



2024 UOTTAWA WINTER CLASSIC

Meet Schedule

- *We may proceed up to 20min ahead of schedule
- *All events will be run women followed by men (unless noted otherwise)
- *All events will be timed finals (unless noted otherwise)
- *Sections will be run fastest seeds to slowest (apart from sprint finals)

TIME	EVENT (Sections)	EVENT NOTES
<u>FRIDAY - JANUARY 19th</u>		
7:30 pm	Women - 3000m (1)	
7:45 pm	Men - 3000m (1)	
8:00 pm	Women - 4x200m Relay (3)	
8:25 pm	Men - 4x200m Relay (2)	
<u>SATURDAY – JANUARY 20th</u>		
TRACK		
11:30 am	Women - 1000m (1)	
11:35 am	Men - 1000m (1)	
11:45 am	Women - 60m Hurdle Heats (1)	(All advance)
11:50 am	Men - 60m Hurdles Heats (1)	(All advance)
12:00 pm	Women - 60m Heats (6)	(Top 12 times advance to A & B Final)
12:10 pm	Men - 60m Heats (10)	(Top 12 times advance to A & B Final)
12:35 pm	Women - 600m (3)	
12:50 pm	Men - 600m (2)	
1:05 pm	Men - 60m Hurdle Finals	(B final followed by A)
1:10 pm	Women - 60m Hurdle Finals	(B final followed by A)
1:15 pm	Women - 60m Finals	(B final followed by A)
1:20 pm	Men - 60m Finals	(B final followed by A)
1:25 pm	Track Break	
1:45 pm	Women - 300m (11)	(Blocks for only top 6 heats)
2:10 pm	Men - 300m (19)	(Blocks for only top 6 heats)
2:40 pm	Women - 1500m (2)	
3:00 pm	Men - 1500m (2)	
3:20 pm	Women - 4x400m Relay (3)	(Blocks only for heat 1 & 2, waterfall for heat 2)

3:45 pm

Men – 4x400m Relay (3)

(Blocks only for heat 1 & 2, waterfall for heat 2)

FIELD

11:00 am

Weight Throw – Women (4) / Men (6) throw together (separate weights)

Pole Vault – Women (2) / Men (3) Combined

11:30 pm

Long Jump – Women (9)

12:00 pm

Shot Put – Women (9) followed by Men (6)

12:45pm

Long Jump – Men (11)

1:00 pm

High Jump – Women (5)

1:45 pm

Triple Jump – Women (8)

2:15pm

High Jump – Men (5)

3:00 pm

Triple Jump – Men (6)