

**Saints Holiday Relays - 12/3/2022**

**Newell Field House**

**Results**

**Women 60 Meter Dash**

**Meet:** 7.78 M 12/13/2014 Sarah De Carufel  
**Field House:** 7.49 F 1/21/2012 Delphine Atangana  
**Saints:** 7.92 s 2/15/2014 Hannah Kinsey

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Bianca Borgella	SO Ottawa	7.81Q
2	Zoe Harris	JR Saint Rose	8.30Q
3	Asha McNeilly	FR Ottawa	8.37Q
4	Kennedy Banton-Lindsay	JR Ottawa	8.42Q
5	Marie-Eve Dahms	SR Ottawa	8.36q
6	Allison Dewar	FR Ottawa	8.40q
7	Ella Dunro	FR Ottawa	8.46q
8	Deanna Zoch	JR Plattsburgh	8.49q
9	Hayley Castagnier	JR St. Lawrence	8.50
10	Coralie Ostertag	SR Ottawa	8.55
11	Madison Wagner	FR Potsdam St.	8.56
12	Morgan Thompson	SO Plattsburgh	8.57
13	Franckie Cobby	FR Ottawa	8.59
14	Cora Knight	FR St. Lawrence	8.59
15	Jessica Landman	SO Plattsburgh	8.60
16	Ayjah Clarke	JR Utica	8.61
17	Courtney Cenac	FR Ottawa	8.67
18	Tatiana Pender	FR Ottawa	8.68
19	Elizabeth Glomski	SO Utica	8.72
20	Hannah Frazer	SR Ottawa	8.78
21	Abby Landry	SO Ottawa	8.81
22	Hailey von Ahn	SO Potsdam St.	8.86
23	Charlotte Eberlein	FR Ottawa	8.98
24	Adrianna Cieslak	FR Saint Rose	9.12
25	Margaret McNally	FR St. Lawrence	9.15
26	Mackenzie Marcus	SO St. Lawrence	9.23
27	Jessica Mare	FR Plattsburgh	9.30
28	Kelsei Schwager	FR Saint Rose	9.34
29	Caroline Hines	FR St. Lawrence	9.76
30	Halla Chappell	FR St. Lawrence	10.19

**Women 60 Meter Dash**

**Meet:** 7.78 M 12/13/2014 Sarah De Carufel  
**Field House:** 7.49 F 1/21/2012 Delphine Atangana  
**Saints:** 7.92 s 2/15/2014 Hannah Kinsey

Name	Yr	School	Finals
<b>Finals</b>			
1	Bianca Borgella	SO Ottawa	7.78M 10
2	Kennedy Banton-Lindsay	JR Ottawa	8.28 8
3	Allison Dewar	FR Ottawa	8.29 6
4	Zoe Harris	JR Saint Rose	8.31 5
5	Marie-Eve Dahms	SR Ottawa	8.34 4
6	Asha McNeilly	FR Ottawa	8.42 3
7	Ella Dunro	FR Ottawa	8.43 2
8	Deanna Zoch	JR Plattsburgh	8.66 1

**Women 300 Meter Dash**

**Meet:** 42.17 M 12/7/2019 Doyin Ogunremi  
**Field House:** 40.63 F 12/1/2012 Victoria McIntyre  
**Saints:** 41.60 s 1/22/2016 Marisa Turner

Name	Yr	School	Finals
<b>Finals</b>			
1	Doyin Ogunremi	SO Ottawa	41.70M 10
2	Sia Mahajan	SO Ottawa	43.36 8
3	Kennedy Banton-Lindsay	JR Ottawa	43.83 6
4	Allison Dewar	FR Ottawa	43.89 5
5	Jaelyn Howard	JR Saint Rose	44.54 4
6	Zoe Harris	JR Saint Rose	44.72 3
7	Jessica Landman	SO Plattsburgh	44.78 2
8	Hannah Frazer	SR Ottawa	45.51 1
9	Ella Lalonde	FR Ottawa	45.58
10	Tatiana Pender	FR Ottawa	45.60
11	Asha McNeilly	FR Ottawa	45.82
12	Morgan Thompson	SO Plattsburgh	46.20
13	Andie Harris	FR Ottawa	46.33
14	Kaylyne Kabongo	FR Carleton (On	46.78
15	Courtney Cenac	FR Ottawa	47.28
16	Hailey von Ahn	SO Potsdam St.	47.40
17	Cassidy Bradley	FR Ottawa	47.50
18	Maria Dimov	FR Ottawa	47.84
19	Kristina Koes	JR St. Lawrence	48.10
20	Kelsei Schwager	FR Saint Rose	49.65
21	Laken Mooney	JR St. Lawrence	50.28
22	Margaret McNally	FR St. Lawrence	50.50
23	Cora Knight	FR St. Lawrence	50.87
24	Kiran Black	FR St. Lawrence	53.05

**Women 500 Meter Dash**

**Meet:** 1:21.62 M 12/7/2019 Kallie Villemaire  
**Field House:** 1:14.74 F 1/15/2005 Bailey Lewis  
**Saints:** 1:17.17 s 2/23/2013 Carly Stine

Name	Yr	School	Finals
<b>Finals</b>			
1	Sara Fitzgerald	FR Saint Rose	1:24.90 10
2	Alexa Smith	JR St. Lawrence	1:26.21 8
3	Cassidy Bradley	FR Ottawa	1:28.25 6
4	Jaelyn Howard	JR Saint Rose	1:31.22 5
5	Kaylee Bertini	FR St. Lawrence	1:31.30 4
6	Alexis DiBernardo	SR Saint Rose	1:35.33 3
7	Amy Francesconi	SO St. Lawrence	1:39.31 2
8	Julia McCrea	FR Saint Rose	1:53.84 1

**Women 600 Meter Run**

**Meet:** 1:36.62 M 12/7/2019 Sydney Smith  
**Field House:** 1:36.62 F 12/7/2019 Sydney Smith  
**Saints:** 1:39.43 s 1/26/2013 Jessica Marini

