

Pointage par équipe
RSEQ Universitaire 2026
2026-02-20 - 2026-02-21

Senior Femme

#	Université	Points
1)	Laval	189.0
2)	Montréal Carabins	164.0
3)	McGill	120.0
4)	Vert & Or Sherbrooke	95.0
5)	UQAM	18.0
5)	Carleton Ravens	18.0
7)	Concordia Stingers	16.0
8)	ETS	13.0
8)	UQAC	13.0
10)	UQTR	7.0

Pointage par équipe
RSEQ Universitaire 2026
2026-02-20 - 2026-02-21

Senior Homme

#	Université	Points
1)	Laval	209.0
2)	McGill	131.0
3)	Vert & Or Sherbrooke	123.0
4)	Montréal Carabins	90.0
5)	Concordia Stingers	39.0
6)	ETS	36.0
7)	Carleton Ravens	13.0
8)	UQTR	11.0
9)	UQAC	5.0
9)	CMR Saint-Jean	5.0

Résultats**RSEQ Universitaire 2026**

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Épreuve #31 - Pent. (Senior Femme)

RSEQ: 3926 pts Amélie Augé, (2017-03-09)

#	Athlète	Club	Résultat	Pts	
1	Roy, Lyanna (2003)	Laval	3656	10	
	60mH	Hauteur	Poids	Longueur	800m
	8.95	1.60m	11.88m	5.38m	2:30.89
	(920)	(736)	(653)	(665)	(682)
2	Corriveau-Tozzi, Laetitia (2002)	Montréal Carabins	3519	8	
	60mH	Hauteur	Poids	Longueur	800m
	9.02	1.66m	10.00m	5.27m	2:33.97
	(906)	(806)	(529)	(634)	(644)
3	Najarian, Océane (2002)	Vert & Or Sherbrooke	3188	6	
	60mH	Hauteur	Poids	Longueur	800m
	9.59	1.60m	10.81m	4.91m	2:42.68
	(791)	(736)	(583)	(535)	(543)
4	Kaelie, Sanogo (2004)	McGill	3104	5	
	60mH	Hauteur	Poids	Longueur	800m
	9.74	1.57m	10.67m	4.97m	2:44.91
	(761)	(701)	(573)	(551)	(518)
5	Donati-Stoyanov, Kalina (2005)	Vert & Or Sherbrooke	3086	4	
	60mH	Hauteur	Poids	Longueur	800m
	9.56	1.54m	11.27m	4.92m	2:49.11
	(796)	(666)	(613)	(538)	(473)
6	Mehdane, Fayrouz (2006)	Laval	2658	3	
	60mH	Hauteur	Poids	Longueur	800m
	9.76	1.42m	8.97m	5.17m	3:07.52
	(758)	(534)	(462)	(606)	(298)
7	Fawkes, Tori (2006)	Concordia Stingers	2589	2	
	60mH	Hauteur	Poids	Longueur	800m
	10.37	1.36m	6.43m	4.99m	2:36.01
	(644)	(470)	(299)	(557)	(619)
8	Olivier, Nina (2001)	UQAC	2292	1	
	60mH	Hauteur	Poids	Longueur	800m
	10.78	1.27m	9.51m	4.65m	2:58.69
	(573)	(379)	(497)	(466)	(377)

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Épreuve #32 - Hept. (Senior Homme)

RSEQ: 5267 pts Telvin Tavernier, (2017-01-01)

#	Athlète			Club			Résultat	Pts
1	Bérard, Marc-Olivier (2005)			Vert & Or Sherbrooke			5074	10
	60m	Longueur	Poids	Hauteur	60mH	Perche	1000m	
	7.11	6.62m	13.03m	1.90m	9.02	3.85m	2:46.29	
	(844)	(725)	(669)	(714)	(741)	(576)	(805)	
2	McGonigal, Kilty (2001)			Montréal Carabins			4885	8
	60m	Longueur	Poids	Hauteur	60mH	Perche	1000m	
	7.13	6.61m	11.36m	1.84m	8.80	4.45m	3:11.13	
	(837)	(723)	(568)	(661)	(791)	(746)	(559)	
3	Touron, Valentin (2007)			Laval			4378	6
	60m	Longueur	Poids	Hauteur	60mH	Perche	1000m	
	7.37	6.24m	9.65m	1.87m	9.88	3.35m	2:44.53	
	(755)	(639)	(465)	(687)	(564)	(444)	(824)	
4	Gervais, Louis-Philippe (2006)			Laval			4361	5
	60m	Longueur	Poids	Hauteur	60mH	Perche	1000m	
	7.30	6.14m	10.27m	1.69m	9.46	3.95m	2:58.78	
	(779)	(617)	(502)	(536)	(648)	(603)	(676)	
5	Gagné, Emeric (2005)			Laval			4316	4
	60m	Longueur	Poids	Hauteur	60mH	Perche	1000m	
	7.59	5.34m	13.33m	1.69m	9.16	3.45m	2:48.65	
	(684)	(449)	(687)	(536)	(711)	(469)	(780)	
6	Simard, Justin (2003)			Laval			4195	3
	60m	Longueur	Poids	Hauteur	60mH	Perche	1000m	
	7.58	6.12m	11.58m	1.72m	9.00	3.15m	3:05.15	
	(687)	(613)	(581)	(560)	(746)	(393)	(615)	
7	Dufresne, Arthur (2001)			UQAC			4069	2
	60m	Longueur	Poids	Hauteur	60mH	Perche	1000m	
	7.56	6.01m	10.23m	1.60m	9.62	3.75m	3:00.54	
	(694)	(589)	(499)	(464)	(615)	(549)	(659)	
8	Fournier, Thomas (2002)			Laval			3927	1
	60m	Longueur	Poids	Hauteur	60mH	Perche	1000m	
	7.65	5.62m	9.73m	1.69m	9.43	3.55m	3:06.63	
	(665)	(506)	(469)	(536)	(654)	(496)	(601)	

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Épreuve #1 - 60m (Senior Femme) - Qualification

RSEQ: 7.31 Audrey Leduc, (2013-12-17)

#	Athlète	Club	Résultat	Vague
1	Ulysse, Maria Thérèse (2004)	Montréal Carabin	7.49 Q	1v5
2	Vallée, Julia (2004)	Montréal Carabin	7.54 Q	1v4
3	Chiasson, Frédérique (2002)	Laval	7.58 Q	1v3
4	Basu, Rose (2005)	Carleton Ravens	7.64 Q	1v2
5	Tejiofo, Fiola (2002)	Laval	7.68 Q	1v1
6	Phan, Adriana (2001)	Vert & Or Sherbro	7.74 q	2v1
7	Mounkala, Caly (2006)	Montréal Carabin	7.79 q	2v2
8	Ajibola, Mercy (2006)	McGill	7.90 q	2v4
9	Nicolas-Etienne, Chloe (2007)	McGill	7.91 q	2v3
10	Couture, Rose (2004)	Laval	7.92 q	2v5
11	Appiah-Kubi, Michaela (2006)	Carleton Ravens	7.96 q	3v4
12	Cantin, Naomi (2006)	Montréal Carabin	8.01 q	3v2
13	Talis, Ines (2008)	Concordia Stinger	8.02 q	3v1
14	Ntambue, Dianna (2005)	Concordia Stinger	8.03 q	4v4
15	El Mairy, Rebecca (2006)	McGill	8.06 q	4v2
16	Jones, Jade (2006)	McGill	8.07 q	3v5
17	Pomerleau, Rosalie (2002)	Montréal Carabin	8.08 (8.076)	3v3
18	Girard, Yasmine (2005)	McGill	8.08 (8.078)	5v2
19	Adesegun, Destiny (2007)	McGill	8.10 (8.091)	4v3
20	Delattre, Livia (2004)	UQTR	8.10 (8.092)	4v5
21	Racine-Prud'homme, André-Anne (2002)	Montréal Carabin	8.11	5v4
22	Ahouma, Zaboro Maylis (2001)	Montréal Carabin	8.14	5v3
23	Quidoz, Audrey (2002)	Laval	8.16	4v1
24	Dumont-David, Anais (2005)	Vert & Or Sherbro	8.17	5v5
25	McGillivray, Kierra (2006)	Carleton Ravens	8.18	5v1
26	Hébert, Jade (2005)	UQAM	8.21	6v2
27	Da Silveira, Ionah (2007)	Concordia Stinger	8.28 (8.274)	6v3
28	Mostel, Tina (2004)	Montréal Carabin	8.28 (8.275)	6v1
29	Blagogee, Eyrarn (2005)	Montréal Carabin	8.35	6v4
30	Markin, Annel (2006)	Carleton Ravens	8.40	6v5
31	Valiquette, Emma (2000)	Montréal Carabin	8.45	7v4

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32	Grenier, Amélie (2002)	UQAC	8.49	7v5
33	Bouchard, Rosalie (2004)	UQAC	8.61	7v3
34	Leduc, Emmy-Jeanne (2005)	UQAC	8.69	7v2
35	Calix, Ludia (2003)	ETS	8.78	7v1
36	Toews, Florence (2005)	McGill	8.83	8v1
37	Chabibi, Nada (2003)	Montréal Carabin	8.93	8v2
38	Chiasson, Marie-Krystel (2004)	CMR Saint-Jean	9.27	8v3
39	White, Madison (2003)	Carleton	10.88	8v4

Épreuve #1 - 60m (Senior Femme) - Finale

RSEQ: 7.31 Audrey Leduc, (2013-12-17)

#	Athlète	Club	Qualif.	Finale	Vague	Pts
1	Vallée, Julia (2004)	Montréal Carabin	7.54	7.40	1v2	10
2	Ulysse, Maria Thérèse (2004)	Montréal Carabin	7.49	7.42	2v2	8
3	Basu, Rose (2005)	Carleton Ravens	7.64	7.56	3v2	6
4	Chiasson, Frédérique (2002)	Laval	7.58	7.58	4v2	5
5	Tejiofo, Fiola (2002)	Laval	7.68	7.62	5v2	4
6	Phan, Adriana (2001)	Vert & Or Sherbro	7.74	7.73	6v2	3
7	Moukaka, Caly (2006)	Montréal Carabin	7.79	7.75	7v2	2
8	Nicolas-Etienne, Chloe (2007)	McGill	7.91	7.79	1v1	1
9	Appiah-Kubi, Michaela (2006)	Carleton Ravens	7.96	7.84	2v1	
10	Couture, Rose (2004)	Laval	7.92	7.86	3v1	
11	Ajibola, Mercy (2006)	McGill	7.90	7.87	8v2	
12	Ntambue, Dianna (2005)	Concordia Stinger	8.03	7.93	4v1	
13	Cantin, Naomi (2006)	Montréal Carabin	8.01	7.98	5v1	
14	Talis, Ines (2008)	Concordia Stinger	8.02	8.02	6v1	
15	Jones, Jade (2006)	McGill	8.07	8.03	7v1	
16	El Mairy, Rebecca (2006)	McGill	8.06	8.14	8v1	

17	Pomerleau, Rosalie (2002)	Montréal Carabin	8.076			
18	Girard, Yasmine (2005)	McGill	8.078			
19	Adesegun, Destiny (2007)	McGill	8.091			
20	Delattre, Livia (2004)	UQTR	8.092			
21	Racine-Prud'homme, André-Anne (2002)	Montréal Carabin	8.11			

