

UOVHSA Track & Field Championship 2023

Bishop Smith CHS

Results

Women 100 Meter Dash Novice

| ===== | | | |
|--------------------------------|-------------------------|---------------------|-------------------------|
| OFSAA: | 12.95 | 2005 | Raili Quatham, Arnprior |
| Name | Year | School | Prelims |
| ===== | | | |
| Heat 1 Preliminaries Wind: NWI | | | |
| 1 | Rhianna Syllion | Arnprior - Arnprior | 12.85Q |
| 2 | Isabella Kenol | Jeanne-Lajoi | 13.89Q |
| 3 | Aysha Davidson | Fellowes - Pembroke | 14.23q |
| 4 | Juliette Fischer | Valour - Petawawa | 14.26q |
| 5 | Sophie Sjaarda | Fellowes - Pembroke | 14.85 |
| 6 | Keira Radbourne | Valour - Petawawa | 15.49 |
| 7 | Jordyn Scantland-Proulx | Valour - Petawawa | 17.35 |
| Heat 2 Preliminaries Wind: NWI | | | |
| 1 | Claire Noble | Bishop Smith | 14.19Q |
| 2 | Savannah Crigger | Fellowes - Pembroke | 14.80Q |
| 3 | Jasmine Woodley | MacKenzie Co | 15.07 |
| 4 | Emma Bondarchuk | Arnprior - Arnprior | 15.18 |
| 5 | Mila Gagnon | Fellowes - Pembroke | 15.92 |
| 6 | Leighton Liedtke | Madawaska Va | 16.71 |
| Heat 3 Preliminaries Wind: NWI | | | |
| 1 | Taylor Limlaw | Opeongo - Douglas | 13.86Q |
| 2 | Ashlynn Tierney | Bishop Smith | 14.53Q |
| 3 | Shannon Harrington | Bishop Smith | 14.99 |
| 4 | Alyssa Williston | Bishop Smith | 15.11 |
| 5 | Sloan Yee | Arnprior - Arnprior | 15.30 |
| 6 | Ellie Belicka | St. Joseph's | 15.70 |
| 7 | Paytience Mask | Madawaska Va | 16.82 |

Women 100 Meter Dash Novice

| ===== | | | |
|----------------------------|------------------|---------------------|-------------------------|
| OFSAA: | 12.95 | 2005 | Raili Quatham, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 Finals Wind: NWI | | | |
| 1 | Rhianna Syllion | Arnprior - Arnprior | 12.70 |
| 2 | Taylor Limlaw | Opeongo - Douglas | 13.66 |
| 3 | Isabella Kenol | Jeanne-Lajoi | 13.87 |
| 4 | Aysha Davidson | Fellowes - Pembroke | 14.20 |
| 5 | Claire Noble | Bishop Smith | 14.21 |
| 6 | Juliette Fischer | Valour - Petawawa | 14.27 |
| 7 | Savannah Crigger | Fellowes - Pembroke | 14.71 |
| 8 | Ashlynn Tierney | Bishop Smith | 14.74 |

Women 200 Meter Dash Novice

| ===== | | | |
|--------------------------------|-------------------------|---------------------|-----------------------|
| OFSAA: | 27.29 | 2007 | Alex Baylis, Arnprior |
| Name | Year | School | Prelims |
| ===== | | | |
| Heat 1 Preliminaries Wind: NWI | | | |
| 1 | Taylor Limlaw | Opeongo - Douglas | 28.30Q |
| 2 | Isabella Kenol | Jeanne-Lajoi | 29.83Q |
| 3 | Savannah Crigger | Fellowes - Pembroke | 30.84q |
| 4 | Emma Bondarchuk | Arnprior - Arnprior | 31.85q |
| 5 | Ivy McNeely | MacKenzie Co | 32.32q |
| 6 | Ellie Belicka | St. Joseph's | 32.97 |
| 7 | Jordyn Scantland-Proulx | Valour - Petawawa | 36.38 |

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Heat 2 Preliminaries Wind: NWI

| | | | |
|---|-------------------|---------------------|--------|
| 1 | Rhianna Syllion | Arnprior - Arnprior | 27.11Q |
| 2 | Aysha Davidson | Fellowes - Pembroke | 30.66Q |
| 3 | Evaleigh McDonald | Fellowes - Pembroke | 32.19q |
| 4 | Keira Radbourne | Valour - Petawawa | 32.33 |
| 5 | Darla Laking-Brum | Fellowes - Pembroke | 33.39 |
| 6 | Sophie Hutchings | Renfrew CI - | 33.75 |
| 7 | Ashley Steinke | Arnprior - Arnprior | 34.75 |

Women 200 Meter Dash Novice

=====

OFSAA: 27.29 2007 Alex Baylis, Arnprior

| Name | Year | School | Finals |
|----------------------------|-------------------|---------------------|--------|
| ===== | | | |
| Section 1 Finals Wind: NWI | | | |
| 1 | Rhianna Syllion | Arnprior - Arnprior | 26.92 |
| 2 | Taylor Limlaw | Opeongo - Douglas | 28.48 |
| 3 | Isabella Kenol | Jeanne-Lajoi | 29.21 |
| 4 | Aysha Davidson | Fellowes - Pembroke | 30.24 |
| 5 | Evaleigh McDonald | Fellowes - Pembroke | 31.04 |
| 6 | Savannah Crigger | Fellowes - Pembroke | 31.59 |

Women 400 Meter Dash Novice

=====

OFSAA: 1:00.56 2022-05-09 Quinn Coughlin, Opeongo

| Name | Year | School | Finals |
|-----------|-------------------|---------------------|---------|
| ===== | | | |
| Section 1 | | | |
| 1 | Evaleigh McDonald | Fellowes - Pembroke | 1:14.86 |
| 2 | Breanna Mahon | Bishop Smith | 1:14.94 |
| 3 | Leia Schuler | Opeongo - Douglas | 1:19.78 |
| 4 | Gabriella Smith | Bishop Smith | 1:26.78 |
| Section 2 | | | |
| 1 | Ava Enright | Opeongo - Douglas | 1:07.74 |
| 2 | Emily Hill | Arnprior - Arnprior | 1:08.57 |
| 3 | Delaney Dick | Opeongo - Douglas | 1:09.15 |
| 4 | Ashlynn Tierney | Bishop Smith | 1:11.27 |
| 5 | Ashley Steinke | Arnprior - Arnprior | 1:16.78 |
| 6 | Jamie Rogerson | Valour - Petawawa | 1:19.82 |

Women 800 Meter Run Novice

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OFSAA: 2:32.71 2017-05-12 Sophie Levasseur, Equinox

| Name | Year | School | Finals |
|-----------|------------------|---------------------|---------|
| ===== | | | |
| Section 1 | | | |
| 1 | Delaney Dick | Opeongo - Douglas | 2:48.91 |
| 2 | Alida Daber | Renfrew CI - | 2:57.83 |
| 3 | Maela Ramirez | MacKenzie Co | 2:58.77 |
| 4 | Molly MacInnis | Bishop Smith | 3:00.52 |
| 5 | Grace Flegal | Bishop Smith | 3:08.58 |
| 6 | Ashley Steinke | Arnprior - Arnprior | 3:09.49 |
| 7 | Gabriella Birkus | Bishop Smith | 3:11.24 |
| 8 | Leia Schuler | Opeongo - Douglas | 3:16.30 |
| 9 | Pheonix Wolfgram | Fellowes - Pembroke | 3:22.25 |

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...Women 800 Meter Run Novice

10 Gabriella Smith Bishop Smith 3:34.68

Women 1500 Meter Run Novice

| ===== | | | |
|----------------------|---------|---------------------|-------------------------|
| OFSAA: | 5:14.97 | 2007 | Melissa Jones, Fellowes |
| Name | Year | School | Finals |
| ===== | | | |
| 1 Alida Daber | | Renfrew CI - | 5:47.69 |
| 2 Molly MacInnis | | Bishop Smith | 5:54.79 |
| 3 Harley Hodgins | | Opeongo - Douglas | 5:55.07 |
| 4 Elizabeth Bergeron | | Fellowes - Pembroke | 5:55.53 |
| 5 Maela Ramirez | | MacKenzie Co | 5:59.84 |
| 6 Alaina Dean | | Renfrew CI - | 6:00.93 |
| 7 Breanna Mahon | | Bishop Smith | 6:06.05 |
| 8 Grace Flegal | | Bishop Smith | 6:08.64 |
| 9 Jamie Rogerson | | Valour - Petawawa | 6:54.30 |

Women 3000 Meter Run Novice

| ===== | | | |
|---------------------------|----------|-------------------|-------------------------|
| OFSAA: | 11:27.41 | 2007 | Melissa Jones, Fellowes |
| Name | Year | School | Finals |
| ===== | | | |
| 1 Harley Hodgins | | Opeongo - Douglas | 13:02.62 |
| 2 Alida Daber | | Renfrew CI - | 13:12.82 |
| 3 Isabella Van Lindenberg | | Opeongo - Douglas | 13:48.81 |
| 4 Alaina Dean | | Renfrew CI - | 14:27.41 |

Women 80 Meter Hurdles Novice

| ===== | | | |
|--------------------------------|-------|---------------------|---------------------------|
| OFSAA: | 13.50 | 2014-05-14 | Olivia McIntyre, Arnprior |
| Name | Year | School | Prelims |
| ===== | | | |
| Heat 1 Preliminaries Wind: NWI | | | |
| 1 Rhianna Syllion | | Arnprior - Arnprior | 12.26Q |
| 2 Emily Hill | | Arnprior - Arnprior | 15.47Q |
| 3 Kate O'Brien | | Opeongo - Douglas | 15.75q |
| 4 Mikaela Lefebvre | | Arnprior - Arnprior | 16.40q |
| 5 Isabella Van Lindenberg | | Opeongo - Douglas | 17.65q |
| 6 Andee Riopelle | | Renfrew CI - | 18.00q |
| Heat 2 Preliminaries Wind: NWI | | | |
| 1 Callie Baltazar | | MacKenzie Co | 16.27Q |
| 2 Jadyn King | | Renfrew CI - | 17.42Q |
| 3 Dakota Riopelle | | Renfrew CI - | 18.54 |
| 3 Norah Silver | | Fellowes - Pembroke | 18.54 |
| 5 Olivia Curry | | St. Joseph's | 19.27 |
| 6 Lily Barton | | Fellowes - Pembroke | 19.64 |

Women 80 Meter Hurdles Novice

| ===== | | | |
|----------------------------|-------|---------------------|---------------------------|
| OFSAA: | 13.50 | 2014-05-14 | Olivia McIntyre, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 Finals Wind: NWI | | | |
| 1 Rhianna Syllion | | Arnprior - Arnprior | 12.58 |
| 2 Emily Hill | | Arnprior - Arnprior | 15.10 |

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...Women 80 Meter Hurdles Novice

| | | | |
|---|-------------------------|---------------------|-------|
| 3 | Kate O'Brien | Opeongo - Douglas | 15.32 |
| 4 | Callie Baltazar | MacKenzie Co | 16.18 |
| 5 | Mikaela Lefebvre | Arnprior - Arnprior | 16.38 |
| 6 | Isabella Van Lindenberg | Opeongo - Douglas | 17.27 |
| 7 | Jadyn King | Renfrew CI - | 17.46 |
| 8 | Andee Riopelle | Renfrew CI - | 18.40 |

Women 300 Meter Hurdles Novice

| | | | |
|--------|-------|-------------|--------------------------|
| ===== | | | |
| OFSAA: | 50.80 | 2018-05-15 | Bailey Stonham, Arnprior |
| Name | | Year School | Finals |
| ===== | | | |

Section 1

| | | | |
|---|-------------------|---------------------|---------|
| 1 | Ava Recoskie | Bishop Smith | 52.83 |
| 2 | Ava Enright | Opeongo - Douglas | 53.69 |
| 3 | Evaleigh McDonald | Fellowes - Pembroke | 56.52 |
| 4 | Callie Baltazar | MacKenzie Co | 56.54 |
| 5 | Marikje DeVries | Renfrew CI - | 58.97 |
| 6 | Jadyn King | Renfrew CI - | 1:08.25 |

Women 4x100 Meter Relay Novice

| | | | |
|--------|-------|------------|----------------|
| ===== | | | |
| OFSAA: | 53.56 | 2019-05-08 | Valour, Valour |
| School | | | Finals |
| ===== | | | |

| | | |
|---|-------------------------|--------------------|
| 1 | Arnprior - Arnprior | 56.06 |
| 2 | Bishop Smith - Pembroke | 56.38 |
| 3 | Opeongo - Douglas | 56.48 |
| 4 | Fellowes - Pembroke | 59.09 |
| 5 | Renfrew CI - Renfrew | 1:00.61 |
| | 1) Charlee Bowes | 2) Marikje DeVries |
| | 3) Alaina Dean | 4) Andee Riopelle |

Women High Jump Novice

| | | | |
|--------|-------|-------------|--------------------------|
| ===== | | | |
| OFSAA: | 1.56m | 2019-05-08 | Genevieve Mackay, Valour |
| Name | | Year School | Finals |
| ===== | | | |

Flight 1

| | | | |
|---|------------------|---------------------|-------|
| 1 | Laurette Hickson | Jeanne-Lajoi | 1.35m |
| 2 | Emma Bondarchuk | Arnprior - Arnprior | 1.30m |
| 2 | Skye Chase | Arnprior - Arnprior | 1.30m |
| 4 | Faith Lisk | Fellowes - Pembroke | 1.25m |
| 5 | Ava Enright | Opeongo - Douglas | 1.15m |

Women Long Jump Novice

| | | | | | |
|--------|-------|-------------|------------------------|------|--|
| ===== | | | | | |
| OFSAA: | 5.06m | 2019-05-08 | Yulia Adeshida, Valour | | |
| Name | | Year School | Finals | Wind | |
| ===== | | | | | |

| | | | | |
|---|------------------|---------------------|-------|-----|
| 1 | Kate O'Brien | Opeongo - Douglas | 4.36m | NWI |
| 2 | Laurette Hickson | Jeanne-Lajoi | 4.31m | NWI |
| 3 | Juliette Fischer | Valour - Petawawa | 4.23m | NWI |
| 4 | Emma Brotton | Madawaska Va | 4.15m | NWI |
| 5 | Faith Lisk | Fellowes - Pembroke | 4.04m | NWI |