Name	Yr	School	Finals
<b>Finals</b>			
1	Ella Lalonde	FR Ottawa	1:46.71 10
2	Andie Harris	FR Ottawa	1:51.17 8
3	Emily Yousey	SO Potsdam St.	1:51.42 6

**Saints Holiday Relays - 12/3/2022**

**Newell Field House**

**Results**

**Finals ... (Women 600 Meter Run)**

Name	Yr	School	Finals
4 Dajah Taylor	FR	Saint Rose	2:01.68 5
5 Kyla Reed	FR	Utica	2:04.31 4
6 Natalie Hartmann	SO	Potsdam St.	2:06.79 3
7 Priya Katwala	SO	Utica	2:08.18 2
8 Faith Borkowski	JR	Saint Rose	2:17.61 1
9 Emma Zacharewicz	SO	Utica	2:26.47

**Women 1000 Meter Run**

Meet: 3:04.50 M 12/1/2018 Holly Hicks

Field House: 2:52.34 F 1/24/2004 Jennifer Patruno

Saints: 2:57.48 s 2/25/2017 Megan Kellogg

Name	Yr	School	Finals
<b>Finals</b>			
1 Sydney Smith	FR	Ottawa	2:49.80F 10
2 Cameran Stone	FR	St. Lawrence	3:30.44 8
3 Sarah Sharpe	SR	Utica	3:35.82 6
4 Meghan Sonnacchio	SO	Utica	3:51.88 5
5 Fabiola Gomez	JR	Saint Rose	4:02.98 4
6 Aislinn Hertle	FR	Potsdam St.	4:32.08 3

**Women 1 Mile Run**

Meet: 5:08.47 M 12/13/2014 Clare McGrath

Field House: 4:56.79 F 2/24/2007 Grace Tilton

Saints: 4:55.50 s 2/21/2015 Cassia Hameline

Name	Yr	School	Finals
<b>Finals</b>			
1 Nina Gunther	SR	Ottawa	5:16.50 10
2 Alexis Parent	FR	St. Lawrence	5:29.08 8
3 Olivia Bernier	SO	St. Lawrence	5:29.20 6
4 Aislyn McDonough	SR	Plattsburgh	5:31.42 5
5 Bridget Hastings	SO	St. Lawrence	5:47.29 4
6 Elana Tyman	SO	Ottawa	5:54.54 3
7 Virginia Lucchetti	FR	Plattsburgh	6:07.44 2
8 Elizabeth Mattair	SO	Saint Rose	6:12.06 1
9 Brooke Iannone	SO	Saint Rose	6:15.67
10 Jaylee Southwell	FR	Plattsburgh	6:27.10
11 Fabiola Gomez	JR	Saint Rose	7:03.58
--- Melissa Whyman		Unattached	X5:32.93

**Women 3000 Meter Run**

Meet: 10:24.45 M 12/8/2012 Ella Martin

Field House: 9:54.08 F 3/1/2014 Amy Cymerman

Saints: 9:42.00 s 3/14/2016 Megan Kellogg

Name	Yr	School	Finals
<b>Finals</b>			
1 Noemie Beauregard	FR	Ottawa	10:28.29 10
2 Kinsley Holl	JR	St. Lawrence	12:07.58 8
3 Adeline Moore	SO	St. Lawrence	12:23.55 6
4 Andersen Carroll	FR	Plattsburgh	12:36.52 5
5 Jodie May	FR	Plattsburgh	13:55.43 4
6 Grace Boyle	FR	Plattsburgh	14:20.07 3
--- Nina Gunther	SR	Ottawa	DNF

**Women 60 Meter Hurdles**

Meet: 9.03 M 12/13/2014 Devyani Biswal

Field House: 8.44 F 1/18/2014 Karelle Edwards

Saints: 9.04 s 2/14/2015 Divya Biswal

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Laura Meade	SR	Utica	9.64Q
2 Kiran Black	FR	St. Lawrence	10.51Q
3 Abby Landry	SO	Ottawa	9.75q
4 Marissa LeDuc	FR	Plattsburgh	10.55q
5 Mikayla Khadijah	FR	Plattsburgh	10.67q
6 Hayley Castagnier	JR	St. Lawrence	10.88q
7 Hannah Frazer	SR	Ottawa	10.99q
8 Amelia Berthold	FR	St. Lawrence	11.06q
9 Coralie Ostertag	SR	Ottawa	11.15
10 Katherine Berge	SO	Plattsburgh	11.26

**Women 60 Meter Hurdles**

Meet: 9.03 M 12/13/2014 Devyani Biswal

Field House: 8.44 F 1/18/2014 Karelle Edwards

Saints: 9.04 s 2/14/2015 Divya Biswal

Name	Yr	School	Finals
<b>Finals</b>			
1 Laura Meade	SR	Utica	9.80 10
2 Kiran Black	FR	St. Lawrence	10.46 8
3 Mikayla Khadijah	FR	Plattsburgh	10.65 6
4 Hannah Frazer	SR	Ottawa	10.79 5
5 Hayley Castagnier	JR	St. Lawrence	10.99 4
6 Amelia Berthold	FR	St. Lawrence	11.14 3
7 Marissa LeDuc	FR	Plattsburgh	11.16 2
8 Abby Landry	SO	Ottawa	11.27 1

