

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

### Boys U8

### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Durham Dragons Athletics</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.				Average Time:		
1	408 Aarjav Roy	1	1	4:12.6	4:12.6	0:00.0
2	338 Nicholas Bdzikot	2	3	4:59.5	9:12.1	0:46.8

# AO Cross Country Championships

## Final Team Results

### Men

#### Boys U10

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Brockville Legion Track Club</b>			<b>Finish Position - 1</b>			
Team Score (places): 27			Average Time: 4:12.5			
1	245 Zachary Tyler	3	3	3:50.7	3:50.7	0:00.0
2	221 Bayane Link	4	7	4:03.0	7:53.7	0:12.3
3	239 Christian Simpson-Townsend	8	15	4:17.7	12:11.4	0:27.0
4	203 Tommy Cunningham	12	27	4:38.5	16:49.9	0:47.8
5	237 Lucas Schroeder	(13)	(40)	4:41.1	21:31.1	0:50.4
6	209 Oliver Filion	(16)	(56)	4:48.4	26:19.6	0:57.7
<b>Team - Durham Dragons Athletics</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	382 Minos Kehagias	6	6	4:08.6	4:08.6	0:00.0
2	399 Gavin Osborne	10	16	4:24.9	8:33.6	0:16.3
3	352 Goksu Aras Donmez	15	31	4:48.4	13:22.0	0:39.7
<b>Team - Toronto Olympic Track &amp; Field Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	898 Thomas Tesfamariam	9	9	4:18.9	4:18.9	0:00.0
2	896 Jacob Sutherland	11	20	4:37.3	8:56.2	0:18.4
3	897 Nathan Tesfamariam	14	34	4:44.1	13:40.3	0:25.1
<b>Team - Ottawa Lions T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	751 Ronan Lebel	1	1	3:38.9	3:38.9	0:00.0
2	983 Eric Combasson	5	6	4:07.8	7:46.8	0:28.8
<b>Team - Etobicoke Huskies-Striders Track and</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	432 Aric Chan-Smith	7	7	4:11.1	4:11.1	0:00.0
<b>Team - Kawartha Lakes Lightning</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	515 Daniel Rogler	2	2	3:47.4	3:47.4	0:00.0

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Boys U12

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Durham Dragons Athletics</b>		<b>Finish Position - 1</b>				
Team Score (places): 31		Average Time: 8:14.2				
1	381 Ilios Kehagias	3	3	7:31.9	7:31.9	0:00.0
2	366 Cullen Helmer	6	9	8:01.0	15:32.9	0:29.0
3	354 Graham Downie-Back	8	17	8:17.9	23:50.9	0:45.9
4	320 Maylan Ambikaipathan	14	31	9:06.1	32:57.0	1:34.1
5	319 Nate Adams	(15)	(46)	9:10.7	42:07.7	1:38.7
<b>Team - Brockville Legion Track Club</b>		<b>Finish Position - 2</b>				
Team Score (places): 69		Average Time: 9:37.6				
1	232 Emmett O'Grady	11	11	8:45.2	8:45.2	0:00.0
2	197 Bishop Barnhardt	18	29	9:44.0	18:29.2	0:58.7
3	246 Miles Williams	19	48	9:53.8	28:23.1	1:08.5
4	224 Max McBride	21	69	10:07.5	38:30.6	1:22.2
5	200 Shaunak Bhatt	(22)	(91)	10:08.4	48:39.1	1:23.2
6	212 Christopher Hartley	(24)	(115)	10:43.9	59:23.1	1:58.6
7	242 Noah Skacel	(25)	(140)	11:20.0	1:10:43.1	2:34.7
8	208 Jayden Evans	(26)	(166)	11:27.1	1:22:10.3	2:41.8
9	229 Wyatt Napier	More Than 8		12:30.0	1:34:40.3	3:44.7
10	240 John Sivers	More Than 8		13:06.2	1:47:46.6	4:21.0
<b>Team - Bisons Track Club</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	108 Fletcher Kanas	10	10	8:37.5	8:37.5	0:00.0
2	121 Xavier Tusin	16	26	9:22.6	18:00.1	0:45.1
3	104 Jackson Donald	27	53	11:28.1	29:28.3	2:50.6
<b>Team - Boardwalk RC</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	188 Oliver Warburton	7	7	8:16.6	8:16.6	0:00.0
2	170 Cole Davidson	20	27	10:00.7	18:17.3	1:44.0
<b>Team - Blue Devils Athletics Club</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	138 Leif Gustafsson	1	1	7:16.8	7:16.8	0:00.0
<b>Team - Kawartha Lakes Lightning</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				

# AO Cross Country Championships

## Final Team Results

### Men

#### Boys U12

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Kawartha Lakes Lightning</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	507 Boris Marett	13	13	9:04.9	9:04.9	0:00.0
<b>Team - Ottawa Lions T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	749 Kai Lebel	2	2	7:24.7	7:24.7	0:00.0
<b>Team - Physi-Kult</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	805 Canyon Turcotte	5	5	7:53.0	7:53.0	0:00.0
<b>Team - South Simcoe Dufferin T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	833 Ryder Kinnear	23	23	10:24.2	10:24.2	0:00.0
<b>Team - Toronto Olympic Track &amp; Field Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	887 Alexander Gammon	17	17	9:35.3	9:35.3	0:00.0
<b>Team - Toronto West Athletics</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	913 Fisher Courville	9	9	8:23.1	8:23.1	0:00.0
<b>Team - Glen Manor TC</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	459 Felix Karim	12	12	8:51.2	8:51.2	0:00.0
<b>Team - The Gazelles</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	861 Smith Rossander	4	4	7:37.2	7:37.2	0:00.0