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| | | | | |
|----|-------------------------|---------------------|-------|-----|
| 6 | Sophie Sjaarda | Fellowes - Pembroke | 3.94m | NWI |
| 7 | Kyra Comparelli | St. Joseph's | 3.89m | NWI |
| 8 | Carley Simard | Bishop Smith | 3.80m | NWI |
| 9 | Keira Radbourne | Valour - Petawawa | 3.71m | NWI |
| 10 | Charlotte Seabert | Jeanne-Lajoi | 3.69m | NWI |
| 11 | Sophie Hutchings | Renfrew CI - | 3.59m | NWI |
| 11 | Marikje DeVries | Renfrew CI - | 3.59m | NWI |
| 13 | Skye Chase | Arnrior - Arnrior | 3.54m | NWI |
| 14 | Alyssa Williston | Bishop Smith | 3.52m | NWI |
| 15 | Olivia Curry | St. Joseph's | 3.42m | NWI |
| 16 | Sloan Yee | Arnrior - Arnrior | 3.19m | NWI |
| 17 | Andee Riopelle | Renfrew CI - | 3.16m | NWI |
| 18 | Jordyn Scantland-Proulx | Valour - Petawawa | 3.12m | NWI |
| 18 | Jadyn King | Renfrew CI - | 3.12m | NWI |
| 20 | Jaelyn McAuley | MacKenzie Co | 3.07m | NWI |

Women Triple Jump Novice

| ===== | | | | |
|-------|-------------------------|---------------------|--------|-------------------------|
| | OFSAA: | 10.56m | 2004 | Amanda Brydges, Renfrew |
| Name | Year | School | Finals | Wind |
| ===== | | | | |
| 1 | Juliette Fischer | Valour - Petawawa | 9.58m | NWI |
| 2 | Kate O'Brien | Opeongo - Douglas | 9.50m | NWI |
| 3 | Laurelle Hickson | Jeanne-Lajoi | 9.28m | NWI |
| 4 | Reagan Edwards | Bishop Smith | 8.93m | NWI |
| 5 | Faith Lisk | Fellowes - Pembroke | 8.89m | NWI |
| 6 | Kyra Comparelli | St. Joseph's | 8.66m | NWI |
| 7 | Emily Hill | Arnrior - Arnrior | 8.05m | NWI |
| 8 | Isabella Van Lindenberg | Opeongo - Douglas | 7.86m | NWI |
| 9 | Charlotte Seabert | Jeanne-Lajoi | 7.74m | NWI |
| 10 | Sophie Hutchings | Renfrew CI - | 7.42m | NWI |

Women Shot Put Novice

| ===== | | | | |
|-------|-----------------------|---------------------|------------|-------------------------|
| | OFSAA: | 9.83m | 2017-05-12 | Eve Schruoeder, Opeongo |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 | Madison Coulas | Fellowes - Pembroke | 10.49m | |
| 2 | Taylor Loback | Fellowes - Pembroke | 9.56m | |
| 3 | Rebecca Egan | Opeongo - Douglas | 9.15m | |
| 4 | Ayda Bolger | Bishop Smith | 8.68m | |
| 5 | Lydia Goulard | Jeanne-Lajoi | 8.40m | |
| 6 | Rosabella Ashick | Jeanne-Lajoi | 8.14m | |
| 7 | Charlee Bowes | Renfrew CI - | 7.93m | |
| 8 | Sydney Taylor Hoffman | Opeongo - Douglas | 7.75m | |
| 9 | Peyton Church | Renfrew CI - | 7.12m | |
| 10 | Ainsley Brown | Jeanne-Lajoi | 6.32m | |
| 11 | Skye Chase | Arnrior - Arnrior | 6.09m | |
| 12 | Alexa Robbins | Valour - Petawawa | 5.54m | |
| 13 | Avery Walsh | Valour - Petawawa | 5.07m | |

UOVHSA Track & Field Championship 2023**Bishop Smith CHS****Results****Women Discus Throw Novice**

| ===== | | | |
|--------|------------------|-------------------|---------------------|
| OFSAA: | 29.78m | 2005 | Zoe Scharf, Renfrew |
| Name | Year | School | Finals |
| ===== | | | |
| 1 | Charlee Bowes | Renfrew CI - | 20.25m |
| 2 | Rosabella Ashick | Jeanne-Lajoi | 20.20m |
| 3 | Peyton Church | Renfrew CI - | 17.57m |
| 4 | Lydia Goulard | Jeanne-Lajoi | 16.77m |
| 5 | Ayda Bolger | Bishop Smith | 16.15m |
| 6 | Ainsley Brown | Jeanne-Lajoi | 15.78m |
| 7 | Alexa Robbins | Valour - Petawawa | 15.56m |
| 8 | Avery Walsh | Valour - Petawawa | 12.81m |

Women Javelin Throw Novice

| ===== | | | |
|--------|-----------------------|---------------------|-----------------------|
| OFSAA: | 28.36m | 2019-05-08 | Emma McGrath, Opeongo |
| Name | Year | School | Finals |
| ===== | | | |
| 1 | Ava Recoskie | Bishop Smith | 27.26m |
| 2 | Reagan Edwards | Bishop Smith | 26.35m |
| 3 | Claire Noble | Bishop Smith | 24.62m |
| 4 | Addie Belleau | MacKenzie Co | 24.17m |
| 5 | Charlee Bowes | Renfrew CI - | 22.21m |
| 6 | Peyton Church | Renfrew CI - | 21.54m |
| 7 | Lydia Goulard | Jeanne-Lajoi | 19.97m |
| 8 | Rebecca Egan | Opeongo - Douglas | 19.86m |
| 9 | Shannon Harrington | Bishop Smith | 19.45m |
| 10 | Dakota Riopelle | Renfrew CI - | 18.53m |
| 11 | Taylor Loback | Fellowes - Pembroke | 18.37m |
| 12 | Sydney Taylor Hoffman | Opeongo - Douglas | 17.42m |
| 13 | Georgina Steedman | MacKenzie Co | 15.76m |
| 14 | Rosabella Ashick | Jeanne-Lajoi | 14.69m |
| 15 | Alexa Robbins | Valour - Petawawa | 13.69m |
| 16 | Sloan Yee | Arnprior - Arnprior | 13.40m |
| 17 | Avery Walsh | Valour - Petawawa | 11.53m |
| 18 | Ainsley Brown | Jeanne-Lajoi | 9.80m |

Women 100 Meter Dash Junior

| ===== | | | |
|----------------------|-------------------|---------------------|--------------------------|
| OFSAA: | 12.96 | 2015-05-13 | Payton Ziebarth, Opeongo |
| Name | Year | School | Prelims |
| ===== | | | |
| Heat 1 Preliminaries | Wind: NWI | | |
| 1 | Addyson Clouthier | MacKenzie Co | 14.15q |
| 2 | Catherine Marlay | Fellowes - Pembroke | 14.18q |
| 3 | Cheyenne Felhaber | Madawaska Va | 15.04 |
| 4 | Marley Hoffman | Fellowes - Pembroke | 15.43 |
| 5 | Holly Keuhl | Fellowes - Pembroke | 15.62 |
| 6 | Holly Rahn | Fellowes - Pembroke | 15.66 |
| 7 | Emma Cuthbertson | Valour - Petawawa | 15.91 |
| 8 | Laryssa Kuehl | Valour - Petawawa | 16.69 |
| Heat 2 Preliminaries | Wind: NWI | | |
| 1 | Keanna Lim | MacKenzie Co | 13.93q |
| 2 | Nicole Gumbo | Arnprior - Arnprior | 14.50q |
| 3 | Lauren Staye | Arnprior - Arnprior | 14.57q |
| 4 | Claire Richards | St. Joseph's | 14.60q |

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...Women 100 Meter Dash Junior

| | | |
|--------------------|-------------------|--------|
| 5 Carmendy Andrews | Opeongo - Douglas | 14.69q |
| 6 Ashlyn Craig | Valour - Petawawa | 15.00q |
| 7 Maaike O'Connell | Valour - Petawawa | 15.63 |
| 8 Hannah Billstrom | Madawaska Va | 15.82 |

Women 100 Meter Dash Junior

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| | | | |
|--------|-------|-------------|--------------------------|
| OFSAA: | 12.96 | 2015-05-13 | Payton Ziebarth, Opeongo |
| Name | | Year School | Finals |

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Section 1 Finals Wind: NWI

| | | |
|---------------------|---------------------|-------|
| 1 Keanna Lim | MacKenzie Co | 13.84 |
| 2 Catherine Marlay | Fellowes - Pembroke | 14.23 |
| 3 Nicole Gumbo | Arnprior - Arnprior | 14.49 |
| 4 Addyson Clouthier | MacKenzie Co | 14.61 |
| 5 Claire Richards | St. Joseph's | 14.68 |
| 6 Lauren Staye | Arnprior - Arnprior | 14.75 |
| 7 Carmendy Andrews | Opeongo - Douglas | 14.82 |
| 8 Ashlyn Craig | Valour - Petawawa | 15.08 |

Women 200 Meter Dash Junior

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| | | | |
|--------|-------|-------------|--------------------------|
| OFSAA: | 27.06 | 2015-05-15 | Payton Ziebarth, Opeongo |
| Name | | Year School | Prelims |

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Heat 1 Preliminaries Wind: NWI

| | | |
|--------------------|-------------------|--------|
| 1 Alaina Matheson | Opeongo - Douglas | 31.61Q |
| 2 Rogan Mooney | St. Joseph's | 31.76Q |
| 3 Carmendy Andrews | Opeongo - Douglas | 31.82q |
| 4 Kaylie Yantha | Madawaska Va | 32.35 |
| 5 Maaike O'Connell | Valour - Petawawa | 32.67 |
| 6 Laryssa Kuehl | Valour - Petawawa | 35.29 |

Heat 2 Preliminaries Wind: NWI

| | | |
|--------------------|---------------------|--------|
| 1 Anisa Raudssus | Arnprior - Arnprior | 29.24Q |
| 2 Emily Bailey | Valour - Petawawa | 29.46Q |
| 3 Claire Richards | St. Joseph's | 29.70q |
| 4 Nicole Gumbo | Arnprior - Arnprior | 30.52q |
| 5 Avery Beegan | Fellowes - Pembroke | 31.90q |
| 6 Holly Rahn | Fellowes - Pembroke | 33.28 |
| 7 Emma Cuthbertson | Valour - Petawawa | 33.88 |

Women 200 Meter Dash Junior

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| | | | |
|--------|-------|-------------|--------------------------|
| OFSAA: | 27.06 | 2015-05-15 | Payton Ziebarth, Opeongo |
| Name | | Year School | Finals |

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Section 1 Finals Wind: NWI

| | | |
|--------------------|---------------------|-------|
| 1 Anisa Raudssus | Arnprior - Arnprior | 29.66 |
| 2 Claire Richards | St. Joseph's | 29.82 |
| 3 Emily Bailey | Valour - Petawawa | 30.26 |
| 4 Carmendy Andrews | Opeongo - Douglas | 32.10 |
| 5 Alaina Matheson | Opeongo - Douglas | 32.73 |
| 6 Rogan Mooney | St. Joseph's | 32.76 |

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Women 400 Meter Dash Junior

| ===== | | | |
|--------|-------|--------|-------------------------|
| OFSAA: | 58.80 | 2004 | Melissa Bishop, Opeongo |
| Name | Year | School | Finals |
| ===== | | | |

Section 1

| | | | |
|---|---------------------------|-------------------|---------|
| 1 | Emily Bailey | Valour - Petawawa | 1:07.82 |
| 2 | April Bergeron-Csunynosck | Jeanne-Lajoi | 1:10.48 |
| 3 | Kaylie Yantha | Madawaska Va | 1:18.27 |
| 4 | Emma Cuthbertson | Valour - Petawawa | 1:19.59 |
| 5 | Grace Bulmer | Bishop Smith | 1:26.02 |

Section 2

| | | | |
|---|------------------|-------------------|---------|
| 1 | Serra Yildir | Valour - Petawawa | 1:08.05 |
| 2 | Maaike O'Connell | Valour - Petawawa | 1:13.54 |
| 3 | Rosalind Daniels | St. Joseph's | 1:16.25 |
| 4 | Hannah Billstrom | Madawaska Va | 1:17.88 |
| 5 | Alorah York | Bishop Smith | 1:27.94 |

Women 800 Meter Run Junior

| ===== | | | |
|--------|---------|--------|-------------------------|
| OFSAA: | 2:20.12 | 2004 | Melissa Bishop, Opeongo |
| Name | Year | School | Finals |
| ===== | | | |

Section 1

| | | | |
|---|------------------|-------------------|---------|
| 1 | Serra Yildir | Valour - Petawawa | 2:46.65 |
| 2 | Rosalind Daniels | St. Joseph's | 2:59.89 |

Women 1500 Meter Run Junior

| ===== | | | |
|--------|---------|------------|----------------------|
| OFSAA: | 5:05.10 | 2022-05-09 | Koree Yach, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |

| | | | |
|---|---------------------------|-------------------|---------|
| 1 | April Bergeron-Csunynosck | Jeanne-Lajoi | 6:02.20 |
| 2 | Ava Mark | Jeanne-Lajoi | 6:12.11 |
| 3 | Maëlle Allard | Jeanne-Lajoi | 6:15.92 |
| 4 | Jada Aliberti | Valour - Petawawa | 6:18.85 |

Women 3000 Meter Run Junior

| ===== | | | |
|--------|----------|------------|----------------------------|
| OFSAA: | 11:06.34 | 2016-05-13 | Laura Yantha, Madawaska Va |
| Name | Year | School | Finals |
| ===== | | | |

| | | | |
|---|---------------|-------------------|----------|
| 1 | Jada Aliberti | Valour - Petawawa | 14:10.02 |
| 2 | Alexis Risto | Bishop Smith | 22:01.42 |

Women 80 Meter Hurdles Junior

| ===== | | | |
|--------|-------|------------|----------------------|
| OFSAA: | 12.67 | 2009-05-14 | Alicia Pan, Arnprior |
| Name | Year | School | Prelims |
| ===== | | | |