**Women 4x200 Meter Relay**

Meet: 1:45.15 M 12/14/2013 Ottawa GG's

Field House: 1:45.15 F 12/14/2013

C Labarang, C Phillips, C Gardner, S DeCarufel

Saints: 1:45.58 s 2/28/2014 SLU

D Biswal, K Mason, C Stine, H Kinsey

Team	Relay	Finals
<b>Finals</b>		
1 Utica	A	1:49.23 10
1) Mackenzie Mix SO	2) Bryona Hayes FR	
3) Janaiya Cruz-Bermudez JR	4) Laura Meade SR	
2 Ottawa	A	1:54.20 8
1) Vienna Courteau SO	2) Coralie Ostertag SR	
3) Abby Landry SO	4) Kennedy Banton-Lindsay JR	
3 Ottawa	B	x1:57.32
1) Tatiana Pender FR	2) Andie Harris FR	
3) Maria Dimov FR	4) Allison Dewar FR	
4 Utica	B	x1:58.27
1) Ayjah Clarke JR	2) Maya Leonard SO	
3) Elizabeth Glomski SO	4) Nora Devitt SO	

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**Finals ... (Women 4x200 Meter Relay)**

Team	Relay	Finals
5 St. Lawrence	A	2:02.30 6
1) Hayley Castagnier JR	2) Kiran Black FR	
3) Margaret McNally FR	4) Mackenzie Marcus SO	

**Women 4x400 Meter Relay**

Meet: 4:05.73 M 12/7/2019 Ottawa

L Hempstead, S Smith, B McCormick, M Dahms

Field House: 3:58.32 F 3/5/2005

B Boyd, A Tecco, E Huggler, J Bonelli

Saints: 3:57.61 s 3/2/2013 SLU

C Stine, A Pond, H Kinsey, J Marini

Team	Relay	Finals
1 Ottawa	B	4:32.47 10
1) Courtney Cenac FR	2) Cassidy Bradley FR	
3) Elana Tyman SO	4) Ella Lalonde FR	
2 Plattsburgh St.	A	4:37.73 8
1) Aislyn McDonough SR	2) Jaylee Southwell FR	
3) Andersen Carroll FR	4) Virginia Lucchetti FR	
3 St. Lawrence	A	4:43.45 6
1) Kaylee Bertini FR	2) Amelia Berthold FR	
3) Kristina Koes JR	4) Alexa Smith JR	
4 Saint Rose	A	5:17.65 5
1) Alexis DiBernardo SR	2) Taylor Dajah FR	
3) Faith Borkowski JR	4) Julia McCrea FR	

**Women 1600 Sprint Medley**

Meet: 4:21.26 M 12/8/2007 Ithaca

S Donahue, L Klumpp, M McCord, S Moskey

Field House: 4:21.26 F 12/8/2007 Ithaca

S Donahue, L Klumpp, M McCord, S Moskey

Saints: 4:33.16 s 12/1/2017 SLU

A Arruda, A Uriarte, A Leta, C Driscoll

Team	Relay	Finals
1 Utica	A	4:36.41 10
1) Mackenzie Mix SO	2) Ayjah Clarke JR	
3) Bryona Hayes FR	4) Janaiya Cruz-Bermudez JR	

**Women Distance Medley**

Meet: 12:44.08 M 12/13/2014 St. Lawrence

C Pomainville, H Fake, A Leta, M Kellogg

Field House: 11:51.09 F 2/28/2003

K Cravatta, L Janovich, E Maston, A Laytham

Saints: 11:56.05 s 3/10/2017 SLU

C Driscoll, M Lennon, C Scott, M Kellogg

Team	Relay	Finals
1 St. Lawrence	A	14:04.56 10
1) Cameran Stone FR	2) Amy Francesconi SO	
3) Alexis Parent FR	4) Bridget Hastings SO	
2 Saint Rose	A	14:50.12 8
1) Brooke Iannone SO	2) Jaelyn Howard JR	
3) Sara Fitzgerald FR	4) Elizabeth Mattair SO	

3 Utica	A	15:02.44 6
1) Kyla Reed FR	2) Priya Katwala SO	
3) Meghan Sonnacchio SO	4) Sarah Sharpe SR	
4 Potsdam St.	A	15:48.07 5
1) Natalie Hartmann SO	2) Madison Wagner FR	
3) Emily Yousey SO	4) Emily Ware JR	

**Women High Jump**

Meet: 1.68m M 12/8/2012 Marisa Turner

Field House: 1.78m F 1/17/2004 Kristy Kerin

Saints: 1.72m s 2/13/2016 Marisa Turner

Name	Yr	School	Finals
1 Rebecca Christie	FR	Plattsburgh	1.50m 10
2 Kaylee Bertini	FR	St. Lawrence	1.50m 8
3 Elizabeth Moreland	SO	Ottawa	1.50m 6
4 Kathleen Barr	SR	Ottawa	1.45m 4.5
4 Elizabeth Daly	FR	Plattsburgh	1.45m 4.5
6 Marissa LeDuc	FR	Plattsburgh	1.45m 3
7 Katherine Berge	SO	Plattsburgh	1.40m 2
8 Maya Leonard	SO	Utica	1.40m 1
9 Kailyn Ginter	FR	Plattsburgh	1.35m
9 Amelia Berthold	FR	St. Lawrence	1.35m

**Women Pole Vault**

Meet: 3.45m M 12/8/2007 Sarah Kimball

Field House: 3.60m F 2/28/2014 Rebecca Graudons

Saints: 3.30m s 2/15/2014 Caitlin Boreyko

Name	Yr	School	Finals
1 Adrianna Cieslak	FR	Saint Rose	2.30m 10
--- Halla Chappell	FR	St. Lawrence	NH

**Women Long Jump**

Meet: 5.50m M 12/14/2002 Kate De Puy

Field House: 5.84m F 2/28/2003 Kate DePuy

Saints: 5.87m s 2/22/2003 Kate DePuy

Name	Yr	School	Finals
1 Vienna Courteau	SO	Ottawa	5.18m 10
2 Marissa LeDuc	FR	Plattsburgh	5.10m 8
3 Michaela Schaffer	SO	Plattsburgh	4.95m 6
4 Frankie Cobby	FR	Ottawa	4.84m 5
5 Kathryn Moreland	FR	Ottawa	4.75m 4
6 Nora Devitt	SO	Utica	4.74m 3
7 Laken Mooney	JR	St. Lawrence	4.69m 2
8 Charlotte Eberlein	FR	Ottawa	4.63m 1
9 Mackenzie Marcus	SO	St. Lawrence	4.37m
10 Maria Dimov	FR	Ottawa	4.24m
11 Katherine Berge	SO	Plattsburgh	4.12m
12 Tatiana Pender	FR	Ottawa	4.10m
13 Emily Stritzl	FR	Plattsburgh	4.08m