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Boys U14

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Etobicoke Huskies-Striders Track and</b>		<b>Finish Position - 1</b>		<b>Team Score (places): 56</b>		
				<b>Average Time: 7:21.1</b>		
1	431 Aidan Chan-Smith	1	1	6:53.1	6:53.1	0:00.0
2	436 Trace Fordham	14	15	7:26.3	14:19.4	0:33.2
3	427 Niccolo Anile	17	32	7:30.2	21:49.6	0:37.0
4	430 John Centritto	24	56	7:35.0	29:24.7	0:41.9
5	439 Callum Murphy	(38)	(94)	8:00.4	37:25.1	1:07.3
<b>Team - Stratford Sabrecats Track Club</b>		<b>Finish Position - 2</b>		<b>Team Score (places): 58</b>		
				<b>Average Time: 7:20.4</b>		
1	841 Charles Bender	6	6	7:03.1	7:03.1	0:00.0
2	851 Thomas Mott	8	14	7:08.5	14:11.6	0:05.4
3	840 Abraham Bender	15	29	7:28.6	21:40.2	0:25.5
4	848 Graeme Froud	29	58	7:41.4	29:21.7	0:38.3
5	853 Benjamin Robson	(30)	(88)	7:42.6	37:04.3	0:39.5
<b>Team - Durham Dragons Athletics</b>		<b>Finish Position - 3</b>		<b>Team Score (places): 59</b>		
				<b>Average Time: 7:24.9</b>		
1	330 Griffin Bratton	9	9	7:10.2	7:10.2	0:00.0
2	396 Brandon Neill	12	21	7:24.2	14:34.5	0:14.0
3	411 Noah Shepherd	18	39	7:32.0	22:06.5	0:21.7
4	390 Nolan Maki	20	59	7:33.0	29:39.6	0:22.8
5	329 Jackson Barker	(25)	(84)	7:37.5	37:17.2	0:27.2
6	348 Gavin Dobbs	(35)	(119)	7:57.1	45:14.3	0:46.9
7	412 Camden Silipo	(40)	(159)	8:02.7	53:17.0	0:52.4
8	363 Eoghan Heaney	(46)	(205)	8:22.9	1:01:40.0	1:12.7
DQ	321 Pathuman Ambikaipathan	DQ				
<b>Team - Glen Manor TC</b>		<b>Finish Position - 4</b>		<b>Team Score (places): 85</b>		
				<b>Average Time: 7:31.8</b>		
1	449 Liam Batchelor	5	5	7:00.8	7:00.8	0:00.0
2	456 Justin Houck	21	26	7:33.3	14:34.2	0:32.5
3	448 Matthew Barker	26	52	7:38.4	22:12.6	0:37.5
4	462 Cole Mielniczuk	33	85	7:54.8	30:07.4	0:53.9
5	465 Jack Peleck	(34)	(119)	7:56.6	38:04.0	0:55.7
6	446 Atticus Bajor	(39)	(158)	8:01.9	46:05.9	1:01.0
<b>Team - Central Toronto Athletic Club</b>		<b>Finish Position - 5</b>		<b>Team Score (places): 85</b>		
				<b>Average Time: 7:33.3</b>		

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<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Central Toronto Athletic Club</b>			<b>Finish Position - 5</b>			
Team Score (places): 85			Average Time: 7:33.3			
1	288 Oliver O'Brien	10	10	7:15.8	7:15.8	0:00.0
2	283 William McDonald	11	21	7:19.1	14:35.0	0:03.2
3	297 Mato Rukovanjski	28	49	7:40.3	22:15.4	0:24.4
4	295 Spencer Rizzuto	36	85	7:57.7	30:13.2	0:41.8
5	281 Nathan Hill	(41)	(126)	8:03.3	38:16.5	0:47.4
<b>Team - Toronto West Athletics</b>			<b>Finish Position - 6</b>			
Team Score (places): 120			Average Time: 7:48.0			
1	905 Juan Bernal-Salazar	16	16	7:29.6	7:29.6	0:00.0
2	902 Owen Anselm	23	39	7:34.9	15:04.6	0:05.3
3	911 Vance Codell	37	76	7:59.6	23:04.2	0:30.0
4	909 Robin Capitani	44	120	8:08.1	31:12.3	0:38.4
5	929 Lisandro Linares	(52)	(172)	9:13.6	40:25.9	1:44.0
6	907 Jack Brewer	(53)	(225)	9:20.6	49:46.5	1:51.0
<b>Team - Newmarket Huskies Track Club</b>			<b>Finish Position - 7</b>			
Team Score (places): 121			Average Time: 7:46.8			
1	668 Simon Nagy	2	2	6:53.3	6:53.3	0:00.0
2	650 Owen Jensen	32	34	7:51.2	14:44.6	0:57.8
3	627 Benjamin Campbell	42	76	8:06.4	22:51.0	1:13.0
4	664 Luca Minardi	45	121	8:16.3	31:07.4	1:22.9
<b>Team - Thorold Elite Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	870 Deagen Hallett	3	3	6:53.7	6:53.7	0:00.0
2	864 Evan Blake	19	22	7:32.3	14:26.1	0:38.6
3	875 Sean Lawson	22	44	7:33.4	21:59.5	0:39.6
<b>Team - Brockville Legion Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	228 Sam Morrow	50	50	8:51.7	8:51.7	0:00.0
2	220 Seth Laming	51	101	9:01.5	17:53.3	0:09.8
<b>Team - Kawartha Lakes Lightning</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	495 Kiran Bishop	4	4	6:58.0	6:58.0	0:00.0

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### Men

#### Boys U14

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Kawartha Lakes Lightning</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
2	494 Henry Bates	54	58	9:20.7	16:18.8	2:22.6
<b>Team - University of Toronto TC</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	1080 Kevin Kenney	7	7	7:08.4	7:08.4	0:00.0
2	1082 Sumner Kerr	47	54	8:27.5	15:36.0	1:19.1
<b>Team - Blue Devils Athletics Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	125 Louka Bergerson-Small	31	31	7:44.1	7:44.1	0:00.0
<b>Team - North Bay Legion</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	711 Emmitt Reid	43	43	8:06.5	8:06.5	0:00.0
<b>Team - Ottawa Lions T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	1028 Daminh Reid	49	49	8:37.4	8:37.4	0:00.0
<b>Team - Physi-Kult</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	806 Cehlden Turcotte	27	27	7:38.4	7:38.4	0:00.0
<b>Team - South Simcoe Dufferin T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	832 Ethan Kinnear	55	55	15:03.4	15:03.4	0:00.0
<b>Team - Toronto Olympic Track &amp; Field Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	886 Matthew Fast	48	48	8:30.3	8:30.3	0:00.0
<b>Team - Bisons Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	120 Maxence Tusin	13	13	7:25.9	7:25.9	0:00.0

