

Greyhounds Masters Track

DirectAthletics MeetPro

2023 Canadian Masters

McLeod Field, Langley, BC - 2023-08-11 - 2023-08-13

Men's Outdoor Pentathlon (Masters)

Finals

Pl	Name	Age	Points	Division	LJ	JT	200m	DT	1500m
M40-45									
1	KARIYA, Martin	41	2329		4.52m	38.28m	27.63	29.56m	5:26.57
	Greyhounds Masters T				w:+0.0		w:-1.8		
	Team Points: 7								
2	KIRECHUK, Kevin	43	1341		4.19m	19.40m	31.35	20.43m	6:09.62
	Kamloops Track & Fie				w:+0.7		w:-1.8		
	Team Points: 5								
M60-65									
1	SMITH, Chris	61	2110		4.67m	20.43m	30.08	18.56m	7:07.43
	USATF				w:+1.2		w:-1.0		
2	DUFORNEAU, Alain	63	2039		3.65m	22.49m	32.00	27.73m	6:30.19
	Vainqueurs Plus				w:+1.3		w:-1.0		
	Team Points: 7								
3	FLETT, Gordon	63	1474		3.17m	18.54m	36.22	18.60m	6:22.25
	Roadkill Running Clu				w:+2.2		w:-1.0		
	Team Points: 5								
4	CHHINA, Avtar	64	1403		3.13m	19.77m	34.74	26.72m	7:47.12
	Ultra Throw				w:+1.5		w:-1.0		
	Team Points: 4								
M70-74									
1	ZAPF-GILJE, Reidar	71	3435		4.07m	33.55m	31.83	35.32m	5:49.70
	Greyhounds Masters T				w:+1.5		w:-1.0		

Team Points: 7

M75-79

1	MACEACHERN, Alex	77	2126	2.99m	20.53m	35.68	19.93m	7:22.93
	Calgary Spartans			w:+1.3		w:-1.8		
	Team Points: 7							
2	GEE, Arthur	79	1633	3.13m	15.54m	37.66	21.99m	9:25.79
	Greyhounds Masters T			w:+1.9		w:-1.8		
	Team Points: 5							

Women's Outdoor Pentathlon (Masters)
Finals

Pl	Name	Age	Points	Division	80m H	HJ	SP	LJ	800m
=====									
W40-44									
1	MOHORA, Ingrid	44	1571		17.68	1.22m	6.51m	3.48m	3:21.60
	Edmonton Columbians				w:-1.7			w:+2.9	
	Team Points: 7								
W50-54									
1	ARNASON, Sandi	50	2464		15.17	1.25m	6.91m	3.72m	3:26.59
	Riversdale Athletics				w:-1.7			w:+1.1	
	Team Points: 7								
W60-64									
1	O'BRIEN HUGH, Cindy	64	3048		15.78	1.16m	7.83m	3.74m	3:31.88
	Greyhounds Masters T				w:-2.5			w:+0.7	
	Team Points: 7								
2	JOLICOEUR, Jovette	63	2315		19.44	1.10m	8.13m	2.94m	3:31.14
	U Of C Athletics Clu				w:-2.5			w:+1.6	
	Team Points: 5								

W65-69

1	GIENI, Muriel Riversdale Athletics Team Points: 7	65	3990	14.63 w:-2.5	1.31m	9.07m	4.04m w:+1.6	3:51.55
2	LAURIDSEN, Susanne U Of C Athletics Clu Team Points: 5	65	2071	20.79 w:-2.5	1.10m	6.96m	2.92m w:+1.1	4:30.41
W85-89								
	BORTIGNON, Christa Greyhounds Masters T	86	NP	DNS w:-2.5	DNS	DNS	DNS	DNS

Men's Weight Pentathlon (Masters)
Finals

Pl	Name	Age	Points	Division	HT	SP	DT	JT	WT
M50-54									
1	WIEBE, Shane Trinity Western Univ Team Points: 7	53	3381		41.56m	12.91m	39.68m	39.27m	15.18m
2	WILSON, Kier Unattached Alberta	51	2512		38.00m	8.01m	29.49m	32.45m	12.80m
3	STEVENS, Shawn Unattached British C	50	2480		29.91m	10.47m	33.16m	27.82m	11.93m
M55-59									
1	PARSONS, Dan Unattached Alberta	55	3825		45.40m	12.26m	45.49m	30.95m	17.28m
2	MORFITT, Graham	56	3566		36.64m	10.02m	35.04m	56.93m	13.90m

Comox Valley Cougars
Team Points: 7

3 BECKER, Mark 59 2930 28.73m 11.12m 34.14m 37.88m 11.28m
Red Deer Titans
Team Points: 5

4 FRENKEL, Brad 59 2633 31.88m 9.18m 35.47m 29.39m 10.07m
Prince George Track
Team Points: 4

M60-64

1 WOLTERS, Jake 63 3167 42.19m 11.19m 41.42m 32.58m 12.39m
Throwers Club
Team Points: 7

2 GILL, Paramjit 64 2055 25.74m 7.96m 30.83m 20.28m 10.41m
Ultra Throw
Team Points: 5

M65-69

1 MCCULLOCH, Gordon 65 2698 25.94m 9.97m 32.75m 29.16m 10.39m
Unattached Alberta

2 MCDONALD, Dave 69 2680 31.20m 8.68m 21.78m 32.12m 12.61m
Ultra Throw
Team Points: 7

M70-74

1 SZAFRANSKI, Longin 71 3401 38.67m 10.93m 39.99m 27.61m 13.55m
Unattached Alberta

2 HESSEL, Patrick 71 3111 36.24m 10.97m 34.30m 25.74m 12.45m
Unattached Alberta

3	BAINS, Mohan Ultra Throw Team Points: 7	73	2944	34.47m	10.16m	29.94m	25.25m	13.30m
4	TATLA, Saroop Ultra Throw Team Points: 5	73	2366	29.15m	7.69m	26.13m	22.14m	11.37m
M75-79								
1	T00R, Harnek Ultra Throw Team Points: 7	77	3352	34.10m	9.91m	24.85m	29.71m	13.91m
2	ULIS, David Ultra Throw Team Points: 5	75	3011	28.41m	9.28m	29.08m	28.05m	10.49m
3	TOWNSEND, Ken Ultra Throw Team Points: 4	78	2429	26.11m	7.99m	24.15m	19.39m	9.55m
M80-84								
1	EAST, Les Peninsula Track & Fi Team Points: 7	84	2597	28.83m	8.16m	23.04m	19.55m	10.80m
	DYER, James Unattached British C	80	NP	33.47m	8.63m	DNS	DNS	DNS
M85-89								
1	DHILLON, Bakhshish Greyhounds Masters T Team Points: 7	85	2495	26.63m	7.42m	17.09m	16.52m	8.15m
2	BUTCHER, Bruce Kamloops Track & Fie Team Points: 5	89	1962	19.97m	7.90m	NM	17.05m	8.97m

Women's Weight Pentathlon (Masters)
 Finals

Pl	Name	Age	Points	Division	HT	SP	DT	JT	WT
W45-49									
1	GUY, Melanie Coriaces Team Points: 7	45	3355		39.90m	10.74m	32.60m	31.48m	11.32m
2	CARLOS, Nicole Vernon Amateur Athle Team Points: 5	49	3325		41.42m	9.08m	34.20m	32.28m	11.52m
3	DIENER, Andrea St. Albert Mustangs Team Points: 4	48	3324		38.57m	10.54m	34.01m	28.71m	12.07m
W55-59									
1	BEARD, Donna USATF	59	3208		33.10m	9.77m	25.11m	30.13m	10.92m
2	EASTON, Leah Throwers Club Team Points: 7	58	2312		25.38m	8.90m	21.40m	14.94m	8.75m
3	BORTOLUSSI, Dala Rive-Sud Team Points: 5	55	1890		25.71m	7.01m	16.07m	14.46m	6.90m
W60-64									
1	HARRIS, Joan Prince George Track Team Points: 7	61	2934		30.13m	8.72m	21.87m	22.19m	10.15m

W65-69

1	JONES, Terri Comox Valley Cougars Team Points: 7	66	2832	24.42m	8.04m	18.26m	23.36m	7.31m
2	HENDRIE, Nola Nanaimo & District T Team Points: 5	67	1831	15.34m	5.71m	13.71m	13.57m	6.74m
3	ESSEX, Joyce Greyhounds Masters T Team Points: 4	66	1356	12.73m	4.53m	11.37m	9.30m	5.60m

W70-74

1	HESSEL, Laura Unattached Alberta	70	3862	29.55m	8.89m	22.92m	19.31m	11.46m
2	HARE, Rose Greyhounds Masters T Team Points: 7	74	3091	25.37m	7.68m	18.60m	14.10m	9.72m
3	ROLLINS, Elisabeth Ultra Throw Team Points: 5	73	3020	24.99m	7.06m	18.36m	18.29m	7.88m
4	BEGG, Denise Greyhounds Masters T Team Points: 4	72	2973	27.06m	6.13m	17.81m	15.25m	9.52m
5	MIZUNO, Vi Top Notch Masters Team Points: 3	72	2779	18.17m	6.30m	16.36m	19.25m	9.22m
6	HEALEY, Jean Top Notch Masters Team Points: 2	74	2266	17.74m	5.65m	14.15m	13.70m	7.44m
				(232)	(249)	(174)	(173)	(338)

7	NESTERENKO, Louise	72	1387	12.17m	4.26m	8.18m	8.20m	5.69m
	Caltaf Athletic Ass Team Points: 1							
W75-79								
1	CLOSKEY, Cheryl	75	2550	20.96m	7.32m	15.10m	14.57m	8.97m
	Unattached British C							
W80-84								
1	NAKANO, Yuko	80	3116	20.71m	7.27m	19.79m	16.92m	6.44m
	Edmonton Masters Ath Team Points: 7							
2	BRAND, Kathy	81	3089	25.45m	6.40m	14.97m	15.72m	8.71m
	Kamloops Track & Fie Team Points: 5							
3	GRACIE, Gillian	80	2779	18.21m	7.15m	15.56m	13.12m	7.88m
	Top Notch Masters Team Points: 4							
W90-94								
1	ACTON, Myrtle	90	3975	20.47m	6.58m	15.21m	11.59m	6.95m
	Unattached British C							

Men's & Women's 10000 Meters (Masters)

Pl	Name	Age	Team	Time	Pts
Section 1 30-34					
4	WU, Wik Hon	30	International	40:25.17	
	CHINEDU DANIEL, Okpa	33	International	DNS	

Pl	Name	Age	Team	Time	Pts
Section 1 35-39					

EZEKIEL LMOLEAYO, Ad 35 International

DNS

Pl Name	Age Team	Time	Pts
Section 1 40-44			
5 CHEUNG, Ka Yee	40 International	42:45.77	
UCHENNA JUVENTUS, Nw	41 International	DNS	

Pl Name	Age Team	Time	Pts
Section 1 45-49			
1 HAJEK, Martin	48 Unattached British C	35:53.70	
3 LEEF, Ryan	49 Athletics Yukon	38:49.43	7
EKENE BONIFACE, Chuk	47 International	DNS	

Pl Name	Age Team	Time	Pts
Section 1 50-54			
7 ZHOU, Sam	54 Roadkill Running Clu	43:30.35	7
LUCKY, Nathan	52 International	DNS	

Pl Name	Age Team	Time	Pts
Section 1 55-59			
2 MCGREGOR, Larry	55 Unattached Ontario	37:51.08	
6 MONTGOMERY, Carol	57 Greyhounds Masters T	43:11.22	7
SKUCE, Anthony	59 Unattached British C	DNS	

Pl Name	Age Team	Time	Pts
Section 1 60-64			
9 MOON, Michael	62 Prairie Inn Harriers	44:49.25	7
CUSHENBERY, Brent	64 International	DNS	

FIORINI, Daniel 61 Newmarket Huskies Tr DNS

Pl Name	Age Team	Time	Pts
Section 1 65-69			
8 WAYWELL, Elizabeth	65 Unattached Ontario	43:33.15	
10 OLSEN, David	68 Unattached-Saskatche	46:32.97	
11 HENDERSON, Doug	66 Unattached British C	47:44.32	
13 KENNEDY, Brent	69 Unattached-Saskatche	58:57.61	
AMMON, Robin	69 USATF		DNS

Pl Name	Age Team	Time	Pts
Section 1 75-79			
12 FRENCH, Ken	75 Unattached British C	50:20.76	

Women's 1500m Walk (Masters)

Pl Name	Age Team	Time	Pts
Section 1 40-44			
7 MOHORA, Ingrid	44 Edmonton Columbians	10:44.20	7

Pl Name	Age Team	Time	Pts
Section 1 55-59			
1 BROOKE, Susan	58 Alberta Racewalk Clu	8:16.44	7
3 FALCON, Line	59 Vainqueurs Plus	8:34.86	5

Pl Name	Age Team	Time	Pts
Section 1 65-69			
2 FLIPSEN, Johanna	68 Alberta Racewalk Clu	8:22.49	7
6 SHARP, Suzanne	69 Greyhounds Masters T	10:00.25	5

9 GRAHAM, Lori 65 Greyhounds Masters T 13:41.38 4

Pl Name	Age Team	Time	Pts
Section 1 70-74			
4 CHIOZZA, Teresa	72 Alberta Racewalk Clu	9:19.65	7
5 DE THY, Anne	70 Ontario Racewalkers	9:22.02	5
MCGREGOR POLIQUIN, A	71 Greyhounds Masters T	DQ	

Pl Name	Age Team	Time	Pts
Section 1 85-89			
8 CHEETHAM, Renate	85 Greyhounds Masters T	12:56.16	7

Men's 1500m Walk (Masters)

Pl Name	Age Team	Time	Pts
Section 1 35-39			
1 SEMENIUK, Heath	35 Unattached British C	6:44.70	
4 LOZA ARCIBA, Cesareo	39 Alberta Racewalk Clu	8:59.28	7
GOPINATH, Nakul	35 Unattached British C	DNS	

Pl Name	Age Team	Time	Pts
Section 1 50-54			
2 LARIN, Mihail	50 Unattached British C	8:09.65	
5 ZHOU, Sam	54 Roadkill Running Clu	11:44.59	7

Pl Name	Age Team	Time	Pts
Section 1 60-64			
CHHINA, Avtar	64 Ultra Throw	DQ	

Pl Name	Age Team	Time	Pts
Section 1 65-69			
3 BULLERWELL, Randy	66 Unattached Nova Scot	8:34.17	
SARUP, Ram	69 Unattached British C	DQ	

Pl Name	Age Team	Time	Pts
Section 1 75-79			
AHMAD, Rana	75 Unattached British C	DQ	

Women's 1500 Meters (Masters)

Pl Name	Age Team	Time	Pts
Section 2 35-39			
3 BROWN, Stephanie	35 Kelowna Running Club	5:30.97	7

Pl Name	Age Team	Time	Pts
Section 2 40-44			
4 NEWTON, Mary	41 Running Wild Athleti	5:34.34	7
6 TOPIC, Delilah	44 Unattached British C	5:48.27	
CHEUNG, Ka Yee	40 International	DNS	

Pl Name	Age Team	Time	Pts
Section 2 45-49			
1 LEMELIN, Cosette	49 Edmonton Masters Ath	5:09.99	7

Pl Name	Age Team	Time	Pts
Section 2 55-59			

2	PATTERSON, Janice	59	Unattached Alberta	5:22.98	
5	MONTGOMERY, Carol	57	Greyhounds Masters T	5:44.68	7
	MERCIER, Barbara	59	Calgary Phoenix Stri	DNS	

Pl	Name	Age	Team	Time	Pts
Section 1 60-64					
1	WOOD, Janette	63	Unattached British C	5:33.05	
2	CHRISTIE, Juliette	61	Unattached British C	5:34.76	
3	OHLER, Makie	61	University Of Toront	5:38.94	7
4	MULLIGAN, Zita	63	Calgary Phoenix Stri	6:02.09	5
5	TINARI, Nancy	64	Greyhounds Masters T	6:16.52	4
8	FRANSEN, Lisa	60	Newmarket Huskies Tr	6:59.64	3
9	TAMBER, Davinder Kau	63	International	8:01.68	

Pl	Name	Age	Team	Time	Pts
Section 1 65-69					
6	WAWRYK-EPP, Lynne	68	Running Wild Athleti	6:42.84	7
10	KONYU, Nancy	68	Newmarket Huskies Tr	8:24.50	5

Pl	Name	Age	Team	Time	Pts
Section 1 70-74					
7	WOODSON, Gwyneth	72	Running Wild Athleti	6:58.67	7

Men's 1500 Meters (Masters)

Pl	Name	Age	Team	Time	Pts
Section 4 30-34					
4	MALANG, Bryon	33	International	4:21.45	

Pl	Name	Age	Team	Time	Pts
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Section 4 35-39

1	KLASSEN, Mark	38	Unattached British C	4:02.57	
6	FERGUSON, Andrew	35	Roadkill Running Clu	5:40.51	7
	HIROWATARI, Kenton	37	Unattached British C	DNS	
	SINGH, Manpreet	36	International	DNS	

=====
Pl Name Age Team Time Pts
=====

Section 4 40-44

2	SHARP, Ian	44	Unattached British C	4:14.11	
3	HOLMGREN, Aaron	41	Peninsula Track & Fi	4:15.28	7
5	VOGT, Jeff	44	Unattached British C	4:22.31	

=====
Pl Name Age Team Time Pts
=====

Section 4 45-49

	SIVERTSON, Danie	49	Unattached British C	DNS	
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Pl Name Age Team Time Pts
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Section 3 50-54

1	WARICK, Jason	50	Top Notch Masters	4:43.53	7
4	ZABUKOVEC, Randy	53	Unattached Ontario	4:55.48	
9	ZHOU, Sam	54	Roadkill Running Clu	5:59.08	5
	MACLEAN, Craig	51	Unattached British C	DNS	

