

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-03-01 to 02**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****W30 60 Meter Dash Masters****Finals**

1	Teri Harley	W32	Jamcan Inter	8.63
2	Valerie Beynon	W33	Winnipeg Opt	9.02

W35 60 Meter Dash Masters**Finals**

1	Corri Thompson	W37	Vancouver Th	8.42
2	Kristin Szuminsky	W39	Tough Track	9.39
2	Bryanne Deroo	W38	Roadkill Run	9.39
4	Joy Palmer	W35	Windburn	12.17

W40 60 Meter Dash Masters**Finals**

1	Maite Tawfik	W40	Winnipeg Opt	8.81
2	Jyoti Haeusler	W44	Excel Athlet	11.27
---	xDash Newington	W40	Jamcan Inter	X9.30

W45 60 Meter Dash Masters**Finals**

1	Julie Salvas	W46	Lasalle Athl	8.56
2	Mavis Ayippey	W48	Jamcan Inter	8.84
3	Shauna Bunbury	W47	NorWesters T	9.21

W50 60 Meter Dash Masters**Finals**

1	Tanja Reid	W52	Unattached	9.28
2	Jane Hill	W51	Greyhounds M	9.43
3	Marsha Thompson	W53	Jamcan Inter	10.02

W60 60 Meter Dash Masters**Finals**

1	Janice Marian Jones	W61	Unattached O	10.07
2	Laurie Ritchie	W63	Greyhounds M	11.45

W65 60 Meter Dash Masters**Finals**

1	Cindy O'Brien Hugh	W66	Greyhounds M	9.41
2	Jo-Ann Kennedy	W66	Unattached-S	11.02
3	Jo Bryant	W68	Unattached N	11.42

W70 60 Meter Dash Masters**Finals**

1	Katherine Borysiuk	W71	Top Notch Ma	11.67
2	Urith Hayley	W73	Greyhounds M	12.39
3	Clemus Laurila	W70	Roadkill Run	13.06

W80 60 Meter Dash Masters**Finals**

1	Carol Lafayette-Boyd	W82	Excel Athlet	10.64
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W85 60 Meter Dash Masters**Finals**

1	Renate Cheetham	W87	Greyhounds M	18.47
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W30 200 Meter Dash Masters**Finals**

1	Teri Harley	W32	Jamcan Inter	29.09
2	Valerie Beynon	W33	Winnipeg Opt	30.07

W35 200 Meter Dash Masters**Finals**

1	Corri Thompson	W37	Vancouver Th	27.90
2	Bryanne Deroo	W38	Roadkill Run	32.17
3	Kristin Szuminsky	W39	Tough Track	32.52

W40 200 Meter Dash Masters**Finals**

1	Maite Tawfik	W40	Winnipeg Opt	30.06
---	xDash Newington	W40	Jamcan Inter	X29.85

W45 200 Meter Dash Masters**Finals**

1	Julie Salvas	W46	Lasalle Athl	28.44
2	Jeannette Van Den Bulk	W47	Athletics Vi	29.19
3	Mavis Ayippey	W48	Jamcan Inter	30.00
4	Shauna Bunbury	W47	NorWesters T	30.73
5	Jessica Drakul	W46	Roadkill Run	38.38

W50 200 Meter Dash Masters**Finals**

1	Jane Hill	W51	Greyhounds M	31.59
2	Sandi Arnason	W51	Riversdale A	32.24

W55 200 Meter Dash Masters**Finals**

1	Kelly Silcox	W58	Speed Mechan	29.42
2	Valerie Hardy	W56	Riversdale A	29.88
3	Diana Cesaroni	W55	Variety Vill	30.87
4	Kairy Loucks	W58	Jamcan Inter	31.57
5	Josee Falcon	W57	Saint-Jean O	31.88
6	Farnaz Ghorbani	W59	Unattached O	32.64
7	Kim Roberts	W59	Aetos Athlet	33.44
8	Omena Babalola	W56	Winnipeg Opt	34.20
9	Annie Marsolais	W59	Athletisme R	35.37
10	Breta Passler	W59	Nanaimo & Di	35.59
11	Carrie-Ann Oswald	W57	Unattached O	37.49

W60 200 Meter Dash Masters**Finals**

1	Mary Gargaro	W63	Roadkill Run	44.75
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W65 200 Meter Dash Masters**Finals**

1	Jo Bryant	W68	Unattached N	41.13
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W70 200 Meter Dash Masters**Finals**

1	Katherine Borysiuk	W71	Top Notch Ma	42.62
2	Urith Hayley	W73	Greyhounds M	44.49
---	Clemus Laurila	W70	Roadkill Run	DQ

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****W80 200 Meter Dash Masters****Finals**