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22	Ahouma, Zaboro Maylis (2001)	Montréal Carabin	8.14
23	Quidoz, Audrey (2002)	Laval	8.16
24	Dumont-David, Anais (2005)	Vert & Or Sherbro	8.17
25	McGillivray, Kierra (2006)	Carleton Ravens	8.18
26	Hébert, Jade (2005)	UQAM	8.21
27	Da Silveira, Ionah (2007)	Concordia Stinger	8.274
28	Mostel, Tina (2004)	Montréal Carabin	8.275
29	Blagogee, Eyrarn (2005)	Montréal Carabin	8.35
30	Markin, Annel (2006)	Carleton Ravens	8.40
31	Valiquette, Emma (2000)	Montréal Carabin	8.45
32	Grenier, Amélie (2002)	UQAC	8.49
33	Bouchard, Rosalie (2004)	UQAC	8.61
34	Leduc, Emmy-Jeanne (2005)	UQAC	8.69
35	Calix, Ludia (2003)	ETS	8.78
36	Toews, Florence (2005)	McGill	8.83
37	Chabibi, Nada (2003)	Montréal Carabin	8.93
38	Chiasson, Marie-Krystel (2004)	CMR Saint-Jean	9.27
39	White, Madison (2003)	Carleton	10.88

Épreuve #2 - 60m (Senior Homme) - Qualification

RSEQ: 6.58 Ibrahim Méité, (2002-01-01)

#	Athlète	Club	Résultat	Vague
1	Houde, Zachari (2004)	Laval	6.87 Q	1v5
2	Desrosiers, Thomas (2000)	Vert & Or Sherbro	6.94 (6.932) Q	1v3
3	Bositampen, Rabbi (1999)	Montréal Carabin	6.94 (6.939) Q	1v4
4	Elkin, Jaydon (2008)	Concordia Stinger	6.99 Q	1v1
5	Arenas Frias, Diego Ignacio (2002)	Laval	7.01 Q	1v2
6	Simard, Cole (2007)	Carleton Ravens	7.00 q	2v1
7	Bouffard, Isaac (2005)	Laval	7.03 (7.023) q	2v3
8	Mailloux Colin, David (2002)	Montréal Carabin	7.03 (7.030) q	2v5
9	Mazzella, Justin (2003)	McGill	7.05 (7.044) q	3v5
10	Beaulieu, Samuel (2004)	Vert & Or Sherbro	7.05 (7.045) q	2v2
11	Suffo Soh, Raoul (2000)	Concordia Stinger	7.07 q	3v1
12	Mukendi, Tshibangu Kemy (2003)	Montréal Carabin	7.08 q	4v5

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13	Kontiebo, Esli (2004)	Vert & Or Sherbro	7.11 (7.101) q	4v1
14	Navarro, Martin (2004)	ETS	7.11 (7.101) q	2v4
15	Husbands, Kyle (2003)	Concordia Stinger	7.12 q	3v4
16	Vallée, Maxime-Antoine (2005)	Montréal Carabin	7.13 q	3v2
17	Yetman, Jay (2005)	McGill	7.16	4v4
18	Guipro-Lebel, Ulrick (2002)	UQTR	7.17	5v4
19	Moonsamy, Krescyn (2005)	McGill	7.20	3v3
20	Saïd, Émile (2001)	Laval	7.24	4v3
21	Olowe, Temitayo (2003)	McGill	7.27 (7.263)	6v4
22	Lavoie, Alexis (2005)	UQAC	7.27 (7.269)	5v1
23	Jolasun, Kamil (2007)	Concordia Stinger	7.29	5v3
24	Flett, Will (2007)	Carleton Ravens	7.30 (7.295)	4v2
25	Bouamrane, Léo (2000)	ETS	7.30 (7.295)	6v3
26	Nached, Gabriel (2003)	Montréal Carabin	7.30	6v1
27	Poirier, Christophe (2003)	Montréal Carabin	7.31	5v2
28	Audet, Mathieu (2003)	CMR Saint-Jean	7.33	5v5
29	Galibois, Simon (2004)	ETS	7.38 (7.372)	6v2
30	Haughton, Joshua (2007)	Carleton Ravens	7.38 (7.379)	6v5
31	Momo Nanfack, Hans (2005)	Montréal Carabin	7.39	7v1
32	Djoukam Mbuko, Boris (2001)	Montréal Carabin	7.40	8v1
33	Jouonang Djomo, Mike Jordy (2004)	UQTR	7.46	7v3
34	Lavoie, Maxim (2001)	Vert & Or Sherbro	7.48	8v3
35	Guédé, Balié Jean-Yves (1997)	UQTR	7.57	7v4
36	Lauzon, Vincent (2004)	Montréal Carabin	7.63	7v2
---	Kabore, Adore Nerija (2005)	Montréal Carabin	DNF	v2
---	Belfort, Cyrill Jamal (2001)	UQAM	DNS	v5
---	Lapointe, Émile (2003)	Montréal Carabin	DNS	v4
---	Djomby, Damien (1998)	ETS	DNS	v5

Épreuve #2 - 60m (Senior Homme) - Finale

RSEQ: 6.58 Ibrahim Méité, (2002-01-01)

#	Athlète	Club	Qualif.	Finale	Vague	Pts
1	Bositampen, Rabbi (1999)	Montréal Carabin	6.939	6.78	1v2	10
2	Desrosiers, Thomas (2000)	Vert & Or Sherbro	6.932	6.84	2v2	8

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3	Elkin, Jaydon (2008)	Concordia Stinger	6.99	6.85	3v2	6
4	Kontiebo, Esli (2004)	Vert & Or Sherbro	7.101	6.89	1v1	5
5	Simard, Cole (2007)	Carleton Ravens	7.00	6.96	4v2	4
6	Mailloux Colin, David (2002)	Montréal Carabin	7.030	7.00	5v2	3
7	Arenas Frias, Diego Ignacio (2002)	Laval	7.01	7.02	6v2	2
8	Mukendi, Tshibangu Kemy (2003)	Montréal Carabin	7.08	7.03 (7.028)	2v1	1
9	Bouffard, Isaac (2005)	Laval	7.023	7.03 (7.030)	7v2	
10	Suffo Soh, Raoul (2000)	Concordia Stinger	7.07	7.05 (7.042)	3v1	
11	Navarro, Martin (2004)	ETS	7.101	7.05 (7.046)	4v1	
12	Beaulieu, Samuel (2004)	Vert & Or Sherbro	7.045	7.06	5v1	
13	Mazzella, Justin (2003)	McGill	7.044	7.08	6v1	
14	Vallée, Maxime-Antoine (2005)	Montréal Carabin	7.13	7.12	7v1	
15	Husbands, Kyle (2003)	Concordia Stinger	7.12	7.20	8v1	
---	Houde, Zachari (2004)	Laval	6.87	DQ (TR 16.8)	v2	

16	Yetman, Jay (2005)	McGill	7.16			
17	Guipro-Lebel, Ulrick (2002)	UQTR	7.17			
18	Moonsamy, Krescyn (2005)	McGill	7.20			
19	Saïd, Émile (2001)	Laval	7.24			
20	Olowe, Temitayo (2003)	McGill	7.263			
21	Lavoie, Alexis (2005)	UQAC	7.269			
22	Jolasun, Kamil (2007)	Concordia Stinger	7.29			
23	Flett, Will (2007)	Carleton Ravens	7.295			
24	Bouamrane, Léo (2000)	ETS	7.295			
25	Nached, Gabriel (2003)	Montréal Carabin	7.30			
26	Poirier, Christophe (2003)	Montréal Carabin	7.31			
27	Audet, Mathieu (2003)	CMR Saint-Jean	7.33			
28	Galibois, Simon (2004)	ETS	7.372			
29	Haughton, Joshua (2007)	Carleton Ravens	7.379			
30	Momo Nanfack, Hans (2005)	Montréal Carabin	7.39			
31	Djoukam Mbuko, Boris (2001)	Montréal Carabin	7.40			
32	Jouonang Djomo, Mike Jordy (2004)	UQTR	7.46			
33	Lavoie, Maxim (2001)	Vert & Or Sherbro	7.48			
34	Guédé, Balié Jean-Yves (1997)	UQTR	7.57			
35	Lauzon, Vincent (2004)	Montréal Carabin	7.63			

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---	Kabore, Adore Nerija (2005)	Montréal Carabin	DNF
---	Belfort, Cyrill Jamal (2001)	UQAM	DNS
---	Lapointe, Émile (2003)	Montréal Carabin	DNS
---	Djomby, Damien (1998)	ETS	DNS

Épreuve #33 - Perche (Senior Femme)

RSEQ: 4.35 m Mélanie Blouin, (2013-01-01)

#	Athlète	Club	Résultat	Pts
1	Bortolato, Julie (2005)	McGill	3.76m	10
	3.20m 3.30m 3.40m 3.50m 3.66m 3.71m 3.76m 3.81m o o o xo o o o xxx			
2	Robitaille, Chloé (2001)	Laval	3.40m	8
	2.95m 3.10m 3.20m 3.30m 3.40m 3.50m o o o xo xo xxx			
3	Olivier, Nina (2001)	UQAC	3.30m	6
	2.95m 3.10m 3.20m 3.30m 3.40m o o o o xxx			
4	Miller, Meggison (2006)	McGill	3.10m	5
	2.65m 2.80m 2.95m 3.10m 3.20m o o o xo xxx			
5	Cloutier, Sarah-Maude (2003)	Laval	2.95m	4
	2.80m 2.95m 3.10m o o xxx			
6	Ferracci, Mia (2006)	McGill	2.95m	3
	2.65m 2.80m 2.95m 3.10m o o xo xxx			

Épreuve #9 - 1500m (Senior Femme)

RSEQ: 4:20.54 Jessy Lacourse, (2023-02-24)

#	Athlète	Club	Résultat	Vague	Pts
1	Tripotin, Elisa (1998)	UQAM	4:25.66	1v3	10
2	Boyer, Mérédith (2002)	Montréal Carabin	4:26.89	2v3	8
3	Gauthier, Laurence (2002)	Vert & Or Sherbro	4:29.75	3v3	6
4	Baril, Léane (2004)	Laval	4:30.58	4v3	5
5	Courville, Sophie (2003)	McGill	4:31.63	5v3	4

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6	Boudreau, Camille (2001)	Laval	4:35.86	6v3	3
7	Gal, Klara (2005)	Montréal Carabin	4:36.32	7v3	2
8	LeBlanc, Victoria (2001)	Montréal Carabin	4:37.30	8v3	1
9	Fournier, Laurie (2005)	Vert & Or Sherbro	4:37.66	9v3	
10	Emond, Marie-Renée (2001)	Laval	4:37.91	10v3	
11	Blackmore-Barnable, Mia (2006)	McGill	4:42.15	1v2	
12	Bouchard, Coralie (2004)	Montréal Carabin	4:42.72	2v2	
13	Chamberland, Jade (2007)	Concordia Stinger	4:42.80	3v2	
14	Parmentier, Julia (2005)	Laval	4:43.51	4v2	
15	Marsh, Alice (2003)	Laval	4:43.72	5v2	
16	Boilard, Catherine (2001)	Laval	4:43.97	6v2	
17	Courchesne, Marie-Soleil (2003)	UQTR	4:46.20	7v2	
18	Pelletier, Léa (2005)	Laval	4:47.67	11v3	
19	Bolger, Natasha (2003)	UQAM	4:48.16	8v2	
20	Borgers, Emilie (2004)	McGill	4:50.27	9v2	
21	Bogus, Marianne (2001)	UQAC	4:52.18	1v1	
22	Heynemand, Laurianne (2001)	Vert & Or Sherbro	4:52.31	10v2	
23	LEBAIL, LOUISIANE (2000)	UQAM	4:54.52	2v1	
24	Thibault, Marick (2001)	UQTR	4:54.66	3v1	
25	Roze, Alice (2002)	ETS	4:54.88	4v1	
26	Brasselet, Ariane (2002)	ETS	4:55.02	5v1	
27	Lapierre, Sara-Maud (2003)	Vert & Or Sherbro	4:55.20	6v1	
28	Caron, Audrey-Anne (2002)	Laval	4:55.22	12v3	
29	Thibodeau, Sarah-Maude (2005)	Vert & Or Sherbro	4:56.32	7v1	
30	Harani, Alyssia (2005)	Montréal Carabin	4:57.39	8v1	
31	Fulton-Kennedy, Caitlyn (2000)	Concordia Stinger	4:57.52	9v1	
32	Caron, Émy-Jade (2004)	Vert & Or Sherbro	4:58.59	11v2	
33	Têtu, Élizabéth (2003)	UQTR	4:59.62	10v1	
34	Wild, Josephine (2001)	Montréal Carabin	5:00.61	11v1	
35	Champagne, Justine (2002)	Montréal Carabin	5:01.86	12v1	
36	Mercier, Coralie (2005)	Laval	5:02.44	12v2	
37	Jean, Noée (2003)	UQAC	5:19.34	13v1	