Heat 1 Preliminaries Wind: NWI

| | | | |
|---|----------------|---------------------|--------|
| 1 | Keira O'Mara | St. Joseph's | 16.06Q |
| 2 | Nicole Gumbo | Arnprior - Arnprior | 16.21Q |
| 3 | Jaelyn McAuley | MacKenzie Co | 18.43q |
| 4 | Ally McLaren | Opeongo - Douglas | 20.37q |

Heat 2 Preliminaries Wind: NWI

| | | | |
|---|-----------------|-------------------|--------|
| 1 | Alaina Matheson | Opeongo - Douglas | 15.91Q |
|---|-----------------|-------------------|--------|

UOVHSA Track & Field Championship 2023
Bishop Smith CHS
Results

...Women 80 Meter Hurdles Junior

| | | | |
|---|---------------|---------------------|--------|
| 1 | Ashlyn Craig | Valour - Petawawa | 15.91Q |
| 3 | Jules Tunison | Arnprior - Arnprior | 17.38q |

Women 80 Meter Hurdles Junior

=====

| | | | | |
|--------|-------|------------|----------------------|--------|
| OFSAA: | 12.67 | 2009-05-14 | Alicia Pan, Arnprior | |
| Name | | Year | School | Finals |

=====

Section 1 Finals Wind: NWI

| | | | |
|---|-----------------|---------------------|-------|
| 1 | Jules Tunison | Arnprior - Arnprior | 15.37 |
| 2 | Alaina Matheson | Opeongo - Douglas | 15.47 |
| 3 | Ashlyn Craig | Valour - Petawawa | 15.64 |
| 4 | Keira O'Mara | St. Joseph's | 15.98 |
| 5 | Nicole Gumbo | Arnprior - Arnprior | 16.73 |
| 6 | Ally McLaren | Opeongo - Douglas | 18.03 |
| 7 | Jaelyn McAuley | MacKenzie Co | 18.23 |

Women 300 Meter Hurdles Junior

=====

| | | | | |
|--------|-------|------------|-------------------------|--------|
| OFSAA: | 47.31 | 2023-05-18 | Quinn Coughlin, Opeongo | |
| Name | | Year | School | Finals |

=====

Section 1

| | | | |
|---|----------------|---------------------|---------|
| 1 | Harmony Fowler | Jeanne-Lajoi | 53.85 |
| 2 | Emily Bailey | Valour - Petawawa | 56.69 |
| 3 | Jules Tunison | Arnprior - Arnprior | 58.12 |
| 4 | Ashlyn Craig | Valour - Petawawa | 1:02.04 |

Women 4x100 Meter Relay Junior

=====

| | | | | |
|--------|-------|------------|--------------------|--------|
| OFSAA: | 53.72 | 2014-05-15 | Arnprior, Arnprior | |
| School | | | | Finals |

=====

| | | |
|---|--------------------------------|--------------------|
| 1 | Arnprior - Arnprior | 55.25 |
| 2 | MacKenzie Comm Sch -deep River | 56.39 |
| | 1) Addyson Clouthier | 2) Keanna Lim |
| | 3) Callie Baltazar | 4) Jasmine Woodley |
| 3 | St. Joseph's - Renfrew | 57.71 |
| | 1) Addison Chaplin | 2) Claire Richards |
| | 3) Ella Stewart | 4) Savana Peori |
| 4 | Valour - Petawawa | 1:01.39 |

Women High Jump Junior

=====

| | | | | |
|--------|-------|------|-------------------------|--------|
| OFSAA: | 1.55m | 2005 | Erin Devereux, Fellowes | |
| Name | | Year | School | Finals |

=====

Flight 1

| | | | |
|---|--------------------|---------------------|-------|
| 1 | Faith Allen | Fellowes - Pembroke | 1.30m |
| 2 | Harmony Fowler | Jeanne-Lajoi | 1.26m |
| 3 | Marley Hoffman | Fellowes - Pembroke | 1.25m |
| 4 | Autumn Bridgewater | Jeanne-Lajoi | 1.20m |
| 5 | Maëlle Allard | Jeanne-Lajoi | 1.15m |

UOVHSA Track & Field Championship 2023**Bishop Smith CHS****Results****Women Long Jump Junior**

| ===== | | | | | |
|--------|--------------------|---------------------|--------|-------------------------|--|
| OFSAA: | | 4.89m | 2005 | Amanda Brydges, Opeongo | |
| Name | Year | School | Finals | Wind | |
| ===== | | | | | |
| 1 | Serra Yildir | Valour - Petawawa | 5.04m | NWI | |
| 2 | Anisa Raudssus | Arnprior - Arnprior | 4.53m | NWI | |
| 3 | Keanna Lim | MacKenzie Co | 4.29m | NWI | |
| 4 | Jules Tunison | Arnprior - Arnprior | 4.28m | NWI | |
| 5 | Lena Costello | Bishop Smith | 3.96m | NWI | |
| 6 | Maëlle Allard | Jeanne-Lajoi | 3.76m | NWI | |
| 7 | Ella Prins | Fellowes - Pembroke | 3.70m | NWI | |
| 8 | Kaylie Yantha | Madawaska Va | 3.68m | NWI | |
| 8 | Lauren Staye | Arnprior - Arnprior | 3.68m | NWI | |
| 10 | Ella Stewart | St. Joseph's | 3.66m | NWI | |
| 11 | Marley Hoffman | Fellowes - Pembroke | 3.58m | NWI | |
| 12 | Alexis Buchwald | Fellowes - Pembroke | 3.47m | NWI | |
| 13 | Autumn Bridgewater | Jeanne-Lajoi | 3.43m | NWI | |
| 14 | Holly Keuhl | Fellowes - Pembroke | 3.39m | NWI | |
| 15 | Leah Weiss | Valour - Petawawa | 3.34m | NWI | |

Women Triple Jump Junior

| ===== | | | | | |
|--------|--------------------|--------------|--------|-------------------------|--|
| OFSAA: | | 10.35m | 2005 | Amanda Brydges, Renfrew | |
| Name | Year | School | Finals | Wind | |
| ===== | | | | | |
| 1 | Lena Costello | Bishop Smith | 8.73m | NWI | |
| 2 | Ava Mark | Jeanne-Lajoi | 8.71m | NWI | |
| 3 | Autumn Bridgewater | Jeanne-Lajoi | 8.17m | NWI | |

Women Shot Put Junior

| ===== | | | | | |
|--------|----------------------|---------------------|------------|-----------------------|--|
| OFSAA: | | 12.28m | 2018-05-15 | Erin Sweeney, Opeongo | |
| Name | Year | School | Finals | | |
| ===== | | | | | |
| 1 | Fedora Yonkeu-Tchami | Bishop Smith | 10.25m | | |
| 2 | Oliva Vernelli | Valour - Petawawa | 8.67m | | |
| 3 | Ally McLaren | Opeongo - Douglas | 8.61m | | |
| 4 | Ashley Molson | Valour - Petawawa | 8.44m | | |
| 5 | Emery Verch | Fellowes - Pembroke | 8.27m | | |
| 6 | Olivia Kobylecki | Jeanne-Lajoi | 8.10m | | |
| 7 | Mia Ghanem | Jeanne-Lajoi | 7.85m | | |
| 8 | Gracie Michaud | Bishop Smith | 7.84m | | |
| 9 | Abigail Brisco | Renfrew CI - | 7.65m | | |
| 10 | Brooklyn Regier | Fellowes - Pembroke | 7.41m | | |
| 11 | Aggie March | Valour - Petawawa | 7.27m | | |
| 12 | Kate Romain | Jeanne-Lajoi | 6.72m | | |
| 13 | Alexis Risto | Bishop Smith | 5.84m | | |

Women Discus Throw Junior

| ===== | | | | | |
|--------|----------------|-------------------|------------|-----------------------|--|
| OFSAA: | | 30.97m | 2011-05-13 | Katie Klatt, Fellowes | |
| Name | Year | School | Finals | | |
| ===== | | | | | |
| 1 | Ashley Molson | Valour - Petawawa | 28.30m | | |
| 2 | Abigail Brisco | Renfrew CI - | 24.18m | | |
| 3 | Mia Ghanem | Jeanne-Lajoi | 23.43m | | |

UOVHSA Track & Field Championship 2023**Bishop Smith CHS****Results****...Women Discus Throw Junior**

| | | | |
|---|------------------|-------------------|--------|
| 4 | Aggie March | Valour - Petawawa | 20.77m |
| 5 | Leah Weiss | Valour - Petawawa | 20.72m |
| 6 | Gracie Michaud | Bishop Smith | 19.62m |
| 7 | Oliva Vernelli | Valour - Petawawa | 19.19m |
| 8 | Olivia Kobylecki | Jeanne-Lajoi | 17.36m |

Women Javelin Throw Junior

| ===== | | | |
|-------|-------------------------|---------------------|-------------------------|
| | OFSAA: | 38.54m | 2004 |
| | | | Sarah Collins, Fellowes |
| Name | Year | School | Finals |
| ===== | | | |
| 1 | Aggie March | Valour - Petawawa | 25.19m |
| 2 | Alexis Buchwald | Fellowes - Pembroke | 24.60m |
| 3 | Olivia Kobylecki | Jeanne-Lajoi | 23.99m |
| 4 | Caileigh Warneford | Opeongo - Douglas | 23.66m |
| 5 | Leah Weiss | Valour - Petawawa | 22.78m |
| 6 | Lena Costello | Bishop Smith | 22.00m |
| 7 | Emery Verch | Fellowes - Pembroke | 19.23m |
| 8 | Gracie Michaud | Bishop Smith | 18.68m |
| 9 | Adelaide Lomore-Beaupre | Fellowes - Pembroke | 18.38m |
| 10 | Oliva Vernelli | Valour - Petawawa | 15.72m |
| 11 | Ally McLaren | Opeongo - Douglas | 15.54m |
| 12 | Abigail Brisco | Renfrew CI - | 15.12m |
| 13 | Mia Ghanem | Jeanne-Lajoi | 13.80m |
| 14 | Ashley Molson | Valour - Petawawa | 13.54m |
| 15 | Kate Romain | Jeanne-Lajoi | 13.50m |
| 16 | Brooklyn Regier | Fellowes - Pembroke | 13.03m |

Women 100 Meter Dash Senior

| ===== | | | |
|----------------------|---------------------|---------------------|-------------------|
| | OFSAA: | 12.30 | 1992 |
| | | | L. Wall, Arnprior |
| Name | Year | School | Prelims |
| ===== | | | |
| Heat 1 Preliminaries | Wind: | NWI | |
| 1 | Carlyn Brunette | Bishop Smith | 13.37Q |
| 2 | Charley Keefe | Opeongo - Douglas | 13.69Q |
| 3 | Azande Cutas | Valour - Petawawa | 13.71q |
| 4 | Molly Chamberlain | Renfrew CI - | 13.98q |
| 5 | Mackenzie Epp | Valour - Petawawa | 14.06 |
| 6 | Lilly Spencer | Fellowes - Pembroke | 14.48 |
| 7 | Julianna McNeil | MacKenzie Co | 15.91 |
| 8 | Anna Zaghi | Renfrew CI - | 16.94 |
| Heat 2 Preliminaries | Wind: | NWI | |
| 1 | Shay Middlemiss | Arnprior - Arnprior | 13.43Q |
| 2 | Layla Cobus | St. Joseph's | 13.65Q |
| 3 | Sarah Causey | MacKenzie Co | 13.68q |
| 4 | Charissa Edwards | Valour - Petawawa | 13.84q |
| 5 | Haylee Alport | Fellowes - Pembroke | 13.99 |
| 6 | Rowan Coleman | Opeongo - Douglas | 14.44 |
| 7 | Ava Cunningham | Arnprior - Arnprior | 14.72 |
| 8 | Abbigail Novosedlik | Valour - Petawawa | 14.75 |

UOVHSA Track & Field Championship 2023

Bishop Smith CHS

Results

Women 100 Meter Dash Senior

| ===== | | | |
|-----------|-------------------|---------------------|-------------------|
| OFSAA: | 12.30 | 1992 | L. Wall, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 | Finals | Wind: NWI | |
| 1 | Carlyn Brunette | Bishop Smith | 13.40 |
| 2 | Shay Middlemiss | Arnprior - Arnprior | 13.42 |
| 3 | Charley Keefe | Opeongo - Douglas | 13.65 |
| 4 | Sarah Causey | MacKenzie Co | 13.66 |
| 5 | Layla Cobus | St. Joseph's | 13.73 |
| 6 | Charissa Edwards | Valour - Petawawa | 13.82 |
| 7 | Azande Cutas | Valour - Petawawa | 14.07 |
| 8 | Molly Chamberlain | Renfrew CI - | 14.14 |

Women 200 Meter Dash Senior

| ===== | | | |
|--------|---------------------|---------------------|-------------------|
| OFSAA: | 25.50 | 1992 | L. Wall, Arnprior |
| Name | Year | School | Prelims |
| ===== | | | |
| Heat 1 | Preliminaries | Wind: NWI | |
| 1 | Quinn Coughlin | Opeongo - Douglas | 26.40Q |
| 2 | Anna Hirst | Arnprior - Arnprior | 27.12Q |
| 3 | Charissa Edwards | Valour - Petawawa | 29.76q |
| 4 | Cadence Davis | Opeongo - Douglas | 32.34q |
| Heat 2 | Preliminaries | Wind: NWI | |
| 1 | Charley Keefe | Opeongo - Douglas | 30.30Q |
| 2 | Molly Chamberlain | Renfrew CI - | 30.80Q |
| 3 | Flora Njike | Jeanne-Lajoi | 35.33 |
| Heat 3 | Preliminaries | Wind: NWI | |
| 1 | Shay Middlemiss | Arnprior - Arnprior | 29.11Q |
| 2 | Rowan Coleman | Opeongo - Douglas | 30.56Q |
| 3 | Abbigail Novosedlik | Valour - Petawawa | 32.39 |
| 4 | Kirsten Baltazar | MacKenzie Co | 32.60 |

