68% | 2 | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M70 50 Meter Hurdles Sun 10:45am

| | Name | Age Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Roland Delhomeau | M72 Saskatchewan | 12.08 | 8.92 | 70.12% | 2 | 7 | |

### M75 50 Meter Hurdles Sun 10:45am

| | Name | Age Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Doug Renwick | M75 Saskatchewan | 11.85 | 8.60 | 72.66% | 2 | 7 | |

### M30 60 Meter Hurdles Sat 10:35am

| | Name | Age Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Olusola Olumogba | M32 Jamaica Masters | 9.33 | 9.34 | 78.24% | 3 | 7 | |

### W35 60 Meter Hurdles Sat 10:35am

| | Name | Age Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Sonia Lévesque | W39 Vaudreuil-Dorion | 11.28 | 10.88 | 70.66% | 7 | |
| 2 | Marie-Eve Boudreau | W36 Saint-Jean O | 19.85 | 19.15 | 40.15% | 5 | |

### W40 60 Meter Hurdles Sat 10:35am

| | Name | Age Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Nicole Luke | W44 Jamaica Masters | 10.71 | 9.71 | 79.27% | 7 | |

### M40 60 Meter Hurdles Sat 10:35am

| | Name | Age Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Doug McLaren | M41 Saskatchewan | 9.19 | 8.70 | 83.90% | 3 | 7 | |

### W45 60 Meter Hurdles Sat 10:35am

| | Name | Age Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Judith Métivier | W46 Saint-Jean O | 11.53 | 10.34 | 74.41% | 7 | |

### M45 60 Meter Hurdles Sat 10:35am

| | Name | Age Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Yannick Le Mouël | M49 Saint-Jean O | 8.91 | 8.11 | 90.12% | 3 | 7 | |
| 2 | Ovidiu Negoita | M45 Jamaica Masters | 10.92 | 9.94 | 73.53% | 3 | 5 | |
| 3 | Shawn Folkes | M48 Jamaica Masters | 11.25 | 10.24 | 71.38% | 3 | 4 | |
| 4 | Marcus Skeete | M49 UTTC | 11.32 | 10.30 | 70.94% | 3 | 3 | |

### M50 60 Meter Hurdles Sat 10:35am

| | Name | Age Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Paul White | M50 Unattached - | 10.88 | 9.71 | 75.18% | 2 | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M55 60 Meter Hurdles Sat 10:35am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Dale Lawrence | M59 | Saskatchewan | 11.72 | 10.03 | 72.87% | 2 | 7 | |

### W55 60 Meter Hurdles Sat 10:35am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Muriel Gieni | W58 | Saskatchewan | 10.42 | 8.63 | 89.16% | 7 | |

### M60 60 Meter Hurdles Sat 10:35am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | David Dickey | M63 | Greyhounds T | 11.70 | 9.73 | 75.04% | 2 | 7 | |
| 2 | Ralph Cilevitz | M63 | Jamaica Masters | 12.73 | 10.59 | 68.97% | 2 | 5 | |

### M65 60 Meter Hurdles Sat 10:35am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Bernard Lachance | M66 | Saint-Jean O | 14.69 | 11.67 | 62.56% | 2 | 7 | |

### W30 4x200 Meter Relay Sun 1:00pm

| | Team | Finals | Points | Alternate |
|---|---|---|---|---|
| 1 | University of Toronto TC 'A' | 2:02.47 | 7 | |

1) Violeta Garfunkel 43 2) Sonia Santarossa 45
3) Heather O'Hagan 55 4) Julia Carew 31

### W35 4x200 Meter Relay Sun 1:00pm

| | Team | Finals | Points | Alternate |
|---|---|---|---|---|
| 1 | Jamcan International Athletics 'A' | 2:07.41 | 7 | |

1) Monique Shah 36 2) Maresa Cadienhead 40
3) Debbie King 41 4) Nicole Luke 44

| | Team | Finals | Points | Alternate |
|---|---|---|---|---|
| 2 | St. Jean Olympique 'A' | 2:19.23 | 5 | |

1) Judith Métivier 46 2) Eve La Rivière 44
3) Julie Grenier 45 4) Marie-Eve Boudreau 36

### W40 4x200 Meter Relay Sun 1:00pm

| | Team | Finals | Points | Alternate |
|---|---|---|---|---|
| 1 | Unattached 'A' | 2:01.45 | 7 | |

1) Karla Del Grande 63 2) Wendy Alexis 61
3) Louise Bonneau 47 4) Jodi Rice 47

### M40 4x200 Meter Relay Sun 1:00pm

| | Team | Finals | Points | Alternate |
|---|---|---|---|---|
| 1 | Jamcan International Athletics 'A' | 1:43.54 | 7 | |

1) Matt Beechey 46 2) Richard Reid 48

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**....M40 4x200 Meter Relay Sun 1:00pm**

3) Nigel John 44 4) Otis Morgan 41

**M45 4x200 Meter Relay Sun 1:00pm**

| Team | Finals | Points | Alternate |
|---|---|---|---|
| -- St. Jean Olympique 'A' | DQ | | Rule 170.8 |
| 1) Yannick Le Mouël 49 2) Philippe Ollivier 50 | | | |
| 3) Bernard Lachance 66 4) Michel Gingras 72 | | | |