=====
Pl Name Age Team Time Pts
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Section 3 55-59

2	LEMELIN, Syl	55	Edmonton Masters Ath	4:46.37	7
3	WEBB, Chris	57	Unattached Ontario	4:53.33	
5	TITOV, Mikhail	55	Ocean Athletics Trac	5:12.83	5
6	WEBER, Harvey	57	Running Wild Athleti	5:22.04	4

7	SCHROEDER, Alan	58	Greyhounds Masters T	5:38.50	3
8	MADSEN, Chris	55	University Of Toront	5:44.74	2
10	REVOCZI, Tamás	55	Kajaks Track & Field	7:04.62	1

Pl	Name	Age	Team	Time	Pts
Section 2 60-64					
1	GUSS, David	62	Kelowna Running Club	4:48.82	7
2	CHRISTIE, Gordon	61	Unattached British C	5:25.85	
3	KORNELSEN, Kevin	61	Vancouver Falcons At	5:29.62	5
7	FLETT, Gordon	63	Roadkill Running Clu	6:12.38	4
8	POWRIE, Doug	62	Unattached British C	6:24.34	

Pl	Name	Age	Team	Time	Pts
Section 2 65-69					
4	REIMER, Paul	68	Ocean Athletics Trac	5:35.31	7
5	FRIESEN, Ken	66	Tough Track	5:51.41	5
6	ANTEPYAN, Raffi	65	Greyhounds Masters T	5:55.38	4
9	SHARP, Kelly	69	Greyhounds Masters T	6:26.18	3
10	KENNEDY, Brent	69	Unattached-Saskatche	7:58.42	
	HETTI ARACHCHIGE, Up	67	International	DNS	
	SANDHU, Jasbir	69	Calgary Spartans	DNS	

Pl	Name	Age	Team	Time	Pts
Section 1 70-74					
1	HUXLEY, David	70	Unattached British C	6:20.40	
4	PAYNE, Tim	73	Newmarket Huskies Tr	6:49.28	7
7	WALKER, David	73	Greyhounds Masters T	7:47.94	5

Pl	Name	Age	Team	Time	Pts
Section 1 75-79					

2	BHULLAR, Piara	77	Greyhounds Masters T	6:29.02	7
3	RIGGINS, Terry	76	Nanaimo & District T	6:36.78	5
6	PAWLUK, Fred	76	Kajaks Track & Field	7:03.75	4

Pl Name	Age	Team	Time	Pts
Section 1 80-84				
5	MACKIE, Chris	82	Unattached Ontario	6:56.69
	CHRISTENSEN, Verner	82	University Of Toront	DNS

Men's 110m Hurdles (Masters)

Pl Name	Age	Team	Time	Wind	Pts
Section 1 35-39					
	DUTT, Tarun	36	Unattached British C		DNS

Pl Name	Age	Team	Time	Wind	Pts
Section 1 45-49					
1	MCLAREN, Doug	47	Unattached British C	19.68	-0.9

Men's 100m Hurdles (Masters)

Pl Name	Age	Team	Time	Wind	Pts
Section 1 55-59					
1	LE MOUËL, Yannick	55	Saint-Jean Olympique	14.97	-0.8 7
	HUTT, Cameron	58	Greyhounds Masters T		DNS

Pl Name	Age	Team	Time	Wind	Pts
Section 1 60-64					
3	CHHINA, Avtar	64	Ultra Throw	32.15	-0.8 7

Pl Name	Age Team	Time	Wind	Pts
Section 1 65-69				
2 SANDHU, Jasbir	69 Calgary Spartans	28.44	-0.8	7

Women's 80m Hurdles (Masters)

Pl Name	Age Team	Time	Wind	Pts
Section 2 40-44				
4 MOHORA, Ingrid	44 Edmonton Columbians	17.15	+0.4	7

Pl Name	Age Team	Time	Wind	Pts
Section 2 50-54				
1 ARNASON, Sandi	50 Riversdale Athletics	15.32	+0.4	7
2 CHAHAL, Sarabjeet	52 Edmonton Masters Ath	16.27	+0.4	5
3 LACHANCE, Debra	54 Greyhounds Masters T	16.82	+0.4	4
6 COOK, Judith	54 Athletics Victoria T	39.21	+0.4	3

Pl Name	Age Team	Time	Wind	Pts
Section 2 55-59				
5 JONES, Janice Marian	59 Unattached Ontario	18.31	+0.4	

Pl Name	Age Team	Time	Wind	Pts
Section 1 60-64				
1 O'BRIEN HUGH, Cindy	64 Greyhounds Masters T	15.16	-1.1	7

Pl Name	Age Team	Time	Wind	Pts
Section 1 70-74				

2	HAYLEY, Urith	72	Greyhounds Masters T	20.07	-1.1	7
3	LEE, Deborah	73	Greyhounds Masters T	20.69	-1.1	5
	O'SULLIVAN, Daphne	71	Unattached British C	DNS		

Men's 80m Hurdles (Masters)

Pl Name	Age Team	Time	Wind	Pts
Section 1 70-74				
1	ZAPF-GILJE, Reidar	71	Greyhounds Masters T	15.48 -1.2 7
2	SANDHU, Hardev Singh	74	Greyhounds Masters T	18.92 -1.2 5

Pl Name	Age Team	Time	Wind	Pts
Section 1 75-79				
3	GEE, Arthur	79	Greyhounds Masters T	20.58 -1.2 7
	BREWER, Jess	77	Nanaimo & District T	DNS

Pl Name	Age Team	Time	Wind	Pts
Section 1 80-84				
4	THOMPSON, Lynn	84	Unattached British C	20.66 -1.2
5	SHAH, Surinder	80	Greyhounds Masters T	23.00 -1.2 7

Women's 100 Meters (Masters)

Pl Name	Age Team	Time	Wind	Pts
Section 7 30-34				
3	JOSEPH, Erinn	33	Ottawa Lions T.f.c.	14.75 -0.5 7

Pl Name	Age Team	Time	Wind	Pts
Section 7 35-39				
1	ADANDE, Karin	37	NorWesters Track & F	13.90 -0.5 7

2	CRAWFORD, Ashley	36	Ottawa Lions T.f.c.	14.39	-0.5	5
4	RICHARDS, Jessica	37	Comox Valley Cougars	18.06	-0.5	4
	LYNCH, Emily	35	Greyhounds Masters T		DNS	

Pl Name	Age	Team	Time	Wind	Pts	
Section 6 40-44						
3	KHONINA, Marina	42	Greyhounds Masters T	15.07	-0.6	7
5	GIBBS, Naomi	42	Unattached British C	15.13	-0.6	
6	BEAULIEU, Halimah	41	Greyhounds Masters T	15.16	-0.6	5
7	MOHORA, Ingrid	44	Edmonton Columbians	16.31	-0.6	4

Pl Name	Age	Team	Time	Wind	Pts	
Section 6 45-49						
1	BUNBURY, Shauna	46	NorWesters Track & F	14.39	-0.6	7
2	GILBERT, Laura	49	Nanaimo & District T	14.60	-0.6	5
4	BOYKO, Raquel	49	Excel Athletika	15.07	-0.6	4
	TRITTENBASS, Astrid	45	West Vancouver Track		DNF	

Pl Name	Age	Team	Time	Wind	Pts	
Section 5 50-54						
1	HARDY, Valerie	54	Riversdale Athletics	13.94	-1.9	7
2	CHAHAL, Sarabjeet	52	Edmonton Masters Ath	15.73	-1.9	5
3	COOK, Judith	54	Athletics Victoria T	16.07	-1.9	4
4	HARRIS, Jennifer	54	Unattached British C	16.14	-1.9	
5	ANDERTON, Sandra	53	Nanaimo & District T	16.21	-1.9	3
6	PENTECOST, Galina	52	Okanagan Athletics C	16.23	-1.9	2
7	JOSE, Nina	53	Unattached Ontario	16.75	-1.9	
	DHILLON, Birpal Kaur	51	Unattached British C		NT	

Pl Name	Age	Team	Time	Wind	Pts
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Section 4 55-59

1	SILCOX, Kelly	57	Flight Club Regina	14.15	+0.0	7
3	CRAIG, Nancy	57	Athletics Victoria T	15.43	+0.0	5
4	FALCON, Josee	56	Saint-Jean Olympique	15.52	+0.0	4
7	PASSLER, Breta	58	Nanaimo & District T	17.46	+0.0	3
8	SMOLOCK, Helena	59	Greyhounds Masters T	21.73	+0.0	2

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Pl Name	Age Team	Time	Wind	Pts
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Section 4 60-64

2	O'BRIEN HUGH, Cindy	64	Greyhounds Masters T	15.33	+0.0	7
5	BONE, Lorna	61	Edmonton Masters Ath	15.59	+0.0	5
6	TREMBLAY, Rhonda	63	Riversdale Athletics	15.84	+0.0	4

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Pl Name	Age Team	Time	Wind	Pts
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Section 3 65-69

1	ALEXIS, Wendy	68	Ottawa Lions T.f.c.	14.12	+0.7	7
2	BONIN, Denise	67	Nanaimo & District T	17.28	+0.7	5
3	SCOTT, Valerie	68	Greyhounds Masters T	17.36	+0.7	4
4	TEFFT, Jan	65	USATF	19.35	+0.7	
5	GRAHAM, Lori	65	Greyhounds Masters T	22.35	+0.7	3
	HENDRIE, Nola	67	Nanaimo & District T	DNS		
	WHIDDEN, Elaine	68	Greyhounds Masters T	DNS		

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Pl Name	Age Team	Time	Wind	Pts
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Section 2 70-74

1	DEL GRANDE, Karla	70	Variety Village Athl	15.48	+1.0	7
2	O'SULLIVAN, Daphne	71	Unattached British C	16.62	+1.0	
3	JOHNSON, Marie	70	Greyhounds Masters T	17.68	+1.0	5
4	HAYLEY, Urith	72	Greyhounds Masters T	18.07	+1.0	4
5	SHOOK, Karen	72	Athletics Victoria T	18.27	+1.0	3

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Pl Name	Age Team	Time	Wind	Pts
Section 1 75-79				
WORSLEY, Marina	79 USATF			DNS

Pl Name	Age Team	Time	Wind	Pts
Section 1 80-84				
2 RADCLIFFE, Marg	81 Unattached British C	21.26	+0.0	
LAFAYETTE-BOYD, Caro	81 Excel Athletika			DNS

Pl Name	Age Team	Time	Wind	Pts
Section 1 85-89				
1 BORTIGNON, Christa	86 Greyhounds Masters T	18.24	+0.0	7
3 CHEETHAM, Renate	85 Greyhounds Masters T	28.42	+0.0	5

Men's 100 Meters (Masters)

Pl Name	Age Team	Time	Wind	Pts
Section 12 30-34				
2 WANG, Congran	32 Unattached British C	11.76	+1.3	
3 LAMOUREUX, Damien	30 Gatineau	11.94	+1.3	7
4 GILL, Sunny	31 Unattached British C	12.14	+1.3	
5 UPTMORE, Kyle	32 USATF	12.25	+1.3	

Pl Name	Age Team	Time	Wind	Pts
Section 11 35-39				
1 HICKSON, Eamonn	36 West Vancouver Track	12.49	-1.4	5
2 NYANDORO, Alex	36 Unattached British C	12.56	-1.4	
3 TEWARIE, Kiel	38 Unattached British C	13.05	-1.4	
4 DONALDSON, Jaime	35 Unattached British C	13.29	-1.4	
5 JADAN, Patrick	39 Cowichan Valley Athl	14.56	-1.4	4

SINGH, Sandeep	37	International		DNS	
GOPINATH, Nakul	35	Unattached British C		DNS	
Section 12 35-39					
1 GOULD, Dwight	35	Universal Athletics	11.45	+1.3	7

Pl Name	Age	Team	Time	Wind	Pts
Section 10 40-44					
1 TAYLOR, Mike	41	Pa Athletics	11.63	-0.8	7
2 ROLLE, Antonio	41	Unattached Alberta	11.72	-0.8	
3 BIODROWSKI, Brandon	41	USATF	11.81	-0.8	
4 DAINES, Ronnie	42	Greyhounds Masters T	12.30	-0.8	5
5 MITCHELL, Franklyn	40	Jamcan International	12.54	-0.8	4
6 WONG, Charles	43	International	12.63	-0.8	
7 ABECIA, Manny	44	Greyhounds Masters T	15.63	-0.8	3
8 MANUEL, Bernard	44	Kamloops Track & Fie	16.27	-0.8	2

Pl Name	Age	Team	Time	Wind	Pts
Section 9 45-49					
1 CARNATE, Brian	45	Greyhounds Masters T	11.98	-0.9	7
2 MIRCO, Sheldon	47	Brantford T.f.c.	12.53	-0.9	5
3 KOUWENHOVEN, Eric	46	Unattached British C	12.99	-0.9	
4 GIBBONS-SMYTH, Paul	47	Greyhounds Masters T	13.02	-0.9	4
5 DAY, Andrew	48	NorWesters Track & F	13.15	-0.9	3
6 GUZMAN, Jay	49	Greyhounds Masters T	13.56	-0.9	2
7 COPELAND, Cale	49	Athletics Victoria T	13.57	-0.9	1
8 KUMAR, Amit	47	Unattached British C	14.74	-0.9	

Pl Name	Age	Team	Time	Wind	Pts
Section 8 50-54					
1 NOURAEI, Shahryar	52	Greyhounds Masters T	12.42	+0.9	7
2 WALKER, Samuel	52	Greyhounds Masters T	12.64	+0.9	5
3 GOCAL, Darren	53	Unattached British C	12.95	+0.9	

4	ONG, Raymond	51	Greyhounds Masters T	12.97	+0.9	4
5	HUFF, Joshua	50	USATF	13.07	+0.9	
6	HARROWER, Will	51	Unattached British C	13.56	+0.9	

Pl Name	Age Team	Time	Wind	Pts
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Section 6 55-59

1	GIBBON, David	57	USATF	11.56	+0.7	
2	FOSTVELT, Shawn	55	Nanaimo & District T	12.95	+0.7	5
3	ALAHAKOON, Sahanaka	55	Edmonton Masters Ath	13.57	+0.7	4
4	SMITH, Robert	55	Greyhounds Masters T	14.80	+0.7	1
5	JONES, William Thoma	59	Unattached British C	17.55	+0.7	

Section 7 55-59

1	HART, Milton	58	Unattached Ontario	12.15	+1.9	
2	BROCKBANK, Rob	57	A.S.E.A.	12.82	+1.9	7
3	COLBERT, Steven	58	Unattached British C	12.88	+1.9	
4	PREVOST, Derek	58	Unattached British C	13.03	+1.9	
5	GARRISON, Andre	56	Vancouver Thunderbir	13.64	+1.9	3
6	PATTERSON, Todd	55	Okanagan Athletics C	14.16	+1.9	2

Pl Name	Age Team	Time	Wind	Pts
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Section 5 60-64

1	YELVERTON, William	63	USATF	12.95	-1.3	
2	BOLSTAD, Gordon	62	Unattached Alberta	14.10	-1.3	
3	JOYCE, Stephen	61	Vernon Amateur Athle	14.41	-1.3	7
4	MEYERS, Darcy	61	Edmonton Columbians	14.67	-1.3	5
5	SANI, Marino	63	Ottawa Lions T.f.c.	14.69	-1.3	4
6	HUNTER, Michael	64	Unattached British C	15.33	-1.3	
	HILL, Joseph	64	Greyhounds Masters T	DNS		

Pl Name	Age Team	Time	Wind	Pts
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Section 4 65-69

1	MCBETH, Rod	67	Edmonton Masters Ath	14.08	-0.6	7
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2	MELCHIORE, Ron	66	Unattached Nova Scot	14.25	-0.6	
3	LIU, Edwin	66	Greyhounds Masters T	14.26	-0.6	5
4	D'EON, Marcel	69	Riversdale Athletics	14.34	-0.6	4
5	SHIBATA, Kazuhiro	69	Greyhounds Masters T	14.90	-0.6	3
6	TODD, Michael	65	Nanaimo & District T	14.97	-0.6	2
7	P, Ramjit Singh	66	Unattached British C	17.51	-0.6	

Pl Name	Age	Team	Time	Wind	Pts	
Section 3 70-74						
1	DICKSON, Thomas	70	Unattached British C	13.14	+1.2	
2	PERCIVAL, Al	71	Greyhounds Masters T	14.57	+1.2	7
3	HEHAR, Manmohan	73	Unattached Ontario	14.95	+1.2	
4	KOCOUREK, Vince	71	Unattached British C	16.31	+1.2	
5	SANDHU, Hardev Singh	74	Greyhounds Masters T	16.68	+1.2	5
6	WARICK, Randy	73	Top Notch Masters	17.73	+1.2	4
7	MIZUNO, Masahiro (Ma	72	Top Notch Masters	18.35	+1.2	3
8	LOWE, Steven	73	Greyhounds Masters T	20.90	+1.2	2

Pl Name	Age	Team	Time	Wind	Pts	
Section 2 75-79						
1	PARKER, Daniel	75	Unattached British C	14.94	+1.5	
2	UKONMAANAHO, Tuomas	78	Prince George Track	15.69	+1.5	7
3	MACEACHERN, Alex	77	Calgary Spartans	16.14	+1.5	5
4	MINTZ, Bruce	76	Edmonton Masters Ath	16.62	+1.5	4
5	GEE, Arthur	79	Greyhounds Masters T	17.43	+1.5	3
6	CHAHAL, Amarjit	77	Greyhounds Masters T	17.75	+1.5	2
	EDWARDS, John	77	Unattached British C	DNS		

Pl Name	Age	Team	Time	Wind	Pts	
Section 1 80-84						
1	STROUSE, Frank	82	USATF	16.07	+0.3	
4	THOMPSON, Lynn	84	Unattached British C	18.27	+0.3	