1 Carol Lafayette-Boyd W82 Excel Athlet 35.64

W85 200 Meter Dash Masters**Finals**

1 Renate Cheetham W87 Greyhounds M 1:18.25

W35 400 Meter Dash Masters**Finals**

1 Corri Thompson W37 Vancouver Th 1:03.19

2 Bryanne Deroo W38 Roadkill Run 1:14.01

W45 400 Meter Dash Masters**Finals**

1 Jeannette Van Den Bulk W47 Athletics Vi 1:06.93

2 Shauna Bunbury W47 NorWesters T 1:13.34

3 Jessica Drakul W46 Roadkill Run 1:24.85

W50 400 Meter Dash Masters**Finals**

1 Jane Hill W51 Greyhounds M 1:19.37

W55 400 Meter Dash Masters**Finals**

1 Valerie Hardy W56 Riversdale A 1:12.38

2 Amanda Younka W56 Flying M Ath 1:17.64

3 Mingdi Zhao W56 Roadkill Run 1:27.38

W60 400 Meter Dash Masters**Finals**

--- Margaret Hughes W64 Roadkill Run DQ

W65 400 Meter Dash Masters**Finals**

1 Jo-Ann Kennedy W66 Unattached-S 1:41.31

W70 400 Meter Dash Masters**Finals**

1 Katherine Borysiuk W71 Top Notch Ma 1:42.51

W35 800 Meter Run Masters**Finals**

1 Jessica Wylychenko W35 Tough Track 2:26.03

2 Corri Thompson W37 Vancouver Th 2:31.19

3 Fannie Royer W36 Independant 2:36.96

W40 800 Meter Run Masters**Finals**

1 Lindsey Green W40 Unattached-M 2:51.66

W45 800 Meter Run Masters**Finals**

1 Brandy Adolphe W48 Roadkill Run 2:47.56

--- Jessica Drakul W46 Roadkill Run DQ

W55 800 Meter Run Masters**Finals**

1 Mingdi Zhao W56 Roadkill Run 3:21.90

W60 800 Meter Run Masters**Finals**

1 Teresa Mayer W64 Unattached-M 3:53.68

W65 800 Meter Run Masters**Finals**

1 Jan Smith W65 Running Wild 3:07.50

W70 800 Meter Run Masters**Finals**

--- Maria Donahue W71 Unattached DNF

W30 1500 Meter Run Masters**Finals**

1 Ocean Johnson-Storey W30 Gemini Racer 5:58.54

W35 1500 Meter Run Masters**Finals**

1 Jessica Wylychenko W35 Tough Track 4:49.99

W40 1500 Meter Run Masters**Finals**

1 Jaala Van Dongen W44 Arete Endura 5:40.37

2 Lindsey Green W40 Unattached-M 5:45.00

3 Pamela Cusicanqui W41 Tough Track 6:13.16

4 Shirley Ramos W42 Unattached-M 6:15.09

W45 1500 Meter Run Masters**Finals**

1 Brandy Adolphe W48 Roadkill Run 5:32.19

2 Carolyn Coffin W47 Tough Track 5:39.81

W50 1500 Meter Run Masters**Finals**

1 Andrea Wolf W54 Unattached-S 7:50.75

W55 1500 Meter Run Masters**Finals**

1 Alita Dommann W56 Vancouver Fa 5:34.40

2 Mingdi Zhao W56 Roadkill Run 6:51.72

W60 1500 Meter Run Masters**Finals**

1 Teresa Mayer W64 Unattached-M 7:44.01

W65 1500 Meter Run Masters**Finals**

1 Jan Smith W65 Running Wild 6:27.69

W70 1500 Meter Run Masters**Finals**

1 Maria Donahue W71 Unattached 7:49.71

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****W30 3000 Meter Run Masters****Finals**

1 Ocean Johnson-Storey W30 Gemini Racer 13:14.79

W35 3000 Meter Run Masters**Finals**

1 Jessica Wylychenko W35 Tough Track 10:40.35

2 Fannie Royer W36 Independant 11:33.50

W40 3000 Meter Run Masters**Finals**

1 Jaala Van Dongen W44 Arete Endura 12:17.17

2 Shirley Ramos W42 Unattached-M 13:23.72

W45 3000 Meter Run Masters**Finals**

1 Carolyn Coffin W47 Tough Track 12:02.13

W55 3000 Meter Run Masters**Finals**

1 Alita Dommann W56 Vancouver Fa 11:26.42

2 Carolyn Hubbard W57 Kajaks Track 15:34.53

3 Diane Gudmundson W56 Roadkill Run 17:23.44

W65 3000 Meter Run Masters**Finals**

1 Norma Jones W68 Roadkill Run 17:41.20

--- Janet Foran-Goneau W69 Unattached O DNF

W30 60 Meter Hurdles Masters**Finals**

1 Teri Harley W32 Jamcan Inter 10.98

W40 60 Meter Hurdles Masters**Finals**

--- xDash Newington W40 Jamcan Inter X10.27

W45 60 Meter Hurdles Masters**Finals**

1 Jeannette Van Den Bulk W47 Athletics Vi 10.66

--- xDebra Cane W49 Unattached-Inter X13.57

W50 60 Meter Hurdles Masters**Finals**

1 Sandi Arnason W51 Riversdale A 11.15

W55 60 Meter Hurdles Masters**Finals**

1 Kairy Loucks W58 Jamcan Inter 10.99

2 Debra Lachance W56 Greyhounds M 11.56

3 Diana Cesaroni W55 Variety Vill 11.69

4 Carrie-Ann Oswald W57 Unattached O 13.72

5 Breta Passler W59 Nanaimo & Di 14.39

W60 60 Meter Hurdles Masters**Finals**

1 Janice Marian Jones W61 Unattached O 11.52

2 Laurie Ritchie W63 Greyhounds M 15.34

W65 60 Meter Hurdles Masters**Finals**

1 Cindy O'Brien Hugh W66 Greyhounds M 11.07

W30 4x200 Meter Relay Masters**Finals**

1 Gemini Racers A 2:14.91

1) Bryanne Deroo 87 2) Lindsey Green 84

3) Ocean Johnson-Storey 94 4) Kristin Szuminsky 85

--- Jamcan Inter A X2:03.85

1) Mavis Ayippey 76 2) xDash Newington 84

3) Kairy Loucks 66

W45 4x200 Meter Relay Masters**Finals**

1 Unattached B A 2:07.99

1) Jane Hill 73 2) Cindy O'Brien Hugh 58

3) Debra Lachance 68 4) Shauna Bunbury 77

W55 4x200 Meter Relay Masters**Finals**

1 Team 55 A 2:30.59

1) Omena Babalola 68 2) Kim Roberts 65

3) Breta Passler 65 4) Mingdi Zhao 68

W60 4x200 Meter Relay Masters**Finals**

1 Maninova Scotia A 3:42.96

1) Mary Gargaro 62 2) Margaret Hughes 60

3) Clemus Laurila 54 4) Jo Bryant 56

W30 High Jump Masters**Finals**

1 Ocean Johnson-Storey W30 Gemini Racer 1.18m

W40 High Jump Masters**Finals**

--- xDash Newington W40 Jamcan Inter X1.48m

W45 High Jump Masters**Finals**

1 Melanie Gregg W49 Stars Athlet 1.13m

--- xDebra Cane W49 Unattached-Inter X1.13m

W50 High Jump Masters**Finals**

1 Sandi Arnason W51 Riversdale A 1.23m

2 Jane Hill W51 Greyhounds M 1.13m

W55 High Jump Masters**Finals**

1 Kairy Loucks W58 Jamcan Inter 1.23m

2 Diana Cesaroni W55 Variety Vill 1.18m

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****W65 High Jump Masters****Finals**