**M55 4x200 Meter Relay Sun 1:00pm**

| Team | Finals | Points | Alternate |
|---|---|---|---|
| 1 Jamcan International Athletics 'A' | 1:58.51 | 7 | |
| 1) Robert Beyea 69 2) John Varone 58 | | | |
| 3) Andrew Bass 55 4) Robert Nasato 56 | | | |

**M60 4x200 Meter Relay Sun 1:00pm**

| Team | Finals | Points | Alternate |
|---|---|---|---|
| 1 Unattached 'A' | 2:12.88 | 7 | |
| 1) Ross Belyea 70 2) Andrew Graham 62 | | | |
| 3) Bruce Mintz 70 4) Roy Turkington 65 | | | |

**M75 4x200 Meter Relay Sun 1:00pm**

| Team | Finals | Points | Alternate |
|---|---|---|---|
| 1 Unattached 'A' | 2:42.79 | 7 | |
| 1) Doug Renwick 75 2) Robert Moore 76 | | | |
| 3) Vern Christensen 76 4) Chris Mackie 76 | | | |

**M30 4x400 Meter Relay Sat 2:15pm**

| Team | Finals | Points | Alternate |
|---|---|---|---|
| 1 Jamcan International Athletics 'A' | 4:06.21 | 7 | |
| 1) Milton Ashmeade 31 2) Andrew Bass 55 | | | |
| 3) Richard Reid 48 4) Nigel John 44 | | | |

**M75 4x400 Meter Relay Sat 2:15pm**

| Team | Finals | Points | Alternate |
|---|---|---|---|
| 1 Unattached 'A' | 7:02.02 | 7 | |
| 1) Robert Moore 76 2) Doug Renwick 75 | | | |
| 3) Chris Mackie 76 4) Patrick Groulx 75 | | | |

**M75 4x800 Meter Relay Sun 1:15pm**

| Team | Finals | Alternate |
|---|---|---|
| 1 Unattached 'A' | 13:36.99 | |
| 1) Doug Renwick 75 2) Robert Moore 76 | | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**....M75 4x800 Meter Relay Sun 1:15pm**

3) Vern Christensen 76 4) Chris Mackie 76

**W35 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Monique Shah | W36 | Jamaica Masters | 1.00m | 1.05m 50.25% | 7 | |

**M40 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Doug McLaren | M41 | Saskatchewan | 1.55m | 1.62m 66.24% | 7 | |
| 2 | Michal Kapral | M44 | UTTC | 1.25m | 1.31m 53.42% | 5 | |

**W40 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Maresa Cadienhead | W40 | Jamaica Masters | 1.45m | 1.60m 76.72% | 7 | |
| 2 | Sandi Arnason | W44 | Saskatchewan | 1.20m | 1.32m 63.49% | 5 | |

**M45 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Ovidiu Negoita | M45 | Jamaica Masters | 1.60m | 1.76m 72.07% | 7 | |
| 2 | Alejandro Rangel | M46 | Lachine | 1.40m | 1.54m 63.06% | 5 | |
| -- | Marcus Skeete | M49 | UTTC | NH | | | |

**W50 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Annamaria (gaby)) Szanto | W51 | Unattached - | 1.30m | 1.59m 76.02% | 7 | |

**M50 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Marco De Chellis | M52 | Unattached - | 1.35m | 1.56m 63.98% | 7 | |

**M55 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Ambroise Courteau | M58 | Montréal-Int | 1.40m | 1.71m 70.00% | 7 | |
| 2 | Mark Schaber | M58 | Unattached - | 1.30m | 1.59m 65.00% | 5 | |

**W60 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Sue Hannon | W60 | Unattached - | 1.30m | 1.79m 85.53% | 7 | |
| 2 | Patricia Blacker-Thomson | W60 | Unattached - | 1.00m | 1.37m 65.79% | 5 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M60 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | David Dickey | M63 | Greyhounds T | 1.25m | 1.62m 66.49% | 7 | |
| 2 | Ralph Cilevitz | M63 | Jamaica Masters | 1.15m | 1.49m 61.17% | 5 | |

**W70 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Carol LaFayette-Boyd | W74 | Saskatchewan | 1.20m | 1.89m 90.91% | 7 | |

**M70 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Roland Delhomeau | M72 | Saskatchewan | 1.25m | 1.85m 75.76% | 7 | |
| 2 | Helmut Brosz | M74 | Unattached - | 1.10m | 1.63m 66.67% | 5 | |

**M75 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Patrick Groulx | M75 | UTTC | 0.90m | 1.43m 58.44% | 7 | |

**M85 High Jump Sun 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Earl Fee | M87 | Unattached - | 1.00m | 1.87m 76.92% | 7 | |

**M45 Pole Vault Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Yannick Le Mouël | M49 | Saint-Jean O | 4.10m | 4.70m 76.64% | 7 | |