# AO Cross Country Championships

## Final Team Results

### Men

#### Boys U16

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Ottawa Lions T.F.C.</b>				<b>Finish Position - 1</b>		
Team Score (places): 37				Average Time: 13:28.9		
1	781 Saul Taler	2	2	13:07.7	13:07.7	0:00.0
2	773 Owen Siderius	3	5	13:08.1	26:15.9	0:00.3
3	759 Charlie Mortimer	13	18	13:45.4	40:01.3	0:37.6
4	774 Noah Smith	19	37	13:54.2	53:55.6	0:46.4
5	745 Dean Kontogiannis	(38)	(75)	14:15.7	1:08:11.3	1:07.9
6	767 Matteo Padoin-Castillo	(52)	(127)	14:29.7	1:22:41.0	1:21.9
7	737 Barrett Goold	(61)	(188)	14:39.4	1:37:20.5	1:31.7
<b>Team - University of Toronto TC</b>				<b>Finish Position - 2</b>		
Team Score (places): 44				Average Time: 13:36.3		
1	1063 Theo Cantelon	1	1	13:02.4	13:02.4	0:00.0
2	1094 Jaksen Neldner	12	13	13:44.7	26:47.2	0:42.2
3	1073 Eitan Garfin-Udaskin	14	27	13:45.7	40:32.9	0:43.2
4	1106 John Shoust	17	44	13:52.3	54:25.2	0:49.8
5	1087 Michael Liu	(22)	(66)	13:56.4	1:08:21.6	0:53.9
6	1089 Luke Mazan	(23)	(89)	13:56.7	1:22:18.4	0:54.2
7	1102 Luca Rocco	(34)	(123)	14:08.4	1:36:26.8	1:05.9
8	1068 Rami Darawsha	(35)	(158)	14:09.4	1:50:36.2	1:06.9
9	1077 Evan Haick	More Than 8		14:12.9	2:04:49.2	1:10.4
10	1112 Oliver Taback	More Than 8		14:24.8	2:19:14.0	1:22.3
11	1093 Lucas McLarnon	More Than 8		14:42.8	2:33:56.9	1:40.3
12	1099 Mihailo Prekajski	More Than 8		14:51.2	2:48:48.1	1:48.7
<b>Team - Durham Dragons Athletics</b>				<b>Finish Position - 3</b>		
Team Score (places): 78				Average Time: 13:52.5		
1	340 Aiden Clodd	8	8	13:40.4	13:40.4	0:00.0
2	337 Nolan Buie	15	23	13:46.2	27:26.7	0:05.8
3	374 Carson Jensen	24	47	13:58.1	41:24.8	0:17.7
4	375 Nathan Johns	31	78	14:05.3	55:30.2	0:24.9
5	414 Liam Sison	(32)	(110)	14:06.6	1:09:36.8	0:26.2
6	357 Luke Ford	(33)	(143)	14:06.7	1:23:43.5	0:26.2
7	368 Nathan Hibbard	(53)	(196)	14:31.9	1:38:15.5	0:51.5
8	345 Luke Crockford	(54)	(250)	14:32.4	1:52:47.9	0:52.0
9	420 Morris Ten Kate	More Than 8		17:06.2	2:09:54.2	3:25.8
<b>Team - South Simcoe Dufferin T.F.C.</b>				<b>Finish Position - 4</b>		
Team Score (places): 121				Average Time: 14:03.3		
1	824 Kenneth Champ	6	6	13:32.9	13:32.9	0:00.0



# AO Cross Country Championships

## Final Team Results

Race Date  
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### Men

#### Boys U16

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - South Simcoe Dufferin T.F.C.</b>			<b>Finish Position - 4</b>			
Team Score (places): 121			Average Time: 14:03.3			
2	826 Van Clarkson	10	16	13:43.5	27:16.5	0:10.6
3	837 Kyler Nicoll	46	62	14:20.4	41:36.9	0:47.4
4	829 Jacob Hazel	59	121	14:36.3	56:13.3	1:03.3
5	831 Brayden Kinnear	(70)	(191)	15:06.6	1:11:19.9	1:33.6
<b>Team - Boardwalk RC</b>			<b>Finish Position - 5</b>			
Team Score (places): 153			Average Time: 14:13.8			
1	172 Ty Machado	7	7	13:37.5	13:37.5	0:00.0
2	190 Alic Webster	30	37	14:04.9	27:42.4	0:27.4
3	191 James Yates	56	93	14:34.9	42:17.4	0:57.4
4	186 Finn Veale	60	153	14:37.8	56:55.2	1:00.2
<b>Team - Brockville Legion Track Club</b>			<b>Finish Position - 6</b>			
Team Score (places): 162			Average Time: 14:25.1			
1	247 Jackson Witham	5	5	13:29.8	13:29.8	0:00.0
2	222 Rayane Link	36	41	14:10.4	27:40.3	0:40.6
3	227 Kai Morrow	37	78	14:13.7	41:54.0	0:43.8
4	231 Colin Notman	84	162	15:46.6	57:40.6	2:16.7
5	230 Braeden Notman	(92)	(254)	17:12.2	1:14:52.9	3:42.4
<b>Team - Newmarket Huskies Track Club</b>			<b>Finish Position - 7</b>			
Team Score (places): 165			Average Time: 14:18.8			
1	656 Tyler Kuzminski	11	11	13:44.0	13:44.0	0:00.0
2	685 Ryan Ward	39	50	14:16.7	28:00.8	0:32.6
3	618 Peyton Bates	49	99	14:21.5	42:22.3	0:37.4
4	688 Marcus Yu	66	165	14:53.2	57:15.5	1:09.1
<b>Team - Laurel Creek T.F.C.</b>			<b>Finish Position - 8</b>			
Team Score (places): 189			Average Time: 14:37.1			
1	541 James Porto	18	18	13:52.5	13:52.5	0:00.0
2	547 Isaiah Stumpf	21	39	13:55.8	27:48.3	0:03.3
3	534 Eli Martin	74	113	15:18.1	43:06.4	1:25.5
4	540 Ben Perrin	76	189	15:21.8	58:28.3	1:29.3
5	530 Gursaaaz Gund	(86)	(275)	16:04.7	1:14:33.1	2:12.2

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Boys U16

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Blue Devils Athletics Club</b>		<b>Finish Position - 9</b>				
Team Score (places): 196		Average Time: 14:34.9				
1	156 Jahleel Powers	16	16	13:50.9	13:50.9	0:00.0
2	124 Ellery Alexander	45	61	14:20.0	28:10.9	0:29.0
3	148 Mikael Melaku	55	116	14:34.3	42:45.3	0:43.4
4	166 Ian Yusti	80	196	15:34.2	58:19.5	1:43.2
5	134 Alexander Ferron	(82)	(278)	15:37.0	1:13:56.6	1:46.0
6	142 Kai Lemay	(90)	(368)	16:41.1	1:30:37.8	2:50.2
<b>Team - Central Toronto Athletic Club</b>		<b>Finish Position - 10</b>				
Team Score (places): 228		Average Time: 14:46.2				
1	298 Kyriakos Savvaidis	20	20	13:55.1	13:55.1	0:00.0
2	271 Charlie Cummins	64	84	14:45.7	28:40.8	0:50.5
3	290 Jacob Pozin	71	155	15:07.9	43:48.8	1:12.7
4	285 Mihir Moharir	73	228	15:16.0	59:04.9	1:20.9
5	301 Mateo Trujillo	(79)	(307)	15:30.1	1:14:35.0	1:34.9
6	276 Matthew Gu	(87)	(394)	16:07.5	1:30:42.5	2:12.3
<b>Team - Burlington Track &amp; Field Club</b>		<b>Finish Position - 11</b>				
Team Score (places): 239		Average Time: 14:46.1				
1	259 Nathan Parkes	43	43	14:19.1	14:19.1	0:00.0
2	257 Nolan McGregor	50	93	14:22.3	28:41.5	0:03.1
3	254 Eugene Kang	65	158	14:47.7	43:29.2	0:28.5
4	262 Noah Waters	81	239	15:35.1	59:04.4	1:16.0
5	255 Adam MacLean	(83)	(322)	15:44.8	1:14:49.2	1:25.6
<b>Team - Toronto West Athletics</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	933 Paul McIlwraith	47	47	14:21.0	14:21.0	0:00.0
2	904 Thomas Arciero	58	105	14:35.9	28:56.9	0:14.8
3	951 Andrew Weber	91	196	16:47.1	45:44.1	2:26.1
<b>Team - Glen Manor TC</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	457 Cecil Jenkins	27	27	14:01.0	14:01.0	0:00.0
2	463 Owen Mielniczuk	63	90	14:44.8	28:45.8	0:43.8
3	447 Caius Bajor	77	167	15:22.1	44:07.9	1:21.1

