

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 2 Boys 2000 Meter Run CC Under 10**

Name	Year	Team	Finals	Points
Results - Men				
1 Lebel, Ronan	14	Lycee Claude	7:50.53	1
2 Fitzgerald, Benjamin	13	Ottawa Lions	8:27.72	2
3 Le Flo'ch, Luc	14	Lycee Claude	8:29.11	3
4 Sossoyan, Nicholas	13	Ottawa Lions	8:34.22	4
5 Link, Bayane	14	Brockville L	8:37.32	5
6 Amell, Jonathan	15	Brockville L	9:06.00	6
7 Saucier, Nicolas	14	Sainte-Kateri	9:07.40	
8 Fox, Emmett	15	Ottawa Lions	9:21.71	7
9 Jordan, Harry	15	Brockville L	9:22.64	8
10 Andress, Ryerson	14	Brockville L	9:31.18	9
11 Sampson-Scott, Logan	14	Unattached	9:32.56	
12 Lewchuk, Oliver	15	Unattached Ontario	9:45.84	
13 Birk-Kapur, Malik	14	Westboro Academy	9:52.24	
14 Sheperd, Eric	14	Lycee Claude	9:57.07	10
15 Rea, Emmett	15	Ottawa Lions	9:57.32	11
16 Thompson, William	14	Ashbury College	10:02.39	
17 Cote, Alexandre	15	Ottawa Lions	10:07.93	12
18 Crout, Hudson	14	St. Michael'	10:08.46	
19 Bérubé, Owen	16	Ottawa Lions	10:10.32	13
20 Beaumont, Guillaume	15	Lycee Claude	10:12.70	14
21 Bourgeois, Easton	15	Elmdale Publ	10:39.67	
22 Asselin, Tadeo	13	Lycee Claude	11:02.52	15
23 Marechal, Kayden	15	Ottawa Lions	11:19.80	
24 Coyle, Spencer	15	Ottawa Lions	11:22.77	
25 Kaye, Wesley	15	Ottawa Lions	11:23.30	
26 Jääskeläinen Lozano, Mat	14	St. George - Ottawa	11:50.47	
27 Durant, Colton	14	Brockville L	12:18.20	16
28 MacNeil, Frédéric	16	Nakkertok Nordic	12:41.45	
29 Dutt, Arjun	14	Westboro Academy	14:09.50	
30 Dallaire, Felix	14	Ottawa Lions	14:20.08	
-- De Savigny, Zenek	14	Ottawa Lions	DNS	
-- Louis, Logan	14	Ottawa Lions	DNS	
-- Will, Alistair	14	Elmdale Publ	DNS	
-- Luo, Lucas	14	Elmdale Publ	DNS	
-- Murthy, Vivek	14	Westboro Academy	DNS	
-- Wake, Henry	15	Elmdale Publ	DNS	
-- Fitz-Morris, Benji	14	Ottawa Lions	DNS	
-- Roy, Felix	16	Lycee Claude	DNS	

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
Results - Men											

Capital XC Challenge - 2023-09-29 to 2023-09-30
Ottawa Lions Timing Team
Terry Fox Athletic Facility
Results

....Event 2 Boys 2000 Meter Run CC Under 10									
1	Ottawa Lions		24	2	4	7	11	12	13
	Total Time:	36:20.97							
	Average:	9:05.25							
2	Lycee Claudel - Ottawa		28	1	3	10	14	15	
	Total Time:	36:29.41							
	Average:	9:07.36							
3	Brockville Legion Track C		28	5	6	8	9	16	
	Total Time:	36:37.14							
	Average:	9:09.29							

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 3 Girls 2500 Meter Run CC Under 12**

Name	Year Team	Finals	Points
Results - Women			
1 Gomes, Sinead	12 Academie Providence	10:00.94	
2 Marks, Autumn	12 Vincent Massey E	10:22.11	
3 Lafontaine, Maxence	12 Indépendant	10:25.87	
4 Zeller, Sophie	13 Unattached	10:40.49	
5 Macdonald, Harper	13 Brockville L	11:06.01	1
6 Cooper, Ella	13 Elmdale Publ	11:08.20	2
7 Nicorescu, Lucille	13 Summerside P	11:21.15	
8 Cote, Olivia	13 Ottawa Lions	11:34.54	3
9 Macdonald, Keira	12 Ottawa Lions	11:46.62	4
10 Siderius, Gillian	13 Nakkertok Nordic	11:49.80	
11 Khalil, Mariam	12 Turnbull School	11:50.35	5
12 Nguyen, Callie	12 Lycee Claude	11:54.03	6
13 Durant, Aubrey	12 Brockville L	11:58.29	7
14 Steeves, Ava	13 Elmdale Publ	11:58.41	8
15 Gavril, Klara	13 Unattached	12:03.52	
16 Bustros, Brielle	13 Lycee Claude	12:06.04	9
17 Christie, Addison	12 Ottawa Lions	12:12.99	10
18 Mack, Greta	13 Lycee Claude	12:13.55	11
19 Casselman, Grace	12 Brockville L	12:23.26	12
20 Murthy, Sahana	13 Westboro Academy	12:26.70	
21 Marechal, Mayah	13 Ottawa Lions	12:32.31	13
22 Blew, Stella	13 Ottawa Lions	12:32.70	14
23 Taylor, Kate	12 Brockville L	12:38.34	15
24 Chan, Elise	12 Elmdale Publ	12:46.15	16
25 Bakker, Elouise	13 Unattached Ontario	12:49.83	
26 Kelley, Ember	12 Turnbull School	13:36.75	17
27 Stratton, Trinity	13 Unattached Ontario	13:39.47	
28 Keyserlingk, Anna	13 Broadview - Ottawa	13:44.19	
29 Bhargava, Saayuja	13 Westboro Academy	14:00.34	
30 Bing, Sophia	13 Ottawa Lions	14:08.08	18
31 Mullin, Fiona	13 Elmdale Publ	14:34.76	19
32 Roy, Coralie	12 Lycee Claude	14:50.56	20
33 Pham, Sara	12 Westboro Academy	15:00.92	
34 Kulaib, Lamira	13 Turnbull School	15:19.91	21
35 Durant, Fiona	13 Unattached Ontario	15:20.02	
36 Dalios, Isabella	13 Turnbull School	16:34.89	22
37 Chan, Adeline	13 Elmdale Publ	16:40.45	23
38 Diduch, Rosemary	13 Turnbull School	17:46.08	24
39 Morcos, Charlotte	12 Lycee Claude	17:58.89	25
40 Nguyen, Ariane	13 Lycee Claude	18:18.58	26
-- Camsell-Conroy, Quinn	12 Emily Carr -	DNS	
-- Bain, Jamie	12 Ottawa Lions	DNS	
-- Pellerin, Talia	12 Unattached	DNS	
-- Kinch, Avery	13 Brockville L	DNS	
-- Marjanovic, Mila	13 Ashbury College	DNS	
-- Haubert, Ava	11 Lycee Claude	DNS	
-- McGregor, Jordan	13 McGregor Training	DNS	
-- El Achraoui, Jannat	12 Lycee Claude	DNS	