Women 200 Meter Dash Senior

| ===== | | | |
|-----------|-------------------|---------------------|-------------------|
| OFSAA: | 25.50 | 1992 | L. Wall, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 | Finals | Wind: NWI | |
| 1 | Quinn Coughlin | Opeongo - Douglas | 26.58 |
| 2 | Anna Hirst | Arnprior - Arnprior | 26.94 |
| 3 | Shay Middlemiss | Arnprior - Arnprior | 28.59 |
| 4 | Charley Keefe | Opeongo - Douglas | 31.17 |
| 5 | Rowan Coleman | Opeongo - Douglas | 32.53 |
| 6 | Charissa Edwards | Valour - Petawawa | 32.86 |
| 7 | Cadence Davis | Opeongo - Douglas | 32.99 |
| 8 | Molly Chamberlain | Renfrew CI - | 33.39 |

Women 400 Meter Dash Senior

| ===== | | | |
|-----------|------------|---------------------|-------------------------|
| OFSAA: | 57.06 | 2005 | Melissa Bishop, Opeongo |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 | | | |
| 1 | Koree Yach | Arnprior - Arnprior | 1:01.03 |

UOVHSA Track & Field Championship 2023

Bishop Smith CHS

Results

...Women 400 Meter Dash Senior

| | | |
|---------------------------|-------------------|---------|
| 2 Irene Pandolifi | Renfrew CI - | 1:17.16 |
| 3 Adrianna Van Lindenberg | Opeongo - Douglas | 1:22.06 |
| 4 Maeve Ogilvie | MacKenzie Co | 1:28.45 |

Section 2

| | | |
|------------------------|---------------------|---------|
| 1 Quinn Coughlin | Opeongo - Douglas | 57.92 |
| 2 Hannah Habecker | Arnprior - Arnprior | 1:06.92 |
| 3 Laura Maggi | Opeongo - Douglas | 1:08.94 |
| 4 Summer Côté-Clemens | École élémen | 1:09.11 |
| 5 Marlo Van Lindenberg | Opeongo - Douglas | 1:16.86 |

Women 800 Meter Run Senior

| | | | |
|--------|---------|-------------|-----------------------------|
| ===== | | | |
| OFSAA: | 2:19.19 | 2018-05-15 | Eirlys Rauliuk-Dunn, Madawa |
| Name | | Year School | Finals |
| ===== | | | |

Section 1

| | | |
|-------------------|---------------------|---------|
| 1 Koree Yach | Arnprior - Arnprior | 2:22.97 |
| 2 Ariel Gibbons | Renfrew CI - | 2:42.19 |
| 3 Yara Kheirallah | Jeanne-Lajoi | 2:49.98 |
| 4 Erika Corriveau | École élémen | 2:52.32 |
| 5 Irene Pandolifi | Renfrew CI - | 2:56.26 |
| 6 Catalina Solis | St. Joseph's | 2:57.56 |

Women 1500 Meter Run Senior

| | | | |
|--------|---------|-------------|-----------------------|
| ===== | | | |
| OFSAA: | 4:52.90 | 1976 | Susan Spence, Opeongo |
| Name | | Year School | Finals |
| ===== | | | |

| | | |
|-----------------------|--------------|---------|
| 1 Ariel Gibbons | Renfrew CI - | 5:20.25 |
| 2 Yara Kheirallah | Jeanne-Lajoi | 5:46.93 |
| 3 Maggie Seabert | Jeanne-Lajoi | 5:51.06 |
| 4 Erika Corriveau | École élémen | 6:09.39 |
| 5 Emmi Corriveau | École élémen | 6:13.44 |
| 6 Izolde-Asia Pringle | Bishop Smith | 6:20.23 |

Women 3000 Meter Run Senior

| | | | |
|--------|----------|-------------|----------------------------|
| ===== | | | |
| OFSAA: | 10:26.58 | 2018-05-15 | Laura Yantha, Madawaska Va |
| Name | | Year School | Finals |
| ===== | | | |

| | | |
|---------------------|--------------|----------|
| 1 Ariel Gibbons | Renfrew CI - | 11:52.20 |
| 2 Maggie Seabert | Jeanne-Lajoi | 13:20.42 |
| 3 Emmi Corriveau | École élémen | 13:56.82 |
| 4 Shaïann Frederick | Jeanne-Lajoi | 14:22.22 |

Women 100 Meter Hurdles Senior

| | | | |
|--------|-------|-------------|-------------------------|
| ===== | | | |
| OFSAA: | 14.31 | 2007 | Jackie Lesway, Arnprior |
| Name | | Year School | Prelims |
| ===== | | | |

Heat 1 Preliminaries Wind: NWI

| | | |
|--------------------|---------------------|--------|
| 1 Anna Hirst | Arnprior - Arnprior | 17.04Q |
| 2 Hannah Habecker | Arnprior - Arnprior | 18.86Q |
| 3 Kirsten Baltazar | MacKenzie Co | 20.68q |
| 4 Adriana Silver | Fellowes - Pembroke | 21.06q |

UOVHSA Track & Field Championship 2023

Bishop Smith CHS

Results

...Women 100 Meter Hurdles Senior

Heat 2 Preliminaries Wind: NWI

| | | | |
|---|-------------------------|-------------------|--------|
| 1 | Eden Rose | MacKenzie Co | 17.07Q |
| 2 | Hannah Van Lindenberg | Renfrew CI - | 20.09Q |
| 3 | Adrianna Van Lindenberg | Opeongo - Douglas | 21.79q |
| 4 | Anna Zaghi | Renfrew CI - | 22.82q |

Women 100 Meter Hurdles Senior

| | | | |
|--------|-------|--------|-------------------------|
| ===== | | | |
| OFSAA: | 14.31 | 2007 | Jackie Lesway, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |

Section 1 Finals Wind: NWI

| | | | |
|---|-------------------------|---------------------|-------|
| 1 | Eden Rose | MacKenzie Co | 16.97 |
| 2 | Anna Hirst | Arnprior - Arnprior | 17.35 |
| 3 | Hannah Habecker | Arnprior - Arnprior | 18.93 |
| 4 | Adriana Silver | Fellowes - Pembroke | 19.88 |
| 5 | Hannah Van Lindenberg | Renfrew CI - | 20.24 |
| 6 | Kirsten Baltazar | MacKenzie Co | 20.34 |
| 7 | Adrianna Van Lindenberg | Opeongo - Douglas | 21.18 |
| 8 | Anna Zaghi | Renfrew CI - | 22.82 |

Women 400 Meter Hurdles Senior

| | | | |
|--------|---------|--------|--------------------|
| ===== | | | |
| OFSAA: | 1:07.20 | 1981 | P. Kenny, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |

Section 1

| | | | |
|---|-------------------------|---------------------|---------|
| 1 | Quinn Coughlin | Opeongo - Douglas | 1:02.70 |
| 2 | Koree Yach | Arnprior - Arnprior | 1:04.83 |
| 3 | Hannah Habecker | Arnprior - Arnprior | 1:14.90 |
| 4 | Madison Goulard | Jeanne-Lajoi | 1:21.26 |
| 5 | Courtney Vander Ploeg | Renfrew CI - | 1:24.36 |
| 6 | Summer Côté-Clemens | École élémen | 1:24.80 |
| 7 | Irene Pandolifi | Renfrew CI - | 1:26.34 |
| 8 | Adrianna Van Lindenberg | Opeongo - Douglas | 1:32.71 |

Women 4x100 Meter Relay Senior

| | | | |
|--------|-------|------|--------------------|
| ===== | | | |
| OFSAA: | 51.00 | 1991 | Arnprior, Arnprior |
| School | | | Finals |
| ===== | | | |

| | | |
|---|--------------------------------|----------------------|
| 1 | Arnprior - Arnprior | 53.25 |
| 2 | Opeongo - Douglas | 54.40 |
| 3 | Bishop Smith - Pembroke | 54.58 |
| 4 | Valour - Petawawa | 55.79 |
| 5 | MacKenzie Comm Sch -deep River | 55.85 |
| | 1) Eden Rose | 2) Sarah Causey |
| | 3) Wren Rauliuk Dunn | 4) Kir Baltazar |
| 6 | St. Joseph's - Renfrew | 57.23 |
| | 1) Layla Cobus | 2) Porsha Comparelli |
| | 3) Kate McEachen | 4) Catalina Solis |
| 7 | Fellowes - Pembroke | 57.89 |
| | 1) Jaxon Walsh | 2) Margaux Constant |
| | 3) Adriana Silver | 4) Haylee Alport |
| 8 | Renfrew CI - Renfrew | 1:01.16 |

UOVHSA Track & Field Championship 2023**Bishop Smith CHS****Results****...Women 4x100 Meter Relay Senior**

- | | |
|--------------------------|--------------------------|
| 1) Courtney Vander Ploeg | 2) Hannah Van Lindenberg |
| 3) Molly Chamberlain | 4) Irene Pandolifi |

Women High Jump Senior

OFSAA: 1.60m 2011-05-12 Julie Ethier, Fellowes

| Name | Year School | Finals |
|------|-------------|--------|
|------|-------------|--------|

Flight 1

| | | |
|-----------------------|---------------------|-------|
| 1 Eden Rose | MacKenzie Co | 1.60m |
| 2 Anna Hirst | Arnprior - Arnprior | 1.55m |
| 3 Amber Davidson | Arnprior - Arnprior | 1.40m |
| 4 Annabelle Dunn | Opeongo - Douglas | 1.35m |
| 4 Kelsea Moore | Bishop Smith | 1.35m |
| 6 Kira Desarmia | Arnprior - Arnprior | 1.30m |
| 6 Molly Chamberlain | Renfrew CI - | 1.30m |
| 8 Ava McLeod | Arnprior - Arnprior | 1.25m |
| 8 Wren Rauliuk Dunn | MacKenzie Co | 1.25m |
| 8 Kate MacGregor | Fellowes - Pembroke | 1.25m |
| 11 Kaitlyn Weatherbee | Bishop Smith | 1.20m |
| 11 Margaux Constant | Fellowes - Pembroke | 1.20m |

Women Long Jump Senior

OFSAA: 5.22m 2022-05-09 Yulia Adeshida, Valour

| Name | Year School | Finals | Wind |
|------|-------------|--------|------|
|------|-------------|--------|------|

| | | | |
|--------------------------|---------------------|-------|-----|
| 1 Carlyn Brunette | Bishop Smith | 5.00m | NWI |
| 2 Eden Rose | MacKenzie Co | 4.89m | NWI |
| 3 Sarah Causey | MacKenzie Co | 4.80m | NWI |
| 4 Charissa Edwards | Valour - Petawawa | 4.63m | NWI |
| 5 Azande Cutas | Valour - Petawawa | 4.54m | NWI |
| 6 Layla Cobus | St. Joseph's | 4.47m | NWI |
| 7 Erin Van Hoof | Madawaska Va | 4.45m | NWI |
| 8 Ava Cunningham | Arnprior - Arnprior | 4.32m | NWI |
| 9 Porsha Comparelli | St. Joseph's | 4.29m | NWI |
| 10 Charley Keefe | Opeongo - Douglas | 4.11m | NWI |
| 11 Mackenzie Epp | Valour - Petawawa | 4.08m | NWI |
| 12 Savannah Lambert | Renfrew CI - | 4.03m | NWI |
| 13 Laura Maggi | Opeongo - Douglas | 3.92m | NWI |
| 14 Abbigail Novosedlik | Valour - Petawawa | 3.80m | NWI |
| 15 Madison Goulard | Jeanne-Lajoi | 3.75m | NWI |
| 16 Margaux Constant | Fellowes - Pembroke | 3.74m | NWI |
| 17 Hannah Van Lindenberg | Renfrew CI - | 3.73m | NWI |
| 18 Cadence Davis | Opeongo - Douglas | 3.67m | NWI |
| 19 Lily Cahill | Opeongo - Douglas | 3.66m | NWI |
| 20 Julianna McNeil | MacKenzie Co | 3.40m | NWI |
| 21 Ava McLeod | Arnprior - Arnprior | 3.19m | NWI |
| 22 Shay Middlemiss | Arnprior - Arnprior | 3.13m | NWI |
| 23 Alexia Imbrea | Arnprior - Arnprior | 2.28m | NWI |

UOVHSAA Track & Field Championship 2023**Bishop Smith CHS****Results****Women Triple Jump Senior**

| ===== | | | | |
|---|------|---------------------|--------|------|
| OFSAA: 10.96m 2009-05-14 Emma Dobson, Opeongo | | | | |
| Name | Year | School | Finals | Wind |
| ===== | | | | |
| 1 Kelsea Moore | | Bishop Smith | 10.67m | NWI |
| 2 Mackenzie Epp | | Valour - Petawawa | 9.02m | NWI |
| 3 Porsha Comparelli | | St. Joseph's | 9.01m | NWI |
| 4 Savhanna Lambert | | Renfrew CI - | 8.89m | NWI |
| 5 Amber Davidson | | Arnprior - Arnprior | 8.64m | NWI |
| 6 Maud Patterson | | MacKenzie Co | 8.62m | NWI |
| 7 Kira Desarmia | | Arnprior - Arnprior | 8.38m | NWI |
| 8 Hannah Van Lindenberg | | Renfrew CI - | 7.72m | NWI |

Women Shot Put Senior

| ===== | | | | |
|--|------|---------------------|--------|--|
| OFSAA: 12.83m 1979 Melody Torcollacci, Opeongo | | | | |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 Summer Côté-Clemens | | École élémen | 8.89m | |
| 2 Meghan Smith | | Jeanne-Lajoi | 8.47m | |
| 3 Piper Stephenson | | MacKenzie Co | 8.33m | |
| 4 Jorja Stephenson | | MacKenzie Co | 8.25m | |
| 5 Keira Barter | | Renfrew CI - | 8.24m | |
| 6 Katie Demmons | | Opeongo - Douglas | 8.17m | |
| 7 Nola Kirk | | Valour - Petawawa | 7.91m | |
| 8 Wren Rauliuk Dunn | | MacKenzie Co | 7.23m | |
| 9 Sawyer Dill | | Arnprior - Arnprior | 7.11m | |
| 10 Emily Bourne-Tanguay | | Jeanne-Lajoi | 6.68m | |
| 11 Molly Sheldrick | | Arnprior - Arnprior | 6.29m | |
| 12 Rory Schuler | | Opeongo - Douglas | 6.18m | |
| 13 Night Harmer | | Fellowes - Pembroke | 5.92m | |
| 14 Erin Van Hoof | | Madawaska Va | 5.91m | |