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RSEQ: 3:43.21 Charles Philibert-Thiboutot, (2015-01-01)

#	Athlète	Club	Résultat	Vague	Pts
1	Toupin, Émile (2004)	Laval	3:47.42	1v3	10
2	Hepworth, Samuel (2004)	McGill	3:47.73	2v3	8
3	Dernoncourt, Sacha (2005)	McGill	3:48.13	3v3	6
4	Laviolette, Thomas (2000)	Montréal Carabin	3:49.74	4v3	5
5	Turgeon, Nolan (2004)	Vert & Or Sherbro	3:50.00	5v3	4
6	Margot, Louis (2005)	Laval	3:50.80	6v3	3
7	Poulin, Charles (2004)	Laval	3:52.75	7v3	2
8	Duchesneau, Xavier (2003)	Laval	3:56.68	8v3	1
9	Richard, Mathis (2002)	Vert & Or Sherbro	3:57.29	9v3	
10	Bordo, Roman (2005)	McGill	3:58.00	10v3	
11	Baker, Findlay Tarik (2006)	McGill	3:58.28	1v2	
12	Morales, Benjamin (2006)	McGill	3:58.74	2v2	
13	Chevalier, Grégoire (2002)	Montréal Carabin	3:59.18	3v2	
14	Bruyant, Gaetan (2001)	Vert & Or Sherbro	3:59.82	4v2	
15	Abraham, Vincent (2000)	UQTR	3:59.84	5v2	
16	Ruel, Edouard (2006)	Laval	4:00.19	6v2	
17	Marsolais, Antonin (2004)	Vert & Or Sherbro	4:00.82	7v2	
18	Le Mouel, Iwan (2003)	ETS	4:01.29	8v2	
19	Picard, Simon (2003)	McGill	4:01.31	9v2	
20	Hamel, Isaac (2004)	Laval	4:01.71	10v2	
21	Turcotte, Mathis (2005)	Laval	4:02.56	11v3	
22	Bédard, Léo (2005)	Vert & Or Sherbro	4:02.67	11v2	
23	Labrie, Alex (2004)	CMR Saint-Jean	4:04.67	1v1	
24	Sebestik, Milan (2004)	Montréal Carabin	4:05.09	2v1	
25	Poulin-Desjardins, Loic (2003)	Laval	4:06.46	12v2	
26	Hébert, Jérémie (2002)	UQAM	4:06.68	3v1	
27	Louvet, Lucien (2003)	McGill	4:09.33	4v1	
28	Hubert, Yann (2004)	UQAC	4:09.99	5v1	
29	Léonard, Samuel (2004)	Vert & Or Sherbro	4:10.39	6v1	
30	Zazaa, Ayman (1999)	UQTR	4:11.39	7v1	
31	Turgeon, Zacharie (2002)	UQAM	4:14.58	8v1	

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32	Bouchard, Simon (2004)	UQAC	4:14.66	9v1
33	Arsenault, Jacob (2002)	ETS	4:16.13	10v1
34	Marais, Cyprien (2006)	CMR Saint-Jean	4:37.28	11v1
---	Gendron-Jetté, Charles (2005)	Vert & Or Sherbro	DNF	v3

Épreuve #5 - 600m (Senior Femme)

RSEQ: 1:28.11 Emma Dagenais, (2023-03-11)

#	Athlète	Club	Résultat	Vague	Pts
1	Drouin, Morgane (2004)	Laval	1:31.69 (1:31.684)	1v4	10
2	Essabar, Jade (2003)	ETS	1:31.69 (1:31.688)	2v4	8
3	Mercier, Gabrielle (2004)	Vert & Or Sherbro	1:31.98	3v4	6
4	Deslandes, Myriam (2003)	Montréal Carabin	1:32.66	4v4	5
5	BenHamou, Elsa (2003)	Vert & Or Sherbro	1:32.77	5v4	4
6	Veilleux, Emma (2004)	McGill	1:33.28	1v3	3
7	Berube Boutin, Julia (2002)	McGill	1:34.08	2v3	2
8	Hébert, Élodie (2001)	Vert & Or Sherbro	1:34.23	6v4	1
9	Desjarlais, Laurie (1998)	Vert & Or Sherbro	1:34.39	3v3	
10	Fitzpatrick, Arowyn (2005)	McGill	1:37.17	1v2	
11	Sénéchal, Clara (2005)	Montréal Carabin	1:37.18	2v2	
12	Burton, Jeanne (2005)	Vert & Or Sherbro	1:37.27	4v3	
13	Hébert, Marie-Ange (2002)	Vert & Or Sherbro	1:37.28	5v3	
14	Girard, Marie-Frédérique (2005)	UQAC	1:37.49	1v1	
15	Smailbegovic, Ena (2006)	McGill	1:38.12	3v2	
16	Barton, Gabriella (2007)	McGill	1:38.27	2v1	
17	Gagnon, Maude (1994)	UQTR	1:38.58	4v2	
18	Bouchard, Julie-Anne (2005)	UQAC	1:39.22	5v2	
19	Quidoz, Audrey (2002)	Laval	1:39.24	6v3	
20	Macdonald, Aria (2003)	Carleton Ravens	1:39.68	6v2	
21	Koffi, Alexandra (2006)	UQTR	1:40.80	3v1	
22	Banville, Eugénie-Rose (2001)	Vert & Or Sherbro	1:41.76	4v1	
23	Commerie, Florence (2005)	Vert & Or Sherbro	1:43.21	5v1	
24	Pelletier, Vanante (2000)	Concordia Stinger	1:46.24	6v1	

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Épreuve #6 - 600m (Senior Homme)

RSEQ: 1:17.08 Yassine Aber, (2023-02-24)

#	Athlète	Club	Résultat	Vague	Pts
1	Riad, Yasser (2003)	Laval	1:18.95	1v4	10
2	Péladeau, Thomas (2004)	Vert & Or Sherbro	1:19.62	2v4	8
3	Sanders, William (2006)	McGill	1:19.82	3v4	6
4	Gates, Ben (2006)	McGill	1:20.02	4v4	5
5	Mohammed, Ismaël (2003)	Vert & Or Sherbro	1:20.37	5v4	4
6	Adams, Sean (2003)	McGill	1:20.60	6v4	3
7	Bordeleau, Renaud (2004)	Vert & Or Sherbro	1:21.60	1v3	2
8	Tremblay, Guillaume (2006)	Laval	1:21.91	2v3	1
9	Rondeau, Sacha (2002)	Vert & Or Sherbro	1:22.06	3v3	
10	Marsh, Edward (2004)	Laval	1:22.11	4v3	
11	Paré, Christophe (2003)	UQAM	1:22.70	1v2	
12	Taback, Oliver (2007)	McGill	1:22.85	2v2	
13	Hidalgo-Gonzalez, Esteban (2004)	McGill	1:22.98	5v3	
14	Heins, Russell (2007)	Concordia Stinger	1:23.24	3v2	
15	Bouchard, Christophe (2005)	UQTR	1:23.35	4v2	
16	Déziel, Félix (2003)	Vert & Or Sherbro	1:23.47	5v2	
17	Gray, Duncan (2007)	Carleton Ravens	1:25.57	1v1	
18	Fassaya, Judicael (1997)	Montréal Carabin	1:26.75	6v2	
19	Deschatelets, Julien (2003)	ETS	1:27.10	2v1	
20	Poliquin, Christophe (2004)	UQTR	1:28.02	3v1	
21	Tanner, Victor (2003)	Vert & Or Sherbro	1:28.92	6v3	
22	Mbala, David bantu Lukunza (2006)	CMR Saint-Jean	1:29.71	4v1	
23	Joseph, Ludovik (2004)	Vert & Or Sherbro	1:32.75	5v1	
---	Audet, Mathieu (2003)	CMR Saint-Jean	DNS	v1	

Épreuve #25 - Triple-Saut (Senior Homme)

RSEQ: 15.89 m Patrick Massok, (2002-01-01)

#	Athlète	Club	Résultat	Pts
1	Suffo Soh, Raoul (2000)	Concordia Stingers	14.32m	10
	14.32m 13.89m 14.16m	F		

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2	Morere, Eneko (2005)			ETS		14.20m	8
	14.20m	F					
3	Parent, Kelly (2003)			Laval		13.85m	6
	13.85m	13.58m	F	13.69m	F	13.82m	
4	El Hadj, Saliou Diop (2004)			ETS		13.74m	5
	12.51m	13.74m	13.48m	13.40m	13.46m	13.70m	
5	Pindar, Emmett (2006)			McGill		13.58m	4
	13.36m	13.47m	13.58m	F	13.29m	13.56m	
6	Duniya, Jesse (2000)			Concordia Stingers		13.30m	3
	11.74m	F	13.00m	13.30m	13.12m	13.12m	
7	Eniola, Oyinloluwa (2007)			Concordia Stingers		12.77m	2
	F	F	12.77m	12.71m	11.15m		
8	Latour, Francis (1999)			Montréal Carabins		10.52m	1
	10.52m	10.40m	F	F	9.88m	9.82m	
---	Adebisi, Folu (2006)			McGill		F	
	F	F	F				
---	Guipro-Lebel, Ulrick (2002)			UQTR		DNS	

Épreuve #15 - 4x200m (Senior Femme)

RSEQ: 1:38.84 Laval, (2017-03-11)

#	Équipe	Résultat	Vague	Pts
1	Laval A	1:38.93	1v2	10
	1) #497 Chiasson, Frédérique (2002)	2) #546 Tejioto, Fiola (2002)		
	3) #489 Boccacci, Ilona (2003)	4) #500 Couture, Rose (2004)		
2	McGill A	1:42.11	2v2	8
	1) #471 Nicolas-Etienne, Chloe (2007)	2) #461 Jones, Jade (2006)		
	3) #452 El Mairy, Rebecca (2006)	4) #436 Babkine, Natalya (2006)		
3	Carleton Ravens A	1:45.16	3v2	6
	1) #669 Basu, Rose (2005)	2) #668 Appiah-Kubi, Michaela (2006)		
	3) #680 McGillivray, Kierra (2006)	4) #667 Ani-Asamani, Christine (2006)		

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4	Montréal Carabins A	1:45.59	4v2	5
	1) #722 Pomerleau, Rosalie (2002)			
	3) #682 Ahouma, Zaboro Maylis (2001)			
	2) #723 Racine-Prud'homme, André-Anne (20			
	4) #716 Mostel, Tina (2004)			
5	Concordia Stingers A	1:47.88	1v1	4
	1) #652 Fawkes, Tori (2006)			
	3) #656 Da Silveira, Ionah (2007)			
	2) #662 Pastore, Eve (2007)			
	4) #665 Talis, Ines (2008)			
6	Vert & Or Sherbrooke A	1:50.19	2v1	3
	1) #607 Dumont-David, Anais (2005)			
	3) #632 Quirion, Juliette (2003)			
	2) #591 Banville, Eugénie-Rose (2001)			
	4) #603 Desjarlais, Laurie (1998)			
7	UQAC A	1:50.45	3v1	2
	1) #422 Girard, Marie-Frédérique (2005)			
	3) #423 Grenier, Amélie (2002)			
	2) #414 Bouchard, Rosalie (2004)			
	4) #430 Olivier, Nina (2001)			

