

O.U.A.A. Outdoor Track & Field Championships October 15, 1983

Laurentian University

Results

EVENT: 100 Metres

Heat No. 1

1	Austin Nurse	McMaster	11.1
2	Scott Colbourne	Queen's	11.3
3	Ron Coughlin	Toronto	11.7
4	Andy Carscadden	Laurentian	11.7
5	David Pinck	Windsor	11.7

WIND +5.8

Heat No. 2

1	Ross Girvan	Toronto	10.9
2	Mark Soodeen	Queen's	11.0
3	Brad Brouse	Laurentian	11.6
4	Michel Vigneault	Windsor	11.8

WIND +6.6

Heat No. 3

1	Cecil Henry	McMaster	11.2
2	Paul Fleming	Queen's	11.5
3	Amin Hafiz	Toronto	11.5
4	Bram Wittenberg	Waterloo	11.5
5	Jeff Griffith	Windsor	11.9
6	Guy Dumais	RMC	12.0

WIND +3.2

100 Metres Finals

1	Austin Nurse	McMaster	10.96
2	Mark Soodeen	Queen's	11.21
3	Ross Girvan	Toronto	11.24
4	Cecil Henry	McMaster	11.40
5	Paul Fleming	Queen's	11.57
6	Scott Colbourne	Queen's	11.69
7	Amin Hafiz	Toronto	11.75
8	Bram Whittenberg	Waterloo	11.78

WIND +4.0

OAAA results continued

EVENT: 110 Metres Hurdles

Heat No. 1

1	Mike Vanttees	McMaster	14.6
2	Tom Worthy	Queen's	16.0
3	Bill Barnes	Waterloo	16.1
4	Dave Hunt	Toronto	16.1

WIND +4.0

Heat No. 2

1	Dave Jongsam	McMaster	15.2
2	Jeff Joslin	Waterloo	15.4
3	Tim Worthy	Queen's	15.4
4	Brad Norris	Toronto	16.0
5	Vincent Dawdy	Laurentian	16.2

WIND +2.9

110 Metres Finals

1	Mike Vanhees	McMaster	14.8
2	Dave Jongsma	McMaster	15.2
3	Jeff Joslin	Waterloo	15.6
4	Tom Worthy	Queen's	15.6
5	Brad Norris	Toronto	16.1
6	Dave Hunt	Toronto	16.3
7	Bill Barnes	Waterloo	16.4
8	Tim Worthy	Queen's	16.7

WIND +2.1

EVENT: 200 Metres

Heat No. 1

1	Mark Soodeen	Queen's	22.7
2	Austin Nurse	McMaster	23.2
3	Cecil Henry	McMaster	23.5
4	Bram Wittenberg	Waterloo	23.5
5	Brian Kerslake	Guelph	23.7
6	Steve Pareigis	Laurentian	24.4
7	David Pinck	Windsor	25.4

WIND +4.8

OUAA Results continued

Heat No. 2

1	Tim Bryson	Toronto	22.3
2	Rich Hesketh	McMaster	22.7
3	Paul Fleming	Queen's	23.4
4	Jeff Griffith	Windsor	23.5
5	Scott Colbourne	Queen's	23.8
6	Lorne Brown	Waterloo	24.5

WIND +5.0

200 Metres Finals

1	Tim Bryson	Toronto	22.14
2	Rick Hesketh	McMaster	22.46
3	Mark Soodeen	Queen's	23.15
4	Paul Fleming	Queen's	23.16
5	Jeff Griffith	Windsor	23.72
6	Cecil Henry	McMaster	23.79
7	Bram Wittenberg	Waterloo	24.19
8	Austin Nurse	McMaster	32.0

WIND +3.6

EVENT: 400 Metres

Heat No. 1

1	George Kepenyas	McMaster	51.5
2	Greg Campbell	Laurentian	52.0
3	Eric Paisley	Toronto	52.2
4	Dave Stewart	Queen's	53.0
5	Kelvin Whalen	Waterloo	54.0
6	George Dunwoody	Windsor	55.7
7	Dave Galajda	McMaster	56.4