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Boys U16

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Etobicoke Huskies-Striders Track and</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	443 Scott Silmer	78	78	15:24.3	15:24.3	0:00.0
2	442 Benjamin Shtern	85	163	15:55.9	31:20.2	0:31.6
<b>Team - Physi-Kult</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	796 Garret Hopkins	57	57	14:35.3	14:35.3	0:00.0
2	1166 Matthew Sacilotto	69	126	15:04.9	29:40.2	0:29.5
<b>Team - Stratford Sabrecats Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	844 Kaleb Dingman	41	41	14:17.9	14:17.9	0:00.0
2	847 Noah Feltham	44	85	14:20.0	28:37.9	0:02.0
<b>Team - Track North Athletic Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	959 Xavier Mara	26	26	14:00.8	14:00.8	0:00.0
2	1050 Matthew Wilkin	89	115	16:16.0	30:16.9	2:15.2
<b>Team - Bisons Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	112 Odin Levi	48	48	14:21.4	14:21.4	0:00.0
2	118 Jack Schatzmair	75	123	15:21.7	29:43.1	1:00.2
<b>Team - PACK Running</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	1159 Mohammad Hamada	67	67	14:54.5	14:54.5	0:00.0
2	1157 Shakir Saleh	68	135	15:00.5	29:55.1	0:06.0
<b>Team - Brantford T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	195 Gavin Stafford	29	29	14:01.4	14:01.4	0:00.0
<b>Team - Dorchester Pole Vault Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	309 Ryan Johnson	28	28	14:01.2	14:01.2	0:00.0

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Boys U16

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Kawartha Lakes Lightning</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	510 Joshua Mills	93	93	18:56.9	18:56.9	0:00.0
<b>Team - London Western T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	562 Matteo Di Ciocco	9	9	13:43.3	13:43.3	0:00.0
<b>Team - Niagara Olympic Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	697 Jackson Sider	51	51	14:22.6	14:22.6	0:00.0
<b>Team - North Bay Legion</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	702 Wesley Buell	40	40	14:17.2	14:17.2	0:00.0
<b>Team - Quinte Frontenac Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	810 Jack Gregory	4	4	13:08.2	13:08.2	0:00.0
<b>Team - Thorold Elite Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	878 Chase Owen	72	72	15:11.3	15:11.3	0:00.0
<b>Team - Toronto Olympic Track &amp; Field Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	885 Theo Fallon	25	25	13:58.6	13:58.6	0:00.0
<b>Team - Woodstock Legion Athletic Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	1142 Liam Tremblay	88	88	16:15.7	16:15.7	0:00.0
<b>Team - York University Track &amp; Field Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	1145 Tsz-Chun Tse	42	42	14:18.6	14:18.6	0:00.0

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

### Boys U16

### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Pearlgate TFC</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	789 Sawyer LeBlanc	62	62	14:44.2	14:44.2	0:00.0

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Boys U18

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - University of Toronto TC</b>		<b>Finish Position - 1</b>				
Team Score (places): 21		Average Time: 19:00.9				
1	1100 Ethan Rashid-Cocker	1	1	18:42.6	18:42.6	0:00.0
2	1061 Kamran Brar	3	4	18:44.8	37:27.4	0:02.1
3	1109 Aaron Smith	6	10	19:07.6	56:35.1	0:25.0
4	1078 David Jiang	11	21	19:28.7	1:16:03.8	0:46.0
5	1152 Saurang Puthenkulangara	(15)	(36)	19:32.5	1:35:36.3	0:49.9
6	1098 Andrej Prekajski	(16)	(52)	19:34.7	1:55:11.0	0:52.0
7	1111 Nicholas Stafford	(18)	(70)	19:40.3	2:14:51.4	0:57.7
8	1069 Willem De Gooyer	(24)	(94)	19:56.5	2:34:47.9	1:13.9
9	1076 Will Greenfield	More Than 8		19:58.3	2:54:46.2	1:15.6
10	1062 Ethan Cairns	More Than 8		20:36.1	3:15:22.3	1:53.4
11	1118 Jeremy You	More Than 8		21:12.4	3:36:34.8	2:29.8
12	1072 Braden Flint	More Than 8		21:13.8	3:57:48.6	2:31.2
13	1056 Tolu Adebajo	More Than 8		21:54.3	4:19:43.0	3:11.7
14	1086 Lucas Levenson	More Than 8		22:40.2	4:42:23.2	3:57.5
15	1110 Zach Smith	More Than 8		22:53.3	5:05:16.6	4:10.7
16	1117 Thad Wodchis	More Than 8		22:53.4	5:28:10.0	4:10.8
17	1090 Zach Mazan	More Than 8		22:59.8	5:51:09.9	4:17.2

#### Team - Physi-Kult

#### Finish Position - 2

Team Score (places): 43

Average Time: 19:17.0

1	802 Angus Skinner	4	4	18:50.2	18:50.2	0:00.0
2	1010 Parker Levac	5	9	18:56.5	37:46.8	0:06.3
3	803 Caden Turcotte	12	21	19:29.5	57:16.4	0:39.3
4	799 Jacob McLean	22	43	19:51.6	1:17:08.0	1:01.3
5	793 Owen Danby	(35)	(78)	20:10.9	1:37:19.0	1:20.7
6	801 Jack Sacilotto	(58)	(136)	20:46.3	1:58:05.3	1:56.0
7	798 Ian McCosham	(69)	(205)	21:04.7	2:19:10.1	2:14.5

#### Team - Laurel Creek T.F.C.

#### Finish Position - 3

Team Score (places): 72

Average Time: 19:38.5

1	542 Landon Reuter	7	7	19:10.3	19:10.3	0:00.0
2	535 Joseph McIntyre	14	21	19:30.9	38:41.2	0:20.6
3	523 Josh Aagaard	20	41	19:46.8	58:28.0	0:36.4
4	544 Samuel Rohr	31	72	20:06.0	1:18:34.1	0:55.7
5	525 Gabe Bennett	(39)	(111)	20:21.8	1:38:55.9	1:11.5
6	538 Jacob Paul	(44)	(155)	20:27.6	1:59:23.6	1:17.2
7	545 Bryce Schedewitz	(78)	(233)	21:40.8	2:21:04.4	2:30.5