Épreuve #34 - Perche (Senior Homme)

RSEQ: 5.50 m François Thénault, (2001-01-01)

#	Athlète	Club	Résultat	Pts
1	Lavoie-Beaulieu, Édouard (2002)	Vert & Or Sherbrooke	4.70m	10
	4.40m 4.50m 4.60m 4.70m 5.00m XO O XO XXO XXX			
2	Labrecque, Jules (2002)	Laval	4.60m	8
	4.15m 4.40m 4.60m 4.70m XO XO XXO XXX			
3	Aubin, Mathieu (2003)	Vert & Or Sherbrooke	4.30m	6
	4.30m 4.50m XO XXX			
4	Winter, Edouard (2005)	Montréal Carabins	4.30m	5
	4.00m 4.15m 4.30m 4.40m O O XXO XXX			
5	Kohls, Guy (2004)	McGill	4.30m	4
	3.85m 4.00m 4.15m 4.30m 4.40m O XO O XXO XXX			
6	Giroux, Thomas (2003)	Vert & Or Sherbrooke	4.15m	3

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	3.70m	3.85m	4.00m	4.15m	4.30m			
	XO	O	XO	XXO	XXX			
7	Sallez, Hector (2001)				ETS	3.85m	2	
	3.70m	3.85m	4.00m					
	O	O	XXX					
8	Vallée, Samuel (2000)				Vert & Or Sherbrooke	3.85m	1	
	3.70m	3.85m	4.00m					
	O	XO	XXX					
9	Fournier, Thomas (2002)				Laval	3.70m		
	3.70m	3.85m						
	O	XXX						

Épreuve #16 - 4x200m (Senior Homme)

RSEQ: 1:26.01 Sherbrooke, (2007-03-10)

#	Équipe	Résultat	Vague	Pts
1	Montréal Carabins A	1:27.95	1v2	10
	1) #687 Bositampen, Rabbi (1999)	2) #718 Mukendi, Tshibangu Kemy (2003)		
	3) #713 Mailloux Colin, David (2002)	4) #705 Kabore, Adore Nerija (2005)		
2	Laval A	1:27.97	2v2	8
	1) #493 Bouffard, Jacob (2005)	2) #492 Bouffard, Isaac (2005)		
	3) #542 Saïd, Émile (2001)	4) #502 Dipoko, Cyprien (2003)		
3	Concordia Stingers A	1:30.18	1v1	6
	1) #649 Elkin, Jaydon (2008)	2) #655 Husbands, Kyle (2003)		
	3) #664 Suffo Soh, Raoul (2000)	4) #638 Barca, Matteo (2002)		
4	Vert & Or Sherbrooke A	1:31.84	3v2	5
	1) #604 Desrosiers, Thomas (2000)	2) #592 Beaulieu, Samuel (2004)		
	3) #628 Ouellet, Émil (2004)	4) #617 Kontiebo, Esli (2004)		
5	ETS A	1:32.08	2v1	4
	1) #581 Galibois, Simon (2004)	2) #574 Bouamrane, Léo (2000)		
	3) #582 Heider, Mathis (2004)	4) #586 Navarro, Martin (2004)		

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6	Carleton Ravens A	1:32.11	4v2	3
	1) #681 Simard, Cole (2007)			
	2) #676 Haughton, Joshua (2007)			
	3) #672 Flett, Will (2007)			
	4) #677 Kalkas, Ali (2006)			
7	CMR Saint-Jean A	1:37.98	3v1	2
	1) #738 Piché, Edmond (2005)			
	2) #643 Labrie, Alex (2004)			
	3) #737 Létourneau, Julien (2005)			
	4) #645 Mbala, David bantu Lukunza (2006)			
---	McGill A	DQ (TR 24.9)	v2	
	1) #472 Nicoletti, Luca (2004)			
	2) #484 Yetman, Jay (2005)			
	3) #469 Moonsamy, Krescyn (2005)			
	4) #477 Sanders, William (2006)			
---	UQAC A	DNS	v1	
	1) #427 Lavoie, Alexis (2005)			
	2) #421 Dufresne, Arthur (2001)			
	3) #429 Masse, Marc-Antoine (2001)			
	4) #417 Chec, Léopold (2003)			

Épreuve #28 - Poids (Senior Homme) - 7.26kg

#	Athlète	Club	Résultat	Pts
1	Labbé, Anthony (2001)	Laval	14.01m	10
	14.01m 13.91m			
2	Lavoie-Beaulieu, Édouard (2002)	Vert & Or Sherbrooke	13.91m	8
	13.29m 13.91m			
3	Gagné, Emeric (2005)	Laval	13.61m	6
	12.50m 13.20m 13.61m	13.32m 13.29m	F	
4	Koran, Frederic (2005)	McGill	13.09m	5
	12.00m 12.86m 12.40m	F 13.09m	13.00m	
5	Dorais, Mathieu (2000)	Laval	12.97m	4
	F 12.97m 12.17m	F 11.67m	F	
6	Hassar, Abdellah (1996)	Laval	12.03m	3
	11.84m 12.03m 11.91m			
7	Winter, Edouard (2005)	Montréal Carabins	11.79m	2
	11.79m F F	F		
8	Duclay, Maxime (2002)	UQAC	10.92m	1

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	10.28m	9.98m	10.69m	10.40m	10.32m	10.92m
9	Djoukam Mbuko, Boris (2001)			Montréal Carabins		10.12m
	10.12m	9.96m	10.06m			
10	Lalaian, Michael (2004)			Concordia Stingers		10.04m
	F	10.04m	8.66m			
11	Trudel, Xavier (2007)			Concordia Stingers		9.78m
	9.66m	9.78m	9.49m			
12	Latour, Francis (1999)			Montréal Carabins		9.44m
	9.06m	9.31m	9.44m			
13	Chopin, Aidan (2007)			McGill		8.65m
	8.65m	8.61m	F			
14	Audet, Mathieu (2003)			CMR Saint-Jean		8.30m
	8.30m	F	7.94m			

Épreuve #26 - Triple-Saut (Senior Femme)

RSEQ: 12.49 m Valérie Kodo, (2011-01-01)

#	Athlète	Club	Résultat	Pts		
1	Warcholak, Rebecca (2005)	McGill	11.68m	10		
	11.34m	F	11.55m	10.86m	11.68m	11.11m
2	Blagogee, Eyrarn (2005)	Montréal Carabins	11.26m	8		
	10.96m	11.26m	9.69m	11.18m	11.09m	F
3	Ahouma, Zaboro Maylis (2001)	Montréal Carabins	11.22m	6		
	11.05m	10.92m	11.22m	10.55m	10.95m	10.74m
4	Mailloux, Jolianne (2005)	Laval	10.54m	5		
	F	8.64m	F	10.45m	10.54m	10.28m
5	Durno, Ella (2005)	McGill	10.44m	4		
	10.43m	F	10.44m	F	9.53m	F
6	Fawkes, Tori (2006)	Concordia Stingers	10.37m	3		
	9.93m	10.12m	F	9.45m	10.37m	
7	Bricard, Sidonie (2005)	Montréal Carabins	9.84m	2		
	F	9.83m	9.73m	9.84m	9.63m	9.76m
8	Colucci, Sophia (2005)	Concordia Stingers	9.59m	1		
	9.29m	F	F	9.59m	F	9.49m
---	Burkard, Annika (1998)	McGill	DNS			

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DNS

Épreuve #27 - Poids (Senior Femme) - 4kg

#	Athlète	Club	Résultat	Pts
1	Morin, Claudy (2005)	Laval	12.40m	10
	11.02m 11.56m 12.40m	11.25m 11.57m	11.90m	
2	Ballas, Elsa (2004)	Montréal Carabins	11.92m	8
	11.53m 10.59m 11.12m	11.61m 11.65m	11.92m	
3	Donati-Stoyanov, Kalina (2005)	Vert & Or Sherbrooke	11.55m	6
	10.92m 10.65m 10.51m	10.59m 10.67m	11.55m	
4	Roy, Lyanna (2003)	Laval	11.45m	5
	10.51m 10.91m 10.01m	10.37m 11.15m	11.45m	
5	Tcheutchoua, Aisling (2004)	Laval	11.13m	4
	F F 10.38m	11.13m F	10.90m	
6	Pagé, Amy (1999)	Laval	10.82m	3
	10.82m 9.76m 9.27m	9.92m 10.05m	9.90m	
7	Guy, Audrey (2001)	Vert & Or Sherbrooke	10.53m	2
	9.95m 10.20m 10.31m	9.84m 10.06m	10.53m	
8	Bouchard, Élise (2004)	Montréal Carabins	10.14m	1
	10.14m 9.58m 9.05m	9.37m 9.37m	9.67m	
9	Olivier, Nina (2001)	UQAC	10.10m	
	9.72m 9.47m 10.10m			
10	Boisvert, Laurie (2003)	Montréal Carabins	9.46m	
	9.25m 9.11m 9.46m			
11	Purves, Katie (2006)	McGill	9.31m	
	8.50m 9.13m 9.31m			
12	Parent-Delgadillo, Dora (2004)	Montréal Carabins	8.83m	
	F 8.38m 8.83m			
13	Villeneuve, Ella (2004)	McGill	8.54m	
	8.54m F F			
14	Chiasson, Marie-Krystel (2004)	CMR Saint-Jean	6.19m	
	6.19m F 5.51m			
---	Virdi, Bakhshinder (2000)	Montréal Carabins	DNS	
	DNS			

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Épreuve #19 - 4x800m (Senior Femme)

RSEQ: 8:50.03 Laval, (2019-03-08)

#	Équipe	Résultat	Pts
1	Laval A 1) #532 Parmentier, Julia (2005) 3) #510 Gallé, Mélina (2002)	9:01.86 2) #490 Boilard, Catherine (2001) 4) #504 Drouin, Morgane (2004)	10
2	Montréal Carabins A 1) #711 LeBlanc, Victoria (2001) 3) #725 Sénéchal, Clara (2005)	9:07.12 2) #701 Gal, Klara (2005) 4) #690 Boyer, Mérédith (2002)	8
3	McGill A 1) #454 Fitzpatrick, Arowyn (2005) 3) #438 Barton, Gabriella (2007)	9:23.84 2) #478 Smailbegovic, Ena (2006) 4) #439 Berube Boutin, Julia (2002)	6
4	UQTR A 1) #568 Têtu, Élizabeth (2003) 3) #560 Gagnon, Maude (1994)	9:36.83 2) #564 Koffi, Alexandra (2006) 4) #556 Courchesne, Marie-Soleil (2003)	5
5	Vert & Or Sherbrooke A 1) #614 Hébert, Marie-Ange (2002) 3) #601 Commerie, Florence (2005)	9:48.70 2) #600 Caron, Émy-Jade (2004) 4) #618 Lapierre, Sara-Maud (2003)	4
6	Concordia Stingers A 1) #646 Chamberland, Jade (2007) 3) #663 Pelletier, Vanante (2000)	10:04.17 2) #653 Fulton-Kennedy, Caitlyn (2000) 4) #660 Mora Ovale, Lina Sofia (2000)	3

Épreuve #20 - 4x800m (Senior Homme)

RSEQ: 7:34.50 Montreal, (2023-03-10)