1 Jo-Ann Kennedy W66 Unattached-S 1.13m

W40 Pole Vault Masters**Finals**

--- xDash Newington W40 Jamcan Inter X3.55m

W50 Pole Vault Masters**Finals**

1 Sandi Arnason W51 Riversdale A 1.83m

W55 Pole Vault Masters**Finals**

1 Jennifer Harris W55 Vancouver Th 0.73m

W30 Long Jump Masters**Finals**

1 Ocean Johnson-Storey W30 Gemini Racer 3.25m

W35 Long Jump Masters**Finals**

1 Bryanne Deroo W38 Roadkill Run 3.46m

W40 Long Jump Masters**Finals**

--- xDash Newington W40 Jamcan Inter X4.80m

W45 Long Jump Masters**Finals**

1 Shauna Bunbury W47 NorWesters T 4.32m

W50 Long Jump Masters**Finals**

1 Sandi Arnason W51 Riversdale A 3.82m

W55 Long Jump Masters**Finals**

1 Kairy Loucks W58 Jamcan Inter 4.16m

2 Debra Lachance W56 Greyhounds M 3.63m

3 Kim Roberts W59 Aetos Athlet 3.28m

4 Lisa Pryhitko W57 Winnipeg Opt 3.25m

W65 Long Jump Masters**Finals**

1 Cindy O'Brien Hugh W66 Greyhounds M 3.62m

2 Jo-Ann Kennedy W66 Unattached-S 2.90m

W80 Long Jump Masters**Finals**

1 Carol Lafayette-Boyd W82 Excel Athlet 3.28m

W35 Triple Jump Masters**Finals**

1 Bryanne Deroo W38 Roadkill Run 7.04m

W40 Triple Jump Masters**Finals**

1 xDash Newington W40 Jamcan Inter X10.73m

W55 Triple Jump Masters**Finals**

1 Kairy Loucks W58 Jamcan Inter 8.61m

W65 Triple Jump Masters**Finals**

1 Jo-Ann Kennedy W66 Unattached-S 6.61m

W80 Triple Jump Masters**Finals**

1 Carol Lafayette-Boyd W82 Excel Athlet 6.86m

W30 Shot Put Masters**Finals**

1 Seni Akinrinlola W34 Winnipeg Opt 9.02m

W35 Shot Put Masters**Finals**

1 Bryanne Deroo W38 Roadkill Run 6.91m

W40 Shot Put Masters**Finals**

1 Jyoti Haeusler W44 Excel Athlet 6.43m

--- xDash Newington W40 Jamcan Inter X7.67m

W45 Shot Put Masters**Finals**

1 Jill Seymour W49 Flying M Ath 8.63m

2 Mavis Ayippey W48 Jamcan Inter 7.38m

3 Jessica Drakul W46 Roadkill Run 4.55m

W50 Shot Put Masters**Finals**

1 Marsha Thompson W53 Jamcan Inter 9.11m

2 Jane Hill W51 Greyhounds M 8.31m

W55 Shot Put Masters**Finals**

1 Leah Easton W59 Throwers Clu 8.27m

2 Annie Marsolais W59 Athletisme R 6.93m

3 Dala Bortolussi W56 Athletisme R 6.70m

4 Susan Brooke W59 Unattached A 6.53m

5 Breta Passler W59 Nanaimo & Di 6.38m

W60 Shot Put Masters**Finals**

1 Laurie Hayes W64 Top Notch Ma 6.49m

2 Margaret Hughes W64 Roadkill Run 6.23m

3 Mary Gargaro W63 Roadkill Run 4.63m

W65 Shot Put Masters**Finals**

1 Cindy O'Brien Hugh W66 Greyhounds M 7.58m

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****W70 Shot Put Masters****Finals**

1	Laura Hessel	W72	Unattached A	8.38m
2	Urith Hayley	W73	Greyhounds M	4.98m
3	Clemus Laurila	W70	Roadkill Run	4.54m
---	xLinda Harper	W72	Pony Express	X7.47m

W85 Shot Put Masters**Finals**

1	Renate Cheetham	W87	Greyhounds M	3.92m
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W35 Weight Throw Masters**Finals**

1	Bryanne Deroo	W38	Roadkill Run	5.90m
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W40 Weight Throw Masters**Finals**

---	xDash Newington	W40	Jamcan Inter	X10.97m
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W45 Weight Throw Masters**Finals**

1	Stephanie Outhwaite	W47	Unattached-M	9.82m
2	Jill Seymour	W49	Flying M Ath	9.37m

W50 Weight Throw Masters**Finals**

1	Anita Stepaniuk	W51	Unattached-M	10.48m
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W55 Weight Throw Masters**Finals**

1	Leah Easton	W59	Throwers Clu	9.98m
2	Dala Bortolussi	W56	Athletisme R	8.28m

W60 Weight Throw Masters**Finals**

1	Laurie Hayes	W64	Top Notch Ma	9.24m
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W65 Weight Throw Masters**Finals**

1	Jo Bryant	W68	Unattached N	9.28m
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W70 Weight Throw Masters**Finals**

1	Laura Hessel	W72	Unattached A	10.98m
2	Urith Hayley	W73	Greyhounds M	6.76m
---	xLinda Harper	W72	Pony Express	X7.95m

W85 Weight Throw Masters**Finals**

1	Renate Cheetham	W87	Greyhounds M	5.22m
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W40 Indoor Pentathlon Masters**Finals**

1	xDash Newington	W40	Jamcan Inter	X3295
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W45 Indoor Pentathlon Masters**Finals**

1	xDebra Cane	W49	Unattached-Inter	X1587
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W55 Indoor Pentathlon Masters**Finals**

1	Debra Lachance	W56	Greyhounds M	2361
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W60 Indoor Pentathlon Masters**Finals**

1	Laurie Ritchie	W63	Greyhounds M	1473
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W65 Indoor Pentathlon Masters**Finals**

1	Cindy O'Brien Hugh	W66	Greyhounds M	3360
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W35 1500 Meter Race Walk Masters**Finals**

1	Diane Guignard	W37	Bytown Walke	8:04.40
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W40 1500 Meter Race Walk Masters**Finals**

2	Melanie Morin-Pelletier	W44	Bytown Walke	8:14.78
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W55 1500 Meter Race Walk Masters**Finals**

4	Susan Brooke	W59	Unattached A	8:48.89
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W65 1500 Meter Race Walk Masters**Finals**

5	Sandy Archibald	W65	Bytown Walke	10:14.70
6	Bonnie Love	W66	Bytown Walke	11:17.19

W70 1500 Meter Race Walk Masters**Finals**

3	Johanna Flipsen	W70	Unattached A	8:39.11
7	Clemus Laurila	W70	Roadkill Run	12:50.72

W85 1500 Meter Race Walk Masters**Finals**

8	Renate Cheetham	W87	Greyhounds M	13:50.12
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W35 3000 Meter Race Walk Masters**Finals**

1	Diane Guignard	W37	Bytown Walke	17:31.04
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W40 3000 Meter Race Walk Masters**Finals**

1	Melanie Morin-Pelletier	W44	Bytown Walke	17:57.06
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W55 3000 Meter Race Walk Masters**Finals**

1	Susan Brooke	W59	Unattached A	18:13.33
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W65 3000 Meter Race Walk Masters**Finals**

1	Sandy Archibald	W65	Bytown Walke	21:14.86
2	Bonnie Love	W66	Bytown Walke	23:03.98

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****W70 3000 Meter Race Walk Masters****Finals**

1 Johanna Flipsen W70 Unattached A 17:58.71

W85 3000 Meter Race Walk Masters**Finals**

--- Renate Cheetham W87 Greyhounds M DQ

Women 60 Meter Dash Master 55-59**Preliminaries**

1	Valerie Hardy	W56	Riversdale A	8.73q
2	Kelly Silcox	W58	Speed Mechan	8.82q
3	Diana Cesaroni	W55	Variety Vill	9.20q
4	Debra Lachance	W56	Greyhounds M	9.44q
5	Kairy Loucks	W58	Jamcan Inter	9.48q
6	Josee Falcon	W57	Saint-Jean O	9.54q
7	Omena Babalola	W56	Winnipeg Opt	9.63q
8	Kim Roberts	W59	Aetos Athlet	9.85q
9	Farnaz Ghorbani	W59	Unattached O	9.95
10	Annie Marsolais	W59	Athletisme R	10.05
11	Lisa Pryhitko	W57	Winnipeg Opt	10.19
12	Carrie-Ann Oswald	W57	Unattached O	10.40
13	Breta Passler	W59	Nanaimo & Di	10.44