**M50 Pole Vault Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Paul White | M50 | Unattached - | 3.30m | 4.04m 66.00% | 7 | |

**M55 Pole Vault Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Mark Schaber | M58 | Unattached - | 3.15m | 4.15m 67.60% | 7 | |
| 2 | Ambroise Courteau | M58 | Montréal-Int | 3.00m | 3.95m 64.38% | 5 | |

**M60 Pole Vault Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Tony Salmon | M62 | Montréal-Int | 3.15m | 4.48m 73.09% | 7 | |
| 2 | David Dickey | M63 | Greyhounds T | 1.95m | 2.77m 45.24% | 5 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M65 Pole Vault Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Stan Seitz | M69 | Ottawa Lions | 2.40m | 3.71m 60.45% | 7 | |

**M80 Pole Vault Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Robert Arledge | M83 | United State | 1.80m | 3.76m 61.43% | 7 | |

**M35 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Chris Wrobel | M35 | Unattached - | 4.88m | 5.03m 56.22% | 7 | |

**M40 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Nigel John | M44 | Jamaica Masters | 5.93m | 6.46m 72.23% | 7 | |
| 2 | Doug McLaren | M41 | Saskatchewan | 4.72m | 5.14m 57.49% | 5 | |

**W40 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Maresa Cadienhead | W40 | Jamaica Masters | 4.14m | 4.59m 61.15% | 7 | |
| 2 | Sandi Arnason | W44 | Saskatchewan | 3.91m | 4.34m 57.75% | 5 | |

**M45 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Ovidiu Negoita | M45 | Jamaica Masters | 5.45m | 6.29m 70.32% | 7 | |
| 2 | Jack Pontes | M45 | Jamaica Masters | 5.25m | 6.06m 67.74% | 5 | |
| 3 | Mark Warren | M49 | United State | 5.07m | 5.85m 65.42% | 4 | |
| 4 | Matt Beechey | M46 | Jamaica Masters | 3.97m | 4.58m 51.23% | 3 | |

**W45 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Charmaine Warwick | W46 | Mississaugua Oly | 3.37m | 3.96m 52.74% | 7 | |

**M50 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Paul White | M50 | Unattached - | 4.80m | 5.89m 65.93% | 7 | |
| 2 | Willie A. Price | M54 | United State | 3.59m | 4.41m 49.31% | 5 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M55 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Robert Nasato | M56 | Jamaica Masters | 4.94m | 6.48m 72.43% | 7 | |
| 2 | Dale Lawrence | M59 | Saskatchewan | 4.29m | 5.62m 62.90% | 5 | |
| 3 | Bryan Baldsing | M59 | Jamaica Masters | 3.89m | 5.10m 57.04% | 4 | |
| 4 | Paul Lee | M57 | Unattached - | 3.18m | 4.17m 46.63% | 3 | |

**W55 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Muriel Gieni | W58 | Saskatchewan | 3.99m | 5.34m 71.12% | 7 | |

**M60 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Ralph Cilevitz | M63 | Jamaica Masters | 3.87m | 5.44m 60.85% | 7 | |
| 2 | Doug Hayes | M63 | Unattached - | 3.68m | 5.18m 57.86% | 5 | |
| 3 | Tony Salmon | M62 | Montréal-Int | 3.50m | 4.92m 55.03% | 4 | |
| 4 | Tom Black | M61 | Unattached | 1.76m | 2.47m 27.67% | 3 | |
| -- | Bruce Fitshaw | M60 | Unattached | ND | | | |

**W60 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Patricia Blacker-Thomson | W60 | Unattached - | 2.43m | 3.49m 46.55% | 7 | |

**M65 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Roy Turkington | M65 | Greyhounds T | 3.93m | 5.96m 66.72% | 7 | |
| 2 | Stan Seitz | M69 | Ottawa Lions | 3.34m | 5.07m 56.71% | 5 | |

**M70 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Ross Belyea | M70 | Unattached-N | 3.79m | 6.24m 69.80% | 7 | |
| 2 | Helmut Brosz | M74 | Unattached - | 2.88m | 4.74m 53.04% | 5 | |

**W70 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Carol LaFayette-Boyd | W74 | Saskatchewan | 3.77m | 6.38m 84.91% | 7 | |

**M75 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Peter Tams | M77 | Unattached - | 2.80m | 5.04m 56.34% | 7 | |
| 2 | Patrick Groulx | M75 | UTTC | 2.31m | 4.16m 46.48% | 5 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W80 Long Jump Sat 11:15am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Christa Bortignon | W80 | Greyhounds T | 3.02m | 6.53m | 87.03% | 7 |

**M35 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Chris Wrobel | M35 | Unattached - | 10.45m | 10.52m | 57.54% | 7 |

**W40 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Sandi Arnason | W44 | Saskatchewan | 7.73m | 8.33m | 53.76% | 7 |