5	SHAH, Surinder	80	Greyhounds Masters T	18.43	+0.3	7
6	NAKANO, Takuo	83	Unattached Alberta	25.65	+0.3	
7	SHOOK, Vern	81	Athletics Victoria T	25.91	+0.3	5

Pl Name	Age Team	Time	Wind	Pts
Section 1 85-89				
2	DUNN, David	87	Edmonton Masters Ath	18.08 +0.3 7
3	FIEGE, Larry	86	Nanaimo & District T	18.18 +0.3 5

Women's 400 Meters (Masters)

Pl Name	Age Team	Time	Pts
Section 4 30-34			
4	JOSEPH, Erinn	33	Ottawa Lions T.f.c. 1:11.93 7

Pl Name	Age Team	Time	Pts
Section 4 35-39			
1	FELL (THOMPSON), Cor	35	Vancouver Thunderbir 1:00.22 7
2	HOWITT, Kimberley	39	Ottawa Lions T.f.c. 1:06.05 5
3	CRAWFORD, Ashley	36	Ottawa Lions T.f.c. 1:07.05 4
	WATSON, Katherine	36	Vancouver Falcons At DNS

Pl Name	Age Team	Time	Pts
Section 3 45-49			
1	VAN DEN BULK, Jeanne	46	Unattached British C 1:05.20

Pl Name	Age Team	Time	Pts
Section 3 50-54			
2	KOZAN, Andrea	51	Excel Athletika 1:06.63 7

3	HARDY, Valerie	54	Riversdale Athletics	1:09.46	5
4	HILL, Jane	50	Unattached British C	1:21.64	

Pl Name	Age	Team	Time	Pts	
Section 2 55-59					
1	PATTERSON, Janice	59	Unattached Alberta	1:09.77	
	PASSLER, Breta	58	Nanaimo & District T	DNS	

Pl Name	Age	Team	Time	Pts	
Section 2 60-64					
2	ROGERS, Patti	63	Nanaimo & District T	1:14.43	7
3	WOOD, Janette	63	Unattached British C	1:14.46	
4	DIXON, Donna	60	Unattached Alberta	1:16.80	
5	TREMBLAY, Rhonda	63	Riversdale Athletics	1:18.49	5

Pl Name	Age	Team	Time	Pts	
Section 1 65-69					
2	SCOTT, Valerie	68	Greyhounds Masters T	1:27.46	7
3	CHOW, Susan	68	Greyhounds Masters T	1:37.53	5
4	KENNEDY, Jo-Ann	65	Unattached-Saskatche	1:43.26	

Pl Name	Age	Team	Time	Pts	
Section 1 70-74					
1	BISSESSUR, Sandra	73	Nanaimo & District T	1:24.70	7
5	WARICK, Judy	74	Top Notch Masters	1:50.88	5
	DEL GRANDE, Karla	70	Variety Village Athl	DNS	

Pl Name	Age	Team	Time	Pts
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Section 1 85-89

BORTIGNON, Christa	86	Greyhounds Masters T	DNS
CHEETHAM, Renate	85	Greyhounds Masters T	DNS

Men's 400 Meters (Masters)

Pl Name	Age	Team	Time	Pts
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Section 6 30-34

3 LAMOUREUX, Damien	30	Gatineau	59.19	7
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Pl Name	Age	Team	Time	Pts
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Section 6 35-39

1 CONWAY, Michael	39	Ottawa Lions T.f.c.	55.33	7
2 BROWN, Parker	35	Kelowna Running Club	58.38	5
4 JADAN, Patrick	39	Cowichan Valley Athl	1:08.06	4

Pl Name	Age	Team	Time	Pts
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Section 5 40-44

1 BIODROWSKI, Brandon	41	USATF	52.95	
2 HOLMGREN, Aaron	41	Peninsula Track & Fi	54.25	7
3 JACEK, Trevor	42	Running Wild Athleti	54.51	5
4 MANUEL, Bernard	44	Kamloops Track & Fie	1:21.73	4
SINGH, Sukhbir	44	International	DNS	

Pl Name	Age	Team	Time	Pts
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Section 4 45-49

1 ATWAL, Jag	46	Unattached Alberta	54.89	
2 HURLEN, Erik	45	Unattached British C	55.63	
3 GRINDER, Luke	49	Unattached British C	57.16	
4 MORENO, Jorge Esteba	45	International	57.99	

Pl Name	Age Team	Time	Pts
Section 4 50-54			
5 WALKER, Samuel	52 Greyhounds Masters T	59.18	7
6 HUFF, Joshua	50 USATF	1:05.95	
7 HARROWER, Will	51 Unattached British C	1:06.82	

Pl Name	Age Team	Time	Pts
Section 3 55-59			
1 GIBBON, David	57 USATF	57.42	
3 GALO, Alex	57 Greyhounds Masters T	1:01.51	7
7 REVOCZI, Tamás	55 Kajaks Track & Field	1:27.09	5
LEMELIN, Syl	55 Edmonton Masters Ath	DNS	

Pl Name	Age Team	Time	Pts
Section 3 60-64			
2 YELVERTON, William	63 USATF	59.00	
4 ATHAYDE, Greg	62 Tough Track	1:02.91	7
5 MOORE, David	62 Universal Athletics	1:10.69	5
6 SANI, Marino	63 Ottawa Lions T.f.c.	1:13.66	4

Pl Name	Age Team	Time	Pts
Section 2 65-69			
1 FINDING, Chris	65 Greyhounds Masters T	1:05.55	7
2 RISS, Robert	65 USATF	1:10.23	
3 D'EON, Marcel	69 Riversdale Athletics	1:12.12	5
4 SCOTT, Brent	67 Unattached British C	1:13.33	
5 ANTEPYAN, Raffi	65 Greyhounds Masters T	1:15.88	4
6 SHARP, Kelly	69 Greyhounds Masters T	1:22.59	3
7 P, Ramjit Singh	66 Unattached British C	1:25.80	

Pl Name	Age Team	Time	Pts
Section 1 70-74			
1 BEFUS, Glenn	72 Nanaimo & District T	1:14.82	7
4 WARICK, Randy	73 Top Notch Masters	1:33.82	5
6 HENDRIE, Tim	72 Nanaimo & District T	1:45.80	4

Pl Name	Age Team	Time	Pts
Section 1 75-79			
2 RIGGINS, Terry	76 Nanaimo & District T	1:21.04	7
3 PAWLUK, Fred	76 Kajaks Track & Field	1:28.45	5

Pl Name	Age Team	Time	Pts
Section 1 80-84			
5 MACKIE, Chris	82 Unattached Ontario	1:37.73	

Pl Name	Age Team	Time	Pts
Section 1 85-89			
7 VAN DER WAL, Hylke	85 Unattached-Saskatche	3:36.90	

Men's & Women's 2000m Steeple (Masters)

Pl Name	Age Team	Time	Pts
Section 1 60-64			
2 CUSHENBERY, Brent	64 International	9:11.41	
5 SMITH, Jan	63 Running Wild Athleti	9:37.87	7
6 FLETT, Gordon	63 Roadkill Running Clu	9:55.60	7
9 PLUNET, Ward	62 Unattached British C	11:06.79	
10 TAMBER, Davinder Kau	63 International	11:44.46	

Pl Name	Age Team	Time	Pts
Section 1 65-69			
3 HENDERSON, Doug	66 Unattached British C	9:21.11	
4 FUSSELL, Michael	65 USATF	9:33.22	
7 SANDHU, Jasbir	69 Calgary Spartans	10:10.06	7
8 TEFFT, Jan	65 USATF	10:35.65	

Pl Name	Age Team	Time	Pts
Section 1 70-74			
1 ZAPF-GILJE, Reidar	71 Greyhounds Masters T	8:54.20	7

Pl Name	Age Team	Time	Pts
Section 1 80-84			
11 CHRISTENSEN, Verner	82 University Of Toront	13:10.71	7

Pl Name	Age Team	Time	Pts
Section 1 85-89			
12 VAN DER WAL, Hylke	85 Unattached-Saskatche	26:14.67	

Men's 3000m Steeple (Masters)

Pl Name	Age Team	Time	Pts
Section 1 35-39			
3 FERGUSON, Andrew	35 Roadkill Running Clu	15:12.41	7

Pl Name	Age Team	Time	Pts
Section 1 45-49			

1 HAJEK, Martin 48 Unattached British C 11:47.45

Pl Name	Age Team	Time	Pts
Section 1 50-54			
2 ZHOU, Sam	54 Roadkill Running Clu	14:30.26	7

Men's & Women's 5000m Walk (Masters)

Pl Name	Age Team	Time	Pts
Section 1 35-39			
1 SEMENIUK, Heath	35 Unattached British C	25:25.04	
LOZA ARCIBA, Cesareo	39 Alberta Racewalk Clu	DNS	

Pl Name	Age Team	Time	Pts
Section 1 50-54			
2 LARIN, Mihail	50 Unattached British C	29:18.03	

Pl Name	Age Team	Time	Pts
Section 1 55-59			
5 BROOKE, Susan	58 Alberta Racewalk Clu	30:35.78	7
6 FALCON, Line	59 Vainqueurs Plus	30:56.60	5

Pl Name	Age Team	Time	Pts
Section 1 65-69			
3 FLIPSEN, Johanna	68 Alberta Racewalk Clu	30:06.91	7
4 BULLERWELL, Randy	66 Unattached Nova Scot	30:22.26	
9 SHARP, Suzanne	69 Greyhounds Masters T	36:28.85	5
SARUP, Ram	69 Unattached British C	DQ	

Pl Name	Age Team	Time	Pts
Section 1 70-74			
7 CHIOZZA, Teresa	72 Alberta Racewalk Clu	32:53.79	7
8 DE THY, Anne	70 Ontario Racewalkers	33:55.76	5

Pl Name	Age Team	Time	Pts
Section 1 75-79			
AHMAD, Rana	75 Unattached British C		DQ

Pl Name	Age Team	Time	Pts
Section 1 85-89			
10 CHEETHAM, Renate	85 Greyhounds Masters T	46:33.78	7

Women's 5000 Meters (Masters)

Pl Name	Age Team	Time	Pts
Section 1 35-39			
3 BROWN, Stephanie	35 Kelowna Running Club	20:29.00	7
5 MCEWAN, Courtney	37 RunInn	21:24.79	5

Pl Name	Age Team	Time	Pts
Section 1 40-44			
8 TOPIC, Delilah	44 Unattached British C	22:25.83	

Pl Name	Age Team	Time	Pts
Section 1 45-49			
2 LEMELIN, Cosette	49 Edmonton Masters Ath	20:10.80	7

9 ANDREWS (RUNG), Kath 48 Unattached British C 23:18.48

Pl Name	Age Team	Time	Pts
Section 1 55-59			
1 DOMMANN, Alita	55 Vancouver Falcons At	19:44.86	7
STEVENS, Leslie	57 Greyhounds Masters T	DNS	
MONTGOMERY, Carol	57 Greyhounds Masters T	DNS	

Pl Name	Age Team	Time	Pts
Section 1 60-64			
4 OHLER, Makie	61 University Of Toront	20:39.63	7
7 MULLIGAN, Zita	63 Calgary Phoenix Stri	21:46.97	5
10 SMITH, Jan	63 Running Wild Athleti	23:41.82	4
12 TAMBER, Davinder Kau	63 International	29:43.00	

Pl Name	Age Team	Time	Pts
Section 1 65-69			
6 WAYWELL, Elizabeth	65 Unattached Ontario	21:43.72	
11 TEFFT, Jan	65 USATF	24:21.17	

Men's 5000 Meters (Masters)

Pl Name	Age Team	Time	Pts
Section 1 35-39			
4 AIT DRISS, Soufiane	35 International	18:33.70	
13 FERGUSON, Andrew	35 Roadkill Running Clu	23:20.83	7

Pl Name	Age Team	Time	Pts
Section 1 40-44			

14 ORTEGA, Allen 41 Winnipeg Optimist At 25:11.32 7

Pl Name	Age Team	Time	Pts
Section 1 45-49			
5 LEEF, Ryan	49 Athletics Yukon	18:54.73	7

Pl Name	Age Team	Time	Pts
Section 1 50-54			
2 WARICK, Jason	50 Top Notch Masters	18:21.38	7
3 ZABUKOVEC, Randy	53 Unattached Ontario	18:32.94	
7 ZHOU, Sam	54 Roadkill Running Clu	21:01.04	5

Pl Name	Age Team	Time	Pts
Section 1 60-64			
1 GUSS, David	62 Kelowna Running Club	17:32.89	7
6 NEMETHY, Brian	62 Unattached British C	19:57.44	
10 ANDERSON, Scott	60 Newmarket Huskies Tr	22:44.51	5
CUSHENBERY, Brent	64 International	DNS	
FIORINI, Daniel	61 Newmarket Huskies Tr	DNS	
CHRISTIE, Gordon	61 Unattached British C	DNS	

Pl Name	Age Team	Time	Pts
Section 1 65-69			
8 OLSEN, David	68 Unattached-Saskatche	22:21.71	
9 FUSSELL, Michael	65 USATF	22:33.33	
11 HENDERSON, Doug	66 Unattached British C	23:06.56	
AMMON, Robin	69 USATF	DNS	
SANDHU, Jasbir	69 Calgary Spartans	DNS	

Pl Name	Age Team	Time Pts
Section 1 70-74		
12 HUXLEY, David	70 Unattached British C	23:08.50
WALKER, David	73 Greyhounds Masters T	DNF

Pl Name	Age Team	Time Pts
Section 1 75-79		
BOLTER, Chris	76 International	DNS

Women's 200 Meters (Masters)

Pl Name	Age Team	Time Wind Pts
Section 6 30-34		
4 JOSEPH, Erinn	33 Ottawa Lions T.f.c.	30.52 +0.0 7

Pl Name	Age Team	Time Wind Pts
Section 6 35-39		
1 FELL (THOMPSON), Cor	35 Vancouver Thunderbir	26.89 +0.0 7
2 ADANDE, Karin	37 NorWesters Track & F	29.32 +0.0 5
3 CRAWFORD, Ashley	36 Ottawa Lions T.f.c.	29.71 +0.0 4

Pl Name	Age Team	Time Wind Pts
Section 5 40-44		
4 KHONINA, Marina	42 Greyhounds Masters T	30.96 +1.1 7
5 BEAULIEU, Halimah	41 Greyhounds Masters T	31.30 +1.1 5
6 MOHORA, Ingrid	44 Edmonton Columbians	34.05 +1.1 4

Pl Name	Age Team	Time Wind Pts
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Section 5 45-49

1	VAN DEN BULK, Jeanne	46	Unattached British C	29.20	+1.1	
2	BUNBURY, Shauna	46	NorWesters Track & F	29.65	+1.1	7
3	GILBERT, Laura	49	Nanaimo & District T	29.72	+1.1	5

Pl Name	Age	Team	Time	Wind	Pts
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Section 4 50-54

1	HARDY, Valerie	54	Riversdale Athletics	29.39	+0.3	7
2	THIBODEAU, Melina	51	Athletics Victoria T	31.23	+0.3	5
3	STILMAN, Shani	53	Calgary Spartans	32.49	+0.3	4
4	ANDERTON, Sandra	53	Nanaimo & District T	33.65	+0.3	3
5	HILL, Jane	50	Unattached British C	33.76	+0.3	
	PENTECOST, Galina	52	Okanagan Athletics C	DNS		
	CHAHAL, Sarabjeet	52	Edmonton Masters Ath	DNS		

Pl Name	Age	Team	Time	Wind	Pts
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Section 3 55-59

1	SILCOX, Kelly	57	Flight Club Regina	29.46	-1.8	7
2	FALCON, Josee	56	Saint-Jean Olympique	33.17	-1.8	5
3	PASSLER, Breta	58	Nanaimo & District T	37.25	-1.8	4

Pl Name	Age	Team	Time	Wind	Pts
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Section 2 60-64

2	ROGERS, Patti	63	Nanaimo & District T	32.43	+0.9	7
3	O'BRIEN HUGH, Cindy	64	Greyhounds Masters T	32.46	+0.9	5
4	BONE, Lorna	61	Edmonton Masters Ath	33.01	+0.9	4
5	TREMBLAY, Rhonda	63	Riversdale Athletics	33.38	+0.9	3

Pl Name	Age	Team	Time	Wind	Pts
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Section 2 65-69

1	ALEXIS, Wendy	68	Ottawa Lions T.f.c.	29.89	+0.9	7
6	SCOTT, Valerie	68	Greyhounds Masters T	37.50	+0.9	5
7	BONIN, Denise	67	Nanaimo & District T	41.79	+0.9	4
	WHIDDEN, Elaine	68	Greyhounds Masters T	DNS		

Pl Name	Age	Team	Time	Wind	Pts	
Section 1 70-74						
1	DEL GRANDE, Karla	70	Variety Village Athl	32.01	+0.8	7
2	O'SULLIVAN, Daphne	71	Unattached British C	34.73	+0.8	
3	BISSESSUR, Sandra	73	Nanaimo & District T	36.25	+0.8	5
4	JOHNSON, Marie	70	Greyhounds Masters T	36.96	+0.8	4
5	HAYLEY, Urith	72	Greyhounds Masters T	39.52	+0.8	3
7	SHOOK, Karen	72	Athletics Victoria T	41.13	+0.8	2
8	WARICK, Judy	74	Top Notch Masters	47.67	+0.8	1

Pl Name	Age	Team	Time	Wind	Pts	
Section 1 85-89						
6	BORTIGNON, Christa	86	Greyhounds Masters T	40.94	+0.8	7

Men's 200 Meters (Masters)

Pl Name	Age	Team	Time	Wind	Pts	
Section 11 30-34						
1	WANG, Congran	32	Unattached British C	24.48	-0.7	
2	LAMOUREUX, Damien	30	Gatineau	24.91	-0.7	7
3	UPTMORE, Kyle	32	USATF	25.45	-0.7	