Women 60 Meter Dash Master 55-59**Finals**

1	Valerie Hardy	W56	Riversdale A	8.73
2	Kelly Silcox	W58	Speed Mechan	8.75
3	Diana Cesaroni	W55	Variety Vill	9.22
4	Debra Lachance	W56	Greyhounds M	9.46
5	Kairy Loucks	W58	Jamcan Inter	9.57
6	Josee Falcon	W57	Saint-Jean O	9.62
7	Omena Babalola	W56	Winnipeg Opt	9.90
8	Kim Roberts	W59	Aetos Athlet	9.93

W55 200 Meter Dash Master 55-59**Preliminaries**

1	Kelly Silcox	W58	Speed Mechan	29.42q
2	Valerie Hardy	W56	Riversdale A	29.88q
3	Diana Cesaroni	W55	Variety Vill	30.87q
4	Kairy Loucks	W58	Jamcan Inter	31.57q
5	Josee Falcon	W57	Saint-Jean O	31.88q
6	Farnaz Ghorbani	W59	Unattached O	32.64q
7	Kim Roberts	W59	Aetos Athlet	33.44
8	Omena Babalola	W56	Winnipeg Opt	34.20
9	Annie Marsolais	W59	Athletisme R	35.37
10	Breta Passler	W59	Nanaimo & Di	35.59
11	Carrie-Ann Oswald	W57	Unattached O	37.49

W55 200 Meter Dash Master 55-59**Finals**

1	Kelly Silcox	W58	Speed Mechan	29.39
2	Valerie Hardy	W56	Riversdale A	29.76
3	Diana Cesaroni	W55	Variety Vill	30.89
4	Kairy Loucks	W58	Jamcan Inter	32.11

5	Farnaz Ghorbani	W59	Unattached O	32.45
6	Josee Falcon	W57	Saint-Jean O	32.82

M30 60 Meter Dash Masters**Finals**

1	Andrew Annan	M34	Jamcan Inter	7.33
2	David Dobson	M30	Jamcan Inter	7.49
3	Andrew Victor	M33	Jamcan Inter	8.02
4	Stephen Mackett	M33	Gemini Racer	10.58

M35 60 Meter Dash Masters**Finals**

1	Mike Goldring	M36	Unattached A	7.63
2	Sefako Phala	M37	Jamcan Inter	9.23

M40 60 Meter Dash Masters**Finals**

1	Mike Taylor	M43	Pa Athletics	7.52
2	James Lalli	M40	Club Vainque	7.61
3	Ivan Holderness	M44	Unattached A	7.68
4	Delip Thomas	M42	Jamcan Inter	8.03
5	%Janz Stein T64	M43	Excel Athlet	8.37
6	Franklyn Mitchell	M42	Jamcan Inter	8.41
---	xAntoine Echols	M42	Unattached-Inter	X7.16
---	xRoman Marenin	M41	Unattached-Inter	X7.35

M45 60 Meter Dash Masters**Finals**

1	Sheldon Mirco	M48	Brantford T.	7.57
2	Jag Atwal	M47	Unattached	7.65
3	Michael Morris	M47	Tough Track	7.67
4	Darwin Thompson	M46	Unattached-M	7.76
5	Paul Gibbons-Smyth	M48	Greyhounds M	7.95

M50 60 Meter Dash Masters**Finals**

1	Joseph Scatliffe	M52	Unattached O	8.00
2	Lawrence Williams	M54	Ottawa Lions	8.05
3	Samuel Walker	M53	Greyhounds M	8.10
4	Neil Penney	M54	Unattached N	8.61
5	Martin Forest	M54	LanaudiÃ~re-	8.62

M55 60 Meter Dash Masters**Finals**

1	Colin Ellis	M57	Speed Mechan	7.91
2	Steven Colbert	M59	Greyhounds M	8.14
3	JerÃ~me Frenette	M58	Club D'Athle	8.68
4	Chretien Labossiere	M58	Roadkill Run	10.83

M60 60 Meter Dash Masters**Finals**

1	William Thomas Jones	M60	Unattached O	9.07
2	Paul Samyn	M60	Winnipeg Opt	9.11
3	Glen Nivet	M63	Unattached-M	9.78

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1	Raymond Alley	M68	Greyhounds M	8.92
2	Donald Friesen	M67	Top Notch Ma	9.11
3	Allan Crawshaw	M68	Victoria Spe	9.48
4	Robert Mackett	M69	Gemini Racer	12.60
---	xRobert Midder	M67	Unattached-Inter	X9.43

M70 60 Meter Dash Masters**Finals**

1	Vince Kocourek	M72	Unattached	10.46
2	Robert Davidson	M70	Unattached O	10.79
3	Ram Sarup	M71	Greyhounds M	14.66

M75 60 Meter Dash Masters**Finals**

1	Lou Van Rysselt	M75	Unattached	9.72
2	Hardev Singh Sandhu	M76	Greyhounds M	10.35
3	Bruce Mintz	M78	Edmonton Mas	10.85

M80 60 Meter Dash Masters**Finals**

1	Arthur Gee	M81	Greyhounds M	11.18
2	Surinder Shah	M81	Greyhounds M	12.27
2	Jean Menetrier	M80	Unattached	12.27

M30 200 Meter Dash Masters**Finals**

1	Andrew Annan	M34	Jamcan Inter	24.19
2	David Dobson	M30	Jamcan Inter	24.41
3	Stephen Mackett	M33	Gemini Racer	40.43

M35 200 Meter Dash Masters**Finals**

1	Mike Goldring	M36	Unattached A	24.02
2	Gavie Hayer	M39	Unattached A	27.30
3	Andrew Ferguson	M37	Roadkill Run	30.92

M55 200 Meter Dash Masters**Finals**

1	Colin Ellis	M57	Speed Mechan	25.98
2	Steven Colbert	M59	Greyhounds M	27.42
3	Jerôme Frenette	M58	Club D'Athle	28.09
4	Nigel Geohagen	M56	Jamcan Inter	32.16
5	Chretien Labossiere	M58	Roadkill Run	39.10

M60 200 Meter Dash Masters**Finals**

1	Serge Faucher	M60	Unattached	27.03
2	Greg Athayde	M63	Tough Track	28.34
3	Paul Samyn	M60	Winnipeg Opt	30.22
4	Glen Nivet	M63	Unattached-M	32.48