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**Newell Field House**

**Results**

**Women Triple Jump**

Meet: 11.28m M 12/1/2018 Victoria Whimple

Field House: 11.70m F 3/1/2014 Divya Biswal

Saints: 12.07m s 3/1/2013 Divya Biswal

Name	Yr	School	Finals
<b>Finals</b>			
1 Laura Meade	SR	Utica	10.97m 10
2 Michaela Schaffer	SO	Plattsburgh	10.93m 8
3 Elizabeth Moreland	SO	Ottawa	10.52m 6
4 Nora Devitt	SO	Utica	10.07m 5
5 Frankie Cobby	FR	Ottawa	10.03m 4
6 Kathryn Moreland	FR	Ottawa	10.00m 3
7 Laken Mooney	JR	St. Lawrence	9.47m 2
8 Caroline Hines	FR	St. Lawrence	9.13m 1

**Women Shot Put**

Meet: 14.08m M 12/12/2009 Alyssa Pirinelli

Field House: 15.22m F 1/18/2003 Caroline Larose

Saints: 14.69m s 2/20/2010 Alyssa Pirinelli

Name	Yr	School	Finals
<b>Finals</b>			
1 Brianna Asiamah	SR	Ottawa	12.51m 10
2 Jane Fahy	SR	Utica	11.85m 8
3 Kaitlyn Bjelko	SR	Plattsburgh	11.54m 6
4 Jessica Gyamfi	FR	Ottawa	10.92m 5
5 Duanena Graves	FR	Utica	9.96m 4
6 Emily Boswell	SO	St. Lawrence	9.83m 3
7 Jasmine Piper	JR	Plattsburgh	9.82m 2
8 Emilia Costello	SO	Utica	9.79m 1
9 Lacey Eckert	FR	St. Lawrence	9.41m
10 Brooke Martindale	FR	St. Lawrence	9.28m
11 Megan Brinck	FR	Utica	9.25m
12 Ranasia Bailey	FR	Utica	9.17m
13 Gabrielle DeSanctis	JR	Utica	9.04m
14 Sarah Florian	FR	Utica	8.98m
15 Mia Sanford	FR	Plattsburgh	8.92m
16 Morgan Washburn	FR	Utica	8.40m
17 Amanda Hausle	FR	Utica	8.07m
18 Rosemary Fleischmann	FR	St. Lawrence	7.95m
19 Nadia Coleman	SO	Ottawa	7.89m
20 Calyse Fairclough	FR	Carleton (On	7.51m
21 Abbie Knaisch	FR	Utica	7.49m
22 Alaina Conners	SO	Plattsburgh	6.84m
23 Emily Jette	FR	Ottawa	6.40m

**Women Weight Throw**

Meet: 16.68m M 12/10/2011 Sarah Timmons

Field House: 22.00m F 1/14/2017 Sultana Frizell

Saints: 17.65m s 2/27/2009 Alyssa Pirinelli

Name	Yr	School	Finals
<b>Finals</b>			
1 Gabrielle DeSanctis	JR	Utica	14.83m 10
2 Kaitlyn Bjelko	SR	Plattsburgh	13.18m 8
3 Jasmine Piper	JR	Plattsburgh	12.98m 6
4 Megan Brinck	FR	Utica	12.46m 5

5 Skyler Whorf	JR	Utica	11.95m 4
6 Sarah Florian	FR	Utica	11.89m 3
7 Jane Fahy	SR	Utica	11.78m 2
8 Emilia Costello	SO	Utica	11.76m 1
9 Rosemary Fleischmann	FR	St. Lawrence	11.11m
10 Rachel Cataldi	FR	Saint Rose	10.84m
11 Mia Sanford	FR	Plattsburgh	10.26m
12 Morgan Washburn	FR	Utica	10.22m
13 Ranasia Bailey	FR	Utica	10.20m
14 Kendal Williams	FR	Carleton (On	9.67m
15 Alaina Conners	SO	Plattsburgh	9.58m
16 Duanena Graves	FR	Utica	9.06m
17 Amanda Hausle	FR	Utica	7.52m
18 Lacey Eckert	FR	St. Lawrence	7.05m

**Men 60 Meter Dash**

Meet: 6.92 M 12/1/2018 Lionel Muteba

Field House: 6.82 F 1/21/2012 Moussa Sissoko

Saints: 6.87 s 2/22/2019 Ian Clough

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Bertwin Ben-Smith	SR	Ottawa	7.07Q
2 Brexton Montville	JR	Plattsburgh	7.08Q
3 Zach Bryant	SR	Ottawa	7.12Q
4 Andre Woods	JR	Saint Rose	7.14Q
5 Seiyf Gebara	SR	Ottawa	7.15Q
6 Shemar Delphin	SO	Saint Rose	7.12q
7 Jordan Williams	FR	Plattsburgh	7.24q
8 Jay Yetman	SR	Ottawa	7.26q
9 William Hauf	SO	St. Lawrence	7.26
10 Julius James	FR	Plattsburgh	7.28
11 Charles Cypress	FR	Plattsburgh	7.29
12 Junior Oduro	SO	Potsdam St.	7.33
13 Khameron Sikoulavong	SR	Ottawa	7.35
14 John McGowan	SR	Ottawa	7.36
14 Shane Tinney	SR	Utica	7.36
16 Connor O'Neil	JR	Plattsburgh	7.44
17 Fabrice Nonez	JR	Ottawa Gee-G	7.45
18 Thomas Senechal-Becker	SO	Ottawa	7.45
19 Nicolas Anderson	SO	Plattsburgh	7.50
20 Mussa Kone	FR	Plattsburgh	7.57
21 Ethan Kain	SR	Utica	7.59
22 Charles Gartner	SO	St. Lawrence	7.61
23 Collin Chidester	0	Clarkson Uni	7.61
24 Cody Monnat	SO	Plattsburgh	7.69
25 Michael Orioles	FR	Utica	7.70
26 Aly Ceesay	SO	Potsdam St.	7.78
27 Zane Lepage	FR	Utica	7.91
28 Owen Theriault	0	Clarkson Uni	7.95
29 Levi Sochia	SO	Plattsburgh	7.96
30 Caden Palmer	FR	Potsdam St.	7.96
31 Eric Zielonka	SR	Ottawa	7.97
32 Patrick Gieseler	0	Clarkson Uni	8.21
33 Edem Bruce	SR	Potsdam St.	8.30