Pl Name	Age	Team	Time	Wind	Pts	
Section 11 35-39						
4	HICKSON, Eamonn	36	West Vancouver Track	26.38	-0.7	7
5	PHALA, Sefako	36	Jamcan International	33.48	-0.7	5

SINGH, Sandeep	37 International	DNS
GOPINATH, Nakul	35 Unattached British C	DNS
DONALDSON, Jaime	35 Unattached British C	DNS

Pl Name	Age Team	Time	Wind	Pts
Section 10 40-44				
1 TAYLOR, Mike	41 Pa Athletics	23.45	+0.1	7
2 BIODROWSKI, Brandon	41 USATF	24.08	+0.1	
3 DAINES, Ronnie	42 Greyhounds Masters T	24.62	+0.1	5
4 WONG, Charles	43 International	26.27	+0.1	
5 TOCK, Jesse	44 Greyhounds Masters T	26.31	+0.1	4
6 MITCHELL, Franklyn	40 Jamcan International	28.56	+0.1	3
ABECIA, Manny	44 Greyhounds Masters T	NT		
SINGH, Harjinder	41 International	NT		

Pl Name	Age Team	Time	Wind	Pts
Section 8 45-49				
1 ATWAL, Jag	46 Unattached Alberta	24.27	+0.4	
2 JOHNSON, Marvin	49 Greyhounds Masters T	24.43	+0.4	7
3 GRINDER, Luke	49 Unattached British C	25.64	+0.4	
4 DAY, Andrew	48 NorWesters Track & F	26.66	+0.4	3
5 GUZMAN, Jay	49 Greyhounds Masters T	27.72	+0.4	2

Section 9 45-49				
1 MIRCO, Sheldon	47 Brantford T.f.c.	25.17	-0.9	5
2 CARNATE, Brian	45 Greyhounds Masters T	25.43	-0.9	4
3 KOUWENHOVEN, Eric	46 Unattached British C	26.15	-0.9	
4 MORENO, Jorge Esteba	45 International	26.15	-0.9	

Pl Name	Age Team	Time	Wind	Pts
Section 7 50-54				
1 NOURAEI, Shahryar	52 Greyhounds Masters T	25.86	-0.8	7
2 WALKER, Samuel	52 Greyhounds Masters T	26.09	-0.8	5

3	HUFF, Joshua	50	USATF	26.76	-0.8	
4	HARROWER, Will	51	Unattached British C	27.32	-0.8	
5	ONG, Raymond	51	Greyhounds Masters T	27.45	-0.8	4
6	GOCAL, Darren	53	Unattached British C	28.00	-0.8	
	DE ZOYSA SIRIWARDENA	52	International		DNS	

Pl Name	Age	Team	Time	Wind	Pts	
Section 6 55-59						
1	GIBBON, David	57	USATF	24.46	-1.7	
2	BROCKBANK, Rob	57	A.S.E.A.	26.82	-1.7	7
3	PREVOST, Derek	58	Unattached British C	27.24	-1.7	
4	GALO, Alex	57	Greyhounds Masters T	28.14	-1.7	5
5	ALAHAKOON, Sahanaka	55	Edmonton Masters Ath	28.38	-1.7	4
6	PATTERSON, Todd	55	Okanagan Athletics C	29.68	-1.7	3
	GARRISON, Andre	56	Vancouver Thunderbir		DNS	
	SMITH, Robert	55	Greyhounds Masters T		DNS	
Section 7 55-59						
	LE MOUËL, Yannick	55	Saint-Jean Olympique		DNS	

Pl Name	Age	Team	Time	Wind	Pts	
Section 5 60-64						
1	YELVERTON, William	63	USATF	26.91	-2.6	
2	PATHER, Thevi	62	Unattached-Saskatche	29.74	-2.6	
3	BOLSTAD, Gordon	62	Unattached Alberta	29.95	-2.6	
4	JOYCE, Stephen	61	Vernon Amateur Athle	30.12	-2.6	7
5	SANI, Marino	63	Ottawa Lions T.f.c.	31.56	-2.6	5
6	MEYERS, Darcy	61	Edmonton Columbians	31.70	-2.6	4
	HILL, Joseph	64	Greyhounds Masters T		DNS	

Pl Name	Age	Team	Time	Wind	Pts	
Section 4 65-69						
1	MELCHIORE, Ron	66	Unattached Nova Scot	29.12	-2.7	

2	MCBETH, Rod	67	Edmonton Masters Ath	29.59	-2.7	7
3	D'EON, Marcel	69	Riversdale Athletics	29.80	-2.7	5
4	FINDING, Chris	65	Greyhounds Masters T	30.09	-2.7	4
5	LIU, Edwin	66	Greyhounds Masters T	30.41	-2.7	3
6	RISS, Robert	65	USATF	30.71	-2.7	
7	DAVY, Brent	68	Unattached British C	31.01	-2.7	
	CRAWSHAW, Allan	67	Victoria Speed Proje	DNS		

Pl	Name	Age	Team	Time	Wind	Pts
Section 3 70-74						
1	HEHAR, Manmohan	73	Unattached Ontario	31.51	-1.8	
2	PERCIVAL, Al	71	Greyhounds Masters T	31.53	-1.8	7
3	SANDHU, Hardev Singh	74	Greyhounds Masters T	34.06	-1.8	5
4	KOCOUREK, Vince	71	Unattached British C	35.76	-1.8	
5	WARICK, Randy	73	Top Notch Masters	38.10	-1.8	4
6	MIZUNO, Masahiro (Ma	72	Top Notch Masters	39.09	-1.8	3
	LOWE, Steven	73	Greyhounds Masters T	DNS		

Pl	Name	Age	Team	Time	Wind	Pts
Section 2 75-79						
1	RIGGINS, Terry	76	Nanaimo & District T	34.59	-1.5	7
2	MACEACHERN, Alex	77	Calgary Spartans	35.06	-1.5	5
3	MINTZ, Bruce	76	Edmonton Masters Ath	35.91	-1.5	4
4	GEE, Arthur	79	Greyhounds Masters T	38.57	-1.5	3
	PARKER, Daniel	75	Unattached British C	DNS		
	EDWARDS, John	77	Unattached British C	DNS		
	UKONMAANAHO, Tuomas	78	Prince George Track	DNS		

Pl	Name	Age	Team	Time	Wind	Pts
Section 1 80-84						
1	STROUSE, Frank	82	USATF	34.30	+0.0	
2	SHAH, Surinder	80	Greyhounds Masters T	42.13	+0.0	7

ADAMS, Barry	81 Unattached British C	DNS
SHOOK, Vern	81 Athletics Victoria T	DNS

Pl Name	Age Team	Time	Wind	Pts
Section 1 85-89				
3 DUNN, David	87 Edmonton Masters Ath	43.80	+0.0	7

Women's 800 Meters (Masters)

Pl Name	Age Team	Time	Pts
Section 3 35-39			
1 HOWITT, Kimberley	39 Ottawa Lions T.f.c.	2:31.52	7

Pl Name	Age Team	Time	Pts
Section 3 45-49			
3 MACKELVIE, Kerry	49 Unattached British C	2:37.18	
4 SIRDEVAN, Martha	48 Unattached British C	2:37.44	

Pl Name	Age Team	Time	Pts
Section 3 50-54			
5 KOZAN, Andrea	51 Excel Athletika	2:38.43	7

Pl Name	Age Team	Time	Pts
Section 3 55-59			
2 PATTERSON, Janice	59 Unattached Alberta	2:34.44	
MERCIER, Barbara	59 Calgary Phoenix Stri	DNS	

Pl Name	Age Team	Time	Pts
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 Section 2 60-64

1	CHRISTIE, Juliette	61	Unattached British C	2:49.55	
2	OHLER, Makie	61	University Of Toront	2:57.64	7
3	DIXON, Donna	60	Unattached Alberta	2:58.98	
4	TINARI, Nancy	64	Greyhounds Masters T	3:02.23	5
5	BARNES, Beverli	63	NorWesters Track & F	3:15.68	4
6	QUICK, Sylvia	64	International	3:25.25	
	TAMBER, Davinder Kau	63	International	DNS	

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 Pl Name Age Team Time Pts
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Section 1 65-69

1	WAWRYK-EPP, Lynne	68	Running Wild Athleti	3:15.42	7
4	KONYU, Nancy	68	Newmarket Huskies Tr	4:13.82	5

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 Pl Name Age Team Time Pts
 =====

Section 1 70-74

2	WOODSON, Gwyneth	72	Running Wild Athleti	3:23.01	7
3	BISSESSUR, Sandra	73	Nanaimo & District T	3:34.93	5
	WARICK, Judy	74	Top Notch Masters	DNS	

Men's 800 Meters (Masters)

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 Pl Name Age Team Time Pts
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Section 6 35-39

4	CONWAY, Michael	39	Ottawa Lions T.f.c.	2:05.76	7
6	BROWN, Parker	35	Kelowna Running Club	2:24.14	5
7	FERGUSON, Andrew	35	Roadkill Running Clu	3:03.26	4
	SINGH, Manpreet	36	International	DNS	

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 Pl Name Age Team Time Pts
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Section 6 40-44

1	HOLMGREN, Aaron	41	Peninsula Track & Fi	2:01.38	7
2	SHARP, Ian	44	Unattached British C	2:02.25	
3	JACEK, Trevor	42	Running Wild Athleti	2:02.80	5
5	VOGT, Jeff	44	Unattached British C	2:07.36	

Pl Name	Age Team	Time	Pts
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Section 5 45-49

1	HURLEN, Erik	45	Unattached British C	2:09.65	
2	LEEF, Ryan	49	Athletics Yukon	2:29.48	7
	SIVERTSON, Danie	49	Unattached British C	DNS	
	ATWAL, Jag	46	Unattached Alberta	DNS	

Pl Name	Age Team	Time	Pts
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Section 5 50-54

3	ZHOU, Sam	54	Roadkill Running Clu	2:53.64	7
	MACLEAN, Craig	51	Unattached British C	DNS	

Pl Name	Age Team	Time	Pts
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Section 4 55-59

1	LEMELIN, Syl	55	Edmonton Masters Ath	2:17.36	7
2	WEBB, Chris	57	Unattached Ontario	2:22.63	
3	TITOV, Mikhail	55	Ocean Athletics Trac	2:26.70	5
4	WEBER, Harvey	57	Running Wild Athleti	2:27.07	4
5	DONNELLY, Dean	55	Unattached British C	2:36.49	
6	SCHROEDER, Alan	58	Greyhounds Masters T	2:45.51	3
7	MADSEN, Chris	55	University Of Toront	2:48.05	2
8	REVOCZI, TamÃs	55	Kajaks Track & Field	3:30.25	1

Pl Name	Age Team	Time	Pts
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Section 3 60-64

1	PINCKARD, Mark	63	Ocean Athletics Trac	2:17.24	7
2	ATHAYDE, Greg	62	Tough Track	2:17.26	5
3	DEIGHAN, Chris	63	Newmarket Huskies Tr	2:27.73	4
4	CHRISTIE, Gordon	61	Unattached British C	2:43.62	
5	CUSHENBERY, Brent	64	International	2:54.31	
6	FLETT, Gordon	63	Roadkill Running Clu	3:03.71	3

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 Pl Name Age Team Time Pts
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Section 2 65-69

1	SCOTT, Brent	67	Unattached British C	2:48.79	
2	ANTEPYAN, Raffi	65	Greyhounds Masters T	2:50.71	7
3	SANDHU, Jasbir	69	Calgary Spartans	3:04.23	5
	SHARP, Kelly	69	Greyhounds Masters T	DQ	
	REIMER, Paul	68	Ocean Athletics Trac	DNS	
	FRIESEN, Ken	66	Tough Track	DNS	

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 Pl Name Age Team Time Pts
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Section 1 70-74

1	ZAPF-GILJE, Reidar	71	Greyhounds Masters T	2:43.77	7
2	BEFUS, Glenn	72	Nanaimo & District T	3:00.58	5
4	PAYNE, Tim	73	Newmarket Huskies Tr	3:22.43	4
	WALKER, David	73	Greyhounds Masters T	DNS	

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 Pl Name Age Team Time Pts
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Section 1 75-79

3	BHULLAR, Piara	77	Greyhounds Masters T	3:03.04	7
5	PAWLUK, Fred	76	Kajaks Track & Field	3:23.82	5
	RIGGINS, Terry	76	Nanaimo & District T	DNS	

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 Pl Name Age Team Time Pts
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Section 1 80-84				
Pl Name	Age	Team	Time	Pts
6 MACKIE, Chris	82	Unattached Ontario	3:33.81	
7 CHRISTENSEN, Verner	82	University Of Toront	4:18.53	7

Men's & Women's 400m Hurdles (Masters)

Section 1 40-44				
Pl Name	Age	Team	Time	Pts
DANESH KELUM KUMARA,	41	International	DNS	

Section 1 45-49				
Pl Name	Age	Team	Time	Pts
1 MORENO, Jorge Esteba	45	International	1:05.43	
2 SINGH, Gagandeep	45	Unattached Ontario	1:12.16	
3 BUNBURY, Shauna	46	NorWesters Track & F	1:23.52	7
KUMAR, Amit	47	Unattached British C	DNS	

Section 1 55-59				
Pl Name	Age	Team	Time	Pts
MYROSHNICHENKO, Yuri	58	Unattached British C	DQ	

Men's 300m Hurdles (Masters)

Section 1 60-64				
Pl Name	Age	Team	Time	Pts
1 CUSHENBERY, Brent	64	International	1:02.80	
CHHINA, Avtar	64	Ultra Throw	DQ	

Section 1 65-69				
Pl Name	Age	Team	Time	Pts

Section 1 65-69

4 SANDHU, Jasbir 69 Calgary Spartans 1:13.81 7

Pl Name	Age Team	Time	Pts
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Section 1 70-74

2 SANDHU, Hardev Singh 74 Greyhounds Masters T 1:03.84 7

Pl Name	Age Team	Time	Pts
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Section 1 75-79

3 BREWER, Jess 77 Nanaimo & District T 1:07.66 7
MINTZ, Bruce 76 Edmonton Masters Ath DNS

Women's 300m Hurdles (Masters)

Pl Name	Age Team	Time	Pts
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Section 1 50-54

1 CHAHAL, Sarabjeet 52 Edmonton Masters Ath 57.42 7
PRIYADARSHANI MANTHR 51 International DNS

Pl Name	Age Team	Time	Pts
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Section 1 60-64

2 JOLICOEUR, Jovette 63 U Of C Athletics Clu 1:11.35 7

Pl Name	Age Team	Time	Pts
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Section 1 65-69

3 LAURIDSEN, Susanne 65 U Of C Athletics Clu 1:44.44 7

Men's & Women's 200m Hurdles (Masters)

Pl Name	Age Team	Time Wind Pts
Section 1 80-84		
1 THOMPSON, Lynn	84 Unattached British C	47.27 +0.0
SHAH, Surinder	80 Greyhounds Masters T	DNS

Pl Name	Age Team	Time Wind Pts
Section 1 85-89		
2 VAN DER WAL, Hylke	85 Unattached-Saskatche	1:39.38 +0.0
BORTIGNON, Christa	86 Greyhounds Masters T	DNS

Men's High Jump (Masters)

Pl Name	Age Team	Mark Pts
Flight 1 45-49		
1 MCLAREN, Doug	47 Unattached British C	1.60m
		0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
1.66		P P P P P P P P P P P P P 0 0 0 0 0 XX0
XXX		

Pl Name	Age Team	Mark Pts
Flight 1 50-54		
7 STEVENS, Shawn	50 Unattached British C	1.10m
		0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
1.66		0 P 0 P 0 P 0

Pl Name	Age Team	Mark Pts
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Flight 1 60-64

3 DUFORNEAU, Alain 63 Vainqueurs Plus 1.33m 7
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66 P P P P P P P P 0 P 0 X0 X0 XXX

13 CHHINA, Avtar 64 Ultra Throw 0.90m 5
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66 0 0 XX0 X

PLUNET, Ward 62 Unattached British C DNS

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Pl Name	Age Team	Mark Pts
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Flight 1 65-69

9 SANDHU, Jasbir 69 Calgary Spartans 1.00m 7
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66 0 P 0 P 0 X

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Pl Name	Age Team	Mark Pts
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Flight 1 70-74

2 ZAPF-GILJE, Reidar 71 Greyhounds Masters T 1.35m 7
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66 P P P P P P P P 0 P 0 0 P XX0 XXX

5 DONALDSON, Sven 74 Nanaimo & District T 1.20m 5
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66 P P P P P P 0 0 0 P XX X

10 HENDRIE, Tim 72 Nanaimo & District T 0.95m 3.5
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66
 0 P 0 0 XXX

10 SANDHU, Hardev Singh 74 Greyhounds Masters T 0.95m 3.5
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66
 P P 0 0 XXX

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Pl Name	Age Team	Mark Pts
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Flight 1 75-79

4 PETER, Heinz 75 Unattached British C 1.22m
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66
 P P P P 0 0 0 0 XX0 0

6 ULIS, David 75 Ultra Throw 1.15m 7
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66
 P P P P 0 0 0 0 XXX

8 GEE, Arthur 79 Greyhounds Masters T 1.05m 5
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66
 P P P P X0 0 XXX

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Pl Name	Age Team	Mark Pts
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Flight 1 80-84

12 SHAH, Surinder 80 Greyhounds Masters T 0.90m 7
 0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.22 1.25 1.30 1.33 1.35 1.40 1.45 1.50 1.55 1.60
 1.66

Pl Name	Age	Team	Mark	Pts												
Flight 1 60-64																
2 POMIETLARZ, Monica	64	Okanagan Athletics C	1.35m	7												
0.96	1.01	1.06	1.11	1.16	1.21	1.26	1.28	1.29	1.31	1.35	1.38	1.41	1.51	1.56	1.60	1.65
P	P	P	P	P	X0	0	P	P	X0	0	XXX					