**M40 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| -- | Michal Kapral | M44 | UTTC | ND | | | |

**M45 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Lenroy Munro | M46 | Unattached - | 11.60m | 13.07m | 71.47% | 7 |
| 2 | Jack Pontes | M45 | Jamaica Masters | 11.28m | 12.71m | 69.50% | 5 |
| 3 | Ovidiu Negoita | M45 | Jamaica Masters | 10.60m | 11.94m | 65.31% | 4 |

**W50 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Annamaria (gaby)) Szanto | W51 | Unattached - | 8.05m | 9.82m | 63.39% | 7 |

**M55 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Mihai Ene | M56 | Unattached - | 11.45m | 14.65m | 80.13% | 7 |
| 2 | Robert Nasato | M56 | Jamaica Masters | 10.63m | 13.60m | 74.39% | 5 |
| 3 | Dale Lawrence | M59 | Saskatchewan | 9.16m | 11.72m | 64.10% | 4 |
| 4 | Bryan Baldsing | M59 | Jamaica Masters | 7.66m | 9.80m | 53.60% | 3 |

**W55 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Muriel Gieni | W58 | Saskatchewan | 9.44m | 12.33m | 79.60% | 7 |

**M60 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | David Dickey | M63 | Greyhounds T | 8.22m | 11.28m | 61.67% | 7 |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**....M60 Triple Jump Sun 11:45am**

| | | | | | | |
|---|---|---|---|---|---|---|
| 2 | Ralph Cilevitz | M63 | Jamaica Masters | 6.99m | 9.59m | 52.44% | 5 |

**W60 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Patricia Blacker-Thomson | W60 | Unattached - | 5.88m | 8.26m | 53.36% | 7 |

**M70 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Ross Belyea | M70 | Unattached-N | 8.00m | 12.84m | 70.24% | 7 |
| 2 | Roland Delhomeau | M72 | Saskatchewan | 7.05m | 11.31m | 61.90% | 5 |

**W70 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Carol LaFayette-Boyd | W74 | Saskatchewan | 7.51m | 12.60m | 81.28% | 7 |

**M75 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Patrick Groulx | M75 | UTTC | 5.04m | 8.84m | 48.37% | 7 |

**W80 Triple Jump Sun 11:45am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Christa Bortignon | W80 | Greyhounds T | 6.91m | 16.16m | 104.22% | 7 |

**M30 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Scott Paterson | M33 | Unattached Alberta | 11.82m | 11.82m | 51.12% | 7 |

**M35 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Fernando Cornejo | M37 | Throwers Club | 12.98m | 13.46m | 58.23% | 7 |

**W35 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Sheree Mullings | W35 | Jamaica Masters | 8.53m | 8.84m | 39.07% | 7 |

**M40 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Bill Wells | M42 | UTTC | 7.10m | 7.90m | 34.20% | 7 |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**....M40 Shot Put Sat 9:30am**

| | | | | | | |
|---|---|---|---|---|---|---|
| 2 | Ben Kong | M41 | Jamaica Masters | 5.11m | 5.69m | 24.61% | 5 |

**W40 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Joyce Mangos | W41 | Unattached | 7.27m | 8.06m | 35.65% | 7 |

**M45 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Mariusz Kosinski | M46 | Unattached | 11.60m | 13.94m | 60.32% | 7 |
| 2 | Ovidiu Negoita | M45 | Jamaica Masters | 9.11m | 10.95m | 47.37% | 5 |
| 3 | Matt Beechey | M46 | Jamaica Masters | 8.70m | 10.46m | 45.24% | 4 |
| 4 | Marcus Skeete | M49 | UTTC | 7.75m | 9.31m | 40.30% | 3 |
| 5 | Shawn Folkes | M48 | Jamaica Masters | 7.71m | 9.26m | 40.09% | 2 |
| 6 | Pho Lam | M45 | Jamaica Masters | 4.78m | 5.74m | 24.86% | 1 |

**W45 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Tracey. (willow) McCarth | W49 | Unattached - | 8.88m | 10.60m | 46.86% | 7 |
| 2 | Linda Reid | W46 | Jamaica Masters | 7.40m | 8.83m | 39.05% | 5 |
| 3 | Colleen Hill | W49 | Jamaica Masters | 6.25m | 7.46m | 32.98% | 4 |

**M50 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Manoharan Sethukavalar | M51 | Throwers Club | 10.75m | 12.60m | 54.49% | 7 |
| 2 | Dumitru Ciobanu | M52 | Unattached - | 9.62m | 11.27m | 48.76% | 5 |

**W50 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Petra Ciobanu | W53 | Unattached - | 10.42m | 13.13m | 58.05% | 7 |

**M55 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Jerzy Dabrowa | M58 | Unattached | 9.07m | 11.52m | 49.84% | 7 |

**M60 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Bill Pearson | M64 | Throwers Club | 11.07m | 13.81m | 59.77% | 7 |
| 2 | Harbans Cheema | M62 | Unattached - | 10.35m | 12.91m | 55.89% | 5 |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W60 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Doreen Garner | W63 | Throwers Club | 9.90m | 14.86m 65.69% | 7 | |
| 2 | Jo Welch | W60 | Unattached N | 6.88m | 10.33m 45.65% | 5 | |
| 3 | Jane Warren | W61 | Unattached N | 5.65m | 8.48m 37.49% | 4 | |
| 4 | Sherry Watts | W63 | London Pacers | 5.38m | 8.07m 35.70% | 3 | |