#	Équipe	Résultat	Pts
1	McGill A 1) #432 Adams, Sean (2003)	7:32.71 2) #455 Gates, Ben (2006)	10

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	3) #459 Hepworth, Samuel (2004)	4) #449 Démoncourt, Sacha (2005)	
2	Laval A	7:53.25	8
	1) #525 Marsh, Edward (2004)	2) #550 Tremblay, Guillaume (2006)	
	3) #523 Margot, Louis (2005)	4) #537 Riad, Yasser (2003)	
3	Vert & Or Sherbrooke A	8:00.79	6
	1) #605 Déziel, Félix (2003)	2) #634 Rondeau, Sacha (2002)	
	3) #636 Tanner, Victor (2003)	4) #623 Marsolais, Antonin (2004)	
4	Montréal Carabins A	8:11.79	5
	1) #740 Brumale, John Alessandro (2001)	2) #696 Chevalier, Grégoire (2002)	
	3) #702 Gars, Nathan (2004)	4) #741 Brassard, Samuel (2005)	
5	UQTR A	8:20.15	4
	1) #566 Poliquin, Christophe (2004)	2) #567 Senneville, Rémi (2004)	
	3) #559 Fortin, Nicolas (2003)	4) #553 Berteaux, Louis-Étienne (2006)	
6	ETS A	8:21.25	3
	1) #572 Arsenault, Jacob (2002)	2) #584 Le Mouel, Iwan (2003)	
	3) #577 Deschatelets, Julien (2003)	4) #742 Groulx, Julien (2001)	
7	Concordia Stingers A	8:34.14	2
	1) #654 Heins, Russell (2007)	2) #736 Racette, Daniel (2000)	
	3) #735 Robert, Branden (2007)	4) #666 Trudel, Xavier (2007)	
8	UQAC A	8:35.94	1
	1) #415 Bouchard, Simon (2004)	2) #429 Masse, Marc-Antoine (2001)	
	3) #426 Kapps, Romain (2001)	4) #424 Hubert, Yann (2004)	

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Épreuve #30 - Marteau (Senior Homme) - 15.88kg

#	Athlète	Club	Résultat	Pts
1	Hassar, Abdellah (1996) 17.61m 18.48m 18.54m	Laval	18.71m 18.13m 18.71m	10
			F	
2	Labbé, Anthony (2001) 14.22m F	Laval	15.30m 14.59m 14.91m	8
			15.30m	
3	Chopin, Aidan (2007) 14.49m 14.53m	McGill	14.53m 14.06m F	6
			F	
4	Koran, Frederic (2005) 11.51m 13.08m	McGill	13.08m 12.30m F	5
			F	
5	Dorais, Mathieu (2000) 9.91m 11.04m	Laval	11.04m 10.93m	4
6	Simard, Justin (2003) 9.85m 7.00m	Laval	10.48m 10.48m 10.38m	3
			9.96m	
7	Gagné, Emeric (2005) F 9.07m	Laval	10.36m 9.70m 10.36m	2
			9.30m	
8	Latour, Francis (1999) F 9.71m	Montréal Carabins	9.71m 9.26m F	1
			F	
9	Trudel, Xavier (2007) 7.90m F	Concordia Stingers	7.90m 7.12m	
10	Lalaian, Michael (2004) 7.57m F	Concordia Stingers	7.57m	
---	Farias, Matteo (2004)	Concordia Stingers	DNS	

Épreuve #24 - Hauteur (Senior Homme)

RSEQ: 2.27 m Kwaku Boateng, (1996-01-01)

#	Athlète	Club	Résultat	Pts
1	Côté, Antoine (2004) 1.80m 1.85m 1.90m 1.93m 1.96m 1.99m 2.02m o o o o xo xxo xxx	Vert & Or Sherbrooke	1.99m	10
2	Le Gac, Matthias (2002) 1.80m 1.85m 1.90m 1.93m 1.96m 1.99m o o o o xo xxx	ETS	1.96m	8

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3	Heider, Mathis (2004)	ETS	1.93m	6
	1.75m 1.80m 1.85m 1.90m 1.93m 1.96m			
	O O XO O XO XXX			
4	Touron, Valentin (2007)	Laval	1.90m	5
	1.75m 1.85m 1.90m 1.93m			
	O O XXO XXX			
5	Harranga Dabangdata, Sergy (2004)	Laval	1.85m	4
	1.80m 1.85m 1.90m			
	XO O XXX			
6	Lauzon, Vincent (2004)	Montréal Carabins	1.85m	3
	1.70m 1.75m 1.80m 1.85m 1.90m			
	O O O XO XXX			
7	Duniya, Jesse (2000)	Concordia Stingers	1.80m	2
	1.80m 1.90m			
	XO XXX			
8	Duclay, Maxime (2002)	UQAC	1.75m	1
	1.70m 1.75m 1.80m			
	O XO XXX			
9	Simard, Justin (2003)	Laval	1.70m	
	1.70m 1.80m			
	O X			
10	Fournier, Thomas (2002)	Laval	1.70m	
	1.70m 1.75m			
	XXO XXX			

Épreuve #21 - Longueur (Senior Femme)

RSEQ: 6.11 m Audrey Leduc, (2023-03-10)

#	Athlète	Club	Résultat	Pts
1	Roy, Lyanna (2003)	Laval	5.69m	10
	F 5.33m 5.50m 5.69m			
2	Couture, Rose (2004)	Laval	5.38m	8
	5.09m 5.29m F F F 5.38m			
3	Tejiofo, Fiola (2002)	Laval	5.36m	6
	F 5.36m 5.09m F 4.11m F			
4	Ahouma, Zaboro Maylis (2001)	Montréal Carabins	5.32m	5
	5.20m 5.08m 5.24m 5.32m F 5.28m			
5	Warcholak, Rebecca (2005)	McGill	5.26m	4

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	F	5.25m	F	5.04m	5.26m	5.17m	
6	Blagogee, Eyrarn (2005)		Montréal Carabins		5.19m	3	
	4.85m	4.95m	4.88m	5.00m	F	5.19m	
7	Dumont-David, Anais (2005)		Vert & Or Sherbrooke		5.03m	2	
	4.94m	4.68m	5.03m	4.89m	F	4.93m	
8	Kaelie, Sanogo (2004)		McGill		5.00m	1	
	5.00m	4.83m	4.88m	4.82m	4.92m		
9	Mailloux, Jolianne (2005)		Laval		4.89m		
	F	4.89m	F				
10	Fawkes, Tori (2006)		Concordia Stingers		4.71m		
	4.70m	4.71m	F				
11	Dessart, Esther (2005)		UQAC		4.66m		
	4.66m	4.35m	4.43m				
12	Chabaud, Léna (2005)		Montréal Carabins		4.27m		
	F	F	4.27m				
13	Brunette, Carlyn (2006)		Carleton Ravens		4.14m		
	F	4.07m	4.14m				
14	St-Germain, Maoly (2002)		Vert & Or Sherbrooke		4.03m		
	4.03m						
---	Corriveau-Tozzi, Laetitia (2002)		Montréal Carabins		DNS		
	DNS						

Épreuve #14 - 60mH (Senior Homme) - 1.07m - Qualification

#	Athlète	Club	Résultat	Vague
1	Lapointe, Émile (2003)	Montréal Carabin	8.20 Q	1v2
2	Fournier, Lambert (2005)	Laval	8.23 Q	1v1
3	Laganière, Mathis (2002)	Laval	8.53 Q	2v1
4	Winter, Edouard (2005)	Montréal Carabin	8.61 Q	2v2
5	Lavoie-Beaulieu, Édouard (2002)	Vert & Or Sherbro	8.66 Q	3v2
6	Dipoko, Cyprien (2003)	Laval	8.75 Q	3v1
7	Flett, Will (2007)	Carleton Ravens	8.90 q	4v1
8	Bragg, Ernest (2005)	McGill	9.12 q	4v2
9	McIntyre, Fionn (2005)	McGill	9.13	5v1
10	Simard, Justin (2003)	Laval	9.43	6v1

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11	Gervais, Louis-Philippe (2006)	Laval	9.59	5v2
12	Eniola, Oyinloluwa (2007)	Concordia Stinger	9.64	6v2
13	Geysens, Thomas (2005)	Montréal Carabin	9.74	7v2
14	Latour, Francis (1999)	Montréal Carabin	10.36	7v1

Épreuve #14 - 60mH (Senior Homme) - 1.07m - Finale

#	Athlète	Club	Qualif.	Finale	Pts
1	Lapointe, Émile (2003)	Montréal Carabin	8.20	8.28	10
2	Fournier, Lambert (2005)	Laval	8.23	8.29	8
3	Laganière, Mathis (2002)	Laval	8.53	8.47	6
4	Dipoko, Cyprien (2003)	Laval	8.75	8.58	5
5	Winter, Edouard (2005)	Montréal Carabin	8.61	8.61	4
6	Lavoie-Beaulieu, Édouard (2002)	Vert & Or Sherbro	8.66	8.70	3
7	Bragg, Ernest (2005)	McGill	9.12	9.00	2
8	Flett, Will (2007)	Carleton Ravens	8.90	9.04	1

9	McIntyre, Fionn (2005)	McGill	9.13		
10	Simard, Justin (2003)	Laval	9.43		
11	Gervais, Louis-Philippe (2006)	Laval	9.59		
12	Eniola, Oyinloluwa (2007)	Concordia Stinger	9.64		
13	Geysens, Thomas (2005)	Montréal Carabin	9.74		
14	Latour, Francis (1999)	Montréal Carabin	10.36		

Épreuve #13 - 60mH (Senior Femme) - 0.84m - Qualification

#	Athlète	Club	Résultat	Vague
1	Ulysse, Maria Thérèse (2004)	Montréal Carabin	8.60 Q	1v2
2	Phan, Adriana (2001)	Vert & Or Sherbro	8.72 Q	1v1
3	Roy, Lyanna (2003)	Laval	8.93 (8.922) Q	2v1
4	Jones, Jade (2006)	McGill	8.93 (8.923) Q	2v2
5	Mostel, Tina (2004)	Montréal Carabin	9.24 Q	3v1
6	Cantin, Naomi (2006)	Montréal Carabin	9.42 Q	3v2
7	Gilroy, Kiara (2007)	McGill	9.34 q	4v1
8	Donati-Stoyanov, Kalina (2005)	Vert & Or Sherbro	9.81 q	4v2
9	Boisvert, Laurie (2003)	Montréal Carabin	10.16	5v2

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10	Colucci, Sophia (2005)	Concordia Stinger	10.31	6v2
11	Dessart, Esther (2005)	UQAC	10.37	5v1
---	Mehdane, Fayrouz (2006)	Laval	DNF	v1
---	Corriveau-Tozzi, Laetitia (2002)	Montréal Carabin	DNS	v2
---	Durno, Ella (2005)	McGill	DNS	v1

Épreuve #13 - 60mH (Senior Femme) - 0.84m - Finale

#	Athlète	Club	Qualif.	Finale	Pts
1	Ulysse, Maria Thérèse (2004)	Montréal Carabin	8.60	8.37	10
2	Phan, Adriana (2001)	Vert & Or Sherbro	8.72	8.53	8
3	Roy, Lyanna (2003)	Laval	8.922	8.84	6
4	Jones, Jade (2006)	McGill	8.923	8.92	5
5	Cantin, Naomi (2006)	Montréal Carabin	9.42	9.25	4
6	Gilroy, Kiara (2007)	McGill	9.34	9.34	3
7	Donati-Stoyanov, Kalina (2005)	Vert & Or Sherbro	9.81	9.71	2
8	Mostel, Tina (2004)	Montréal Carabin	9.24	10.84	1

9	Boisvert, Laurie (2003)	Montréal Carabin	10.16		
10	Colucci, Sophia (2005)	Concordia Stinger	10.31		
11	Dessart, Esther (2005)	UQAC	10.37		
---	Mehdane, Fayrouz (2006)	Laval	DNF		
---	Corriveau-Tozzi, Laetitia (2002)	Montréal Carabin	DNS		
---	Durno, Ella (2005)	McGill	DNS		

Épreuve #7 - 1000m (Senior Femme)

RSEQ: 2:41.22 Christine Slythe, (1985-01-13)