Women Discus Throw Senior

| ===== | | | | |
|---|------|---------------------|--------|--|
| OFSAA: 46.76m 2007 Caitlin Vandodewaard, Renfre | | | | |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 Savhanna Lambert | | Renfrew CI - | 25.87m | |
| 2 Keira Barter | | Renfrew CI - | 24.38m | |
| 3 Meghan Smith | | Jeanne-Lajoi | 20.74m | |
| 4 Rachel Huckabone | | St. Joseph's | 20.06m | |
| 5 Addison Robillard | | Bishop Smith | 19.73m | |
| 6 Avery Welch | | St. Joseph's | 19.54m | |
| 7 Lily Zadow | | Opeongo - Douglas | 19.15m | |
| 8 Alexia Imbrea | | Arnprior - Arnprior | 17.71m | |
| 9 Katie Demmons | | Opeongo - Douglas | 17.66m | |
| 10 Emily Bourne-Tanguay | | Jeanne-Lajoi | 17.15m | |
| 11 Nola Kirk | | Valour - Petawawa | 16.71m | |
| 12 Madison Goulard | | Jeanne-Lajoi | 16.69m | |
| 13 Sawyer Dill | | Arnprior - Arnprior | 13.35m | |
| 14 Ava McLeod | | Arnprior - Arnprior | 12.55m | |
| 15 Night Harmer | | Fellowes - Pembroke | 12.53m | |
| 16 Asha Johnston | | Opeongo - Douglas | 12.40m | |
| 17 Molly Sheldrick | | Arnprior - Arnprior | 11.73m | |

UOVHSA Track & Field Championship 2023
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Results

Women Javelin Throw Senior

| ===== | | | |
|--------|-----------------------|---------------------|---------------------------|
| OFSAA: | 45.64m | 1987 | Louise Perrault, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |
| 1 | Piper Stephenson | MacKenzie Co | 31.84m |
| 2 | Jorja Stephenson | MacKenzie Co | 28.87m |
| 3 | Avery Welch | St. Joseph's | 28.46m |
| 4 | Molly Sheldrick | Arnprior - Arnprior | 24.57m |
| 5 | Lily Cahill | Opeongo - Douglas | 23.05m |
| 6 | Alexia Imbrea | Arnprior - Arnprior | 22.93m |
| 7 | Addison Robillard | Bishop Smith | 22.68m |
| 8 | Ava Cunningham | Arnprior - Arnprior | 22.47m |
| 9 | Holly Howarth | Opeongo - Douglas | 22.35m |
| 10 | Meg Schooley | Fellowes - Pembroke | 22.20m |
| 11 | Courtney Vander Ploeg | Renfrew CI - | 22.14m |
| 12 | Lilly Spencer | Fellowes - Pembroke | 21.82m |
| 13 | Keira Barter | Renfrew CI - | 21.53m |
| 14 | Kate McEachen | St. Joseph's | 21.48m |
| 15 | Nola Kirk | Valour - Petawawa | 19.90m |
| 16 | Rachel Huckabone | St. Joseph's | 19.82m |
| 17 | Sawyer Dill | Arnprior - Arnprior | 19.00m |
| 18 | Emily Bourne-Tanguay | Jeanne-Lajoi | 18.56m |
| 19 | Night Harmer | Fellowes - Pembroke | 17.31m |
| 20 | Rory Schuler | Opeongo - Douglas | 16.72m |
| 21 | Flora Njike | Jeanne-Lajoi | 8.53m |

Women 2000 Meter Steeplechase Open

| ===== | | | |
|-----------|-----------------------|---------------------|--------------------------|
| OFSAA: | 7:20.52 | 2023-05-18 | Louise Stonham, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 | | | |
| 1 | Amber Davidson | Arnprior - Arnprior | 8:56.69 |
| 2 | Ava Mark | Jeanne-Lajoi | 9:13.34 |
| 3 | Courtney Vander Ploeg | Renfrew CI - | 9:15.41 |
| 4 | Kira Desarmia | Arnprior - Arnprior | 9:20.73 |
| 5 | Erika Corriveau | École élémen | 9:20.95 |
| 6 | Jada Aliberti | Valour - Petawawa | 9:37.37 |
| 7 | Sha'ann Frederick | Jeanne-Lajoi | 9:54.41 |
| 8 | Marlo Van Lindenber | Opeongo - Douglas | 10:21.33 |

Women 4x400 Meter Relay Open

| ===== | | | |
|--------|--------------------------|--------------------------|------------------|
| OFSAA: | 4:17.60 | 2010 | Renfrew, Renfrew |
| School | Year | School | Finals |
| ===== | | | |
| 1 | Arnprior - Arnprior | | 4:23.61 |
| 2 | Opeongo - Douglas | | 4:41.04 |
| 3 | Jeanne-Lajoie - Pembroke | | 4:46.35 |
| 4 | Valour - Petawawa | | 4:56.29 |
| 5 | St. Joseph's - Renfrew | | 5:07.59 |
| | 1) Rosalind Daniels | 2) Claire Richards | |
| | 3) Rogan Mooney | 4) Catalina Solis | |
| 6 | Renfrew CI - Renfrew | | 5:12.59 |
| | 1) Ariel Gibbons | 2) Courtney Vander Ploeg | |
| | 3) Molly Chamberlain | 4) Alida Daber | |

UOVHSA Track & Field Championship 2023

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Women 100 Meter Dash Intellectually Imp.

| Name | Year School | Finals |
|-----------------------|-------------------|--------|
| Section 1 Wind: NWI | | |
| 1 Vianna Beriault | Renfrew CI - | 16.01 |
| 2 Alyssa Brown | Valour - Petawawa | 17.48 |
| 3 Terry-Lynn McCauley | Valour - Petawawa | 21.95 |
| 4 Kallie Larocque | Bishop Smith | 31.77 |
| 5 Julie Dugal | Valour - Petawawa | 34.60 |

Women Shot Put Intellectually Imp.

| Name | Year School | Finals |
|-----------------------|-------------------|--------|
| Flight 1 | | |
| 1 Vianna Beriault | Renfrew CI - | 5.78m |
| 2 Alyssa Brown | Valour - Petawawa | 5.42m |
| 3 Terry-Lynn McCauley | Valour - Petawawa | 5.09m |
| 4 Julie Dugal | Valour - Petawawa | 3.70m |

Men 100 Meter Dash Novice

| OFSAA: 11.50 2009-05-14 Patrice Wren, Opeongo | | | |
|---|---------------------|---------|--|
| Name | Year School | Prelims | |
| Heat 1 Preliminaries Wind: NWI | | | |
| 1 Owen Leslie | St. Joseph's | 12.39Q | |
| 2 Hudson Paquette | Valour - Petawawa | 12.73Q | |
| 3 Greer King | Madawaska Va | 13.63 | |
| 4 Wallace Mundt | Opeongo - Douglas | 13.91 | |
| 5 Noah Schmidt | École élémen | 16.25 | |
| Heat 2 Preliminaries Wind: NWI | | | |
| 1 Rayan Qureshi | Arnprior - Arnprior | 12.85Q | |
| 2 William Ryan | Bishop Smith | 12.97Q | |
| 3 Connor Johnson | Renfrew CI - | 13.00q | |
| 4 Griffin Nolette | MacKenzie Co | 13.20 | |
| 5 Wyatt MacKenzie | Fellowes - Pembroke | 13.33 | |
| 6 John Mason | Valour - Petawawa | 14.50 | |
| Heat 3 Preliminaries Wind: NWI | | | |
| 1 Thomas Brunette | Bishop Smith | 12.28Q | |
| 2 Rook Meissner | Madawaska Va | 12.82Q | |
| 3 Sebastian Smith | St. Joseph's | 13.19q | |
| 4 Brody Rutledge | Arnprior - Arnprior | 13.50 | |
| 5 Carson Lebourveau | Valour - Petawawa | 13.91 | |
| 6 Darek West | Fellowes - Pembroke | 14.06 | |

Men 100 Meter Dash Novice

| OFSAA: 11.50 2009-05-14 Patrice Wren, Opeongo | | | |
|---|---------------------|--------|--|
| Name | Year School | Finals | |
| Section 1 Finals Wind: NWI | | | |
| 1 Thomas Brunette | Bishop Smith | 12.28 | |
| 2 Owen Leslie | St. Joseph's | 12.40 | |
| 3 Hudson Paquette | Valour - Petawawa | 12.60 | |
| 4 Rayan Qureshi | Arnprior - Arnprior | 12.80 | |

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Results

...Men 100 Meter Dash Novice

| | | |
|-------------------|--------------|-------|
| 5 Rook Meissner | Madawaska Va | 12.83 |
| 6 William Ryan | Bishop Smith | 12.93 |
| 7 Connor Johnson | Renfrew CI - | 12.97 |
| 8 Sebastian Smith | St. Joseph's | 13.30 |

Men 200 Meter Dash Novice

=====

| | | | |
|--------|-------|-------------|---------------------------|
| OFSAA: | 23.72 | 2014-05-16 | Kurtis Gardiner, Arnprior |
| Name | | Year School | Prelims |

=====

| | | | |
|----------------------|-----------|---------------------|--------|
| Heat 1 Preliminaries | Wind: NWI | | |
| 1 Thomas Brunette | | Bishop Smith | 26.27Q |
| 2 Carson Lebourveau | | Valour - Petawawa | 29.68Q |
| 3 John Mason | | Valour - Petawawa | 31.68 |
| Heat 2 Preliminaries | Wind: NWI | | |
| 1 Kaden McGregor | | St. Joseph's | 25.69Q |
| 2 Connor Johnson | | Renfrew CI - | 26.35Q |
| 3 Griffin Nolette | | MacKenzie Co | 27.76q |
| 4 Brody Rutledge | | Arnprior - Arnprior | 28.31 |
| Heat 3 Preliminaries | Wind: NWI | | |
| 1 Hudson Paquette | | Valour - Petawawa | 26.56Q |
| 2 Will Moriarty | | Renfrew CI - | 27.26Q |
| 3 Sebastian Smith | | St. Joseph's | 27.81q |
| 4 Ethan McCreight | | Arnprior - Arnprior | 32.59 |
| 5 Noah Schmidt | | École élémen | 38.99 |

Men 200 Meter Dash Novice

=====

| | | | |
|--------|-------|-------------|---------------------------|
| OFSAA: | 23.72 | 2014-05-16 | Kurtis Gardiner, Arnprior |
| Name | | Year School | Finals |

=====

| | | | |
|---------------------|-----------|-------------------|-------|
| Section 1 Finals | Wind: NWI | | |
| 1 Thomas Brunette | | Bishop Smith | 25.33 |
| 2 Kaden McGregor | | St. Joseph's | 25.62 |
| 3 Connor Johnson | | Renfrew CI - | 26.43 |
| 4 Will Moriarty | | Renfrew CI - | 27.17 |
| 5 Sebastian Smith | | St. Joseph's | 27.61 |
| 6 Griffin Nolette | | MacKenzie Co | 28.43 |
| 7 Carson Lebourveau | | Valour - Petawawa | 29.11 |

Men 400 Meter Dash Novice

=====

| | | | |
|--------|-------|-------------|---------------------------|
| OFSAA: | 55.25 | 2008-05-14 | Jamie Moore, Bishop Smith |
| Name | | Year School | Finals |

=====

| | | | |
|-------------------|--|---------------------|---------|
| Section 1 | | | |
| 1 Ethan McCreight | | Arnprior - Arnprior | 57.11 |
| 2 Hudson Paquette | | Valour - Petawawa | 59.23 |
| 3 Jacob Cabezas | | Valour - Petawawa | 1:01.23 |
| 4 Griffin Nolette | | MacKenzie Co | 1:01.70 |
| 5 Rivko Reimer | | Bishop Smith | 1:01.99 |
| Section 2 | | | |
| 1 Clarke Rebertz | | St. Joseph's | 57.98 |
| 2 William Ryan | | Bishop Smith | 58.32 |
| 3 Hudson Frew | | Madawaska Va | 59.83 |

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...Men 400 Meter Dash Novice

| | | |
|---------------------|-------------------|---------|
| 4 Will Moriarty | Renfrew CI - | 1:00.12 |
| 5 Tristan Miller | MacKenzie Co | 1:05.41 |
| 6 Carson Lebourveau | Valour - Petawawa | 1:09.26 |

Men 800 Meter Run Novice

=====

| | | | |
|--------|---------|-------------|-----------------------------|
| OFSAA: | 2:08.38 | 2022-05-09 | Malachi Kenny, Bishop Smith |
| Name | | Year School | Finals |

=====

Section 1

| | | |
|------------------|-------------------|---------|
| 1 Max Gerundin | Bishop Smith | 2:05.92 |
| 2 Kaden McGregor | St. Joseph's | 2:19.71 |
| 3 Parker Nolan | MacKenzie Co | 2:24.47 |
| 4 Rivko Reimer | Bishop Smith | 2:24.81 |
| 5 Ethan Frew | Renfrew CI - | 2:29.54 |
| 6 Lochlan Serre | Valour - Petawawa | 2:29.68 |
| 7 Spencer Shea | Renfrew CI - | 2:29.85 |

Men 1500 Meter Run Novice

=====

| | | | |
|--------|---------|-------------|---------------------------|
| OFSAA: | 4:16.19 | 2008-05-14 | Tristan Woodfine, Opeongo |
| Name | | Year School | Finals |

=====

| | | |
|---------------------|---------------------|---------|
| 1 Max Gerundin | Bishop Smith | 4:28.45 |
| 2 Ethan Frew | Renfrew CI - | 4:53.18 |
| 3 Parker Nolan | MacKenzie Co | 5:03.11 |
| 4 Spencer Shea | Renfrew CI - | 5:08.81 |
| 5 Aidan O'Malley | Renfrew CI - | 5:16.83 |
| 6 Rivko Reimer | Bishop Smith | 5:19.08 |
| 7 Wyatt MacKenzie | Fellowes - Pembroke | 5:28.37 |
| 8 Nicholas Pacquing | Valour - Petawawa | 5:37.28 |
| 9 Hudson Frew | Madawaska Va | 5:39.73 |
| 10 Nathan Byce | St. Joseph's | 5:50.84 |