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**Results**

**Men 60 Meter Dash**

**Meet:** 6.92 M 12/1/2018 **Lionel Muteba**  
**Field House:** 6.82 F 1/21/2012 **Moussa Sissoko**  
**Saints:** 6.87 s 2/22/2019 **Ian Clough**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bertwin Ben-Smith	SR	Ottawa	7.05 10
2 Zach Bryant	SR	Ottawa	7.07 8
3 Shemar Delphin	SO	Saint Rose	7.11 6
4 Andre Woods	JR	Saint Rose	7.12 5
5 Seiyf Gebara	SR	Ottawa	7.18 4
6 Jordan Williams	FR	Plattsburgh	7.24 3
7 Jay Yetman	SR	Ottawa	7.27 2

**Men 300 Meter Dash**

**Meet:** 36.15 M 12/7/2019 **Jared Davidson**  
**Field House:** 34.63 F 12/3/2011 **Gordon Frenke**  
**Saints:** 34.5h s 1986 **Tim McCrossen**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jay Yetman	SR	Ottawa	36.01M 10
2 Brexton Montville	JR	Plattsburgh	36.27 8
3 Michael Pinnock	SR	Carleton (On	37.04 6
4 Shemar Delphin	SO	Saint Rose	37.28 5
5 Charles Cypress	FR	Plattsburgh	37.50 4
6 Cody Monnat	SO	Plattsburgh	37.53 3
7 Andre Woods	JR	Saint Rose	37.58 2
8 Nolan Flynn	FR	Utica	37.73 1
9 Collin Chidester	0	Clarkson Uni	37.86
10 Dylan Asch	FR	Utica	38.54
11 Ethan Rowe	SO	St. Lawrence	38.93
12 Ryan Steele	SO	St. Lawrence	39.15
13 Connor O'Neil	JR	Plattsburgh	39.34
14 Carlos Sanchez	FR	St. Lawrence	39.36
15 Eric Zielonka	SR	Ottawa	39.51
16 Jonathan Simmons	SO	Utica	39.95
17 Charles Gartner	SO	St. Lawrence	40.11
18 Trenton Barnes	0	Clarkson Uni	40.58
19 Levi Sochia	SO	Plattsburgh	41.53
20 Patrick Gieseler	0	Clarkson Uni	43.08
21 Nathaniel Stapf	JR	Utica	47.35
22 Cooper Ladouceur	FR	Potsdam St.	56.01
--- John McGowan	SR	Ottawa	DNF

**Men 500 Meter Dash**

**Meet:** 1:07.89 M 12/1/2018 **Brian Fabian**  
**Field House:** 1:04.46 F 1/19/2013 **Devin Biocchi**  
**Saints:** 1:05.0h s 1985 **Kirk Dixon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Reese Casinelli	SO	Saint Rose	1:11.00 10
2 Connor St. Peter	FR	St. Lawrence	1:17.60 8
--- Esteban Ramirez	SO	St. Lawrence	DNF

**Men 600 Meter Run**

**Meet:** 1:25.41 M 12/7/2019 **Zachary Meredith**  
**Field House:** 1:25.41 F 12/7/2019 **Zachary Meredith**  
**Saints:** 1:23.59 s 1/14/2012 **Jack Knych**

Name	Yr	School	Finals
<b>Finals</b>			
1 David Moulongou	SO	Ottawa	1:25.26M 10
2 Lucas Zanetti	JR	Ottawa	1:26.28 8
3 William Sanders	SR	Ottawa	1:26.56 6
4 Shifan Shaffe	SO	St. Lawrence	1:27.57 5
5 Lachlan Mahan	JR	Carleton (On	1:27.95 4
6 Tristan Vargo	SO	Utica	1:28.63 3
7 Sam Renaud	SO	Potsdam St.	1:28.95 2
8 Matthew Waruch	SO	Saint Rose	1:30.06 1
9 Matias del Rio Reategi	SR	Ottawa	1:30.54
10 Kristofer Mellor	FR	St. Lawrence	1:31.71
11 Troy Wilton	FR	Ottawa	1:33.40
12 James Cary	SO	St. Lawrence	1:35.58
13 Logan Laduranteye	SR	Ottawa	1:38.09
14 D'Andre Little	SO	Saint Rose	1:45.22
15 Nathaniel Stapf	JR	Utica	1:50.91
16 Cooper Ladouceur	FR	Potsdam St.	2:12.30

**Men 1000 Meter Run**

**Meet:** 2:29.55 M 12/1/2018 **Stephen Evans**  
**Field House:** 2:27.82 F 3/1/2008 **Peter Kosgei**  
**Saints:** 2:28.04 s 1984 **Dave Elster**