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 4 Boys 2500 Meter Run CC Under 12**

Name	Year	Team	Finals	Points
Results - Men				
1 Chisholm, Xavier	12	Brockville L	9:20.81	1
2 Gerth, William	13	Mile2Marathon	9:21.82	
3 Amberg, Xavier	12	Lycee Claude	9:55.48	2
4 Ouchterlony, Will	12	St. George - Ottawa	9:57.62	
5 Kujawski, Logan	12	Sainte-Kateri	10:01.89	
6 Watchorn, Christian	12	Elmdale Publ	10:07.20	3
7 Amell, Joshua	13	Brockville L	10:08.09	4
8 Asselin, Kilian	11	Lycee Claude	10:13.73	5
9 Radcliffe, Shea	11	Ashbury College	10:19.73	
10 Donald, Fisher	13	Pleasant Park	10:25.39	6
11 Tobin, Jack	12	Brockville L	10:30.71	7
12 Gordon, William	12	Ottawa Lions	10:32.43	8
13 Bowling, Oscar	12	Stephen Leac	10:33.24	
14 Malster, Jasper	13	John Young - Kanata	10:35.14	
15 Reid, Nathaniel	12	Indépendant	10:37.54	
16 Lewchuk, Ben	13	Unattached Ontario	10:40.80	
17 Carthew, Fraser	12	Pleasant Park	10:50.42	9
18 MacNeil, Xavier	13	Nakkertok Nordic	10:53.18	
19 Barnhardt, Bishop	12	Brockville L	10:56.62	10
20 Fertuk, Casper	13	Elmdale Publ	11:00.35	11
21 Perras, Everett	12	Elmdale Publ	11:01.17	12
22 Tyler, Zachary	13	Brockville L	11:03.28	13
23 Brunet, Damien	12	Sjb - L'Orignal	11:03.51	
24 Kaisary, Oscar	12	Ottawa Lions	11:05.20	14
25 Salehzadeh, Kiyan	12	Lycee Claude	11:05.71	15
26 Combasson, Eric	13	Ottawa Lions	11:06.89	16
27 McCormick, Max	12	Turnbull School	11:19.68	17
28 Flight, Keanan	12	Connaught Pu	11:21.32	
29 Stewart, Zachary	12	Roch Carrier	11:25.97	
30 Taggart, Myles	13	Elmdale Publ	11:28.06	18
31 Williams, Alexander	12	Turnbull School	11:30.07	19
32 Worth, Ewan	12	Connaught Pu	11:32.85	
33 Hawes, Romane	11	Lycee Claude	11:34.62	20
34 Roeske, Cole	13	Pleasant Park	11:34.90	21
35 Wamwenga, Nico	13	Elmdale Publ	11:39.31	22
36 Bourgeois, Quinn	13	Elmdale Publ	11:42.11	23
37 Phillips, Chace	13	Brockville L	11:42.43	24
38 Beaumont, Louis	11	Lycee Claude	11:42.78	25
39 Macramalla, Daniel	13	Lycee Claude	11:44.92	26
40 Mack, Finnegan	12	Lycee Claude	11:47.77	
41 Fox, Ethan	12	Ottawa Lions	11:49.13	27
42 Grammatopoulos, Leonidas	12	Turnbull School	11:53.10	28
43 Lortie, Mattéo	12	Sjb - L'Orignal	11:54.58	
44 Mcrobbie-Mann, Duncan	12	Emily Carr -	11:57.72	
45 Noyhouzer, Tzur	13	Elmdale Publ	12:00.53	
46 Galletti, Lucas	12	Westboro Academy	12:02.56	
47 Marchetti, Gabriel	12	Lycee Claude	12:07.01	
48 Lalonde, Thomas	12	Sjb - L'Orignal	12:07.76	
49 Badgley, Matthew	13	Ottawa Lions	12:09.50	29
50 Tamber Lowen, Jadeep	13	Elmdale Publ	12:23.72	
51 Schroeder, Lucas	13	Brockville L	12:25.61	

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 5 Girls 3k Run CC Under 14**