Heat No. 2

1	Rick Hesketh	McMaster	52.8
2	Paul Osland	McMaster	53.1
3	George Kerr	Windsor	53.5
4	Jeff Ballingall	RMC	53.9
5	Steve Pareigis	Laurentian	55.3

Heat No. 3

1	Tim Ryan	Windsor	52.5
2	Tim Bryson	Toronto	53.6
3	Brian Kerslake	Guelph	54.1
4	Paul Taylor	Laurentian	55.4
5	Dave Wylie	Waterloo	58.6

OUAA Results Continued

400 Metres Finals

1	Paul Osland	Toronto	49.69
2	Eric Paisley	Toronto	49.86
3	Tim Bryson	Toronto	49.95
4	Rick Hesketh	McMaster	50.36
5	Greg Campbell	Laurentian	50.96
6	George Kepenyes	McMaster	51.01
7	Dave Stewart	Queen's	51.92
8	Tim Ryan	Windsor	52.02

EVENT: 400 Metres Hurdles

1	Marc Poulin	Laurentian	55.7
2	Rizaldo Padilla	Waterloo	57.3
3	Mike Vanhees	McMaster	57.8
4	Bill Cunliffe	Toronto	58.0
5	Jeremy Needs	Toronto	59.63
6	Brian Murat	Queen's	1:00.1
7	Tim Worthy	Queen's	1:00.6
8	Dave Hunt	Toronto	1:02.11
9	Tom Worthy	Queen's	1:03.0

EVENT: 800 Metres

TIMED SECTIONS

5	Steve Boyd	Queen's	1:58.7
6	Paul Osland	Toronto	1:59.2
8	Jeremy Needs	Toronto	1:59.9
11	Brian Taylor	RMC	2:13.6
12	Sandy Aitken	RMC	2:17.6
1	George Kepenyes	McMaster	1:54.5
2	Marc Poulin	Laurentian	1:55.6
3	Tim Ryan	Windsor	1:57.5
4	Bill Cunliffe	Toronto	1:58.2
6	Glenn Elliot	Queen's	1:59.2
9	Mark Tuck	McMaster	2:02.0
7	Dave Stuart	Waterloo	2:04.1

FINAL PLACING

1	George Kepenyes	McMaster	1:54.5
2	Marc Poulin	Laurentian	1:55.6
3	Tim Ryan	Windsor	1:57.5
4	Bill Cunliffe	Toronto	1:58.2
5	Steve Boyd	Queen's	1:58.7
6	Paul Osland	Toronto	1:59.2
6	Glenn Elliot	Queen's	1:59.2
8	Jeremy Needs	Toronto	1:59.9

OUAA Results continued

EVENT: 1,500 Metres

1	Arnie Brakel	Windsor	4:00.9
2	David Mather	Queen's	4:03.4
3	Peter Lashley	Toronto	4:04.3
4	Tal Schierau	McMaster	4:11.3
5	Robert Hornung	Trent	4:14.3
6	Ian Clancy	Wilfrid Laurier	4:22.0
7	Dave Todd	Waterloo	4:26.0

EVENT: 3,000 Metres

1	Jeff Burchill	Wilfrid Laurier	9:48.6
2	Frank Turner	Toronto	9:52.9
3	Kevin MacKinnon	Queen's	9:55.7
4	Greg Riddoch	Laurentian	10:01.4
5	Mark Orzel	McMaster	10:09.2
6	Ken Waller	Laurentian	10:27.7
7	Ted Harvey	Laurentian	10:41.1

EVENT: 5,000 Metres

1	Richard Lee	Queen's	14:34.4
2	Harvey Mitro	Waterloo	14:57.8
3	Bruce Wainman	Laurentian	15:14.1
4	Richard Cawkwell	Toronto	15:29.1
5	Andy Krucker	Waterloo	15:42.1
6	Geoff Kendall	Laurentian	15:58.6
7	Bruce Davies	McMaster	15:59
8	Randy Laframboise	Windsor	16:51.4