Name	Yr	School	Finals
<b>Finals</b>			
1 Stephen Evans	SR	Ottawa	2:28.20M 10
2 Griffin Roeder	FR	St. Lawrence	2:43.98 8
3 Anthony Leotta	FR	Utica	2:45.48 6
4 Connor Wiekierak	SO	St. Lawrence	2:45.74 5
5 Nicolas Belan	SR	Ottawa	2:45.95 4
6 Tye Royal	SO	St. Lawrence	2:46.81 3
7 Tobias Jeralds	FR	Utica	2:47.33 2
8 William Sanders	SR	Ottawa	2:47.91 1
9 Zachary Brown	FR	Utica	2:49.65
10 Matias del Rio Reategi	SR	Ottawa	2:52.81
11 Hayden Lohmann	JR	Utica	2:57.28
12 Dylan Richard	0	Clarkson Uni	2:57.51
13 Tim Petty	SO	Potsdam St.	3:13.77
14 Noah Christian	JR	Saint Rose	3:21.36
15 Luke Favata	SR	Potsdam St.	3:29.45
--- Christopher O'Donnell	SO	St. Lawrence	DNF

**Men 1 Mile Run**

**Meet:** 4:17.47 M 12/12/2009 **Dan Ramsey**  
**Field House:** 4:10.24 F 2/25/2017 **Benjamin Fazio**  
**Saints:** 4:12.02 s 3/8/2008 **Erik Donohoe**

Name	Yr	School	Finals
<b>Finals</b>			
1 Matthew Abell	JR	St. Lawrence	4:29.44 10
2 Noah Bonesteel	SO	Plattsburgh	4:31.50 8
3 Matthew Coleman	SO	St. Lawrence	4:37.16 6

**Saints Holiday Relays - 12/3/2022**

**Newell Field House**

**Results**

**Finals ... (Men 1 Mile Run)**

Name	Yr	School	Finals
4 Nicolas Belan	SR	Ottawa	4:40.38 5
5 Charles Beams	SO	St. Lawrence	4:51.10 4
6 Patrick Russell	FR	St. Lawrence	4:52.59 3
7 Kyle Ostrander	SO	Saint Rose	4:53.63 2
8 Dylan Richard	0	Clarkson Uni	4:53.99 1
9 Andrew Wade	0	Clarkson Uni	4:54.62
10 Ken Lorbetskie	SR	Ottawa	4:56.84
11 Logan Ploss	SO	Potsdam St.	4:57.33
12 Robert Deck	FR	Saint Rose	5:01.84
13 Derek Ferreira	0	Clarkson Uni	5:08.29
14 Eli Siracusa	FR	Potsdam St.	5:18.30
15 Evan Howe	SO	Potsdam St.	5:20.95
16 Harper Barrett	SO	Potsdam St.	5:23.86
17 Kain Robinson	SO	Potsdam St.	5:36.12
18 Noah Christian	JR	Saint Rose	5:41.88

**Men 3000 Meter Run**

Meet: 8:49.92 M 12/14/2013 Thomas Caulfield

Field House: 8:29.49 F 3/1/2008 Seth Dubois

Saints: 8:14.6h s 1984 Jukka Tammissuo

Name	Yr	School	Finals
1 Michael Skutt	SO	St. Lawrence	8:46.70M 10
2 George Gowdy	SO	St. Lawrence	9:09.74 8
3 Michael Brockway	SO	Plattsburgh	9:20.03 6
4 Michael Roberts	JR	Utica	9:23.89 5
5 Colin Young	SO	St. Lawrence	9:26.31 4
6 Matthew Serrano	FR	St. Lawrence	9:29.54 3
7 Justin Kumrow	SO	Plattsburgh	9:37.24 2
8 Eric Nowak	0	Clarkson Uni	9:40.90 1
9 Tyler Nickels	0	Clarkson Uni	10:06.38
10 Benjamin Roach	SO	St. Lawrence	10:33.53
11 Sean Grady	SO	Plattsburgh	10:36.87
12 Peter Basile	SO	Plattsburgh	10:45.79
13 Lukas McIntosh	FR	Plattsburgh	11:16.80
--- William Gagnon	FR	Plattsburgh	DNF
--- Denali Rodriguez-Garnica	SO	Plattsburgh	DNF

**Men 60 Meter Hurdles**

Meet: 8.36 M 12/10/2011 Joe Pruckno

Field House: 8.10 F 1/18/2014 Sekou Kaba

Saints: 8.28 s 2/9/2013 Jacob Fredericks

Name	Yr	School	Finals
1 Erik Geier	JR	St. Lawrence	8.68 10
2 Fabrice Nonez	JR	Ottawa Gee-G	8.70 8
3 Samuel Hunt	FR	St. Lawrence	9.19 6
4 Keith Omane-Agyei	FR	St. Lawrence	9.26 5
5 Brady Szekeres	SO	Utica	9.70 4

**Men 4x200 Meter Relay**

Meet: 1:30.35 M 12/8/2007 SUNY Cortland

K Ma, J Riese, M Bieringer, A Siddeeq

Field House: 1:27.88 F 3/4/2005

O Makinde, M Robertson, D Biocci, T Makinde

Saints: 1:29.74 s 2/26/2016 22.9, 22.39, 22.76, 21.69

T. Hamre, H. Stivers, G. White, N. Crawford

Team	Relay	Finals
<b>Finals</b>		
1 Ottawa	A	1:34.28 10
1) Zach Bryant SR	2) Khameron Sikoulavong SR	
3) Seiyf Gebara SR	4) Bertwin Ben-Smith SR	
2 Utica	A	1:38.70 8
1) TyJon Billinger FR	2) Dylan Asch FR	
3) Ethan Kain SR	4) Shane Tinney SR	
3 St. Lawrence	A	1:39.24 6
1) Ryan Steele SO	2) Erik Geier JR	
3) Samuel Hunt FR	4) William Hauf SO	
4 Carleton (Ont.)	A	1:39.47 5
1) Michael Pinnock SR	2) Connor Fraser FR	
3) Adam Nuraddeen SR	4) Lachlan Mahan JR	
5 Utica	B	x1:42.62
1) Michael Orioles FR	2) Brady Szekeres SO	
3) Zane Lepage FR	4) Gregory Olden SO	
6 Potsdam St.	A	1:43.42 4
1) Junior Oduro SO	2) Tim Petty SO	
3) Zane Moussa SO	4) Aly Ceesay SO	
7 Clarkson University	A	1:46.04 3
1) Marcus Paderon 0	2) Trenton Barnes 0	
3) Scott Palmer 0	4) Caeden Bailey 0	