Name	Year	Team	Finals	Points
Results - Women				
1 Austin, Carolina	10	Ottawa Lions	12:32.37	1
2 Gerth, Roan	11	Turnbull School	12:42.13	2
3 McInnes, Reve	10	Turnbull School	12:45.81	3
4 Coldrey, Kira	10	Ottawa Lions	12:45.99	4
5 Hoogenraad, Saoirse	11	Longfields	13:19.45	5
6 Labrosse, Emma	11	Lycee Claude	13:25.62	
7 Popowych, Morgan	10	Frank Ryan	13:29.24	
8 Bolduc, Blanche	11	Collège Notre-Dame	13:33.15	
9 Chainho, Madalena	11	Ottawa Lions	13:35.53	6
10 Shulha, Avery	10	Unattached	13:40.18	
11 Green, Nellie	11	Ontario	13:48.94	
12 Nash, Alyssa	10	Ottawa Lions	13:55.23	7
13 Fitzgerald, Annabelle	10	Ottawa Lions	13:56.97	8
14 Cameron, Tatiana	11	Ottawa Lions	13:57.30	9
15 Gordon, Hannah	10	Ottawa Lions	14:10.32	
16 LeClair, Emily	10	Esc Paul-Des	14:10.63	10
17 Wang, Eden	11	Longfields	14:18.94	11
18 Ghobril, Ella	10	Unattached	14:20.57	
19 Wang, Jessica	11	Vincent Massey E	14:27.74	12
20 Nordstrom, Alycia	11	Ottawa Lions	14:30.92	
21 Smith, Sabrina	11	Immaculata	14:31.85	
22 LeBlanc, Rowyn	11	Frank Ryan	14:45.33	
23 Fee, Charlie	10	Turnbull School	14:47.62	13
24 Rea, Tessa	11	Esc Paul-Des	14:48.78	14
25 Li, Mira	11	Vincent Massey E	14:49.19	15
26 Purcell, Etain	11	Esc Paul-Des	15:04.37	16
27 Bourget, Béatrice	11	Esc Paul-Des	15:13.76	17
28 Bou Esponda, Maia	11	Westboro Academy	15:15.62	
29 Ngo-Minh, Julia	11	Westboro Academy	15:33.28	
30 Saikaley, Isabella	11	Turnbull School	15:43.73	18
31 Rupay, Madeline	10	Esc Paul-Des	15:56.06	19
32 Jin, Amy	10	Longfields	15:58.78	20
33 Estevez, Catalina	11	Ottawa Lions	16:14.73	
34 Haggui, Hana	11	Longfields	16:26.02	21
35 Segal, Sofia	10	Turnbull School	16:44.76	22
36 Mahdi, Fatma	10	Longfields	16:46.20	23
37 Lee, Emily	11	Esc Paul-Des	17:11.27	24
38 Farhat, Zara	11	Vincent Massey E	17:22.66	25
39 Martel, Sasha	10	Turnbull School	17:29.46	26
40 Glick, Aviva	11	Turnbull School	17:47.24	
41 Brooks, Raena	10	Turnbull School	17:48.05	
42 Cheung, Leah	11	Unattached Ontario	17:53.45	
43 Levac, Clara	10	Westboro Academy	17:53.66	
44 Frigon, Valérie	11	Esc Paul-Des	18:51.10	
45 Jonz, Zoe	10	Vincent Massey E	19:06.60	27
46 Mazarova, Barbara	10	Vincent Massey E	19:11.34	28
47 Gaffari, Célia	10	Collège Notre-Dame	19:40.02	
48 Barnes, Kaitlyn	11	Esc Paul-Des	20:27.79	
49 Nguyen, Mylène	11	Lycee Claude	20:50.67	
50 El Achraoui, Noor	11	Lycee Claude	21:19.24	
51 Williamson, Megan	10	Ottawa Lions	21:24.50	

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 6 Boys 3k Run CC Under 14**

Name	Year	Team	Finals	Points
Results - Men				
1 Azari, Rodeen	10	Collège Notre-Dame	11:38.33	1
2 Le Flo'ch, Julius	11	Lycee Claude	11:44.78	2
3 Marks, Eli	11	Vincent Massey E	11:44.88	3
4 Von Teichman, Tristan	10	Esc Paul-Des	11:52.60	4
5 Carter, Noah	11	Louis-Riel - Inter.	12:01.16	
6 Mitchell, Tyler	11	Vincent Massey E	12:12.17	5
7 Badgley, Patrick	11	Ottawa Lions	12:16.62	6
8 Lebel, Kai	11	Lycee Claude	12:22.32	7
9 Fowkes, Percy	11	Westboro Academy	12:25.78	
10 Rochefort, Gabriel	10	Collège Notre-Dame	12:28.09	8
11 Brunelle-Harmston, Chris	10	Lycee Claude	12:35.06	9
12 Durant, Myles	10	Unattached Ontario	12:44.16	
13 Amer, Isa	10	Longfields	12:47.32	10
14 Whittaker, Sam	10	Turnbull School	12:48.04	11
15 Siderius, Graeme	11	Nakkertok Nordic	12:48.96	
16 Parent, Jérémie	10	Unattached	12:53.98	
17 Davies, Colden	10	Alta Vista P	12:55.81	
18 Theriault, Evan	10	Esc Paul-Des	13:10.13	12
19 Wozniak, Wincent	09	Ashbury College	13:10.65	
20 Reid, Daminh	10	Turnbull School	13:22.43	13
21 Cleland, Thomas	11	Vincent Massey E	13:24.83	14
22 Kaye, Graeme	10	Ottawa Lions	13:29.98	15
23 Row, Sullivan	10	Roberta Bondar PS	13:32.05	
24 Roux, Marc-Antoine	11	Esc Paul-Des	13:33.23	16
25 Jean, Samuel	11	Esc Paul-Des	13:36.37	17
26 Naud, Julien	11	Esc Paul-Des	13:37.83	18
27 Berthiaume, Thomas	10	Collège Notre-Dame	13:38.26	19
28 Katsaounis, Christos	10	Collège Notre-Dame	13:48.32	20
29 Lambert, Louis	10	Unattached	13:52.42	
30 Stonham, Brock	10	Ottawa Lions	13:55.22	21
31 Redey, Vince Zeteny	10	Collège Notre-Dame	14:01.25	22
32 Fleming, Denton	10	Vincent Massey E	14:04.91	23
33 Lewchuk, Sam	11	Unattached Ontario	14:05.24	
34 Pilkington, Nate	10	Hopewell	14:06.11	
35 Hulett, Oscar	11	Ottawa Lions	14:12.44	24
36 Pierce Harrington, Dean	10	Esc Paul-Des	14:15.89	25
37 Breen, Lucas	10	Vincent Massey E	14:24.09	26
38 Boodhwani, Zayn	10	Turnbull School	14:27.24	27
39 Baldwin-Kingsbury, Kruz	11	Longfields	14:30.92	28
40 Verner, Philippe	10	Lycee Claude	14:32.04	29
41 Van Bélanger, Kylian	10	Lycee Claude	14:33.68	30
42 Bélanger, Raphael	10	Lycee Claude	14:34.51	31
43 Thompson, Burke	10	Brockville L	14:38.77	
44 De La Durantaye-Hend, Qu	10	Esc Paul-Des	14:45.39	
45 Agoumi, Ghali	09	Lycee Claude	14:47.13	
46 Dumont, Hugo	10	Vincent Massey E	14:47.46	32
47 Aubert, Noan	11	Lycee Claude	14:49.80	
48 Richards, William	10	Longfields	14:54.91	33
49 Horch, Caleb	11	Longfields	14:57.86	34
50 Meghji, Kaisen	10	Turnbull School	15:06.42	35
51 Warren, Liam	10	Turnbull School	15:33.95	36