**M65 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Tim Cederblad | M66 | United State | 12.10m | 16.46m 71.22% | 7 | |
| 2 | Jerzy Wyroba | M67 | Unattached - | 10.90m | 14.83m 64.16% | 5 | |
| 3 | Ralph Shapiro | M65 | Throwers Club | 9.89m | 13.45m 58.21% | 4 | |

**W65 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Lucille Green | W68 | Throwers Club | 5.15m | 8.54m 37.78% | 7 | |

**M70 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | John Kasperski | M73 | Throwers Club | 11.20m | 14.34m 62.05% | 7 | |
| 2 | Lewis Breese | M70 | United State | 10.10m | 12.93m 55.96% | 5 | |
| 3 | Moe Jacobs | M72 | Unattached - | 9.62m | 12.31m 53.30% | 4 | |
| 4 | Helmut Brosz | M74 | Unattached - | 9.19m | 11.76m 50.91% | 3 | |
| 5 | Bruce Mitchell | M73 | Brantford T.F.C. | 7.96m | 10.19m 44.10% | 2 | |

**W70 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Joanne Miklos Den Iseger | W70 | Unattached - | 6.05m | 11.22m 49.63% | 7 | |

**M75 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | David Morris | M78 | Throwers Club | 8.17m | 11.43m 49.46% | 7 | |
| 2 | Patrick Groulx | M75 | UTTC | 7.57m | 10.59m 45.82% | 5 | |
| 3 | Peter Tams | M77 | Unattached - | 7.12m | 9.96m 43.10% | 4 | |
| 4 | Gary McColeman | M75 | UTTC | 6.90m | 9.65m 41.77% | 3 | |
| 5 | Enrico Toscano | M76 | Throwers Club | 5.61m | 7.85m 33.96% | 2 | |

**W80 Shot Put Sat 9:30am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Christa Bortignon | W80 | Greyhounds T | 6.21m | 12.88m 56.92% | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M30 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Scott Paterson | M33 | Unattached Alberta | 14.15m | 14.15m 54.72% | 7 | |

**M40 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Ben Kong | M41 | Jamaica Masters | 4.30m | 4.68m 18.12% | 7 | |

**W45 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Tracey. (willow) McCarth | W49 | Unattached - | 9.75m | 12.63m 53.51% | 7 | |
| 2 | Linda Reid | W46 | Jamaica Masters | 6.68m | 8.65m 36.66% | 5 | |
| 3 | Colleen Hill | W49 | Jamaica Masters | 5.22m | 6.76m 28.65% | 4 | |

**M45 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Ovidiu Negoita | M45 | Jamaica Masters | 5.92m | 6.92m 26.78% | 7 | |

**W50 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Petra Ciobanu | W53 | Unattached - | 9.35m | 11.05m 46.84% | 7 | |

**M50 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Manoharan Sethukavalar | M51 | Throwers Club | 12.20m | 12.79m 49.47% | 7 | |

**M55 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Ayman Mazhar | M57 | UTTC | 15.33m | 17.20m 66.54% | 7 | |

**M60 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Raymond Bzibziak | M62 | United State | 12.76m | 13.30m 51.43% | 7 | |
| 2 | Bill Pearson | M64 | Throwers Club | 12.65m | 13.18m 50.99% | 5 | |
| 3 | Harbans Cheema | M62 | Unattached - | 8.71m | 9.07m 35.11% | 4 | |

**W60 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Jo Welch | W60 | Unattached N | 8.53m | 10.32m 43.77% | 7 | |
| 2 | Jane Warren | W61 | Unattached N | 5.05m | 6.11m 25.91% | 5 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W65 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Lucille Green | W68 | Throwers Club | 6.68m | 8.85m 37.53% | 7 | |

**M65 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Tim Cederblad | M66 | United State | 13.45m | 15.00m 58.00% | 7 | |
| 2 | Ralph Shapiro | M65 | Throwers Club | 10.68m | 11.91m 46.05% | 5 | |

**M70 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | John Kasperski | M73 | Throwers Club | 14.66m | 16.72m 64.67% | 7 | |
| 2 | Lewis Breese | M70 | United State | 11.27m | 12.85m 49.71% | 5 | |

**M75 Weight Throw Sat 2:30pm**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | David Morris | M78 | Throwers Club | 8.48m | 10.41m 40.29% | 7 | |
| 2 | Patrick Groulx | M75 | UTTC | 7.19m | 8.83m 34.16% | 5 | |
| 3 | Gary McColeman | M75 | UTTC | 6.72m | 8.25m 31.92% | 4 | |
| 4 | Enrico Toscano | M76 | Throwers Club | 6.15m | 7.55m 29.22% | 3 | |

**M35 1000 Meter Dash Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Gurmukh Sahans | M38 | United State | 3:07.99 | 3:06.64 69.92% | 601 | |