Pl Name	Age	Team	Mark	Pts												
Flight 1 65-69																
5 LAURIDSEN, Susanne	65	U Of C Athletics Clu	1.11m	7												
0.96	1.01	1.06	1.11	1.16	1.21	1.26	1.28	1.29	1.31	1.35	1.38	1.41	1.51	1.56	1.60	1.65
0	0	0	0	XXX												
7 KENNEDY, Jo-Ann	65	Unattached-Saskatche	1.11m													
0.96	1.01	1.06	1.11	1.16	1.21	1.26	1.28	1.29	1.31	1.35	1.38	1.41	1.51	1.56	1.60	1.65
0	0	XX0	0	XXX												
9 AMERONGEN, Loretta	69	Edmonton Columbians	1.01m	5												
0.96	1.01	1.06	1.11	1.16	1.21	1.26	1.28	1.29	1.31	1.35	1.38	1.41	1.51	1.56	1.60	1.65
0	0	XXX														

Pl Name	Age	Team	Mark	Pts
Flight 1 70-74				
LEE, Deborah	73	Greyhounds Masters T	DNS	

Pl Name	Age	Team	Mark	Pts
Flight 1 80-84				

RADCLIFFE, Marg 81 Unattached British C DNS

Men's & Women's Pole Vault (Masters)

Pl Name	Age Team	Mark	Pts																
Flight 1 50-54																			
1	BOUZANE, Alexander	51 Royal City Track & F	3.65m	7															
	1.00	1.10	1.20	1.30	1.40	1.50	1.60	1.70	1.80	1.90	2.00	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80
	2.90	3.00	3.10	3.20	3.30	3.35	3.40	3.45	3.55	3.65	3.75								
	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
P	P	P	P	0	P	P	XX0	0	X0	XXX									

Pl Name	Age Team	Mark	Pts																
Flight 1 55-59																			
3	VAN RYSWYK, Len	59 Royal City Track & F	3.00m	7															
	1.00	1.10	1.20	1.30	1.40	1.50	1.60	1.70	1.80	1.90	2.00	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80
	2.90	3.00	3.10	3.20	3.30	3.35	3.40	3.45	3.55	3.65	3.75								
	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	0	P
0	X0	XXX																	

6	CRAIG, Nancy	57 Athletics Victoria T	2.50m	7															
	1.00	1.10	1.20	1.30	1.40	1.50	1.60	1.70	1.80	1.90	2.00	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80
	2.90	3.00	3.10	3.20	3.30	3.35	3.40	3.45	3.55	3.65	3.75								
	P	P	P	P	P	P	P	P	P	P	P	P	X0	0	0	0	XXX		

LE MOUËL, Yannick 55 Saint-Jean Olympique DNS

Pl Name	Age Team	Mark	Pts																
Flight 1 60-64																			
4	CICCATERI, Jim	63 Athletics Victoria T	2.70m	7															

1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P P P P P P P P P P X0 P X0 XX0 XX0 XXX

5 SCHABER, Mark 64 Unattached Ontario 2.60m

1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P P P P P P P P P P P P P X0 XXX

9 POLJAK, Gordan 60 Vancouver Thunderbir 2.20m 5

1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P P P P P P P P P X0 P XXX

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Pl Name	Age Team	Mark Pts
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Flight 1 65-69

2 SALMON, Tony 68 Vainqueurs Plus 3.10m 7

1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P
 0 P X0 P P XXX

11 HOPPIE, Carla 66 USATF 2.00m

1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P P P P X0 0 XX0 XXX

16 HENDRIE, Nola 67 Nanaimo & District T 1.50m 7

1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P 0 X0 XX0 XXX

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Pl Name	Age Team	Mark Pts
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Flight 1 70-74

7 ZAPF-GILJE, Reidar 71 Greyhounds Masters T 2.50m 7
 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P P P P P P P 0 0 0 0 0 X0 XXX

10 DONALDSON, Sven 74 Nanaimo & District T 2.10m 5
 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P P P P P P P X0 XX0 XXX

15 SANDHU, Hardev Singh 74 Greyhounds Masters T 1.60m 4
 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P X0 0 XXX

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Pl Name	Age	Team	Mark	Pts
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Flight 1 75-79

8 UKONMAANAHO, Tuomas 78 Prince George Track 2.30m 7
 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P P P P P P P 0 0 0 XX0

12 BREWER, Jess 77 Nanaimo & District T 1.90m 5
 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P P X0 0 0 0 XXX

14 GEE, Arthur 79 Greyhounds Masters T 1.60m 4
 1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 P P P P P P 0 XXX

17 WORSLEY, Marina 79 USATF 1.20m

1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80
 2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75
 0 0 0 XXX

Pl Name	Age Team	Mark Pts
Flight 1 85-89		
13 FIEGE, Larry	86 Nanaimo & District T	1.70m 7
1.00 1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80		
2.90 3.00 3.10 3.20 3.30 3.35 3.40 3.45 3.55 3.65 3.75		
P P P P 0 X0 0 X0 XXX		
DUMAS, Gerard	88 Unattached British C	DNS

Men's Long Jump (Masters)

Pl Name	Age Team	Mark Wind Pts
Flight 1 35-39		
1 JOSEPH, Nigel	36 Unattached Alberta	5.68m -0.7
5.27 w:+1.3 5.08 w:+1.9 4.96 w:+0.0 5.63 w:-1.9 5.46 w:+0.4 5.68 w:-0.7		
2 HICKSON, Eamonn	36 West Vancouver Track	5.11m +1.6 7
FOUL FOUL 4.96 w:-0.4 FOUL 5.04 w:+0.0 5.11 w:+1.6		
10 FERGUSON, Andrew	35 Roadkill Running Clu	3.82m -1.0 5
3.48 w:+0.0 3.68 w:+1.6 3.7 w:-1.2 3.82 w:-1.0 FOUL 3.79 w:+0.0		
11 DUTT, Tarun	36 Unattached British C	3.04m +1.1
2.85 w:+1.7 3.04 w:+1.1		

Pl Name	Age Team	Mark Wind Pts
Flight 1 40-44		
4 DANESH KELUM KUMARA,	41 International	4.66m +2.9
4.66 w:+2.9 4.65 w:+2.3 4.46 w:+0.0		

Pl Name	Age Team	Mark	Wind	Pts
Flight 1 45-49				
9 KUMAR, Amit	47 Unattached British C	3.89m	+0.5	
3.39 w:+2.0 3.89 w:+0.5 3.85 w:-0.2 3.72 w:-1.5				

Pl Name	Age Team	Mark	Wind	Pts
Flight 1 50-54				
7 ONG, Raymond	51 Greyhounds Masters T	4.17m	+0.9	7
FOUL 4.17 w:+0.9 4.01 w:-1.5 4.16 w:+0.0				
8 WIEBE, Shane	53 Trinity Western Univ	4.02m	+0.3	5
3.63 w:-1.7 3.8 w:+0.0 FOUL 3.8 w:+1.5 FOUL 4.02 w:+0.3				
SHARMA, Ranjan Kumar	54 International		DNS	
DE ZOYSA SIRIWARDENA	52 International		DNS	

Pl Name	Age Team	Mark	Wind	Pts
Flight 1 55-59				
3 LE MOUËL, Yannick	55 Saint-Jean Olympique	4.87m	+1.6	7
FOUL FOUL 4.86 w:+0.0 4.87 w:+1.6				
5 JAYANTHA DHARMASIRI,	58 International	4.47m	+0.0	
4.18 w:+1.3 4.35 w:+0.1 4.47 w:+0.0 4.16 w:+0.0				
6 GARRISON, Andre	56 Vancouver Thunderbir	4.37m	+0.0	5
4.37 w:+0.0				

Pl Name	Age Team	Mark	Wind	Pts
Flight 2 60-64				
3 CHHINA, Avtar	64 Ultra Throw	3.58m	+2.2	7
3.26 w:+3.8 3.58 w:+2.2 3.21 w:+3.0 3.24 w:+3.4 3.22 w:+2.2				
5 FLETT, Gordon	63 Roadkill Running Clu	3.32m	+2.3	5

PASS	PASS 3.32 w:+2.3	3.12 w:+1.2	FOUL	3.26
DUFOURNEAU, Alain	63 Vainqueurs Plus		DNS	

Pl Name	Age	Team	Mark	Wind	Pts
Flight 2 65-69					
1 SMITH, Joe	67	USATF	4.44m	+2.5	
	4.37 w:+2.7	4.44 w:+2.5	FOUL	4.43 w:+0.7	FOUL FOUL
2 LIU, Edwin	66	Greyhounds Masters T	4.16m	+1.9	7
	3.95 w:+1.3	4.16 w:+1.9	FOUL	4.16 w:+1.5	4.13 w:+1.4 4 w:+2.6
SALMON, Tony	68	Vainqueurs Plus	DNS		

Pl Name	Age	Team	Mark	Wind	Pts
Flight 2 70-74					
9 SANDHU, Hardev Singh	74	Greyhounds Masters T	2.84m	+1.3	7
	FOUL 2.5 w:+1.0	2.78 w:+0.5	2.84 w:+1.3	FOUL	2.5 w:+1.4
10 MIZUNO, Masahiro (Ma	72	Top Notch Masters	2.65m	+2.2	5
	FOUL 2.61 w:+2.1	2.56 w:+4.1	2.65 w:+2.2	FOUL	2.59 w:+1.1

Pl Name	Age	Team	Mark	Wind	Pts
Flight 2 75-79					
4 TOOR, Harnek	77	Ultra Throw	3.38m	-0.4	7
	3.24 w:+1.3	3.38 w:-0.4	FOUL	FOUL	
7 PARKER, Daniel	75	Unattached British C	3.07m	+2.1	
	2.23 w:+2.9	2.89 w:+0.5	2.95 w:+1.7	2.97 w:+1.1	3.07 w:+2.1 FOUL
8 GEE, Arthur	79	Greyhounds Masters T	3.06m	+1.0	5
	2.87 w:-0.1	2.98 w:+0.0	3.06 w:+1.0	3.02 w:+2.7	FOUL 2.79 w:+1.4

Pl Name	Age	Team	Mark	Wind	Pts
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Flight 2 80-84

6 THOMPSON, Lynn	84 Unattached British C	3.09m +1.6		
		2.69 w:+1.4 2.96 w:+0.1 3.03 w:+1.4 3.06 w:+1.3 3.07 w:+2.4 3.09 w:+1.6		
11 SHAH, Surinder	80 Greyhounds Masters T	2.50m +2.2	7	
		2.2 w:+0.0 2.39 w:+1.5 2.41 w:+2.6 2.5 w:+2.2 2.45 w:+2.1		PASS

Women's Long Jump (Masters)

Pl Name	Age Team	Mark	Wind	Pts
Flight 2 45-49				
1 BUNBURY, Shauna	46 NorWesters Track & F	4.43m	-1.0	7
		4.35 w:+0.0 4.43 w:-1.0 4.41 w:+0.0 4.36 w:-0.2 3.45 w:+0.0 4.39 w:+0.0		
2 BOYKO, Raquel	49 Excel Athletika	4.03m	+0.0	5
		3.71 w:+0.0 3.69 w:-1.0 4.03 w:+0.0 3.41 w:+0.0 3.67 w:+0.0 3.58 w:+0.0		

Pl Name	Age Team	Mark	Wind	Pts
Flight 2 50-54				
3 ARNASON, Sandi	50 Riversdale Athletics	3.87m	-0.9	7
		3.29 w:+0.0 3.76 w:+0.0 3.71 w:+0.0	FOUL	3.87 w:-0.9 3.77 w:-0.4
5 HARRIS, Jennifer	54 Unattached British C	3.61m	+0.0	
		3.28 w:+0.0 3.61 w:+0.0 3.55 w:-0.1	FOUL	3.41 w:-0.1 FOUL
7 PENTECOST, Galina	52 Okanagan Athletics C	3.53m	+0.0	5
		3.32 w:-0.7 FOUL FOUL FOUL	FOUL	FOUL 3.53 w:+0.0

Pl Name	Age Team	Mark	Wind	Pts
Flight 2 55-59				
8 HENDRIKS, Joan	57 West Vancouver Track	3.31m	+0.0	7
		3.31 w:+0.0 FOUL 3.17 w:-0.5 3.23 w:-0.6 3.09 w:+0.0 2.34 w:+0.0		

Pl Name	Age Team	Mark	Wind	Pts
Flight 2 60-64				

Men's Triple Jump (Masters)

Pl Name	Age Team	Mark Wind Pts
Flight 1 35-39		
DUTT, Tarun	36 Unattached British C	DNS

Pl Name	Age Team	Mark Wind Pts
Flight 1 40-44		
1 DANESH KELUM KUMARA,	41 International	10.05m +1.7
9.37 w:+3.0 9.97 w:+3.5 9.86 w:+0.4 10.05 w:+1.7		

Pl Name	Age Team	Mark Wind Pts
Flight 1 55-59		
4 JAYANTHA DHARMASIRI,	58 International	9.19m +1.9
8.87 w:+1.6 8.54 w:+1.9 9.19 w:+1.9		
GARRISON, Andre	56 Vancouver Thunderbir	DNS

Pl Name	Age Team	Mark Wind Pts
Flight 1 60-64		
3 SMITH, Chris	61 USATF	9.93m +1.9
FOUL 9.62 w:+1.4 9.72 w:+1.6 9.93 w:+1.9 9.92 w:+3.1 FOUL		
6 DUFORNEAU, Alain	63 Vainqueurs Plus	8.16m +1.9 7
7.68 w:+1.3 7.64 w:+2.2 7.67 w:+2.0 7.85 w:+2.4 8.16 w:+1.9 7.99 w:+1.4		
13 CHHINA, Avtar	64 Ultra Throw	5.09m +3.0 5
5.04 w:+2.7 FOUL 5.09 w:+3.0		

Pl Name	Age Team	Mark Wind Pts
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 Flight 1 65-69

2 SMITH, Joe	67 USATF	10.04m +1.9		
9.7 w:+1.7	10.04 w:+1.9	9.94 w:+1.3	PASS	PASS 9.92 w:+2.4
5 LIU, Edwin	66 Greyhounds Masters T	9.01m +2.1	7	
8.46 w:+1.5	8.86 w:+2.0	8.91 w:+1.5	8.98 w:+1.3	8.95 w:+1.5 9.01 w:+2.1
12 SANDHU, Jasbir	69 Calgary Spartans	5.86m +0.1	5	
PASS 4.77 w:+1.6	5.86 w:+1.1			

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 Pl Name Age Team Mark Wind Pts
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Flight 1 70-74

9 SANDHU, Hardev Singh	74 Greyhounds Masters T	6.50m +1.9	7	
5.92 w:+1.8	6.28 w:+1.2	6.5 w:+1.9		
10 DONALDSON, Sven	74 Nanaimo & District T	6.33m +1.4	5	
5.83 w:+1.3	6.16 w:+2.7	FOUL 6.14 w:+1.9	6.3 w:+0.5	6.33 w:+1.4

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 Pl Name Age Team Mark Wind Pts
 =====

Flight 1 75-79

7 MACEACHERN, Alex	77 Calgary Spartans	7.07m +0.4	7	
6.94 w:+3.8	7.07 w:+0.4	FOUL 6.76 w:+1.1	6.84 w:+1.9	
11 GEE, Arthur	79 Greyhounds Masters T	6.10m +1.1	5	
FOUL 6.1 w:+1.1	5.85 w:+1.2	FOUL		

=====
 Pl Name Age Team Mark Wind Pts
 =====

Flight 1 80-84

8 THOMPSON, Lynn	84 Unattached British C	6.72m +3.6		
6.69 w:+1.8	6.45 w:+0.0	FOUL 6.72 w:+3.6	FOUL 6.12 w:+1.3	
14 SHAH, Surinder	80 Greyhounds Masters T	4.53m +0.8	7	
4.06 w:+2.9	4.53 w:+0.8	4.27 w:+0.1		

Women's Triple Jump (Masters)
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Pl Name	Age Team	Mark	Wind	Pts
Flight 1 35-39				
1 LYNCH, Emily	35 Greyhounds Masters T	9.11m	+0.0	7
	8.6 w:+0.0 8.92 w:+0.0 9.11 w:+0.0			

Pl Name	Age Team	Mark	Wind	Pts
Flight 1 40-44				
5 MOHORA, Ingrid	44 Edmonton Columbians	8.06m	+0.6	7
	7.43 w:+1.0 7.36 w:+0.8 7.82 w:+1.5 7.85 w:+1.0 8.02 w:+1.9 8.06 w:+0.6			

Pl Name	Age Team	Mark	Wind	Pts
Flight 1 45-49				
3 BUNBURY, Shauna	46 NorWesters Track & F	8.68m	+1.7	7
	8.2 w:+0.7 8.3 w:+0.0 8.52 w:+1.6 8.68 w:+1.7 8.48 w:+1.6 8.33 w:+0.9			
4 BOYKO, Raquel	49 Excel Athletika	8.13m	+1.3	5
	8.13 w:+1.3 7.56 w:-0.5 FOUL 8.03 w:+1.1 8.05 w:+1.9 8.01 w:-0.7			

Pl Name	Age Team	Mark	Wind	Pts
Flight 1 60-64				
6 FRANSEN, Lisa	60 Newmarket Huskies Tr	6.91m	+1.4	7
	6.66 w:+0.3 6.63 w:+1.2 6.35 w:+0.3 6.26 w:+0.0 6.91 w:+1.4 6.67 w:-0.9			

Pl Name	Age Team	Mark	Wind	Pts
Flight 1 65-69				
2 GIENI, Muriel	65 Riversdale Athletics	8.87m	+1.3	7
	8.64 w:+0.0 8.73 w:+1.8 8.87 w:+1.3 8.39 w:+0.0 8.84 w:+1.8 FOUL			
7 KENNEDY, Jo-Ann	65 Unattached-Saskatche	6.69m	+0.0	
	6.69 w:+0.0 6.42 w:+1.3 FOUL 5.96 w:+0.0 6.37 w:+1.2 6.49 w:+1.2			
8 AMERONGEN, Loretta	69 Edmonton Columbians	6.60m	+1.3	5