Men 3000 Meter Run Novice

=====

| | | | |
|--------|---------|-------------|---------------------------|
| OFSAA: | 9:09.71 | 2008-05-14 | Tristan Woodfine, Opeongo |
| Name | | Year School | Finals |

=====

| | | |
|---------------------|-------------------|----------|
| 1 Max Gerundin | Bishop Smith | 9:55.95 |
| 2 Aidan O'Malley | Renfrew CI - | 11:37.55 |
| 3 Nicholas Pacquing | Valour - Petawawa | 12:09.95 |
| 4 Brody Riopelle | St. Joseph's | 13:29.35 |

Men 100 Meter Hurdles Novice

=====

| | | | |
|--------|-------|-------------|--------------------------|
| OFSAA: | 14.70 | 2010 | Jacob Plunkett, Arnprior |
| Name | | Year School | Prelims |

=====

Heat 1 Preliminaries Wind: NWI

| | | |
|-------------------|---------------------|--------|
| 1 Ethan McCreight | Arnprior - Arnprior | 16.98Q |
| 2 Tristan Miller | MacKenzie Co | 17.31Q |
| 3 Addison Morgan | St. Joseph's | 19.49q |
| 4 Mohammed Nabawy | MacKenzie Co | 23.65q |

UOVHSA Track & Field Championship 2023
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Men 100 Meter Hurdles Novice

| ===== | | | |
|----------------------------|-----------------|---------------------|--------------------------|
| OFSAA: | 14.70 | 2010 | Jacob Plunkett, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 Finals Wind: NWI | | | |
| 1 | Ethan McCreight | Arnprior - Arnprior | 16.98 |
| 2 | Tristan Miller | MacKenzie Co | 17.31 |
| 3 | Addison Morgan | St. Joseph's | 19.49 |
| 4 | Mohammed Nabawy | MacKenzie Co | 23.65 |

Men 300 Meter Hurdles Novice

| ===== | | | |
|-----------|-----------------|-------------------|------------------------|
| OFSAA: | 43.44 | 2011-05-13 | Nathan Toman, Arnprior |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 | | | |
| 1 | Jacob Cabezas | Valour - Petawawa | 49.17 |
| 2 | Ethan Frew | Renfrew CI - | 49.68 |
| 3 | Addison Morgan | St. Joseph's | 49.90 |
| 4 | Spencer Shea | Renfrew CI - | 49.91 |
| 5 | Lochlan Serre | Valour - Petawawa | 51.11 |
| 6 | Mohammed Nabawy | MacKenzie Co | 53.76 |

Men 4x100 Meter Relay Novice

| ===== | | | |
|--------|------------------------|--------------------|--------------------|
| OFSAA: | 47.60 | 2010 | Arnprior, Arnprior |
| School | Year | School | Finals |
| ===== | | | |
| 1 | Renfrew CI - Renfrew | | 50.67 |
| | 1) Connor Johnson | 2) Ethan Frew | |
| | 3) Will Moriarty | 4) Spencer Shea | |
| 2 | St. Joseph's - Renfrew | | 50.74 |
| | 1) Noah Heins | 2) Sebastian Smith | |
| | 3) Clarke Rebertz | 4) Kaden McGregor | |
| 3 | Valour - Petawawa | | 52.29 |

Men High Jump Novice

| ===== | | | |
|----------|------------------------|--------------|----------------------|
| OFSAA: | 1.76m | 2017-05-12 | Ethan Fitch, Equinox |
| Name | Year | School | Finals |
| ===== | | | |
| Flight 1 | | | |
| 1 | Isaac N'gales-Assemien | Jeanne-Lajoi | 1.55m |
| 2 | Aiden Hutchingame | Renfrew CI - | 1.50m |

Men Long Jump Novice

| ===== | | | | |
|--------|------------------------|---------------------|----------------------------------|------|
| OFSAA: | 5.69m | 2016-05-13 | Sean McCloskey, Madawaska Valley | |
| Name | Year | School | Finals | Wind |
| ===== | | | | |
| 1 | Noah Heins | St. Joseph's | 5.26m | NWI |
| 2 | Rook Meissner | Madawaska Va | 5.21m | NWI |
| 3 | Rayan Qureshi | Arnprior - Arnprior | 5.08m | NWI |
| 4 | Isaac N'gales-Assemien | Jeanne-Lajoi | 5.07m | NWI |
| 5 | Greer King | Madawaska Va | 5.01m | NWI |
| 6 | Aiden Hutchingame | Renfrew CI - | 4.76m | NWI |

UOVHSA Track & Field Championship 2023**Bishop Smith CHS****Results****...Men Long Jump Novice**

| | | | |
|--------------------|---------------------|-------|-----|
| 7 Connor Johnson | Renfrew CI - | 4.61m | NWI |
| 8 Lochlan Serre | Valour - Petawawa | 4.59m | NWI |
| 9 Sebastian Smith | St. Joseph's | 4.40m | NWI |
| 10 Brody Rutledge | Arnprior - Arnprior | 4.28m | NWI |
| 11 Clark Carpenter | Madawaska Va | 4.25m | NWI |
| 12 Logan LeClare | Valour - Petawawa | 3.83m | NWI |
| 13 Jack Kranz | Bishop Smith | 3.74m | NWI |

Men Triple Jump Novice

| ===== | | | | |
|--------------------------|--------|---------------------|---------------------------------|------|
| OFSAA: | 11.44m | 2018-05-15 | Aiden Cruchet, Madawaska Valley | |
| Name | Year | School | Finals | Wind |
| ===== | | | | |
| 1 Isaac N'gales-Assemien | | Jeanne-Lajoi | 11.18m | NWI |
| 2 Noah Heins | | St. Joseph's | 11.11m | NWI |
| 3 Owen Leslie | | St. Joseph's | 11.00m | NWI |
| 4 Rayan Qureshi | | Arnprior - Arnprior | 10.95m | NWI |
| 5 Hudson Frew | | Madawaska Va | 10.81m | NWI |
| 6 Aiden Hutchingame | | Renfrew CI - | 9.76m | NWI |
| 7 Ross McGregor | | Renfrew CI - | 9.07m | NWI |

Men Shot Put Novice

| ===== | | | | |
|------------------|--------|---------------------|------------------------|--|
| OFSAA: | 13.46m | 2014-05-15 | Justin Smith, Arnprior | |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 Elliott Smith | | Bishop Smith | 10.54m | |
| 2 Austin Knight | | Renfrew CI - | 10.46m | |
| 3 Thomas Roesler | | Renfrew CI - | 10.39m | |
| 4 Darek West | | Fellowes - Pembroke | 10.26m | |
| 5 Aidan George | | Valour - Petawawa | 10.24m | |
| 6 Thomas Narezny | | Renfrew CI - | 7.80m | |
| 7 Carter Holley | | Renfrew CI - | 6.15m | |

Men Discus Throw Novice

| ===== | | | | |
|------------------|--------|-------------------|------------------------------|--|
| OFSAA: | 46.80m | 2010 | Darby Charkavi, Bishop Smith | |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 Thomas Roesler | | Renfrew CI - | 31.90m | |
| 2 Owen Leslie | | St. Joseph's | 27.82m | |
| 3 Ross McGregor | | Renfrew CI - | 23.54m | |
| 4 Aidan George | | Valour - Petawawa | 20.20m | |
| 5 Elliott Smith | | Bishop Smith | 18.74m | |

Men Javelin Throw Novice

| ===== | | | | |
|-------------------|--------|---------------------|----------------------|--|
| OFSAA: | 43.88m | 2005 | Alex Lavoie, Opeongo | |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 Kaden McGregor | | St. Joseph's | 39.62m | |
| 2 Wallace Mundt | | Opeongo - Douglas | 34.10m | |
| 3 Wesley Chiasson | | Bishop Smith | 33.09m | |
| 4 Keegan Moore | | Fellowes - Pembroke | 30.38m | |
| 5 Will Moriarty | | Renfrew CI - | 30.23m | |

UOVHSA Track & Field Championship 2023
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....Men Javelin Throw Novice

| | | |
|------------------|-------------------|--------|
| 6 Aidan George | Valour - Petawawa | 26.87m |
| 7 Jack Kranz | Bishop Smith | 25.19m |
| 8 Austin Knight | Renfrew CI - | 24.58m |
| 9 Thomas Narezny | Renfrew CI - | 23.38m |
| 10 Cale Behnke | Bishop Smith | 18.92m |
| 11 Carter Holley | Renfrew CI - | 14.45m |

Men 100 Meter Dash Junior

=====

| | | | |
|--------|-------|-------------|--------------------------|
| OFSAA: | 11.37 | 2011-05-12 | Jacob Plunkett, Arnprior |
| Name | | Year School | Prelims |

=====

Heat 1 Preliminaries Wind: NWI

| | | |
|-------------------|-------------------|--------|
| 1 Luke Francis | Valour - Petawawa | 11.96Q |
| 2 Carter Laforest | St. Joseph's | 12.06Q |
| 3 Aden Lovell | Valour - Petawawa | 12.14q |
| 4 Roland Stein | Madawaska Va | 12.16q |
| 5 Aceson O'Brien | Madawaska Va | 15.76q |

Heat 2 Preliminaries Wind: NWI

| | | |
|-------------------|---------------------|--------|
| 1 Josh See | Fellowes - Pembroke | 12.21Q |
| 2 Malakai Boyd | Fellowes - Pembroke | 12.97Q |
| 3 Andrew Bradbury | Renfrew CI - | 14.08q |

Men 100 Meter Dash Junior

=====

| | | | |
|--------|-------|-------------|--------------------------|
| OFSAA: | 11.37 | 2011-05-12 | Jacob Plunkett, Arnprior |
| Name | | Year School | Finals |

=====

Section 1 Finals Wind: NWI

| | | |
|-------------------|---------------------|-------|
| 1 Carter Laforest | St. Joseph's | 12.26 |
| 2 Luke Francis | Valour - Petawawa | 12.27 |
| 3 Aden Lovell | Valour - Petawawa | 12.28 |
| 4 Josh See | Fellowes - Pembroke | 12.48 |
| 5 Roland Stein | Madawaska Va | 12.57 |
| 6 Malakai Boyd | Fellowes - Pembroke | 13.16 |
| 7 Andrew Bradbury | Renfrew CI - | 14.39 |

Men 200 Meter Dash Junior

=====

| | | | |
|--------|-------|-------------|--------------------------|
| OFSAA: | 23.25 | 2011-05-13 | Jacob Plunkett, Arnprior |
| Name | | Year School | Prelims |

=====

Heat 1 Preliminaries Wind: NWI

| | | |
|-----------------|---------------------|--------|
| 1 Josh See | Fellowes - Pembroke | 25.39q |
| 2 Noah Adeshida | Valour - Petawawa | 25.99q |
| 3 Malakai Boyd | Fellowes - Pembroke | 27.10q |

Men 200 Meter Dash Junior

=====

| | | | |
|--------|-------|-------------|--------------------------|
| OFSAA: | 23.25 | 2011-05-13 | Jacob Plunkett, Arnprior |
| Name | | Year School | Finals |

=====

Section 1 Finals Wind: NWI

| | | |
|-----------------|---------------------|-------|
| 1 Josh See | Fellowes - Pembroke | 25.39 |
| 2 Noah Adeshida | Valour - Petawawa | 25.99 |

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...Men 200 Meter Dash Junior

3 Malakai Boyd Fellowes - Pembroke 27.10

Men 400 Meter Dash Junior

| ===== | | | |
|--------|-------|-------------|-------------------------------|
| OFSAA: | 52.75 | 2015-05-14 | Nicholas Bauernschmitt, Valou |
| Name | | Year School | Finals |
| ===== | | | |

Section 1

| | | | |
|---|---------------------|---------------------|---------|
| 1 | Roland Stein | Madawaska Va | 55.31 |
| 2 | Malek Kheirallah | Jeanne-Lajoi | 58.88 |
| 3 | Gabriel Côte-Bérubé | Jeanne-Lajoi | 1:00.28 |
| 4 | Isaac Bradley | Arnprior - Arnprior | 1:10.43 |

Section 2

| | | | |
|---|------------------|---------------------|---------|
| 1 | Nash Beakley | Bishop Smith | 57.31 |
| 2 | Noah Adeshida | Valour - Petawawa | 58.17 |
| 3 | Quincy Jackson | Fellowes - Pembroke | 1:03.64 |
| 4 | Chandler Bennett | Bishop Smith | 1:08.22 |

Men 800 Meter Run Junior

| ===== | | | |
|--------|---------|-------------|-----------------------------|
| OFSAA: | 2:03.06 | 2023-05-18 | Malachi Kenny, Bishop Smith |
| Name | | Year School | Finals |
| ===== | | | |

Section 1

| | | | |
|---|---------------------|---------------------|---------|
| 1 | Ashton Mumford | Jeanne-Lajoi | 2:19.37 |
| 2 | Malek Kheirallah | Jeanne-Lajoi | 2:19.45 |
| 3 | Marshall Rouse | Renfrew CI - | 2:22.59 |
| 4 | Gabriel Côte-Bérubé | Jeanne-Lajoi | 2:26.28 |
| 5 | Nash Beakley | Bishop Smith | 2:32.86 |
| 6 | Conrad Desrochers | Bishop Smith | 2:38.81 |
| 7 | Quincy Jackson | Fellowes - Pembroke | 2:41.05 |
| 8 | Isaac Bradley | Arnprior - Arnprior | 2:42.89 |
| 9 | Luukas Ranttalo | Bishop Smith | 3:11.04 |

Men 1500 Meter Run Junior

| ===== | | | |
|--------|---------|-------------|---------------------------|
| OFSAA: | 4:09.02 | 2009-05-14 | Tristan Woodfine, Opeongo |
| Name | | Year School | Finals |
| ===== | | | |

| | | | |
|---|-------------------|---------------------|---------|
| 1 | Ashton Mumford | Jeanne-Lajoi | 4:47.75 |
| 2 | Marshall Rouse | Renfrew CI - | 4:52.27 |
| 3 | Olivier Bergeron | Jeanne-Lajoi | 5:02.35 |
| 4 | Chandler Bennett | Bishop Smith | 5:16.69 |
| 5 | Rayane El Abbaoui | Valour - Petawawa | 5:16.90 |
| 6 | Conrad Desrochers | Bishop Smith | 5:25.42 |
| 7 | Eden Thomas | Valour - Petawawa | 5:31.28 |
| 8 | Isaac Bradley | Arnprior - Arnprior | 5:36.12 |
| 9 | Everett Knockleby | Valour - Petawawa | 5:47.18 |