**M40 1000 Meter Dash Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Doug McLaren | M41 | Saskatchewan | 3:39.34 | 3:29.19 62.39% | 407 | |

**M45 1000 Meter Dash Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Kasper Hinds | M48 | Unattached | 3:31.93 | 3:13.84 67.33% | 535 | |

**M50 1000 Meter Dash Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Geordie McConnell | M51 | Ottawa Maste | 3:42.67 | 3:14.95 66.94% | 525 | |
| 2 | Paul White | M50 | Unattached - | 4:24.43 | 3:51.51 56.37% | 250 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M55 1000 Meter Dash Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Luigi Nunno | M58 | Unattached - | 4:36.15 | 3:50.98 56.50% | 253 | |

### M60 1000 Meter Dash Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Bruce Urch | M62 | Throwers Club | 3:57.60 | 3:09.32 68.93% | 576 | |
| 2 | David Dickey | M63 | Greyhounds T | 3:59.18 | 3:10.58 68.48% | 564 | |

### M65 1000 Meter Dash Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Peter Zowkewych | M66 | UTTC | 4:46.06 | 3:36.30 60.34% | 353 | |

### M70 1000 Meter Dash Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Roland Delhomeau | M72 | Saskatchewan | 4:41.98 | 3:20.52 65.08% | 477 | |

### M75 1000 Meter Dash Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Doug Renwick | M75 | Saskatchewan | 4:02.43 | 2:39.72 81.71% | 877 | |

### M35 60 Meter Hurdles Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Gurmukh Sahans | M38 | United State | 9.65 | 9.50 76.89% | 2 | 639 | |

### M40 60 Meter Hurdles Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Doug McLaren | M41 | Saskatchewan | 9.23 | 8.74 83.53% | 2 | 804 | |

### M45 60 Meter Hurdles Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Kasper Hinds | M48 | Unattached | 11.28 | 10.26 71.19% | 2 | 493 | |

### M50 60 Meter Hurdles Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Paul White | M50 | Unattached - | 11.32 | 10.10 72.26% | 2 | 522 | |
| 2 | Geordie McConnell | M51 | Ottawa Maste | 11.84 | 10.57 69.09% | 2 | 438 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M55 60 Meter Hurdles Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Luigi Nunno | M58 | Unattached - | 13.06 | 11.17 | 65.39% | 2 | 342 | |

### M60 60 Meter Hurdles Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | David Dickey | M63 | Greyhounds T | 11.75 | 9.77 | 74.72% | 585 | |
| 2 | Bruce Urch | M62 | Throwers Club | 12.34 | 10.26 | 71.15% | 493 | |

### M65 60 Meter Hurdles Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Peter Zowkewych | M66 | UTTC | 12.35 | 9.81 | 74.41% | 578 | |

### M70 60 Meter Hurdles Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Roland Delhomeau | M72 | Saskatchewan | 14.13 | 10.90 | 66.95% | 384 | |

### M75 60 Meter Hurdles Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Doug Renwick | M75 | Saskatchewan | 14.05 | 10.30 | 70.89% | 486 | |

### M35 High Jump Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Gurmukh Sahans | M38 | United State | 1.60m | 1.64m | 66.95% | 496 | |

### M40 High Jump Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Doug McLaren | M41 | Saskatchewan | 1.48m | 1.55m | 63.25% | 426 | |

### M45 High Jump Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Kasper Hinds | M48 | Unattached | 1.45m | 1.59m | 65.32% | 457 | |

### M50 High Jump Indoor Pentathlon

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Geordie McConnell | M51 | Ottawa Maste | 1.45m | 1.68m | 68.72% | 528 | |
| 1 | Paul White | M50 | Unattached - | 1.45m | 1.68m | 68.72% | 528 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M55 High Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Luigi Nunno | M58 | Unattached - | 1.30m | 1.59m 65.00% | 457 | |

**M60 High Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Bruce Urch | M62 | Throwers Club | 1.30m | 1.69m 69.15% | 536 | |
| 1 | David Dickey | M63 | Greyhounds T | 1.30m | 1.69m 69.15% | 536 | |

**M65 High Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Peter Zowkewych | M66 | UTTC | 1.42m | 1.96m 80.23% | 767 | |

**M70 High Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Roland Delhomeau | M72 | Saskatchewan | 1.30m | 1.92m 78.79% | 731 | |

**M75 High Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Doug Renwick | M75 | Saskatchewan | 1.24m | 1.97m 80.52% | 776 | |

**M35 Long Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Gurmukh Sahans | M38 | United State | 5.58m | 5.75m 64.29% | 533 | |

**M40 Long Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Doug McLaren | M41 | Saskatchewan | 4.75m | 5.17m 57.86% | 415 | |

**M45 Long Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Kasper Hinds | M48 | Unattached | 5.20m | 6.00m 67.10% | 587 | |

**M50 Long Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Paul White | M50 | Unattached - | 4.88m | 5.99m 67.03% | 584 | |
| 2 | Geordie McConnell | M51 | Ottawa Maste | 4.05m | 4.97m 55.63% | 377 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M55 Long Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Luigi Nunno | M58 | Unattached - | 3.57m | 4.68m 52.35% | 323 | |