6.36 w:+0.0 6.51 w:+1.1 3.59 w:+0.0 3.59 w:-0.5 6.6 w:+1.3 FOUL
 9 LAURIDSEN, Susanne 65 U Of C Athletics Clu 6.47m +1.2 4
 6.07 w:+0.0 6.31 w:+0.0 6.19 w:+0.0 6.39 w:+0.0 6.47 w:+1.2 FOUL

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Pl Name	Age Team	Mark Wind Pts
Flight 1 70-74		
LEE, Deborah	73 Greyhounds Masters T	DNS

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Pl Name	Age Team	Mark Wind Pts
Flight 1 80-84		
LAFAYETTE-BOYD, Caro	81 Excel Athletika	DNS

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Pl Name	Age Team	Mark Wind Pts
Flight 1 85-89		
10 BORTIGNON, Christa	86 Greyhounds Masters T	6.13m +0.0 7
5.83 w:+0.0 6.13 w:+0.0 5.88 w:+0.0 5.83 w:-1.2		

Men's Shot Put (Masters)

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Pl Name	Age Team	Mark Pts
Flight 3 35-39		
10 PHALA, Sefako	36 Jamcan International	8.93m 7
7.98	7.84 8.64 8.93	7.32 FOUL
11 DUTT, Tarun	36 Unattached British C	6.57m
4.87	5.89 5.56 6.31	6.51 6.57
GOPINATH, Nakul	35 Unattached British C	DNS

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Pl Name	Age	Team	Mark	Pts	
Flight 3 45-49					
3 VANNINI, Phillip	48	Nanaimo & District T	11.16m	7	
	11.16	11.02	10.79	FOUL	10.73
12 KUMAR, Amit	47	Unattached British C	6.33m		
	FOUL	5.32	6.33	6.13	FOUL
					PASS

Pl Name	Age	Team	Mark	Pts	
Flight 3 50-54					
1 WIEBE, Shane	53	Trinity Western Univ	13.21m	7	
	13.21	13.02	12.86	FOUL	12.94
7 HARROWER, Will	51	Unattached British C	10.30m		
	9.94	9.72	9.85	10.3	9.93
8 STEVENS, Shawn	50	Unattached British C	10.21m		
	9.71	10.21	FOUL	10.05	FOUL
9 KOZAN, Paul	52	Unattached-Saskatche	9.55m		
	9.31	9.24	9.11	9.55	FOUL
SHARMA, Ranjan Kumar	54	International		DNS	9.53

Pl Name	Age	Team	Mark	Pts	
Flight 3 55-59					
2 CZEKAJLO, Rafal	57	Unattached British C	11.36m		
	FOUL	11.15	FOUL	FOUL	10.91
4 BECKER, Mark	59	Red Deer Titans	11.05m	7	
	11.05	FOUL	10.74	10.99	10.25
5 MERIL PERERA, Muller	56	International	10.75m		
	10.44	10.5	10.32	FOUL	10.75
6 MORFITT, Graham	56	Comox Valley Cougars	10.65m	5	
	10.4	10.11	FOUL	10.65	FOUL
HUTT, Cameron	58	Greyhounds Masters T		DNS	FOUL

Pl Name	Age	Team	Mark	Pts		
Flight 2 60-64						
1 SINGH, Kuldip	62	International	12.10m			
10.61	10.99	11	10.66	12.1		10.47
2 STEELE, Sean	61	Athletics Victoria T	11.21m	7		
10.25	11.01	10.67	11.21	10.46		10.84
3 LINDSEY, Michael	63	Ultra Throw	11.00m	5		
FOUL	FOUL	9.7	10.95	FOUL		11
4 WOLTERS, Jake	63	Throwers Club	10.83m	4		
10.83	10.59	10.63	FOUL	FOUL		FOUL
5 HILL, Joseph	64	Greyhounds Masters T	9.37m	3		
9.11	8.73	9.12	9.37	9.02		8.9
6 CHHINA, Avtar	64	Ultra Throw	9.13m	2		
8.57	8.42	8.96	8.84	9.11		9.13
7 GILL, Paramjit	64	Ultra Throw	8.80m	1		
8.14	8.78	8.8	8.32	FOUL		FOUL
SINGH, Balbir	63	International	DNS			
PLUNET, Ward	62	Unattached British C	DNS			
PANNU, Jaswinder	61	Ultra Throw	DNS			

Pl Name	Age	Team	Mark	Pts		
Flight 1 65-69						
3 DEADY, Michael	69	Unattached British C	10.99m			
10.31	10.67	10.3	10.99	FOUL		FOUL
5 MCCULLOCH, Gordon	65	Unattached Alberta	10.30m			
9.34	FOUL	10.3	10.08	10		FOUL

Pl Name	Age	Team	Mark	Pts
Flight 1 70-74				

1	SZAFRANSKI, Longin	71	Unattached Alberta	11.32m		
	11.32	11.13	FOUL	11.19	11.21	10.89
2	HESSEL, Patrick	71	Unattached Alberta	11.01m		
	10.3	10.4	10.67	10.74	10.65	11.01
4	BAINS, Mohan	73	Ultra Throw	10.59m	7	
	10.18	10.2	10.59	10.4	FOUL	10.21
17	HENDRIE, Tim	72	Nanaimo & District T	4.74m	5	
	3.77	4.5	4.31	4.37	3.81	4.74

Pl	Name	Age	Team	Mark	Pts	
Flight 1 75-79						
6	T00R, Harnek	77	Ultra Throw	9.76m	7	
	9.43	9.6	FOUL	FOUL	9.76	9.72
8	ULIS, David	75	Ultra Throw	8.99m	5	
	8.62	FOUL	8.11	8.75	8.99	7.98
11	JOHNSTON, Frank	75	Brockville Legion Tr	8.26m	4	
	8.22	8.1	8.26	8.16	8.13	8.05
12	JACOBS, Moe	79	Throwers Club	7.75m	3	
	7.21	7.67	FOUL	7.52	FOUL	7.75
14	TOWNSEND, Ken	78	Ultra Throw	7.67m	2	
	7.34	7.27	7.58	7.67	7.23	7.23
16	GEE, Arthur	79	Greyhounds Masters T	6.54m	1	
	6.48	6.54	6.11	6.02	PASS	PASS

Pl	Name	Age	Team	Mark	Pts	
Flight 1 80-84						
7	MATHEWS, George	80	International	9.00m		
	8.39	FOUL	8.52	8.54	9	FOUL
9	MORIOKA, Harold	80	Greyhounds Masters T	8.97m	7	
	8.94	8.6	8.8	8.97	8.79	8.77
10	DYER, James	80	Unattached British C	8.87m		
	8.87	8.71	8.79	FOUL	8.79	FOUL
15	EAST, Les	84	Peninsula Track & Fi	7.56m	5	
	6.49	7.43	7.56	6.96	7.54	

ADAMS, Barry 81 Unattached British C DNS

HOTCHKISS, Richard 84 USATF DNS

Pl Name	Age	Team	Mark	Pts	
Flight 1 85-89					
13 BUTCHER, Bruce	89	Kamloops Track & Fie	7.72m	7	
	7.54	7.37	7.4	7.72	7.71
DHILLON, Bakhshish	85	Greyhounds Masters T	DNS		7.6

Women's Shot Put (Masters)

Pl Name	Age	Team	Mark	Pts	
Flight 1 35-39					
5 ERICKSON, Devyn	35	Unattached British C	9.27m		
	8.82	8.95	9.27	8.93	9.14
					9.11

Pl Name	Age	Team	Mark	Pts	
Flight 1 40-44					
14 KARIYA, Claire	40	Greyhounds Masters T	7.40m	7	
	6.51	7.3	FOUL	3.7	7.27
					7.4

Pl Name	Age	Team	Mark	Pts	
Flight 1 45-49					
1 DIENER, Andrea	48	St. Albert Mustangs	10.84m	7	
	10.23	10.8	10.39	10.3	10.58
2 GUY, Melanie	45	Coriaces	10.70m	5	
	9.94	10	10.7	10.06	FOUL
6 CARLOS, Nicole	49	Vernon Amateur Athle	9.03m	4	10.44

19	KUMARI, Daisy	FOUL PASS	FOUL PASS	9.03 PASS	9 PASS	FOUL 6.54m 6.51	8.72 3 6.54
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Pl Name	Age	Team	Mark	Pts
Flight 1 50-54				
8 DHILLON, Birpal Kaur	51	Unattached British C	8.54m	
	8.54	7.87	6.45	8.06 7.4 7.78
9 FOOTE, Debbie	50	Valley Royals Track	8.41m	7
	8.06	7.63	8.41	7.68 8.03 7.99
12 ARNASON, Sandi	50	Riversdale Athletics	7.78m	5
	7.53	7.6	7.66	7.18 FOUL 7.78
13 HARWOOD, Jennifer	52	Vancouver Thunderbir	7.76m	4
	7.36	7.76	7.45	7.61 3.79 FOUL
17 KINESHANKO, Sherry	50	Vernon Amateur Athle	7.17m	3
	6.44	6.85	6.19	7.17 6.51 6.52

Pl Name	Age	Team	Mark	Pts
Flight 1 55-59				
3 BEARD, Donna	59	USATF	9.74m	
	9.74	9.27	FOUL	FOUL FOUL FOUL
7 EASTON, Leah	58	Throwers Club	8.81m	7
	7.73	8.27	7.83	8.45 8.31 8.81
15 SHAO, Jie	59	Greyhounds Masters T	7.23m	5
	PASS	PASS	PASS	FOUL 6.97 7.23
18 BORTOLUSSI, Dala	55	Rive-Sud	7.17m	4
	6.64	7.17	FOUL	6.79 6.68 6.73

Pl Name	Age	Team	Mark	Pts
Flight 1 60-64				
4 POMIETLARZ, Monica	64	Okanagan Athletics C	9.60m	7
	8.52	9.13	FOUL	9.1 9.14 9.6

10	JOLICOEUR, Jovette	63	U Of C Athletics Clu	8.17m	5	
	7.51	8.17	8.01	FOUL	FOUL	7.97
11	HARRIS, Joan	61	Prince George Track	8.05m	4	
	7.66	FOUL	7.28	7.75	8.05	7.72
16	WHACHELL, Robbin	60	Ultra Throw	7.22m	3	
	7.15	7.07	7.22	7.14	6.67	6.97

Pl Name	Age	Team	Mark	Pts		
Flight 2 65-69						
1	GIENI, Muriel	65	Riversdale Athletics	9.48m	7	
	9.31	9.21	9.09	9.48	FOUL	9
2	GARNER, Doreen	69	Throwers Club	9.31m	5	
	8.96	9.31	9.21	9.06	8.79	8.69
4	JONES, Terri	66	Comox Valley Cougars	7.99m	4	
	7.69	7.99	7.96	7.64	FOUL	7.86
	AMERONGEN, Loretta	69	Edmonton Columbians	DNS		

Pl Name	Age	Team	Mark	Pts		
Flight 2 70-74						
3	HESSEL, Laura	70	Unattached Alberta	8.16m		
	7.52	7.54	7.85	7.94	8.16	7.88
5	HARE, Rose	74	Greyhounds Masters T	7.51m	7	
	7.14	5.95	7.51	7.12	7.11	7.27
6	BEGG, Denise	72	Greyhounds Masters T	5.86m	5	
	5.32	5.49	5.69	5.31	5.86	5.69
7	HEALEY, Jean	74	Top Notch Masters	5.54m	4	
	5.33	5.49	5.4	5.44	5.54	5.06
8	SHOOK, Karen	72	Athletics Victoria T	4.79m	3	
	4.45	4.65	4.63	4.71	4.41	4.79
9	NESTERENKO, Louise	72	Caltaf Athletic Ass	3.88m	2	
	3.86	3.65	3.52	3.59	3.72	3.88

Pl Name	Age	Team	Mark	Pts		
Flight 3 75-79						
1 MORO, Gabriella	76	Ultra Throw	8.41m	7		
	7.84	7.65	7.94	8.41	7.48	8.18
5 CLOSKEY, Cheryl	75	Unattached British C	6.82m			
	FOUL	6.11	6.82	FOUL	6.79	6.44

Pl Name	Age	Team	Mark	Pts		
Flight 3 80-84						
2 NAKANO, Yuko	80	Edmonton Masters Ath	8.18m	7		
	6.79	6.43	8.18	6.24	6.78	7.08
3 GRACIE, Gillian	80	Top Notch Masters	7.15m	5		
	7.15	6.78	6.87	6.39	7.04	6.67
4 ROWSWELL, Adri	82	Throwers Club	6.91m	4		
	6.74	6.87	6.26	6.91	6.79	6.82
6 RADCLIFFE, Marg	81	Unattached British C	6.54m			
	5.99	5.91	6.46	5.75	6.22	6.54
7 BRAND, Kathy	81	Kamloops Track & Fie	6.51m	3		
	6.08	6.51	6.23	6.18	6.28	5.99

Pl Name	Age	Team	Mark	Pts		
Flight 3 85-89						
9 BORTIGNON, Christa	86	Greyhounds Masters T	5.59m	7		
	4.99	5.59	PASS	5.51	5.19	PASS
10 CHEETHAM, Renate	85	Greyhounds Masters T	4.29m	5		
	PASS	PASS	4	PASS	PASS	4.29

Pl Name	Age	Team	Mark	Pts		
Flight 3 90+						
8 ACTON, Myrtle	90	Unattached British C	5.86m			
	5.86	5.69	5.68	5.65	PASS	5.79

Men's Weight Throw (Masters)

Pl Name	Age	Team	Mark	Pts	
Flight 1 35-39					
GOPINATH, Nakul	35	Unattached British C	DNS		
Flight 1 50-54					
2 WIEBE, Shane	53	Trinity Western Univ	14.34m	7	
14.34	FOUL	14.31	FOUL	FOUL	
4 WILSON, Kier	51	Unattached Alberta	14.00m		
FOUL	13.87	13.52	14	FOUL	13.5
5 STEVENS, Shawn	50	Unattached British C	11.94m		
10.87	FOUL	11.63	11.94	11.89	FOUL
Flight 1 55-59					
1 PARSONS, Dan	55	Unattached Alberta	18.46m		
17.19	17.29	FOUL	16.95	17.35	18.46
3 MORFITT, Graham	56	Comox Valley Cougars	14.22m	7	
11.97	13.49	13.48	14.22	13.6	FOUL
6 FRENKEL, Brad	59	Prince George Track	11.11m	5	
9.64	9.6	FOUL	11.11	10.62	FOUL
Flight 2 60-64					
1 WOLTERS, Jake	63	Throwers Club	16.13m	7	
15.65	15.18	15.72	16.13	16.09	FOUL
11 GILL, Paramjit	64	Ultra Throw	10.23m	5	

10	10.19	10.14	10.23	10.11	10.16
PLUNET, Ward	62	Unattached	British C	DNS	

Pl Name	Age	Team	Mark	Pts	
Flight 2 65-69					
7 MCDONALD, Dave	69	Ultra Throw	12.97m	7	
	11.29	12.97	12.37	FOUL	FOUL
8 MCCULLOCH, Gordon	65	Unattached Alberta	11.81m		
	10.27	11.44	FOUL	9.82	11.81

Pl Name	Age	Team	Mark	Pts	
Flight 2 70-74					
2 SZAFRANSKI, Longin	71	Unattached Alberta	14.66m		
	14.6	FOUL	14.66	FOUL	FOUL
3 BAINS, Mohan	73	Ultra Throw	14.26m	7	
	12.79	12.46	14.06	13.94	14.26
4 HESSEL, Patrick	71	Unattached Alberta	13.95m		
	12.76	13.02	13.95	12.96	FOUL
6 SANDHU, Hardev Singh	74	Greyhounds Masters T	13.40m	5	
	PASS	13.4	FOUL	12.71	PASS
10 GARNER, George	71	Throwers Club	10.34m	4	
	FOUL	9.27	10.34	FOUL	FOUL
TATLA, Saroop	73	Ultra Throw		DNS	

Pl Name	Age	Team	Mark	Pts	
Flight 2 75-79					
5 TOOR, Harnek	77	Ultra Throw	13.69m	7	
	13.53	FOUL	FOUL	13.18	13.52
9 ULIS, David	75	Ultra Throw	11.68m	5	
	10.79	10.76	FOUL	11.11	11.53

12 TOWNSEND, Ken	78	Ultra Throw	10.17m	4		
9.93	9.87	10.17	9.68	9.64	9.26	

Pl Name	Age	Team	Mark	Pts		
Flight 3 80-84						
1 MATHEWS, George	80	International	15.37m			
14.25	14.9	15.3	14.69	15.37	14.3	
2 DYER, James	80	Unattached British C	15.03m			
14.18	14.58	14.68	15.03	13.9	FOUL	
3 EAST, Les	84	Peninsula Track & Fi	11.21m	7		
FOUL	10.14	10.23	10.77	11.21	FOUL	
5 SHAH, Surinder	80	Greyhounds Masters T	8.66m	5		
8.62	8.48	8.66	FOUL	FOUL	8.48	
HOTCHKISS, Richard	84	USATF		DNS		
SHOOK, Vern	81	Athletics Victoria T		DNS		

Pl Name	Age	Team	Mark	Pts		
Flight 3 85-89						
4 BUTCHER, Bruce	89	Kamloops Track & Fie	9.63m	7		
9.1	9.25	8.9	8.88	9.63	8.92	
DHILLON, Bakhshish	85	Greyhounds Masters T		DNS		

Women's Weight Throw (Masters)