M65 200 Meter Dash Masters**Finals**

1	Allan Crawshaw	M68	Victoria Spe	30.77
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2	Donald Friesen	M67	Top Notch Ma	31.11
3	George Stewart	M65	Winnipeg Opt	31.29
4	Robert Mackett	M69	Gemini Racer	52.09
---	xRobert Midder	M67	Unattached-Inter	X33.26

M70 200 Meter Dash Masters**Finals**

1	Vince Kocourek	M72	Unattached	38.00
2	Ram Sarup	M71	Greyhounds M	42.01

M75 200 Meter Dash Masters**Finals**

1	Hardev Singh Sandhu	M76	Greyhounds M	36.55
2	Bruce Mintz	M78	Edmonton Mas	37.27

M80 200 Meter Dash Masters**Finals**

1	Jean Menetrier	M80	Unattached	43.28
2	Surinder Shah	M81	Greyhounds M	46.48

M30 400 Meter Dash Masters**Finals**

1	David Dobson	M30	Jamcan Inter	58.64
2	Andrew Victor	M33	Jamcan Inter	1:08.30
3	Stephen Mackett	M33	Gemini Racer	1:35.15

M35 400 Meter Dash Masters**Finals**

1	Andrew Ferguson	M37	Roadkill Run	1:12.63
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M40 400 Meter Dash Masters**Finals**

1	Nathan Vadeboncoeur	M40	Unattached B	50.16
2	Andrew Galloway	M40	London Weste	55.27
3	Trevor Jacek	M43	Running Wild	56.55
4	Mark Johnson	M43	Jamcan Inter	57.39
---	xRoman Marenin	M41	Unattached-Inter	X52.79

M45 400 Meter Dash Masters**Finals**

1	Erik Hurlen	M47	Unattached B	54.80
2	Michael Morris	M47	Tough Track	56.96
3	Devon Ernst	M46	Running Wild	58.83
---	Otis Morgan	M49	Jamcan Inter	DQ

M50 400 Meter Dash Masters**Finals**

1	Lawrence Williams	M54	Ottawa Lions	59.41
2	Ryan Leef	M51	Athletics Yu	1:01.06
3	Darcey Harder	M53	Roadkill Run	1:03.12
4	Danny Mann	M54	Tough Track	1:03.90
5	Martin Forest	M54	Lanaudi's re-	1:08.46

M55 400 Meter Dash Masters**Finals**

1	Claude Faucher	M57	Tough Track	1:00.35
2	Colin Ellis	M57	Speed Mechan	1:01.25

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****Finals ... (M55 400 Meter Dash Masters)**

3	Nigel Geohagen	M56	Jamcan Inter	1:15.25
4	Joseph Aarrestad	M59	Unattached	1:22.52

M60 400 Meter Dash Masters**Finals**

1	Serge Faucher	M60	Unattached	1:00.27
2	Greg Athayde	M63	Tough Track	1:00.93
3	Mark Pinckard	M64	Ocean Athlet	1:01.48
4	William Thomas Jones	M60	Unattached O	1:09.97
5	Glen Nivet	M63	Unattached-M	1:16.80
6	Gordon Flett	M64	Roadkill Run	1:26.00
7	Bob Cox	M64	Roadkill Run	1:29.26
8	Paul Peters Derry	M62	Unattached	1:30.94

M65 400 Meter Dash Masters**Finals**

1	Allan Crawshaw	M68	Victoria Spe	1:09.61
2	Robert Mackett	M69	Gemini Racer	2:15.74

M70 400 Meter Dash Masters**Finals**

1	Murray Domich	M70	Unattached-M	1:20.12
---	Ram Sarup	M71	Greyhounds M	DQ

M75 400 Meter Dash Masters**Finals**

1	Ray Tucker	M77	Brantford T.	1:21.71
2	Bruce Mintz	M78	Edmonton Mas	1:36.85

M80 400 Meter Dash Masters**Finals**

1	Jean Menetrier	M80	Unattached	1:34.31
2	Surinder Shah	M81	Greyhounds M	2:41.46
---	Arthur Gee	M81	Greyhounds M	DQ

M30 800 Meter Run Masters**Finals**

1	Joey Gargaro	M32	Roadkill Run	3:00.77
2	Stephen Mackett	M33	Gemini Racer	3:54.97

M35 800 Meter Run Masters**Finals**

1	Mark McLoughlin	M36	Unattached-M	2:14.55
2	Soufiane Ait Driss	M36	Unattached A	2:43.82
3	Andrew Ferguson	M37	Roadkill Run	2:55.40

M40 800 Meter Run Masters**Finals**

1	John Coffin	M43	Tough Track	2:07.36
2	Andrew Galloway	M40	London Weste	2:07.75
3	Ian Aseltine	M43	London Weste	2:07.95
4	Trevor Jacek	M43	Running Wild	2:11.83
5	Mark Johnson	M43	Jamcan Inter	2:19.26
6	Garry Nix	M41	Roadkill Run	2:40.26

M45 800 Meter Run Masters**Finals**

1	Erik Hurlen	M47	Unattached B	2:05.33
2	Devon Ernst	M46	Running Wild	2:22.35
3	Bernard Manuel	M46	Unattached B	3:30.40

M50 800 Meter Run Masters**Finals**

1	Ryan Leef	M51	Athletics Yu	2:20.51
2	Darcey Harder	M53	Roadkill Run	2:39.08

M55 800 Meter Run Masters**Finals**

1	Claude Faucher	M57	Tough Track	2:21.91
2	Jianping Xu	M59	Dundas Valle	2:42.90
3	Bo Huang	M56	Roadkill Run	2:43.53

M60 800 Meter Run Masters**Finals**

1	Mark Pinckard	M64	Ocean Athlet	2:17.98
2	Greg Athayde	M63	Tough Track	2:21.84
3	Evan Dorward	M63	Wolves Athle	2:44.87
4	Bob Cox	M64	Roadkill Run	3:13.13
5	Gordon Flett	M64	Roadkill Run	3:23.77

M65 800 Meter Run Masters**Finals**

1	Malcolm Smillie	M65	Unattached	2:58.60
2	Naseer Ahmed	M68	Unattached	4:01.26

M70 800 Meter Run Masters**Finals**

1	Murray Domich	M70	Unattached-M	2:59.17
2	Robert Stewart	M71	Unattached-M	3:04.98

M75 800 Meter Run Masters**Finals**

1	Ray Tucker	M77	Brantford T.	3:12.97
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M80 800 Meter Run Masters**Finals**

1	Jean Menetrier	M80	Unattached	3:36.23
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M30 1500 Meter Run Masters**Finals**

1	Sam Shi	M32	Ottawa Lions	4:40.49
2	Michael Mackett	M33	Gemini Racer	5:34.67
---	Joey Gargaro	M32	Roadkill Run	DNF

M35 1500 Meter Run Masters**Finals**

1	Matthew Winkler	M36	Unattached	4:22.57
2	Nickolas Kosmenko	M35	Bison Athlet	4:25.74
3	Mark McLoughlin	M36	Unattached-M	4:36.59
4	Soufiane Ait Driss	M36	Unattached A	4:37.33