Capital XC Challenge - 2023-09-29 to 2023-09-30
Ottawa Lions Timing Team
Terry Fox Athletic Facility
Results

....Event 6 Boys 3k Run CC Under 14

6 Turnbull School		86	11	13	27	35	36	40
Total Time:	55:44.13							
Average:	13:56.04							
7 Longfields		105	10	28	33	34	37	39
Total Time:	57:11.01							
Average:	14:17.76							

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 7 Girls 4k Run CC Junior Varsity**

Name	Year Team	Finals	Points
Results - Women			
1 Lauter, Kyra	08 Ésc Franco-Ouest	16:24.17	
2 Davies, Evelyn	08 Immaculata	16:26.67	1
3 Lebel, Laila	09 Colonel By S	16:32.21	
4 Widmer, Zoé	09 Collège Notre-Dame	16:45.86	
5 Desjardins, Laura	08 Collège Notre-Dame	16:47.46	
6 Daniels, Riley	09 Ottawa Lions	16:58.74	2
7 Cesario, Sofia	09 St. Pius X	17:01.73	
8 Allibon, Maya	08 John McCrae	17:04.08	3
9 Blackadder, Brynn	09 Ottawa Lions	17:40.44	4
10 Begbie, Abbie	09 Earl of Marc	17:51.11	
11 Koschade, Naomi	08 Ottawa Lions	18:09.32	5
12 Cino, Anna	09 Ashbury College	18:41.45	6
13 Seneniuk, Ella	09 St. Pius X	19:00.67	
14 Doja, Jana	08 Immaculata	19:01.06	7
15 Clarke, Nora	09 Sir Robert B	19:03.84	
16 Cooper, Ava	09 Lisgar	19:12.63	8
17 Arabackyj, Bianca	09 Ottawa Lions	19:14.14	9
18 Walker, Sasha	08 Unattached	19:17.17	
19 Cheung, Hannah	08 Merivale	19:20.55	10
20 McCabe, Meredith	08 Lisgar	19:28.37	11
21 Magnusson, Avery	08 Nepean	19:28.86	12
22 Lee, Anna	08 Esc Paul-Des	19:29.88	13
23 MacInnis, Molly	09 Bishop Smith	19:36.52	14
24 Daber, Alida	09 Renfrew	19:43.55	
25 Shewfelt, Breana	09 John McCrae	19:46.24	15
26 Noble, Claire	09 Bishop Smith	19:49.53	16
27 Kelland, Charlotte	09 Nepean	19:49.55	17
28 Bettle, Katherine	08 Colonel By S	19:55.56	
29 Akanko, Adella	08 Colonel By S	19:55.92	
30 Birkas, Gabi	09 Bishop Smith	20:01.84	18
31 Figueredo Arcaya, Alexan	08 Esc Paul-Des	20:02.53	19
32 Desaulniers Rodrigue, Jo	09 Collège Notre-Dame	20:07.24	
33 Heffern, Caley	08 Esc Paul-Des	20:07.53	20
34 Thompson, Abby	08 John McCrae	20:10.38	21
35 Niedre, Allison	08 Ottawa Lions	20:12.95	22
36 Afkham, Parisa	08 Merivale	20:14.01	23
37 Voros, Olivia	08 Nepean	20:20.94	24
38 Unsworth, Wren	09 Ridgemont	20:24.00	
39 Revitt, Brooke	08 Merivale	20:25.93	25
40 Wang, Vivian	09 Merivale	20:26.76	26
41 Hutchens, Rebecca	09 Nepean	20:27.09	27
42 Flegal, Grace	09 Bishop Smith	20:36.61	28
43 Kaegi, Emma	09 Nepean	20:40.15	29
44 Inniss, Molly	08 Immaculata	20:46.40	30
45 Tse, Sofia	08 Merivale	20:48.75	31
46 Farnand, Leah	09 Merivale	20:52.68	32
47 Cooper, Isla	08 Immaculata	20:53.47	33
48 Bilcock, Isla	09 Nepean	20:55.68	34
49 Ward, Beatrice	09 Nepean	20:57.70	
50 Lewchuk, Sophie	09 Glebe	21:38.73	35
51 Polisena, Anna	08 Merivale	21:49.65	

Capital XC Challenge - 2023-09-29 to 2023-09-30
Ottawa Lions Timing Team
Terry Fox Athletic Facility
Results