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Boys U18

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Central Toronto Athletic Club</b>			<b>Finish Position - 4</b>			
Team Score (places): 131			Average Time: 20:08.5			
1	265 Shoichiro Adachi	17	17	19:37.2	19:37.2	0:00.0
2	278 Jack Guilfoyle	28	45	20:01.0	39:38.2	0:23.7
3	270 Curtis Borthwick	41	86	20:23.1	1:00:01.4	0:45.9
4	287 Daniel Morgan	45	131	20:32.6	1:20:34.0	0:55.4
5	277 Charlie Guilfoyle	(62)	(193)	20:55.9	1:41:30.0	1:18.6
6	267 Quinlan Birmingham	(74)	(267)	21:19.9	2:02:49.9	1:42.6
7	291 Evan Prescott	(83)	(350)	21:48.5	2:24:38.4	2:11.2
8	282 Andrew Karanicolas	(96)	(446)	22:36.8	2:47:15.2	2:59.5
<b>Team - Toronto West Athletics</b>			<b>Finish Position - 5</b>			
Team Score (places): 155			Average Time: 20:18.7			
1	920 Mark Hogan	32	32	20:07.1	20:07.1	0:00.0
2	940 Kinnon Ringler	36	68	20:11.6	40:18.8	0:04.5
3	899 Mateo Aldana	40	108	20:22.1	1:00:40.9	0:15.0
4	932 Luca Marks	47	155	20:34.0	1:21:14.9	0:26.8
5	942 Nathan Rumble	(97)	(252)	22:50.2	1:44:05.2	2:43.1
6	926 Yash Kothari	(106)	(358)	24:44.3	2:08:49.5	4:37.1
<b>Team - Blue Devils Athletics Club</b>			<b>Finish Position - 6</b>			
Team Score (places): 166			Average Time: 20:15.1			
1	150 Charlie Mills	2	2	18:43.8	18:43.8	0:00.0
2	143 Kai Luong	37	39	20:19.9	39:03.7	1:36.0
3	135 Ewen Fraser	63	102	20:58.0	1:00:01.7	2:14.1
4	154 Noah Patterson	64	166	20:58.9	1:21:00.6	2:15.0
5	155 Charlie Pilz	(77)	(243)	21:37.9	1:42:38.6	2:54.1
6	130 Simon Chapman	(100)	(343)	22:59.0	2:05:37.7	4:15.2
<b>Team - Newmarket Huskies Track Club</b>			<b>Finish Position - 7</b>			
Team Score (places): 167			Average Time: 20:22.7			
1	666 Noah Nagy	23	23	19:54.5	19:54.5	0:00.0
2	687 Aaron Yu	43	66	20:24.5	40:19.0	0:30.0
3	625 Grayson Butler	50	116	20:35.6	1:00:54.7	0:41.1
4	645 Connor Hickling	51	167	20:36.3	1:21:31.0	0:41.7
5	638 Noah Gazmin	(71)	(238)	21:11.0	1:42:42.0	1:16.4
6	1162 Michael Muravchik	(88)	(326)	22:07.1	2:04:49.1	2:12.5

# AO Cross Country Championships

## Final Team Results

Race Date  
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### Men

#### Boys U18

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Stratford Sabrecats Track Club</b>		<b>Finish Position - 8</b>				
Team Score (places): 169		Average Time: 20:44.7				
1	845 Luke Feltham	9	9	19:15.8	19:15.8	0:00.0
2	852 Daniel Ogilvie	10	19	19:16.9	38:32.7	0:01.0
3	842 Ezra Bender	46	65	20:33.6	59:06.4	1:17.8
4	855 Wilson Young	104	169	23:52.7	1:22:59.1	4:36.9
<b>Team - London Western T.F.C.</b>		<b>Finish Position - 9</b>				
Team Score (places): 170		Average Time: 20:24.8				
1	564 Satveer Gill	19	19	19:41.9	19:41.9	0:00.0
2	570 Alex Leinweber	21	40	19:47.3	39:29.3	0:05.3
3	581 Liam Smith	55	95	20:42.3	1:00:11.6	1:00.3
4	569 Justin Lamb	75	170	21:27.5	1:21:39.2	1:45.6
5	575 Eytan Mirie	(85)	(255)	21:59.8	1:43:39.0	2:17.8
<b>Team - Ottawa Lions T.F.C.</b>		<b>Finish Position - 10</b>				
Team Score (places): 184		Average Time: 20:27.9				
1	757 Kiefer Melinz Dupuis	13	13	19:30.3	19:30.3	0:00.0
2	734 Matias Del Rio Reategui	48	61	20:34.0	40:04.3	1:03.7
3	766 Adriano Padoin-Castillo	57	118	20:45.3	1:00:49.7	1:15.0
4	770 William Sanders	66	184	21:01.8	1:21:51.5	1:31.5
5	721 Nicolas Belan	(73)	(257)	21:15.5	1:43:07.1	1:45.2
6	741 Ryan Johnstone	(82)	(339)	21:46.2	2:04:53.4	2:15.9
7	747 Logan Ladurantaye	(93)	(432)	22:17.6	2:27:11.0	2:47.3
8	753 Nolan Legare	(94)	(526)	22:23.3	2:49:34.3	2:53.0
9	785 Merrick Weselak	More Than 8		22:24.6	3:11:59.0	2:54.3
10	724 Aidan Boisvenue	More Than 8		22:35.2	3:34:34.2	3:04.9
<b>Team - Durham Dragons Athletics</b>		<b>Finish Position - 11</b>				
Team Score (places): 214		Average Time: 20:41.7				
1	393 Austin McGoey	42	42	20:23.2	20:23.2	0:00.0
2	362 Jordan Haskins	53	95	20:40.1	41:03.3	0:16.8
3	397 Lj Nelson	54	149	20:41.7	1:01:45.1	0:18.4
4	339 Nathan Castanheiro	65	214	21:01.7	1:22:46.8	0:38.4
5	344 Cole Coupal	(99)	(313)	22:52.4	1:45:39.2	2:29.1
<b>Team - Thorold Elite Track Club</b>		<b>Finish Position - 12</b>				
Team Score (places): 218		Average Time: 20:43.8				
1	865 Fenway Breckels	30	30	20:05.6	20:05.6	0:00.0



# AO Cross Country Championships

## Final Team Results

### Men

#### Boys U18

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Thorold Elite Track Club</b>		<b>Finish Position - 12</b>				
Team Score (places): 218		Average Time: 20:43.8				
2	881 Sammy Tonnies	49	79	20:35.0	40:40.7	0:29.3
3	880 Chad Thorpe	67	146	21:02.9	1:01:43.7	0:57.3
4	869 Sebastian Glaser	72	218	21:11.6	1:22:55.3	1:05.9
5	876 Sonny LeBlanc	(87)	(305)	22:04.5	1:44:59.8	1:58.8
6	863 Elijah Bayne	(98)	(403)	22:51.7	2:07:51.6	2:46.1