**M60 Long Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Bruce Urch | M62 | Throwers Club | 4.22m | 5.94m 66.35% | 574 | |
| 2 | David Dickey | M63 | Greyhounds T | 3.75m | 5.27m 58.96% | 435 | |

**M65 Long Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Peter Zowkewych | M66 | UTTC | 3.64m | 5.52m 61.80% | 485 | |

**M70 Long Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Roland Delhomeau | M72 | Saskatchewan | 2.83m | 4.66m 52.12% | 319 | |

**M75 Long Jump Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Doug Renwick | M75 | Saskatchewan | 3.67m | 6.61m 73.84% | 723 | |

**M35 Shot Put Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Gurmukh Sahans | M38 | United State | 10.97m | 11.37m 49.21% | 568 | |

**M40 Shot Put Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Doug McLaren | M41 | Saskatchewan | 8.93m | 9.94m 43.02% | 482 | |

**M45 Shot Put Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Kasper Hinds | M48 | Unattached | 7.57m | 9.10m 39.37% | 432 | |

**M50 Shot Put Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Geordie McConnell | M51 | Ottawa Maste | 10.03m | 11.75m 50.84% | 591 | |
| 2 | Paul White | M50 | Unattached - | 8.07m | 9.45m 40.90% | 453 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M55 Shot Put Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Luigi Nunno | M58 | Unattached - | 7.01m | 8.90m 38.52% | 420 | |

**M60 Shot Put Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Bruce Urch | M62 | Throwers Club | 9.32m | 11.63m 50.32% | 584 | |
| 2 | David Dickey | M63 | Greyhounds T | 5.92m | 7.38m 31.97% | 330 | |

**M65 Shot Put Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Peter Zowkewych | M66 | UTTC | 10.84m | 14.74m 63.80% | 774 | |

**M70 Shot Put Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Roland Delhomeau | M72 | Saskatchewan | 7.99m | 10.23m 44.27% | 499 | |

**M75 Shot Put Indoor Pentathlon**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Doug Renwick | M75 | Saskatchewan | 6.77m | 9.47m 40.98% | 454 | |

**M35 Indoor Pentathlon Sat 10:30am**

| | Name | Age | Team | Finals | Alternate |
|---|---|---|---|---|---|
| 1 | Gurmukh Sahans | M38 | United State | 2837 | |

**M40 Indoor Pentathlon Sat 10:30am**

| | Name | Age | Team | Finals | Alternate |
|---|---|---|---|---|---|
| 1 | Doug McLaren | M41 | Saskatchewan | 2534 | |

**M45 Indoor Pentathlon Sat 10:30am**

| | Name | Age | Team | Finals | Alternate |
|---|---|---|---|---|---|
| 1 | Kasper Hinds | M48 | Unattached | 2504 | |

**M50 Indoor Pentathlon Sat 10:30am**

| | Name | Age | Team | Finals | Alternate |
|---|---|---|---|---|---|
| 1 | Geordie McConnell | M51 | Ottawa Maste | 2459 | |
| 2 | Paul White | M50 | Unattached - | 2337 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M55 Indoor Pentathlon Sat 10:30am**

| | Name | Age | Team | Finals | Alternate |
|---|---|---|---|---|---|
| 1 | Luigi Nunno | M58 | Unattached - | 1795 | |

**M60 Indoor Pentathlon Sat 10:30am**

| | Name | Age | Team | Finals | Alternate |
|---|---|---|---|---|---|
| 1 | Bruce Urch | M62 | Throwers Club | 2763 | |
| 2 | David Dickey | M63 | Greyhounds T | 2450 | |

**M65 Indoor Pentathlon Sat 10:30am**

| | Name | Age | Team | Finals | Alternate |
|---|---|---|---|---|---|
| 1 | Peter Zowkewych | M66 | UTTC | 2957 | |

**M70 Indoor Pentathlon Sat 10:30am**

| | Name | Age | Team | Finals | Alternate |
|---|---|---|---|---|---|
| 1 | Roland Delhomeau | M72 | Saskatchewan | 2410 | |

**M75 Indoor Pentathlon Sat 10:30am**

| | Name | Age | Team | Finals | Alternate |
|---|---|---|---|---|---|
| 1 | Doug Renwick | M75 | Saskatchewan | 3316 | |

**W30 1500 Meter Race Walk Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Evane Michoux | W33 | Fleur de Lys | 8:33.11 | 8:33.12 65.68% | 7 | |

**M35 1500 Meter Race Walk Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Jocelyn Ruest | M37 | Fleur de Lys | 6:41.06 | 6:32.56 78.71% | 2 | 7 | |

**M40 1500 Meter Race Walk Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Ben Kong | M41 | Jamaica Masters | 13:40.84 | 12:56.36 39.80% | 2 | 7 | |

**W45 1500 Meter Race Walk Sat 10:00am**

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Sharon Chisholm | W46 | Bytown Walkers | 11:07.92 | 10:17.83 54.55% | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M50 1500 Meter Race Walk Sat 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Yvan Béchard | M54 | Unattached | 6:38.76 | 5:47.56 | 88.91% | 2 | 7 | |