Pl Name	Age	Team	Mark	Pts		
Flight 1 45-49						
1 DIENER, Andrea	48	St. Albert Mustangs	12.64m	7		
12.02	11.41	12.17	12.49	12.64	FOUL	
2 CARLOS, Nicole	49	Vernon Amateur Athle	12.55m	5		
10.42	11.55	FOUL	11.75	11.95	12.55	

Pl Name	Age	Team	Mark	Pts	
Flight 1 55-59					
6 EASTON, Leah	58	Throwers Club	9.92m	7	
	8.47	9.92	FOUL	8.84	FOUL
7 DALGLEISH, Christine	59	Prince George Track	9.17m	5	
	FOUL	FOUL	8.46	FOUL	9.17
10 BORTOLUSSI, Dala	55	Rive-Sud	7.01m	4	
	6.46	7.01	FOUL	6.37	5.64
BEARD, Donna	59	USATF		DNS	6.19

Pl Name	Age	Team	Mark	Pts	
Flight 1 60-64					
3 HARRIS, Joan	61	Prince George Track	12.28m	7	
	11.56	12.28	11.67	11.67	11.86
4 WONG, Celina	61	Royal City Track & F	11.26m	5	
	10.39	11.18	10.95	11.26	10.19

Pl Name	Age	Team	Mark	Pts	
Flight 1 65-69					
5 GARNER, Doreen	69	Throwers Club	10.42m	7	
	10.31	10.42	10.18	10.37	9.21
8 JONES, Terri	66	Comox Valley Cougars	8.94m	5	
	7.92	8.5	8.94	8.49	
9 HENDRIE, Nola	67	Nanaimo & District T	8.49m	4	
	6.45	6.67	7.26	6.8	7.03

Pl Name	Age	Team	Mark	Pts	
Flight 2 70-74					

1 HESSEL, Laura	70 Unattached Alberta	11.45m				
11.41	FOUL	10.67	10.67	11.45	10.85	
2 BEGG, Denise	72 Greyhounds Masters T	10.48m	7			
10.14	9.76	10.48	9.56	10.15	10.06	
4 MIZUNO, Vi	72 Top Notch Masters	9.12m	5			
8.77	8.89	8.76	8.74	8.76	9.12	
8 HEALEY, Jean	74 Top Notch Masters	8.47m	4			
8.47	7.5	7.55	7.14	FOUL	FOUL	
10 NESTERENKO, Louise	72 Caltaf Athletic Ass	5.80m	3			
5.44	5.59	5.8	5.73	4.85	5.73	

Pl Name	Age Team	Mark	Pts			
Flight 2 75-79						
3 CLOSKEY, Cheryl	75 Unattached British C	9.39m				
FOUL	8.94	9.21	FOUL	9.16	9.39	

Pl Name	Age Team	Mark	Pts			
Flight 2 80-84						
5 BRAND, Kathy	81 Kamloops Track & Fie	9.04m	7			
8.17	8.66	FOUL	9.04	8.86	8.69	
6 NAKANNO, Yuko	80 Edmonton Masters Ath	8.98m	5			
6.43	FOUL	FOUL	6.24	FOUL	8.98	
7 GRACIE, Gillian	80 Top Notch Masters	8.85m	4			
7.78	8.66	8.55	8.25	8.75	8.85	

Pl Name	Age Team	Mark	Pts			
Flight 2 85-89						
11 CHEETHAM, Renate	85 Greyhounds Masters T	5.70m	7			
4.99	5.32	FOUL	5.7	5.59	5.1	

Pl Name	Age Team	Mark	Pts
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Flight 2 90+

9 ACTON, Myrtle	90	Unattached British C	7.45m		
6.81	7.45	7.08	PASS	7.04	6.76

Men's Discus (Masters)

Pl Name	Age	Team	Mark	Pts
Flight 1 35-39				
7 MURBY, Ness	37	Kajaks Track & Field	24.23m	7
21.46	22.05	24.23	22.53	FOUL

Pl Name	Age	Team	Mark	Pts
Flight 1 40-44				
RIVERA GARCIA, Joaqu	43	Unattached Alberta		DNS

Pl Name	Age	Team	Mark	Pts
Flight 1 45-49				
2 VANNINI, Phillip	48	Nanaimo & District T	37.05m	7
32.91	37.05	36.32	35.49	36.14
6 SINGH, Gagandeep	45	Unattached Ontario	24.68m	
22.01	FOUL	FOUL	24	24.68

Pl Name	Age	Team	Mark	Pts
Flight 1 50-54				
1 WIEBE, Shane	53	Trinity Western Univ	39.95m	7
33.18	35.54	39.95	37.09	36.76
3 STEVENS, Shawn	50	Unattached British C	35.57m	
FOUL	32.65	32.93	31.71	35.57
4 KOZAN, Paul	52	Unattached-Saskatche	34.68m	

	26.04	27.94	FOUL	29.62	34.68
5 WILSON, Kier		51	Unattached Alberta	31.68m	
	28.91	29.22	30.13	29.21	31.68
SHARMA, Ranjan Kumar		54	International		DNS
RANSKY, Mike		52	Unattached British C		DNS

Pl Name	Age	Team	Mark	Pts	
Flight 2 55-59					
2 BECKER, Mark	59	Red Deer Titans	37.45m	7	
	34.02	37.45	FOUL	36.61	34.38
3 FRENKEL, Brad	59	Prince George Track	37.07m	5	
	31.04	FOUL	32.2	36.21	37.07
4 CZEKAJLO, Rafal	57	Unattached British C	35.92m		
	35.92	FOUL	34.47	35.88	35.87
5 MORFITT, Graham	56	Comox Valley Cougars	34.87m	4	
	FOUL	FOUL	33.76	34.87	FOUL
11 MERIL PERERA, Muller	56	International	28.29m		
	28.29	FOUL	FOUL	FOUL	27.76
PARSONS, Dan	55	Unattached Alberta		DNS	

Pl Name	Age	Team	Mark	Pts	
Flight 2 60-64					
1 WOLTERS, Jake	63	Throwers Club	37.55m	7	
	37.55	FOUL	36.57	FOUL	FOUL
6 LINDSEY, Michael	63	Ultra Throw	34.74m	5	
	FOUL	FOUL	29.89	34.74	FOUL
7 GILL, Paramjit	64	Ultra Throw	33.16m	4	
	23	30.4	33.16	30.67	FOUL
8 HILL, Joseph	64	Greyhounds Masters T	32.91m	3	
	FOUL	FOUL	32.91	FOUL	FOUL
9 SINGH, Kuldip	62	International	32.47m		

	FOUL	31.77	29.2	32.47	31.77
10 STEELE, Sean		61 Athletics Victoria T		32.43m	2
	FOUL	FOUL	32.43	FOUL	FOUL
12 PANNU, Jaswinder		61 Ultra Throw		27.55m	1
	26.21	FOUL	27.55	FOUL	FOUL
13 COLES, Alan		61 Ultra Throw		23.73m	
	23.73	FOUL	22.5	FOUL	23.24
DUFOURNEAU, Alain		63 Vainqueurs Plus			DNS
SINGH, Balbir		63 International			DNS

Pl Name	Age	Team	Mark	Pts
Flight 3 65-69				
1 DEADY, Michael	69	Unattached British C	44.50m	
	FOUL	44.5	FOUL	44.31
3 KOSIERB, Marcel	66	Unattached British C	38.98m	
	37.77	38.98	38.79	FOUL
CACEK, Charles	66	USATF		NM
	FOUL	FOUL	FOUL	FOUL
MCCULLOCH, Gordon	65	Unattached Alberta		DNS

Pl Name	Age	Team	Mark	Pts
Flight 3 70-74				
2 SZAFRANSKI, Longin	71	Unattached Alberta	42.88m	
	35.88	42.88	38.92	FOUL
4 HESSEL, Patrick	71	Unattached Alberta	34.52m	
	33.27	34.52	33.07	31.37
5 BAINS, Mohan	73	Ultra Throw	29.07m	7
	29.07	26.27	FOUL	25.23
HENDRIE, Tim	72	Nanaimo & District T		DNS
TATLA, Saroop	73	Ultra Throw		DNS

BRODEUR, Don	72 Unattached British C	DNS
SINGH, Kulwinder	72 International	DNS

Pl Name	Age	Team	Mark	Pts
Flight 4 75-79				
1 ULIS, David	75	Ultra Throw	30.08m	7
28.29	29.67	FOUL	30.08	29.21
2 TOOR, Harnek	77	Ultra Throw	24.59m	5
24.58	24.13	23.74	24.59	22.26
4 JACOBS, Moe	79	Throwers Club	22.80m	4
20.72	22.27	22.8	22.11	FOUL
5 TOWNSEND, Ken	78	Ultra Throw	22.50m	3
22.45	21.54	21.71	22.5	22.35
7 GEE, Arthur	79	Greyhounds Masters T	20.74m	2
20.74	19.32	19.79	PASS	PASS
9 MACEACHERN, Alex	77	Calgary Spartans	19.29m	1
18.69	18.85	18.54	19.29	18.86

Pl Name	Age	Team	Mark	Pts
Flight 4 80-84				
3 EAST, Les	84	Peninsula Track & Fi	23.58m	7
20.24	23.58	22.58	FOUL	FOUL
6 DYER, James	80	Unattached British C	22.13m	
19.43	22.13	FOUL	FOUL	21.52
10 NAKANO, Takuo	83	Unattached Alberta	12.10m	
FOUL	10.91	10.09	12.1	FOUL
MORIOKA, Harold	80	Greyhounds Masters T	DNS	
HOTCHKISS, Richard	84	USATF	DNS	
MATHEWS, George	80	International	DNS	

Pl Name	Age	Team	Mark	Pts
Flight 4 85-89				
8 BUTCHER, Bruce	89	Kamloops Track & Fie	19.63m	7
	16.6	FOUL	19.63	FOUL
DHILLON, Bakhshish	85	Greyhounds Masters T		DNS

Women's Discus (Masters)

Pl Name	Age	Team	Mark	Pts
Flight 1 35-39				
4 ERICKSON, Devyn	35	Unattached British C	30.38m	
	FOUL	27.22	27.07	30.38
14 RICHARDS, Jessica	37	Comox Valley Cougars	14.73m	7
	11.78	14.12	13	14.73

Pl Name	Age	Team	Mark	Pts
Flight 1 45-49				
1 DIENER, Andrea	48	St. Albert Mustangs	35.86m	7
	32.68	34.48	FOUL	35.86
2 GUY, Melanie	45	Coriaces	35.83m	5
	FOUL	35.83	31.84	34.21
3 CARLOS, Nicole	49	Vernon Amateur Athle	33.77m	4
	33.77	32.18	FOUL	FOUL
9 KUMARI, Daisy	49	Greyhounds Masters T	19.82m	3
	19.82	FOUL	FOUL	19.02

Pl Name	Age	Team	Mark	Pts
Flight 1 50-54				

6	WITTRIN, Caroline	54	Unattached British C	25.08m	
	23.43	25.08	24.33	24.61	
7	DHILLON, Birpal Kaur	51	Unattached British C	22.99m	
	21.11	FOUL	16.31	FOUL	22.99
10	FOOTE, Debbie	50	Valley Royals Track	19.75m	7
	17.59	FOUL	18.22	FOUL	19.75
11	KINESHANKO, Sherry	50	Vernon Amateur Athle	19.34m	5
	17.24	18.98	19.34	17.58	19.31

Pl Name	Age	Team	Mark	Pts	
Flight 1 55-59					
5	BEARD, Donna	59	USATF	25.41m	
	FOUL	FOUL	25.41	FOUL 21.74	
8	EASTON, Leah	58	Throwers Club	20.78m	7
	FOUL	20.78	19.25	20.76 20.21	
12	BORTOLUSSI, Dala	55	Rive-Sud	17.95m	5
	16.52	16.57	16.62	17.95	FOUL
13	SHAO, Jie	59	Greyhounds Masters T	17.92m	4
	17.92	FOUL	FOUL	17.62	FOUL

Pl Name	Age	Team	Mark	Pts	
Flight 2 60-64					
3	HARRIS, Joan	61	Prince George Track	21.64m	7
	FOUL	FOUL	20.98	19.78 21.64	
4	WHACHELL, Robbin	60	Ultra Throw	20.80m	5
	18.78	20.8	FOUL	19.8 19.6	
7	JOLICOEUR, Jovette	63	U Of C Athletics Clu	19.76m	4
	18.77	FOUL	19.76	FOUL 18.6	

Pl Name	Age	Team	Mark	Pts	
Flight 2 65-69					
1	GARNER, Doreen	69	Throwers Club	24.12m	7

	23.35	24.12	21.87	23.69	FOUL
6 JONES, Terri		66 Comox Valley Cougars	20.12m	5	
	19.18	20.12	20.01	19.31	19.61
12 MORIYAMA, Naomi		69 Unattached British C	11.79m		
	FOUL	11.79	FOUL	10.07	11.31

Pl Name	Age	Team	Mark	Pts	
Flight 2 70-74					
2 HESSEL, Laura	70	Unattached Alberta	22.74m		
	21.89	FOUL	22.74	20.55	
5 HARE, Rose	74	Greyhounds Masters T	20.17m	7	
	18.32	20.17	18.48	19.94	18.19
8 BEGG, Denise	72	Greyhounds Masters T	18.01m	5	
	FOUL	17.75	18.01	16.68	15.47
9 MIZUNO, Vi	72	Top Notch Masters	16.85m	4	
	16.14	15.59	16.85	16.15	16.68
10 WARICK, Judy	74	Top Notch Masters	14.81m	3	
	13.96	13.13	FOUL	FOUL	14.81
11 HEALEY, Jean	74	Top Notch Masters	14.20m	2	
	13.76	14.06	FOUL	13.06	14.2
13 NESTERENKO, Louise	72	Caltaf Athletic Ass	9.88m	1	
	8.96	9.53	9.19	9.83	9.88

Pl Name	Age	Team	Mark	Pts	
Flight 3 75-79					
2 MORO, Gabriella	76	Ultra Throw	22.00m	7	
	22	20.73	20.85	21.04	21.8
3 CLOSKEY, Cheryl	75	Unattached British C	20.05m		
	FOUL	18.88	FOUL	FOUL	20.05

Pl Name	Age	Team	Mark	Pts
Flight 3 80-84				

1	NAKANO, Yuko	80	Edmonton Masters Ath	23.20m	7
	21.69	19.89	21.87	23.2	FOUL
4	BRAND, Kathy	81	Kamloops Track & Fie	16.53m	5
	12.76	16.31	15.18	15.58	16.53
5	ROWSWELL, Adri	82	Throwers Club	16.50m	4
	14.79	15.32	16.5	FOUL	15.56
6	GRACIE, Gillian	80	Top Notch Masters	15.43m	3
	14.79	14.09	FOUL	15.43	15.21
8	RADCLIFFE, Marg	81	Unattached British C	14.44m	
	FOUL	14.39	FOUL	13.96	14.44

Pl Name	Age	Team	Mark	Pts
Flight 3 85-89				
9	BORTIGNON, Christa	86	Greyhounds Masters T	13.58m 7
	13.58	12.53	13.51	

Pl Name	Age	Team	Mark	Pts
Flight 3 90+				
7	ACTON, Myrtle	90	Unattached British C	15.28m
	13.38	11.52	PASS	15.28 12.89

Men's Hammer (Masters)

Pl Name	Age	Team	Mark	Pts
Flight 1 40-44				
	RIVERA GARCIA, Joaqu	43	Unattached Alberta	DNS

Pl Name	Age	Team	Mark	Pts
Flight 1 45-49				
10	BLATHERWICK, David	47	Unattached British C	23.41m

23.41 FOUL FOUL FOUL FOUL

Pl Name	Age	Team	Mark	Pts
Flight 1 50-54				
1 WIEBE, Shane	53	Trinity Western Univ	38.78m	7
38.63	38.78	34.79	FOUL	36.82
4 WILSON, Kier	51	Unattached Alberta	37.74m	
37.3	37.74	37.7	37.25	35.96
6 STEVENS, Shawn	50	Unattached British C	33.10m	
FOUL	FOUL	FOUL	30.12	33.1

Pl Name	Age	Team	Mark	Pts
Flight 1 55-59				
2 MORFITT, Graham	56	Comox Valley Cougars	38.59m	7
32.3	36.56	36.36	34.87	38.59
5 FRENKEL, Brad	59	Prince George Track	33.62m	5
29.38	29.81	FOUL	31.14	33.62
8 CZEKAJLO, Rafal	57	Unattached British C	26.21m	
26.21	FOUL	22.26	FOUL	24.17

Pl Name	Age	Team	Mark	Pts
Flight 1 60-64				
3 WOLTERS, Jake	63	Throwers Club	38.53m	7
34.6	35.66	FOUL	38.01	38.53
9 GILL, Paramjit	64	Ultra Throw	24.33m	5
24.1	24.03	24.12	24.33	24.22

Pl Name	Age	Team	Mark	Pts
Flight 1 65-69				
7 MCDONALD, Dave	69	Ultra Throw	28.23m	7

FOUL FOUL 28.23 FOUL FOUL

Pl Name	Age	Team	Mark	Pts
Flight 2 70-74				
3 SZAFRANSKI, Longin	71	Unattached Alberta	38.71m	
FOUL	37.16	38.71	FOUL	36.2
4 HESSEL, Patrick	71	Unattached Alberta	36.00m	
34.01	34.81	33.69	36	34.72
5 BAINS, Mohan	73	Ultra Throw	34.64m	7
FOUL	FOUL	34.14	34.41	34.64
8 TATLA, Saroop	73	Ultra Throw	28.79m	5
28.79	27.88	FOUL	FOUL	PASS
9 GARNER, George	71	Throwers Club	28.77m	4
FOUL	23.73	25.61	28.77	FOUL

