

Date: Saturday, March 30<sup>th</sup> 2024

Location: Louis-Riel Dome (1659 Bearbrook Road)

**Contact:** Ottawa Lions Timing (<u>timing@ottawalions.com</u>), Richard Johnston (<u>rjohnston@ottawalions.com</u>).

Events: 60m, 250m, 600m, 1200m, 2000m Long Jump, Turbo Javelin

**Age Groups:** Under 9, Under 12, Under 15, Under 18 (based on December 31<sup>st</sup>, 2024)

## Registration:

https://www.trackie.com/event/EasterBunnyPursuit2024

## Schedule

Track	Field
8:30-9:00 – Warm Up	8:30-9:00 – Warm Up
9:00-9:20 – 2000m	9:00-9:30 – Long Jump
9:20-9:40 – 80m	
9:40-10:00 – 600m	
10:00-10:15 – 250m	
10:15-10:30 – 1200m	10:00-10:25 – Javelin
10:30-10:45 – Medley Relay (100/100/200/400)	

- We may run up to 10 minutes ahead of schedule due to facility constraints.
- Events will be run youngest to oldest, and girls followed by boys.
- Only Turbo Javelin will be used.
- 2000m will be limited to athletes in u18 and u15.
- Prizes available for athletes that catch the Easter Bunny!