### M55 1500 Meter Race Walk Sat 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Dave Talcott | M56 | United State | 6:38.27 | 5:32.36 | 92.97% | 2 | 7 | |

### W55 1500 Meter Race Walk Sat 10:00am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Kitty Cashman | W56 | Unattached - | 8:50.52 | 7:30.95 | 74.73% | 7 | |
| 2 | Sandy Archibald | W57 | Bytown Walkers | 8:58.96 | 7:38.12 | 73.56% | 5 | |
| 3 | Mary-Ellen Maybee | W56 | Bytown Walkers | 10:35.68 | 9:00.33 | 62.37% | 4 | |
| 4 | Nicky Slovitt | W56 | Ontario Race | 10:39.20 | 9:03.33 | 62.03% | 3 | |

### W60 1500 Meter Race Walk Sat 10:00am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Nancy Patten | W61 | Unattached | 8:08.20 | 6:35.74 | 85.16% | 7 | |
| 2 | Kris Kozell | W64 | Ontario Race | 8:20.06 | 6:45.35 | 83.14% | 5 | |
| -- | Jo Welch | W60 | Unattached N | DQ | | | | Rule 230.7a |

### M60 1500 Meter Race Walk Sat 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Denis Laflamme | M63 | Fleur de Lys | 7:57.36 | 6:19.98 | 81.32% | 2 | 7 | |
| 2 | John Gardam | M60 | Bytown Walkers | 8:40.86 | 6:54.61 | 74.53% | 2 | 5 | |

### M65 1500 Meter Race Walk Sat 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Henry Charrois | M65 | Edmonton Rac | 7:50.41 | 5:55.49 | 86.92% | 2 | 7 | |

### W65 1500 Meter Race Walk Sat 10:00am

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Teresa Chiozza | W66 | Ontario RaceWalkers | 8:58.86 | 6:53.96 | 81.41% | 7 | |
| 2 | Sharon M. Wright | W67 | Unattached - | 10:08.80 | 7:47.69 | 72.06% | 5 | |

### M75 1500 Meter Race Walk Sat 10:00am

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Marcel Jobin | M75 | Energie | 8:31.04 | 5:42.04 | 90.34% | 2 | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M80 1500 Meter Race Walk Sat 10:00am

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Crawford McNair | M80 | Greyhounds T | 15:08.45 | 9:26.33 54.56% | 2 | 7 | |

### W30 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Evane Michoux | W33 | Fleur de Lys | 18:04.64 | 18:04.65 64.08% | 7 | |

### M35 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Jocelyn Ruest | M37 | Fleur de Lys | 14:07.45 | 13:50.42 76.04% | 2 | 7 | |

### W45 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Sharon Chisholm | W46 | Bytown Walkers | 22:57.73 | 21:14.41 54.54% | 7 | |

### M50 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Yvan Béchard | M54 | Unattached | 14:07.59 | 12:20.37 85.28% | 2 | 7 | |

### M55 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Dave Talcott | M56 | United State | 13:59.72 | 11:42.35 89.90% | 2 | 7 | |

### W55 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Kitty Cashman | W56 | Unattached - | 18:25.66 | 15:37.83 74.11% | 7 | |
| 2 | Sandy Archibald | W57 | Bytown Walkers | 18:41.37 | 15:51.15 73.07% | 5 | |
| 3 | Mary-Ellen Maybee | W56 | Bytown Walkers | 21:29.29 | 18:13.58 63.55% | 4 | |
| 4 | Nicky Slovitt | W56 | Ontario Race | 21:33.41 | 18:17.08 63.35% | 3 | |

### W60 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | Points | Alternate |
|---|---|---|---|---|---|---|---|
| 1 | Nancy Patten | W61 | Unattached | 17:05.15 | 13:46.17 84.12% | 7 | |
| 2 | Anne De Thy | W63 | Ontario Race | 18:13.94 | 14:41.61 78.83% | 5 | |
| -- | Kris Kozell | W64 | Ontario Race | DQ | | | Rule 230.7a |

### M60 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | John Gardam | M60 | Bytown Walkers | 18:43.61 | 14:56.65 70.42% | 2 | 7 | |

**Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

### M65 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Henry Charrois | M65 | Edmonton Rac | 16:22.52 | 12:24.26 | 84.84% | 2 | 7 | |

### W65 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | | Points | Alternate |
|---|---|---|---|---|---|---|---|---|
| 1 | Teresa Chiozza | W66 | Ontario RaceWalkers | 18:06.32 | 13:46.04 | 84.14% | 7 | |
| 2 | Sharon M. Wright | W67 | Unattached - | 20:48.23 | 15:49.16 | 73.22% | 5 | |

### M75 3000 Meter Race Walk Sun 12:30pmm

| | Name | Age | Team | Finals | Age-Grading | | H# | Points | Alternate |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Marcel Jobin | M75 | Energie | 18:12.66 | 12:12.52 | 86.20% | 2 | 7 | |