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****M40 1500 Meter Run Masters****Finals**

1	John Coffin	M43	Tough Track	4:22.67
2	Ian Aseltine	M43	London Weste	4:29.11
3	Melvin Yumang	M41	Roadkill Run	5:23.28

M45 1500 Meter Run Masters**Finals**

1	Kevin Beatty	M49	Unattached	4:42.24
2	Kelsey Huth	M45	Unattached-M	5:31.68

M50 1500 Meter Run Masters**Finals**

1	Craig MacLean	M53	Unattached B	4:26.75
2	Ryan Leef	M51	Athletics Yu	4:39.38

M55 1500 Meter Run Masters**Finals**

1	Harvey Weber	M59	Running Wild	5:25.94
2	Jianping Xu	M59	Dundas Valle	5:30.77
3	Sam Zhou	M56	Roadkill Run	5:31.17
4	Bo Huang	M56	Roadkill Run	5:32.23
5	Noel Beckel	M55	Flying M Ath	6:43.60

M60 1500 Meter Run Masters**Finals**

1	Evan Dorward	M63	Wolves Athle	5:25.20
2	Bob Cox	M64	Roadkill Run	5:58.96
3	Stephen Terichow Parrott	M62	Roadkill Run	5:59.39
4	Gordon Flett	M64	Roadkill Run	6:49.24

M65 1500 Meter Run Masters**Finals**

1	Malcolm Smillie	M65	Unattached	6:22.09
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M70 1500 Meter Run Masters**Finals**

1	Robert Stewart	M71	Unattached-M	6:22.34
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M75 1500 Meter Run Masters**Finals**

1	Ray Tucker	M77	Brantford T.	6:45.80
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M80 1500 Meter Run Masters**Finals**

1	Jean Menetrier	M80	Unattached	7:05.74
2	Verner Christensen	M84	University O	9:07.05

M30 3000 Meter Run Masters**Finals**

1	Sam Shi	M32	Ottawa Lions	9:50.46
2	Michael Mackett	M33	Gemini Racer	12:29.70

M35 3000 Meter Run Masters**Finals**

1	Nickolas Kosmenko	M35	Bison Athlet	9:35.64
2	Steffan Reimer	M36	Arete Endura	9:44.70

3	Soufiane Ait Driss	M36	Unattached A	10:57.55
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M40 3000 Meter Run Masters**Finals**

1	Melvin Yumang	M41	Roadkill Run	11:44.78
2	Phillip Pawluk	M44	Roadkill Run	12:16.62

M45 3000 Meter Run Masters**Finals**

1	Kevin Beatty	M49	Unattached	9:47.97
2	Kelsey Huth	M45	Unattached-M	11:46.24

M50 3000 Meter Run Masters**Finals**

1	Ryan Leef	M51	Athletics Yu	9:59.93
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M55 3000 Meter Run Masters**Finals**

1	Sam Zhou	M56	Roadkill Run	11:40.64
2	Joseph Aarrestad	M59	Unattached	14:49.94
3	Noel Beckel	M55	Flying M Ath	14:57.32

M60 3000 Meter Run Masters**Finals**

1	Evan Dorward	M63	Wolves Athle	11:48.11
2	Bob Cox	M64	Roadkill Run	12:42.75
3	Gordon Christie	M64	Unattached B	12:43.71
4	Stephen Terichow Parrott	M62	Roadkill Run	13:00.24

M65 3000 Meter Run Masters**Finals**

1	Jerry Kooymans	M69	Toronto Olym	11:30.60
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M80 3000 Meter Run Masters**Finals**

1	Jean Menetrier	M80	Unattached	16:40.26
2	Verner Christensen	M84	University O	19:26.89

M85 3000 Meter Run Masters**Finals**

1	Pete Cunningham	M85	Unattached O	23:04.72
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M30 60 Meter Hurdles Masters**Finals**

1	Michael Mackett	M33	Gemini Racer	13.48
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M40 60 Meter Hurdles Masters**Finals**

1	Drew MacKenzie	M43	Unattached-M	11.62
---	xRoman Marenin	M41	Unattached-Inter	X8.78

M65 60 Meter Hurdles Masters**Finals**

1	Dale Lawrence	M67	Unattached-S	13.27
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M70 60 Meter Hurdles Masters**Finals**

1	Ram Sarup	M71	Greyhounds M	29.43
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2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****Finals ... (M70 60 Meter Hurdles Masters)**

--- xDavid Black M72 Unattached-Inter X16.15

M75 60 Meter Hurdles Masters**Finals**

1	Robert Bonenberg	M75	Athletisme R	13.38
2	Hardev Singh Sandhu	M76	Greyhounds M	13.90

M80 60 Meter Hurdles Masters**Finals**

1	Arthur Gee	M81	Greyhounds M	14.24
2	Surinder Shah	M81	Greyhounds M	33.46

M29&U 4x200 Meter Relay Masters**Finals**

1	Unattached-Manitoba	A	1:57.83
---	Jamcan Inter	A	X1:50.44
1)	Andrew Annan 90	2)	Andrew Victor 91
3)	Aslam Blackman 79	4)	Mark Johnson 81

M30 4x200 Meter Relay Masters**Finals**

1	Gemini Racers	A	2:19.71
1)	Joey Gargaro 92	2)	Ken Wong 79
3)	Stephen Mackett 91	4)	Michael Mackett 91

M35 4x200 Meter Relay Masters**Finals**

1	Grey Hair Allstars	A	1:36.77
1)	Nathan Vadeboncoeur 84	2)	Mike Taylor 81
3)	Ivan Holderness 81	4)	Mike Goldring 88

M40 4x200 Meter Relay Masters**Finals**

1	Sweet Home Alabama	A	2:01.34
1)	xAntoine Echols 82	2)	Sam Zhou 68
3)	Noel Beckel 69	4)	xRoman Marenin 83
---	Jamcan Inter	A	DQ
1)	Delip Thomas 82	2)	Mellard Brown 84
3)	Otis Morgan 76		

M50 4x200 Meter Relay Masters**Finals**

1	BC Man	A	2:12.76
1)	Chretien Labossiere 66	2)	Samuel Walker 71
3)	Will Harrower 72	4)	Bo Huang 68

M60 4x200 Meter Relay Masters**Finals**

1	Gemini Racers	A	2:57.81
1)	Bob Cox 60	2)	Gordon Flett 60
3)	Stephen Terichow Parrott 62	4)	Robert Mackett 56

M75 4x200 Meter Relay Masters**Finals**

1	Canada 51	A	2:39.44
1)	Jean Menetrier 44	2)	Hardev Singh Sandhu 49
3)	Robert Bonenberg 50	4)	Bruce Mintz 46

M30 High Jump Masters**Finals**

1	Michael Mackett	M33	Gemini Racer	1.25m
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M35 High Jump Masters**Finals**