....Event 7 Girls 4k Run CC Junior Varsity

52 Xiao, Nieve	08 Lisgar	22:22.21	36
53 Londry, Erica	09 Glebe	22:30.74	37
54 Daniels, Heidi	09 Nepean	22:31.29	
55 Nguyen, Alison	09 Pierre Savard	22:33.81	
56 Tomczyk, Mckenna	08 Bishop Smith	22:36.24	38
57 Patel, Anerie	08 Merivale	22:36.45	
58 Strachan, Megan	08 Glebe	22:53.86	39
59 Varney, Vivienne	09 Merivale	23:00.82	
60 Yale-Ramanathan, Anika	09 Merivale	23:10.36	
61 Jaaskelainen, Ileana	08 Nepean	23:42.52	
62 Kamanzi, Kirsten	08 Esc Paul-Des	24:28.97	40
63 Lessard, Janelle	08 Esc Paul-Des	24:43.29	41
64 Jalab, Haya	09 Ridgemont	24:45.03	
65 Godsman, Sophie	08 Glebe	24:49.63	42
66 McKenna, Quinn	09 John McCrae	24:51.07	43
67 Balkissoon, Clare	08 Lisgar	24:51.92	44
68 McGrath, Piper	08 Bishop Smith	25:11.40	45
69 Roberts, Katie	08 John McCrae	25:34.52	46
70 Hutchings, Sophie	09 Renfrew	25:47.20	
71 Collier, Cheline	08 Renfrew	26:06.01	
72 Woodstock, Fen	09 Glebe	26:24.78	47
73 Palma, Maria	08 Ashbury College	26:27.17	48
74 Clark, Rebecca	09 Glebe	26:32.89	49
75 Mahoney, Sienna	08 Ashbury College	26:34.20	50
76 Ogunmekan, Lolade	09 Ashbury College	26:37.98	51
77 Caceros, Maya	09 Esc Paul-Des	28:15.08	52
78 Hogan, Charlotte	09 Ridgemont	29:18.59	
79 Watson, Evelyn	08 Bishop Smith	31:41.38	
80 Sakiyama, Lilly	08 John McCrae	36:15.86	53
81 Guerrero, Jenna	08 Ottawa-Carle	41:28.62	
82 Ciza, Kya	09 John McCrae	41:28.91	
-- St. John, Alyssa	08 St. Marks	DNS	
-- Cartwright, Paris	08 Ashbury College	DNS	
-- D?attilio, Anna	08 Lisgar	DNS	
-- Leschinsky, Madeleine	08 Glebe	DNS	
-- Wojtyk, Avery	09 Glebe	DNS	
-- McLellan, Avery	08 John McCrae	DNS	
-- Mazii, Anastasiia	09 Lisgar	DNS	
-- Romeo, Sienna	09 Immaculata	DNS	
-- Ortega, Silvia	09 Lisgar	DNS	
-- Chadwick, Caroline	09 Nepean	DNS	
-- Ferguson, Lia	09 Esc Paul-Des	DNS	
-- Renfroe, Sydney	09 Nepean	DNS	
-- Doucette, Eva	09 Esc Paul-Des	DNS	
-- Watchorn, Chantelle	09 Nepean	DNS	
-- Hume, Annie	09 Nepean	DNS	
-- Edwards, Sophie	08 Ottawa Lions	DNS	
-- Hale, Molly	08 Nepean	DNS	
-- Forestier, Gabrielle	08 Nepean	DNS	
-- Petrescue-Commene, Edie	08 Nepean	DNS	
-- Pender, Tillie	08 Nepean	DNS	

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 8 Boys 4k Run CC Junior Varsity**

Name	Year	Team	Finals	Points
Results - Men				
1 Mortimer, Charlie	08	Ottawa Lions	13:34.12	1
2 Siderus, Owen	08	Colonel By S	13:42.86	2
3 Gerundin, Max	09	Bishop Smith	13:49.73	3
4 Walker, Austin	08	Colonel By S	14:05.84	4
5 David Lussier, Zac	08	Collège Notre-Dame	14:38.90	5
6 McKercher, Jackson	08	John McCrae	14:43.37	6
7 James, Fee	08	Nepean	14:52.38	
8 Young, Olivier	08	Ottawa Lions	14:54.69	7
9 Yakimchuk, Adam	08	John McCrae	14:55.07	8
10 Bou, Lluç	08	Glebe	14:59.14	9
11 Kontogiannis, Dean	09	Ottawa Lions	15:06.75	10
12 Burnett, Conlin	08	Lisgar	15:08.54	11
13 McNally, Owen	08	Lisgar	15:16.50	12
14 Deveer, Carter	09	Merivale	15:16.91	13
15 Bouchard, Noah	09	Collège Notre-Dame	15:23.93	14
16 Frew, Ethan	09	Renfrew	15:26.70	15
17 Van Wart, Edward	08	Merivale	15:27.42	16
18 Heroux, Jacob	08	Collège Notre-Dame	15:39.61	17
19 Johnston, Jack	08	Glebe	15:44.88	18
20 Ryan, Frank	08	Nepean	15:49.20	
21 Dube, Antoine	09	Collège Notre-Dame	15:58.07	19
22 Elmasry, Yusuf	09	John McCrae	16:06.78	20
23 Lanca, Maxime	09	Immaculata	16:10.85	21
24 Reddin, Eyob	08	Immaculata	16:16.32	22
25 Lin, Adam	08	John McCrae	16:20.77	23
26 Beakly, Nash	08	Bishop Smith	16:23.45	24
27 Rouse, Marshall	08	Renfrew	16:24.50	25
28 Lodha, Jaiden	09	Ashbury College	16:25.22	
29 Snow, Aidan	08	Esc Paul-Des	16:32.04	26
30 Martineau, Damien	09	Collège Notre-Dame	16:37.53	27
31 Maranda, Oliver	08	Glebe	16:39.90	28
32 Selle, Jack	08	Bishop Smith	16:40.18	29
33 Bennett, Chandler	08	Bishop Smith	16:44.71	30
34 Bordovsky, Allan	09	Colonel By S	16:44.83	31
35 Gagné, Florent	09	Collège Notre-Dame	16:59.32	32
36 Back, Dylan	08	Immaculata	17:03.01	33
37 Dignard, Riley	09	Sir Guy Carl	17:03.16	
38 Leckie, Nate	08	Glebe	17:06.79	34
39 Fu, Liheng	08	Merivale	17:08.76	35
40 Maranda, Max	08	Glebe	17:12.64	36
41 Riddolls, Timothy	08	Merivale	17:13.68	37
42 Takamura, Takumi	08	Colonel By S	17:15.54	38
43 Jacques, Louis	09	Immaculata	17:15.55	39
44 Allard, Cameron	08	Colonel By S	17:15.84	40
45 Turcotte, Jack	08	Immaculata	17:19.45	41
46 Veillette, David	09	Collège Notre-Dame	17:21.63	
47 Shea, Spencer	09	Renfrew	17:22.77	42
48 Wang, Eddie	09	Merivale	17:25.27	43
49 Drahovzal, Kole	09	Glebe	17:26.70	44
50 Islam, Ali	09	Colonel By S	17:27.08	45
51 Bartlett, Rohen	09	Sir Robert B	17:27.57	

Capital XC Challenge - 2023-09-29 to 2023-09-30
Ottawa Lions Timing Team
Terry Fox Athletic Facility
Results