**Men 4x400 Meter Relay**

Meet: 3:26.77 M 12/11/2010 SUNY DELHI

L HAYWOOD, R GRAHAM, Z BROWN, A ADKINS

Field House: 3:22.19 F 3/5/2005

R Hussey, A Miles, J Taylor, A Campbell

Saints: 3:20.17 s 1985 SLU

T Plimpton, J Disotelle, A Silver, T McCrossen

Team	Relay	Finals
<b>Finals</b>		
1 Ottawa	A	3:39.34 10
1) Eric Zielonka SR	2) Matias del Rio Reategi SR	
3) William Sanders SR	4) Nolan Legare SR	
2 Utica	A	3:40.79 8
1) Nolan Flynn FR	2) Quallan Brown JR	
3) Jonathan Simmons SO	4) Andrew Wieder JR	
3 St. Lawrence	A	3:44.13 6
1) Ethan Rowe SO	2) Charles Gartner SO	
3) Michael Skutt SO	4) Shifan Shaffe SO	
4 Plattsburgh St.	A	4:06.05 5
1) Noah Bonesteel SO	2) Justin Kumrow SO	
3) Sean Grady SO	4) Lukas McIntosh FR	
5 Plattsburgh St.	B	x4:11.70
1) William Gagnon FR	2) Peter Basile SO	
3) Denali Rodriguez-Garnica S	4) Michael Brockway SO	

**Saints Holiday Relays - 12/3/2022**

**Newell Field House**

**Results**

**Men 1600 Sprint Medley**

Meet: 3:39.68 M 12/10/2005 Nazareth

A Van Nortwick, S Coffin, K Enwright, M Migonis

Field House: 3:39.68 F 12/10/2005 Nazareth

B Cocca, J Ravener, B Mallette, G Wagner

Saints: 3:40.91 s 12/14/2002 SLU

R Ames, B Frisch, B Malcolm, R Pollock

Team	Relay	Finals
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**Finals**

1	Utica	A	3:45.97	10
	1) Zuriel Wright SR	2) Dylan Asch FR		
	3) Nolan Flynn FR	4) Hayden Lohmann JR		
2	St. Lawrence	A	3:57.45	8
	1) Samuel Hunt FR	2) Carlos Sanchez FR		
	3) James Cary SO	4) Kristofer Mellor FR		
3	Clarkson University	A	4:07.39	6
	1) Marcus Paderon 0	2) Patrick Gieseler 0		
	3) Trenton Barnes 0	4) Tyler Nickels 0		

**Men Distance Medley**

Meet: 10:23.09 M 12/14/2002 St. Lawrence

A Van Nortwick, S Coffin, K Enwright, M Migonis

Field House: 10:05.30 F 2/28/2003

B Cocca, J Ravener, B Mallette, G Wagner

Saints: 9:57.87 s 3/4/2011 3:01.4 50.1 1:54.1 4:12.1

S Kiplagat, C Funch, A Goodwin, J LeBlanc

Team	Relay	Finals
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**Finals**

1	St. Lawrence	C	11:08.23	10
	1) Matthew Abell JR	2) Charles Beams SO		
	3) Connor Wiekierak SO	4) Griffin Roeder FR		
2	Utica	A	11:11.18	8
	1) Anthony Leotta FR	2) Tristan Vargo SO		
	3) Tobias Jeralds FR	4) Zachary Brown FR		
3	St. Lawrence	A	x11:29.51	
	1) Patrick Russell FR	2) James Cary SO		
	3) Matthew Coleman SO	4) George Gowdy SO		
4	Saint Rose	A	11:39.30	6
	1) Kyle Ostrander SO	2) Reese Casinelli SO		
	3) Robert Deck FR	4) Matthew Waruch SO		
5	Potsdam St.	A	12:02.52	5
	1) Eli Siracusa FR	2) Caden Palmer FR		
	3) Sam Renaud SO	4) Logan Ploss SO		
6	Clarkson University	A	12:29.92	4
	1) Andrew Wade 0	2) Derek Ferreira 0		
	3) Collin Chidester 0	4) Patrick Murray 0		

**Men High Jump**

Meet: 2.14m M 12/8/2012 Kerrin Payne

Field House: 2.14m F 12/8/2012 Kerrin Payne

Saints: 2.04m s 1996 Pete Basta

Name	Yr	School	Finals
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**Finals**

1	Thomas Senechal-Becker	SO	Ottawa	2.00m	10
2	Zuriel Wright	SR	Utica	1.95m	8

3	Blake Hobin	FR	Utica	1.85m	6
4	Aly Ceesay	SO	Potsdam St.	1.80m	4.5
4	Andrew Wieder	JR	Utica	1.80m	4.5
6	Brogan McGorray	FR	St. Lawrence	1.70m	2
6	Cooper Jones	SO	Utica	1.70m	2
6	Samuel Hunt	FR	St. Lawrence	1.70m	2
9	Thomas Gilbo	FR	Plattsburgh	1.65m	
10	Michael Anderson	JR	Potsdam St.	1.55m	
11	Doni Yongoua Wako	FR	Ottawa	1.50m	

**Men Pole Vault**

Meet: 4.95m M 12/10/2011 Ryan Pericozzi

Field House: 4.95m F 12/10/2011 Ryan Pericozzi

Saints: 4.89m s 1989 Alexander Grelland

Name	Yr	School	Finals
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**Finals**