#	Athlète	Club	Résultat	Vague	Pts
1	Boudreau, Camille (2001)	Laval	2:49.84	1v3	10
2	Drouin, Morgane (2004)	Laval	2:50.37	2v3	8
3	BenHamou, Elsa (2003)	Vert & Or Sherbro	2:50.43	3v3	6
4	Essabar, Jade (2003)	ETS	2:51.24	4v3	5
5	Veilleux, Emma (2004)	McGill	2:51.63	5v3	4
6	Hébert, Élodie (2001)	Vert & Or Sherbro	2:52.06	6v3	3

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7	Mercier, Gabrielle (2004)	Vert & Or Sherbro	2:52.27	7v3	2
8	Berube Boutin, Julia (2002)	McGill	2:53.72	8v3	1
9	Gal, Klara (2005)	Montréal Carabin	2:59.44	1v2	
10	Boilard, Catherine (2001)	Laval	2:59.87	9v3	
11	Parmentier, Julia (2005)	Laval	3:00.64	10v3	
12	Hébert, Marie-Ange (2002)	Vert & Or Sherbro	3:00.67	2v2	
13	Chamberland, Jade (2007)	Concordia Stinger	3:01.08	3v2	
14	Sénéchal, Clara (2005)	Montréal Carabin	3:01.27	4v2	
15	Marsh, Alice (2003)	Laval	3:01.43	5v2	
16	Barton, Gabriella (2007)	McGill	3:02.03	6v2	
17	Burton, Jeanne (2005)	Vert & Or Sherbro	3:02.15	7v2	
18	Fitzpatrick, Arowyn (2005)	McGill	3:03.04	8v2	
19	Brasselet, Ariane (2002)	ETS	3:03.27	1v1	
20	Smailbegovic, Ena (2006)	McGill	3:03.67	2v1	
21	Caron, Audrey-Anne (2002)	Laval	3:04.30	9v2	
22	Gagnon, Maude (1994)	UQTR	3:04.41	3v1	
23	Gross, Sara (2006)	Carleton Ravens	3:07.69	4v1	
24	Caron, Gabrielle (2003)	UQAC	3:08.09	5v1	
25	Caron, Émy-Jade (2004)	Vert & Or Sherbro	3:08.43	6v1	
26	Têtu, Élizabéth (2003)	UQTR	3:08.97	7v1	
27	Lapierre, Sara-Maud (2003)	Vert & Or Sherbro	3:10.17	8v1	
28	Desjeans, Noémie (2005)	UQAM	3:19.60	9v1	

Épreuve #8 - 1000m (Senior Homme)

RSEQ: 2:21.01 Charles Philibert-Thiboutot, (2015-01-01)

#	Athlète	Club	Résultat	Vague	Pts
1	Dernoncourt, Sacha (2005)	McGill	2:24.55	1v3	10
2	Riad, Yasser (2003)	Laval	2:24.62	2v3	8
3	Adams, Sean (2003)	McGill	2:24.81	3v3	6
4	Hepworth, Samuel (2004)	McGill	2:25.35	4v3	5
5	Gates, Ben (2006)	McGill	2:25.36	5v3	4
6	Duchesneau, Xavier (2003)	Laval	2:26.14	6v3	3
7	Margot, Louis (2005)	Laval	2:26.41	7v3	2
8	Tremblay, Guillaume (2006)	Laval	2:28.57	8v3	1

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9	Turcotte, Mathis (2005)	Laval	2:29.93	1v2
10	Baker, Findlay Tarik (2006)	McGill	2:30.03	2v2
11	Paré, Christophe (2003)	UQAM	2:30.37	3v2
12	Déziel, Félix (2003)	Vert & Or Sherbro	2:30.62	4v2
13	Hamel, Isaac (2004)	Laval	2:32.07	5v2
14	Ruel, Edouard (2006)	Laval	2:32.32	6v2
15	Tanner, Victor (2003)	Vert & Or Sherbro	2:32.48	7v2
16	Marsh, Edward (2004)	Laval	2:32.67	9v3
17	Labrie, Alex (2004)	CMR Saint-Jean	2:32.81	8v2
18	Hidalgo-Gonzalez, Esteban (2004)	McGill	2:36.13	9v2
19	Gars, Nathan (2004)	Montréal Carabin	2:36.60	1v1
20	Péladeau, Thomas (2004)	Vert & Or Sherbro	2:37.73	10v2
21	Gray, Duncan (2007)	Carleton Ravens	2:39.20	2v1
22	Bouchard, Christophe (2005)	UQTR	2:39.34	3v1
23	Saulquin, Thomas (2002)	ETS	2:39.85	4v1
24	Zazaa, Ayman (1999)	UQTR	2:40.59	5v1
25	Hubert, Yann (2004)	UQAC	2:40.94	6v1
26	Bouchard, Simon (2004)	UQAC	2:41.29	7v1
---	Sebestik, Milan (2004)	Montréal Carabin	DNS	v1

Épreuve #3 - 300m (Senior Femme)

RSEQ: 37.99 Audrey Jackson, (2023-02-25)

#	Athlète	Club	Résultat	Vague	Pts
1	Vallée, Julia (2004)	Montréal Carabin	38.43	1v5	10
2	Moukala, Caly (2006)	Montréal Carabin	40.04	1v4	8
3	Deslandes, Myriam (2003)	Montréal Carabin	40.11	2v5	6
4	Gallé, Mélina (2002)	Laval	40.27	3v5	5
5	Babkine, Natalya (2006)	McGill	40.58	2v4	4
6	Basu, Rose (2005)	Carleton Ravens	40.94	1v3	3
7	Appiah-Kubi, Michaella (2006)	Carleton Ravens	41.20	3v4	2
8	Boccacci, Ilona (2003)	Laval	41.29	4v5	1
9	Brown, Ashleigh (2003)	McGill	41.39	4v4	
10	Cloutier, Laurence (2005)	Laval	41.83	2v3	
11	Girard, Marie-Frédérique (2005)	UQAC	42.07	1v2	

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12	Quidoz, Audrey (2002)	Laval	42.37	3v3
13	Delattre, Livia (2004)	UQTR	42.47	2v2
14	Peters, Léah (2005)	UQTR	43.71	4v3
15	Talis, Ines (2008)	Concordia Stinger	43.85	1v1
16	Pastore, Eve (2007)	Concordia Stinger	43.92	3v2
17	Banville, Eugénie-Rose (2001)	Vert & Or Sherbro	45.05	4v2
18	Quirion, Juliette (2003)	Vert & Or Sherbro	45.74	2v1
19	Calix, Ludia (2003)	ETS	49.73	3v1
20	Chiasson, Marie-Krystel (2004)	CMR Saint-Jean	50.28	4v1
---	Caron, Gabrielle (2003)	UQAC	DNF	v2
---	Jones, Jade (2006)	McGill	DNF	v3
---	Hébert, Jade (2005)	UQAM	DNS	v1

Épreuve #23 - Hauteur (Senior Femme)

RSEQ: 1.84 m Leslie Estwick, (1987-01-01)

#	Athlète	Club	Résultat	Pts
1	Boisvert, Laurie (2003) 1.63m 1.66m 1.72m XO O XXX	Montréal Carabins	1.66m	10
2	Durand-Marandi, Annie (2000) 1.47m 1.52m 1.57m 1.60m 1.63m 1.66m XO O O O XO XXX	McGill	1.63m	8
3	Najarian, Océane (2002) 1.57m 1.60m 1.63m 1.66m XO O XXO XXX	Vert & Or Sherbrooke	1.63m	6
4	Kaelie, Sanogo (2004) 1.47m 1.52m 1.57m 1.60m O O XO XXX	McGill	1.57m	5
5	Roy, Lyanna (2003) 1.52m 1.57m O XXX	Laval	1.52m	4
6	Donati-Stoyanov, Kalina (2005) 1.47m 1.52m O XXX	Vert & Or Sherbrooke	1.47m	3
---	Dumont-David, Anais (2005) 1.47m	Vert & Or Sherbrooke	NH	

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xxx			
---	Mehdane, Fayrouz (2006)	Laval	NH
	1.47m		
	xxx		
---	Corriveau-Tozzi, Laetitia (2002)	Montréal Carabins	DNS

Épreuve #4 - 300m (Senior Homme)

RSEQ: 33.40 Alexandre Marchand, (1999-01-01)

#	Athlète	Club	Résultat	Vague	Pts
1	Sanders, William (2006)	McGill	34.03	1v5	10
2	Nicoletti, Luca (2004)	McGill	34.08	2v5	8
3	Bositampen, Rabbi (1999)	Montréal Carabin	34.55	3v5	6
4	Bouffard, Jacob (2005)	Laval	34.88	4v5	5
5	Bouffard, Isaac (2005)	Laval	34.97	1v4	4
6	Husbands, Kyle (2003)	Concordia Stinger	35.32	1v3	3
7	Simard, Cole (2007)	Carleton Ravens	35.37	2v3	2
8	Audet, Mathieu (2003)	CMR Saint-Jean	35.62	2v4	1
9	Kontiebo, Esli (2004)	Vert & Or Sherbro	36.23	1v2	
10	Levacher, Leonard (2005)	Laval	36.49	3v4	
11	Moonsamy, Krescyn (2005)	McGill	36.81	3v3	
12	Nached, Gabriel (2003)	Montréal Carabin	37.22	1v1	
13	Dubuc, Cédric (2006)	UQTR	37.29	4v3	
14	Lauzon, Vincent (2004)	Montréal Carabin	37.40	2v2	
15	Jolasun, Kamil (2007)	Concordia Stinger	37.83	3v2	
16	Lavoie, Alexis (2005)	UQAC	38.65	2v1	
17	Mbala, David bantu Lukunza (2006)	CMR Saint-Jean	39.17	3v1	
18	Joseph, Ludovik (2004)	Vert & Or Sherbro	41.43	4v1	
---	Yetman, Jay (2005)	McGill	DQ (TR 16.8)	v4	
---	Momo Nanfack, Hans (2005)	Montréal Carabin	DQ (TR 17.2.3)	v1	
---	Bouamrane, Léo (2000)	ETS	DNS	v3	
---	Ouellet, Émil (2004)	Vert & Or Sherbro	DNS	v2	
---	Haughton, Joshua (2007)	Carleton Ravens	DNS	v2	

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Épreuve #29 - Marteau (Senior Femme) - 9.07kg

#	Athlète	Club	Résultat	Pts
1	Tcheutchoua, Aisling (2004)	Laval	17.22m	10
	16.09m 17.22m 16.50m	16.36m 16.13m	F	
2	Morin, Claudy (2005)	Laval	15.94m	8
	15.16m 15.94m F	15.94m 15.66m	15.87m	
3	Traoré, Houria (2003)	Montréal Carabins	15.02m	6
	14.80m 15.02m 14.72m	F 14.18m	F	
4	Guy, Audrey (2001)	Vert & Or Sherbrooke	13.68m	5
	F 11.38m 13.68m	13.11m F	F	
5	Villeneuve, Ella (2004)	McGill	13.57m	4
	F 10.64m F	13.04m 13.57m	F	
6	Purves, Katie (2006)	McGill	13.55m	3
	12.32m 12.66m F	12.15m 13.55m	13.24m	
7	Pagé, Amy (1999)	Laval	12.96m	2
	F 11.68m 12.50m	12.66m 12.96m	F	
8	Aucoin, Léarose (2004)	Montréal Carabins	12.08m	1
	11.22m 12.08m 11.89m	10.91m 11.50m	10.86m	
9	Ballas, Elsa (2004)	Montréal Carabins	9.29m	
	9.29m 8.74m 8.49m			
---	Parent-Delgadillo, Dora (2004)	Montréal Carabins	DNS	
	DNS			

Épreuve #22 - Longueur (Senior Homme)

RSEQ: 7.64 m Patrick Massok, (2003-01-01)