Pl Name	Age	Team	Mark	Pts
Flight 2 75-79				
1 ZAITCHOUK, Boris	75	Unattached British C	43.46m	
40.73	FOUL	43.46	FOUL	37.93
7 TOOR, Harnek	77	Ultra Throw	31.69m	7
31.66	30.19	30.67	31.69	31.24
10 ULIS, David	75	Ultra Throw	27.84m	5
23.66	27.84	FOUL	FOUL	FOUL
12 TOWNSEND, Ken	78	Ultra Throw	22.88m	4
FOUL	22.88	FOUL	FOUL	FOUL

Pl Name	Age	Team	Mark	Pts
Flight 2 80-84				
2 MATHEWS, George	80	International	40.11m	
36.7	38.23	40.11	35.81	37.77
6 DYER, James	80	Unattached British C	33.78m	
32.09	33.77	33.78	31.06	33.36

11 EAST, Les	84 Peninsula Track & Fi	27.52m	7
22.71	27.46	FOUL	26.72
SHOOK, Vern	81 Athletics Victoria T		DNS
HOTCHKISS, Richard	84 USATF		DNS

Pl Name	Age Team	Mark	Pts
Flight 2 85-89			
13 BUTCHER, Bruce	89 Kamloops Track & Fie	19.89m	7
19.64	19.17	19.04	19.67
DHILLON, Bakhshish	85 Greyhounds Masters T		DNS

Women's Hammer (Masters)

Pl Name	Age Team	Mark	Pts
Flight 1 45-49			
2 GUY, Melanie	45 Coriaces	39.17m	7
38.43	FOUL	FOUL	FOUL
3 DIENER, Andrea	48 St. Albert Mustangs	38.88m	5
37.55	FOUL	FOUL	FOUL
4 CARLOS, Nicole	49 Vernon Amateur Athle	38.68m	4
38.34	FOUL	38.68	FOUL

Pl Name	Age Team	Mark	Pts
Flight 1 50-54			
1 WITTRIN, Caroline	54 Unattached British C	40.45m	
37.75	39.81	40.45	FOUL
5 FOOTE, Debbie	50 Valley Royals Track	36.66m	7
31.48	34.19	FOUL	34.11

Pl Name	Age	Team	Mark	Pts
Flight 1 55-59				
6 BEARD, Donna	59	USATF	33.69m	
FOUL	FOUL	30.41	FOUL	33.69
9 DALGLEISH, Christine	59	Prince George Track	26.11m	7
FOUL	26.11	FOUL	23.78	22.95
10 EASTON, Leah	58	Throwers Club	25.36m	5
24.69	22.65	25.36	22.85	24.57
12 BORTOLUSSI, Dala	55	Rive-Sud	21.83m	4
FOUL	18.53	16.63	FOUL	21.83

Pl Name	Age	Team	Mark	Pts
Flight 1 60-64				
7 WONG, Celina	61	Royal City Track & F	31.37m	7
30.8	29.38	31.37	FOUL	FOUL
8 HARRIS, Joan	61	Prince George Track	27.36m	5
27.36	25.41	FOUL	26.9	24.67

Pl Name	Age	Team	Mark	Pts
Flight 1 65-69				
11 JONES, Terri	66	Comox Valley Cougars	25.03m	7
24.27	23.35	24.38	24.3	25.03

Pl Name	Age	Team	Mark	Pts
Flight 2 70-74				
1 HESSEL, Laura	70	Unattached Alberta	28.63m	
27.12	25.79	27.34	FOUL	28.63
2 HARE, Rose	74	Greyhounds Masters T	27.82m	7
26.62	25.3	26.1	26.94	27.82
7 BEGG, Denise	72	Greyhounds Masters T	24.62m	5
24.62	23.96	FOUL	21.66	18.7

8 MIZUNO, Vi	72 Top Notch Masters	19.94m	4
18.2	19.94 FOUL	18.86	18.54
10 HEALEY, Jean	74 Top Notch Masters	18.16m	3
14.98	16.62 17.36	18.16	14.22
12 NESTERENKO, Louise	72 Caltaf Athletic Ass	12.12m	2
11.86	11.29 12.12	FOUL	12.04
SHOOK, Karen	72 Athletics Victoria T		DNS

Pl Name	Age Team	Mark	Pts
Flight 2 75-79			
4 CLOSKEY, Cheryl	75 Unattached British C	27.06m	
27.05	26.78 FOUL	26.27	27.06
5 MORO, Gabriella	76 Ultra Throw	24.92m	7
23.49	23.61 24.92	24.72	FOUL

Pl Name	Age Team	Mark	Pts
Flight 2 80-84			
3 NAKANO, Yuko	80 Edmonton Masters Ath	27.35m	7
24.04	26.24 25.47	27.35	FOUL
6 BRAND, Kathy	81 Kamloops Track & Fie	24.69m	5
FOUL	24.05 FOUL	24.69	FOUL
9 GRACIE, Gillian	80 Top Notch Masters	19.81m	4
FOUL	14.99 18.66	FOUL	19.81

Pl Name	Age Team	Mark	Pts
Flight 2 90+			
11 ACTON, Myrtle	90 Unattached British C	16.48m	
15.53	14.13 PASS	16.48	16.09

Men's Javelin (Masters)

Pl Name	Age	Team	Mark	Pts	
Flight 1 45-49					
3 SINGH, Gagandeep	45	Unattached Ontario	39.64m		
	37.29	39.05	FOUL	39.51	39.64 39.16
4 BECK, Charles	47	Unattached British C	38.01m		
	36.48	37.48	FOUL	38.01	36.8 FOUL

Pl Name	Age	Team	Mark	Pts	
Flight 1 50-54					
2 WIEBE, Shane	53	Trinity Western Univ	42.09m	7	
	38.08	42.09	39.43	37.86	PASS 38.26
7 WILSON, Kier	51	Unattached Alberta	34.38m		
	FOUL	34.38	33.78	FOUL	32.88 FOUL
8 STEVENS, Shawn	50	Unattached British C	27.24m		
	PASS	23.69	24.05	24.93	27.24 26.93
NEILL, Jason	50	Unattached-Manitoba		DNS	

Pl Name	Age	Team	Mark	Pts	
Flight 1 55-59					
1 MORFITT, Graham	56	Comox Valley Cougars	57.93m	7	
	FOUL	57.93	FOUL	FOUL	55.96 FOUL
5 BECKER, Mark	59	Red Deer Titans	37.57m	5	
	37.57	FOUL	FOUL	36.51	FOUL FOUL
6 MERIL PERERA, Muller	56	International	34.61m		
	30.75	FOUL	FOUL	31.45	34.61 34.34
KENT, Scott	59	Coastal Track Club		DNS	

Pl Name	Age	Team	Mark	Pts
Flight 2 60-64				

1 COLES, Alan	61	Ultra Throw	37.34m	7		
33.43	36.29	33.3	37.34	FOUL	27.43	
2 HILL, Joseph	64	Greyhounds Masters T	34.44m	5		
34.38	FOUL	33.92	34.44	31.66	33.74	
5 PANNU, Jaswinder	61	Ultra Throw	29.81m	4		
FOUL	FOUL	26.52	26.52	FOUL	29.81	
WOLTERS, Jake	63	Throwers Club		NM		
FOUL	PASS	PASS				
GILL, Paramjit	64	Ultra Throw		DNS		
PLUNET, Ward	62	Unattached British C		DNS		

Pl Name	Age	Team	Mark	Pts		
Flight 2 65-69						
3 MCDONALD, Dave	69	Ultra Throw	32.38m	7		
31.63	30.25	31.93	32.38	29.92	FOUL	
6 MCCULLOCH, Gordon	65	Unattached Alberta	29.16m			
29.07	FOUL	29.16	FOUL	FOUL	FOUL	
9 CHOW, Ben	69	Greyhounds Masters T	21.34m	5		
FOUL	21.34	19.39	FOUL	20.52	20.18	

Pl Name	Age	Team	Mark	Pts		
Flight 2 70-74						
4 SZAFRANSKI, Longin	71	Unattached Alberta	31.11m			
FOUL	27.71	31.11	28.12	FOUL	FOUL	
7 HESSEL, Patrick	71	Unattached Alberta	26.96m			
FOUL	FOUL	FOUL	24.09	26.96	24.13	
8 BAINS, Mohan	73	Ultra Throw	24.64m	7		
22.62	21.95	24.64	21.41	FOUL	FOUL	

Pl Name	Age	Team	Mark	Pts		
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Flight 3 75-79

1 TOOR, Harnek	77	Ultra Throw	29.86m	7	
26.01	29.86	29.09	FOUL	28.9	27.68
2 ULIS, David	75	Ultra Throw	29.73m	5	
29.73	28.24	28.94	29.69	28.54	FOUL
3 UKONMAANAHO, Tuomas	78	Prince George Track	26.54m	4	
23.03	26.54	23.07	26.03	FOUL	26.12
4 TOWNSEND, Ken	78	Ultra Throw	20.55m	3	
17.9	20.09	18.78	FOUL	19.11	20.55
GEE, Arthur	79	Greyhounds Masters T	DNS		

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Pl Name	Age	Team	Mark	Pts	
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Flight 3 80-84

5 EAST, Les	84	Peninsula Track & Fi	19.62m	7	
18.48	FOUL	19.62	18.34	19.04	FOUL
6 DYER, James	80	Unattached British C	18.60m		
18.53	17.8	FOUL	18.6	17.87	18.19
8 NAKANO, Takuo	83	Unattached Alberta	12.40m		
12.4	10.93	11.44	11.46	11.8	11.24
ADAMS, Barry	81	Unattached British C	DNS		

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Pl Name	Age	Team	Mark	Pts	
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Flight 3 85-89

7 BUTCHER, Bruce	89	Kamloops Track & Fie	17.22m	7	
14.69	14.28	16.66	16.17	17.22	15.9
DHILLON, Bakhshish	85	Greyhounds Masters T	DNS		

Women's Javelin (Masters)

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Pl Name	Age	Team	Mark	Pts	
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Flight 1 40-44

1	CRISPE, Michelle	44	Unattached Ontario	38.38m		
	38.38	36.44	35.49	36.84	35.27	34.27

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Pl Name	Age	Team	Mark	Pts
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Flight 1 45-49

2	DIENER, Andrea	48	St. Albert Mustangs	31.67m	7	
	25.47	27.1	31.67	27.25	30.86	29.75
3	GUY, Melanie	45	Coriaces	31.27m	5	
	FOUL	31.27	FOUL	28.1	FOUL	28.31
4	CARLOS, Nicole	49	Vernon Amateur Athle	31.08m	4	
	30.74	31.08	30.75	27.06	27.49	28.62
10	BOYKO, Raquel	49	Excel Athletika	19.33m	3	
	17.53	19.33	16.56	18.02	FOUL	FOUL

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Pl Name	Age	Team	Mark	Pts
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Flight 1 50-54

6	REDKA, Sarah	51	Unattached British C	24.60m		
	21.88	20.32	24.3	24.6	23.63	23.24
8	HARDY, Valerie	54	Riversdale Athletics	21.07m	7	
	FOUL	19.81	21.07	18.8	FOUL	20.64
12	KINESHANKO, Sherry	50	Vernon Amateur Athle	18.25m	5	
	15.5	15.62	15.96	15.2	16.66	18.25
13	THIBODEAU, Melina	51	Athletics Victoria T	13.96m	4	
	11.96	10.84	10.74	11.1	13.96	13.45

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Pl Name	Age	Team	Mark	Pts
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Flight 1 55-59

11	SHAO, Jie	59	Greyhounds Masters T	18.90m	7	
	18.33	17.14	18.9	16.79	17.56	15.21
	BEARD, Donna	59	USATF		DNS	

Pl Name	Age	Team	Mark	Pts	
Flight 1 60-64					
5 POMIETLARZ, Monica	64	Okanagan Athletics C	29.37m	7	
	27.68	25.33	29.37	FOUL	23.92 24.31
7 HARRIS, Joan	61	Prince George Track	22.91m	5	
	20.84	19.86	20.52	FOUL	21.94 22.91
9 WHACHELL, Robbin	60	Ultra Throw	19.35m	4	
	18.94	FOUL	18.32	19.31	19.35 18.76
14 TREMBLAY, Rhonda	63	Riversdale Athletics	11.08m	3	
	11.08	FOUL	10.1	7.96	9.02 10.82

Pl Name	Age	Team	Mark	Pts	
Flight 2 65-69					
1 JONES, Terri	66	Comox Valley Cougars	25.88m	7	
	22.64	23.55	25.88	23.46	24.87 25.88
7 LAURIDSEN, Susanne	65	U Of C Athletics Clu	16.40m	5	
	16.4	16.36	PASS	PASS	PASS PASS
8 CHOW, Susan	68	Greyhounds Masters T	15.99m	4	
	FOUL	13.93	15.99	FOUL	FOUL 14.34
10 MORIYAMA, Naomi	69	Unattached British C	15.50m		
	FOUL	14.38	14.06	13.7	15.5 13.05

Pl Name	Age	Team	Mark	Pts	
Flight 2 70-74					
2 HESSEL, Laura	70	Unattached Alberta	21.26m		
	19.95	18.76	21.26	18.55	18.36 FOUL
4 MIZUNO, Vi	72	Top Notch Masters	20.23m	7	
	17.82	16.48	15.94	20.23	FOUL FOUL
9 BENZ, Marilyn	73	Unattached British C	15.79m		
	15.22	FOUL	FOUL	FOUL	15.52 15.79
12 BEGG, Denise	72	Greyhounds Masters T	15.17m	5	

	FOUL	FOUL	14.74	15.17	14.43	FOUL
13 HEALEY, Jean	74	Top Notch Masters	12.98m	4		
	12.98	11.36	11.95	11.06	12.22	11.1
18 NESTERENKO, Louise	72	Caltaf Athletic Ass	7.96m	3		
	7.96	7.37	7.48	7.49	6.32	FOUL

Pl Name	Age	Team	Mark	Pts		
Flight 2 75-79						
11 CLOSKEY, Cheryl	75	Unattached British C	15.47m			
	15.47	15.09	13.49	15.28	FOUL	FOUL

Pl Name	Age	Team	Mark	Pts		
Flight 2 80-84						
3 RADCLIFFE, Marg	81	Unattached British C	20.64m			
	20.06	20.64	18.37	19.85	18.85	FOUL
5 NAKANO, Yuko	80	Edmonton Masters Ath	19.24m	7		
	13.33	17.05	16.97	17.49	19.24	17.09
6 BRAND, Kathy	81	Kamloops Track & Fie	17.18m	5		
	17.18	13.33	15.1	15.16	FOUL	14.21
14 GRACIE, Gillian	80	Top Notch Masters	11.84m	4		
	10.25	10.52	10.92	11.09	11.84	FOUL

Pl Name	Age	Team	Mark	Pts		
Flight 2 85-89						
16 BORTIGNON, Christa	86	Greyhounds Masters T	8.84m	7		
	8.84	PASS	PASS	PASS	PASS	PASS
17 CHEETHAM, Renate	85	Greyhounds Masters T	8.09m	5		
	8.09	FOUL	FOUL	FOUL		

Pl Name	Age	Team	Mark	Pts
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Flight 2 90+

15 ACTON, Myrtle 90 Unattached British C 11.61m
11.61

Men 100 final 55-59 (55-59)

Pl Name	Age Team	Time	Wind	Pts
Section 1 of 1				
1 GIBBON, David	57 USATF	11.81	-1.8	
2 HART, Milton	58 Unattached Ontario	12.19	-1.8	
3 FOSTVELT, Shawn	55 Nanaimo & District T	12.62	-1.8	7
4 COLBERT, Steven	58 Unattached British C	13.12	-1.8	
5 BROCKBANK, Rob	57 A.S.E.A.	13.13	-1.8	5
6 PREVOST, Derek	58 Unattached British C	13.23	-1.8	
7 ALAHAKOON, Sahanaka	55 Edmonton Masters Ath	14.02	-1.8	4
GARRISON, Andre	56 Vancouver Thunderbir	DNS		

Masters Scores

Pl Team	Score
1 Greyhounds Masters T	770.5
2 Ultra Throw	296
3 Nanaimo & District T	182.5
4 Edmonton Masters Ath	143
5 Top Notch Masters	113
6 Riversdale Athletics	109
7 Throwers Club	107
8 Roadkill Running Clu	92
9 Ottawa Lions T.f.c.	87
10 Prince George Track	84
11 Comox Valley Cougars	83
11 Kamloops Track & Fie	81
13 Edmonton Columbians	69
14 Calgary Spartans	67
15 Running Wild Athleti	64

16 Peninsula Track & Fi	61
17 Athletics Victoria T	58
18 NorWesters Track & F	57
19 U Of C Athletics Clu	54
20 Vernon Amateur Athle	53
21 Alberta Racewalk Clu	49
22 Trinity Western Univ	47
23 Newmarket Huskies Tr	40
24 University Of Toront	39
25 Kelowna Running Club	38
25 Vainqueurs Plus	38
27 St. Albert Mustangs	37
28 Vancouver Thunderbir	36
29 Okanagan Athletics C	33
30 Excel Athletika	31
31 Coriaces	29
32 Kajaks Track & Field	28
33 West Vancouver Track	26
33 Royal City Track & F	26
35 Ocean Athletics Trac	24
35 Red Deer Titans	24
37 Saint-Jean Olympique	23
38 Rive-Sud	22
39 Gatineau	21
39 Valley Royals Track	21
39 Athletics Yukon	21
42 Jamcan International	19
43 Tough Track	17
44 Pa Athletics	14
44 Variety Village Athl	14
44 Flight Club Regina	14
44 A.S.E.A.	14
48 Vancouver Falcons At	12
48 Caltaf Athletic Ass	12
48 Universal Athletics	12
51 Ontario Racewalkers	10
51 Calgary Phoenix Stri	10
51 Brantford T.f.c.	10

54 Cowichan Valley Athl	8
55 Winnipeg Optimist At	7
55 Prairie Inn Harriers	7
57 RunInn	5
58 Brockville Legion Tr	4