....Event 8 Boys 4k Run CC Junior Varsity

52 Cisse, Moussa Nouhoum	09 Ridgemont	17:30.24	
53 Fu, Benyang	09 Merivale	17:36.24	46
54 Gwiza Nshuti, Odilon	06 Esc Paul-Des	17:41.19	47
55 Smith, Benjamin	09 Immaculata	17:47.58	48
56 Boruk, Adam	08 Immaculata	17:58.38	
57 Church, Dominique	09 Ottawa Lions	18:02.67	49
58 Gorbenko-Lyubenok, Edwar	09 Colonel By S	18:19.77	
59 Kearley, Louis	08 Esc Paul-Des	18:22.81	50
60 Zanna, Ethan	08 Glebe	18:24.79	
61 French, Sebastien	09 Ashbury College	18:31.38	
62 O'Malley, Ayden	09 Renfrew	18:45.13	51
63 Poitras-Vant, Henry	09 Nepean	18:46.43	
64 Hakeem, Zade	09 Lisgar	18:46.44	52
65 Song-Verville, Jaden	09 Esc Paul-Des	18:50.60	53
66 Kabakov, Leo	09 Renfrew	18:50.80	54
67 Janes, Damian	08 Lisgar	19:05.10	55
68 Sheperd, William	09 Lycee Claude	19:13.86	
69 Carter, Marcus	08 Immaculata	19:31.09	
70 Bourget, Guillaume	09 Esc Paul-Des	19:31.17	56
71 McCallum, Jack	09 Colonel By S	20:02.81	
72 Lofstedt, Elliot	09 Bishop Smith	20:11.23	57
73 Kranz, Jack	09 Bishop Smith	20:20.71	58
74 Thorpe, Jack	09 Lisgar	20:34.89	59
75 Levesque, Julien	09 Lisgar	20:52.32	60
76 Lu Langley, James	08 Lycee Claude	21:18.25	
77 Ranacher, Sebastian	08 Lisgar	21:57.00	
78 Ghali, Ethan	08 Lisgar	22:13.02	
79 Duong, Aidan	08 Merivale	22:46.13	
80 Tibebu, Zackariya	09 Ottawa-Carle	23:50.29	
81 Dugas, Jacob	08 Renfrew	23:52.34	61
82 Yantha, Josh	09 Bishop Smith	24:08.57	
83 St-Pierre, Xavier	08 Esc Paul-Des	24:51.82	62
84 Camarero, Justin	08 Colonel By S	24:52.71	
85 Falk, Eric	09 Colonel By S	25:04.89	
86 Viers, Quinn	09 Lisgar	27:20.46	
87 Ahmed, Yusuf	08 Ottawa-Carle	28:41.23	
88 Ranttal, Luukas	08 Bishop Smith	29:08.95	
-- Khelifi, Ayoub	09 Collège Notre-Dame	DNS	
-- Yakimuch, Adam	08 John McCrae	DNS	
-- Munn, Colin	09 Lisgar	DNS	
-- McLenaghan, Alex	08 Lisgar	DNS	
-- Ozere, Joseph	09 Lisgar	DNS	
-- Ghozlani, Sami	08 Lisgar	DNS	
-- Bundale-Cowan, Jovan	08 Lisgar	DNS	
-- Jones, Chassy	08 Lisgar	DNS	
-- Wells, Zachary	08 Glebe	DNS	
-- Bosi, Emilio	09 Esc Paul-Des	DNS	
-- Joshua, Lazerowicz	08 Nepean	DNS	
-- Revells, Dylan	08 Lisgar	DNS	
-- Steinbachs, Gus	08 Lisgar	DNS	

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 9 Girls 5k Run CC Varsity**

Name	Year	Team	Finals	Points
Results - Women				
1 Chiamera, Isabella	07	St. Pius X	18:32.92	
2 Giannotti, Jocelyn	06	Ottawa Lions	18:42.01	1
3 Streek, Grace	07	Ottawa Lions	18:52.90	2
4 Johnston-Zemek, Kate	07	Ashbury College	19:50.24	3
5 Gibbons, Ariel	05	Renfrew	19:58.29	
6 Villeneuve, Ciara	07	Esc Paul-Des	20:12.91	4
7 Knight, Tessa	07	Ottawa Lions	20:21.74	5
8 Soler, Allison	06	Ottawa Lions	20:33.36	6
9 Jennings, Paige	07	John McCrae	21:32.66	7
10 Murchison, Juliette	07	Mother Teresa	21:37.54	
11 Izumikawa, Maasa	06	Ashbury College	21:56.99	8
12 McKay, Morgane	06	É.S.P.Omer-D	22:13.90	
13 Hawkes, Elsie	06	Nepean	22:14.22	9
14 Davison, Elise	07	Ottawa Lions	22:21.66	10
15 Desbarats, Jennifer	07	Ottawa Lions	22:41.07	11
16 Aubin, Jacqueline	07	Ottawa Lions	23:04.44	
17 Nash, Emma	07	Ottawa Lions	23:08.69	
18 Keith, Gillian	07	Glebe	23:14.06	
19 Pringle, Izolde	07	Bishop Smith	23:15.05	
20 Pound, Noémie	06	Ashbury College	23:36.45	12
21 Olszewski, Aria	06	Esc Paul-Des	23:43.84	13
22 Brooks, Charlotte	06	John McCrae	23:54.50	14
23 Vander Ploeg, Courtney	07	Renfrew	23:59.64	
24 McQuinn, Shayla	06	John McCrae	24:11.91	15
25 McKenna, Rowan	07	John McCrae	24:12.24	16
26 Di Lello, Nina	06	Esc Paul-Des	24:17.25	17
27 Olivier-Fortier, Amélie	06	Esc Paul-Des	24:37.72	18
28 Hume, Sarah	07	Nepean	24:53.62	19
29 Bruce, Sarah	06	Ashbury College	25:24.76	20
30 Bédard, Elizabeth	07	Esc Paul-Des	25:39.33	21
31 Church, Amandine	07	Ottawa Lions	26:10.39	
32 McKay, Madyn	07	Esc Paul-Des	26:24.58	22
33 Liu, Lenore	07	Ashbury College	26:24.98	23
34 Maurer, Emilia	06	Nepean	26:36.52	24
35 Evans, Mavis	07	Nepean	26:40.78	25
36 Forward, Tessa	07	Esc Paul-Des	26:50.98	
37 Zheng, Winnie	07	Ashbury College	26:51.01	26
38 Weischedel, Dana	07	John McCrae	27:39.92	27
39 Oba Demesquita Sampa, Ma	07	John McCrae	28:01.92	28
40 Shi, Angel	07	Ashbury College	28:03.52	
41 Varty, Christina	07	Immaculata	28:18.68	29
42 Varty, Quinn	07	Immaculata	28:28.52	30
43 O'Ray, Bronwyn	07	Esc Paul-Des	28:33.46	
44 Chamberlain, Molly	07	Renfrew	28:42.61	
45 Brûlé, Alyssa	07	Esc Paul-Des	28:50.77	
46 Allen, Zoe	07	Ashbury College	29:04.42	
47 Mondouz, Avery	07	John McCrae	29:04.67	
48 Ferguson, Olivia	07	Esc Paul-Des	30:07.43	
49 Yermolenko, Mary	06	Lisgar	31:01.56	
50 Syversen, Mary	07	Esc Paul-Des	31:02.99	
51 Nielson, Isabel	07	Immaculata	32:37.03	31