Men 3000 Meter Run Junior

| ===== | | | |
|--------|---------|-------------|---------------------------|
| OFSAA: | 8:48.96 | 2009-05-14 | Tristan Woodfine, Opeongo |
| Name | | Year School | Finals |
| ===== | | | |

| | | | |
|---|----------------|--------------|----------|
| 1 | Ashton Mumford | Jeanne-Lajoi | 10:36.36 |
|---|----------------|--------------|----------|

UOVHSAA Track & Field Championship 2023

Bishop Smith CHS

Results

...Men 3000 Meter Run Junior

| | | | |
|---|-------------------|-------------------|----------|
| 2 | Olivier Bergeron | Jeanne-Lajoi | 10:54.16 |
| 3 | Marshall Rouse | Renfrew CI - | 11:18.55 |
| 4 | Rayane El Abbaoui | Valour - Petawawa | 12:09.95 |
| 5 | Eden Thomas | Valour - Petawawa | 12:18.35 |

Men 100 Meter Hurdles Junior

=====

| | | | |
|--|------|--------|---------|
| OFSAA: 14.13 2013-05-17 Nathan Toman, Arnprior | | | |
| Name | Year | School | Prelims |

=====

Heat 1 Preliminaries Wind: NWI

| | | | |
|---|-----------------|-------------------|--------|
| 1 | Noah Adeshida | Valour - Petawawa | 18.71q |
| 2 | Misha Seydaliev | MacKenzie Co | 22.24q |

Men 100 Meter Hurdles Junior

=====

| | | | |
|--|------|--------|--------|
| OFSAA: 14.13 2013-05-17 Nathan Toman, Arnprior | | | |
| Name | Year | School | Finals |

=====

Section 1 Finals Wind: NWI

| | | | |
|---|-----------------|-------------------|-------|
| 1 | Noah Adeshida | Valour - Petawawa | 18.71 |
| 2 | Misha Seydaliev | MacKenzie Co | 22.24 |

Men 300 Meter Hurdles Junior

=====

| | | | |
|--|------|--------|--------|
| OFSAA: 41.06 2013-05-18 Nathan Toman, Arnprior | | | |
| Name | Year | School | Finals |

=====

Section 1

| | | | |
|---|-------------------|-------------------|-------|
| 1 | Matthew Bourque | Valour - Petawawa | 46.82 |
| 2 | Nash Beakley | Bishop Smith | 47.97 |
| 3 | Justin Sparling | Valour - Petawawa | 50.91 |
| 4 | Misha Seydaliev | MacKenzie Co | 54.00 |
| 5 | Rayane El Abbaoui | Valour - Petawawa | 55.09 |

Men 4x100 Meter Relay Junior

=====

| | | | |
|--------------------------------------|--|--|--------|
| OFSAA: 46.60 2010 Arnprior, Arnprior | | | |
| School | | | Finals |

=====

| | | |
|---|--------------------------------|--------------------|
| 1 | Valour - Petawawa | 46.83 |
| 2 | St. Joseph's - Renfrew | 46.93 |
| | 1) Kent Greer | 2) Owen Leslie |
| | 3) Grayson Lyons | 4) Carter Laforest |
| 3 | Fellowes - Pembroke | 50.81 |
| | 1) Malakai Boyd | 2) Seth Pilgrim |
| | 3) Korbin Smith | 4) Josh See |
| 4 | Madawaska Valley - Barry's Bay | 51.81 |
| | 1) Roland Stein | 2) Greer King |
| | 3) Rook Meissner | 4) Aceson O'Brien |

UOVHSA Track & Field Championship 2023**Bishop Smith CHS****Results****Men High Jump Junior**

| OFSAA: 1.80m 2018-05-15 Ethan Fitch, Equinox | | | |
|--|------|-------------------|--------|
| Name | Year | School | Finals |
| Flight 1 | | | |
| 1 Gavin Campbell-Gair | | Opeongo - Douglas | 1.60m |
| 2 Thomas Beauchamp | | Jeanne-Lajoi | 1.55m |

Men Long Jump Junior

| OFSAA: 5.81m 2018-05-15 Luke Hansen, Renfrew | | | | |
|--|------|---------------------|--------|------|
| Name | Year | School | Finals | Wind |
| 1 Roland Stein | | Madawaska Va | 5.48m | NWI |
| 2 Thomas Beauchamp | | Jeanne-Lajoi | 5.28m | NWI |
| 3 Korbin Smith | | Fellowes - Pembroke | 5.04m | NWI |
| 4 Rogan Coulas | | Opeongo - Douglas | 4.89m | NWI |
| 5 Seth Pilgrim | | Fellowes - Pembroke | 4.31m | NWI |
| 6 Andrew Bradbury | | Renfrew CI - | 4.15m | NWI |

Men Triple Jump Junior

| OFSAA: 12.31m 2018-05-15 Luke Hansen, Renfrew | | | | |
|---|------|--------------|--------|------|
| Name | Year | School | Finals | Wind |
| 1 Thomas Beauchamp | | Jeanne-Lajoi | 10.21m | NWI |

Men Shot Put Junior

| OFSAA: 15.54m 2017-05-12 Dakota Perrin, Jeanne-Lajoie | | | |
|---|------|-------------------|--------|
| Name | Year | School | Finals |
| 1 Mahamadou Cisse | | École élémen | 11.34m |
| 2 Logan Geilen | | Valour - Petawawa | 9.39m |
| 3 Johnny Gibbons | | Renfrew CI - | 9.30m |
| 4 Matt Wright | | Renfrew CI - | 9.17m |
| 5 Sebastian Ward | | Valour - Petawawa | 9.08m |
| 6 Jamarcus Ambata | | Valour - Petawawa | 8.83m |
| 7 Denver Runtz | | Renfrew CI - | 8.77m |
| 8 Everett Knockleby | | Valour - Petawawa | 7.93m |
| 9 Wes Freamo | | Renfrew CI - | 7.78m |

Men Discus Throw Junior

| OFSAA: 49.02m 2004 Zak Kolkowski, Renfrew | | | |
|---|------|---------------------|--------|
| Name | Year | School | Finals |
| 1 Justin Sparling | | Valour - Petawawa | 38.34m |
| 2 Mahamadou Cisse | | École élémen | 37.96m |
| 3 Matthew Bourque | | Valour - Petawawa | 36.44m |
| 4 Matt Wright | | Renfrew CI - | 35.48m |
| 5 Everett Knockleby | | Valour - Petawawa | 30.06m |
| 6 Benat Roosen | | St. Joseph's | 29.15m |
| 7 Jamarcus Ambata | | Valour - Petawawa | 26.61m |
| 8 Wes Freamo | | Renfrew CI - | 23.71m |
| 9 Cole Conroy | | Fellowes - Pembroke | 23.32m |

UOVHSAA Track & Field Championship 2023

Bishop Smith CHS

Results

...Men 200 Meter Dash Senior

| | | | |
|---|-------------------|-------------------|--------|
| 2 | Gavin Recoskie | Opeongo - Douglas | 24.73Q |
| 3 | Kingston Rathwell | Bishop Smith | 25.84q |
| 4 | Mykola Luty | Opeongo - Douglas | 27.70q |
| 5 | Abdoulaye Drame | École élémen | 27.72 |
| 6 | Carson Day | École élémen | 28.82 |

Heat 2 Preliminaries Wind: NWI

| | | | |
|---|------------------|---------------------|--------|
| 1 | James Harrington | Bishop Smith | 23.83Q |
| 2 | Connor Rennie | St. Joseph's | 24.81Q |
| 3 | Ryan Paterson | Jeanne-Lajoi | 25.61q |
| 4 | Logan Roach | Opeongo - Douglas | 26.91q |
| 5 | Jack Kerr | Arnprior - Arnprior | 29.30 |

Men 200 Meter Dash Senior

| | | | |
|--------|-------|-------------|----------------------|
| ===== | | | |
| OFSAA: | 21.80 | 1964 | A. Jamieson, Renfrew |
| Name | | Year School | Finals |
| ===== | | | |

Section 1 Finals Wind: NWI

| | | | |
|---|-------------------|-------------------|-------|
| 1 | James Harrington | Bishop Smith | 23.92 |
| 2 | Gavin Recoskie | Opeongo - Douglas | 24.07 |
| 3 | Liam Copeland | Opeongo - Douglas | 24.79 |
| 4 | Connor Rennie | St. Joseph's | 25.14 |
| 5 | Ryan Paterson | Jeanne-Lajoi | 25.52 |
| 6 | Kingston Rathwell | Bishop Smith | 26.31 |
| 7 | Logan Roach | Opeongo - Douglas | 26.34 |
| 8 | Mykola Luty | Opeongo - Douglas | 27.66 |

Men 400 Meter Dash Senior

| | | | |
|--------|-------|-------------|------------------------|
| ===== | | | |
| OFSAA: | 50.14 | 2006 | Dan Moreland, Arnprior |
| Name | | Year School | Finals |
| ===== | | | |

Section 1

| | | | |
|---|-------------------|---------------------|---------|
| 1 | Kingston Rathwell | Bishop Smith | 59.64 |
| 2 | Julio Nehme | Arnprior - Arnprior | 1:02.29 |
| 3 | Korben See | Valour - Petawawa | 1:03.97 |
| 4 | Jack Kerr | Arnprior - Arnprior | 1:07.49 |

Section 2

| | | | |
|---|------------------|---------------------|---------|
| 1 | Ethan Lavictoire | St. Joseph's | 52.67 |
| 2 | Gavin Recoskie | Opeongo - Douglas | 54.05 |
| 3 | Liam Copeland | Opeongo - Douglas | 54.14 |
| 4 | Andy Copeland | Opeongo - Douglas | 54.41 |
| 5 | Noah Walsh | Valour - Petawawa | 57.89 |
| 6 | Emil Sleifir | Fellowes - Pembroke | 1:03.19 |

Men 800 Meter Run Senior

| | | | |
|--------|---------|-------------|-----------------------------|
| ===== | | | |
| OFSAA: | 1:58.83 | 2018-05-15 | Nicholas Bauernschmitt, Val |
| Name | | Year School | Finals |
| ===== | | | |

Section 1

| | | | |
|---|---------------------|-------------------|---------|
| 1 | Malachi Kenny | Bishop Smith | 2:01.98 |
| 2 | Ethan Lavictoire | St. Joseph's | 2:04.74 |
| 3 | Benjamin Arsenaault | Valour - Petawawa | 2:07.11 |
| 4 | Andy Copeland | Opeongo - Douglas | 2:16.07 |

UOVHSA Track & Field Championship 2023**Bishop Smith CHS****Results****...Men 800 Meter Run Senior**

| | | | |
|---|----------------|---------------------|---------|
| 5 | Will Hugli | Fellowes - Pembroke | 2:16.10 |
| 6 | Noah Walsh | Valour - Petawawa | 2:29.14 |
| 7 | Benjamin Kranz | Bishop Smith | 2:31.74 |
| 8 | Julio Nehme | Arnrior - Arnrior | 2:35.64 |
| 9 | Emil Sleifir | Fellowes - Pembroke | 2:40.57 |

Men 1500 Meter Run Senior

| ===== | | | | |
|-------|---------------------|---------------------|---------|--------------------|
| | OFSAA: | 4:05.27 | 2009 | Will Dick, Opeongo |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 | Malachi Kenny | Bishop Smith | 4:12.54 | |
| 2 | Benjamin Arsenaault | Valour - Petawawa | 4:20.00 | |
| 3 | Édouard Bergeron | Jeanne-Lajoi | 4:37.04 | |
| 4 | Parker Bradley | Arnrior - Arnrior | 4:38.41 | |
| 5 | Will Hugli | Fellowes - Pembroke | 4:40.80 | |
| 6 | Nolan Kenny | Bishop Smith | 4:57.07 | |
| 7 | Owen Rose | Bishop Smith | 5:13.74 | |
| 8 | Oliver Jackson | Fellowes - Pembroke | 5:23.08 | |

Men 3000 Meter Run Senior

| ===== | | | | |
|-------|---------------------|---------------------|----------|---------------------------|
| | OFSAA: | 8:49.30 | 2010 | Tristan Woodfine, Opeongo |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 | Owen Daber | Renfrew CI - | 10:04.96 | |
| 2 | Benjamin Arsenaault | Valour - Petawawa | 10:09.81 | |
| 3 | Parker Bradley | Arnrior - Arnrior | 10:27.37 | |
| 4 | Édouard Bergeron | Jeanne-Lajoi | 10:30.91 | |
| 5 | Wyatt Knockleby | Valour - Petawawa | 10:38.04 | |
| 6 | Joseph Afelskie | Bishop Smith | 10:59.02 | |
| 7 | Nolan Kenny | Bishop Smith | 11:12.46 | |
| 8 | Benjamin Kranz | Bishop Smith | 11:27.36 | |
| 9 | Matthew Stalkie | Fellowes - Pembroke | 11:38.61 | |
| 10 | Oliver Jackson | Fellowes - Pembroke | 12:06.10 | |

Men 110 Meter Hurdles Senior

| ===== | | | | |
|-------|-----------------|-------------------|------------|-------------------------|
| | OFSAA: | 13.63 | 2013-05-17 | Jacob Plunkett, Arnrior |
| Name | Year | School | Prelims | |
| ===== | | | | |
| Heat | 1 Preliminaries | Wind: NWI | | |
| 1 | Connor Rennie | St. Joseph's | 17.64q | |
| 2 | Jacob Causey | MacKenzie Co | 19.16q | |
| 3 | Ryan Pilatzke | Bishop Smith | 19.20q | |
| 4 | Owen McCullough | Arnrior - Arnrior | 20.68q | |

Men 110 Meter Hurdles Senior

| ===== | | | | |
|---------|---------------|--------------|------------|-------------------------|
| | OFSAA: | 13.63 | 2013-05-17 | Jacob Plunkett, Arnrior |
| Name | Year | School | Finals | |
| ===== | | | | |
| Section | 1 Finals | Wind: NWI | | |
| 1 | Connor Rennie | St. Joseph's | 17.64 | |
| 2 | Jacob Causey | MacKenzie Co | 19.16 | |