<b>Team - Brockville Legion Track Club</b>		<b>Finish Position - 13</b>				
Team Score (places): 270		Average Time: 21:25.5				
1	204 Nicolas Dardano	27	27	19:58.4	19:58.4	0:00.0
2	205 Joshua Davis	60	87	20:47.6	40:46.1	0:49.2
3	234 Alex Plant	81	168	21:45.4	1:02:31.5	1:47.0
4	214 Jase Hodge	102	270	23:10.4	1:25:42.0	3:12.0

<b>Team - Royal City Athletics Club</b>		<b>Finish Position - 14</b>				
Team Score (places): 298		Average Time: 21:35.4				
1	818 Samuel Patrick	38	38	20:21.2	20:21.2	0:00.0
2	817 Jaden O'Driscoll	79	117	21:42.1	42:03.4	1:20.8
3	815 Brendan McFarlane	90	207	22:09.2	1:04:12.6	1:47.9
4	813 Dylan Bennett	91	298	22:09.3	1:26:21.9	1:48.0

<b>Team - Burlington Track &amp; Field Club</b>		<b>Finish Position - 15</b>				
Team Score (places): 305		Average Time: 21:50.0				
1	260 Owen Parkes	34	34	20:09.5	20:09.5	0:00.0
2	258 Denver Packalen	84	118	21:58.5	42:08.0	1:49.0
3	250 Landyn Cooke-Bithrey	86	204	22:02.0	1:04:10.1	1:52.5
4	251 Adam Dampier	101	305	23:09.8	1:27:20.0	3:00.3

<b>Team - Kawartha Lakes Lightning</b>		<b>Finish Position - 16</b>				
Team Score (places): 343		Average Time: 21:58.3				
1	502 Evan Jones	76	76	21:31.5	21:31.5	0:00.0
2	522 William Urbach	80	156	21:43.6	43:15.1	0:12.0
3	501 Owen Hart	92	248	22:09.6	1:05:24.8	0:38.1
4	505 Parker MacDonald	95	343	22:28.5	1:27:53.4	0:57.0

<b>Team - Hamilton Olympic Club</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				

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## Final Team Results

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### Men

#### Boys U18

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Hamilton Olympic Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	479 Cohen Ledger	29	29	20:02.6	20:02.6	0:00.0
2	477 Benjamin Keller	61	90	20:51.6	40:54.3	0:48.9
3	480 Gavin Mathieson	68	158	21:04.1	1:01:58.4	1:01.4
<b>Team - Windsor Legion T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	1128 Wesley Hearn	59	59	20:47.1	20:47.1	0:00.0
2	1137 Wyatt Ribchester	70	129	21:05.5	41:52.7	0:18.3
3	1135 Andrew Raoux	103	232	23:37.9	1:05:30.6	2:50.7
<b>Team - Track North Athletic Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	961 Brodie Pennie	33	33	20:08.6	20:08.6	0:00.0
2	963 Alan Wilkin	89	122	22:08.8	42:17.4	2:00.2
<b>Team - London Legion T.F. Alliance</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	555 Quinten Marsh-Lansard	56	56	20:44.3	20:44.3	0:00.0
<b>Team - Monte Cristo Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	615 Iain Thomson	25	25	19:57.5	19:57.5	0:00.0
<b>Team - Niagara Olympic Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	692 Zachary Houston	105	105	24:40.0	24:40.0	0:00.0
<b>Team - Quinte Frontenac Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	811 Andrew Lupenette	26	26	19:58.1	19:58.1	0:00.0
<b>Team - South Simcoe Dufferin T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	828 Ethan Eiselt-Rolfe	8	8	19:14.0	19:14.0	0:00.0

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

### Boys U18

### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - PACK Running</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	1146 Christian Jarosz	52	52	20:38.8	20:38.8	0:00.0

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Men's U20

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - London Western T.F.C.</b>		<b>Finish Position - 1</b>				
Team Score (places): 17		Average Time: 26:13.2				
1	573 Heath McAllister	1	1	25:09.3	25:09.3	0:00.0
2	558 Tom Boers	2	3	25:50.5	50:59.9	0:41.1
3	574 Ian McAllister	3	6	25:59.8	1:16:59.7	0:50.5
4	576 Vincent Moore	11	17	27:53.2	1:44:53.0	2:43.9
<b>Team - Durham Dragons Athletics</b>		<b>Finish Position - 2</b>				
Team Score (places): 49		Average Time: 28:30.4				
1	426 William Weist	4	4	26:04.4	26:04.4	0:00.0
2	386 Chase Kuchera	14	18	29:15.8	55:20.3	3:11.4
3	405 Andrew Richards	15	33	29:19.2	1:24:39.6	3:14.8
4	385 Caden Kuchera	16	49	29:21.9	1:54:01.6	3:17.5
<b>Team - Laurel Creek T.F.C.</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	539 Nathan Paul	6	6	26:53.7	26:53.7	0:00.0
2	526 Brendan Chapple	7	13	26:58.3	53:52.0	0:04.6
<b>Team - Blue Devils Athletics Club</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	158 Daniel Ramirez-Gaston	13	13	28:55.0	28:55.0	0:00.0
<b>Team - Brockville Legion Track Club</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	235 Nathan Plant	12	12	27:57.1	27:57.1	0:00.0
<b>Team - Hamilton Olympic Club</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	469 Evan Beach	17	17	31:45.0	31:45.0	0:00.0
<b>Team - Newmarket Huskies Track Club</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				
1	629 Jeanue Chung	9	9	27:42.3	27:42.3	0:00.0
<b>Team - Ottawa Lions T.F.C.</b>		<b>Finish Position - Inc.</b>				
Team Score (places): Inc.		Average Time:				

# AO Cross Country Championships

## Final Team Results

### Men

#### Men's U20

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Ottawa Lions T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	727 Sebastien Church	18	18	32:34.1	32:34.1	0:00.0
<b>Team - Thorold Elite Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	871 Adam Kleinsmith	8	8	27:09.7	27:09.7	0:00.0
<b>Team - Track North Athletic Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	953 Seamus Doherty	5	5	26:33.6	26:33.6	0:00.0
<b>Team - StrideWise Running</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	857 Andrew Taylor	10	10	27:47.2	27:47.2	0:00.0