#	Athlète	Club	Résultat	Pts
1	Gerstner, Robert (2002)	McGill	7.31m	10
	7.31m 5.15m 7.16m	7.21m F		
2	Saïd, Émile (2001)	Laval	6.77m	8
	6.77m F 6.68m	4.97m 6.62m	6.67m	
3	Côté, Antoine (2004)	Vert & Or Sherbrooke	6.71m	6
	F 6.71m F	6.54m 6.66m	F	
4	Parent, Kelly (2003)	Laval	6.58m	5

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6.43m	F	6.42m	F	6.58m		
5	Pindar, Emmett (2006)		McGill		6.28m	4
6.17m	6.28m	6.26m	5.72m	6.13m	6.23m	
6	Winter, Edouard (2005)		Montréal Carabins		6.21m	3
6.00m	6.03m	6.09m	6.17m	6.21m	F	
7	Bositampen, Rabbi (1999)		Montréal Carabins		6.16m	2
5.67m	6.16m	6.04m				
8	Gervais, Louis-Philippe (2006)		Laval		6.00m	1
6.00m						
9	El Hadj, Saliou Diop (2004)		ETS		5.97m	
5.96m	5.53m	5.97m				
10	Lavoie, Maxim (2001)		Vert & Or Sherbrooke		5.80m	
5.54m	5.59m	5.80m				
11	Guipro-Lebel, Ulrick (2002)		UQTR		5.77m	
F	5.77m	5.66m				
12	Latour, Francis (1999)		Montréal Carabins		4.97m	
4.97m	F	4.82m				
---	Suffo Soh, Raoul (2000)		Concordia Stingers		DNS	

Épreuve #11 - 3000m (Senior Femme)

RSEQ: 8:59.26 Jessy Lacourse, (2022-02-11)

#	Athlète	Club	Résultat	Vague	Pts
1	Boyer, Mérédith (2002)	Montréal Carabin	9:30.54	1v2	10
2	Tripotin, Elisa (1998)	UQAM	9:33.17	2v2	8
3	Baril, Léane (2004)	Laval	9:33.32	3v2	6
4	Courville, Sophie (2003)	McGill	9:36.97	4v2	5
5	Gauthier, Laurence (2002)	Vert & Or Sherbro	9:47.00	5v2	4
6	Fournier, Laurie (2005)	Vert & Or Sherbro	9:53.07	6v2	3
7	Veilleux, Sofia (2004)	McGill	9:54.13	7v2	2
8	Emond, Marie-Renée (2001)	Laval	10:02.03	8v2	1
9	Courchesne, Marie-Soleil (2003)	UQTR	10:04.89	9v2	
10	Bouchard, Coralie (2004)	Montréal Carabin	10:07.41	10v2	
11	LeBlanc, Victoria (2001)	Montréal Carabin	10:10.44	11v2	

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12	Morin, Josianne (2003)	Laval	10:10.47	12v2
13	Pelletier, Léa (2005)	Laval	10:10.48	13v2
14	Blackmore-Barnable, Mia (2006)	McGill	10:11.16	14v2
15	Descombes, Catherine (2003)	Laval	10:11.25	1v1
16	Mercier, Coralie (2005)	Laval	10:14.00	2v1
17	Heynemand, Laurianne (2001)	Vert & Or Sherbro	10:18.14	3v1
18	Bogus, Marianne (2001)	UQAC	10:19.12	4v1
19	Bolger, Natasha (2003)	UQAM	10:20.00	5v1
20	Bélanger, Juliette (2004)	Vert & Or Sherbro	10:23.89	6v1
21	Roze, Alice (2002)	ETS	10:24.66	7v1
22	LEBAIL, LOUISIANE (2000)	UQAM	10:26.27	8v1
23	Thibault, Marick (2001)	UQTR	10:26.67	9v1
24	Borgers, Emilie (2004)	McGill	10:29.14	10v1
25	Gilbert, Stéphanie (2006)	Laval	10:32.31	11v1
26	Binet, Rose-Emanuelle (2003)	Laval	10:35.16	12v1
27	Mora Ovalle, Lina Sofia (2000)	Concordia Stinger	10:46.28	13v1
---	Jean, Noée (2003)	UQAC	DNF	v1

Épreuve #12 - 3000m (Senior Homme)

RSEQ: 7:51.37 Thomas Fafard, (2022-02-11)

#	Athlète	Club	Résultat	Vague	Pts
1	Laviolette, Thomas (2000)	Montréal Carabin	8:13.32	1v2	10
2	Turgeon, Nolan (2004)	Vert & Or Sherbro	8:13.44	2v2	8
3	Poulin, Charles (2004)	Laval	8:15.67	3v2	6
4	Quirion, Félix (2001)	Vert & Or Sherbro	8:18.28	4v2	5
5	Normandin, Pierre-Yves (1999)	Vert & Or Sherbro	8:21.10	5v2	4
6	Abraham, Vincent (2000)	UQTR	8:21.18	6v2	3
7	Saulnier, Matteo (2002)	Laval	8:23.61	7v2	2
8	Richard, Mathis (2002)	Vert & Or Sherbro	8:27.26	8v2	1
9	Lemaître, Xavier (2003)	Vert & Or Sherbro	8:27.53	9v2	
10	Bordo, Roman (2005)	McGill	8:28.00	10v2	
11	Gendron-Jetté, Charles (2005)	Vert & Or Sherbro	8:30.48	11v2	
12	Saal, Rudy (2003)	Laval	8:34.19	12v2	
13	Bédard, Léo (2005)	Vert & Or Sherbro	8:39.96	1v1	

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14	Bruyant, Gaetan (2001)	Vert & Or Sherbro	8:39.97	2v1
15	Thomas, Ismael (2004)	Laval	8:41.50	3v1
16	Morales, Benjamin (2006)	McGill	8:42.00	13v2
17	Beaulieu, Pier-Olivier (2003)	Laval	8:42.69	14v2
18	Turgeon, Zacharie (2002)	UQAM	8:43.03	4v1
19	Chevalier, Grégoire (2002)	Montréal Carabin	8:47.00	5v1
20	Bussièrès, Gabriel (2005)	Laval	8:47.64	6v1
21	Poulin-Desjardins, Loic (2003)	Laval	8:48.76	7v1
22	Giasson, Mathieu (2001)	UQAM	8:49.16	8v1
23	Fortin, Nicolas (2003)	UQTR	8:50.93	9v1
24	Le Mouel, Iwan (2003)	ETS	9:00.34	10v1
25	Bourdages, Félix (2001)	Laval	9:06.31	11v1
26	Kapps, Romain (2001)	UQAC	9:25.84	12v1
27	Marais, Cyprien (2006)	CMR Saint-Jean	9:50.31	13v1
---	Chec, Léopold (2003)	UQAC	DNF	v1

Épreuve #17 - 4x400m (Senior Femme)

RSEQ: 3:45.66 Sherbrooke, (2016-03-12)

#	Équipe	Résultat	Vague	Pts
1	McGill A	3:52.54	1v2	10
	1) #445 Brown, Ashleigh (2003)	2) #461 Jones, Jade (2006)		
	3) #480 Veilleux, Emma (2004)	4) #436 Babkine, Natalya (2006)		
2	Montréal Carabins A	3:52.63	1v1	8
	1) #729 Vallée, Julia (2004)	2) #723 Racine-Prud'homme, André-Anne (20		
	3) #717 Mounkala, Caly (2006)	4) #698 Deslandes, Myriam (2003)		
3	Vert & Or Sherbrooke A	3:52.77	2v2	6
	1) #613 Hébert, Élodie (2001)	2) #595 BenHamou, Elsa (2003)		
	3) #603 Desjarlais, Laurie (1998)	4) #624 Mercier, Gabrielle (2004)		
4	Laval A	3:53.22	3v2	5
	1) #489 Boccacci, Ilona (2003)	2) #498 Cloutier, Laurence (2005)		
	3) #491 Boudreau, Camille (2001)	4) #510 Gallé, Mélina (2002)		

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5	UQAC A	4:04.57	2v1	4
	1) #422 Girard, Marie-Frédérique (2005)			
	3) #416 Caron, Gabrielle (2003)			
	2) #419 Dion, Léonie (2004)			
	4) #413 Bouchard, Julie-Anne (2005)			
6	Concordia Stingers A	4:09.98	3v1	3
	1) #652 Fawkes, Tori (2006)			
	3) #653 Fulton-Kennedy, Caitlyn (2000)			
	2) #662 Pastore, Eve (2007)			
	4) #646 Chamberland, Jade (2007)			
7	UQTR A	4:11.10	4v2	2
	1) #570 Yesli, Céline (1997)			
	3) #560 Gagnon, Maude (1994)			
	2) #565 Peters, Léah (2005)			
	4) #557 Delattre, Livia (2004)			
8	Carleton Ravens A	4:15.65	4v1	1
	1) #681 Simard, Cole (2007)			
	3) #674 Gray, Duncan (2007)			
	2) #677 Kalkas, Ali (2006)			
	4) #672 Flett, Will (2007)			

Épreuve #18 - 4x400m (Senior Homme)

RSEQ: 3:14.98 McGill, (2016-02-27)

#	Équipe	Résultat	Vague	Pts
1	McGill A	3:16.02	1v2	10
	1) #472 Nicoletti, Luca (2004)			
	3) #455 Gates, Ben (2006)			
	2) #432 Adams, Sean (2003)			
	4) #477 Sanders, William (2006)			
2	Laval A	3:18.85	2v2	8
	1) #493 Bouffard, Jacob (2005)			
	3) #520 Levacher, Leonard (2005)			
	2) #492 Bouffard, Isaac (2005)			
	4) #537 Riad, Yasser (2003)			
3	Vert & Or Sherbrooke A	3:20.61	3v2	6
	1) #562 Guipro-Lebel, Ulrick (2002)			
	3) #566 Poliquin, Christophe (2004)			
	2) #555 Bouchard, Christophe (2005)			
	4) #558 Dubuc, Cédric (2006)			
4	Concordia Stingers A	3:28.25	1v1	5

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	1) #655 Husbands, Kyle (2003)	2) #638 Barca, Matteo (2002)		
	3) #666 Trudel, Xavier (2007)	4) #654 Heins, Russell (2007)		
5	UQTR A	3:33.23	4v2	4
	1) #570 Yesli, Céline (1997)	2) #565 Peters, Léah (2005)		
	3) #560 Gagnon, Maude (1994)	4) #557 Delattre, Livia (2004)		
6	Carleton Ravens A	3:35.02	2v1	3
	1) #668 Appiah-Kubi, Michaella (2006)	2) #667 Ani-Asamani, Christine (2006)		
	3) #678 Macdonald, Aria (2003)	4) #671 Eljaji, Meerah (2006)		
7	CMR Saint-Jean A	3:35.57	3v1	2
	1) #641 Audet, Mathieu (2003)	2) #738 Piché, Edmond (2005)		
	3) #645 Mbala, David bantu Lukunza (2006)	4) #643 Labrie, Alex (2004)		
8	Montréal Carabins A	3:37.05	5v2	1
	1) #708 Lauzon, Vincent (2004)	2) #719 Nached, Gabriel (2003)		
	3) #700 Fassaya, Judicael (1997)	4) #741 Brassard, Samuel (2005)		
9	UQAC A	3:44.63	4v1	
	1) #427 Lavoie, Alexis (2005)	2) #429 Masse, Marc-Antoine (2001)		
	3) #424 Hubert, Yann (2004)	4) #415 Bouchard, Simon (2004)		

Épreuve #37 - Pent. - 60mH (Senior Femme) - 0.84m

#	Athlète	Club	Résultat	Pts
1	Roy, Lyanna (2003)	Laval	8.95	920
2	Corriveau-Tozzi, Laetitia (2002)	Montréal Carabin	9.02	906
3	Donati-Stoyanov, Kalina (2005)	Vert & Or Sherbro	9.56	796
4	Najarian, Océane (2002)	Vert & Or Sherbro	9.59	791
5	Kaelie, Sanogo (2004)	McGill	9.74	761
6	Mehdane, Fayrouz (2006)	Laval	9.76	758
7	Fawkes, Tori (2006)	Concordia Stinger	10.37	644
8	Olivier, Nina (2001)	UQAC	10.78	573