UOVHSAA Track & Field Championship 2023

Bishop Smith CHS

Results

...Men 110 Meter Hurdles Senior

| | | | |
|---|-----------------|---------------------|-------|
| 3 | Ryan Pilatzke | Bishop Smith | 19.20 |
| 4 | Owen McCullough | Arnprior - Arnprior | 20.68 |

Men 400 Meter Hurdles Senior

| ===== | | | |
|-----------|------------------|--------------------|---------|
| | OFSAA: | 57.70 | 1988 |
| | | J. Bacon, Arnprior | |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 | | | |
| 1 | Ethan Lavictoire | St. Joseph's | 1:01.94 |
| 2 | Connor Rennie | St. Joseph's | 1:04.22 |
| 3 | Owen Daber | Renfrew CI - | 1:05.83 |
| 4 | Noah Walsh | Valour - Petawawa | 1:14.20 |

Men 4x100 Meter Relay Senior

| ===== | | | |
|--------|-------------------------|--------------------|------------|
| | OFSAA: | 45.16 | 2011-05-12 |
| | | Arnprior, Arnprior | |
| School | Year | School | Finals |
| ===== | | | |
| 1 | Bishop Smith - Pembroke | | 47.17 |
| 2 | Opeongo - Douglas | | 48.56 |
| 3 | St. Joseph's - Renfrew | | 48.86 |
| | 1) Bryce Rebertz | 2) Noah Purvis | |
| | 3) Kane Yeretch | 4) Connor Rennie | |

Men High Jump Senior

| ===== | | | |
|----------|------------------|-------------------------------|--------|
| | OFSAA: | 1.95m | 1991 |
| | | N. Hallett / S. Jaradeleza, M | |
| Name | Year | School | Finals |
| ===== | | | |
| Flight 1 | | | |
| 1 | James Harrington | Bishop Smith | 1.76m |
| 2 | John Nicol | Fellowes - Pembroke | 1.75m |
| 3 | Nolan Costello | Bishop Smith | 1.74m |
| 4 | Kyle Yarmel | Bishop Smith | 1.70m |
| 5 | Zach Lamontange | Arnprior - Arnprior | 1.69m |
| 6 | Aiden Kelly | Renfrew CI - | 1.65m |
| 7 | Tyrin Avis | Valour - Petawawa | 1.55m |
| 8 | Logan Gogolin | MacKenzie Co | 1.50m |
| 9 | Mykola Luty | Opeongo - Douglas | 1.45m |
| 9 | Kieran Sykes | MacKenzie Co | 1.45m |
| 9 | Leo Sjaarda | Fellowes - Pembroke | 1.45m |

Men Long Jump Senior

| ===== | | | | |
|-------|-----------------|----------------------|--------|------|
| | OFSAA: | 6.36m | 1989 | |
| | | D. Madaire, Arnprior | | |
| Name | Year | School | Finals | Wind |
| ===== | | | | |
| 1 | Charlie Edmonds | Bishop Smith | 6.10m | NWI |
| 2 | Nolan Costello | Bishop Smith | 5.71m | NWI |
| 3 | Riley Mayhew | Bishop Smith | 5.68m | NWI |
| 4 | Ryan Pilatzke | Bishop Smith | 5.65m | NWI |
| 5 | Kieran Sykes | MacKenzie Co | 5.52m | NWI |
| 6 | Wyatt Crozier | Renfrew CI - | 5.45m | NWI |
| 7 | Julio Nehme | Arnprior - Arnprior | 4.98m | NWI |

UOVHSA Track & Field Championship 2023**Bishop Smith CHS****Results****...Men Long Jump Senior**

| | | | | |
|----|-------------------|--------------|-------|-----|
| 8 | Owen Innes | Jeanne-Lajoi | 4.89m | NWI |
| 9 | Grayson Hebner | Jeanne-Lajoi | 4.80m | NWI |
| 10 | Aiden Kelly | Renfrew CI - | 4.45m | NWI |
| 11 | Yannick Beauchamp | Jeanne-Lajoi | 4.35m | NWI |
| 12 | Asher Jessup | Madawaska Va | 4.30m | NWI |

Men Triple Jump Senior

| ===== | | | | |
|--------|-------------------|---------------------|--------|----------------------|
| OFSAA: | | 13.49m | 1976 | J. Kiviste, Arnprior |
| Name | Year | School | Finals | Wind |
| ===== | | | | |
| 1 | Charlie Edmonds | Bishop Smith | 12.53m | NWI |
| 2 | Ryan Pilatzke | Bishop Smith | 11.98m | NWI |
| 3 | Wyatt Crozier | Renfrew CI - | 11.86m | NWI |
| 4 | Nolan Costello | Bishop Smith | 11.84m | NWI |
| 5 | Xavier Gagnon | Jeanne-Lajoi | 11.13m | NWI |
| 5 | Kyle Yarmel | Bishop Smith | 11.13m | NWI |
| 7 | Aiden Kelly | Renfrew CI - | 10.99m | NWI |
| 8 | Owen Innes | Jeanne-Lajoi | 10.61m | NWI |
| 9 | Grayson Hebner | Jeanne-Lajoi | 10.03m | NWI |
| 10 | Asher Jessup | Madawaska Va | 9.89m | NWI |
| 11 | Zach Lamontange | Arnprior - Arnprior | 8.97m | NWI |
| 11 | Yannick Beauchamp | Jeanne-Lajoi | 8.97m | NWI |

Men Shot Put Senior

| ===== | | | | |
|--------|-------------------|---------------------|--------|-----------------------|
| OFSAA: | | 17.19m | 1996 | Greg Heubner, Opeongo |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 | Liam Davis | Opeongo - Douglas | 15.40m | |
| 2 | Yusef El Fitori | Bishop Smith | 11.42m | |
| 3 | Lucas Toner | Bishop Smith | 11.20m | |
| 3 | Austin Gowers | Bishop Smith | 11.20m | |
| 5 | Kane Yeretch | St. Joseph's | 11.11m | |
| 6 | Garrit Schlievert | MacKenzie Co | 10.11m | |
| 7 | Jay Ryan | Bishop Smith | 9.56m | |
| 8 | Connor George | Valour - Petawawa | 7.97m | |
| 9 | Warren Behnke | Valour - Petawawa | 6.83m | |
| 10 | Parker Bradley | Arnprior - Arnprior | 6.77m | |

Men Discus Throw Senior

| ===== | | | | |
|--------|------------------------|-------------------|--------|-----------------------|
| OFSAA: | | 52.42m | 1997 | Greg Heubner, Opeongo |
| Name | Year | School | Finals | |
| ===== | | | | |
| 1 | Liam Davis | Opeongo - Douglas | 39.66m | |
| 2 | Fionn Haggerty Leblanc | Valour - Petawawa | 36.08m | |
| 3 | Kane Yeretch | St. Joseph's | 31.88m | |
| 4 | Lucas Toner | Bishop Smith | 31.82m | |
| 5 | Wyatt Crozier | Renfrew CI - | 29.88m | |
| 6 | Xavier Gagnon | Jeanne-Lajoi | 28.17m | |
| 7 | Bradley Thoms | Bishop Smith | 27.96m | |
| 8 | Grayson Hebner | Jeanne-Lajoi | 27.42m | |
| 9 | Carson Day | École élémen | 26.00m | |
| 10 | Austin Gowers | Bishop Smith | 24.94m | |

UOVHSA Track & Field Championship 2023

Bishop Smith CHS

Results

...Men Discus Throw Senior

| | | | |
|----|----------------|-------------------|--------|
| 11 | Josh McCabe | Valour - Petawawa | 24.05m |
| 12 | Tyler Rodrigue | Bishop Smith | 22.78m |
| 13 | Connor George | Valour - Petawawa | 18.03m |
| 14 | Warren Behnke | Valour - Petawawa | 17.93m |

Men Javelin Throw Senior

| ===== | | | |
|--|-------------------|---------------------|--------|
| OFSAA: 56.84m 2019-05-08 Mac Douglas, Valour | | | |
| Name | Year | School | Finals |
| ===== | | | |
| 1 | Garrit Schlievert | MacKenzie Co | 42.39m |
| 2 | Lucas Toner | Bishop Smith | 42.23m |
| 3 | James Harrington | Bishop Smith | 40.73m |
| 4 | Noah Purvis | St. Joseph's | 37.66m |
| 5 | Xavier Gagnon | Jeanne-Lajoi | 36.64m |
| 6 | Lathen Trojand | MacKenzie Co | 36.16m |
| 7 | Zach Lamontange | Arnprior - Arnprior | 35.41m |
| 8 | Bryce Rebertz | St. Joseph's | 35.35m |
| 9 | Tyler Rodrigue | Bishop Smith | 34.41m |
| 10 | John Nicol | Fellowes - Pembroke | 33.09m |
| 11 | Will Hugli | Fellowes - Pembroke | 33.07m |
| 12 | Leo Sjaarda | Fellowes - Pembroke | 32.78m |
| 13 | Alex Bonia | Opeongo - Douglas | 26.63m |
| 14 | Warren Behnke | Valour - Petawawa | 19.88m |
| 15 | Gabe Corbin | Valour - Petawawa | 18.03m |
| 16 | Connor George | Valour - Petawawa | 16.75m |

Men 2000 Meter Steeplechase Open

| ===== | | | |
|--|-----------------|---------------------|---------|
| OFSAA: 6:09.25 2005 Travis Holmes, Renfrew | | | |
| Name | Year | School | Finals |
| ===== | | | |
| Section 1 | | | |
| 1 | Owen Daber | Renfrew CI - | 6:59.16 |
| 2 | Joseph Afelskie | Bishop Smith | 7:19.93 |
| 3 | Noah Baklinski | Opeongo - Douglas | 7:24.58 |
| 4 | Matthew Stalkie | Fellowes - Pembroke | 7:59.17 |
| 5 | Malkym Wentzell | Bishop Smith | 8:23.02 |
| 6 | Gabriel Irwin | Bishop Smith | 8:31.82 |
| 7 | Owen Downey | Valour - Petawawa | 8:43.35 |
| 8 | Rogan Coulas | Opeongo - Douglas | 8:55.88 |
| 9 | Mohammed Nabawy | MacKenzie Co | 9:27.35 |

Men 4x400 Meter Relay Open

| ===== | | | |
|--|--------------------------|---------------------|---------|
| OFSAA: 3:36.00 1965 Arnprior, Arnprior | | | |
| School | | | Finals |
| ===== | | | |
| 1 | Opeongo - Douglas | | 3:42.70 |
| 2 | St. Joseph's - Renfrew | | 3:52.52 |
| | 1) Connor Rennie | 2) Kaden McGregor | |
| | 3) Bryce Rebertz | 4) Ethan Lavictoire | |
| 3 | Bishop Smith - Pembroke | | 3:59.22 |
| 4 | Arnprior - Arnprior | | 4:02.23 |
| 5 | Jeanne-Lajoie - Pembroke | | 4:05.56 |

UOVHSAA Track & Field Championship 2023
Bishop Smith CHS
Results

...Men 4x400 Meter Relay Open

| | |
|------------------------|-------------------|
| 6 Valour - Petawawa | 4:08.01 |
| 7 Renfrew CI - Renfrew | 4:15.64 |
| 1) Owen Daber | 2) Will Moriarty |
| 3) Ethan Frew | 4) Marshall Rouse |
| 8 Fellowes - Pembroke | 4:23.62 |

Men 100 Meter Dash Ambulatory

| | | | |
|--------|-------|-------------|---------------------------|
| ===== | | | |
| OFSAA: | 14.48 | 2011-05-12 | Brandon Terrell, Arnprior |
| Name | | Year School | Finals |
| ===== | | | |

| | | | |
|------------------|-----------|-------------------|-------|
| Section 1 | Wind: NWI | | |
| 1 Luca Brulotte | | Valour - Petawawa | 16.73 |
| 2 Leland Wilmott | | Opeongo - Douglas | 18.93 |
| 3 Tyler Howard | | Valour - Petawawa | 21.78 |

Men Shot Put Ambulatory

| | | | |
|-------|--|-------------|--------|
| ===== | | | |
| Name | | Year School | Finals |
| ===== | | | |

| | | | |
|-------------------|--|-------------------|-------|
| Flight 1 | | | |
| 1 Cale Behnke | | Bishop Smith | 6.78m |
| 2 Ethan Bourgeois | | Opeongo - Douglas | 6.24m |

Men 100 Meter Dash Intellectually Imp.

| | | | |
|-------|--|-------------|--------|
| ===== | | | |
| Name | | Year School | Finals |
| ===== | | | |

| | | | |
|--------------------------|-----------|-------------------|-------|
| Section 1 | Wind: NWI | | |
| 1 Tyler Doherty | | Renfrew CI - | 13.24 |
| 2 Draven Nieman | | Bishop Smith | 14.71 |
| 3 AJ Sanchez | | Valour - Petawawa | 15.70 |
| 4 Owen Marshall-Sullivan | | Valour - Petawawa | 17.04 |
| 5 Thomas Macmunn | | Bishop Smith | 26.44 |
| 5 Lucas Cundle | | Valour - Petawawa | 26.44 |

Men Shot Put Intellectually Imp.

| | | | |
|-------|--|-------------|--------|
| ===== | | | |
| Name | | Year School | Finals |
| ===== | | | |

| | | | |
|--------------------------|--|-------------------|--------|
| Flight 1 | | | |
| 1 Tyler Doherty | | Renfrew CI - | 10.32m |
| 2 Logan Caddick | | Renfrew CI - | 9.70m |
| 3 Draven Nieman | | Bishop Smith | 8.98m |
| 4 Owen Marshall-Sullivan | | Valour - Petawawa | 7.24m |
| 5 AJ Sanchez | | Valour - Petawawa | 6.80m |
| 6 Curtis Phinney | | Valour - Petawawa | 6.63m |
| 7 Bryce Kramer | | Valour - Petawawa | 6.45m |
| 8 Jayden Corbin | | Valour - Petawawa | 5.04m |
| 9 Tyler Howard | | Valour - Petawawa | 4.79m |