1	Jack Simack	SO	St. Lawrence	2.44m	10
---	Michael Anderson	JR	Potsdam St.	NH	
---	Luke Favata	SR	Potsdam St.	NH	
---	Tim Petty	SO	Potsdam St.	NH	

**Men Long Jump**

Meet: 6.73m M 12/8/2001 Ohene Cornelius

Field House: 7.07m F 1/26/2002 Ohene Cornelius

Saints: 7.32m s 1997 Chris Burgess

Name	Yr	School	Finals
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**Finals**

1	William Hauf	SO	St. Lawrence	6.60m	10
2	Zuriel Wright	SR	Utica	6.49m	8
3	TyJon Billinger	FR	Utica	6.30m	6
4	Julius James	FR	Plattsburgh	6.29m	5
5	Jay Yetman	SR	Ottawa	6.28m	4
6	Aidan Masten	SO	Plattsburgh	6.15m	3
7	Ryan Steele	SO	St. Lawrence	6.03m	2
8	Nicolas Anderson	SO	Plattsburgh	5.95m	1
9	Thomas Gilbo	FR	Plattsburgh	5.93m	
10	Gregory Olden	SO	Utica	5.78m	
11	Dan Kanioka	FR	Ottawa	5.73m	
12	Junior Oduro	SO	Potsdam St.	5.70m	
13	Andrew Wieder	JR	Utica	5.65m	
14	Cooper Jones	SO	Utica	5.60m	
15	Edem Bruce	SR	Potsdam St.	5.27m	
16	Eric Zielonka	SR	Ottawa	5.06m	
17	Doni Yongoua Wako	FR	Ottawa	4.99m	
18	Marcus Paderon	0	Clarkson Uni	4.53m	
---	Zane Lepage	FR	Utica	FOUL	

**Men Triple Jump**

Meet: 14.14m M 12/12/2009 Dasheen Ellis

Field House: 14.99m F 1/22/2011 Allen Simms

Saints: 14.32m s 3/2/2012 Jamal Samaroo

Name	Yr	School	Finals
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**Finals**

1	Jackson Colquhoun	SR	Ottawa	13.50m	10
2	Adam Nuraddeen	SR	Carleton (On	13.19m	8
3	Cooper Jones	SO	Utica	11.10m	6

**Saints Holiday Relays - 12/3/2022**

**Newell Field House**

**Results**

**Men Shot Put**

**Meet: 16.55m M 12/9/2006 Josh Dupuis**

**Field House: 16.63m F 3/5/2005 Matt Kuenzel**

**Saints: 16.54m s 3/14/2008 Geoff Grambo**

Name	Yr	School	Finals
<b>Finals</b>			
1	Hunter Logan	JR Utica	15.46m 10
2	Billie Mays III	SO Utica	13.52m 8
3	Justin Swavely	SO Utica	13.13m 6
4	Zachary Jaworski	SO St. Lawrence	12.89m 5
5	Jacob Barnes	JR Utica	12.60m 4
6	Michael McNeil	SO Utica	12.24m 3
7	Mason Davis	JR Saint Rose	12.15m 2
8	Brady VanAernam	JR Utica	11.69m 1
9	Jady Sylvain	SR Potsdam St.	11.48m
10	Thomas Dunn	SO Utica	11.17m
11	Adam Eastman	FR Utica	10.66m
12	Andrew Clark	JR Utica	10.66m
13	Zane Moussa	SO Potsdam St.	10.01m
14	Luc Viens	Clarkson Uni	10.00m
15	John Largett	FR Utica	9.44m
16	Connor St. Peter	FR St. Lawrence	9.42m
17	Spencer Trudo	SO Plattsburgh	9.27m
18	Cianan Reiter	FR Potsdam St.	8.85m
19	Jack Simack	SO St. Lawrence	8.78m
20	Erik Schneider	FR St. Lawrence	8.38m
21	Aiden Martin	FR Utica	8.07m
22	Thomas Konnick	FR Plattsburgh	7.94m
23	Henry Mueller	FR Potsdam St.	7.69m
---	Connor Fraser	FR Carleton (On	FOUL

**Women - Team Rankings - 18 Events Scored**

1) Ottawa	202.5
2) Utica	110
3) St. Lawrence	107
4) Plattsburgh St.	101.5
5) Saint Rose	65
6) Potsdam St.	17

**Men - Team Rankings - 18 Events Scored**

1) St. Lawrence	167
2) Utica	157.5
3) Ottawa	122
4) Plattsburgh St.	48
5) Saint Rose	39
6) Carleton (Ont.)	24
7) Potsdam St.	15.5
8) Clarkson University	15
9) Ottawa Gee-Gees	8

**Men Weight Throw**

**Meet: 21.69m M 12/9/2006 Jesse Doty**

**Field House: 21.69m F 12/9/2006 Jesse Doty**

**Saints: 19.31m s 3/5/2010 Eric Jones**

Name	Yr	School	Finals
<b>Finals</b>			
1	Antwan Kelly	JR Utica	17.17m 10
2	Zachary Jaworski	SO St. Lawrence	15.31m 8
3	Justin Swavely	SO Utica	14.58m 6
4	Hunter Logan	JR Utica	14.21m 5
5	Brady VanAernam	JR Utica	13.61m 4
6	Mark Brown	JR Utica	13.03m 3
7	Michael McNeil	SO Utica	12.64m 2
8	Kaiden Peldjak	SO Carleton (On	12.43m 1
9	Joshua Talbot	FR Utica	12.10m
10	Daniel Miller	JR Saint Rose	10.77m
11	Thomas Konnick	FR Plattsburgh	8.73m
12	Andrew Clark	JR Utica	8.23m
13	Jack Simack	SO St. Lawrence	8.09m
14	Erik Schneider	FR St. Lawrence	7.82m
---	Spencer Trudo	SO Plattsburgh	FOUL