# AO Cross Country Championships

## Final Team Results

### Men

#### Men's Open

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - London Western T.F.C.</b>		<b>Finish Position - 1</b>				
Team Score (places): 27		Average Time: 25:25.5				
1	561 Jeremy Coughler	1	1	24:12.0	24:12.0	0:00.0
2	580 Jack Sheffar	3	4	24:40.1	48:52.1	0:28.0
3	572 Shawn Master	4	8	25:01.3	1:13:53.5	0:49.3
4	578 Connor Rimkey	19	27	27:48.7	1:41:42.3	3:36.6
5	556 Baasil Afzal	(23)	(50)	27:55.4	2:09:37.8	3:43.3
<b>Team - Monarch Athletics Club</b>		<b>Finish Position - 2</b>				
Team Score (places): 43		Average Time: 26:26.6				
1	605 Saed Griffith	6	6	25:28.1	25:28.1	0:00.0
2	610 Matthew Lozano	7	13	25:35.2	51:03.4	0:07.0
3	604 Chris Fitzgibbon	13	26	27:15.3	1:18:18.7	1:47.1
4	609 Umberto Lopardo	17	43	27:27.8	1:45:46.6	1:59.6
5	1147 Selva Yogarajah	(21)	(64)	27:53.6	2:13:40.2	2:25.4
6	608 Matthew Johnston	(33)	(97)	28:41.2	2:42:21.5	3:13.0
<b>Team - Newmarket Huskies Track Club</b>		<b>Finish Position - 3</b>				
Team Score (places): 54		Average Time: 26:47.4				
1	678 Joey Stel	9	9	25:39.8	25:39.8	0:00.0
2	631 Esteban Clavijo	11	20	26:35.2	52:15.0	0:55.3
3	642 Justin Graenert	16	36	27:25.2	1:19:40.3	1:45.4
4	682 Marco Volpi	18	54	27:29.5	1:47:09.8	1:49.6
5	621 Sebastian Blair Reynoso	(30)	(84)	28:25.8	2:15:35.7	2:46.0
6	632 Luke Deighan	(38)	(122)	30:07.8	2:45:43.5	4:27.9
7	636 Ryan Fraccaro	(40)	(162)	30:35.6	3:16:19.2	4:55.7
8	661 Ryan McIntosh	(42)	(204)	32:09.4	3:48:28.7	6:29.6
<b>Team - Mile2Marathon</b>		<b>Finish Position - 4</b>				
Team Score (places): 80		Average Time: 27:45.8				
1	1165 Stuart Wilson	14	14	27:19.0	27:19.0	0:00.0
2	1155 Ryan Burke	15	29	27:23.5	54:42.5	0:04.5
3	598 Nathaniel Vice	20	49	27:52.8	1:22:35.4	0:33.8
4	1158 Connor Macfadyen	31	80	28:28.0	1:51:03.5	1:09.0
<b>Team - Ottawa Lions T.F.C.</b>		<b>Finish Position - 5</b>				
Team Score (places): 92		Average Time: 27:53.3				
1	769 Stephen Robinson	10	10	26:32.3	26:32.3	0:00.0
2	758 Nathan Meraw	25	35	28:13.4	54:45.8	1:41.0

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Men's Open

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Ottawa Lions T.F.C.</b>				<b>Finish Position - 5</b>		
Team Score (places): 92				Average Time: 27:53.3		
3	722 David Birinberg	28	63	28:23.6	1:23:09.5	1:51.2
4	786 Gavin Westbrook	29	92	28:23.7	1:51:33.2	1:51.4
5	775 Jay Sneddon	(32)	(124)	28:39.5	2:20:12.8	2:07.2
6	772 Sam Shi	(41)	(165)	30:48.8	2:51:01.6	4:16.4
<b>Team - Blue Devils Athletics Club</b>				<b>Finish Position - 6</b>		
Team Score (places): 95				Average Time: 29:16.0		
1	133 Ben Devito	5	5	25:11.7	25:11.7	0:00.0
2	146 Tristan Markov	12	17	27:14.6	52:26.3	2:02.8
3	145 Jaeden Mariyanayagam	35	52	29:39.2	1:22:05.5	4:27.4
4	140 Casper Josufi	43	95	34:58.7	1:57:04.3	9:47.0
5	165 Shawn Wu	(44)	(139)	38:20.8	2:35:25.1	13:09.0
<b>Team - Track North Athletic Club</b>				<b>Finish Position - Inc.</b>		
Team Score (places): Inc.				Average Time:		
1	958 Neil Mahalanobis	26	26	28:14.5	28:14.5	0:00.0
2	957 Patrick Leroux	27	53	28:16.7	56:31.2	0:02.1
3	964 Kevin Yuan	36	89	29:43.3	1:26:14.6	1:28.8
<b>Team - Harbour Track - Hamilton</b>				<b>Finish Position - Inc.</b>		
Team Score (places): Inc.				Average Time:		
1	486 Blair Morgan	2	2	24:27.6	24:27.6	0:00.0
2	487 Michael Rochus	37	39	30:06.0	54:33.6	5:38.4
<b>Team - Durham Dragons Athletics</b>				<b>Finish Position - Inc.</b>		
Team Score (places): Inc.				Average Time:		
1	421 Braydon Trowbridge	22	22	27:53.6	27:53.6	0:00.0
<b>Team - Physi-Kult</b>				<b>Finish Position - Inc.</b>		
Team Score (places): Inc.				Average Time:		
1	800 Clay Patterson	34	34	28:59.6	28:59.6	0:00.0
<b>Team - Royal City Athletics Club</b>				<b>Finish Position - Inc.</b>		
Team Score (places): Inc.				Average Time:		
1	1151 Dilan Brar	8	8	25:37.4	25:37.4	0:00.0

# AO Cross Country Championships

## Final Team Results

### Men

#### Men's Open

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Toronto West Athletics</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	1148 Daniel Henao	24	24	27:56.3	27:56.3	0:00.0
<b>Team - Rive Sud</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	812 Andrew Piuze	39	39	30:08.4	30:08.4	0:00.0



# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Masters

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Newmarket Huskies Track Club</b>		<b>Finish Position - 1</b>				
Team Score (places): 32		Average Time: 17:40.9				
1	657 Michael Logue	2	2	16:50.7	16:50.7	0:00.0
2	680 David Tepper	4	6	17:33.9	34:24.6	0:43.2
3	643 Derek Hackshaw	10	16	17:59.5	52:24.1	1:08.7
4	671 Geoffrey Peat	16	32	18:19.7	1:10:43.8	1:29.0
5	635 Daniel Fiorini	(19)	(51)	18:44.2	1:29:28.1	1:53.5
6	624 Steve Boston	(20)	(71)	18:47.7	1:48:15.9	1:57.0
7	651 Steven Jensen	(34)	(105)	20:00.3	2:08:16.2	3:09.6
8	620 Robert Blair	(41)	(146)	20:33.4	2:28:49.7	3:42.7
9	1163 Patrick McLean	More Than 8		20:57.1	2:49:46.8	4:06.3
10	617 Scott Anderson	More Than 8		22:20.5	3:12:07.3	5:29.7
11	637 James Freemantle	More Than 8		22:33.0	3:34:40.3	5:42.3
12	670 Ted Paget	More Than 8		27:46.5	4:02:26.9	10:55.8
13	644 Murray Hale	More Than 8		28:24.2	4:30:51.1	11:33.4