1	Andrew Ferguson	M37	Roadkill Run	1.10m
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M40 High Jump Masters**Finals**

---	xRoman Marenin	M41	Unattached-Inter	X1.50m
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M45 High Jump Masters**Finals**

1	Dermot McDonald	M49	Predator Ath	1.40m
2	Ken Wong	M45	Winnipeg Opt	1.35m
3	Bernard Manuel	M46	Unattached B	1.15m

M50 High Jump Masters**Finals**

1	Neil Penney	M54	Unattached N	1.40m
2	Will Harrower	M53	Unattached	1.15m

M55 High Jump Masters**Finals**

1	Bo Huang	M56	Roadkill Run	1.20m
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M60 High Jump Masters**Finals**

1	Stephen Terichow Parrott	M62	Roadkill Run	1.10m
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M65 High Jump Masters**Finals**

1	Dale Lawrence	M67	Unattached-S	1.35m
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M70 High Jump Masters**Finals**

1	Robert Davidson	M70	Unattached O	1.10m
2	Ram Sarup	M71	Greyhounds M	0.90m
---	xDavid Black	M72	Unattached-Inter	X1.15m

M75 High Jump Masters**Finals**

1	Robert Bonenberg	M75	Athletisme R	1.20m
2	Sven Donaldson	M75	Nanaimo & Di	1.15m
3	Harnek Toor	M78	Ultra Throw	1.00m
3	Hardev Singh Sandhu	M76	Greyhounds M	1.00m

M80 High Jump Masters**Finals**

1	Arthur Gee	M81	Greyhounds M	1.05m
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2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****Finals ... (M80 High Jump Masters)**