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Épreuve #38 - Pent. - Hauteur (Senior Femme)

RSEQ: 1.84 m Leslie Estwick, (1987-01-01)

#	Athlète	Club	Résultat	Pts
1	Corriveau-Tozzi, Laetitia (2002)	Montréal Carabins	1.66m	806
	1.45m 1.48m 1.51m 1.54m 1.57m 1.60m 1.63m 1.66m 1.69m o o o o o o xo xxo xxx			
2	Najarian, Océane (2002)	Vert & Or Sherbrooke	1.60m	736
	1.54m 1.57m 1.60m 1.63m o o o xxx			
2	Roy, Lyanna (2003)	Laval	1.60m	736
	1.51m 1.54m 1.57m 1.60m 1.63m o o o o xxx			
4	Kaelie, Sanogo (2004)	McGill	1.57m	701
	1.42m 1.45m 1.48m 1.51m 1.54m 1.57m 1.60m o o o o o xo xxx			
5	Donati-Stoyanov, Kalina (2005)	Vert & Or Sherbrooke	1.54m	666
	1.42m 1.45m 1.48m 1.51m 1.54m 1.57m o o xo o o xxx			
6	Mehdane, Fayrouz (2006)	Laval	1.42m	534
	1.39m 1.42m 1.45m o o xxx			
7	Fawkes, Tori (2006)	Concordia Stingers	1.36m	470
	1.27m 1.30m 1.33m 1.36m 1.39m o o o o xxx			
8	Olivier, Nina (2001)	UQAC	1.27m	379
	1.27m 1.30m xxo xxx			

Épreuve #39 - Pent. - Poids (Senior Femme) - 4kg

#	Athlète	Club	Résultat	Pts
1	Roy, Lyanna (2003)	Laval	11.88m	653
	11.88m 11.68m			
2	Donati-Stoyanov, Kalina (2005)	Vert & Or Sherbrooke	11.27m	613
	11.27m 10.69m 10.71m			
3	Najarian, Océane (2002)	Vert & Or Sherbrooke	10.81m	583
	10.81m 10.73m 10.50m			

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4	Kaelie, Sanogo (2004)	McGill	10.67m	573
	9.83m 10.18m 10.67m			
5	Corriveau-Tozzi, Laetitia (2002)	Montréal Carabins	10.00m	529
	9.38m 9.36m 10.00m			
6	Olivier, Nina (2001)	UQAC	9.51m	497
	F 9.36m 9.51m			
7	Mehdane, Fayrouz (2006)	Laval	8.97m	462
	8.73m 8.87m 8.97m			
8	Fawkes, Tori (2006)	Concordia Stingers	6.43m	299
	4.63m 6.43m 6.06m			

Épreuve #40 - Pent. - Longueur (Senior Femme)

RSEQ: 6.11 m Audrey Leduc, (2023-03-10)

#	Athlète	Club	Résultat	Pts
1	Roy, Lyanna (2003)	Laval	5.38m	665
	5.38m			
2	Corriveau-Tozzi, Laetitia (2002)	Montréal Carabins	5.27m	634
	5.27m 5.07m 5.13m			
3	Mehdane, Fayrouz (2006)	Laval	5.17m	606
	4.82m 5.17m 5.15m			
4	Fawkes, Tori (2006)	Concordia Stingers	4.99m	557
	4.53m 4.99m 4.91m			
5	Kaelie, Sanogo (2004)	McGill	4.97m	551
	3.02m 3.84m 4.97m			
6	Donati-Stoyanov, Kalina (2005)	Vert & Or Sherbrooke	4.92m	538
	4.92m F 4.81m			
7	Najarian, Océane (2002)	Vert & Or Sherbrooke	4.91m	535
	4.76m 4.87m 4.91m			
8	Olivier, Nina (2001)	UQAC	4.65m	466
	4.65m F 4.35m			

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Épreuve #41 - Pent. - 800m (Senior Femme)

#	Athlète	Club	Résultat	Pts
1	Roy, Lyanna (2003)	Laval	2:30.89	682
2	Corriveau-Tozzi, Laetitia (2002)	Montréal Carabin	2:33.97	644
3	Fawkes, Tori (2006)	Concordia Stinger	2:36.01	619
4	Najarian, Océane (2002)	Vert & Or Sherbro	2:42.68	543
5	Kaelie, Sanogo (2004)	McGill	2:44.91	518
6	Donati-Stoyanov, Kalina (2005)	Vert & Or Sherbro	2:49.11	473
7	Olivier, Nina (2001)	UQAC	2:58.69	377
8	Mehdane, Fayrouz (2006)	Laval	3:07.52	298

Épreuve #42 - Hept. - 60m (Senior Homme)

RSEQ: 6.58 Ibrahim Méité, (2002-01-01)

#	Athlète	Club	Résultat	Pts
1	Bérard, Marc-Olivier (2005)	Vert & Or Sherbro	7.11	844
2	McGonigal, Kilty (2001)	Montréal Carabin	7.13	837
3	Gervais, Louis-Philippe (2006)	Laval	7.30	779
4	Touron, Valentin (2007)	Laval	7.37	755
5	Dufresne, Arthur (2001)	UQAC	7.56	694
6	Simard, Justin (2003)	Laval	7.58	687
7	Gagné, Emeric (2005)	Laval	7.59	684
8	Fournier, Thomas (2002)	Laval	7.65	665

Épreuve #43 - Hept. - Longueur (Senior Homme)

RSEQ: 7.64 m Patrick Massok, (2003-01-01)

#	Athlète	Club	Résultat	Pts
1	Bérard, Marc-Olivier (2005)	Vert & Or Sherbrooke	6.62m	725
	6.33m 6.27m 6.62m			
2	McGonigal, Kilty (2001)	Montréal Carabins	6.61m	723
	F 6.61m 6.40m			
3	Touron, Valentin (2007)	Laval	6.24m	639
	5.83m 6.24m 6.05m			

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4	Gervais, Louis-Philippe (2006)	Laval	6.14m	617
	F 6.14m F			
5	Simard, Justin (2003)	Laval	6.12m	613
	5.91m 6.12m			
6	Dufresne, Arthur (2001)	UQAC	6.01m	589
	F 5.84m 6.01m			
7	Fournier, Thomas (2002)	Laval	5.62m	506
	5.39m 5.35m 5.62m			
8	Gagné, Emeric (2005)	Laval	5.34m	449
	5.34m 4.88m F			

Épreuve #44 - Hept. - Poids (Senior Homme) - 7.26kg

#	Athlète	Club	Résultat	Pts
1	Gagné, Emeric (2005)	Laval	13.33m	687
	12.53m 13.33m F			
2	Bérard, Marc-Olivier (2005)	Vert & Or Sherbrooke	13.03m	669
	13.03m F 12.56m			
3	Simard, Justin (2003)	Laval	11.58m	581
	11.58m 10.47m 10.55m			
4	McGonigal, Kilty (2001)	Montréal Carabins	11.36m	568
	11.36m 11.13m 10.62m			
5	Gervais, Louis-Philippe (2006)	Laval	10.27m	502
	10.13m 10.27m 10.07m			
6	Dufresne, Arthur (2001)	UQAC	10.23m	499
	10.23m 10.18m F			
7	Fournier, Thomas (2002)	Laval	9.73m	469
	9.73m F 9.44m			
8	Touron, Valentin (2007)	Laval	9.65m	465
	F 9.00m 9.65m			

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Épreuve #45 - Hept. - Hauteur (Senior Homme)

RSEQ: 2.27 m Kwaku Boateng, (1996-01-01)

#	Athlète	Club	Résultat	Pts
1	Bérard, Marc-Olivier (2005) 1.78m 1.84m 1.90m 1.93m o o xxo xxx	Vert & Or Sherbrooke	1.90m	714
2	Touron, Valentin (2007) 1.72m 1.81m 1.87m 1.90m xo xo xo xxx	Laval	1.87m	687
3	McGonigal, Kilty (2001) 1.72m 1.75m 1.78m 1.81m 1.84m 1.87m o o o xo o xxx	Montréal Carabins	1.84m	661
4	Simard, Justin (2003) 1.72m 1.78m 1.81m xo xx x	Laval	1.72m	560
5	Gervais, Louis-Philippe (2006) 1.60m 1.66m 1.69m 1.72m xo xxo o xxx	Laval	1.69m	536
6	Gagné, Emeric (2005) 1.60m 1.66m 1.69m 1.72m xo xxo xo xxx	Laval	1.69m	536
7	Fournier, Thomas (2002) 1.69m 1.75m xxo xxx	Laval	1.69m	536
8	Dufresne, Arthur (2001) 1.60m 1.63m o xxx	UQAC	1.60m	464

Épreuve #46 - Hept. - 60mH (Senior Homme) - 1.07m

#	Athlète	Club	Résultat	Pts
1	McGonigal, Kilty (2001)	Montréal Carabin	8.80	791
2	Simard, Justin (2003)	Laval	9.00	746
3	Bérard, Marc-Olivier (2005)	Vert & Or Sherbro	9.02	741
4	Gagné, Emeric (2005)	Laval	9.16	711
5	Fournier, Thomas (2002)	Laval	9.43	654
6	Gervais, Louis-Philippe (2006)	Laval	9.46	648

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7	Dufresne, Arthur (2001)	UQAC	9.62	615
8	Touron, Valentin (2007)	Laval	9.88	564

Épreuve #47 - Hept. - Perche (Senior Homme)

RSEQ: 5.50 m François Thénault, (2001-01-01)

#	Athlète	Club	Résultat	Pts
1	McGonigal, Kilty (2001)	Montréal Carabins	4.45m	746
	4.15m 4.25m 4.35m 4.45m 4.55m O O XXO XO XXX			
2	Gervais, Louis-Philippe (2006)	Laval	3.95m	603
	3.45m 3.65m 3.75m 3.85m 3.95m 4.05m O XXO O XXO XO XXX			
3	Bérard, Marc-Olivier (2005)	Vert & Or Sherbrooke	3.85m	576
	3.35m 3.55m 3.65m 3.75m 3.85m 3.95m O XO O O O XXX			
4	Dufresne, Arthur (2001)	UQAC	3.75m	549
	3.25m 3.45m 3.55m 3.65m 3.75m 3.85m O O XO XO XXO XXX			
5	Fournier, Thomas (2002)	Laval	3.55m	496
	3.45m 3.55m 3.75m O XO XXX			
6	Gagné, Emeric (2005)	Laval	3.45m	469
	2.95m 3.25m 3.35m 3.45m 3.55m O XO O XXO XXX			
7	Touron, Valentin (2007)	Laval	3.35m	444
	3.05m 3.25m 3.35m 3.45m O O XO XXX			
8	Simard, Justin (2003)	Laval	3.15m	393
	2.65m 3.05m 3.15m 3.25m O O XO XXX			

Épreuve #48 - Hept. - 1000m (Senior Homme)

RSEQ: 2:21.01 Charles Philibert-Thiboutot, (2015-01-01)

#	Athlète	Club	Résultat	Pts
1	Touron, Valentin (2007)	Laval	2:44.53	824

Résultats**RSEQ Universitaire 2026****2026-02-20 - 2026-02-21**

2	Bérard, Marc-Olivier (2005)	Vert & Or Sherbro	2:46.29	805
3	Gagné, Emeric (2005)	Laval	2:48.65	780
4	Gervais, Louis-Philippe (2006)	Laval	2:58.78	676
5	Dufresne, Arthur (2001)	UQAC	3:00.54	659
6	Simard, Justin (2003)	Laval	3:05.15	615
7	Fournier, Thomas (2002)	Laval	3:06.63	601
8	McGonigal, Kilty (2001)	Montréal Carabin	3:11.13	559