#### Team - Iron Stride

#### Finish Position - 2

Team Score (places): 49

Average Time: 18:04.9

1	488 Savvas Frantzeskos	7	7	17:39.0	17:39.0	0:00.0
2	492 Brent Workman	8	15	17:45.7	35:24.7	0:06.6
3	989 Stephan De Wit	13	28	18:06.7	53:31.5	0:27.6
4	1041 Corey Turnbull	21	49	18:48.1	1:12:19.7	1:09.1
5	493 Randy Zabukovec	(24)	(73)	18:52.9	1:31:12.7	1:13.9
6	489 Tim Gillespie	(28)	(101)	19:14.4	1:50:27.1	1:35.3
7	491 Rom Severino	(36)	(137)	20:06.6	2:10:33.8	2:27.6

#### Team - University of Toronto TC

#### Finish Position - 3

Team Score (places): 56

Average Time: 17:56.6

1	1156 Ethan Davenport	1	1	16:05.9	16:05.9	0:00.0
2	1101 Simon Rayner	12	13	18:02.9	34:08.8	1:57.0
3	1097 Philip Oreopoulos	18	31	18:40.5	52:49.3	2:34.5
4	1113 Craig Thompson	25	56	18:57.0	1:11:46.4	2:51.1
5	1105 Michael Sherar	(37)	(93)	20:06.9	1:31:53.3	4:01.0
6	1088 Chris Madsen	(49)	(142)	23:16.5	1:55:09.8	7:10.5
7	1067 Wayne Chee	(58)	(200)	26:02.2	2:21:12.1	9:56.3
8	1167 Vern Christensen	(61)	(261)	32:42.9	2:53:55.0	16:37.0
9	1075 Michael Goodstadt	More Than 8		36:49.7	3:30:44.8	20:43.7

#### Team - Mile2Marathon

#### Finish Position - 4

Team Score (places): 65

Average Time: 18:23.9

# AO Cross Country Championships

## Final Team Results

### Men

#### Masters

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Mile2Marathon</b>				<b>Finish Position - 4</b>		
Team Score (places): 65				Average Time: 18:23.9		
1	591 Kyle Desormeaux	3	3	17:22.1	17:22.1	0:00.0
2	589 Miles Anderson	9	12	17:48.0	35:10.1	0:25.9
3	597 Jeffrey Strachan	22	34	18:48.6	53:58.7	1:26.5
4	594 Gerald Guenther	31	65	19:36.9	1:13:35.7	2:14.8
5	596 Toby Stewart	(35)	(100)	20:05.4	1:33:41.1	2:43.3
<b>Team - Dundas Valley Track Club</b>				<b>Finish Position - 5</b>		
Team Score (places): 91				Average Time: 18:57.9		
1	310 Jonathan A Gray	6	6	17:37.4	17:37.4	0:00.0
2	312 Michael Bianchi	14	20	18:13.1	35:50.5	0:35.6
3	317 Paul Felix	29	49	19:18.7	55:09.3	1:41.2
4	314 Adam Chambers	42	91	20:42.6	1:15:51.9	3:05.1
5	318 Andrew Nevills	(48)	(139)	22:05.7	1:37:57.6	4:28.2
<b>Team - Ottawa Lions T.F.C.</b>				<b>Finish Position - 6</b>		
Team Score (places): 115				Average Time: 19:18.3		
1	719 Fritzlор Auguste	26	26	19:04.1	19:04.1	0:00.0
2	729 Michael Conway	27	53	19:06.3	38:10.4	0:02.2
3	735 Gilles Frenette	30	83	19:19.9	57:30.4	0:15.8
4	765 Peter Niedre	32	115	19:43.0	1:17:13.5	0:38.9
5	755 Michael McInerney	(44)	(159)	21:23.4	1:38:36.9	2:19.3
<b>Team - Durham Dragons Athletics</b>				<b>Finish Position - 7</b>		
Team Score (places): 149				Average Time: 21:03.8		
1	406 Geoffrey Richards	11	11	18:02.4	18:02.4	0:00.0
2	377 Sudheer Joshi	43	54	21:04.6	39:07.1	3:02.2
3	383 Andrew Kelly	45	99	21:46.1	1:00:53.2	3:43.6
4	389 Neil Maki	50	149	23:22.2	1:24:15.4	5:19.7
5	413 Alvin Sison	(51)	(200)	23:34.1	1:47:49.5	5:31.7
6	335 Andrew Brubacher	(53)	(253)	23:38.2	2:11:27.8	5:35.8
7	425 Zach Turner	(55)	(308)	24:07.8	2:35:35.7	6:05.4
8	391 Jeff Martin	(56)	(364)	24:35.8	3:00:11.5	6:33.3
9	380 Chris Kehagias	More Than 8		24:43.0	3:24:54.5	6:40.6
10	349 Stewart Dobbs	More Than 8		27:44.5	3:52:39.1	9:42.1
<b>Team - Longboat Roadrunners</b>				<b>Finish Position - 8</b>		
Team Score (places): 224				Average Time: 27:09.0		

# AO Cross Country Championships

## Final Team Results

Race Date  
November 13, 2022

### Men

#### Masters

#### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Longboat Roadrunners</b>			<b>Finish Position - 8</b>			
Team Score (places): 224			Average Time: 27:09.0			
1	586 Dan Moriarity	46	46	21:54.5	21:54.5	0:00.0
2	587 Jim Rawling	57	103	25:48.0	47:42.5	3:53.5
3	584 Hugh Connolly	59	162	26:59.0	1:14:41.6	5:04.5
4	997 Allen Groome	62	224	33:54.7	1:48:36.3	12:00.2
<b>Team - Toronto Olympic Track &amp; Field Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	894 Ian Sinclair	33	33	19:48.2	19:48.2	0:00.0
2	888 Jerry Kooymans	38	71	20:07.8	39:56.1	0:19.6
3	891 Glen Norcliffe	60	131	29:37.6	1:09:33.7	9:49.4
<b>Team - Brantford T.F.C.</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	196 Ray Tucker	52	52	23:37.6	23:37.6	0:00.0
2	192 Brent Hutchinson	54	106	24:05.6	47:43.2	0:27.9
<b>Team - Toronto West Athletics</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	941 Warren Ringler	5	5	17:35.4	17:35.4	0:00.0
2	931 Leo Luong	47	52	21:58.0	39:33.4	4:22.5
<b>Team - Blue Devils Athletics Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	141 Julian Jubenville	23	23	18:49.2	18:49.2	0:00.0
<b>Team - Boardwalk RC</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	180 Jimmy Semes	39	39	20:15.8	20:15.8	0:00.0
<b>Team - Etobicoke Huskies-Striders Track and</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	441 Enrico Rennella	17	17	18:27.8	18:27.8	0:00.0
<b>Team - Lions Valley Athletics</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			

# AO Cross Country Championships

## Final Team Results

### Men

### Masters

### Class - A all teams

<u>Bib No</u>	<u>Name</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
<b>Team - Lions Valley Athletics</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	550 Patrick Hooey	40	40	20:26.9	20:26.9	0:00.0
<b>Team - Stratford Sabrecats Track Club</b>			<b>Finish Position - Inc.</b>			
Team Score (places): Inc.			Average Time:			
1	846 Matthew Feltham	15	15	18:15.1	18:15.1	0:00.0