2 Surinder Shah M81 Greyhounds M 0.85m

M45 Pole Vault Masters**Finals**

1 Scot Dressler M46 Winnipeg Opt 3.10m

2 Steven Passmore M46 Winnipeg Opt 2.40m

M50 Pole Vault Masters**Finals**

1 Carsten Erbe M52 Winnipeg Opt 1.70m

M55 Pole Vault Masters**Finals**

1 Sergey Drozdov M55 Unattached 3.20m

M65 Pole Vault Masters**Finals**

--- Raymond Alley M68 Greyhounds M NH

M75 Pole Vault Masters**Finals**

1 Robert Bonenberg M75 Athletisme R 2.10m

2 Sven Donaldson M75 Nanaimo & Di 1.80m

M80 Pole Vault Masters**Finals**

1 Arthur Gee M81 Greyhounds M 1.80m

M30 Long Jump Masters**Finals**

1 Wing Fu Chan M33 Jamcan Inter 5.46m

2 Andrew Victor M33 Jamcan Inter 4.76m

3 Stephen Mackett M33 Gemini Racer 2.87m

M35 Long Jump Masters**Finals**

1 Andrew Ferguson M37 Roadkill Run 3.58m

2 Sefako Phala M37 Jamcan Inter 3.05m

M40 Long Jump Masters**Finals**

1 %Janz Stein T64 M43 Excel Athlet 5.98m

2 Delip Thomas M42 Jamcan Inter 4.90m

3 Franklyn Mitchell M42 Jamcan Inter 4.19m

--- xRoman Marenin M41 Unattached-Inter X6.17m

M45 Long Jump Masters**Finals**

1 Bernard Manuel M46 Unattached B 2.54m

M55 Long Jump Masters**Finals**

1 Nigel Geohagen M56 Jamcan Inter 3.80m

2 Bo Huang M56 Roadkill Run 3.51m

M60 Long Jump Masters**Finals**

1 Gordon Flett M64 Roadkill Run 3.21m

2 Bob Cox M64 Roadkill Run 2.49m

M65 Long Jump Masters**Finals**

1 Raymond Alley M68 Greyhounds M 4.10m

2 Dale Lawrence M67 Unattached-S 4.06m

--- xRobert Midder M67 Unattached-Inter X3.05m

M70 Long Jump Masters**Finals**

1 Ram Sarup M71 Greyhounds M 2.29m

--- xDavid Black M72 Unattached-Inter X3.10m

M75 Long Jump Masters**Finals**

1 Hardev Singh Sandhu M76 Greyhounds M 2.86m

2 Harnek Toor M78 Ultra Throw 2.80m

M80 Long Jump Masters**Finals**

1 Arthur Gee M81 Greyhounds M 2.75m

2 Surinder Shah M81 Greyhounds M 1.94m

M30 Triple Jump Masters**Finals**

1 Wing Fu Chan M33 Jamcan Inter 10.48m

2 Michael Mackett M33 Gemini Racer 6.39m

M40 Triple Jump Masters**Finals**

1 Delip Thomas M42 Jamcan Inter 7.84m

M45 Triple Jump Masters**Finals**

1 Dermot McDonald M49 Predator Ath 8.60m

M65 Triple Jump Masters**Finals**

1 Dale Lawrence M67 Unattached-S 8.37m

M70 Triple Jump Masters**Finals**

1 Ram Sarup M71 Greyhounds M 5.54m

--- xDavid Black M72 Unattached-Inter X6.79m

M75 Triple Jump Masters**Finals**

1 Hardev Singh Sandhu M76 Greyhounds M 6.25m

2 Harnek Toor M78 Ultra Throw 5.77m

3 Sven Donaldson M75 Nanaimo & Di 4.69m

M80 Triple Jump Masters**Finals**

1 Surinder Shah M81 Greyhounds M 3.87m

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results**

Finals ... (M80 Triple Jump Masters)					4	Hardev Singh Sandhu	M76	Greyhounds M	8.51m
---	Arthur Gee	M81	Greyhounds M	FOUL	M80 Shot Put Masters				
M30 Shot Put Masters					Finals				
1	Michael Mackett	M33	Gemini Racer	4.32m	1	John Kasperski	M81	Throwers Clu	10.72m
M35 Shot Put Masters					2	Arthur Gee	M81	Greyhounds M	6.73m
Finals					3	Surinder Shah	M81	Greyhounds M	5.44m
1	Justin Charrier	M38	Predator Ath	10.87m	M30 Weight Throw Masters				
2	Sefako Phala	M37	Jamcan Inter	7.93m	Finals				
M40 Shot Put Masters					1	Michael Mackett	M33	Gemini Racer	4.08m
Finals					M35 Weight Throw Masters				
1	Mellard Brown	M40	Jamcan Inter	9.60m	Finals				
2	Delip Thomas	M42	Jamcan Inter	8.85m	1	Justin Charrier	M38	Predator Ath	13.53m
3	Franklyn Mitchell	M42	Jamcan Inter	8.51m	2	Gavie Hayer	M39	Unattached A	5.91m
M45 Shot Put Masters					M40 Weight Throw Masters				
Finals					Finals				
1	Mike Macdonald	M48	Caltaf Athle	13.09m	1	Mellard Brown	M40	Jamcan Inter	7.74m
2	Nigel Jaikaran	M47	Flying M Ath	8.26m	2	Delip Thomas	M42	Jamcan Inter	6.37m
3	Ken Wong	M45	Winnipeg Opt	7.47m	M45 Weight Throw Masters				
4	Bernard Manuel	M46	Unattached B	7.02m	Finals				
M50 Shot Put Masters					1	Mike Macdonald	M48	Caltaf Athle	12.99m
Finals					M50 Weight Throw Masters				
1	Jason Neill	M52	Unattached-M	11.52m	Finals				
2	Will Harrower	M53	Unattached	10.50m	1	Will Harrower	M53	Unattached	8.97m
M55 Shot Put Masters					M55 Weight Throw Masters				
Finals					Finals				
1	Rafal Czekajlo	M59	Unattached B	11.08m	1	Rafal Czekajlo	M59	Unattached B	10.12m
2	James Buhlman	M56	Unattached O	8.55m	M60 Weight Throw Masters				
3	Sarbjit Mavi	M59	Unattached-M	8.36m	Finals				
M60 Shot Put Masters					1	Gordon Flett	M64	Roadkill Run	5.52m
Finals					M65 Weight Throw Masters				
1	Gordon Flett	M64	Roadkill Run	7.40m	Finals				
M65 Shot Put Masters					1	J-Angelo Beraldin	M65	Ottawa Lions	11.60m
Finals					2	Gordon McCulloch	M66	Unattached A	9.53m
1	Brent Craig	M65	Top Notch Ma	9.90m	3	Brent Craig	M65	Top Notch Ma	9.47m
2	J-Angelo Beraldin	M65	Ottawa Lions	9.81m	M70 Weight Throw Masters				
3	Gordon McCulloch	M66	Unattached A	9.68m	Finals				
4	Dale Lawrence	M67	Unattached-S	9.24m	1	Patrick Hessel	M73	Unattached A	12.11m
M70 Shot Put Masters					2	Ram Sarup	M71	Greyhounds M	8.74m
Finals					M75 Weight Throw Masters				
1	Patrick Hessel	M73	Unattached A	10.23m	Finals				
2	Ram Sarup	M71	Greyhounds M	7.94m	1	Hardev Singh Sandhu	M76	Greyhounds M	13.16m
M75 Shot Put Masters					2	Harnek Toor	M78	Ultra Throw	12.99m
Finals					3	Robert Bonenberg	M75	Athletisme R	11.07m
1	Robert Bonenberg	M75	Athletisme R	9.95m	M80 Weight Throw Masters				
2	Harnek Toor	M78	Ultra Throw	9.46m	Finals				
3	Jerzy Wyroba	M75	Unattached	9.23m	1	John Kasperski	M81	Throwers Clu	9.58m

2025 Canadian Masters and MB Age Class Indoor Championships - 2025-02-28 to 20**Manitoba Indoor Championships****James Daly Fieldhouse, U. of MB, Winnipeg, MB****Results****Finals ... (M80 Weight Throw Masters)**

2 Surinder Shah M81 Greyhounds M 6.83m

M45 Indoor Pentathlon Masters**Finals**

1 Ken Wong M45 Winnipeg Opt 1694

M70 Indoor Pentathlon Masters**Finals**

1 Robert Davidson M70 Unattached O 1551

M75 Indoor Pentathlon Masters**Finals**

1 Robert Bonenberg M75 Athletisme R 2170

2 Sven Donaldson M75 Nanaimo & Di 1247

M80 Indoor Pentathlon Masters**Finals**

1 Arthur Gee M81 Greyhounds M 1474

M50 1500 Meter Race Walk Masters**Finals**

1 Dmitry Babenko M52 Unattached B 6:32.72

M55 1500 Meter Race Walk Masters**Finals**

2 Jianping Xu M59 Dundas Valle 7:46.18

4 Sam Zhou M56 Roadkill Run 9:29.61

M60 1500 Meter Race Walk Masters**Finals**

6 Mike Shahin M60 Bytown Walke 10:09.93

M65 1500 Meter Race Walk Masters**Finals**

3 Janusz Tarnawski M65 Toronto Race 8:50.35

5 John Storms M65 Bytown Walke 9:53.18

M50 3000 Meter Race Walk Masters**Finals**

1 Dmitry Babenko M52 Unattached B 13:52.41

M55 3000 Meter Race Walk Masters**Finals**

1 Jianping Xu M59 Dundas Valle 16:19.60

--- Bo Huang M56 Roadkill Run DQ

M60 3000 Meter Race Walk Masters**Finals**

--- Mike Shahin M60 Bytown Walke DQ

M65 3000 Meter Race Walk Masters**Finals**

1 Janusz Tarnawski M65 Toronto Race 17:59.98

2 John Storms M65 Bytown Walke 21:20.57

M40 200 Meter Dash Master 40-44**Finals**

1 Mark Johnson M43 Jamcan Inter 25.77

2 Delip Thomas M42 Jamcan Inter 28.44

--- xRoman Marenin M41 Unattached-Inter X24.85

--- xAntoine Echols M42 Unattached-Inter X24.86

M45 200 Meter Dash Master 45-49**Preliminaries**

1 Paul Gibbons-Smyth M48 Greyhounds M 26.04q

2 Otis Morgan M49 Jamcan Inter 26.55q

3 Jag Atwal M47 Unattached 27.11q

4 Michael Morris M47 Tough Track 29.16q

5 Sheldon Mirco M48 Brantford T. 29.26q

6 Bernard Manuel M46 Unattached B 34.67q

M45 200 Meter Dash Master 45-49**Finals**

1 Michael Morris M47 Tough Track 24.77

2 Sheldon Mirco M48 Brantford T. 25.01

3 Paul Gibbons-Smyth M48 Greyhounds M 25.60

4 Otis Morgan M49 Jamcan Inter 25.82

5 Bernard Manuel M46 Unattached B 34.53

--- Jag Atwal M47 Unattached DNF

M50 200 Meter Dash Master 50-54**Preliminaries**

1 Samuel Walker M53 Greyhounds M 27.33q

2 Joseph Scatliffe M52 Unattached O 27.87q

3 Martin Forest M54 LanaudiÃ`re- 28.35q

4 Lawrence Williams M54 Ottawa Lions 28.37q

5 Danny Mann M54 Tough Track 28.77q

6 Darcey Harder M53 Roadkill Run 29.07q

7 Neil Penney M54 Unattached N 30.77

M50 200 Meter Dash Master 50-54**Finals**

1 Lawrence Williams M54 Ottawa Lions 25.69

2 Samuel Walker M53 Greyhounds M 26.56

3 Joseph Scatliffe M52 Unattached O 27.04

4 Danny Mann M54 Tough Track 28.58

5 Darcey Harder M53 Roadkill Run 28.89