Capital XC Challenge - 2023-09-29 to 2023-09-30

Ottawa Lions Timing Team

Terry Fox Athletic Facility

Results

....Event 9 Girls 5k Run CC Varsity

6 Immaculata 122 29 30 31 32

Total Time: 2:05:48.20

Average: 31:27.05

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 10 Boys 5k Run CC Varsity**

Name	Year Team	Finals	Points
Results - Men			
1 Smith, Noah	07 Immaculata	16:26.45	1
2 Padoin-Castillo, Matteo	07 Immaculata	16:49.20	2
3 Kaye, Cohen	07 Ottawa Lions	16:57.26	
4 Kenny, Malachi	07 Bishop Smith	17:05.64	3
5 Goold, Barrett	07 Sir Robert B	17:25.73	
6 Daber, Owen	07 Renfrew	17:38.54	
7 Puvan, Jacob	06 Lisgar	17:42.26	
8 Johnston-Zemek, Nicholas	07 Ashbury College	17:52.43	
9 Fairhead, William	06 Glebe	18:05.81	4
10 Tesselaar, Harrison	07 John McCrae	18:18.39	
11 Gu, Shougan	06 Merivale	18:19.63	5
12 McCook, Shingo	06 Lycee Claude	19:06.77	6
13 Jorgensen, Erik	07 John McCrae	19:17.26	
14 Dai, Theo	07 John McCrae	19:23.01	
15 Houlahan, Phoenix	07 Esc Paul-Des	19:27.35	
16 Karow, Gavin	07 Esc Paul-Des	19:53.43	
17 Tong, Duncan	07 Merivale	19:53.87	7
18 Tyman, Lucas	06 Mother Teresa	19:55.94	
19 Carney, Misha	07 Glebe	20:38.62	8
20 Rathwell, Kingston	07 Bishop Smith	21:10.47	9
21 Haire, Joshua	07 St. Paul	21:11.74	10
22 Kranz, Benjamin	07 Bishop Smith	21:14.36	11
23 Gaspart, Ivan	06 Lycee Claude	21:31.67	12
24 Bernal, Gabriel	07 Ashbury College	21:37.11	
25 Turner, Ian	06 Nepean	21:43.98	
26 Phillips-Skarzenski, Mar	06 Lycee Claude	21:47.32	13
27 Zhu, Matthew	07 Merivale	22:14.34	14
28 Irwin, Gabriel	07 Bishop Smith	22:28.22	15
29 Dallin O'Grady, Bryan	06 Glebe	22:32.93	16
30 Scott, Colin	07 St. Paul	22:43.04	17
31 McFarling, Nate	07 Immaculata	23:12.60	18
32 Wentzel, Malkym	07 Bishop Smith	23:24.95	19
33 Brownrigg, Shea	07 St. Paul	23:28.52	20
34 Henderson, Liam	07 Esc Paul-Des	23:36.08	
35 Potera, Adam	06 St. Paul	24:01.29	21
36 Lynds, Daniel	07 Immaculata	24:37.07	22
37 Ghali, Othmane	07 Lycee Claude	24:40.69	23
38 Zhang, Eric	07 Colonel By S	24:40.73	
39 Craig, Pierce	07 Glebe	24:48.86	24
40 Bathala, Abhinav	07 Merivale	25:01.33	25
41 Wehbe, Alex	06 St. Paul	25:45.48	26
42 Aubert, Akram	06 St. Paul	26:37.48	27
43 Fitzpatrick, Samuel	07 St. Paul	26:47.86	
44 Budnar, Robert	06 Lycee Claude	29:27.88	28
45 Buffet, Louis	06 Lycee Claude	29:27.93	29
-- Downes, Liam	06 Nepean	DNS	
-- Smith, Hayden	06 Sir Robert B	DNS	
-- Milne, Ian	07 John McCrae	DNS	
-- Meehan, Aleksander	07 Immaculata	DNS	
-- Fraser, Jacob	06 Esc Paul-Des	DNS	
-- Robinson, Austin	07 Renfrew	DNS	

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 12 Women 6k Run CC University + Open**