EVENT: 10,000 Metres

1	Doug Orr	Queen's	30:47.6
2	Bruce Wainman	Laurentian	30:56
3	Gary Hutchinson	Queen's	30:57.8
4	Terry Schinkel	Windsor	31:30.8
5	Andy Jones	Toronto	31:31.1
6	Raymond Pacque	Laurentian	31:37.0
7	Dan Kontak	Queen's	31:53.4
8	Cal Orok	Waterloo	32:35
9	John Lemmex	McMaster	32:56.5
10	Andy Swiderski	Windsor	32:57.0
11	John Milligan	Guelph	33:45.3
12	Dan Kimmerer	Laurentian	35:46.5
13	Steve Scott	Waterloo	36:50.4

OUAA Results Continued

EVENT: 4 X 100 Metre Relay

1	Queen's	44.65
2	Toronto	44.66
3	McMaster	44.70
4	Windsor	45.68
5	Laurentian	45.95
6	Waterloo	46.56

EVENT: 4 X 400 Metre Relay

1	Toronto	3:25.86
2	Queen's	3:26.71
3	McMaster	3:27.97
4	Laurentian	3:32.86
5	Windsor	3:35.50
6	Waterloo	3:39.28

EVENT: Discus

1	Ray Lazdins	Toronto	45.94
2	Paul Gauthier	Toronto	40.24
3	Rick Klatt	Queen's	39.19
4	Jeff Pretli	Toronto	37.65
5	Kris Riseling	Waterloo	36.71
6	Brian Alexander	McMaster	34.91
7	Rob Schram	Windsor	34.02
8	John Terry	McMaster	33.04
9	Allan Fahey	Windsor	31.75
10	Cecil Pettinger	Wilfrid Laurier	30.93
11	Steve Pareigis	Laurentian	25.86

EVENT: Javelin

1	Hugh Wilson	Queen's	70.24 * record
2	Peter Shaw	Waterloo	57.12
3	Kris Riseling	Waterloo	56.74
4	Rob Schram	Windsor	55.44
5	Warren Young	Windsor	54.78
6	Joe Chapman	Laurentian	54.70
7	Mark Pizzinato	Queen's	51.26
8	Barry Frame	McMaster	47.98

OUAA Results Continued

EVENT: High Jump

1	Steve Gibb	Windsor	1.96
2	Brad Norris	Toronto	1.96
2	Phil Farrell	Toronto	1.96
4	Gene Winniski	McMaster	1.90
5	Larry Helwig	Toronto	1.90
6	Andy Carscaden	Laurentian	1.85

EVENT: Long Jump

1	Gene Winniski	McMaster	6.77	Wind
2	Larry Helwig	Toronto	6.52	Wind +1.8
3	Rick Hesketh	McMaster	6.48	Wind +2.1
4	Ron Caughlin	Toronto	6.24	Wind +5.2
5	Amin Hafiz	Toronto	6.14	Wind +1.8
6	Dave Davies	Queen's	5.86	Wind +2.3
7	Steve Julian	Wilfrid Laurier	5.64	Wind +3.5
8	Guy Dumais	RMC	5.63	Wind +4.2
9	Michel Vigneault	Windsor	5.55	
10	Andre Sirois	RMC	5.50	
11	Dave Jongsma	McMaster	4.18	

EVENT: Triple Jump

1	Dave Young	Toronto	14.15	Wind +2.6
2	Ron Caughlin	Toronto	13.81	Wind
3	Larry Helwig	Toronto	13.71	Wind
4	Steve Gibb	Windsor	13.49	Wind +2.3
5	Dave Davies	Queen's	12.86	Wind
6	Gene Winniski	McMaster	12.58	Wind
7	John Kissick	Queen's	12.06	Wind
8	Andre Sirois	RMC	11.93	Wind +1.5

EVENT: Pole Vault

1	Ross Girvan	Toronto	4.20
2	Dave Jongsma	McMaster	4.00
3	Jim Pfister	Toronto	4.00

EVENT: Shot Put

1	Paul Gauthier	Toronto	13.43
2	Jeff Pretli	Toronto	13.13
3	Rob Schram	Windsor	12.95
4	Rick Klatt	Queen's	12.63
5	Allan Fahey	Windsor	12.31
6	Allan Pyke	Windsor	10.90
7	Ray Lazdins	Toronto	10.82
8	Dave Jongsma	McMaster	10.25
9	Jean Brun	Laurentian	9.64
10	Dave Galjda	McMaster	9.27