Name	Year	Team	Finals	Points
Results - Women				
1 Gunther, Nina	98	Ottawa Lions	23:13.45	
2 Lowther, Lauren	01	Queen's Gaels	23:19.64	1
3 Lane, Ella	02	Queen's Gaels	23:50.37	2
4 Vroom, Elizabeth	04	Queen's Gaels	23:55.11	3
5 Perry, Robyn	02	Queen's Gaels	23:55.46	4
6 Alkerton, Alyshia	03	Queen's Gaels	23:55.70	5
7 Shearing, Fiona	02	Queen's Gaels	24:05.03	6
8 Matheson, Sienna	05	McGill	24:18.40	7
9 Bullock, Madelyn	00	Queen's Gaels	24:31.61	
10 Taylor, Katherine	02	Queen's Gaels	24:32.10	
11 Smith, Erica	01	Queen's Gaels	24:47.93	
12 Jaklova, Anna	05	Unattached Ontario	25:02.42	
13 Hurst, Freya	04	Queen's Gaels	25:07.80	
14 Cash, Christine	98	Queen's Gaels	25:12.40	
15 Stokes, Jasmine	04	Queen's Gaels	25:14.98	
16 Lanctot, Marianne	02	McGill	25:16.52	8
17 Brackenbury, Claire	04	Queen's Gaels	25:22.11	
18 Fitzpatrick, Arowyn	05	McGill	25:27.19	9
19 Haron, Erini	00	Queen's Gaels	25:34.10	
20 Goddard, Tamara	02	Queen's Gaels	25:36.83	
21 Hamel, Melina	02	Ottawa Gee-Gees	25:40.95	10
22 Murphy, Grace	05	Queen's Gaels	25:42.53	
23 Parkins, Kara	00	Queen's Gaels	25:56.76	
24 Fowler, Kylee	03	Ottawa Gee-Gees	26:30.64	11
25 Parkinson, Laura	99	Queen's Gaels	26:43.50	
26 Reynolds, Bryn	01	Carleton Ravens	26:59.38	
27 Rousseau, Shilo	00	Nakkertok Nordic	27:12.99	
28 Ranahan, Chloe	00	Other	27:32.67	
29 Brown, Taylor	03	Ottawa Gee-Gees	27:38.27	12
30 Rochon, Gabrielle	03	McGill	27:39.17	13
31 Heffernan-Wilker, Anna S	03	Nakkertok Nordic	28:03.30	
32 Furlong, Olivia	04	Rmc Paladins	28:50.99	
33 Miller, Bellamie	05	Ottawa Gee-Gees	29:19.28	14
34 Dawson, Jennifer	79	Nakkertok Nordic	29:36.36	
35 Xu, Yang	01	Rmc Paladins	30:19.79	
36 Zamberg, Maria	04	Rmc Paladins	35:31.38	
-- Kyle, Kiyomi	05	McGill	DNS	
-- Courville, Sophie	03	McGill	DNS	
-- Porter, Gillian	04	Queen's Gaels	DNS	
-- Griffin, Haley	04	Ottawa Gee-Gees	DNS	
-- Beauregard, Noemie	01	Ottawa Gee-Gees	DNS	
-- White, Elizabeth	04	Queen's Gaels	DNS	
-- Macdonald, Aria	03	Carleton Ravens	DNS	
-- Kealy, Saoirse	01	Carleton Ravens	DNS	
-- Lacy, Sarah	04	Queen's Gaels	DNS	

Capital XC Challenge - 2023-09-29 to 2023-09-30**Ottawa Lions Timing Team****Terry Fox Athletic Facility****Results****Event 13 Boys 6k Run CC University + Open**

Name	Year	Team	Finals	Points
Results - Men				
1 Brackenbury, Miles	01	Queen's Gaels	18:48.63	1
2 Wheeler-Dee, Jude	03	Queen's Gaels	18:48.74	2
3 Alie-Lamarche, Andre	99	Ottawa Gee-Gees	18:52.45	3
4 Cox, Will	01	Queen's Gaels	19:00.10	4
5 Stanley, Jack	00	McGill	19:09.51	5
6 Kirby, Mitchell	97	Unattached Ontario	19:21.58	6
7 Mironov, Roman	03	Queen's Gaels	19:23.53	7
8 Skinner, Angus	05	Queen's Gaels	19:25.74	8
9 Jacques, Jerome	02	McGill	19:26.27	9
10 Rashid-Cocker, Ethan	05	Queen's Gaels	19:26.29	10
11 Pedersen, Nicholas	00	Unattached Ontario	19:29.08	11
12 Miske, Ben	02	Queen's Gaels	19:33.56	
13 Hepworth, Samuel	03	McGill	19:44.53	12
14 Gazaille, Tristan	00	Queen's Gaels	19:51.43	
15 Hueglin, Tanner	04	Queen's Gaels	20:11.66	
16 Adams, Sean	04	McGill	20:17.70	13
17 Chapple, Devin	03	McGill	20:26.70	14
18 Harrington, Emmett	04	Queen's Gaels	20:33.82	
19 Danby, Owen	05	Queen's Gaels	20:38.64	
20 Neill, Peter	05	Queen's Gaels	20:54.62	
21 Li, Andy (Shengan)	98	Queen's Gaels	20:55.64	
22 Birinberg, David	01	Carleton Ravens	21:05.29	
23 McLeish, William	92	Ottawa Gee-Gees	21:13.67	15
24 Bruce, Cameron	01	Carleton Ravens	21:23.12	
25 Comber, Zach	00	Queen's Gaels	21:29.00	
26 Ibbott, Sean	98	Gatineau	21:35.55	
27 Parent, Fred	03	Ottawa Gee-Gees	21:39.49	16
28 Sikka, Zachary	04	Ottawa Gee-Gees	21:42.18	17
29 Saidla, Karl	77	Unattached Ontario	21:49.09	18
30 Meraw, Nathan	01	Ottawa Gee-Gees	21:50.82	19
31 Domingue, Charles	02	Rmc Paladins	21:52.67	20
32 Padoin-Castillo, Adriano	05	Ottawa Gee-Gees	21:53.22	21
33 McCosham, Ian	05	Queen's Gaels	21:57.51	
34 Loftus, Kynan	04	Queen's Gaels	22:10.44	
35 Howell, Matthew	03	Rmc Paladins	22:13.28	22
36 Sacilotto, Jack	23	Unattached Ontario	22:22.12	23
37 Koss, Nicholas	03	Rmc Paladins	22:33.08	24
38 Louvet, Lucien	04	McGill	22:54.13	25
39 Wheatley, Calder	03	Rmc Paladins	23:34.38	26
40 Gaucher, Phineas	01	Rmc Paladins	23:43.50	27
41 Sneddon, Jay	92	Ottawa Lions	23:51.20	
42 Anthony, Cameron	02	Rmc Paladins	24:13.52	28
43 Auguste, Fritzlor	90	Ottawa Lions	24:13.76	
44 Shi, Sam	93	Ottawa Lions	24:19.68	
45 Church, Sebastien	04	Carleton Ravens	24:44.00	
46 Ibarra Martinez, Fernand	05	Ottawa Gee-Gees	25:35.63	
47 Halfyard, Ross	98	Runners Edge	26:06.26	
48 Kirkpatrick, Christian	02	Ottawa Gee-Gees	26:40.56	
49 Singer, Kidan	05	Ottawa Gee-Gees	26:44.11	
-- Burg, Jeremy	00	McGill	DNS	
-- Abanto Enns, Nicolas	99	Ottawa Gee-Gees	DNS	

